

The Great Debate II: All Patients Should Receive a Drug-Eluting Stent

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***Principles and Perspectives in
Interventional Cardiology***

Mauna Kea, Hawaii; July 14-18, 2003



**Cardiovascular
Research
Foundation**

**Lenox Hill Heart and
Vascular Institute
of New York**



The Great Debate II: NES




**Global
(Leon)**

VS.



**Selective
(Holmes)**

DEBATES: Derivation and Value



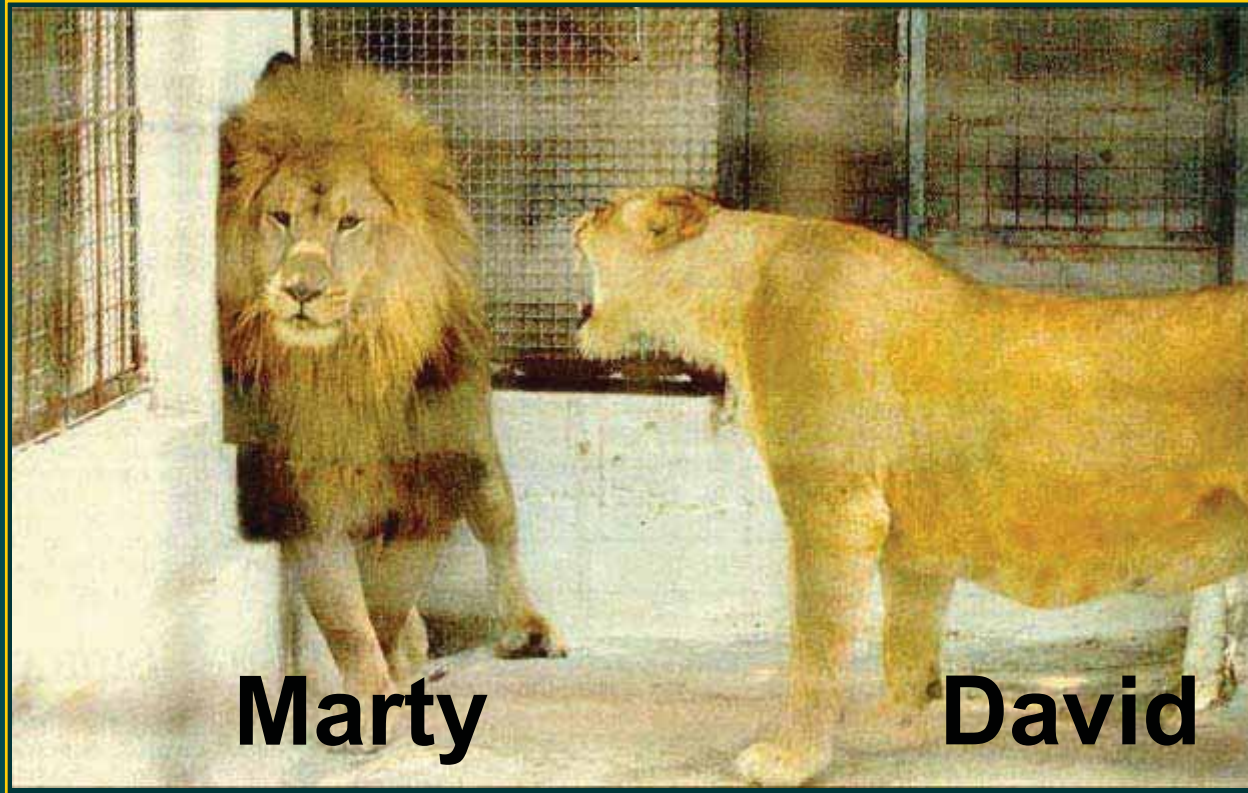
The DEBATE is an anglosaxon concept exported by the British to the “new world” in the early days of the United States of America. In general, debates are a waste of time and energy, as the participants become preoccupied with exaggerated presentations of a controversial topic. However, debates keep the audience entertained by artificially discussing issues which are going to be resolved spontaneously.

Debating Strategies



- **Attack the opponent's academic worthiness**
- **Attack the opponent's technical competence**
- **Attack the opponent's viewpoint**
- **Present compelling arguments supporting your viewpoint**
- **Use the best "gag" slides**
- **If all else fails, attack the opponent's sexual preferences**

***Debates can get a
bit out of hand....***

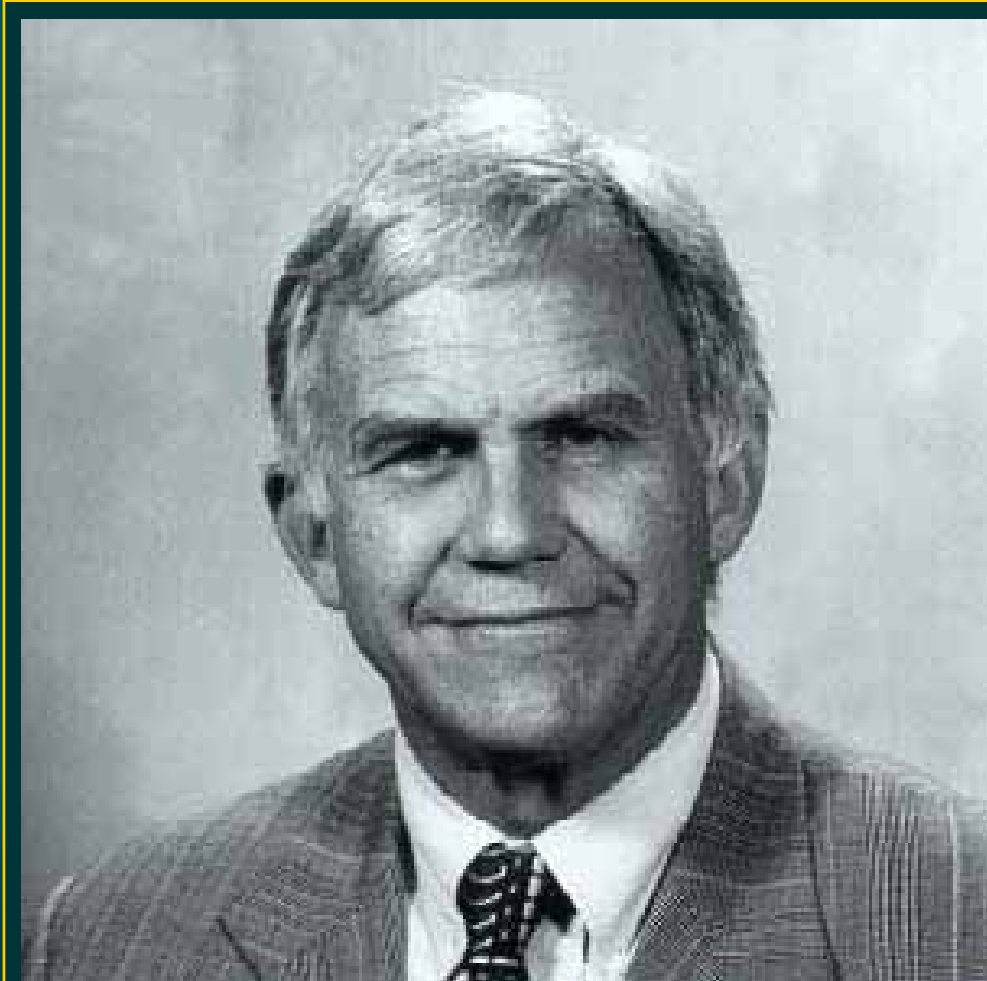


Marty

David

***Usually the loudest or most passionate
or funniest debater wins!***

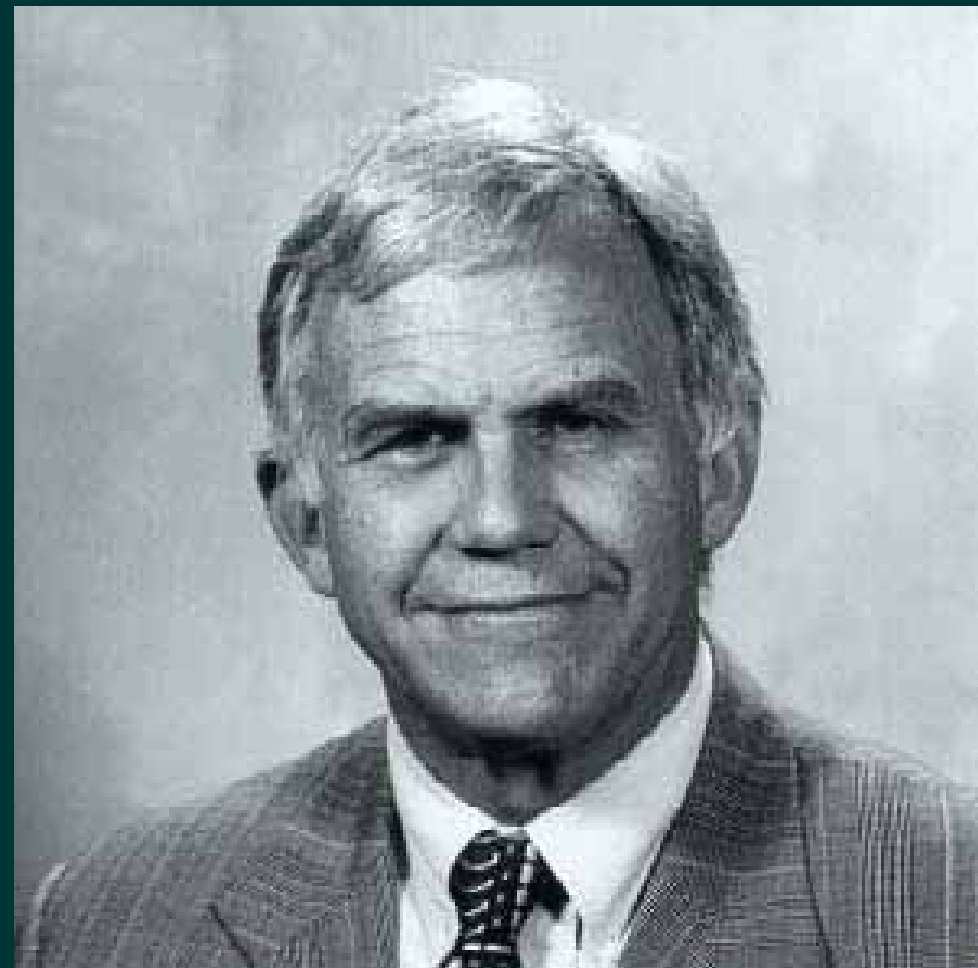
Special problems with debating against David Holmes...



Special problems with debating against David Holmes...

- He comes from the Mayo Clinic
- He is perceived as the “model” of a thoughtful academician
- He’s a leader in cardiology societies
- He’s so sincere (it’s that mid-Western, down home, “trust me” look)
- He’s so funny
- He has the best “gag” slides
- He may have poor (or no) data, but noone seems to care

Debating against David Holmes...



*Is like
debating
against
mother and
apple pie!*

The Great Debate II Outcome?



David...you're going down!!!

**This debate is merely the “latest”
in a series of debates between a
new evolutionary (? revolutionary)
therapy for CAD and the historic
conventional standard...**

- ***CABG vs. Medical therapy***
- ***PTCA vs. CABG***
- ***Stents vs. PTCA***
- ***Drug-eluting stents vs. Stents***

This debate is also the “latest” in a series of stent debates over the past decade...

- ✓ *Stents should only be used as a bailout technique***
- ✓ *Stents should only be used in Benestent/Stress lesions***
- ✓ *Provisional stenting is preferable to elective stenting***
- ✓ *Direct stenting can only be applied in a minority of lesions***
- ✓ *Stents cannot compete with CABG for multivessel disease***

Against Global DES Use

Argument #1

- **The SAFETY of DES are a concern...so let's be careful out there until more definitive data are available**



Against Global DES Use

Argument #1 = Scare Tactics

- **Stent thrombosis**
- **Incomplete apposition**
- **Aneurysms**



Do Cypher™ Stents Cause Thrombosis?

THE NEW YORK TIMES, WEDNESDAY, JULY 9, 2003

Warning on Artery Stent Cites Some Cases of Clots

By MELODY PETERSEN

Johnson & Johnson sent a letter to doctors on Monday night advising them about rare cases of life-threatening blood clots linked to its new drug-coated stent, a fast-selling device used to keep blood flowing through the arteries.

The Food and Drug Administration said yesterday that it had received 47 reports of blood-clotting, or thrombosis, that occurred at the time the company's stent was implanted or within a few days. Regulators said five patients had died.

More than 50,000 patients have received the Cypher stent since it was approved in April. The stent is a tiny metal scaffold that props open an artery. Unlike other stents, Johnson & Johnson's device emits a drug to reduce the chance that the artery will clog again.

The F.D.A. said it was reviewing the reports and working with the company to determine what was causing the blood clots. "It is unclear what effect the Cypher stent has on thrombosis' risk," regulators said yesterday.

Martin E. Schildhouse, global director for corporate communications at the Cordis Corporation, a subsidiary of Johnson & Johnson, said some of the problems were caused by doctors improperly using the stent and not by the device

itself.

"At this point, you can't draw the conclusion that it is because of the Cypher stent that you are seeing these events," Mr. Schildhouse said.

Two patients died after receiving the Cypher stent at St. Francis Hospital in Roslyn, N.Y., said Dr. Lawrence A. Reduto, the hospital's executive vice president for medical affairs. He said it was not clear that the stent had caused the deaths.

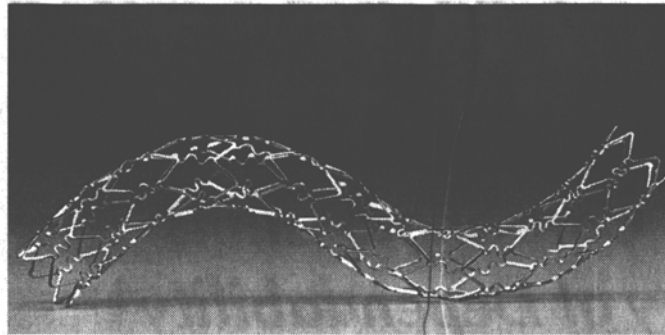
Dr. Reduto said that the overall incidence of thrombosis with the Cypher stent appeared to be no

Five deaths are reported in patients who got a Johnson & Johnson product.

greater than that associated with stents that had not been coated with a drug.

"I think we saw an abnormality," Dr. Reduto said.

Mr. Schildhouse said the company had agreed with the F.D.A. that the letter should be sent to advise doctors about the problem and remind them of the proper technique



Bloomberg News

The Cypher stent, made by Johnson & Johnson, is coated with a drug meant to prevent arteries from clogging again.

to use in implanting the Cypher stent.

In the company's letter, Dr. Dennis Donohoe, vice president for therapeutics and clinical research at Cordis, said that some of the problems might have been caused when doctors used a stent that was too small for the patient's artery.

Because of high demand for the stent, the company has been unable to manufacture enough to fill doctors' orders and has focused on making the two smallest versions. Dr. Donohoe said that the company had recently begun to ship a larger version.

Dr. Donohoe also wrote that some patients might not have taken the proper amounts of medications that help keep blood from clotting.

He also advised doctors not to use the drug-coated stent in patients with conditions that the device was not approved for, including restenosis, or a renarrowing of

the artery where a stent procedure has already taken place.

Michael N. Weinstein, a medical device industry analyst at J.P. Morgan, said he did not think the reports of thrombosis would hurt sales of the Cypher stent. He said the problem had been aggravated by Johnson & Johnson's failure to supply all the appropriate sizes of device.

"Cardiologists are, as a result, 'using what they have,' and at times trying to deploy undersized stents into larger vessels, or in some cases using too many stents in a single vessel," Mr. Weinstein wrote in a recent research report after talking to numerous physicians.

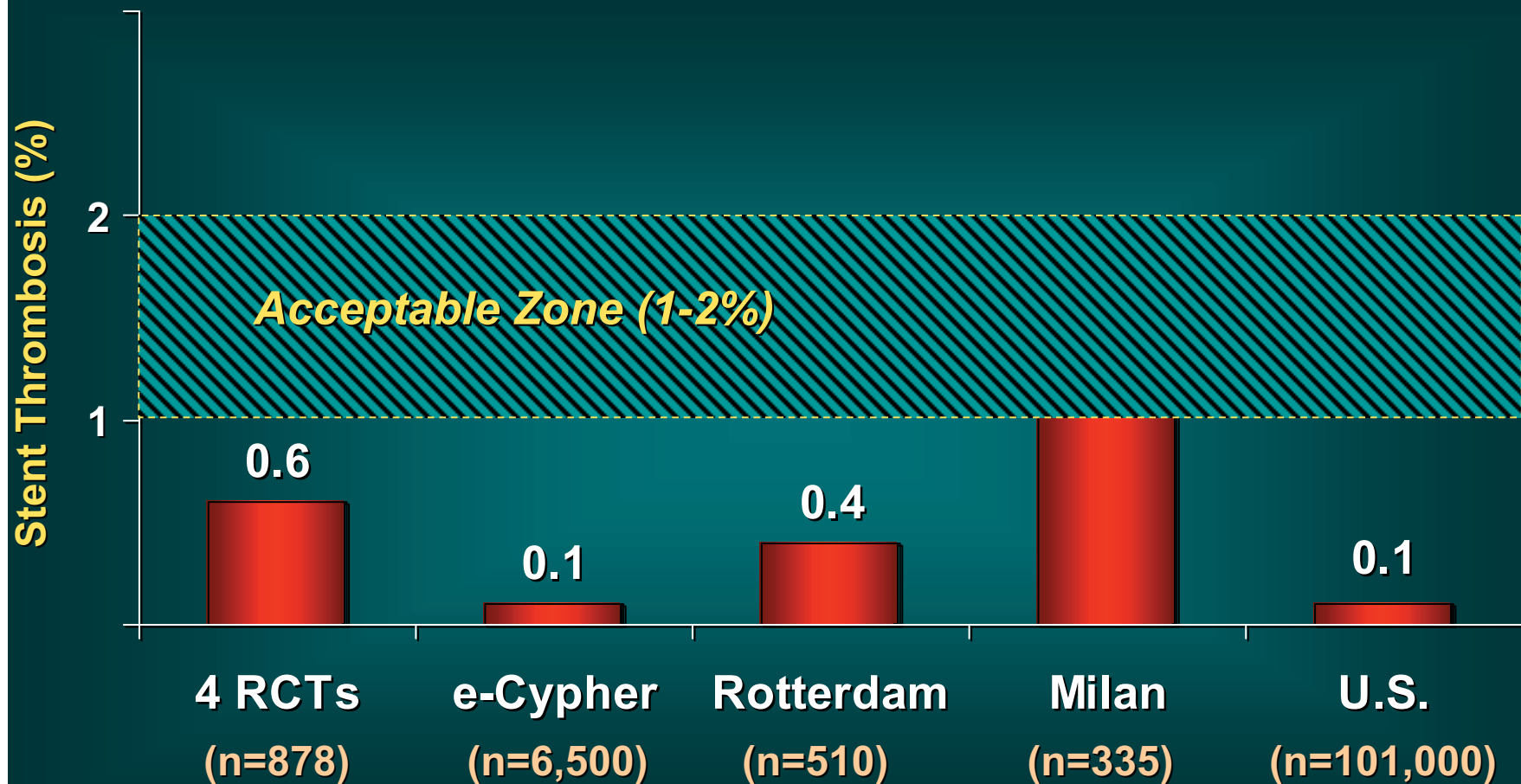
Mr. Weinstein estimates that the company's sales of the Cypher stent will be \$1.57 billion this year and \$2.1 billion next year.

Shares of Johnson & Johnson fell 50 cents yesterday, to \$52.48.

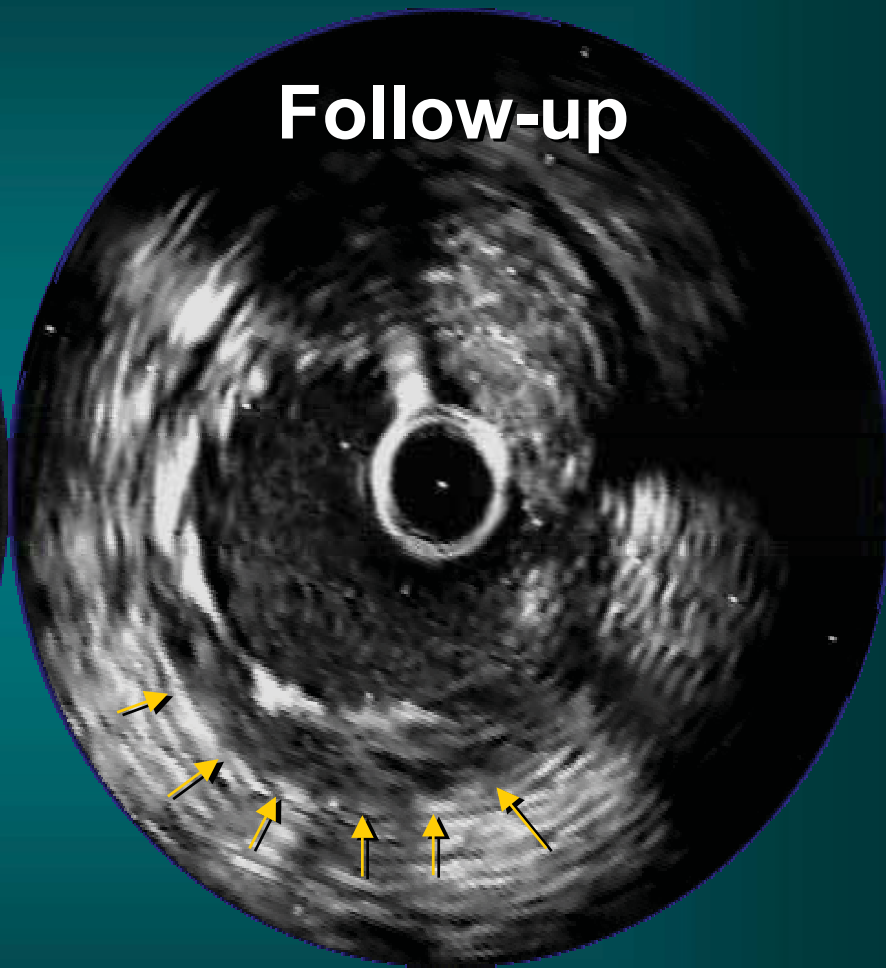
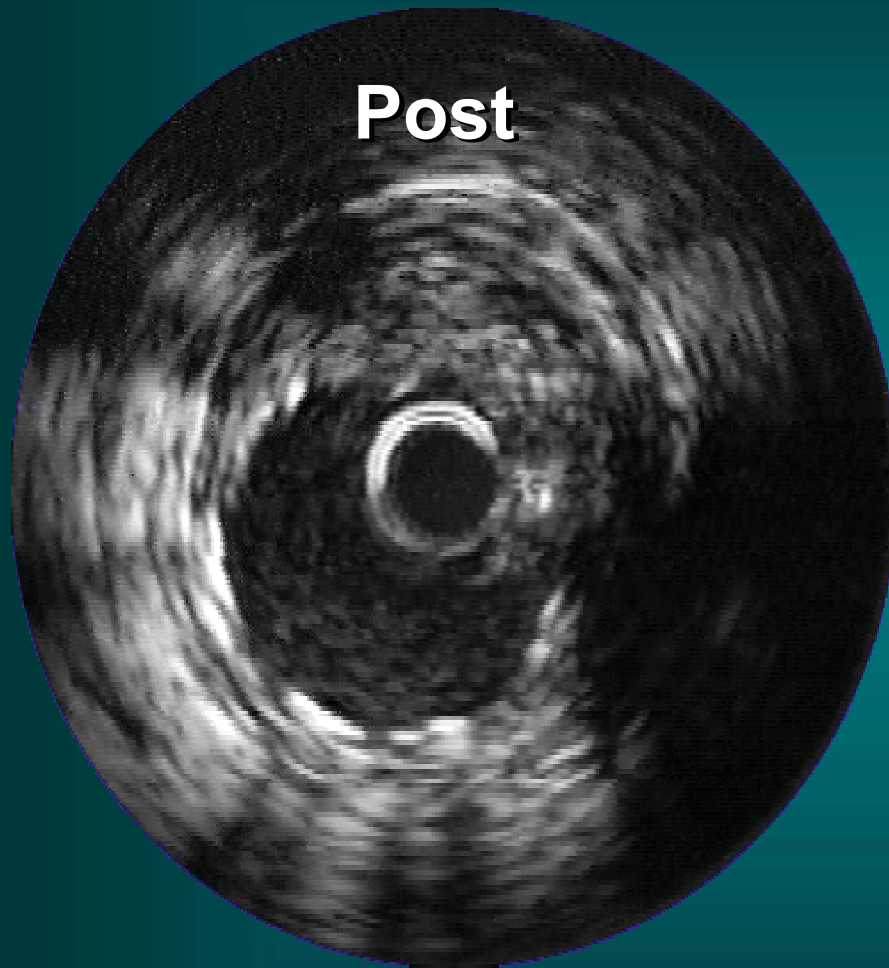
Cypher™ Stent Thrombosis

All Available Data

(total = 109,223 patients)



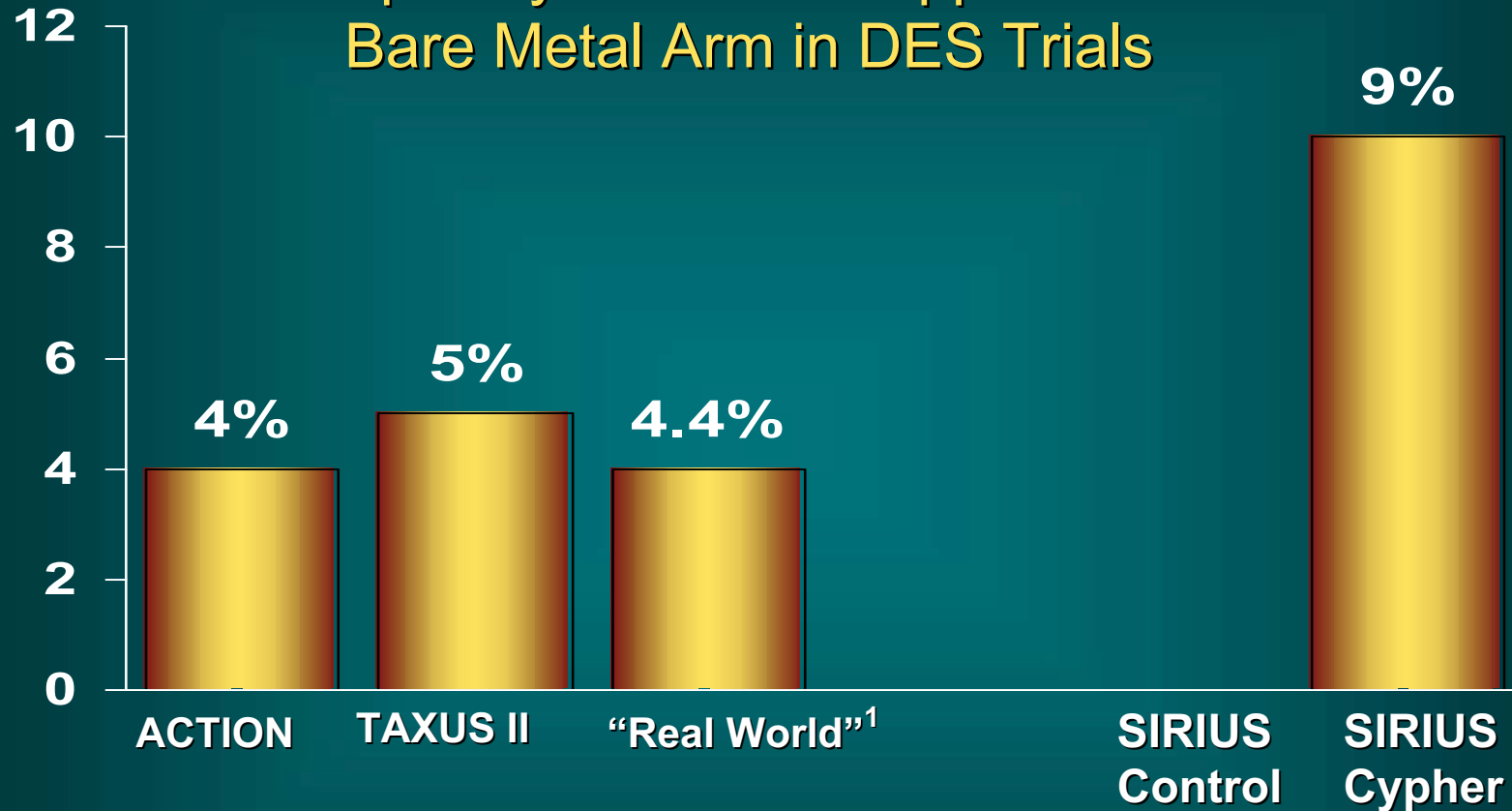
IVUS: Late Incomplete Apposition



Normal wall bias

IVUS: Late Incomplete Apposition

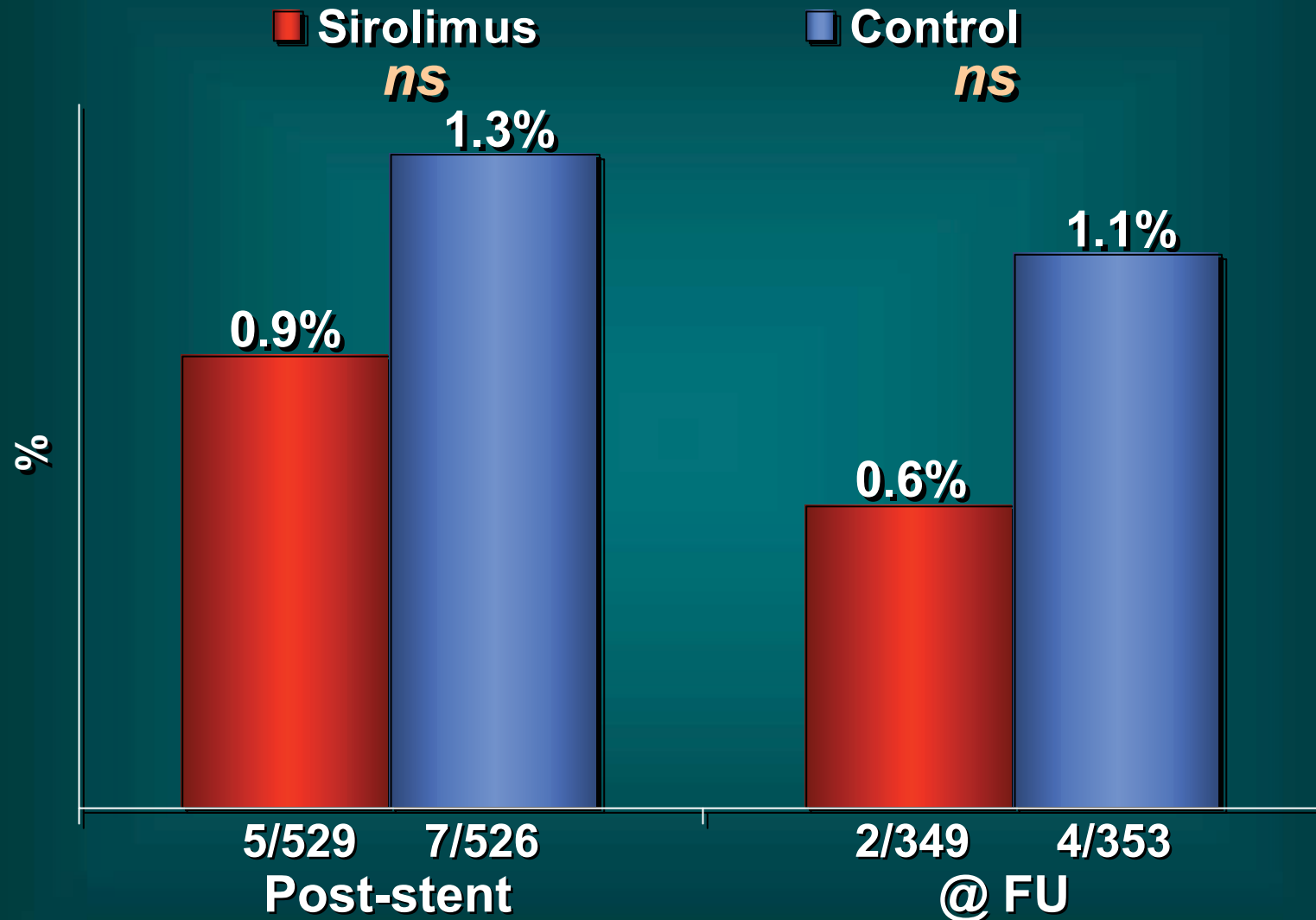
Frequency of Late Malapposition in Bare Metal Arm in DES Trials



No Clinical Events Attributed to Malapposition!

¹GS Mintz et al, Circulation 2002

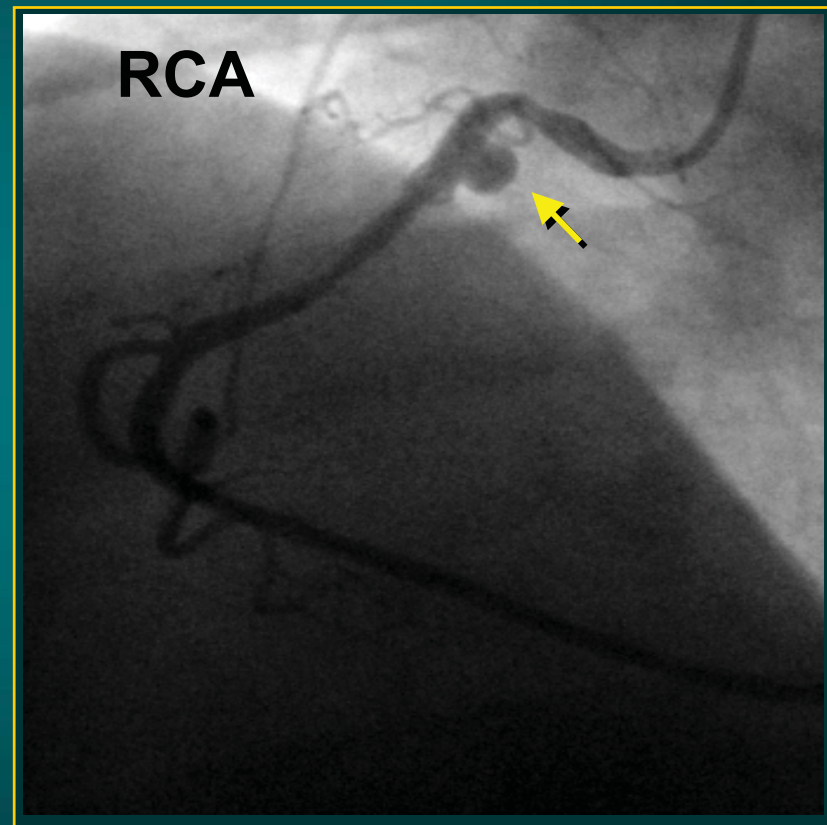
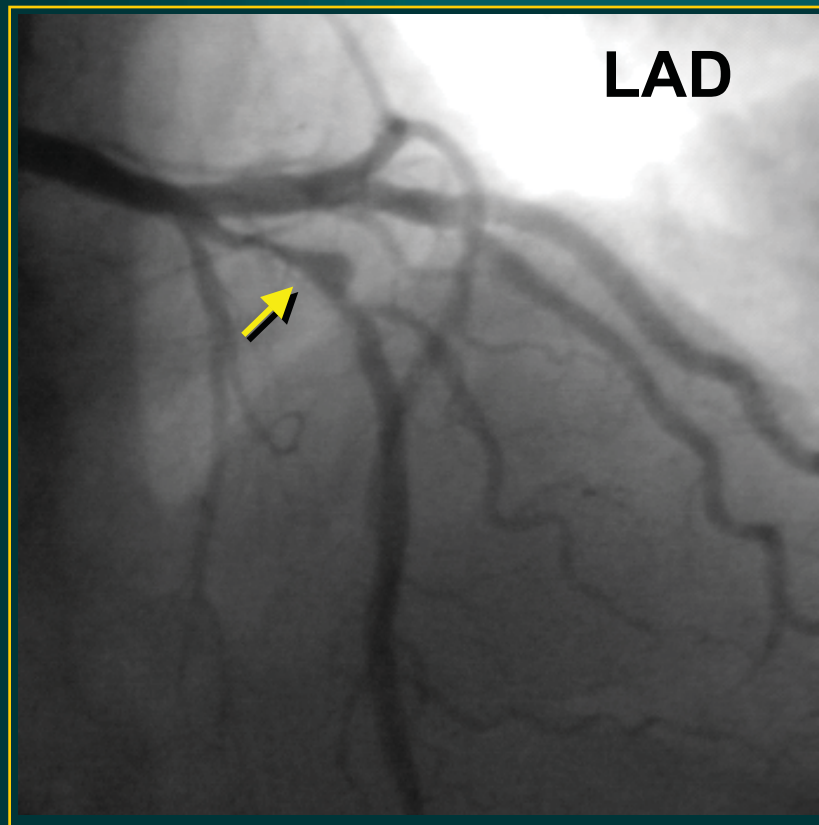
SIRIUS - Angio Aneurysms*



* angio aneurysm = $\frac{\text{treatment site diameter}}{\text{normal reference diameter}} \geq 1.2$

SIRIUS - Angio Aneurysms @ FU

The Two Worst SIRIUS Cases with Aneurysms at 8 mos Angio FU



Both in control bare metal stents!

Against Global DES Use

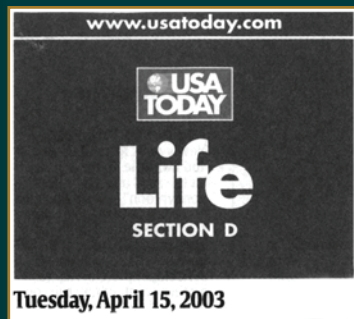
Argument #2

= more scare tactics

- We're going to hear that some other DES systems have failed and have caused problems

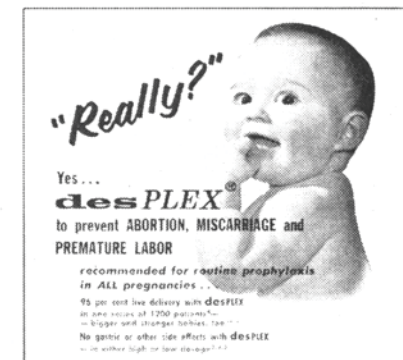


The rumors are rampant and the spin artists are having a field day!



Hidden toll of DES, a generation later

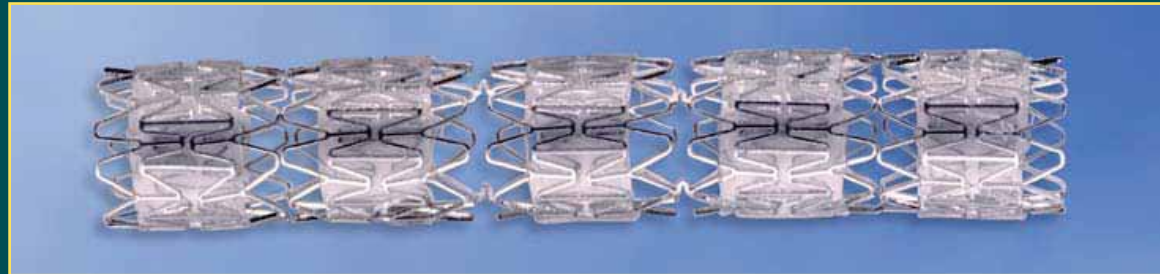
Anti-restenosis drug now linked to cancer



National Cancer Institute

An Early Prototype DES

Quanam QUADS-QP-2 Stent



Issues:

- *polymer too thick, bulky, peels, and deforms in vivo*
- *side-branch closure*
- *drug dose too high – very toxic*
- *late erosion and inflammatory reaction of “non-degradable” polymer*

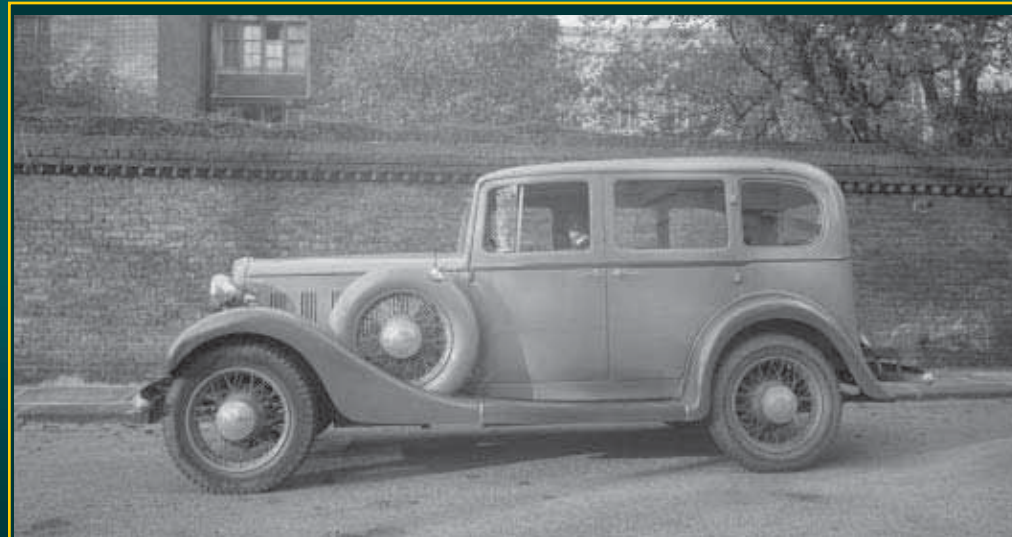
DES - The Clinical Data

Undoubtedly, you can design a DES system that doesn't work!

- **Quanam - Taxane (polymer sleeve)**
- **Guidant - Actinomycin D (polymer matrix)**
- **Guidant/Cook – Paclitaxel (direct application)**
- **Abbott - Batimastat and Dexamethasone (PC coating)**

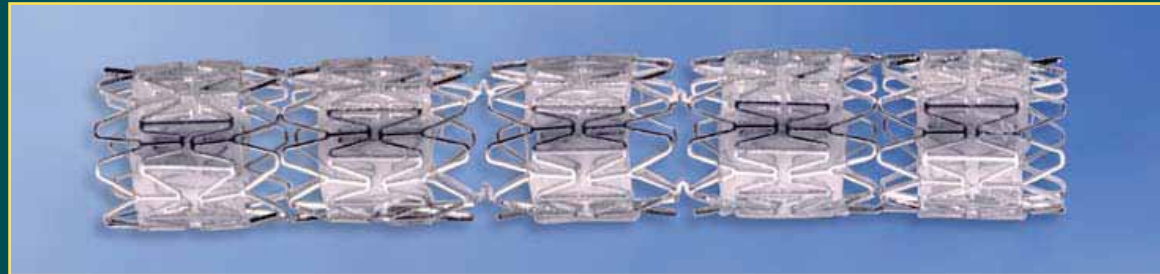
The Model "T" DES

Quanam QUADS-QP-2 Stent



The Model “T” DES

Quanam QUADS-QP-2 Stent

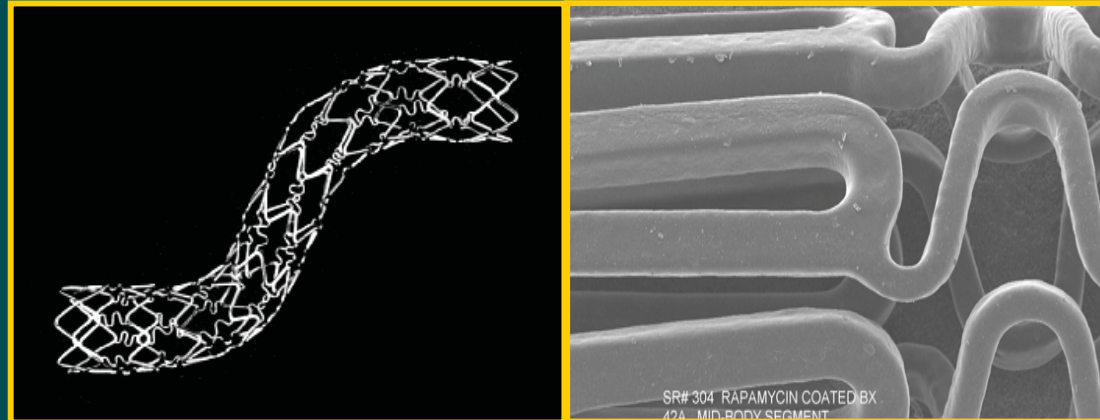


||

Vineberg

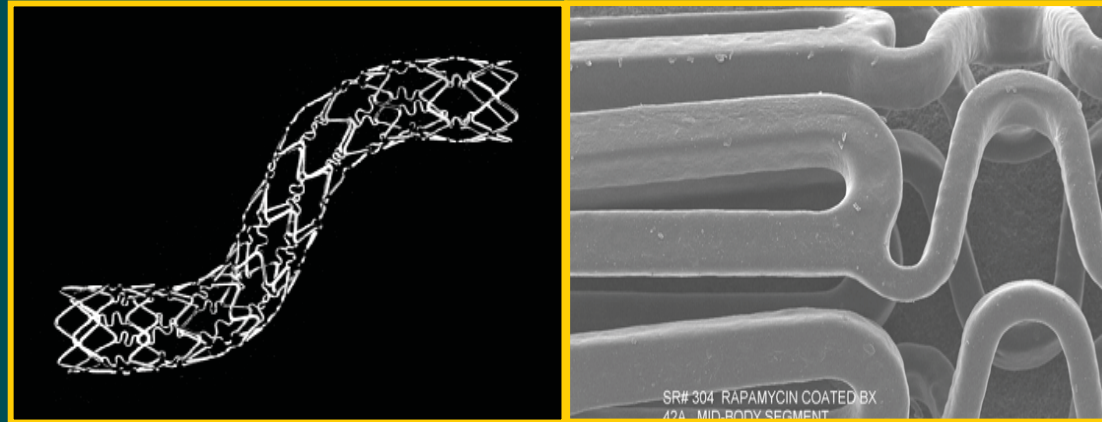
The Sleek “Porsche” DES

Cordis Cypher™ Stent



The Sleek “Porsche” DES

Cordis Cypher™ Stent



LIMA

Against Global DES Use

Please David.....

Let's not persevere over the DES systems which have failed in animal studies or early clinical trials and will never achieve commercial reality!

The GR (guaranteed restenosis) II Coronary Stent



Only slightly worse than a balloon!

Against Global DES Use

Argument #3

- **We're going to hear that even the best DES systems have limited data and it's too premature to generalize to the population-at-large (the « real world »)**



Against Global DES Use

Argument #3

= the voice of reason

- **Let's get more data**
- **What's the harm in waiting**
- **We've been burnt before**
- **We need to apply strict evidence-based medicine principles**



SIRIUS - TLR @ 9 months

Sirolimus

Non-Diabetic

Lesion Length

		<12mm	12-15mm	≥15mm
Ref Diam	>3.0mm	1.6%	2.0%	2.6%
	2.5-3.0mm	2.7%	3.2%	4.3%
	<2.5mm	4.0%	4.8%	6.4%

Diabetic

Lesion Length

		<12mm	12-15mm	≥15mm
Ref Diam	>3.0mm	2.8%	3.3%	4.4%
	2.5-3.0mm	4.5%	5.4%	7.2%
	<2.5mm	6.7%	8.0%	10.5%



SIRIUS - TLR Treatment Effect

Between Control and Sirolimus

Non-Diabetic

Lesion Length

		<12mm	12-15mm	≥15mm
Ref Diam	≥3.0mm	77.8%	77.6%	77.0%
	2.5-3.0mm	77.0%	76.6%	75.7%
	<2.5mm	75.9%	75.3%	74.1%

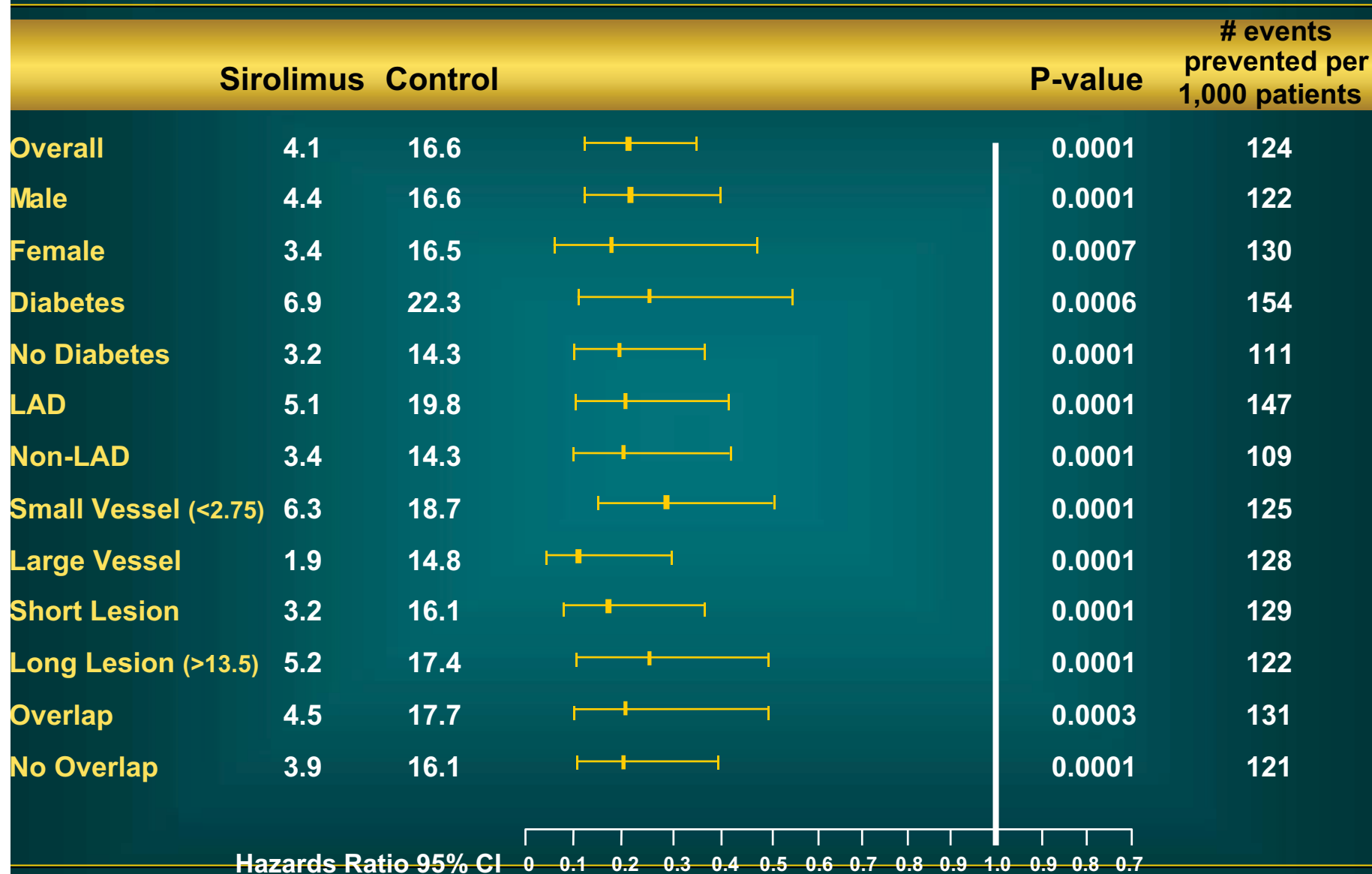
Diabetic

Lesion Length

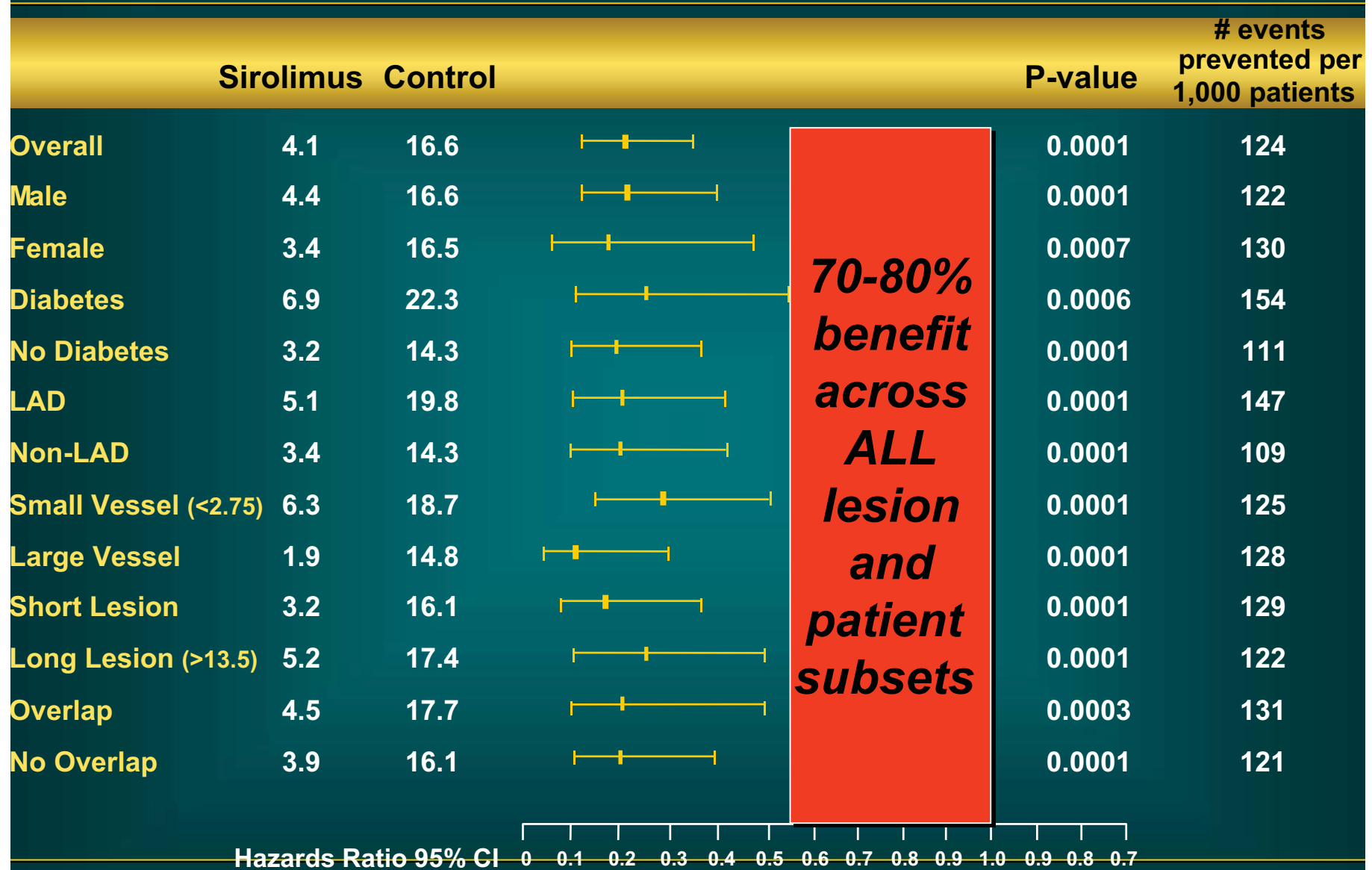
		<12mm	12-15mm	≥15mm
Ref Diam	≥3.0mm	76.9%	76.5%	75.6%
	2.5-3.0mm	75.5%	74.8%	73.4%
	<2.5mm	73.8%	72.8%	70.8%



SIRIUS - TLR Events



SIRIUS - TLR Events



DES...the facts

They work!

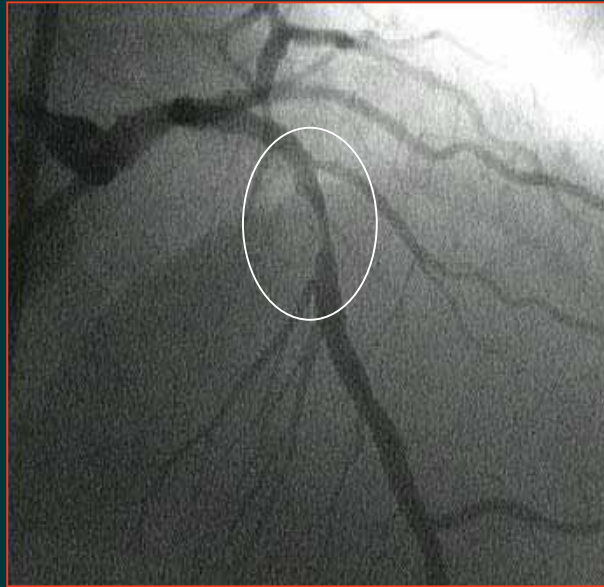
***...for the most part,
restenosis will be a
thing of the past!***

For the past 25 years our goal has been to make PCI...

- **Safe** (complication-free)
- **Predictable** (consistent procedural results)
- **Widely applicable** (all patients)
- **Definitive** (no restenosis)

With drug-eluting stents we are finally on the verge of achieving that goal!

FIM: 2-year Follow-up



4 mos

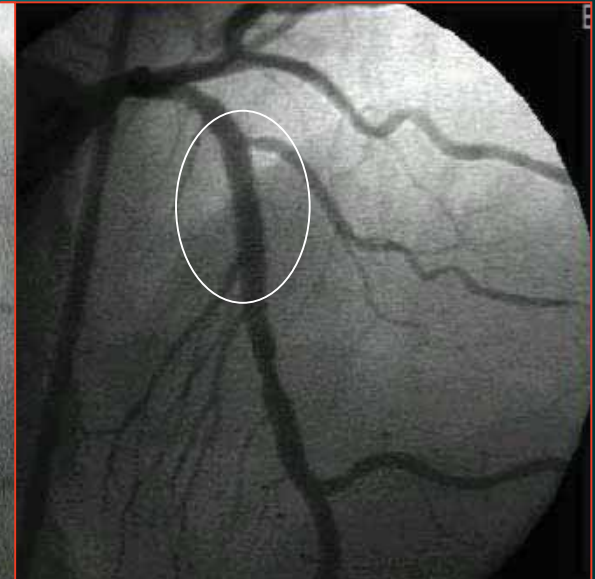
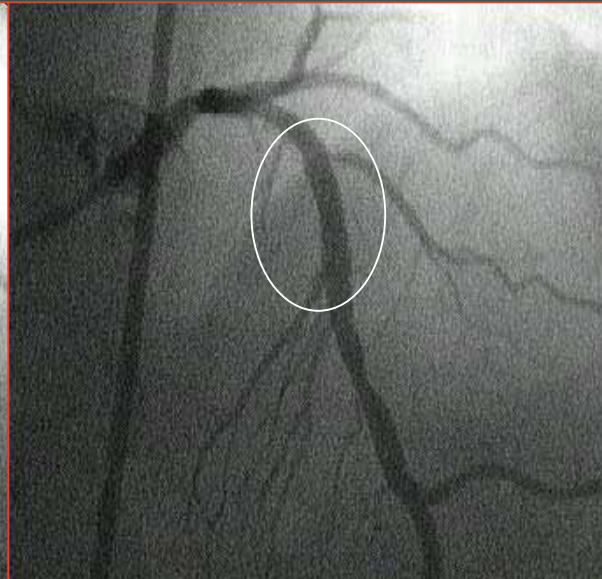
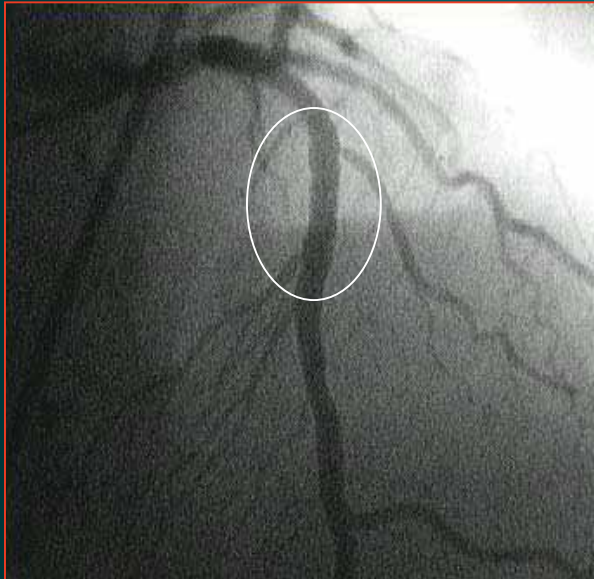
Pre



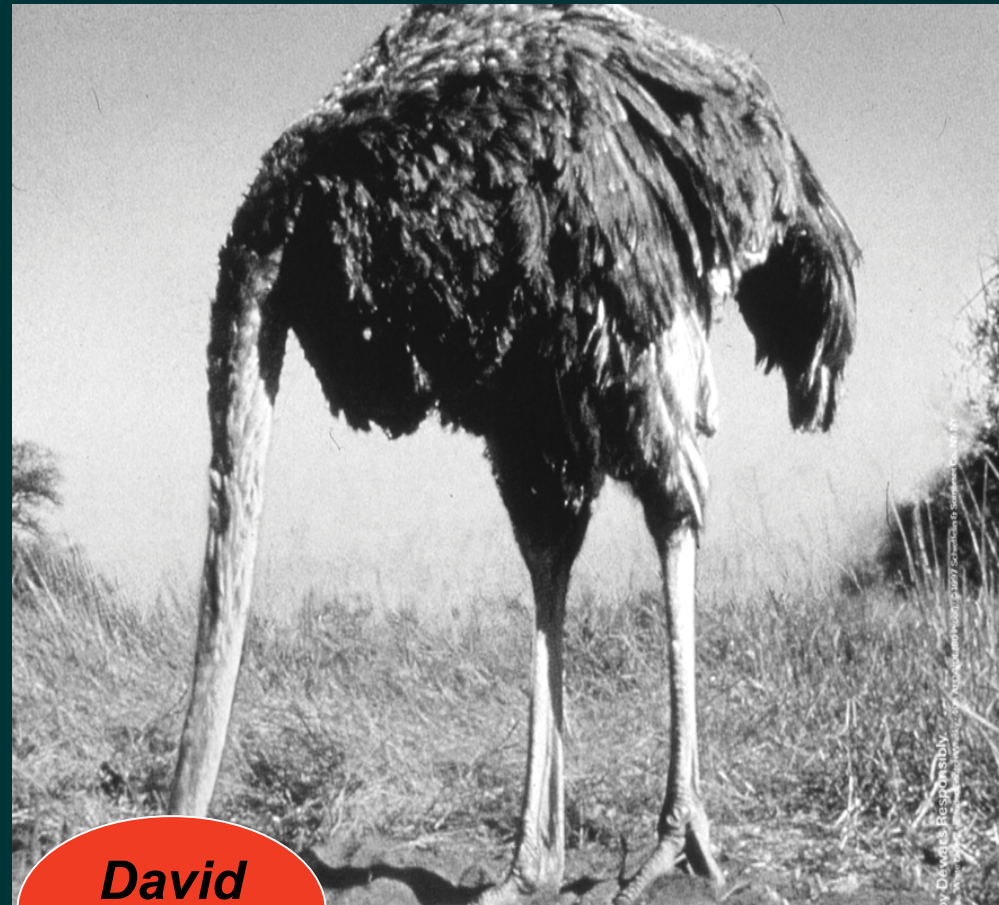
Post

12 mos

24 mos



DES...the facts



**David
Holmes**

***To doubt the
overwhelming
benefit of DES
as an anti-
restenosis
therapy
is...burying your
head in the sand!***

Sirolimus DES Worldwide Clinical Trial Program

- | | |
|----------------------|-----------------|
| 1 FIM | 22 FREEDOM |
| 2 RAVEL | 23 SECURE |
| 3 SIRIUS | 24 DIRECT |
| 4 Sirolimus PK Study | 25 SVELTE |
| 5 E-SIRIUS | 26 2.25mm |
| 6 C-SIRIUS | 27 4.0mm |
| 7 ISR-Feas | 28 REDOX |
| 8 US ISR Feas | 29 3D |
| 9 BIF-Feas | 30 SIROCCO I |
| 10 ARTS II | 31 SIROCCO II |
| 11 ATLAS (Left Main) | 32 GREAT |
| 12 SVG -Feas | 33 SC US |
| 13 SISR | 34 SC EU |
| 14 ARGentina | 35 SVS -Feas |
| 15 CHINA | 36 BRIDGE |
| 16 Taiwan | 37 PORTO |
| 17 ISR -Barragan | 38 SCORPIUS |
| 18 DECODE US | 39 EVASTENT |
| 19 DECODE | 40 CYPHER-SMART |
| 20 Tropical | 41 TYPHOON |
| 21 SICTO | 42 DESSERT |

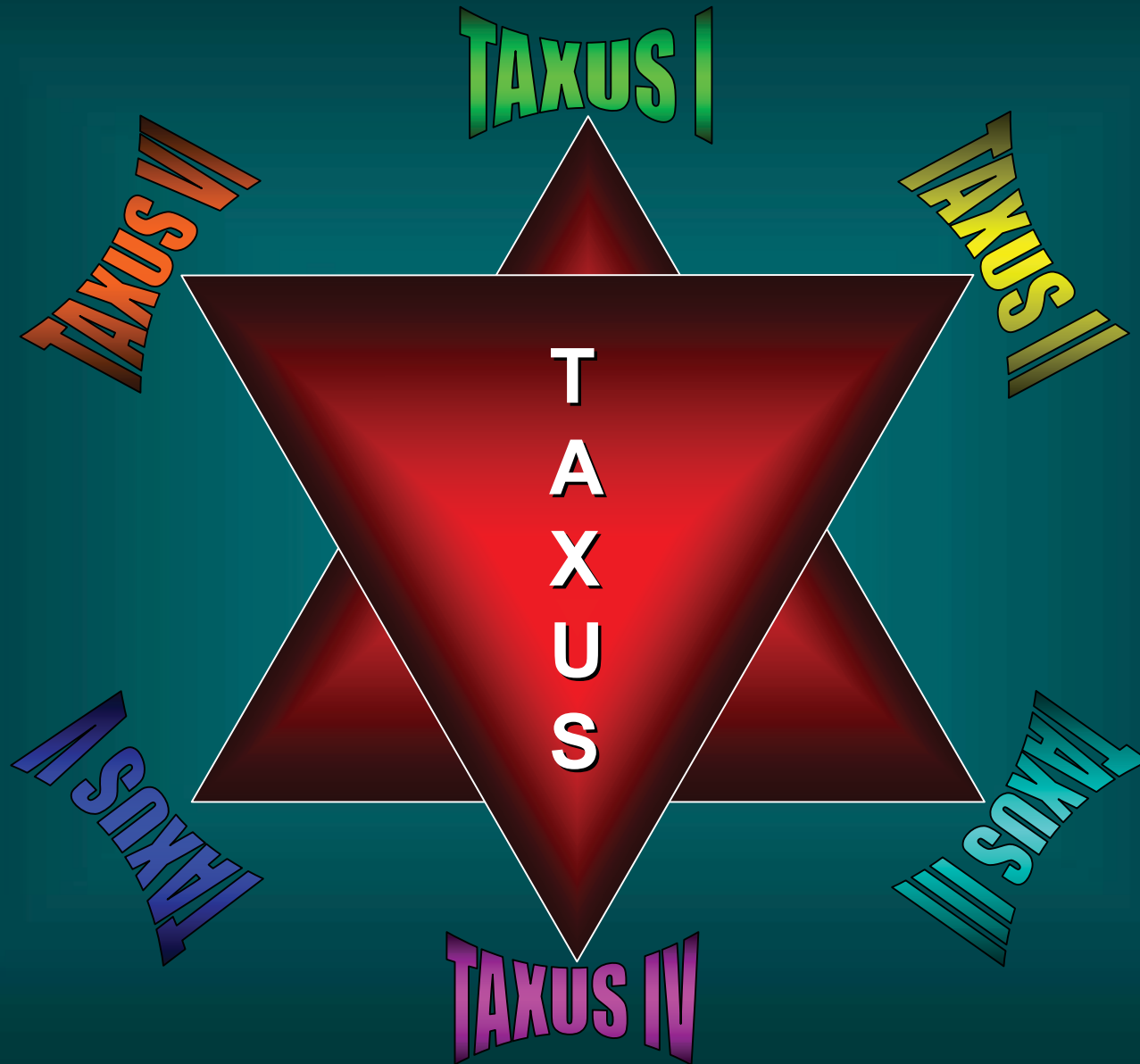
* White Indicates Trial Completed

The e-Cypher Registry



25,000 Patients from 317 Worldwide Sites

The **TAXUS** Trials



ENDEAVOR I

Feasibility Trial (AUS/NZL)

Single De Novo Native
Coronary Artery Lesions (Type A-B2)
Stent Diameter: 3.0-3.5 mm
Stent Length: 18 mm
Lesion Length: < 15 mm
Pre-dilation required

~ 100 patients

Clinical Follow-up

30d 4mo 9mo 12mo 2yr 3yr 4 yr 5 y

Angio/IVUS Followup

4mo 12mo

Primary Endpoints:

MACE at 30 days and late loss (QCA) at 4 months

Secondary Endpoints:

TVF and TLR at 9 months, late loss at 12 months

Antiplatelet therapy for 3 months

10 µg/mm

ENDEAVOR II

Randomized, Double-blind Trial

Single De Novo Native
Coronary Artery Lesions (Type A-C)
Stent Diameter: 2.25-3.5 mm
Stent Lengths: 18-30 mm (8/9 mm bailout)
Lesion Length: 14-27 mm
Pre-dilation required

~ 1,200 Patients

Control Driver Stent
n=600

Europe, Canada, Israel,
Asia Pacific and Australia/NZL

Endeavor Stent
n=600

Clinical/MACE

30d

6mo

8mo

9mo

12mo

2yr

3yr

4 yr

5 y

Angio/IVUS

Angio n=600

IVUS n=400

Primary Endpoint:

TVF (cardiac death, MI, TVR) at 9 months

Antiplatelet therapy for 3 months

Potential PK sub-study

10 µg/mm

ENDEAVOR III

Randomized, Double-blind Trial

Single De Novo Native
Coronary Artery Lesions (Type A-C)
Stent Diameter: 2.25-3.5 mm
Stent Lengths: 18-30 mm (8/9 mm bailout)
Lesion Length: 14-27 mm
Pre-dilation required

~ 480 Patients

Control Cypher Stent
n=240

United States

Endeavor Stent
n=240

Clinical/MACE

30d

6mo

8mo

9mo

12mo

2yr

3yr

4 yr

5 y

Angio/IVUS

ABRR &
Volumetric Obstruction

Primary Endpoint:

Late lumen loss by QCA at 8 months

Antiplatelet therapy for 3 months

Potential PK sub-study

10 µg/mm

Do we need to apply more rigorous standards for DES systems?

- ✓ *To gain FDA-approval of stents, we randomized ~1,000 pts in Stress and Benestent...we've already randomized over 7,000 pts with Cypher and Taxus stents*
- ✓ *How many pts/studies did it take for David and others to switch to clopidogrel?*
- ✓ *How many pts/studies did it take for David and others to use the cutting balloon*
- ✓ *Can anyone seriously make the claim that DES are a less toxic therapy than vascular brachytherapy?*



FREEDOM Trial

(Multivessel Sirolimus Stenting vs. CABG in Diabetics)

Eligibility: DM patients with MV-CAD eligible for stent or surgery

Exclude: Patients with acute MI and/or cardiogenic shock

2300 pts Randomized 1:1

MV-sirolimus stenting
With abciximab

CABG
With or without CPB

*All concomitant Meds shown to be beneficial are encouraged, including:
Plavix, ACE inhibitors, β -blockers, Statins, etc.*

1° Endpoint: 5-year mortality 5-year MACE

2° Endpoint : MACE/stroke at 12 months

Waiting for evidence-based medicine to “catch-up” with good judgement in clinical decision-making ... have we learned nothing from the past?

- ***CABG ... 10 years***
- ***Stents ... 5 years***
- ***DES ... ???***

Is there any reason to assume that DES won't work equally as well in other lesion subsets?



2003: Drug-eluting stents for unstudied lesions?

1994: Stents for unstudied PTCA lesions?

DM, ostial, Calc,

AMI

Long lesions

Small vessels

CTOs

SVGs

Stress/Benestent

***And the same will
happen to bare
metal stents!***

1990 1991 1992 1993 1994 1995 1996 1997 1998 1999 2000 2001 2002 2003



Drug-eluting stents for unstudied lesions

Do you really want to bet against them?



Ticket for his first OSU - Michigan game : \$30.00

OSU jersey: \$40.00

Stadium hot dog and soft drink: \$8.00

Temporary tattoo: \$3.00

Teaching him to salute the Michigan team as they enter the Shoe:
Priceless...

What Does a P(ee) Value of 0.05 Mean?



- 'Fisherian' P value of 0.05 originally based on $n=30$!
- Always demand a P value of <0.001 for a sample size > 200 as strong evidence against the null hypothesis of zero difference

Al Feinstein

Courtesy: Sanjay Kaul

Against Global DES Use

Argument #4

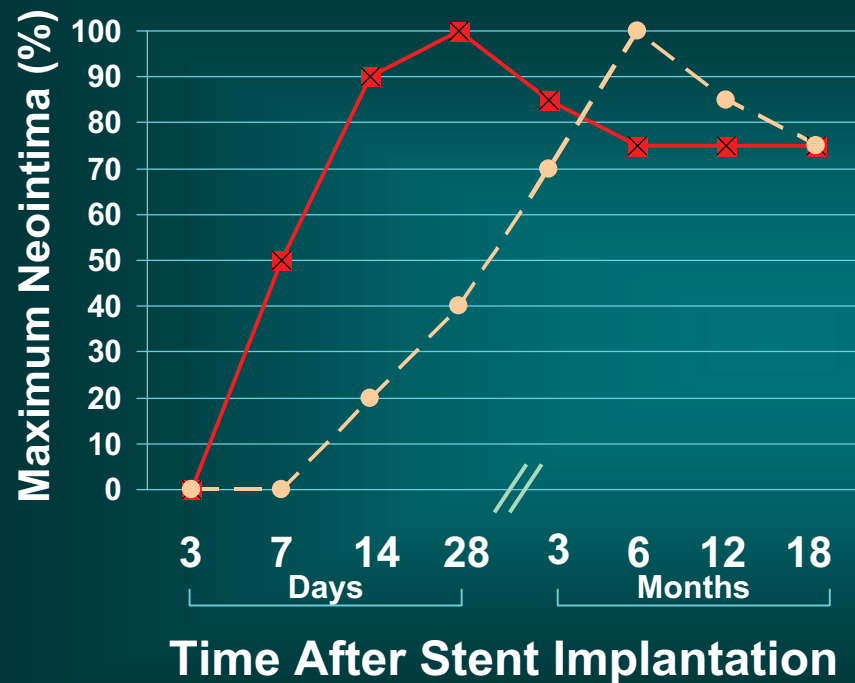
= we're back to more scare tactics

- **We're going to hear that DES systems only have short-term data...the durability issue...must stand the test of time!**



DES - Animal Studies

Comparing porcine coronary and human arterial healing responses...



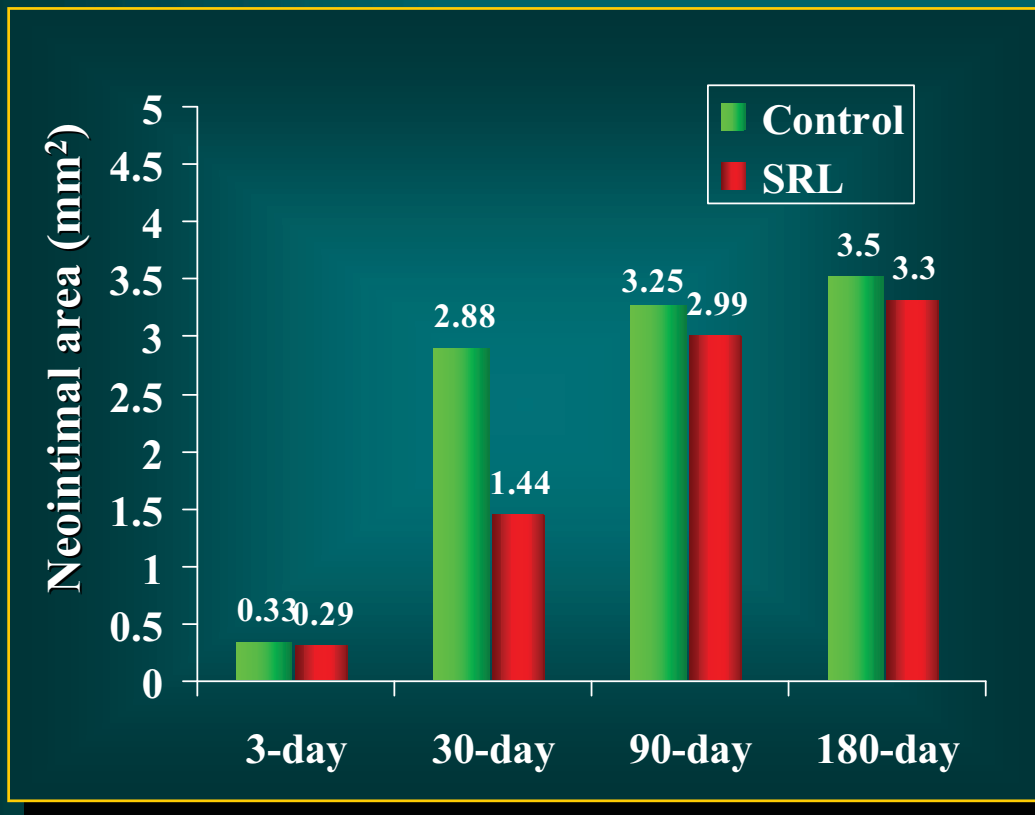
Stainless Steel
Balloon Expandable
Stent

Animals
Humans

**There is a six-month
“offset” between the
porcine coronary and
human responses**

DES - Animal Studies

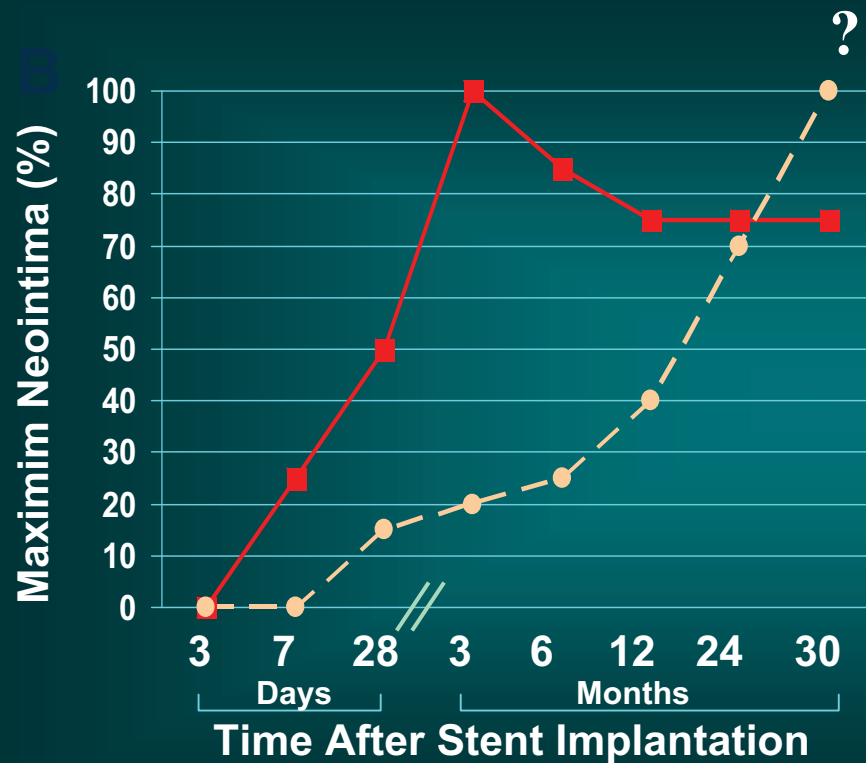
Porcine coronary results with sirolimus-eluting stent...



Complete loss of efficacy in reducing neointimal area by three and six months

DES - Animal Studies

Comparing porcine coronary and human arterial healing responses...



Drug Eluting Stent

■ Animals
● Humans

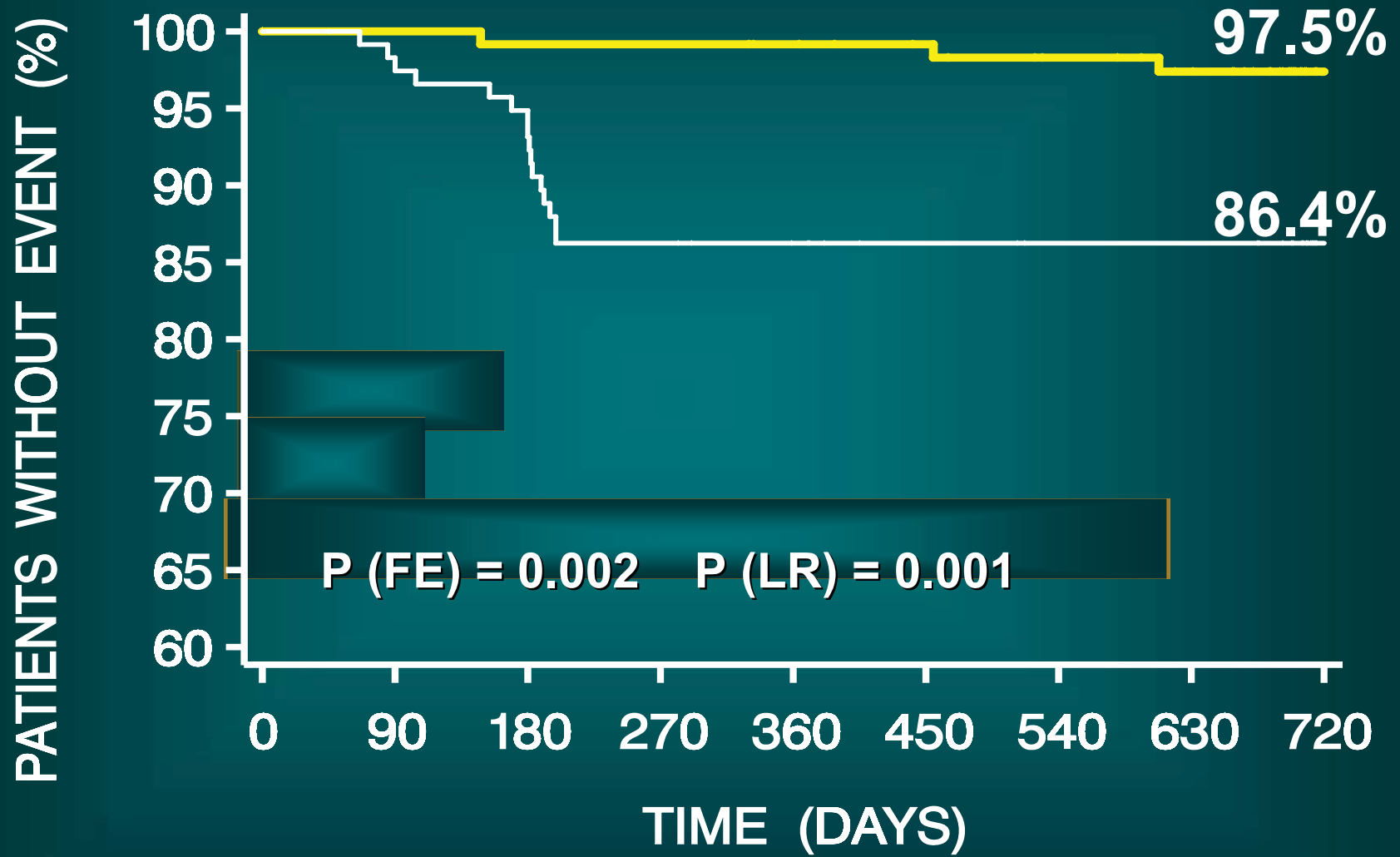
The six-month “offset” between the porcine coronary and human responses will surely result in late restenosis

First In Man Cumulative Clinical Outcomes

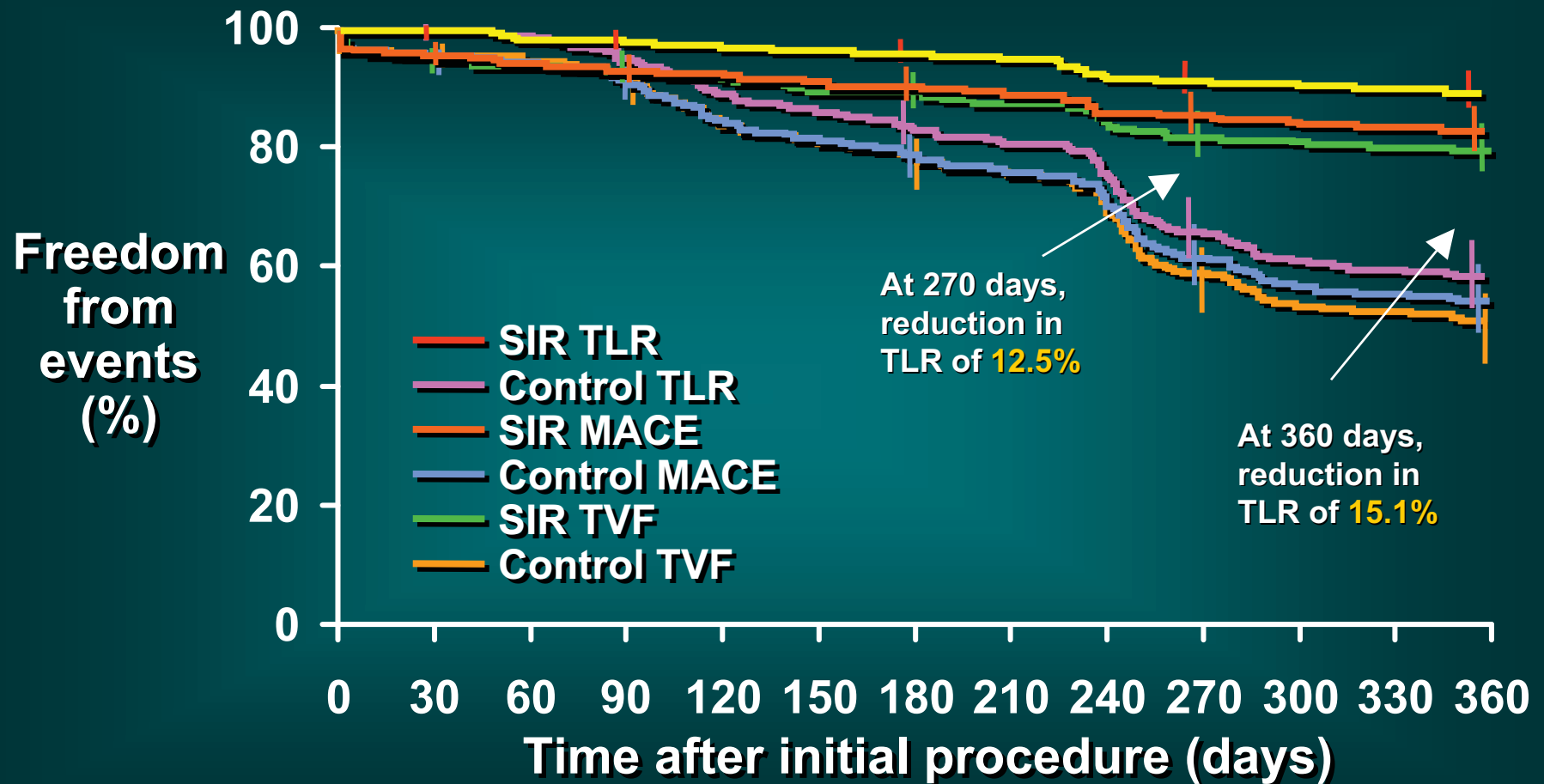
	1 year (n = 30)	2 years (n = 30)	3 years (n = 30)
Clinical fu (%)	100	100	100
Follow-up (mo)	12	24	up to 39
Death (N)	0	0	1
Q-wave MI (N)	0	1	1
TVR (N)	0	1	1

Q-wave MI occurred at 14 months due to progression of prox. LAD obstruction not related to the target lesion; TVR = CABG for ostial LCX progression; no in-stent restenosis; TVR = Lesion progression

Event Free Survival: TL Revascularization



Event-Free Survival at 360 Days for TLR, MACE and TVF



Against Global DES Use

Argument #5

= sound bites and data dredging

- We're going to hear that DES systems don't work well in diabetics, bifurcations, small vessels, ISR, etc.
- In fact, we're probably going to hear nothing but rumors and « bad news » about DES for the next year



DES - 2003

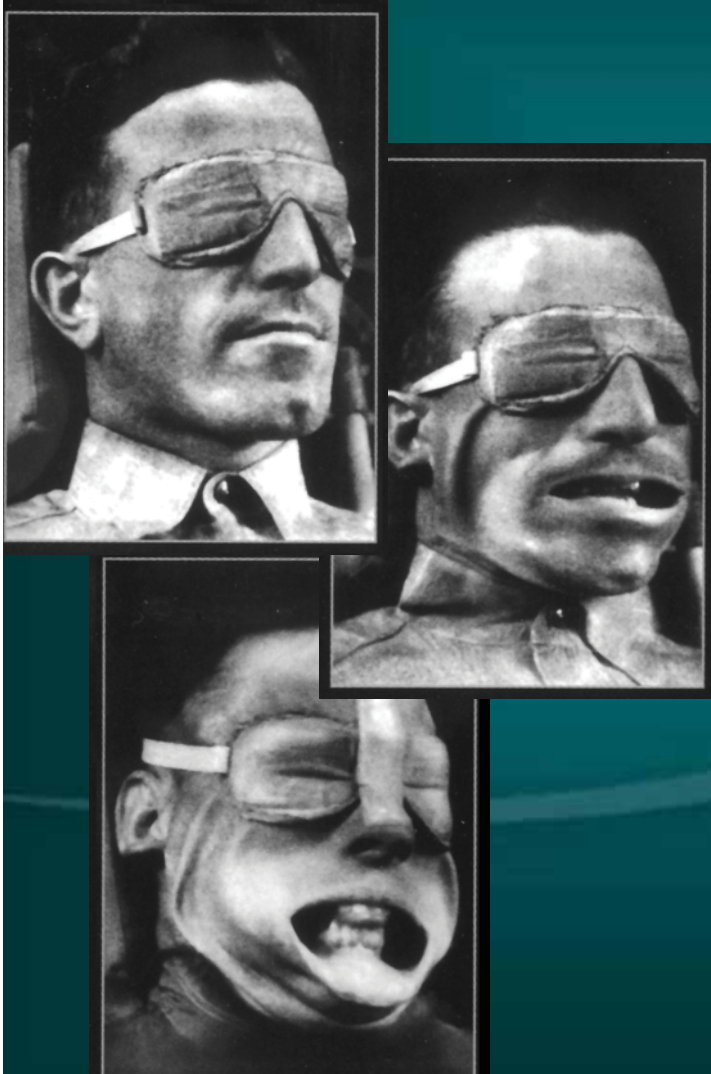
Problem clinical subsets

- **Diabetics (esp. Type I)**
- **Small vessels (< 2.5 mm)**
- **ISR lesions (esp. « ultra-diffuse » and s/p VBT)**
- **Bifurcations (esp. ostial sidebranch)**
- **? SVGs**
- **? LM disease (esp. distal bifurcation)**



DES...in Diabetics

“Spin artists” from around the world...



“The data from SIRIUS indicate that sirolimus-eluting stents don’t work very well in diabetics and don’t work at all in insulin-receiving diabetics”

SIRIUS - Diabetic Subgroup (Insulin)

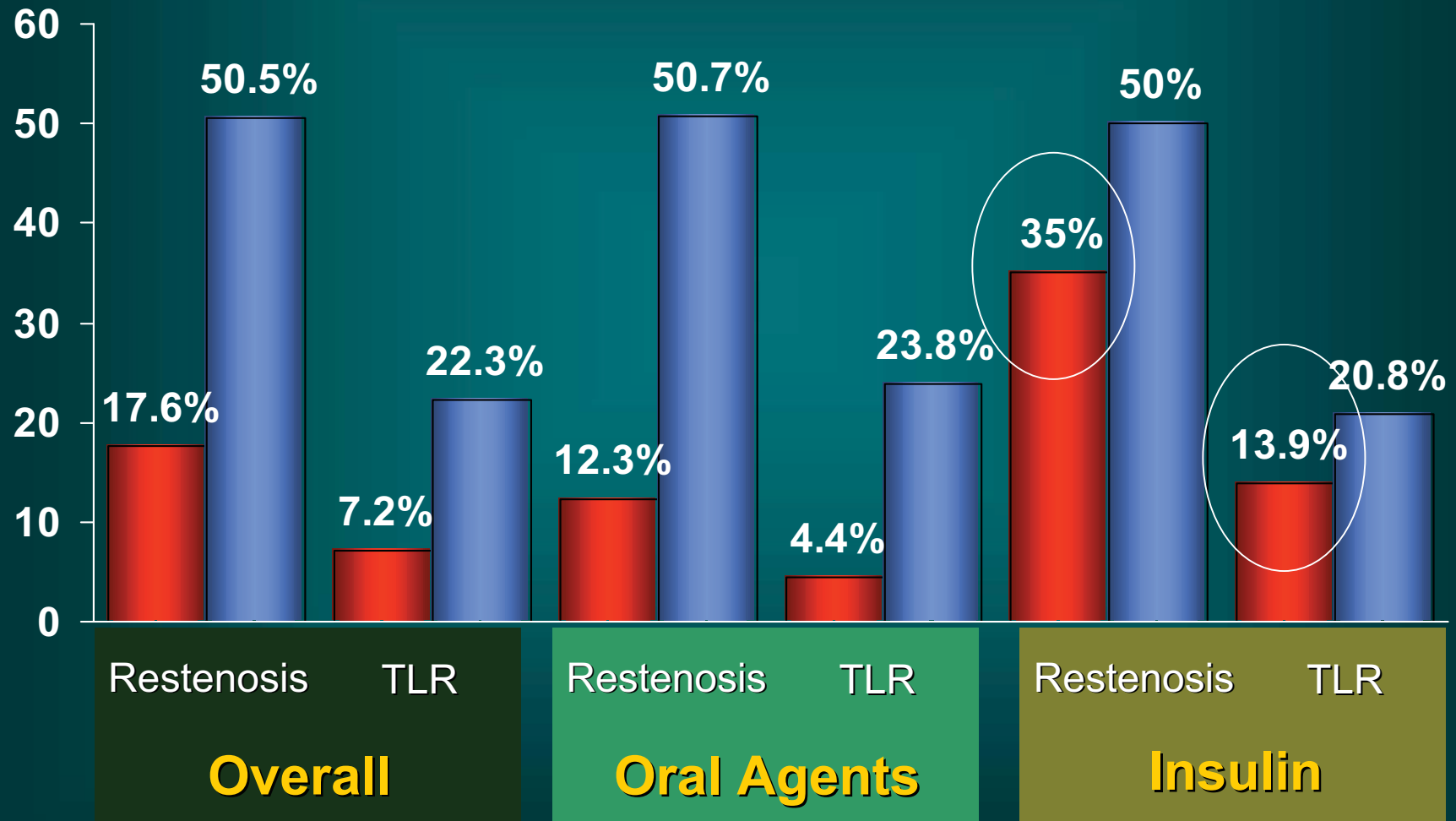
Summary FU Results (82 pts)

	Sirolimus (n=38)	Control (n=44)	P-value
Late loss (mm)			
in-stent	0.35	1.18	<0.001
in-segment	0.59	1.00	0.043
Restenosis (%)			
in-stent	10.5	46.4	0.012
in-segment	35.0	50.0	0.382
TLR (%)	13.9	20.8	0.420
MACE (%)	15.8	22.7	0.578

Lesion length = 14.2mm and Reference vessel size = 2.67mm

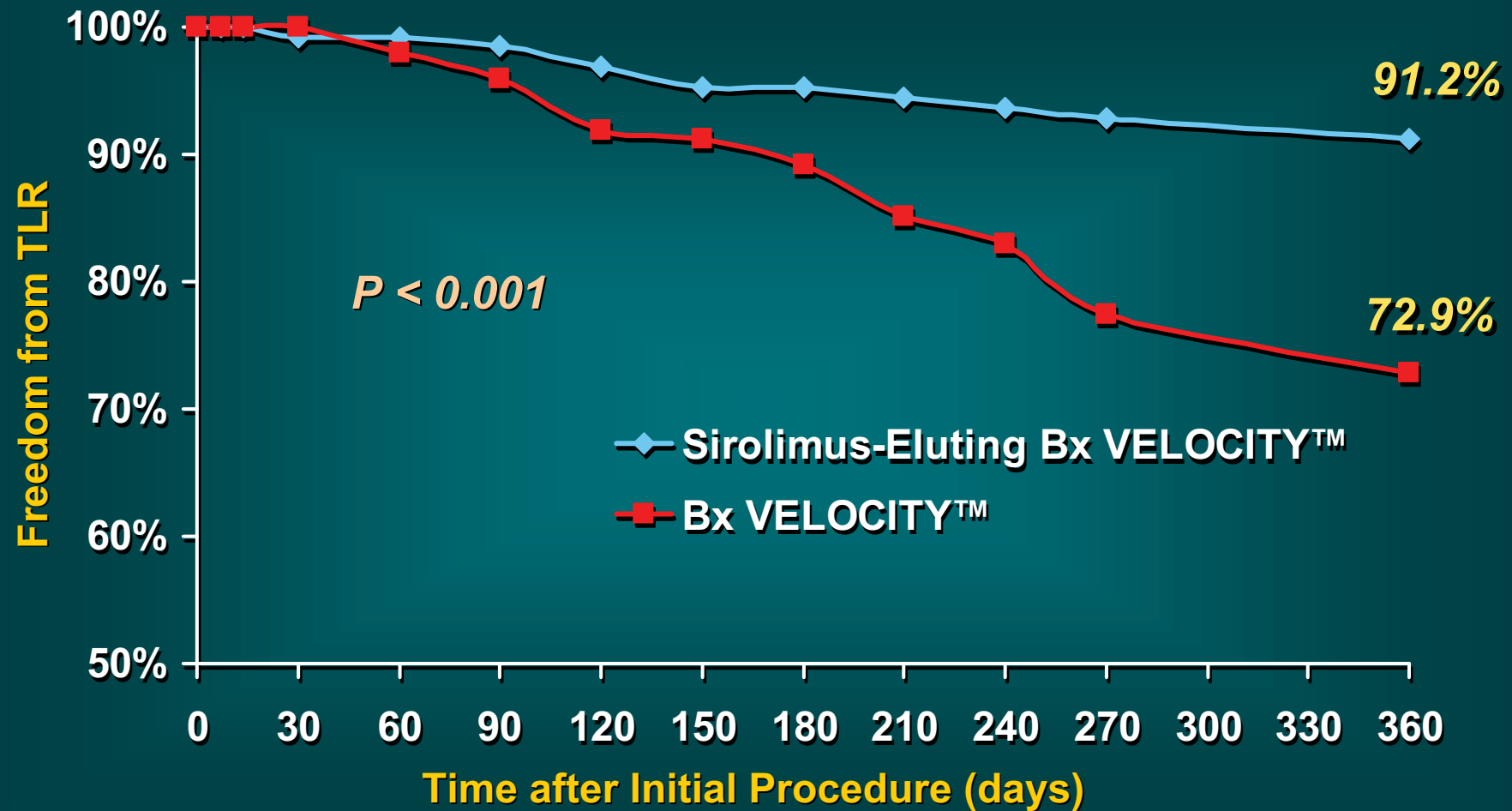
SIRIUS DM - Subanalysis

In-Segment Restenosis and TLR (@ 12 mos)



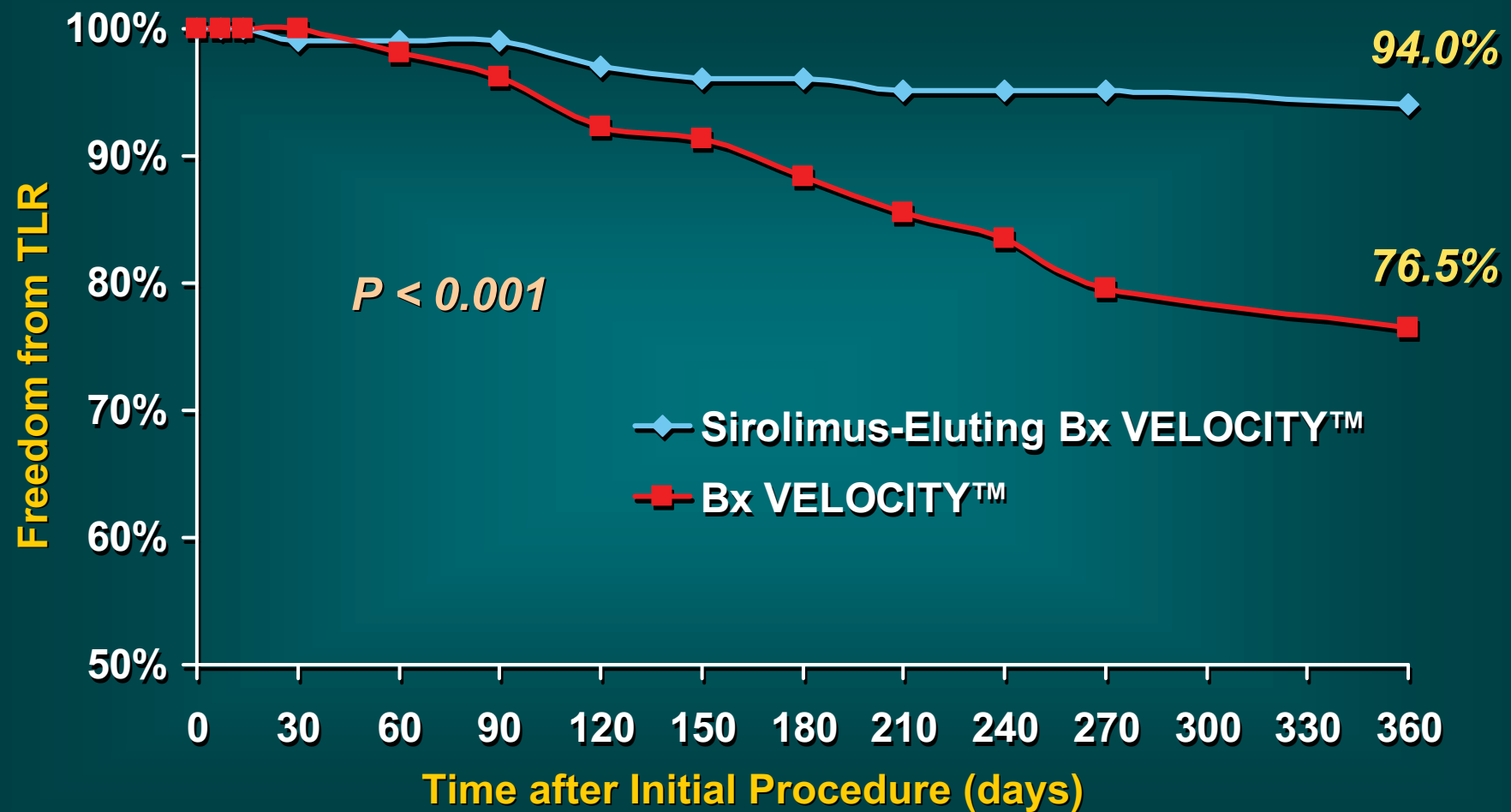
SIRIUS DM - EFS Curves

Survival Free From TLR



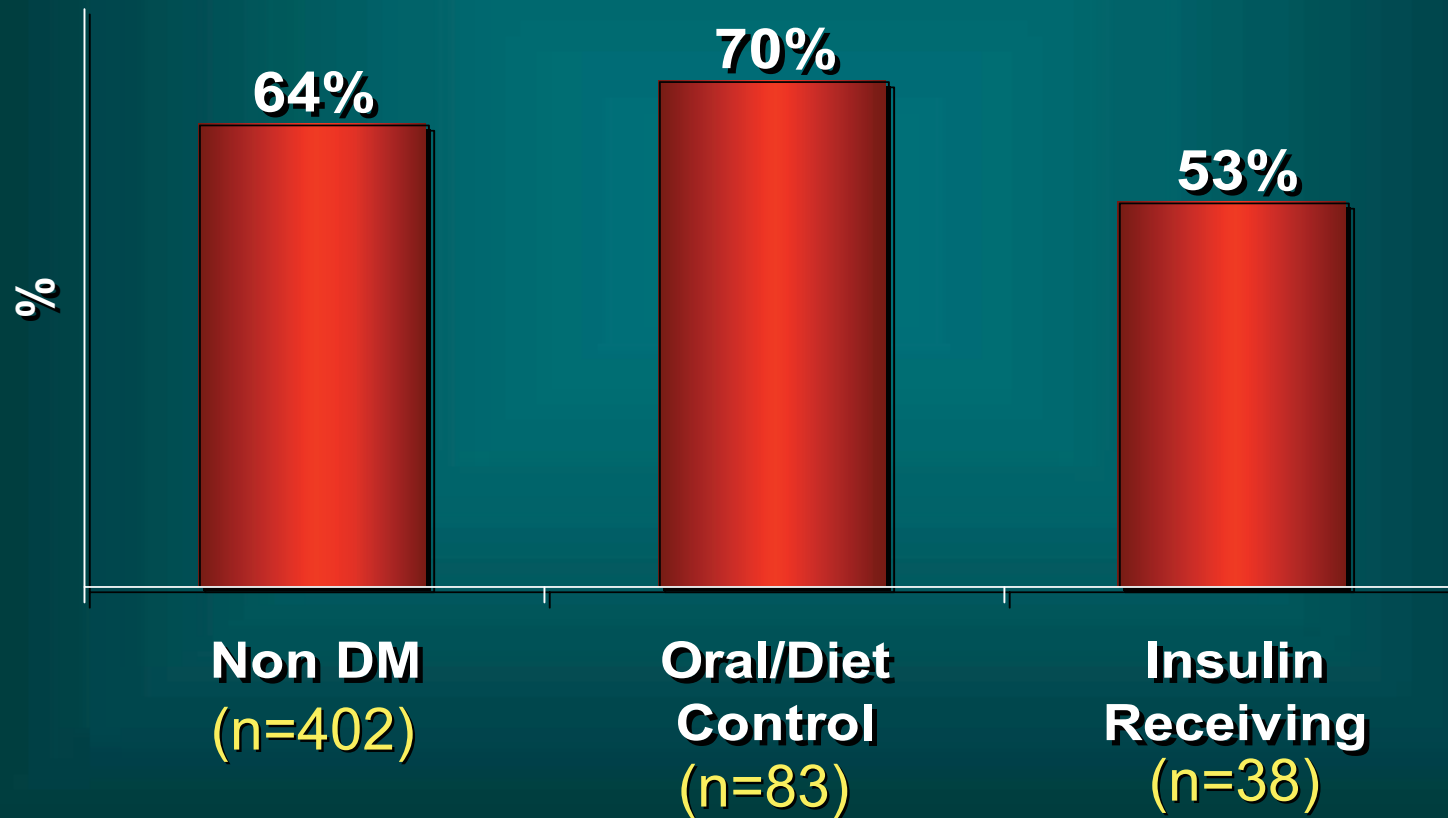
SIRIUS DM - Oral/Diet Subgroup

Survival Free From TLR

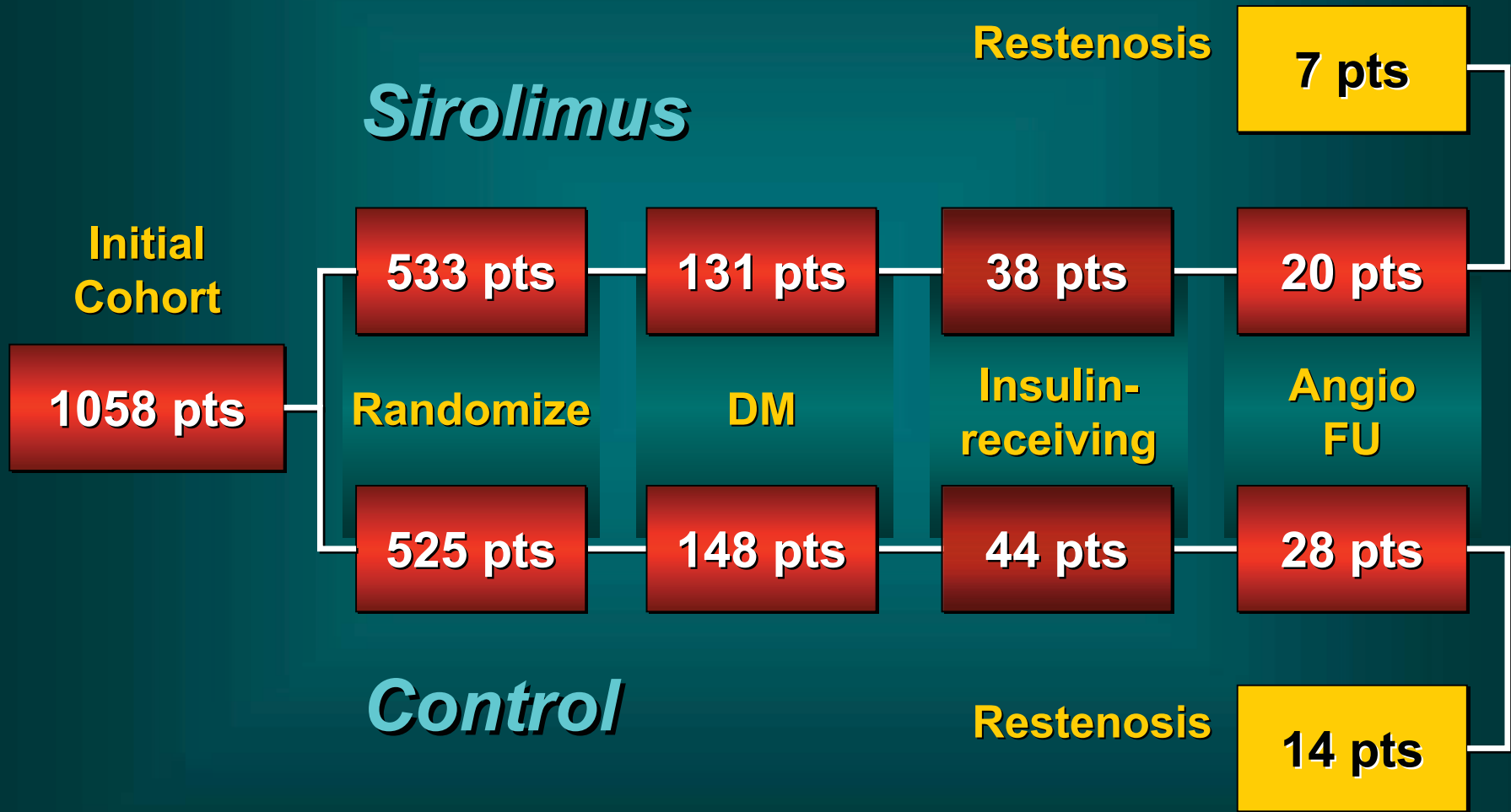


SIRIUS DM - Angio FU

Angiographic FU Rates in Sirolimus-Eluting Stent Patients



SIRIUS DM - SubSubSubGroup Analysis



SIRIUS - TLR Events



DES ISR Studies – Outside U.S.

Clinical Studies Factors

	# pts	study design	DES system
Sao Paulo	25	registry	Cordis/Sirolimus
Rotterdam	16	registry	Cordis/Sirolimus
Leuven	21	registry	Cook/Paclitaxel
Milan	15	registry	Quanam/Paclitaxel
TAXUS III	28	registry	BSC/Paclitaxel

Total = 105 Patients

DES ISR Studies – Outside U.S.

Angiographic Results (QCA)

	Late loss (mm)	Restenosis
Sao Paulo	-0.05 → 0.16	4%
Rotterdam	0.26 → 0.51	12.5%
Leuven	na	14.3%
Milan	0.47 → 1.36	13% → 61.5%
TAXUS III	0.54	16%

DES ISR Studies – Outside U.S.

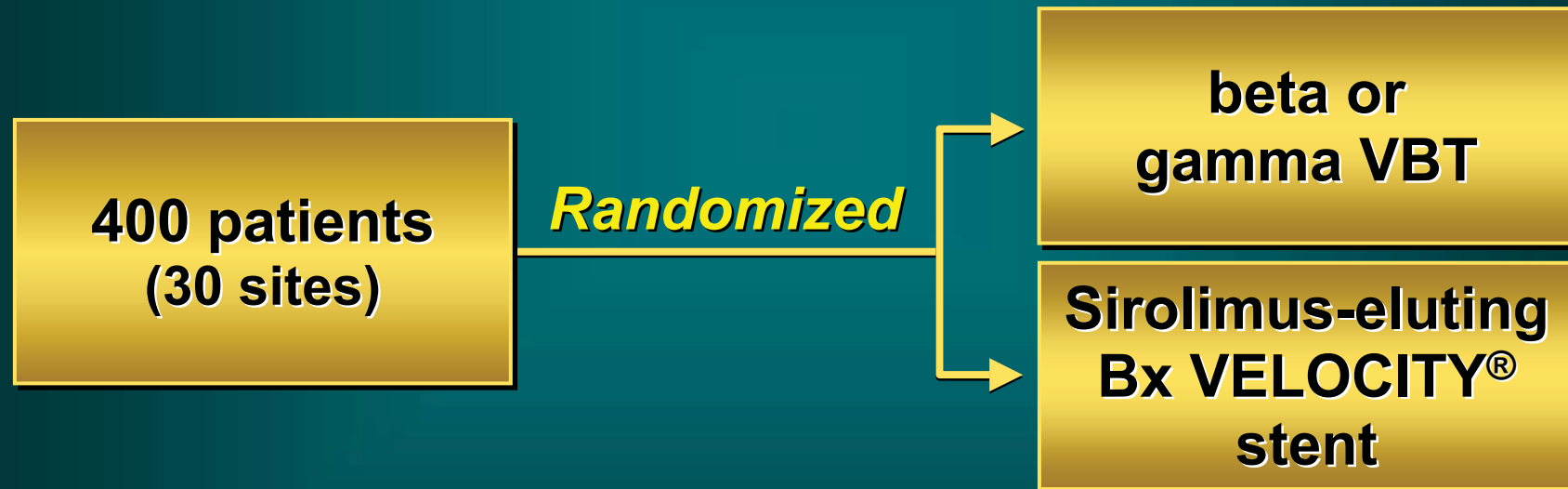
Clinical Outcomes

	Death	MI	TLR	Stent thrombosis
Sao Paulo	0	0	0	0
Rotterdam	12.5%	6.3%	12.5%	12.5%
Leuven	na	na	na	9.5%
Milan	0	20%	20% → 40%	6.7%
TAXUS III	0	7.2%	21.4%	0

SISR

A Multicenter, Randomized Study of the **Sirolimus-Eluting Bx Velocity®** Balloon Expandable Stent vs. Intravascular Brachytherapy in the Treatment of Patients with **In-Stent Restenotic** Coronary Artery Lesions

Inclusion: *Lesion length* \leq 45 mm
RVD \geq 2.75 mm and \leq 3.5 mm

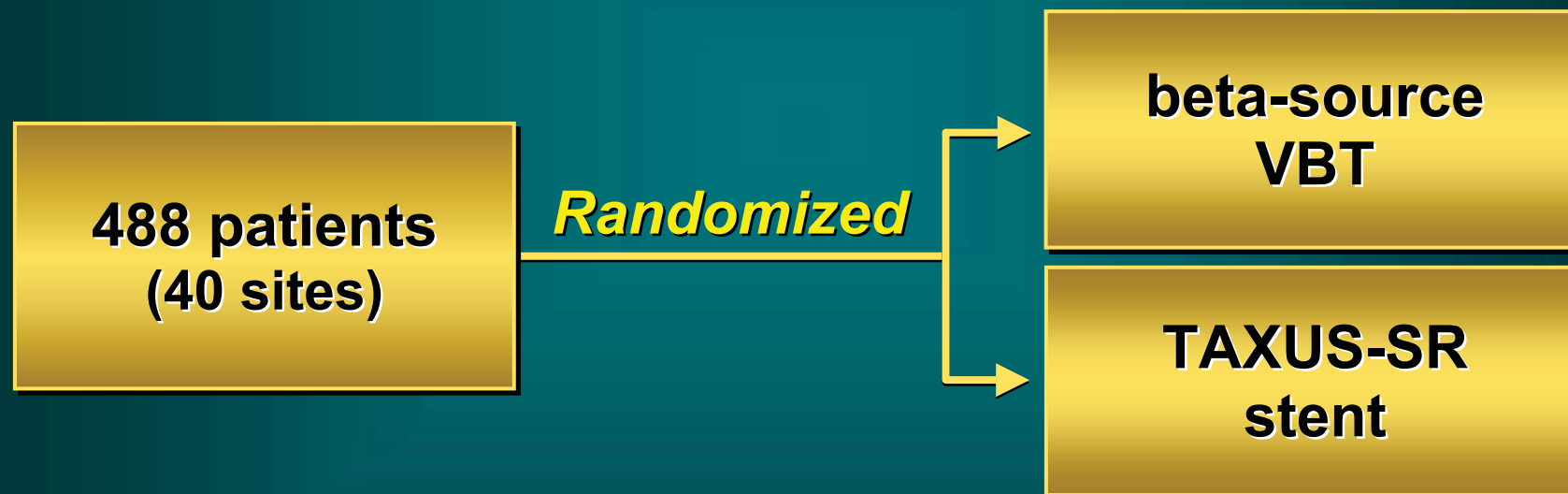


Endpoints *1^{ry}*: TVF @ 9 months
Angiographic: all patients @ 6 mos.
IVUS: 5-7 center substudy @ 6 mos.

TAXUS V – ISR

A Prospective, Randomized Trial Evaluating the Slow-Release Formulation TAXUS™ Paclitaxel-Eluting Coronary Stent in the Treatment of In-Stent Restenosis

Inclusion: *Lesion length* \leq 46 mm
RVD \geq 2.5 mm and \leq 3.75 mm



Endpoints *1^{ry}*: TVR @ 9 months
Angiographic: all patients @ 9 mos.
IVUS: 250 patients @ 9 mos.

Against Global DES Use

Argument #6

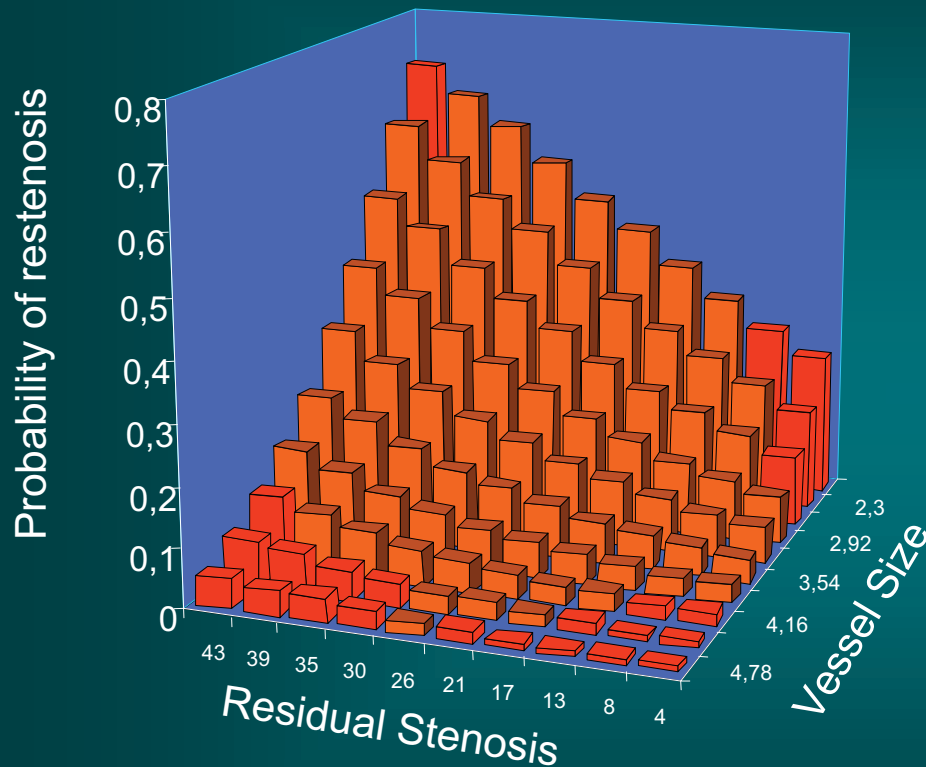
= the compromise solution

- We're going to hear that DES rationing for only the « high restenosis risk » subgroups is the best approach.... presupposing that we can accurately select such patients

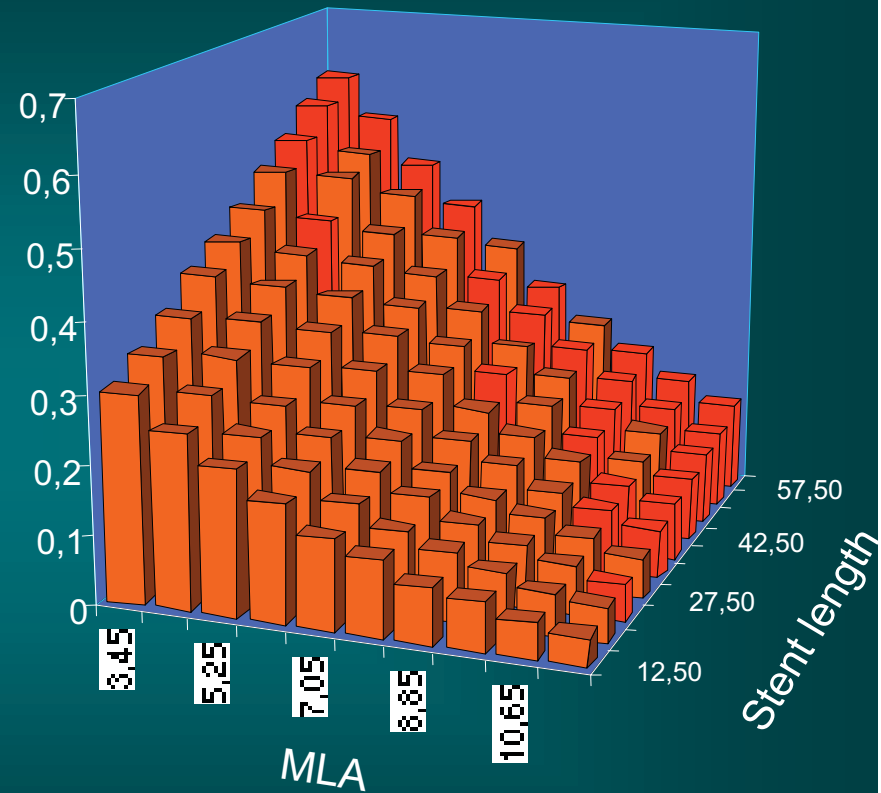


In-Stent Restenosis - is it predictable ?

Angiography (n=775)



IVUS (n=858)



■ indicate the range without actual observations in the data set

de Feyter and Serruys Circulation. 1999; 100
Serruys and de Feyter JACC 1999; 34

Reference chart for restenosis risk IVUS MLA vs stent length

Stent Length, mm	Minimum In-Stent Area, mm ²									
	3.0-3.9	3.9-4.8	4.8-5.7	5.7-6.6	6.6-7.5	7.5-8.4	8.4-9.3	9.3-10.2	10.2-11.1	11.1-12.0
10-15	0.30 (0.22-0.40)	0.25 (0.19-0.32)	0.21 (0.16-0.26)	0.17 (0.13-0.21)	0.13 (0.11-0.17)	0.11 (0.08-0.14)	0.08 (0.06-0.12)	0.07 (0.04-0.10)	0.05 (0.03-0.09)	0.04 (0.02-0.08)
15-20	0.33 (0.25-0.42)	0.28 (0.22-0.34)	0.23 (0.19-0.28)	0.19 (0.16-0.22)	0.15 (0.12-0.18)	0.12 (0.09-0.16)	0.10 (0.07-0.13)	0.08 (0.05-0.12)	0.06 (0.04-0.10)	0.05 (0.02-0.09)
20-25	0.36 (0.28-0.46)	0.31 (0.25-0.37)	0.25 (0.21-0.30)	0.21 (0.18-0.24)	0.17 (0.14-0.20)	0.14 (0.11-0.17)	0.11 (0.09-0.15)	0.09 (0.06-0.13)	0.07 (0.04-0.11)	0.05* (0.03-0.10)
25-30	0.40 (0.31-0.49)	0.34 (0.27-0.41)	0.28 (0.24-0.33)	0.23 (0.20-0.27)	0.19 (0.16-0.23)	0.15 (0.12-0.20)	0.04 (0.02-0.08)			0.06 (0.03-0.11)
30-35	0.43 (0.34-0.53)	0.37 (0.30-0.44)	0.31 (0.26-0.38)	0.26 (0.22-0.31)	0.21 (0.17-0.26)	0.17 (0.13-0.22)	0.04 (0.02-0.08)			0.07* (0.04-0.13)
35-40	0.46 (0.36-0.56)	0.34 (0.27-0.41)		0.29 (0.23-0.35)	0.24 (0.19-0.29)	0.19 (0.14-0.25)	0.18 (0.11-0.22)	0.14* (0.08-0.19)	0.11 (0.06-0.17)	0.08* (0.04-0.15)
40-45	0.50 (0.39-0.61)	0.34 (0.27-0.41)		0.31 (0.25-0.39)	0.26 (0.20-0.34)	0.22* (0.15-0.29)	0.18 (0.12-0.25)	0.14* (0.09-0.22)	0.11 (0.06-0.19)	0.09* (0.05-0.17)
45-50	0.53* (0.41-0.65)	0.34 (0.27-0.41)		0.34 (0.26-0.44)	0.29 (0.21-0.38)	0.24 (0.17-0.33)	0.20 (0.13-0.29)	0.16* (0.09-0.25)	0.13 (0.07-0.22)	0.10* (0.05-0.19)
50-55	0.57* (0.43-0.69)	0.54* (0.38-0.62)	0.47* (0.33-0.55)	0.38 (0.28-0.49)	0.32* (0.22-0.43)	0.27* (0.18-0.38)	0.22* (0.14-0.33)	0.18* (0.10-0.29)	0.14* (0.08-0.26)	0.11* (0.05-0.22)
55-60	0.60* (0.45-0.73)	0.54* (0.40-0.67)	0.47* (0.34-0.60)	0.41* (0.29-0.54)	0.35 (0.24-0.48)	0.29* (0.19-0.42)	0.24 (0.15-0.38)	0.20* (0.11-0.33)	0.16* (0.08-0.29)	0.13* (0.06-0.26)

Predicting Restenosis

PRESTO

Source: David Holmes

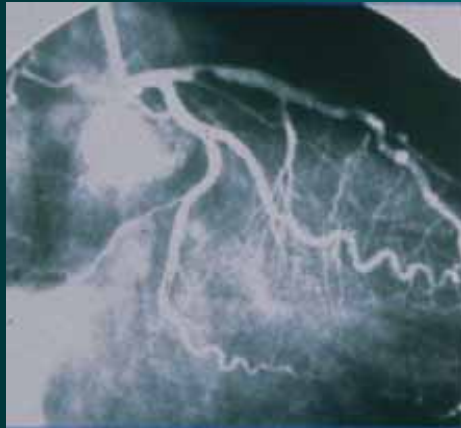
- From 1312 patients, attempts to predict restenosis from baseline variables and boot strapping statistical methodologies
- ROC = 0.63 (slightly better than flipping a coin)...***you cannot reliably predict restenosis!***



Which Would You Rather Have?

The “Bare Metal Stent” Option

	Pre-RX	Post-Rx
LAD	70	0
RCA	20	20
Circ	10	10

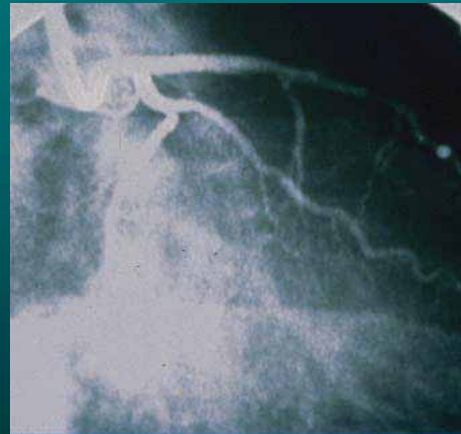
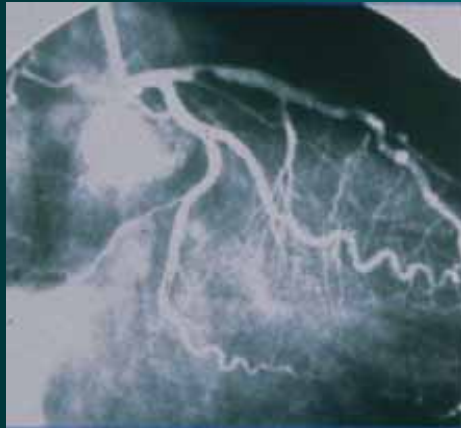


Rx:
✓ 1 bare metal stent
✓ 30-40% chance of restenosis in the next 3-9 months

Which Would You Rather Have?

The “DES Rx” Option

	Pre-RX	Post-Rx
LAD	70	0
RCA	20	20
Circ	10	10



Rx:
✓ **DES (1 stent)**
✓ **ASA, Plavix**
and statins
✓ **NORMAL**
LIFESTYLE

John (Jane) Q. Public

What does he (she) want?

- **Wants to avoid a stroke or a heart attack**
- **Wants to live forever**
- **Doesn't want you to change his (her) lifestyle**
- **Wants to avoid surgery**
- **Wants to avoid angioplasty**
- **Isn't all that wild about having to return for repeat procedures**

New Consent For Angioplasty

1) I _____ authorize Dr. David Holmes and such other physicians as necessary to perform the following procedure – bare metal stenting. I acknowledge the nature, purpose and risks of complications, which include a four-fold higher chance that I will have to return to the hospital in the next 3-9 months for another procedure, the success of which is unpredictable.

Against Global DES Use

Argument #7

= the doom and gloom scenario

- We're going to hear that DES systems are an economic disaster, threatening to bankrupt hospitals (and put us all out of business)
- Let's all be responsible physicians and protect our hospital administrators



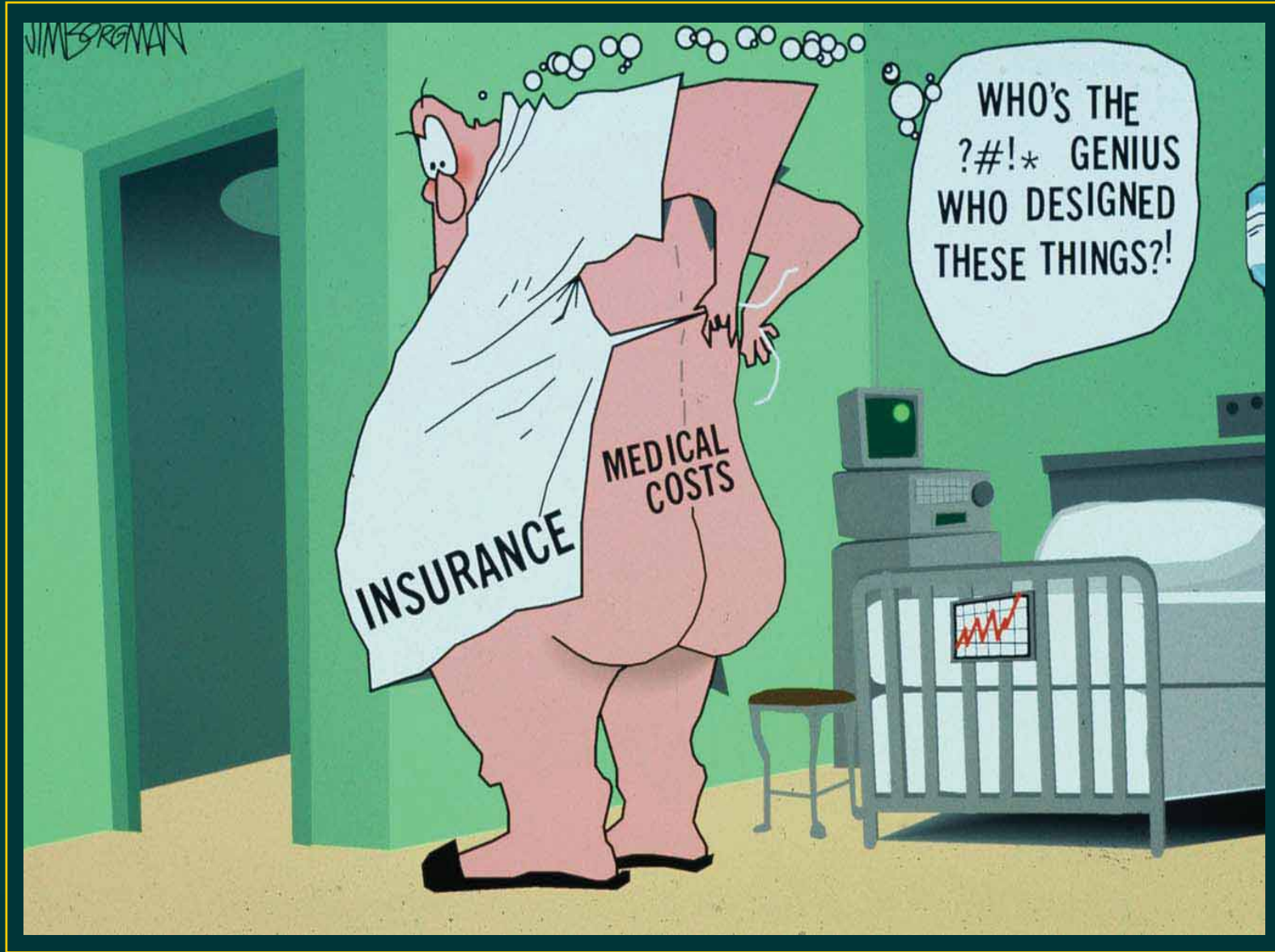
Drug-Eluting Stents

A Practical Dilemma...



***Can anyone
afford a \$3,195
drug-eluting
stent???***

Will DES Bankrupt Hospitals?



Impact on High Volume Centers

Economic Analysis (100% DES use)

Reimbursement

Expenses

CABG to DES	\$(741,984)	CABG to DES	\$(136,814)
PTCA to DES	\$299,573	PTCA to DES	\$335,277
BMS to DES	\$6,107,598	BMS to DES	\$10,480,140
Reduction in Readmission	\$(1,607,638)	Reduction in Readmission	\$(1,393,470)
Total	\$4,057,548	Total	\$9,285,133

Projected Gain/(Loss) \$(5,227,584)

(Assumes similar CMS DRG 527 % increase to all Payors)

Impact on High Volume Centers

Economic Analysis (50% DES use)

Reimbursement

Expenses

CABG to DES	\$(741,984)	CABG to DES	\$(136,814)
PTCA to DES	\$299,573	PTCA to DES	\$335,277
BMS to DES	\$3,053,799	BMS to DES	\$5,240,070
Reduction in Readmission	\$(1,607,638)	Reduction in Readmission	\$(1,393,470)
Total	\$1,003,750	Total	\$4,045,063

Projected Gain/(Loss) \$(3,041,313)

(Assumes similar CMS DRG 527 % increase to all Payors)

DES...the facts

Cost remains an important consideration!

...affects operator strategy and clinical penetration rates

DES - 2003

Easing the Economic Burden

- Preferential use of long stents
- At present, no DES for vessels >3.5 mm diameter
- Judicious procedure staging for complex MVD patients
- Price reductions linked to volume DES use
- Procedure-based pricing (price cap per procedure) for MVD treatment
- Competition with other DES systems

Within 2-3 years, we won't use price as the DES scapegoat!

Drug-Eluting Stents

An Ethical Dilemma...



*Can anyone “afford”
not to use drug-
eluting stents for
the majority of their
patients???*

The Hippocratic Oath

As long as the hospital makes a profit!

For 15-30 mm long lesions only??

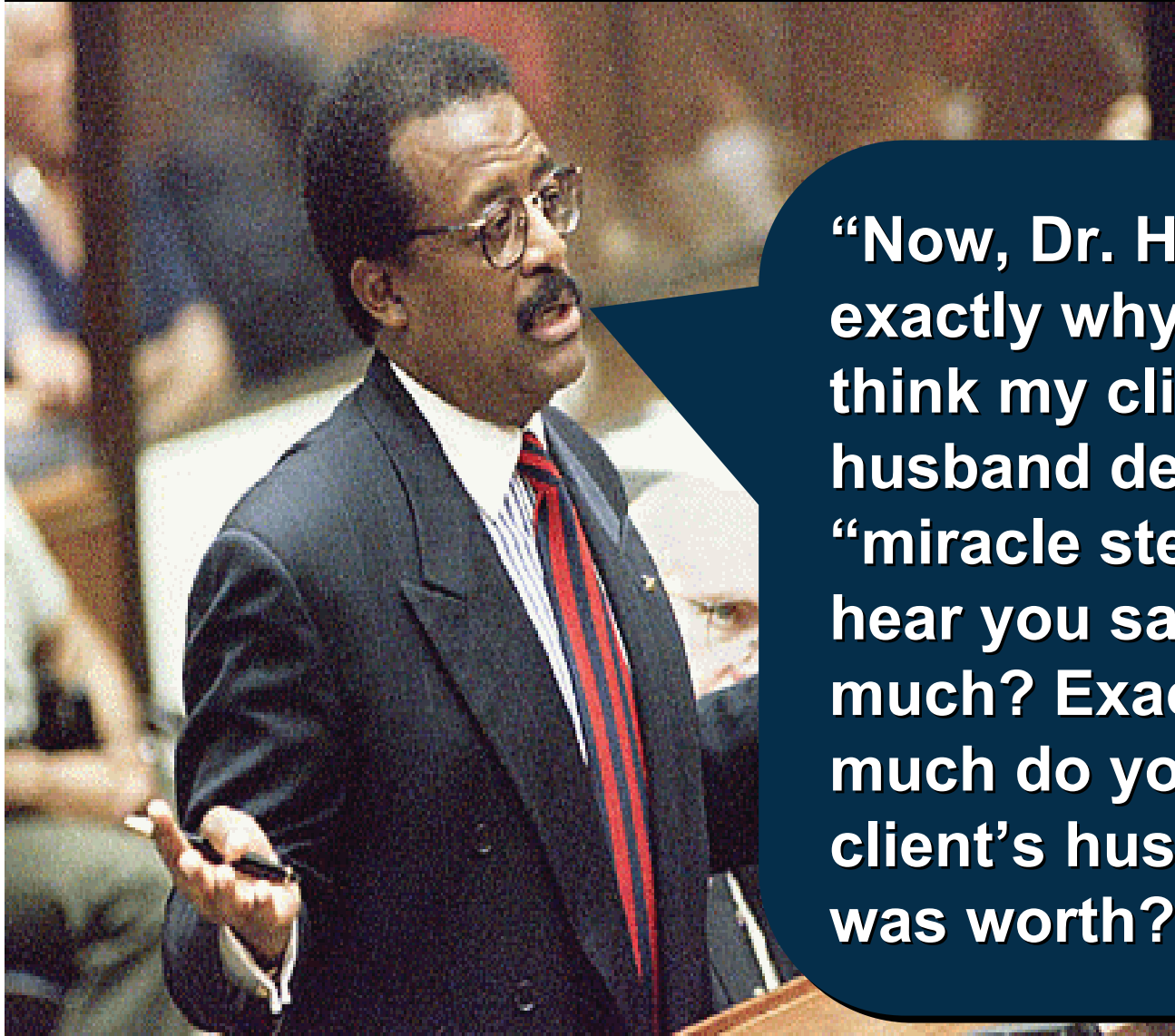
I will apply, for the benefit of the sick, all measures which are required, avoiding those twin traps of overtreatment and therapeutic nihilism.

I will remember that there is art to medicine as well as science, and that **warmth, sympathy, and understanding outweigh the surgeon's knife**

Written in 1964 by Louis Lasagna, Academic Dean of the School of Medicine at Tufts U.



How would you like to face him in court?



“Now, Dr. Holmes, exactly why didn’t you think my client’s husband deserved the “miracle stent”. Did I hear you say it costs too much? Exactly how much do you think my client’s husband’s life was worth?”



Against Global DES Use

Argument #8

= the old “gotcha” gambit

- We're going to see editorials from Circulation and other « out of context » references indicating that I'm inconsistent and falsely representing my true position!



Vol 107, No 24, June 24, 2003
ISSN 0009-7322
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American Heart
Association® 

Fighting Heart Disease and Stroke

Circulation

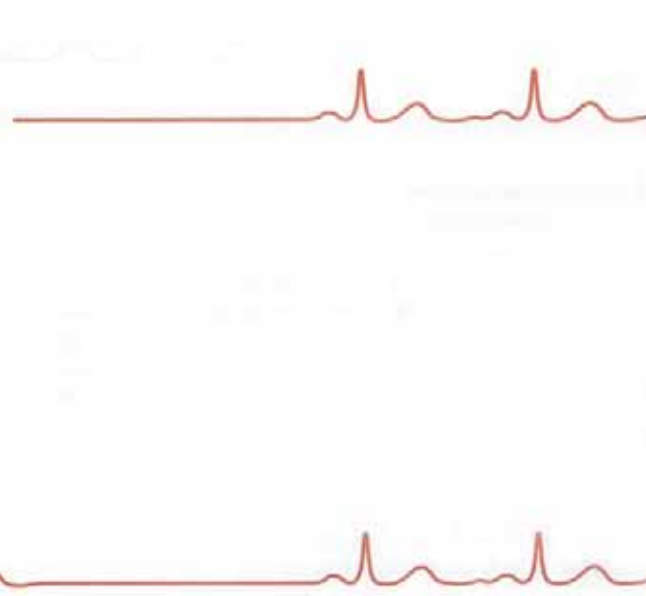
JOURNAL OF THE AMERICAN HEART ASSOCIATION

MINI-REVIEW:
EXPERT OPINIONS

Drug-Eluting Stents

Costs Versus Clinical Benefit

William W. O'Neill, MD; Martin B. Leon, MD



DES – 2003

Class

Condition

- | Class | Condition |
|------------|--|
| I | <ol style="list-style-type: none">1. Lesions 15 to 30 mm in length and 2.5 to 3.5 mm in diameter, with 50% to 99% obstruction preprocedure*2. Diabetes**3. Lesions <15 mm in length and 2.5 to 3.5 mm in diameter** |
| IIa | <ol style="list-style-type: none">1. Ostial RCA, LAD, LCX, or protected left main lesions***2. Parent vessel bifurcation lesion with PTCA of side branch |
| IIb | <ol style="list-style-type: none">1. Recanalized CTO2. Lesions >30 mm in length and 2.5 to 3.5 mm in diameter3. In-stent restenosis—focal pattern |
| III | <ol style="list-style-type: none">1. SVBG disease2. In-stent restenosis—diffuse pattern3. Unprotected left main lesions |

* Level of evidence A, entry criteria for **SIRIUS**, **RAVEL** and **TAXUS II** trials.

** Level of evidence B.

*** In 2003, registry data from the Guidant Corp. Randomized Paclitaxel-Coated Stent trial (**DELIVER II**) and the **SIRIUS** studies will be available.

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American Heart
Association 
Fighting Heart Disease and Stroke

Circulation

JOURNAL OF THE AMERICAN HEART ASSOCIATION

“In summary, DES promise to revolutionize the field of interventional cardiology. It is incumbent on industry to sponsor clinical trials that address the gaps in safety and efficacy. It is incumbent on investigators to conduct rigorous, properly designed, and adequately powered studies to address gaps in knowledge. And, most important, it is incumbent on clinicians to carefully weigh the evidence to judiciously apply this new technology in the best interests of our patients.”

Wait for Drug-Coated Stent Is Over

Right After FDA Approval, Johnson & Johnson Devices Put in First Heart Patient

By **RON WINSLOW**

For Kenneth Ballenger and thousands of other heart patients around the U.S., the wait is over.

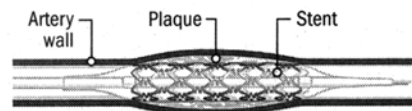
Late yesterday, just hours after the Food and Drug Administration approved Johnson & Johnson's new device called a drug-eluting stent, the 65-year-old retired truck driver from Brooklyn in New York got not just one but four of them during an artery-clearing angioplasty procedure at New York's Lenox Hill Hospital.

"This is going to make a big difference in how we treat patients with coronary disease," says Martin Leon, the cardiologist who oversaw the procedure—the first in the U.S. after the FDA decision—and a co-leader of the major clinical trial that led to the stent's approval.

The drug-coated stent is considered a major advance over old models because it substantially reduces the need for repeat procedures. Conventional stents have a tendency to relog within a few months, a process called in-stent restenosis that requires a second procedure in 15% to 30% of cases. The new device has been shown in clinical trials to reduce restenosis by more than two-thirds and to reduce the need for repeat procedures to less than 5%.

But along with the hype comes cau-

tion, especially concerning price. Johnson & Johnson will charge \$3,195 per stent, with discounts based on volume and other factors. The price is at least \$2,000 more than current, widely used models of the device. Though insurers are already signaling that they will cover at least a portion of the cost, "You have to be responsible and come up with some



The FDA granted approval to Johnson & Johnson's new drug-coated stent.

Photo: Johnson & Johnson

plans and protocols to use these stents," says Samin Sharma, director of interventional cardiology at Mount Sinai Medical Center in New York. "If you start using them indiscriminately, the hospital will lose money."

The device is a tiny metal sheath that is delivered to obstructed coronary arteries via a catheter to prop them open after they have been cleared by an angioplasty balloon. The key ingredient is a drug called Sirolimus, which is marketed by Wyeth to prevent organ rejection in kidney transplants, and which is embedded in a polymer that coats the metal stent. Over the first 30 to 45 days after the stent is implanted in the coronary arteries, the drug seeps into the artery wall surrounding the device and prevents the accumulation of scar tissue that can form and

reblock the artery. (Wyeth has licensed the drug to J&J and its Cordis unit, for the stent application.)

In recent weeks, heart programs around the U.S. have been keeping lists of patients who were waiting for the new stent to be approved rather than go with a conventional device. Robert Croce, company group chairman at J&J with responsibility for the Cordis unit, estimated that nationwide, more than 35,000 patients are lined up to get the device.

Mr. Croce says the pent-up demand was enough to accelerate the company's distribution plan.

Mr. Ballenger of Brooklyn, who had a heart attack a decade ago, has been waiting for the new stent since he developed worsening chest pain two weeks ago.

Greg Geneviva, a 53-year-old retired policeman from upstate New York whose condition had been more stable, has waited more than six months. While he could have been treated with a conventional stent, he has a long history of heart disease that indicated he would be at high risk of having restenosis and needing another procedure. His wife, Mary Rita, says she called the FDA and J&J every week for the past two months.

"We're very positive and happy the FDA came through," Mr. Geneviva says.

Meanwhile, Aetna Inc. is among the insurers to say they will cover the technology in the belief it will reduce long-term complications for patients, a spokeswoman says.

—Scott Hensley
contributed to this article.

Restenosis has been the Achilles's heel of angioplasty for the last 25 years

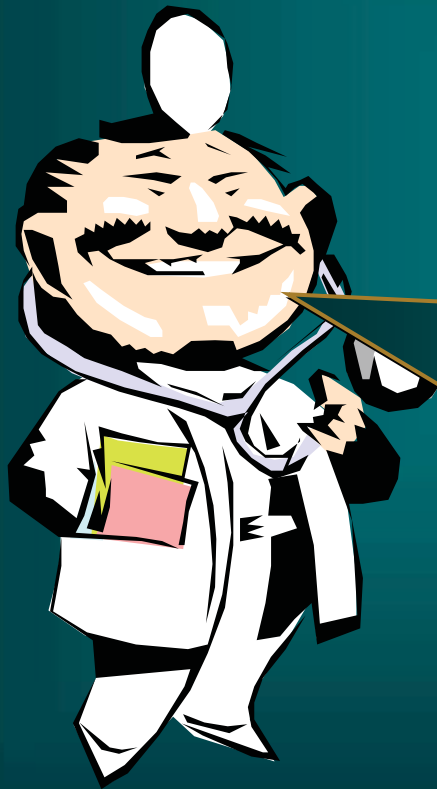


***No more Achille's heel...
Restenosis is finally being put to rest***

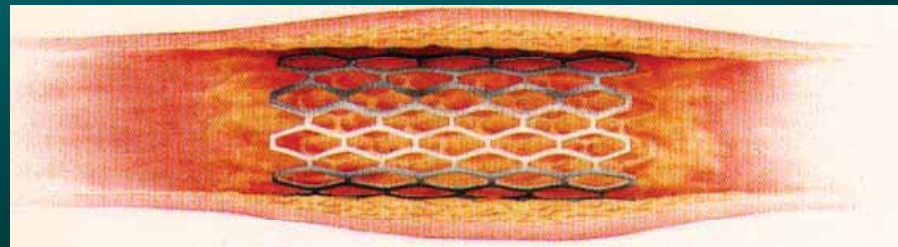


Intervention 2003

DES Euphoria...



***DES are the greatest
advance in
interventional
cardiology since the
advent of the
balloon!***



DES – What to Expect

- **DES will become the « core technology » for interventional vascular therapy**
- **All previous « high risk » restenosis scenarios will be aggressively challenged (e.g. diabetics with MVD)**
- **The emphasis will shift to advanced operator-driven intervention (interventional technique will « reign supreme »)**
- **There will be frequent rumors of increased complications and poor outcomes with DES systems**

DES – What to Expect

- **There is a great need to generate more definitive clinical data in complex subsets to justify widespread DES applications**
- **There will be « speedbumps » along the road and patient/lesion cohorts which require special attention and improved iterative technology**
- **DES proliferation will significantly impact both medical and surgical treatment of CAD over the next decade**

DES – What to Expect

- **The impact will be slow and progressive, as physicians become better educated, as operators become better trained, and as more data becomes available**
- **The integration of DES in PCI therapy will follow a staged or tiered pathway**
- **Economic factors will continue to play a major role in strategic case-based decision-making**
- **Future advances in biotechnology will refine and supplant current DES systems in a telescoped timeframe**

PCI DES Euphoria

Tier 1... "low hanging fruit"

- Erasing the restenosis stygma associated with angioplasty...public awareness campaign
- Erasing the LIMA-LAD "will always be better" myth
- Following labeled indications (with some latitude)... single or double vessel disease, 2.5-4.0 mm vessel diameter, 0-30 mm lesion length

PCI DES Euphoria

Tier 2...high restenosis risk pts

- Improved operator training to “generalize” advanced technique requirements
- Extend routine treatment to “simple” diabetics, ostial disease, bifurcations, CTOs, acute MIs, diffuse disease (>30mm lesion length), and more complex double and triple vessel disease
- Need more clinical trial data in complex lesion subsets (it’s on the way!)

PCI DES Euphoria

Tier 3...the ultra-complex

- **Advanced interventional training to treat the most challenging anatomic scenarios**
- **Attacking the “unthinkable”... left main disease (unprotected) and diabetics with complex multivessel disease**
- **Hybrid procedures (combined CABG + PCI) when appropriate**
- **Still some problem subsets...chronic total occlusions (uncrossable), “too diffuse” disease, technically unapproachable**

The good old days are gone forever!



Drug-eluting stents are here to stay!!!



The Corvallis Research Foundation

Lincoln Hill Heart and Lung Research Institute of New York



Drug-Eluting Stents: Prediction

A Multi-Lesion Single Device Approach...

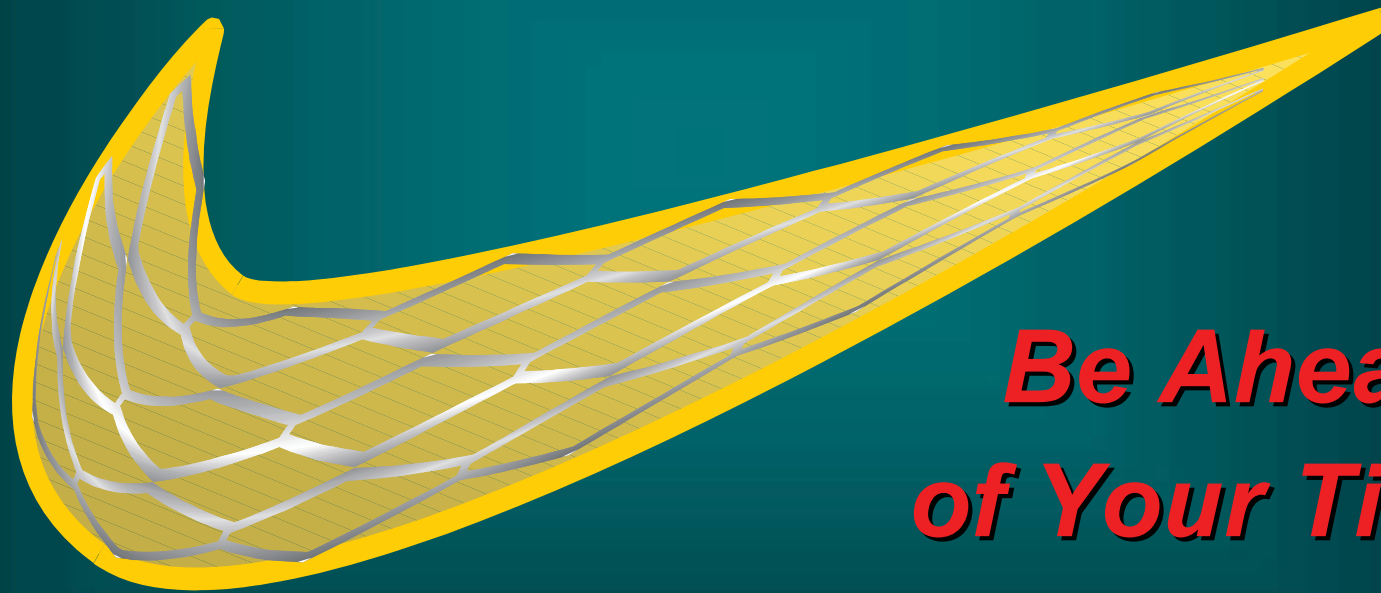
- Ostial lesions
- Bifurcations
- In-stent restenosis
- SVGs
- Small vessels
- Diffuse disease
- Left main disease
- Total occlusions

A Drug-Eluting Stent



Intervention 2003

**The Rising Tide of Drug-eluting
Stent Therapy is Fully Justified!**



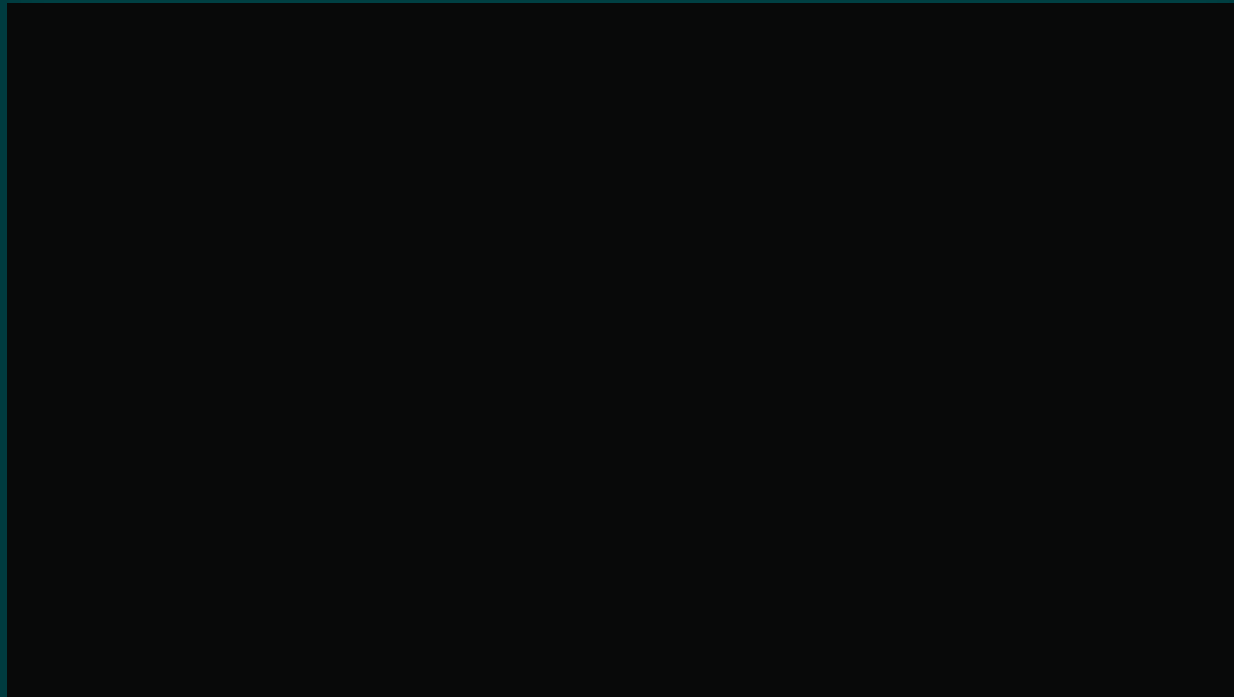
***Be Ahead
of Your Time!***

Just DES It!

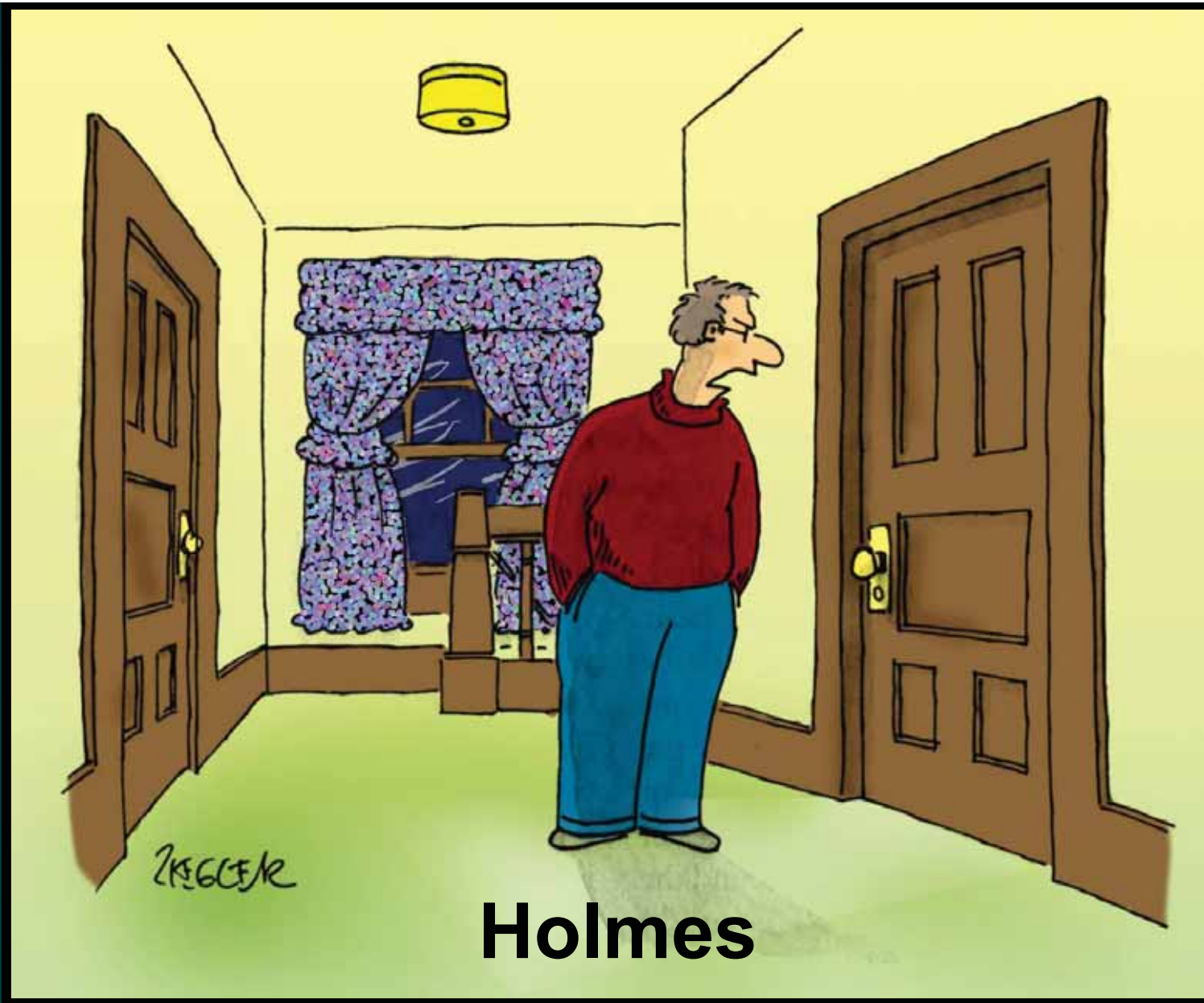
David – Have I Changed Your Mind?



The bottom line is...



DES just happen to work!!!



Holmes

“My concession speech will be brief. You win.”