

Importance of Event Ajudication (Clinical Events Committee) and Core Laboratories

***Donald E. Cutlip, MD
Beth Israel Deaconess Medical Center***

***Harvard Clinical Research Institute
Harvard Medical School***



Beth Israel Deaconess
Medical Center



Clinical Trials

Seek the truth about a population of interest based on a study of a limited sample –

- Study hypothesis/question – endpoints >> data collection requirements
- Selection of control group – endpoint rate assumptions >> sample size, power, significance
- Data Quality
 - Accuracy
 - Limit variability
 - Limit bias



Clinical Trial Endpoints

Standardized Definitions (and process)

- Improves accuracy of endpoint reporting
 - Within trial
 - Standard definitions assure reporting of same event criteria across centers and treatment groups
 - Accuracy confirmed by central application of standard definitions for adjudication by independent committee (CEC)
 - Across trials and treatments



Clinical Trial Endpoints

Objective for market approval: Demonstrate reasonable assurance of **safety** and **effectiveness**

Historical Stent Trial Endpoints

- MACE – safety
- Target vessel failure – effectiveness

Issues

- MACE and TVF composite = “average” of safety and effectiveness but driven by TLR
- Some suggest bleeding be added for endpoint of net clinical benefit



Clinical Trial Endpoints

FDA Guidance for DES Trials

- **Effectiveness**
 - Target lesion failure (composite of cardiac death, TV MI and TLR)
 - Target lesion revascularization
- **Safety**
 - Cardiac death or MI
 - Stent thrombosis (including after 1 year)

Clinical Trial Endpoints

Standardized Definitions - Examples

- **Myocardial infarction**
 - Disagreement among operators/centers based on MI criteria – symptoms, ECG, type and level of biomarker
 - Potential for over- and underreporting of events
 - Standardized definition from Global Task Force and Academic Research Consortium specifies criteria depending on presentation, timing etc.



Clinical Trial Endpoints

Standardized Definitions – Examples

- **Stent Thrombosis**
 - Different definitions across early DES trials for defining and reporting
 - Misrepresentation of possible device differences
 - Standardized definition from Academic Research Consortium specifies criteria depending on level of certainty

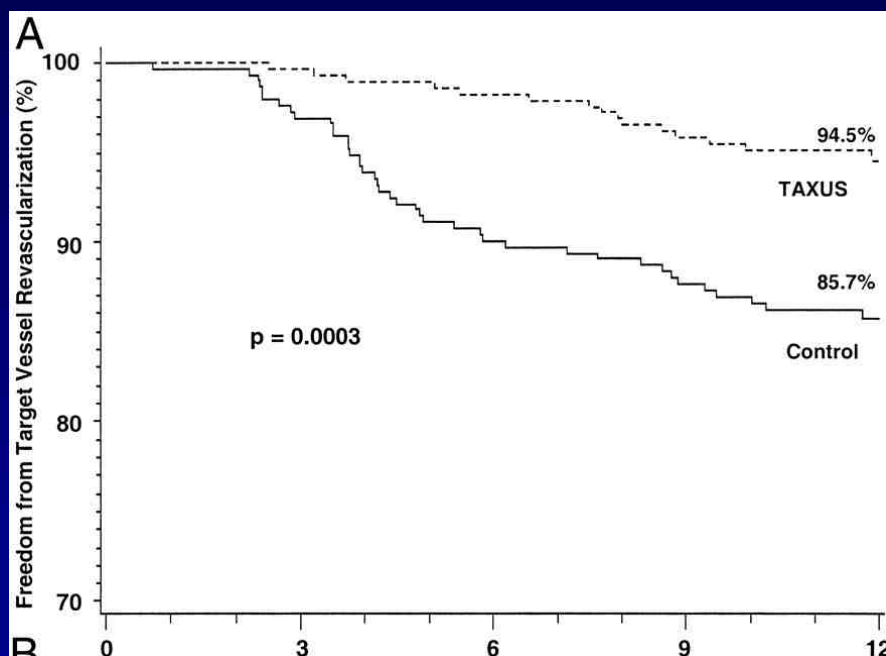


Clinical Trial Endpoints

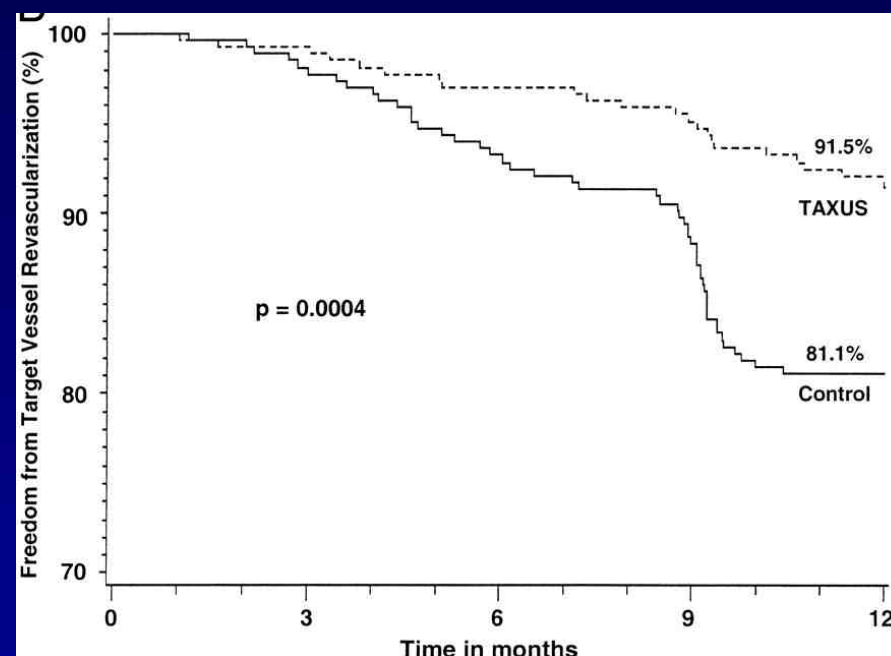
Standardized Definitions – Examples

- **Clinically Driven TLR**
 - **Revascularization decision affected by operator tendencies**
 - **Routine angiographic follow-up leads to increased risk for both clinically-driven and non-clinically driven TLR**

Impact of Routine Angiography PES vs. BMS – TAXUS IV Trial



Clinical F/U Only

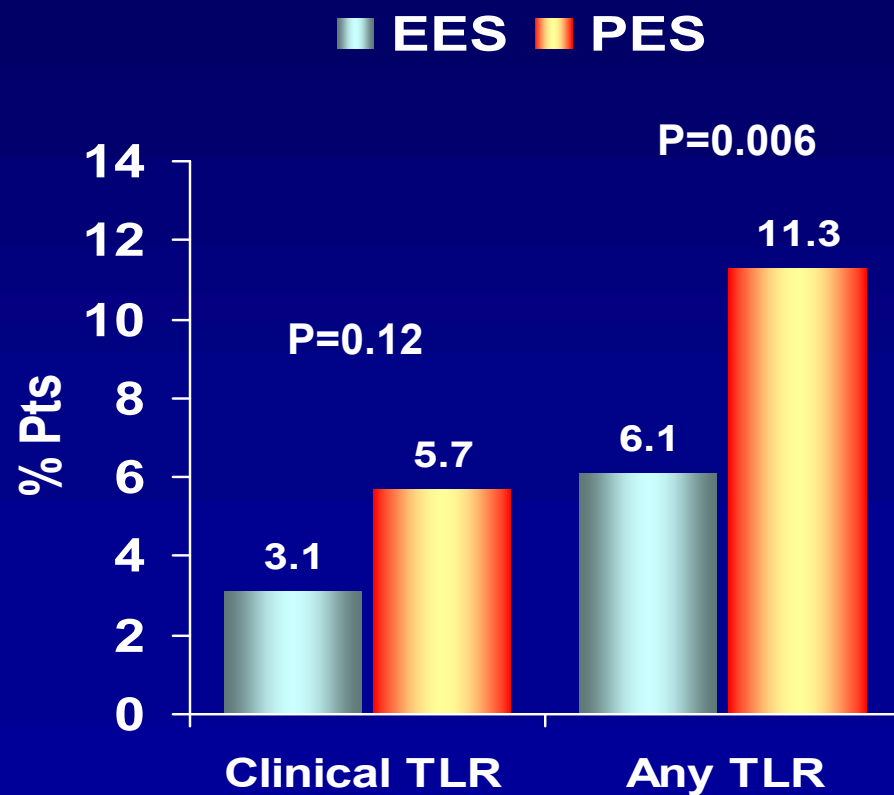


Routine Angiography

Pinto, D. S. et al. J Am Coll Cardiol 2006;48:32-36

Clinical Effectiveness EES vs. PES

SPIRIT III Results - TLR



EES vs. PES

- 8M in-stent late loss (0.16 vs 0.30, p= 0.002)
- ? effect of routine angio

G Stone et al. Circulation 2009; 119:680

Clinical Trial Endpoints

Standardized Definitions – Examples

- **Clinically Driven TLR**
 - Evidence of ischemia (symptoms, + functional study)
 - Severity of stenosis (>50% diameter stenosis)

Clinical Trial Endpoints

Standardized Definitions – Examples

- **Clinically Driven TLR**
 - What if % diameter stenosis severe but no symptoms or + functional study?
 - Options
 - No event = no endpoint met
 - Censor at time of TLR = lose power for endpoint assessment at later time point
 - Determine level of severity for which clinically indicated

Standardized Definitions

Role of Core Laboratories

- **Improve standardization of endpoint criteria by central measures**
- **Assures definition criteria applied by the adjudication committee are attained uniformly**
- **Examples**
 - **MLD measures by angiographic core laboratory (late loss, clinically driven TLR)**
 - **Cardiac biomarkers (CKMB, troponin)**
 - **Normalizing to site URL impacts application of truly standardized definition**



Standardized Definitions

Role of Core Laboratories

- **Limits variability**
 - **Example: single central lab for measures of biomarkers or laboratory measures reduces standard error (variance) compared with multiple laboratories performing the test**
 - **Result is increased statistical power and narrow confidence intervals (better estimate of result)**
- **Reduces bias**
 - **Example: Central core lab for assessing angiography (% diameter stenosis) removes potential for bias on part of investigator**



Importance of the CEC Process

- Allows for reporting of endpoint events using standard criteria across multiple centers
- Establishes data requirements that allow for determination of endpoint events
- Limits variability and bias
 - Specific criteria > specified data requirements > adjudication by blinded, independent experts
 - Especially important in unblinded trials
 - “Consistency is more important than accuracy for a given case”



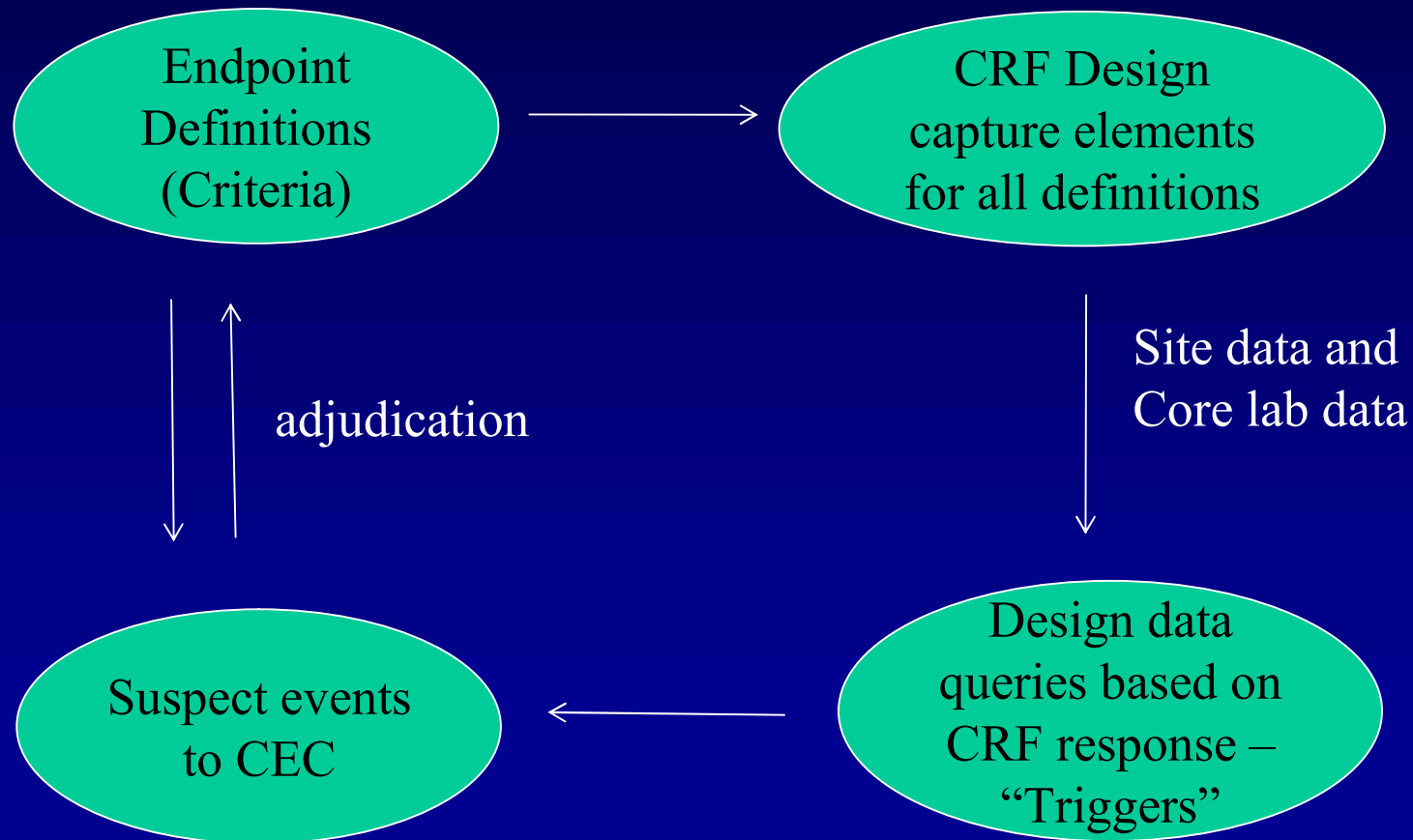
Importance of the CEC Process

Complete Reporting of Events

- Endpoints frequently misreported or underreported by site investigators
- CEC adjudication corrects for misreporting and can query for missing data elements as needed
- Specified uniform criteria for endpoint definitions allow capture of data elements upfront for detection also of unreported events



Data Triggers



Examples

MI – DES trial

- 55 yo man; 2nd stent for dissection
- DC home after 13 hours
- No events reported
- CKMB at discharge = 13 ng/dl (URL = 4)
- Data query = suspect MI based on CKMB >3 * URL

Major Bleed– DES trial

- 81 yo woman
- Large hematoma post PCI
- Transfusion and DC next day
- DC Hgb 8.3; baseline = 10.6.
- Major bleed not reported
- Data query based on transfusion and labs



Summary

Clinical events committees and core laboratories are important components of endpoint assessment –

- **Standardized definitions for suspected endpoint events**
- **Capture of all required data elements in CRF design – increases completeness of event reporting**
- **Reduces variability in data measurements**
- **Reduces bias in reporting of events as well as supporting data elements**
- **Improved data quality > ↑ probability of meeting endpoint rate assumptions > ↑ probability of detecting true treatment effect**

