

Intraaortic Balloon Counterpulsation- Supportive Data for a Role in Cardiogenic Shock

Stephen G. Ellis, MD
Section Head, Interventional Cardiology
Professor of Medicine
Cleveland Clinic

Cardiogenic Shock After Acute MI

Typical characteristics

- Age > 65
- Anterior MI
- Systolic BP <100 mmHg
- Heart Rate >100 bpm
- Accounts for 90% of risk (GUSTO 1)

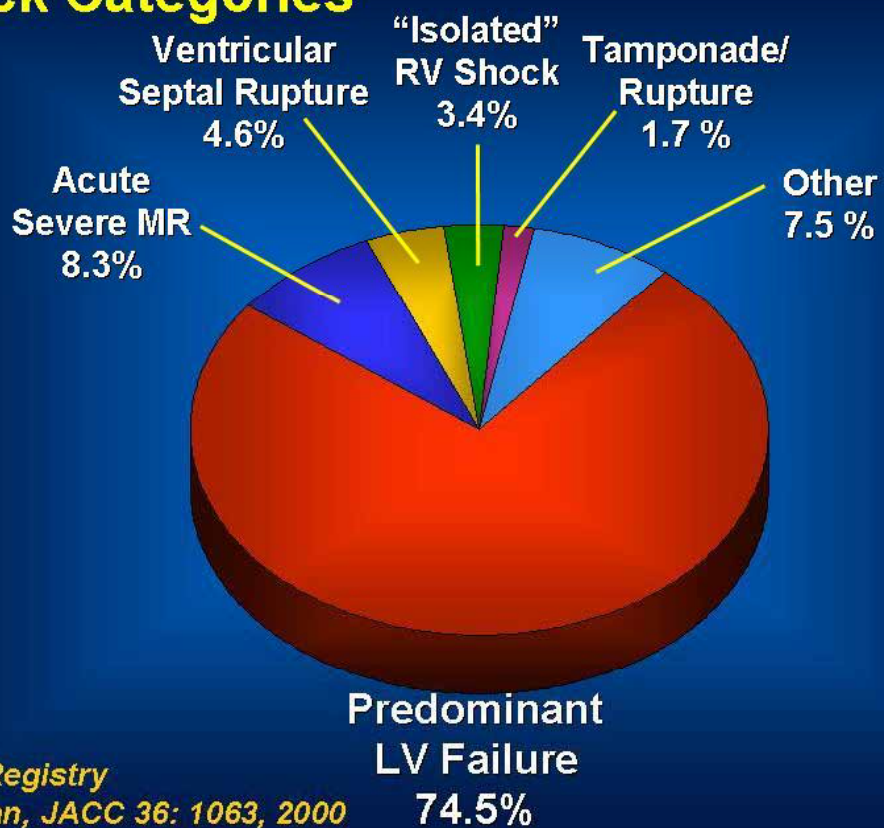
Additional Facts

- 75% of patients develop CS within 24 hours, but present on admission in only 15%
- Average EF is only moderately reduced (~ 30%)
- SVR is not severely elevated in many patients (1350-1400 dynes-sec-cm⁻⁵)
- Cardiac power (CI x MAP) is the most powerful hemodynamic predictor of mortality

Cardiogenic Shock Etiology

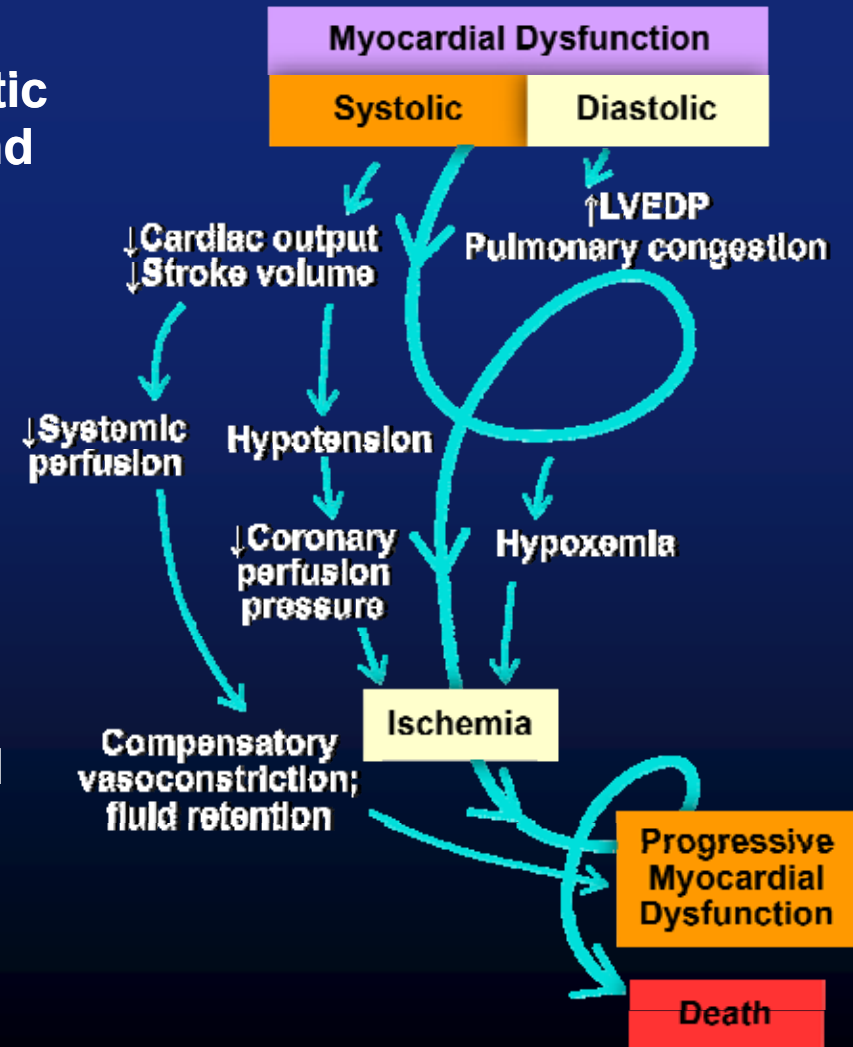
Shock Trial and Registry

Shock Categories

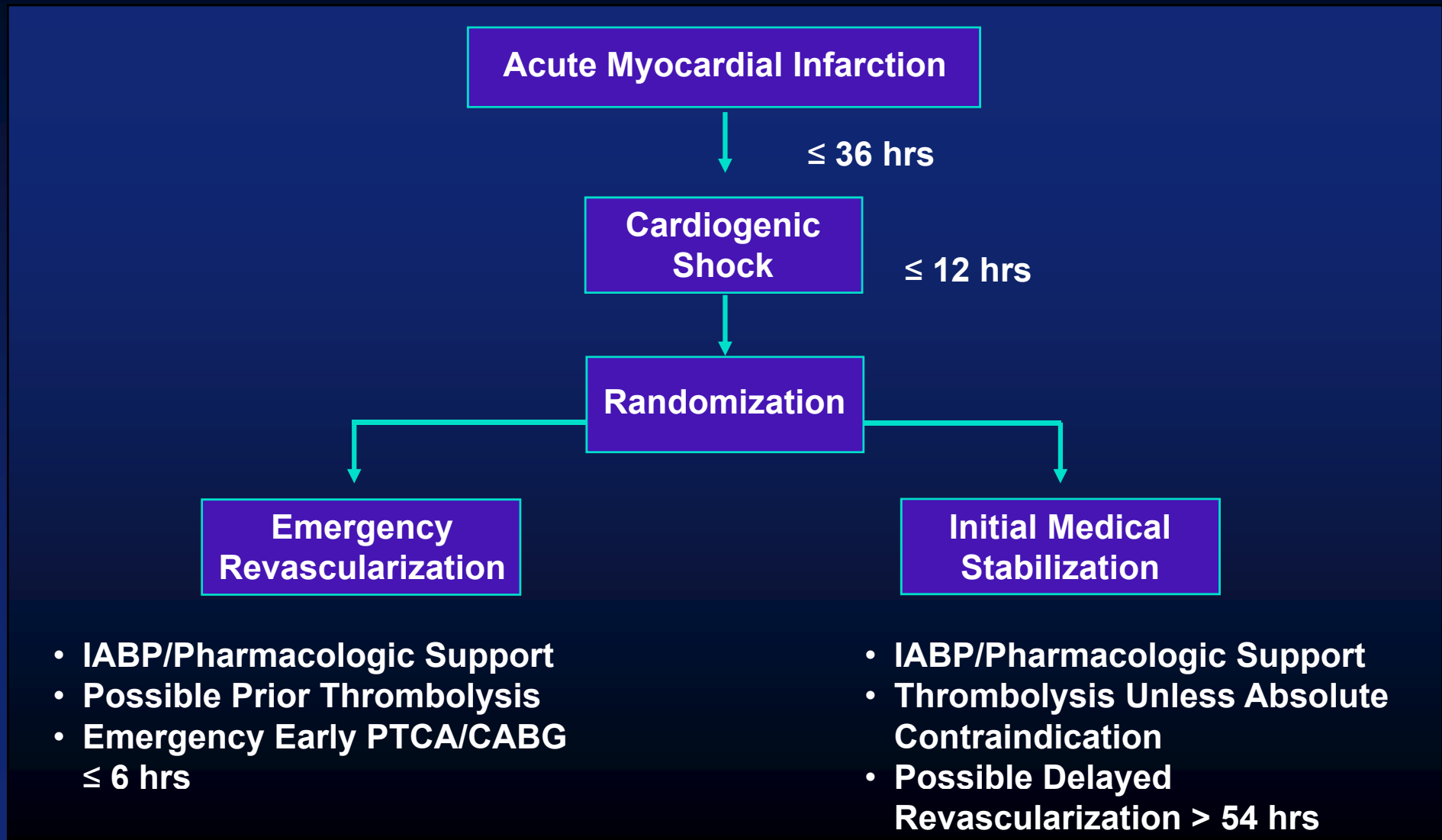


Pathophysiology of Cardiogenic Shock

- When a critical mass of LV is necrotic and fails to pump, stroke volume and CO fall
- Myocardial and coronary perfusion are compromised causing tachycardia and hypotension
- Increased LVEDP further decreases coronary perfusion
- Increase LV wall stress increases myocardial oxygen demand
- Lactic acidosis worsens myocardial performance



Shock Trial

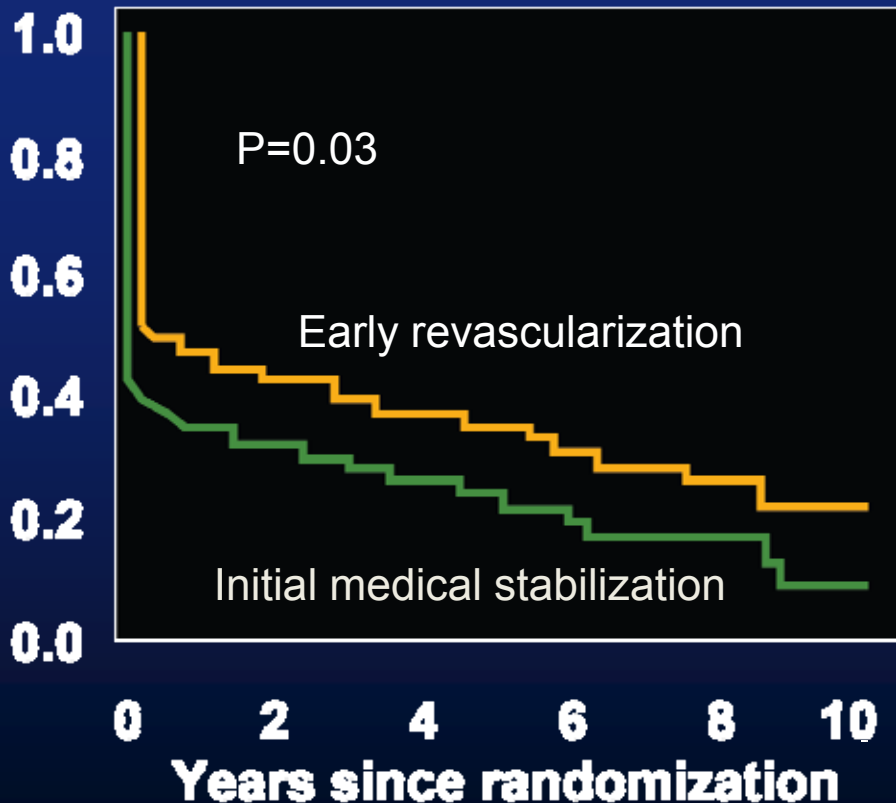


Shock Trial Treatment Received

	Revascularization Treatment n=152	Medical therapy n=150
CPR, VT, or VF before randomization (%)	32.7	23.9
Thrombolytic therapy (%)	49.3	63.3
Inotropes or vasopressors (%)	99.3	98.6
Intraaortic balloon counterpulsation (%)	86.2	86.0
Pulmonary-artery catheterization (%)	93.4	96.0
Left ventricular-assist device (%)	3.6	0.9
Heart transplantation (%)	2.0	0.7
Coronary angiography (%)	96.7	66.7
Angioplasty (%)	54.6	14.0
Stent placed	35.7	52.3
Platelet glycoprotein IIb/IIIa receptor antagonist	41.7	25.0
Coronary-artery bypass grafting (%)	37.5	11.3
Angioplasty or coronary-artery bypass grafting (%)	86.8	25.3
Median time from randomization to 1.4 revascularization (hr)	102.8 (0.6-2.8)	102.8 (79.0-162.0)

Shock Trial Long Term Outcomes

Proportion alive



No. at risk

ERV	152	56	42	33	18	3
IMS	150	38	29	18	9	2

- Early revascularization, compared to initial medical stabilization, resulted in 13.2% absolute improvement in 6-year survival
- 8 patients needed to be treated to save 1 life

Physiological Effects of IABP

Cardiac Index (L/min/M²)	↑ 40%
Arterial Lactate (mmol/L)	↓ 42%
Coronary Blood Flow (M²/100g/min)	↑ 34%

Cardiac Output	↑ 500 ml/min
Heart Rate	↓ 7 bts/min
Systolic BP	↓ 20 mmHg
Diastolic BP	↑ 30 mmHg

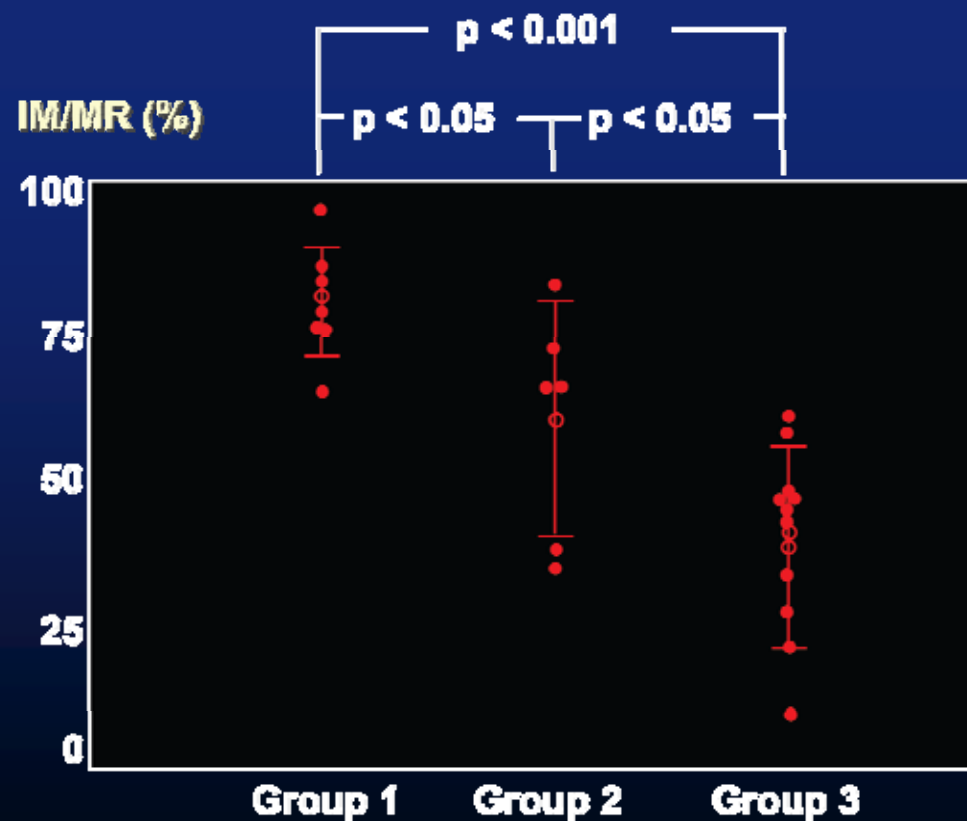
Reperfusion and IABP in AMI

Canine LAD occlusion model

Grp 1= 6 hr occlusion

Grp 2= 2 hr occlusion, then
reperfusion

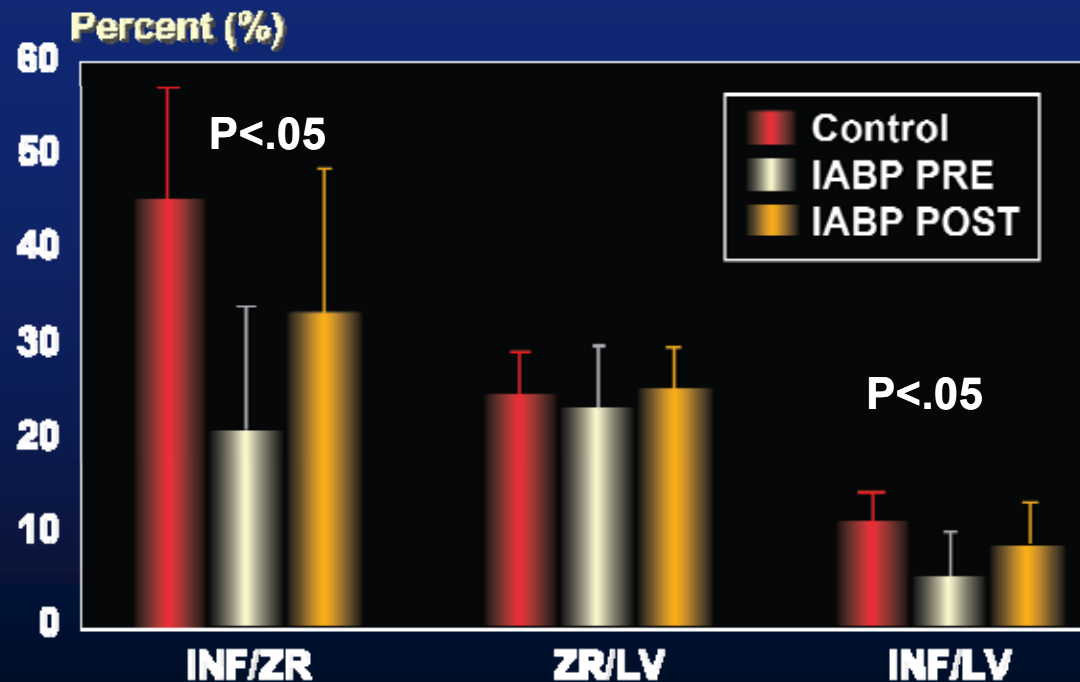
Grp 3= 2 hr occlusion, then IABP
+ reperfusion



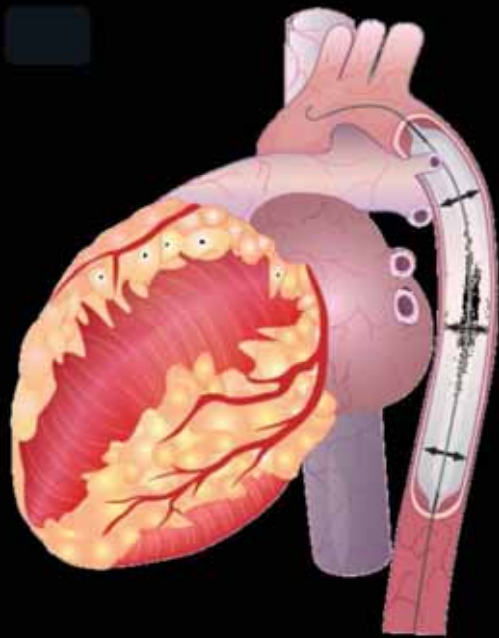
IABP Reduces Infarct Size if Applied Early

Yorkshire pig LAD 1 hr occl

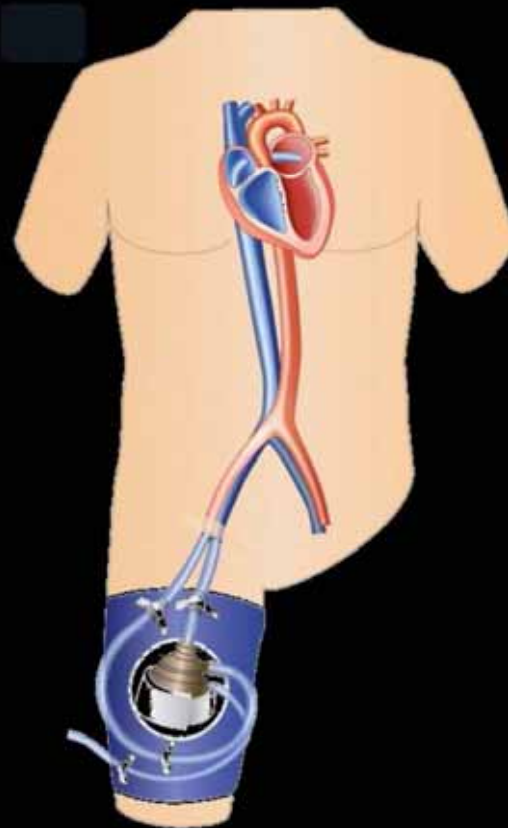
IABP just before or 15 min
After reperfusion



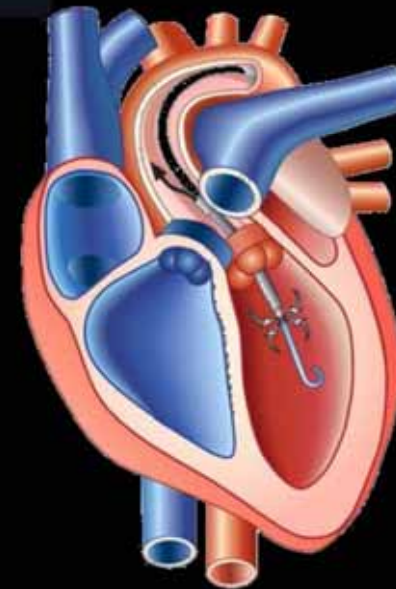
Most Commonly Used Mechanical Devices in the CathLab



IABP



TandemHeart



Impella

Comparison of Support Devices

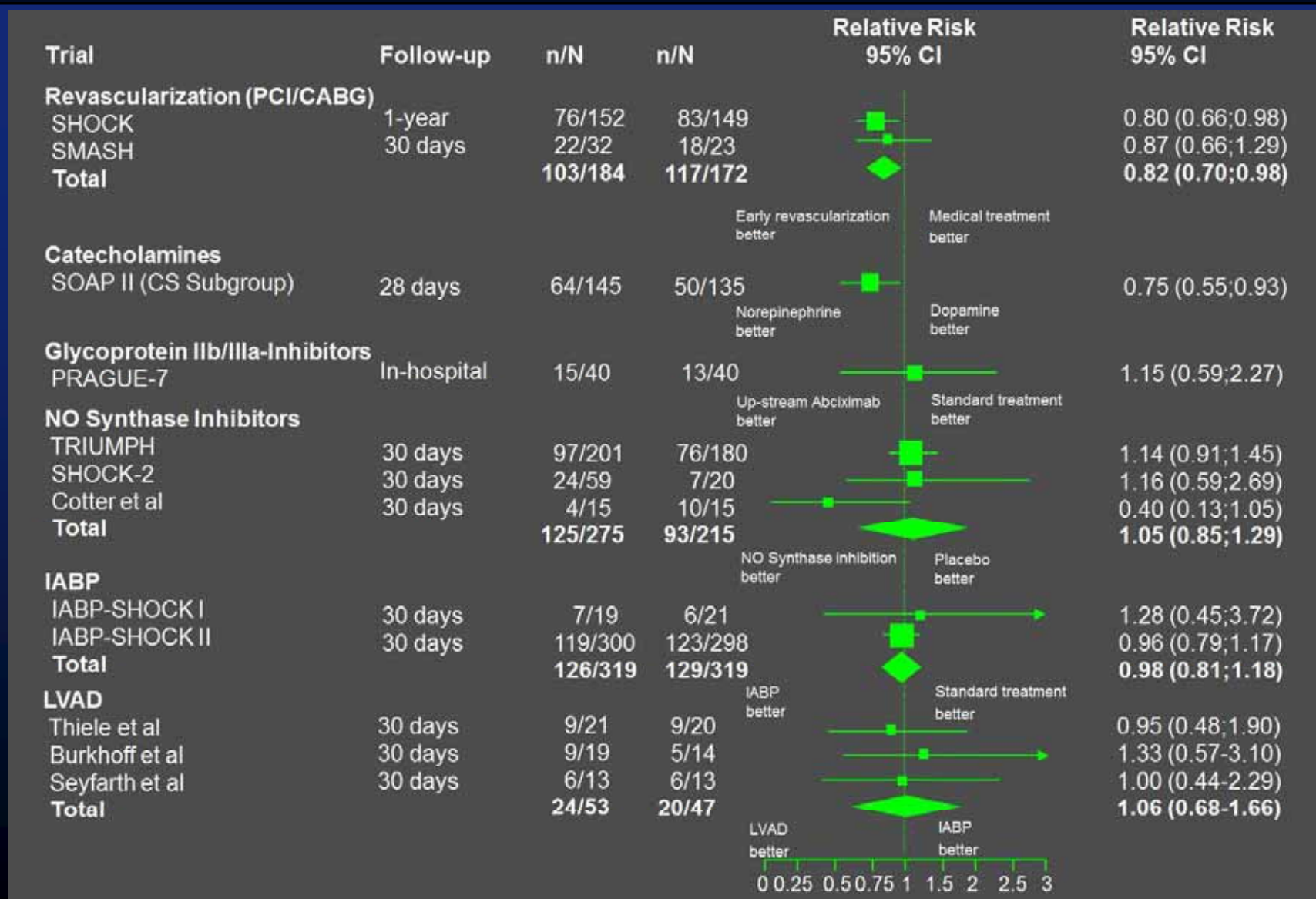
	IABP	TandemHeart	Impella
Catheter Size	7.5-9.0	21/17/15	9
Cannula Size	8.5-10	21/17/15 *	12*
# Insertion Sites	1	2	1
Anticoagulation	+	++/+++	+
Transeptal	No	Yes	No
Limb ischemia	+	+++	++
Priming volume	No	Yes	No
Unloads Directly LV	No	No	Yes
Requires stable rhythm	Yes	No	No
Improve hemodynamics	+	+++	++/+++

* May require antegrade stick, male->male connection for limb perfusion

IABP: Benefit Summary

- **Reduces infarct size**
- **Improves hemodynamics**
- **Relatively small diameter vascular access site**

Randomized Studies in Cardiogenic Shock



ONLINE FIRST

Intra-aortic Balloon Counterpulsation and Infarct Size in Patients With Acute Anterior Myocardial Infarction Without Shock

The CRISP AMI Randomized Trial

Manesh R. Patel, MD

Richard W. Smalling, MD, PhD

Holger Thiele, MD

Huiman X. Barnhart, PhD

Yi Zhou, PhD

Praveen Chandra, MD

Derek Chew, MD

Marc Cohen, MD

John French, MBChB, PhD

Divaka Perera, MD

E. Magnus Ohman, MD

P RIMARY PERCUTANEOUS REPERFUSION for patients with acute ST-segment elevation myocardial infarction (STEMI) has been shown to reduce mortality and is considered the standard of care when available.^{1,2} The benchmarked standards for time to reperfusion have shortened over time; despite significant reductions in door-to-balloon times over the past few years in the United States, the STEMI mortality rate has not significantly improved.^{3,4}

Patients with acute STEMI, representing 30% to 45% of approximately 1.5 million hospitalizations for acute coronary syndromes annually in the United States,⁵ are still at substantial acute mortality risk with 1-year mortality estimated to be between 6% and 15%.^{2,5} This may be related to microvascular obstruction resulting in no reflow at the time of mechanical reperfusion and infarct expansion over time.^{6,7} Additionally, this increase in infarct size is associated with adverse remodeling and decreased left ventricular (LV) function leading to heart failure and long-term morbidity following STEMI.^{8,9}

For editorial comment see p 1376.

Context Intra-aortic balloon counterpulsation (IABC) is an adjunct to revascularization in patients with cardiogenic shock and reduces infarct size when placed prior to reperfusion in animal models.

Objective To determine if routine IABC placement prior to reperfusion in patients with anterior ST-segment elevation myocardial infarction (STEMI) without shock reduces myocardial infarct size.

Design, Setting, and Patients An open, multicenter, randomized controlled trial, the Counterpulsation to Reduce Infarct Size Pre-PCI Acute Myocardial Infarction (CRISP AMI) included 337 patients with acute anterior STEMI but without cardiogenic shock at 30 sites in 9 countries from June 2009 through February 2011.

Intervention Initiation of IABC before primary percutaneous coronary intervention (PCI) and continuation for at least 12 hours (IABC plus PCI) vs primary PCI alone.

Main Outcome Measures Infarct size expressed as a percentage of left ventricular (LV) mass and measured by cardiac magnetic resonance imaging performed 3 to 5 days after PCI. Secondary end points included all-cause death at 6 months and vascular complications and major bleeding at 30 days. Multiple imputations were performed for missing infarct size data.

Results The median time from first contact to first coronary device was 77 minutes (interquartile range, 53 to 114 minutes) for the IABC plus PCI group vs 68 minutes (interquartile range, 40 to 100 minutes) for the PCI alone group ($P=.04$). The mean infarct size was not significantly different between the patients in the IABC plus PCI group and in the PCI alone group (42.1% [95% CI, 38.7% to 45.6%] vs 37.5% [95% CI, 34.3% to 40.8%], respectively; difference of 4.6% [95% CI, -0.2% to 9.4%], $P=.06$; imputed difference of 4.5% [95% CI, -0.3% to 9.3%], $P=.07$) and in patients with proximal left anterior descending Thrombolysis in Myocardial Infarction flow scores of 0 or 1 (46.7% [95% CI, 42.8% to 50.6%] vs 42.3% [95% CI, 38.6% to 45.9%], respectively; difference of 4.4% [95% CI, -1.0% to 9.7%], $P=.11$; imputed difference of 4.8% [95% CI, -0.6% to 10.1%], $P=.08$). At 30 days, there were no significant differences between the IABC plus PCI group and the PCI alone group for major vascular complications ($n=7$ [4.3%; 95% CI, 1.8% to 8.8%] vs $n=2$ [1.1%; 95% CI, 0.1% to 4.0%], respectively; $P=.09$) and major bleeding or transfusions ($n=5$ [3.1%; 95% CI, 1.0% to 7.1%] vs $n=3$ [1.7%; 95% CI, 0.4% to 4.9%]; $P=.49$). By 6 months, 3 patients (1.9%; 95% CI, 0.6% to 5.7%) in the IABC plus PCI group and 9 patients (5.2%; 95% CI, 2.7% to 9.7%) in the PCI alone group had died ($P=.12$).

Conclusion Among patients with acute anterior STEMI without shock, IABC plus primary PCI compared with PCI alone did not result in reduced infarct size.

Trial Registration clinicaltrials.gov Identifier: NCT00833612

JAMA. 2011;306(12):1329-1337

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www.jama.com

Author Affiliations are listed at the end of this article.
Corresponding Author: Manesh R. Patel, MD, Duke Clinical Research Institute, Duke University Medical Center, PO Box 17969, Durham, NC 27715 (manesh.patel@duke.edu).

No difference in
Infarct size

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113 min sx -> 1st contact

196 min sx -> 1st device

Randomized Studies in Cardiogenic Shock

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Intraaortic Balloon Support for Myocardial Infarction with Cardiogenic Shock

Holger Thiele, M.D., Uwe Zeymer, M.D., Franz-Josef Neumann, M.D., Miroslaw Ferenc, M.D., Hans-Georg Olbrich, M.D., Jörg Hausleiter, M.D., Gert Richardt, M.D., Marcus Hennersdorf, M.D., Klaus Empen, M.D., Georg Fuernau, M.D., Steffen Desch, M.D., Ingo Eitel, M.D., Rainer Hambrecht, M.D., Jörg Fuhrmann, M.D., Michael Böhm, M.D., Henning Ebel, M.D., Steffen Schneider, Ph.D., Gerhard Schuler, M.D., and Karl Werdan, M.D., for the IABP-SHOCK II Trial Investigators*

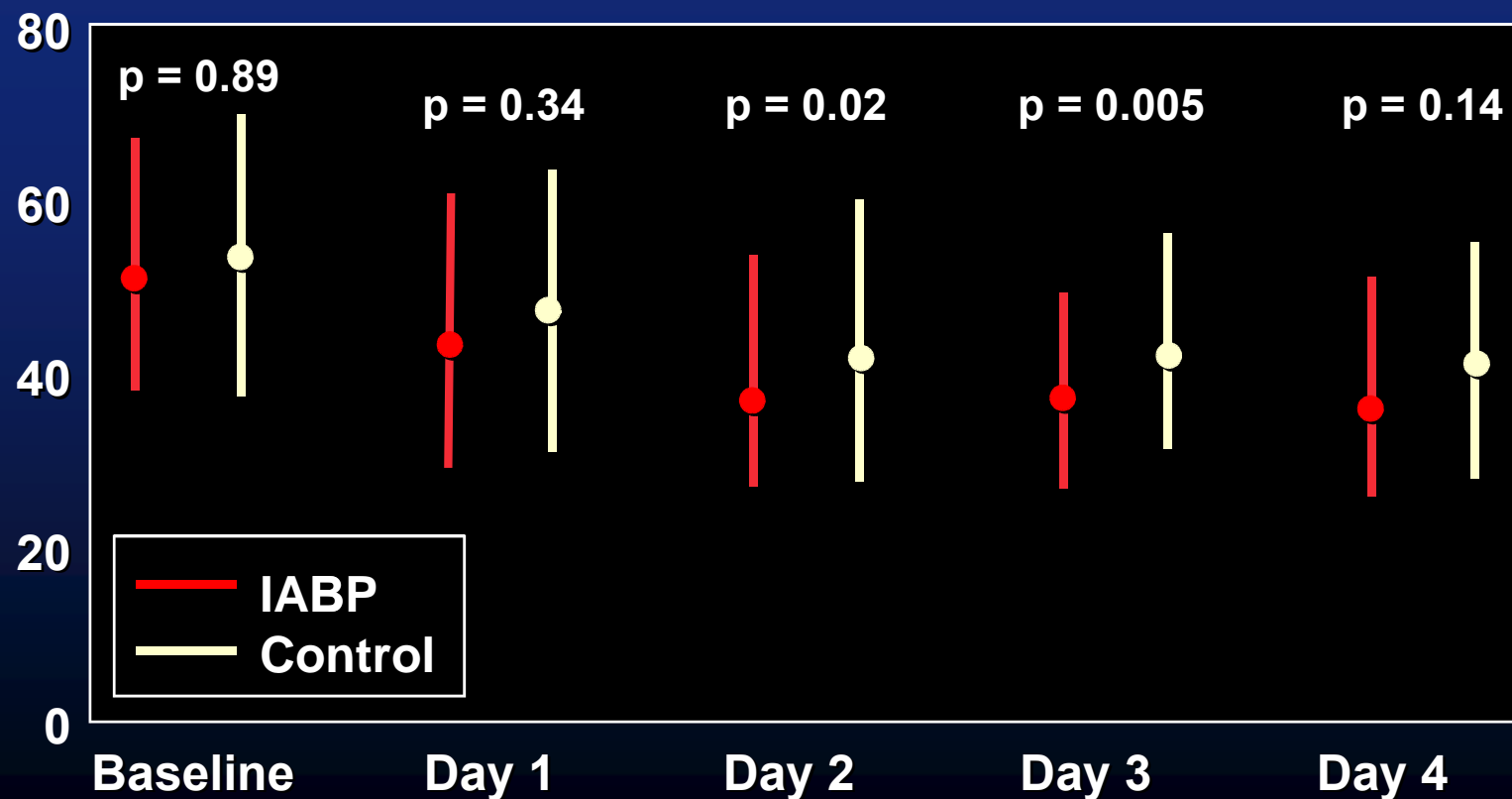
Patient Characteristics

	IABP (n=301)	Control (n=299)
Age (years); median (IQR)	70 (58-78)	69 (58-76)
Male sex; n (%)	202 (67.1)	211 (70.6)
Current Smoking; n/total (%)	96/295 (32.5)	108/299 (36.1)
Hypertension; n/total (%)	213/296 (72.0)	199/299 (66.6)
Hypercholesterolemia; n/total (%)	122/295 (41.4)	105/299 (35.1)
Diabetes mellitus; n/total (%)	105/297 (35.4)	90/299 (30.1)
Prior myocardial infarction; n/total n (%)	71/300 (23.7)	61/299 (20.4)
Fibrinolysis < 24 h before randomization; n/total (%)	28/301 (9.3)	20/299 (6.7)
STEMI/LBBB; n/total (%)	200/300 (66.7)	212/298 (71.1)
NSTEMI; n/total (%)	96/300 (32.0)	81/298 (27.2)
Resuscitation before randomization; n/total (%)	127/301 (42.2%)	143/299 (47.8)
Signs of impaired organ perfusion; n/total (%)		
Altered mental status	215/300 (71.7)	232/299 (77.6)
Cold, clammy skin and extremities	257/300 (85.7)	245/299 (81.9)
Oliguria	90/300 (30.0)	99/299 (33.1)
Serum lactate >2.0 mmol/l	226/300 (75.3)	218/298 (73.2)
Creatinine clearance (ml/min); median (IQR)	60.7 (43.4-86.6)	56.8 (39.7-78.1)
Infarct related artery; n/total (%)		
LAD	132/293 (45.1)	121/293 (41.3)
LCX	55/293 (18.8)	57/293 (19.5)
RCA	73/293 (24.9)	79/293 (27.0)
Left main	26/293 (8.9)	28/293 (9.6)
Bypass graft	7/293 (2.4)	8/293 (2.7)
Multivessel disease; n/total (%)	235/296 (79.4)	228/293 (77.9)
Left ventricular ejection fraction (%); median (IQR)	35 (25-45)	35 (25-45)

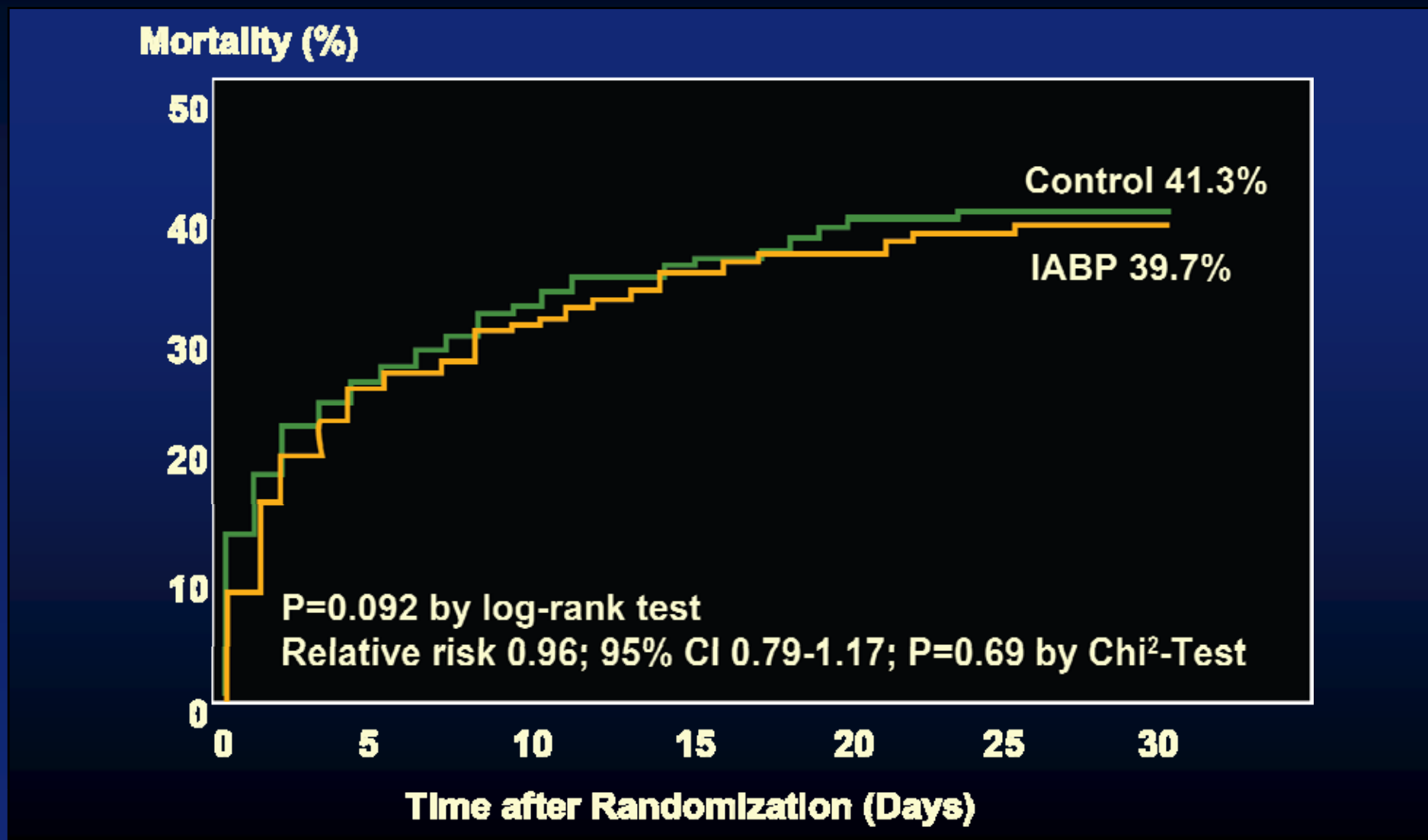
Symptoms -> randomization 4 hrs 40 min; shock -> randomization 2 hrs 16 min;
Symptoms -> revasc 5 hrs Personal communication H. Thiele

IABP Shock-II

Simplified Acute Physiology Score-II

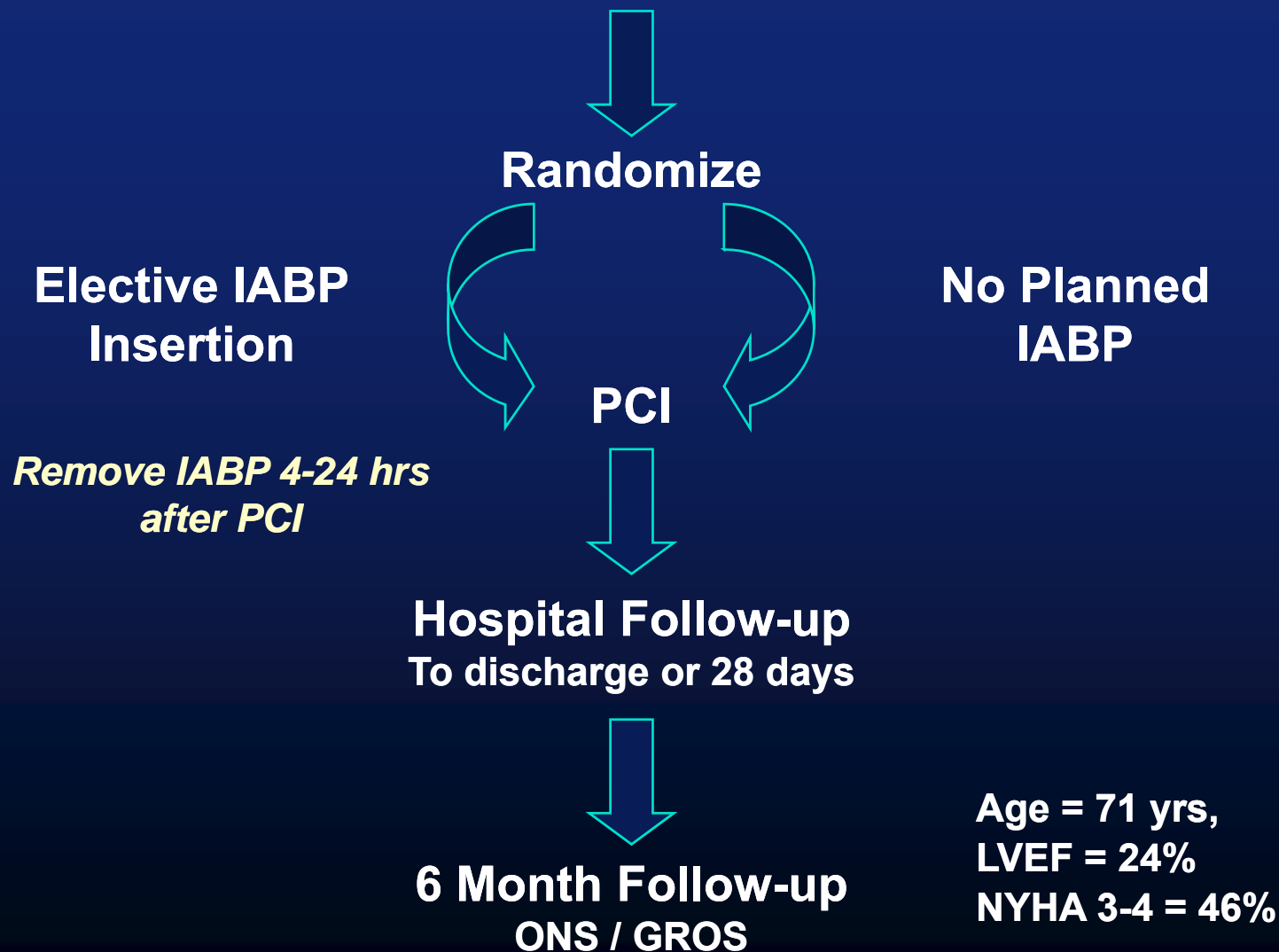


Primary Study Endpoint (30 Day Mortality)



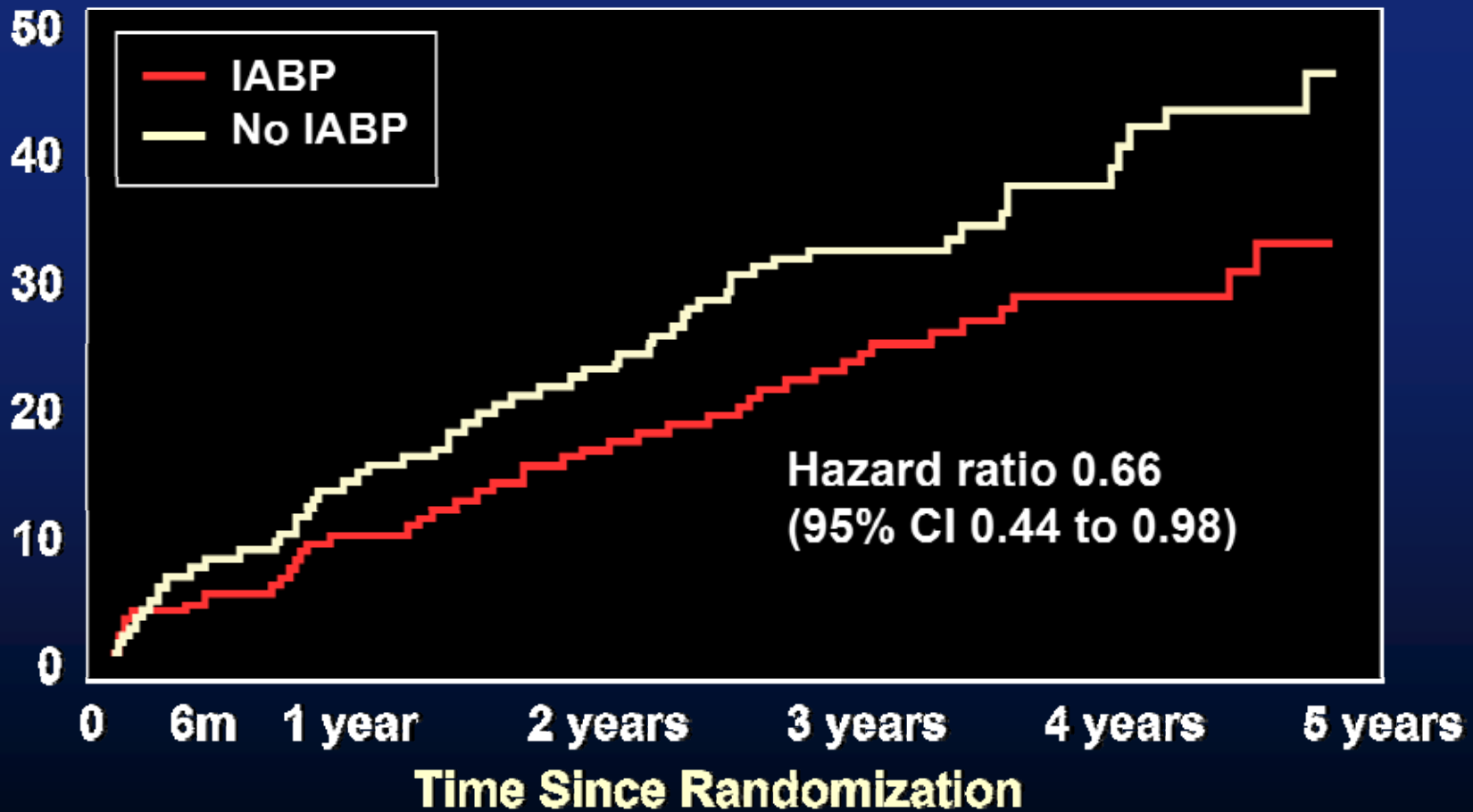
IABP for High Risk PCI

LVEF \leq 30%
BCIS-1 Jeopardy Score \geq 8



BCIS-1: All-cause Mortality by Treatment Assignment

Cumulative Percentage



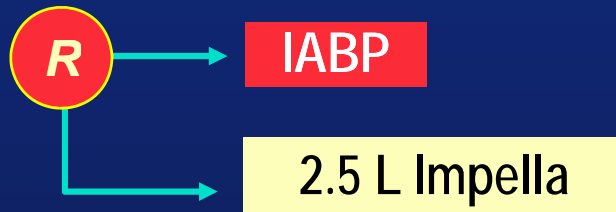
IABP	151	144	137	127	111	66	21
No IABP	150	139	130	117	93	52	19

IABP: Benefit Summary

- **Reduces infarct size (in animals, used early)**
- **Improves hemodynamics (not that much)**
- **Relatively small diameter vascular access site**
- **No survival benefit demonstrated**

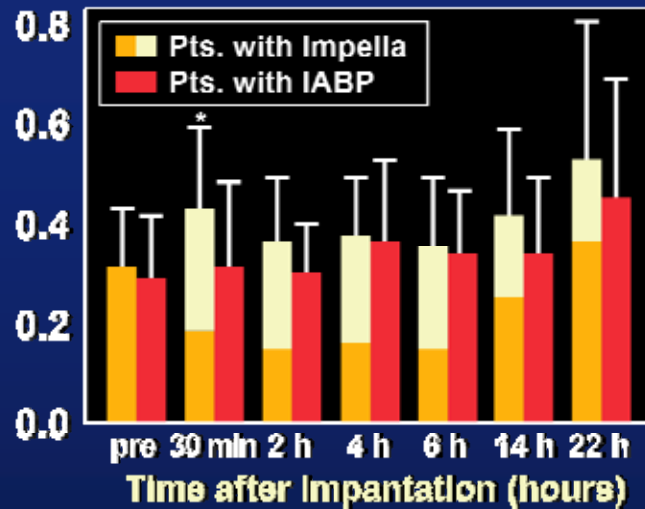
ISAR Shock

26 Patients

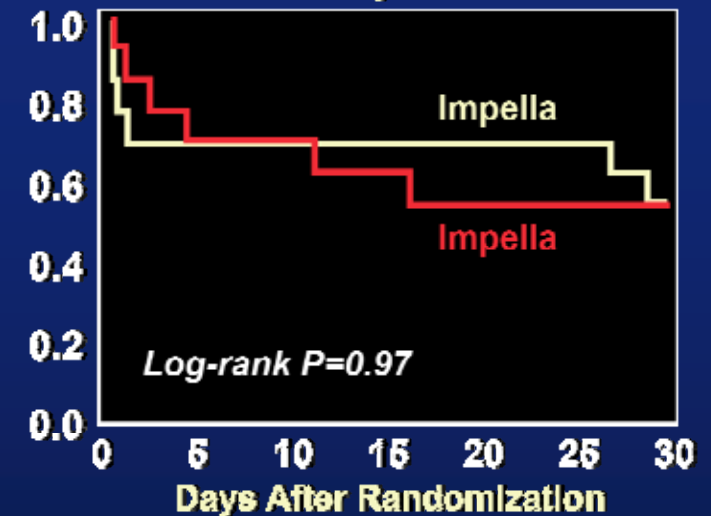


Primary Endpoint
 Δ CI baseline \rightarrow
 30 min post-implant

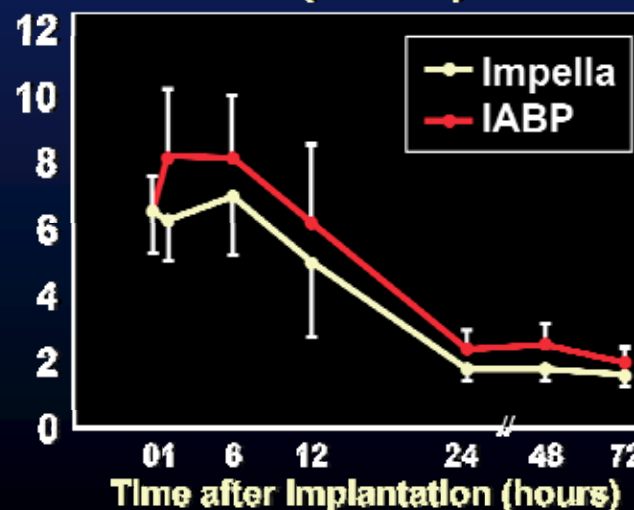
Cardiac Power Index (W/m²)



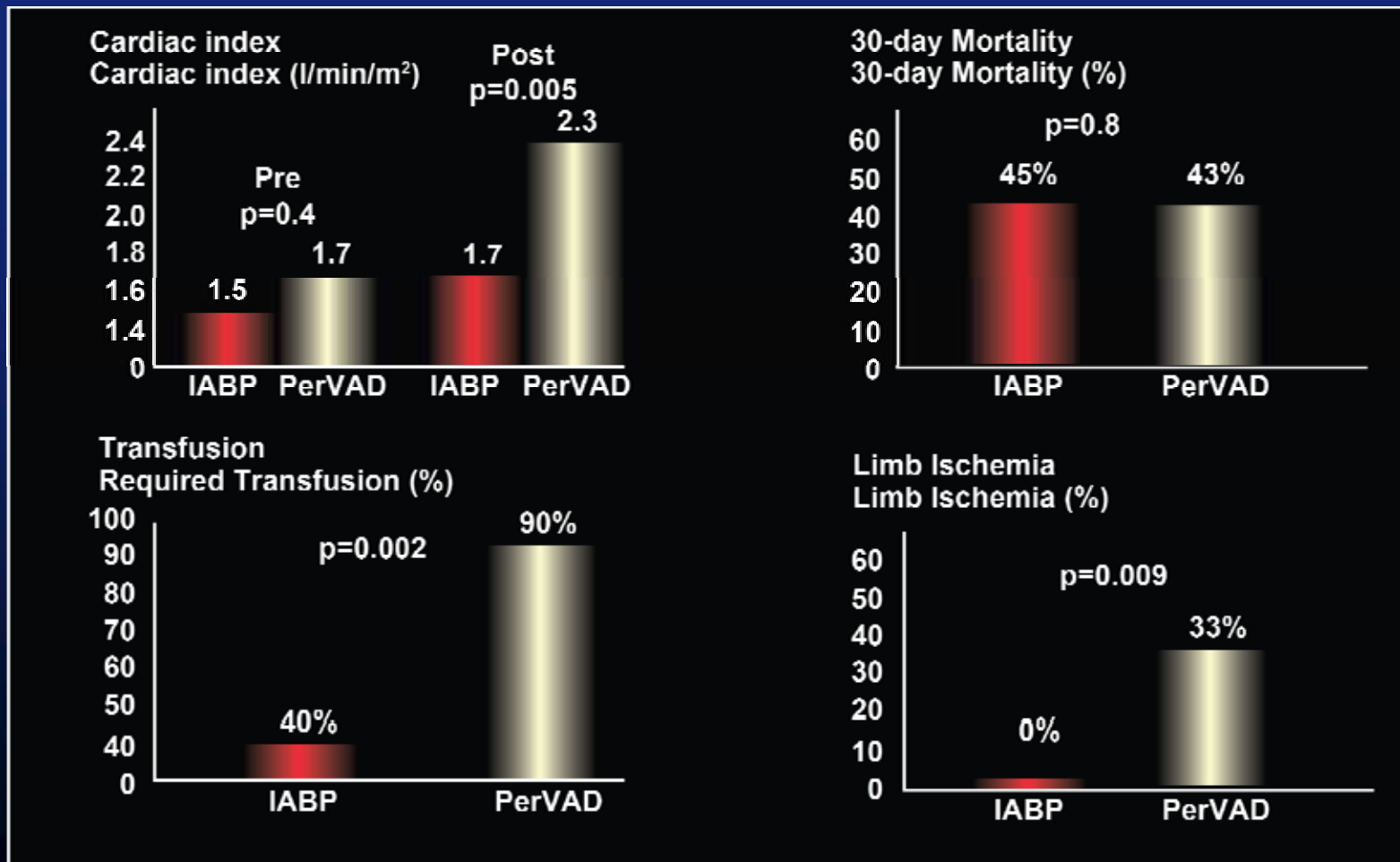
Survival Probability



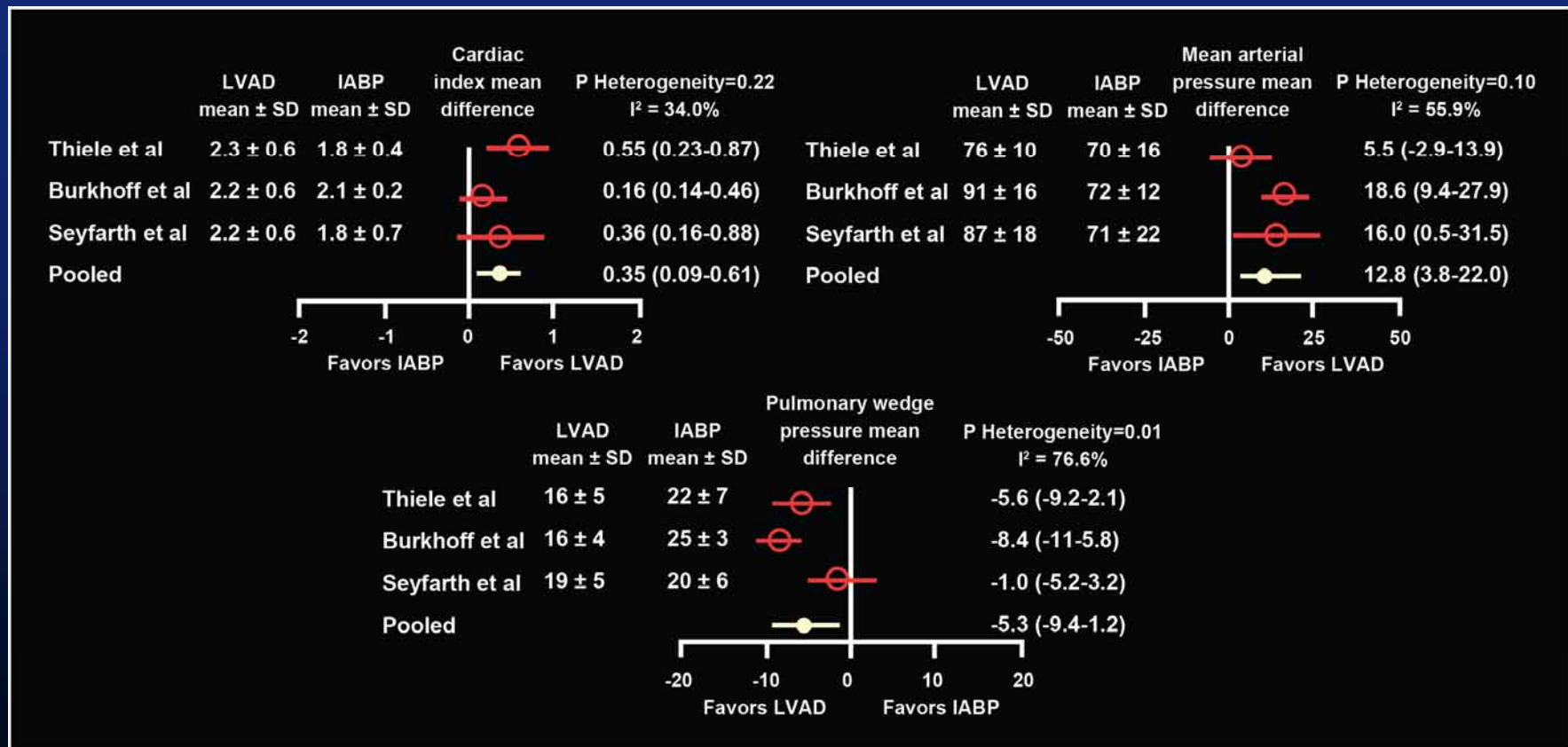
Serum-Lactate (mmol/L)



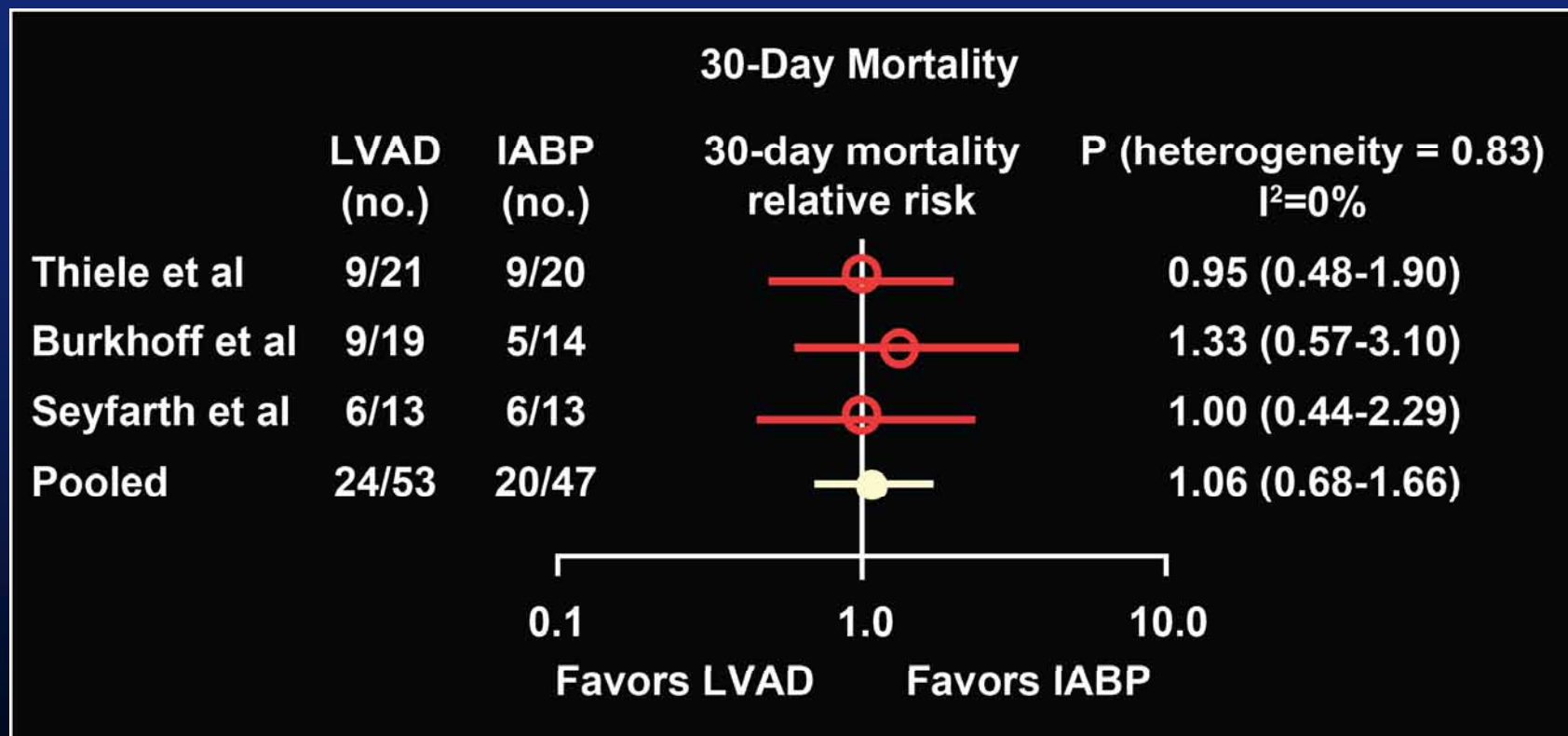
TandemHeart Shock Study



IABP vs LVAD Meta-Analysis



IABP vs LVAD Meta-Analysis



IABP for Cardiogenic Shock

- **Rapid revascularization is primary goal**
- **IABP allows hemodynamic stabilization to facilitate revascularization**
- **IABP generally initiated too late to impact infarct size**
- **Patients with profound shock may require more aggressive support to allow revascularization (with larger devices, more expense and risk of vascular complications)**