

CTO PCI in 2015: How to Achieve Success Rates of 95% with new Technologies and Aggressive Techniques

Dimitri Karpaliotis, MD, PhD, FACC

Assistant Professor of Medicine

Columbia University Medical Center

Director of CTO, Complex and High Risk Angioplasty

CIVT/NYPH

TCTAP April 26-29, 2016

Seoul, South Korea

Disclosures

- **As a faculty member for this program, I disclose the following relationships with industry:**
- **Speakers Bureau for Abbott Vascular, MDT vascular and Boston Scientific**

Current Perspectives on Coronary Chronic Total Occlusions

The Canadian Multicenter Chronic Total Occlusions Registry

Paul Fefer, MD,*† Merrill L. Knudtson, MD,‡ Asim N. Cheema, MD, PhD,§
P. Diane Galbraith, BN, MSC,‡ Azriel B. Osherov, MD,* Sergey Yalonetsky, MD,*
Sharon Gannot, BS,† Michelle Samuel,* Max Weisbrod,* Daniel Bierstone,* John D. Sparkes, MSC,*
Graham A. Wright, PhD,* Bradley H. Strauss, MD, PhD*

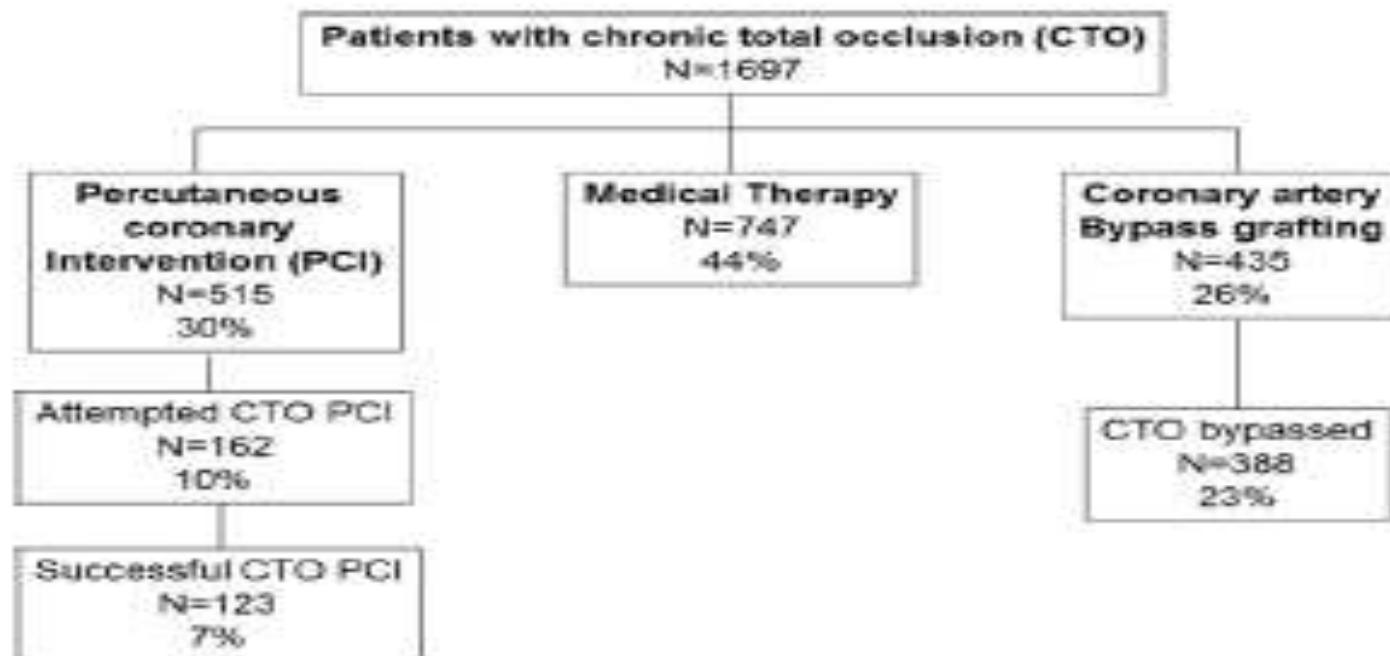


Figure 1 Management of CTO Registry Patients

Flow chart of chronic total occlusion (CTO) registry patients showing management up to 12 months after index angiography. PCI = percutaneous coronary intervention.

Conclusions

Chronic total occlusions are common in contemporary catheterization laboratory practice. Prospective studies are needed to ascertain the benefits of treatment strategies of these complex patients. (J Am Coll Cardiol 2012;59:991-7) © 2012 by the American College of Cardiology Foundation

False Assumptions about Coronary Chronic Total Occlusions (1)

- **The CTO is well collateralized and therefore there is minimal impact on quality of life and prognosis**
- **CTO is a closed vessel and therefore not at risk for/or during ACS/AMI**
- **CTO outcomes are more benign than non CTO coronary disease**

False Assumptions about Coronary Chronic Total Occlusions (2)

- **CTO PCI is associated with unacceptably high complication rate**
- **CTO PCI is too complex and cannot be performed in the current U.S medical environment**
- **CTO PCI is for Japanese Masters only and cannot be taught to a more broad population of Interventionalists**
- **CTO PCI is an economic disincentive for hospitals because of increased cost**

Contemporary CTO Revascularization Achievement of Procedural Success Through Advanced Technique

145 Patients, 160 CTO Lesions
Piedmont Hospital, 10/2009-12/2010

- **Indications**
 - Angina, 60%
 - Heart failure/arrhythmia, 18%
 - Provocative ischemia on non-invasive testing, 13%
- **Procedural Characteristics**
 - Right coronary artery, 54%
 - In-stent occlusion, 10%
 - Retrograde wire placement, 38%
 - Average stent length, 64.7±30.7 mm
- **Procedural and In-Hospital Outcomes**
 - Procedural success, 85.6%
 - Death, 0.6%
 - Emergency bypass surgery, 0.6%
 - Myocardial infarction, 1.9%, Tamponade 0.6%

CTO Revascularization: Economic Outcomes



CTO Revascularization: Economic Outcomes



Balloon angioplasty catheters

\$600 vs \$304

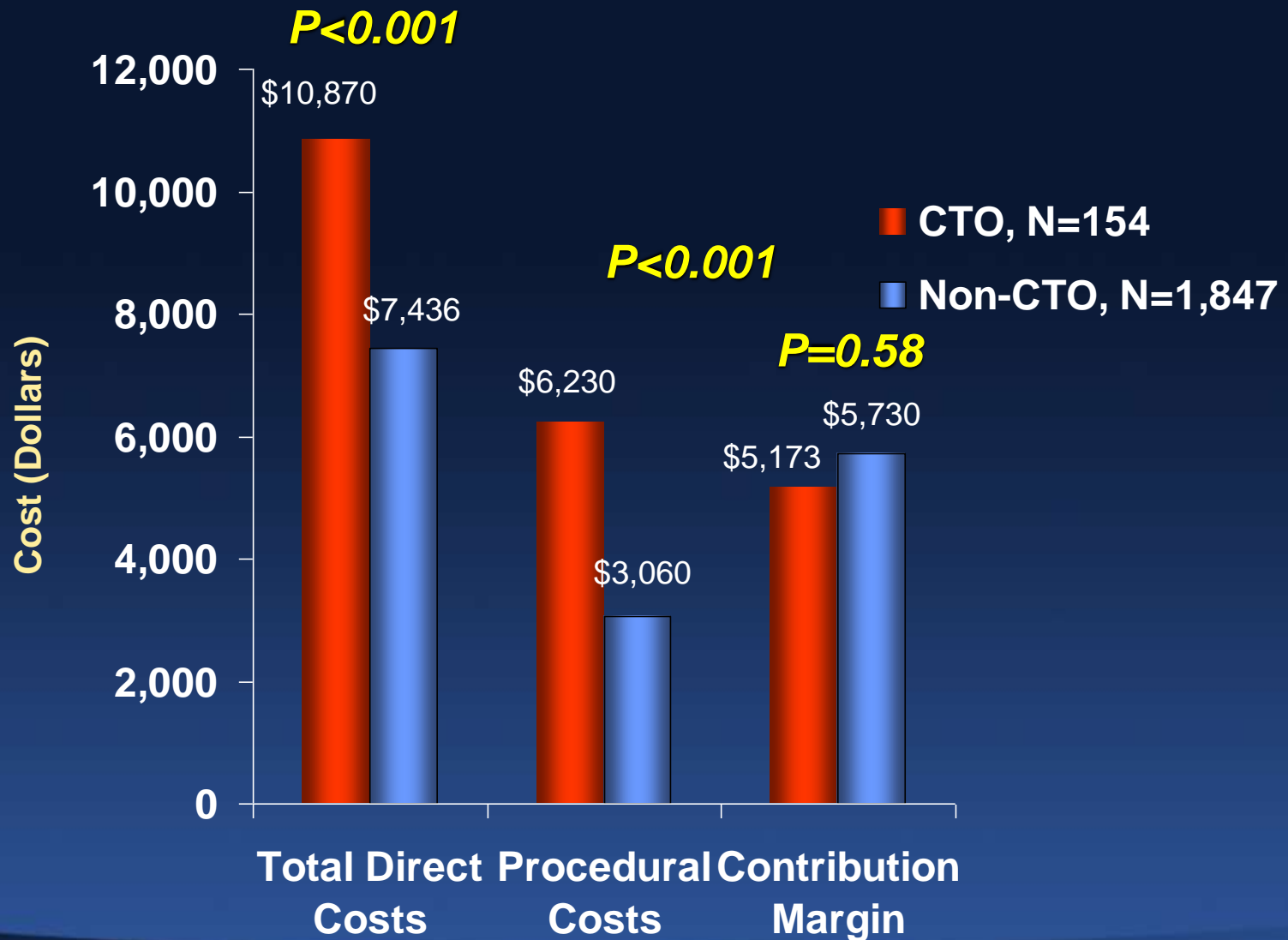
Guidewires

\$715 vs \$174

Stents

\$3,590 vs \$2,036

CTO Revascularization: Economic Outcomes



Summary of Large Contemporary Registry Publications of Percutaneous Coronary Interventions of Chronic Total Occlusions

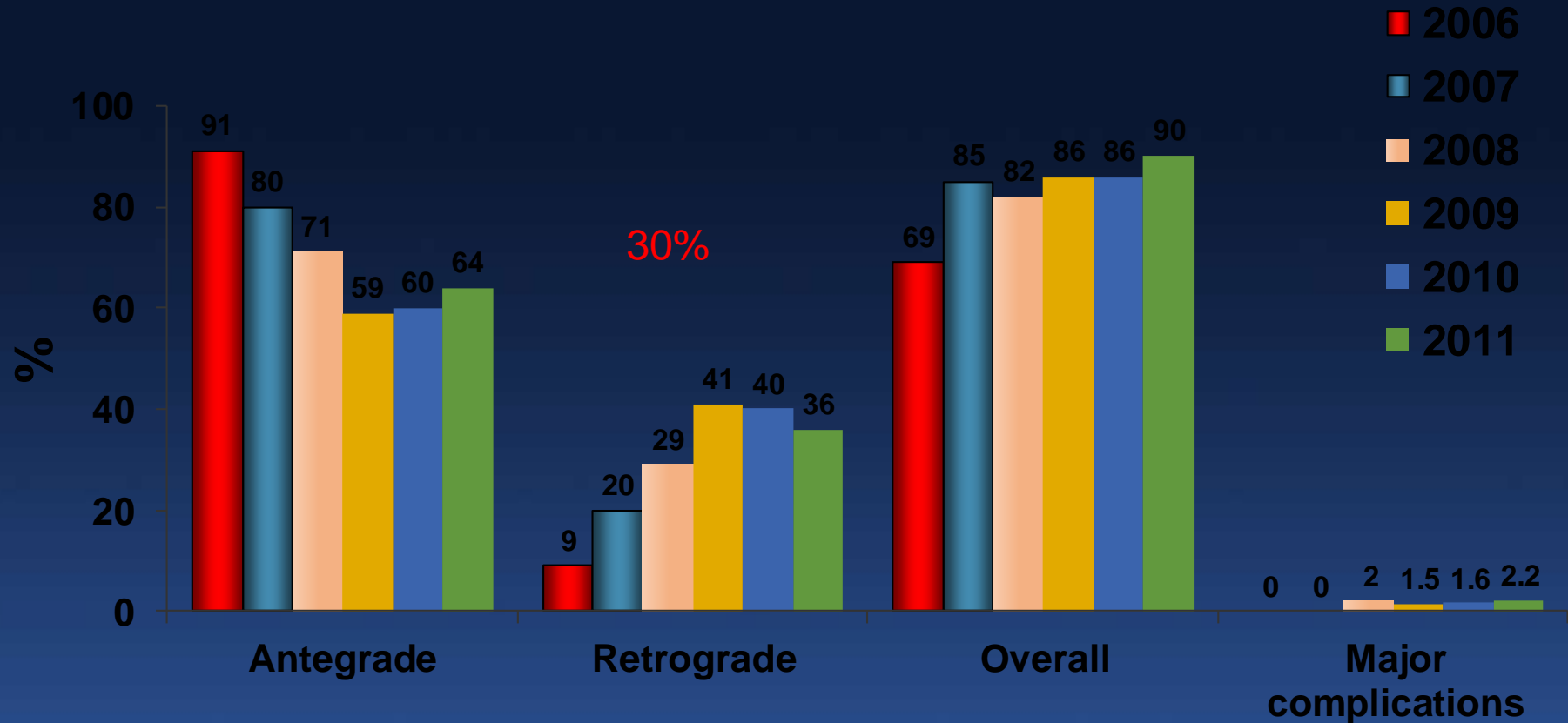
Author	Year	N (CTO lesions)	Prior CABG	Diabetes	Retrograde	Technical Success	Major complications	Death	Tamponade	Fluoroscopy time (minutes)	Contrast use, (ml)
Rathore	2009	904	12.6	40.0	17	87.5	1.9	0.6	0.6	NR	NR
Morino	2010	528	9.6	43.3	26	86.6	NR	0.4	0.4	45 (1-301)*	293 (53-1,097)*
Galassi	2011	1983	14.6	28.8	14	82.9	1.8	0.3	0.5	42.3±47.4	313 ±184
U.S Registry*	2013	1361	37.0	40.0	34	85.5	1.8	0.22	0.6	42±29	294 ±158

* Median (range)

* Tesfaldet, Karpaliotis, Brilakis, Lembo, Lombardi, Kandzari. *Am J Cardiol* 2013

CTO PCI: success and complications

N=1,363
3 US sites





Multicenter CTO registry

- Appleton Cardiology, WI
- Dallas VAMC/UTSW
- Peaceheath Bellingham, WA
- Piedmont Heart Institute, GA
- St Luke's Mid America Heart Institute, MO

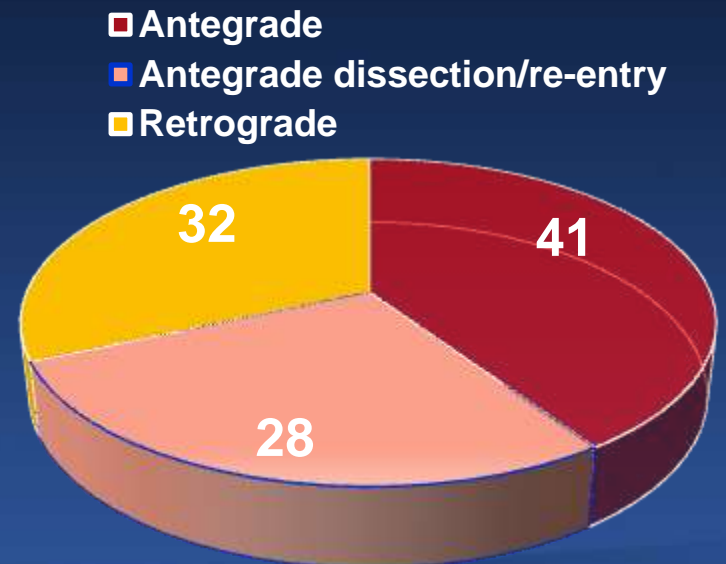
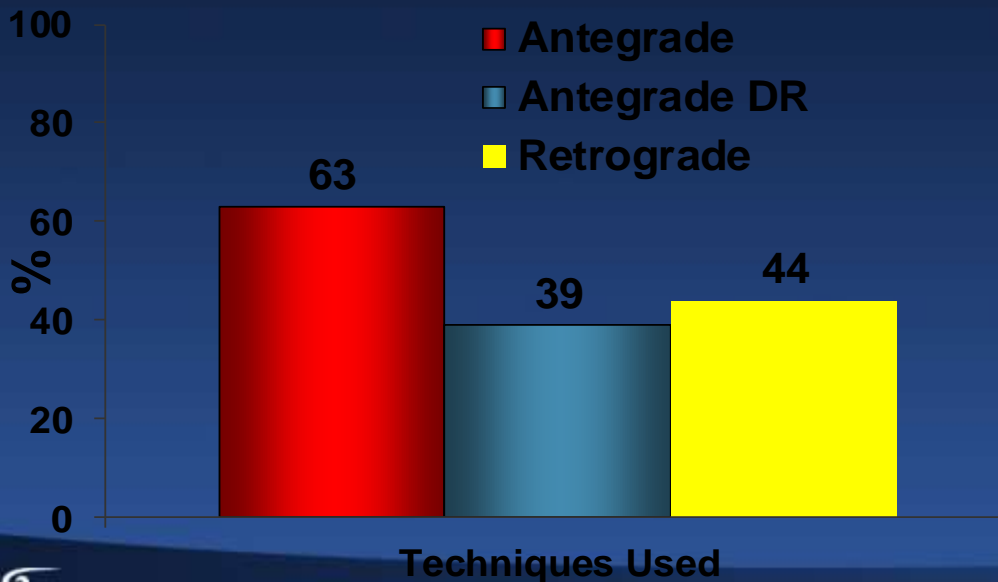
1/2012 to 8/2013

n=489

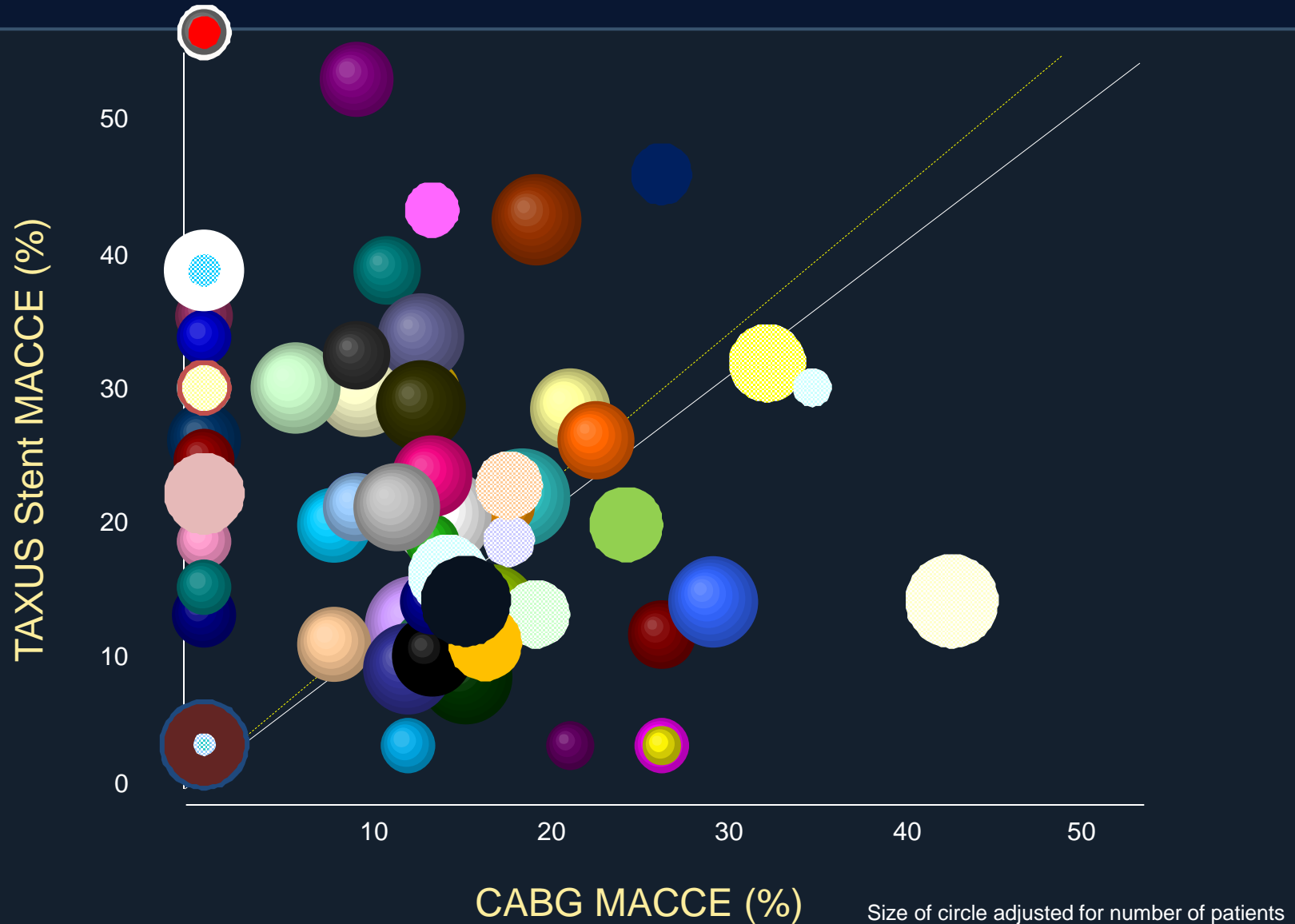
Technical success: 91.6%

Major complications: 1.6%

Successful technique

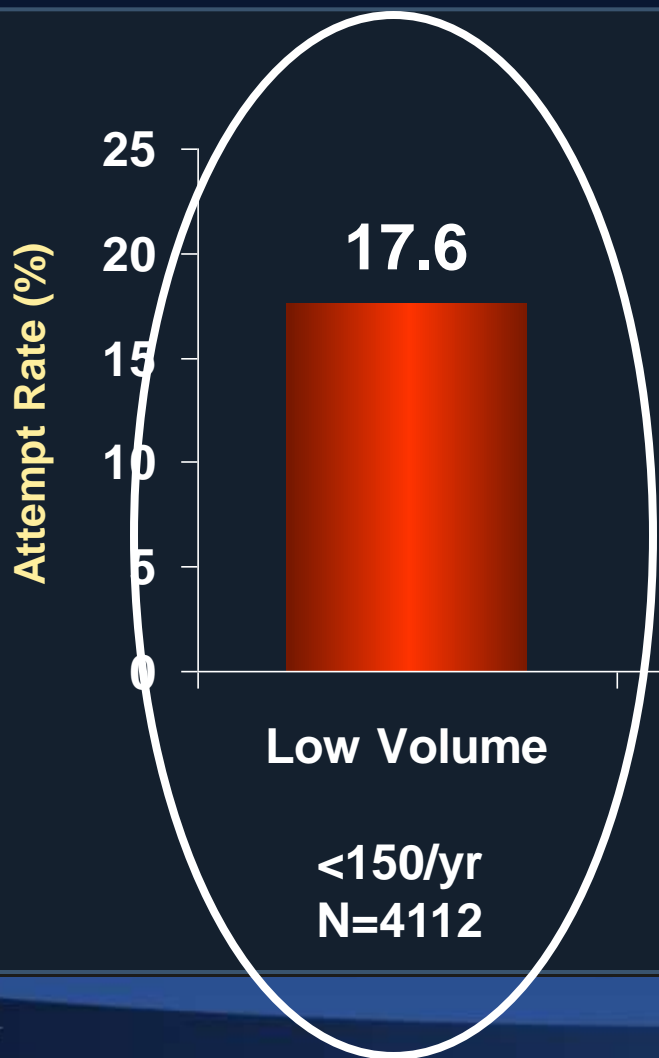


SYNTAX: One-year MACCE rates per site CABG vs. TAXUS Express Stent:



Who Is Performing my CTO PCI?

ACC/NCDR Database: 45,826 CTO Patients



**89% of CTO PCI
is done by Low
Volume
Operators!!!**

There is PCI and there is CTO PCI

CTO PCI Vocabulary

Antegrade

Retrograde

Hybrid

Wire Escalation

Dissection Re-Entry

CART

Reverse CART/Confluent Balloons

Dancing

Surfing/Tip Injection

Trap/Retrograde Trap

Anchor

Western Prep

Power Knuckle/Knuckle Management

Knuckle Re-Direct/Pilot Re-Direct

Swiss Cheese

There is PCI and there is CTO PCI

Base of Operations

STAR/Mini STAR

LAST

Guideliner Assisted Reverse CART/Contemporary R-CART/Laser Assisted R-CART/Stent Assisted R-CART
Stick and Swap

Scratch and Go

Bob Sled

Straw/Modified Straw

Tip In

Carlino/Retrograde Carlino

Cloud

Rendez Vous

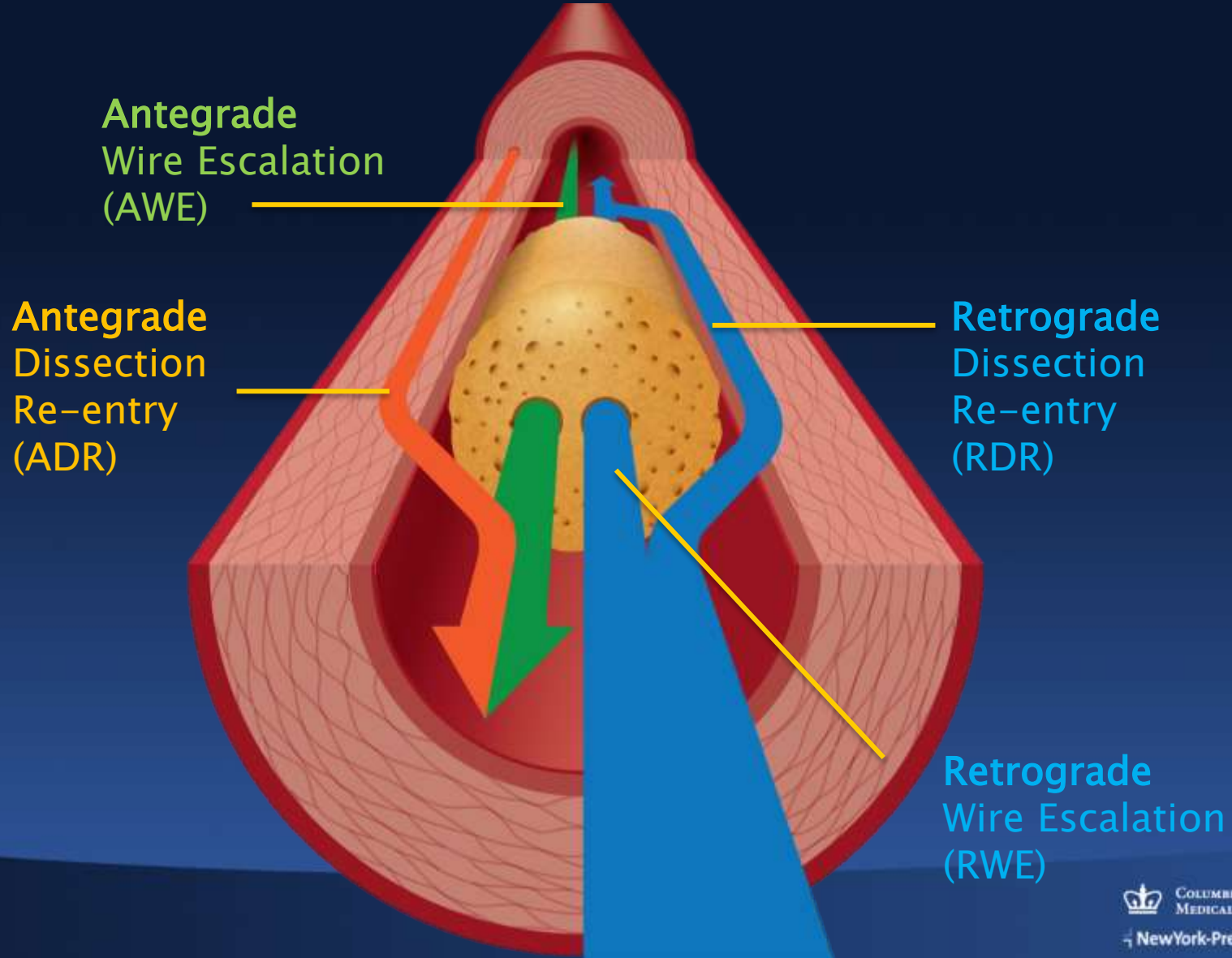
Grenedoplasty/BAM

VDAR

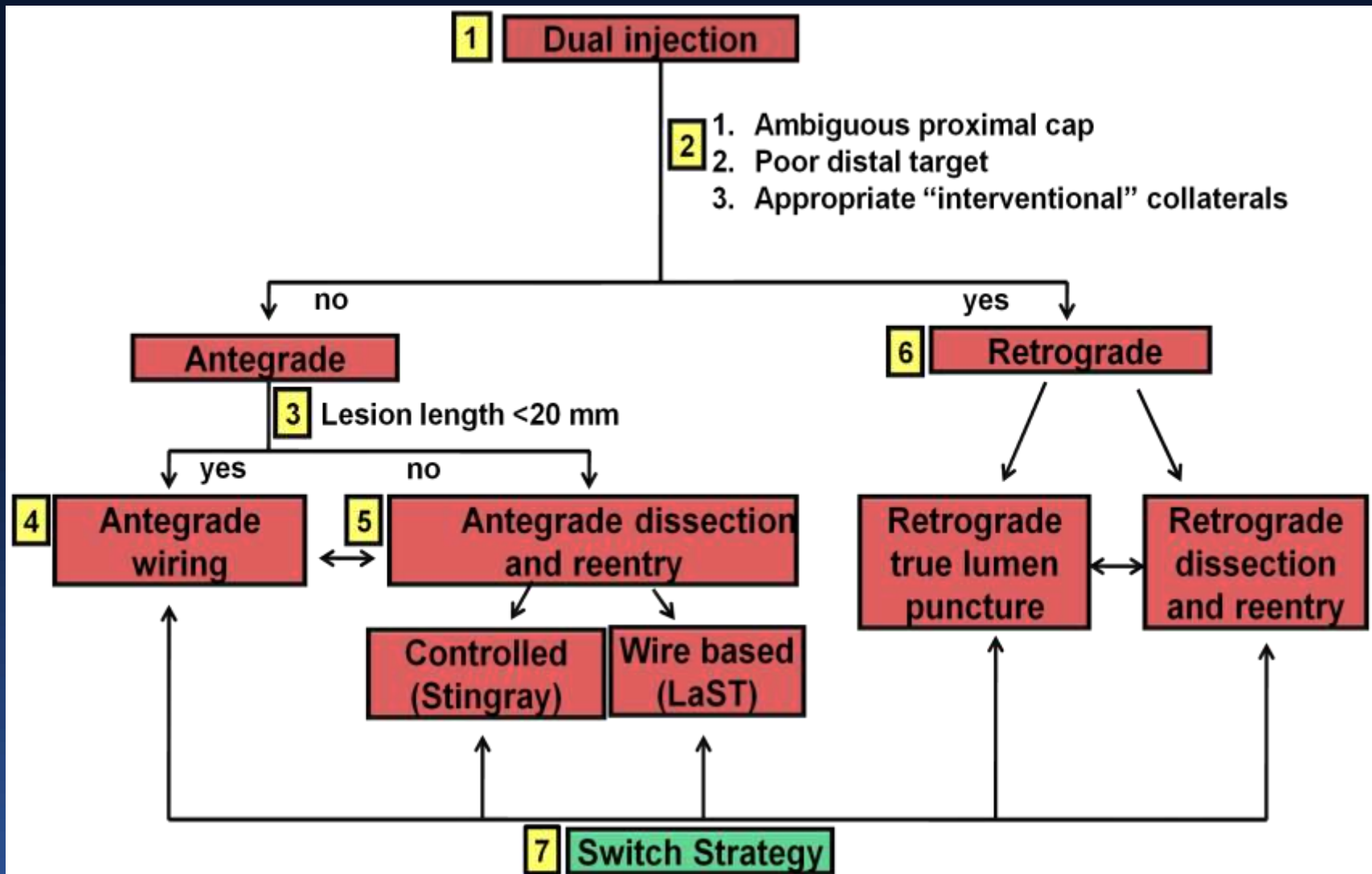
SKRAT

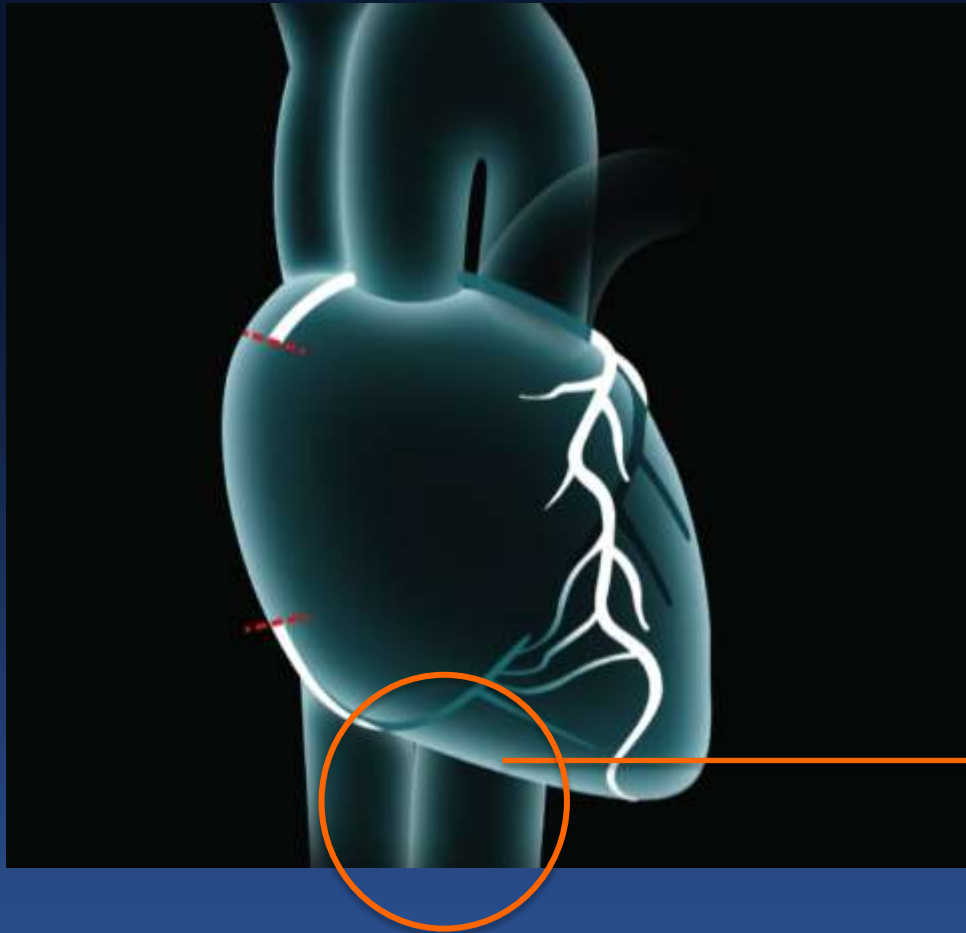
Landing Zone/Management of the Landing Zone

4 options to crossing CTOs



Hybrid Strategy Treatment Algorithm

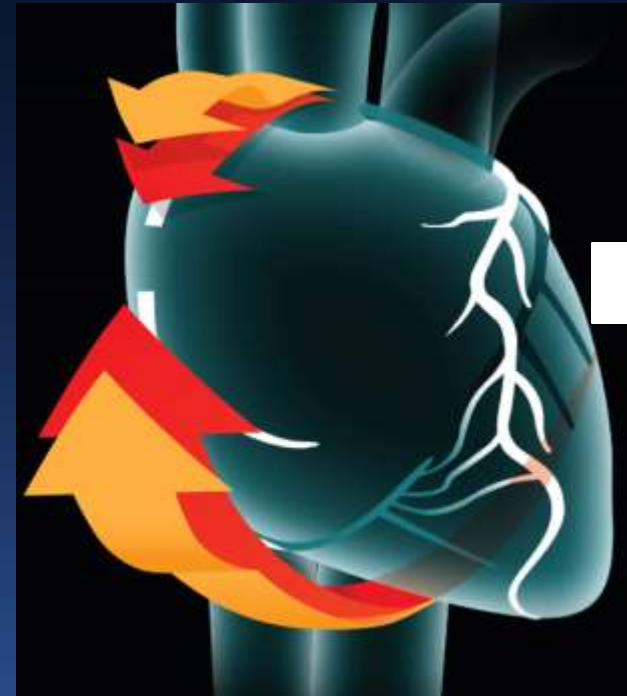




**Degree of disease
in the distal
“landing zone”**

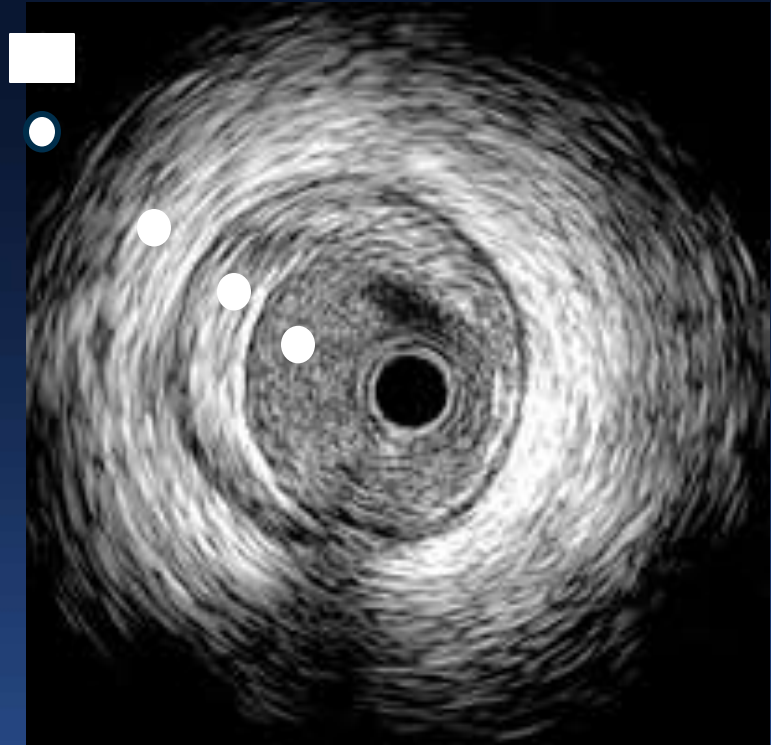
Base of Operation

- Term describing the location in the vessel at which the operator is trying to employ techniques to cross the CTO or utilize re-entry strategies to enter the true lumen



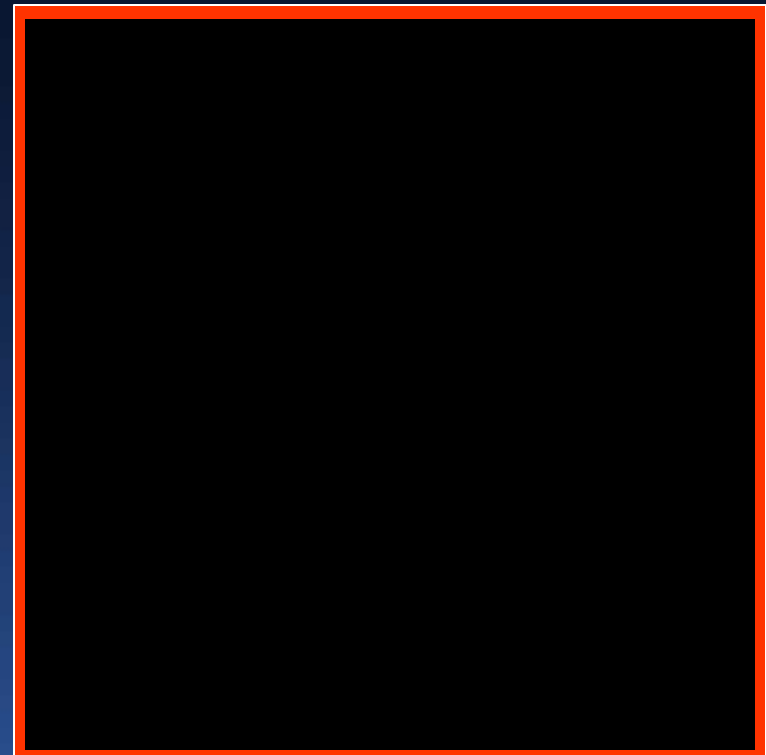
Vessel Architecture

- Term used in reference to the location of a guidewire in an effort to distinguish its binary location of either outside of the vessel (i.e. in the pericardial space) or anywhere within the three layers of the target vessel

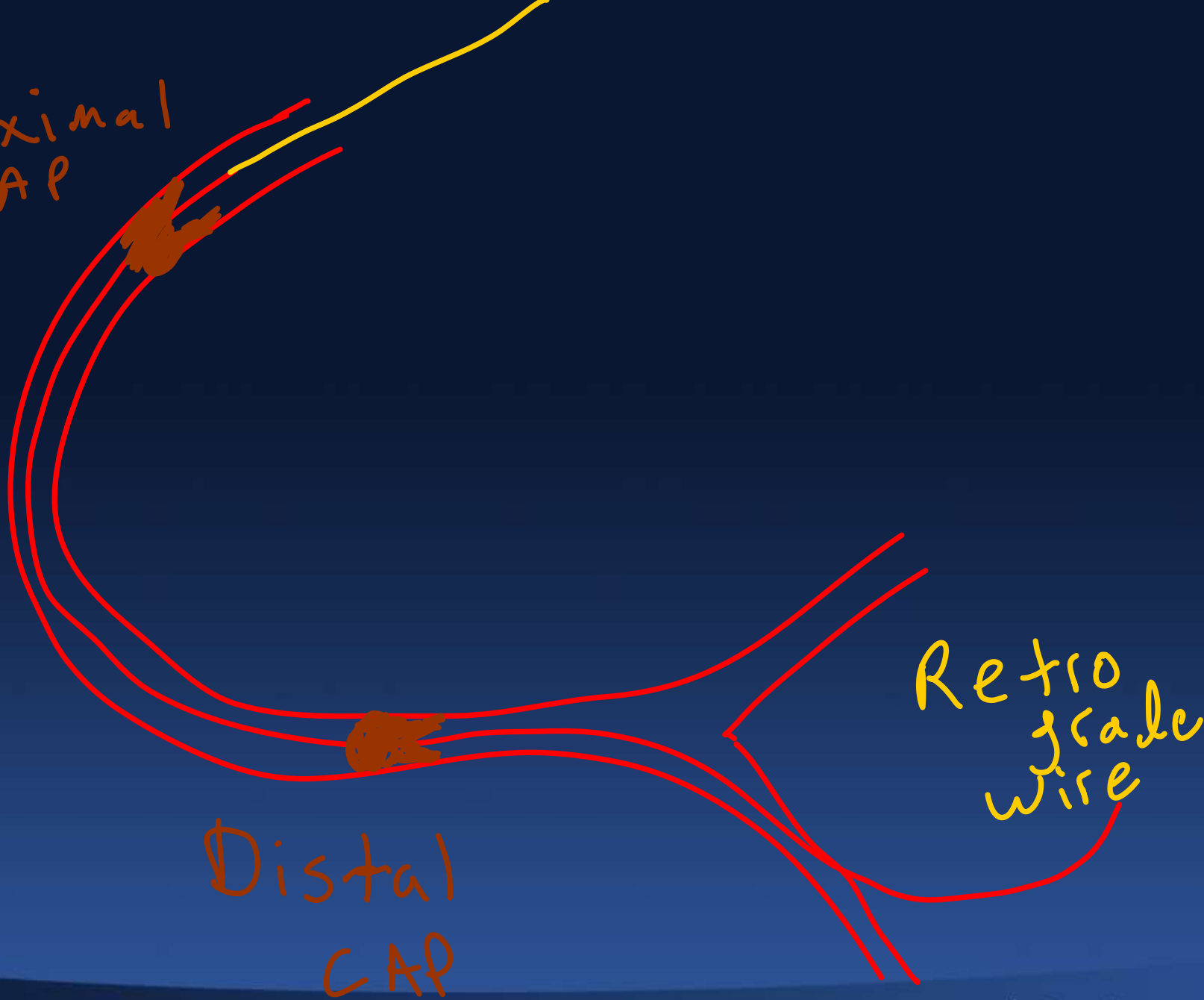


Knuckle Wire

- Creating a blunt dissection tool by forward advancing a polymer-jacketed guidewire (Fielder XT or Pilot 200) until it prolapses on itself to form a tight loop which can be advanced past the occlusion in the suboptimal space



Proximal
CAP

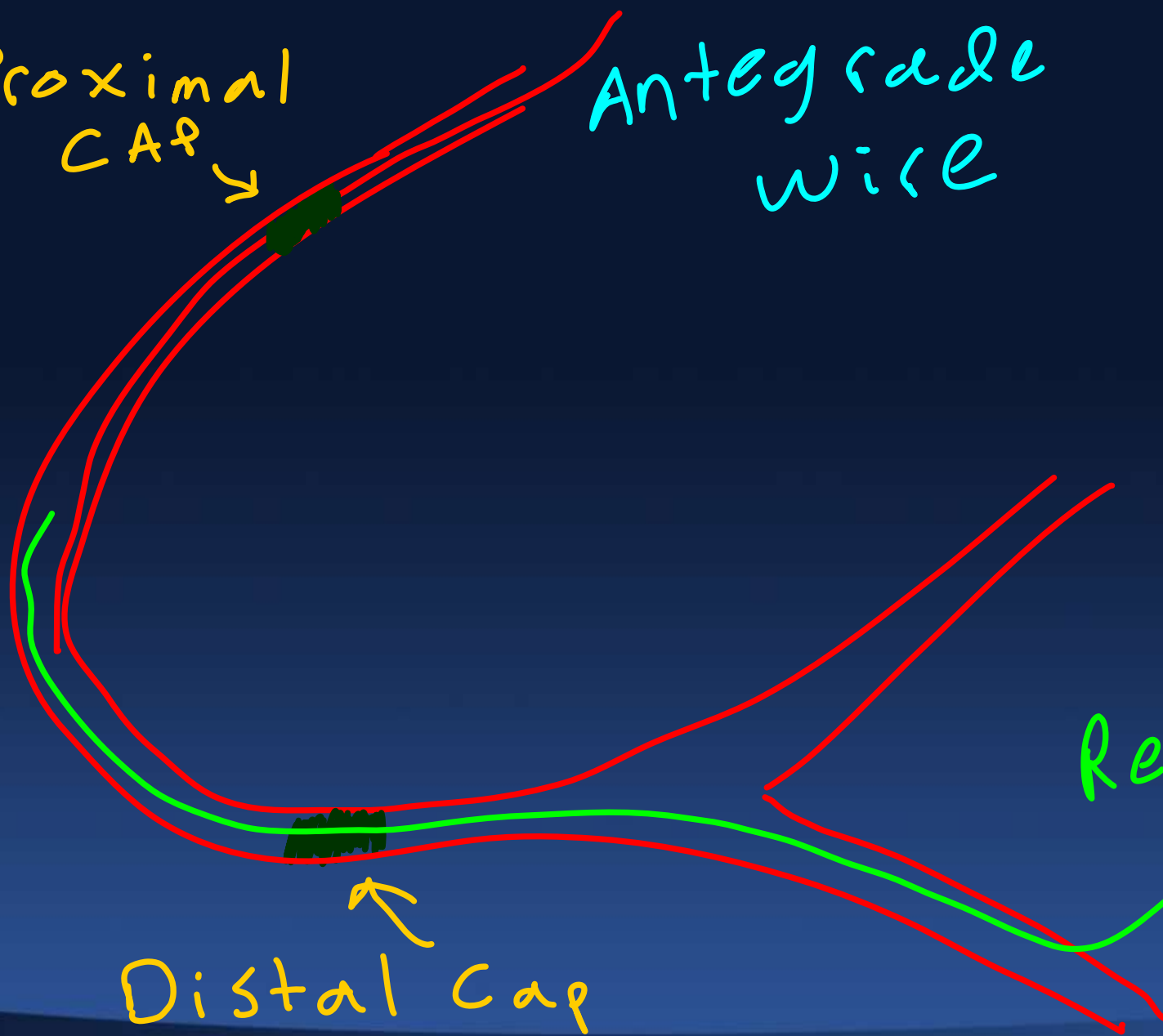


Retrograde
wire

Distal
CAP

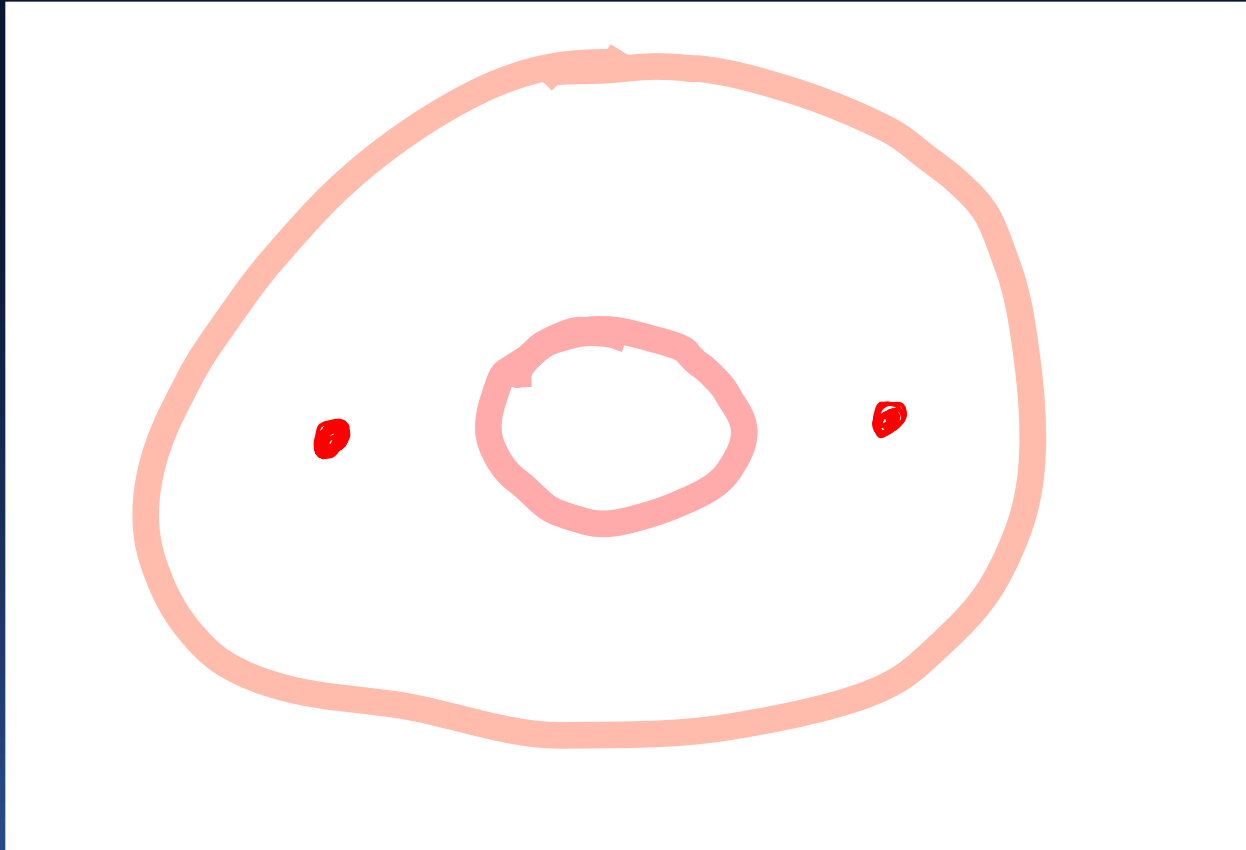
Proximal CAP

Antegrade
wire



Retrograde
wire

Distal Cap

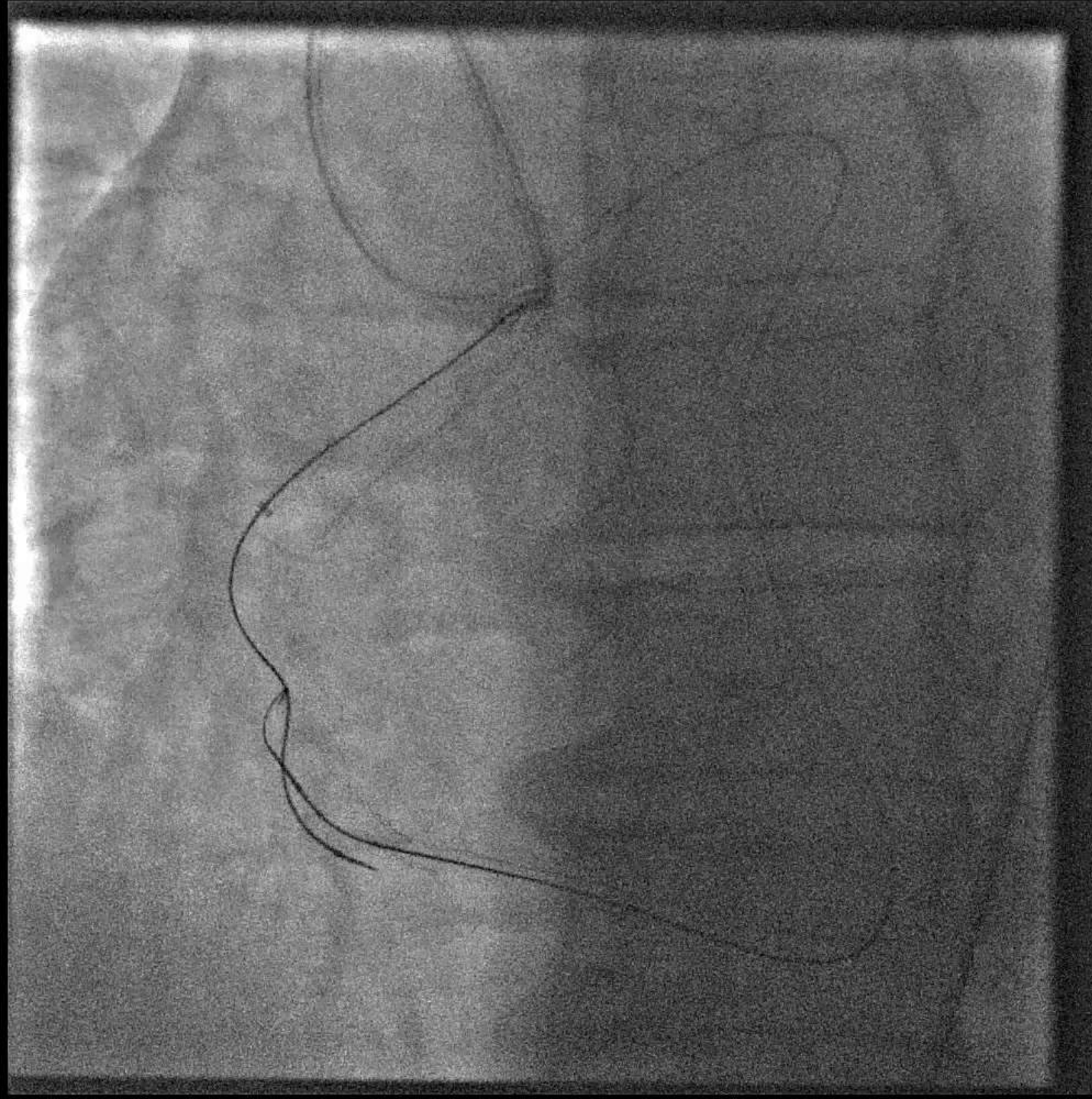




**Unable to
obtain R
radial access**

**L radial
access
obtained**

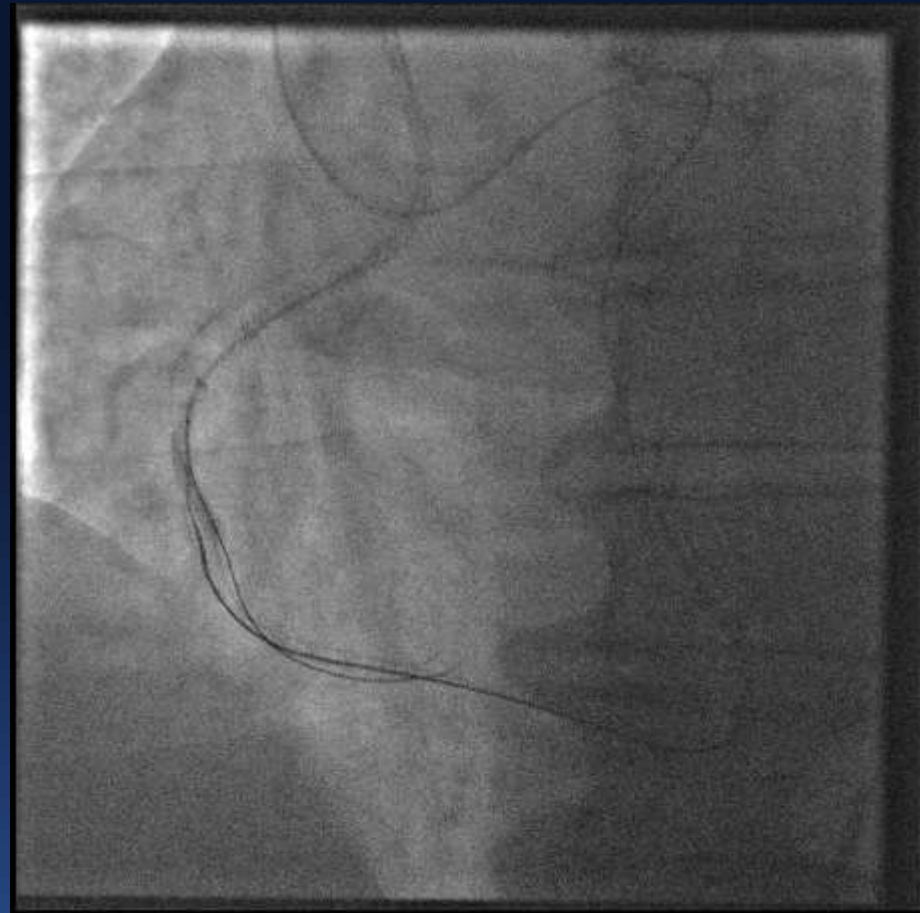


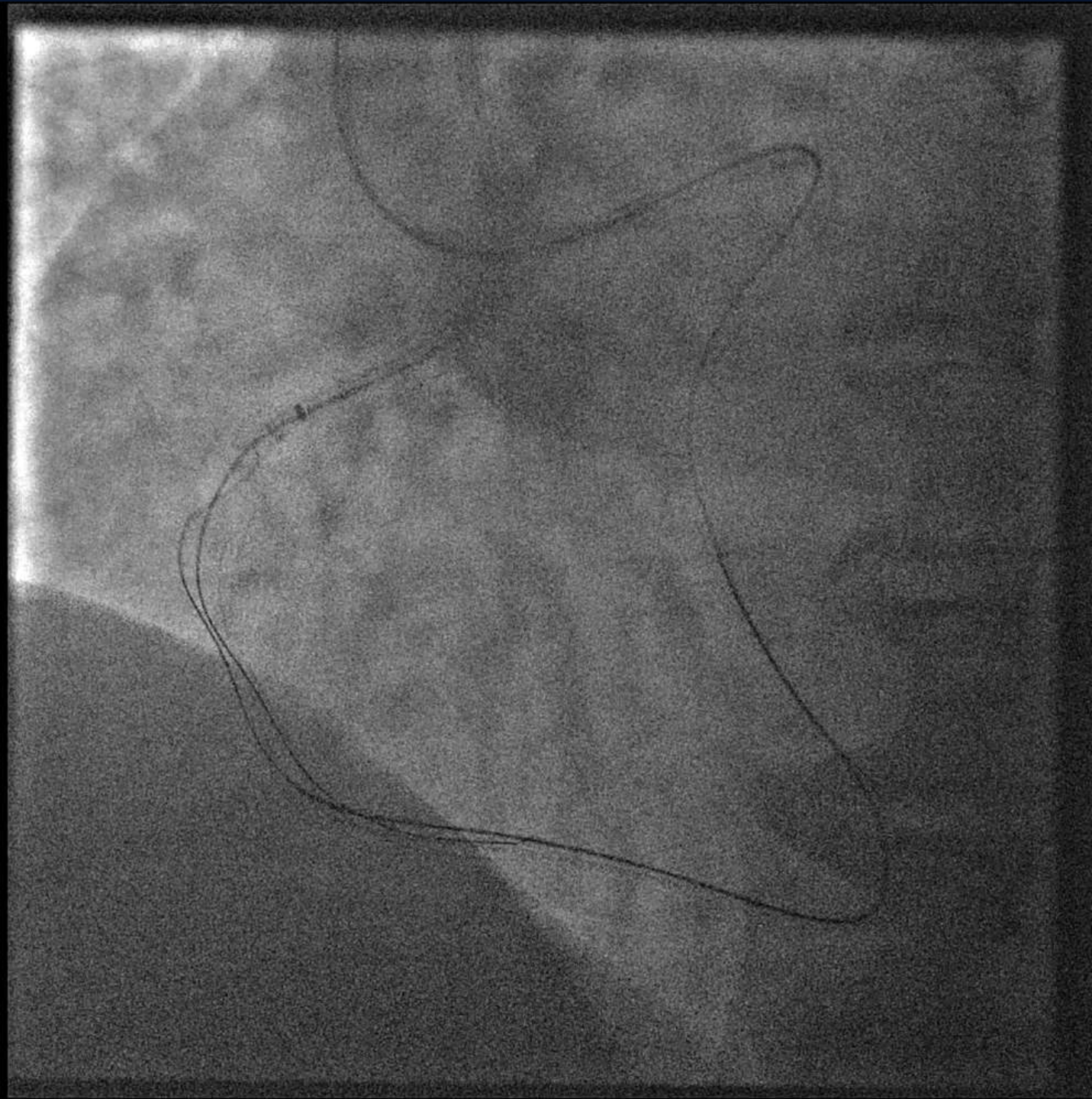


Antegrade:
BMW
Pilot 200
Miracle 6
Guideliner

Retrograde:
Corsair (long)
Miracle 6

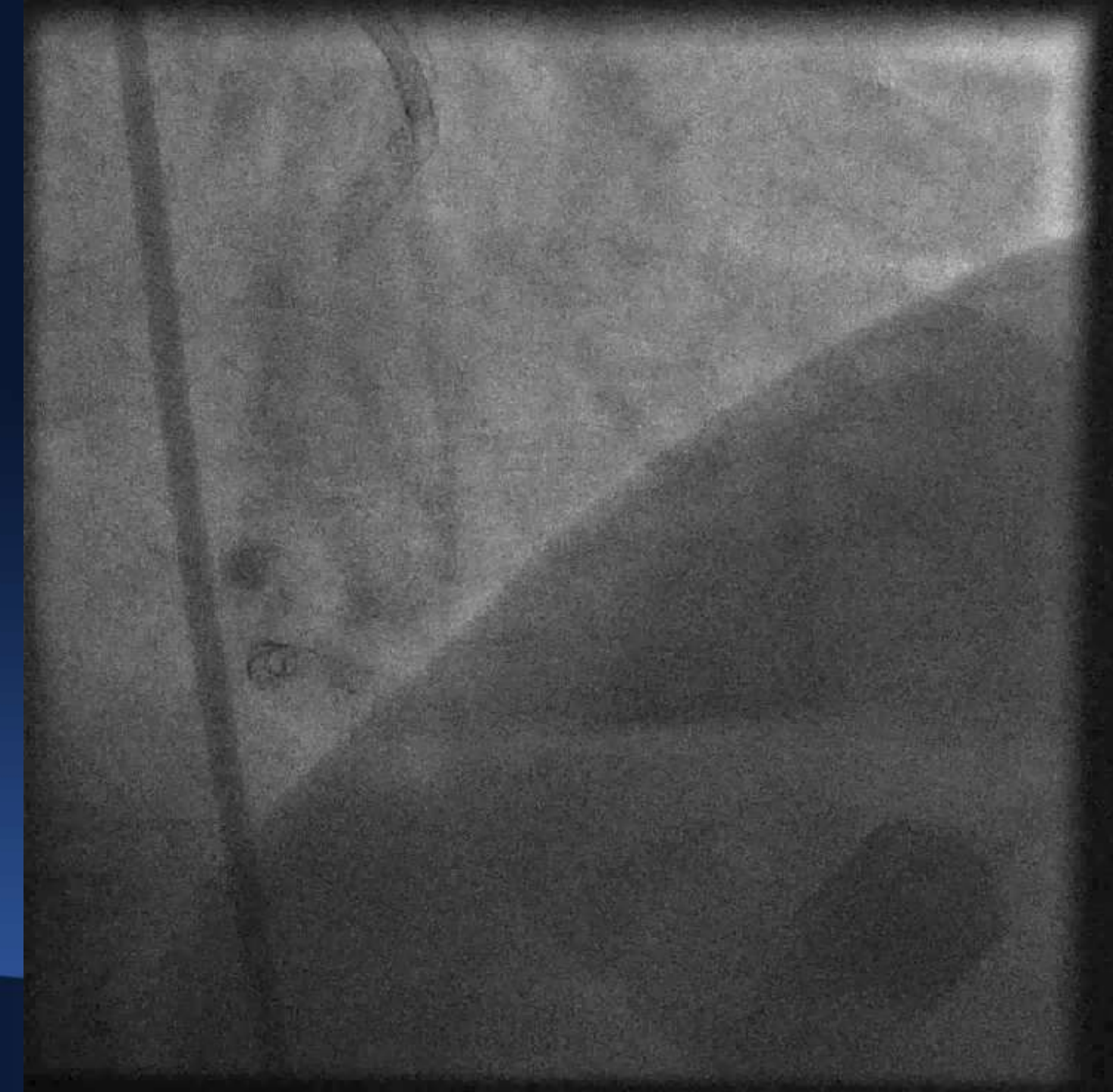






**Retrograde:
Corsair (long)
Miracle 6
Confianza Pro
12**

**Confianza Pro
12 crossed
lesion**

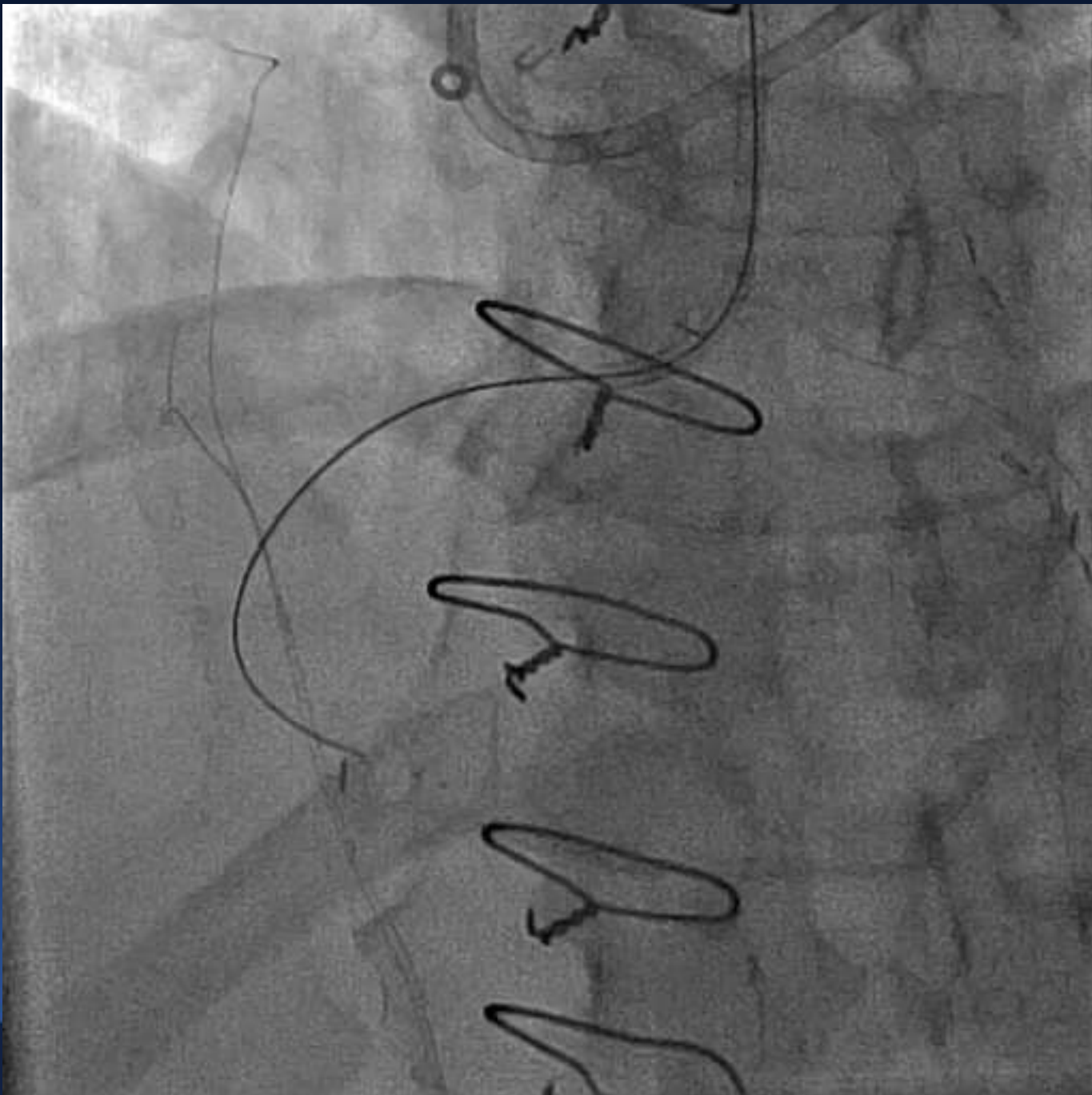


Antegrade Dissection Re-Entry (ADR)



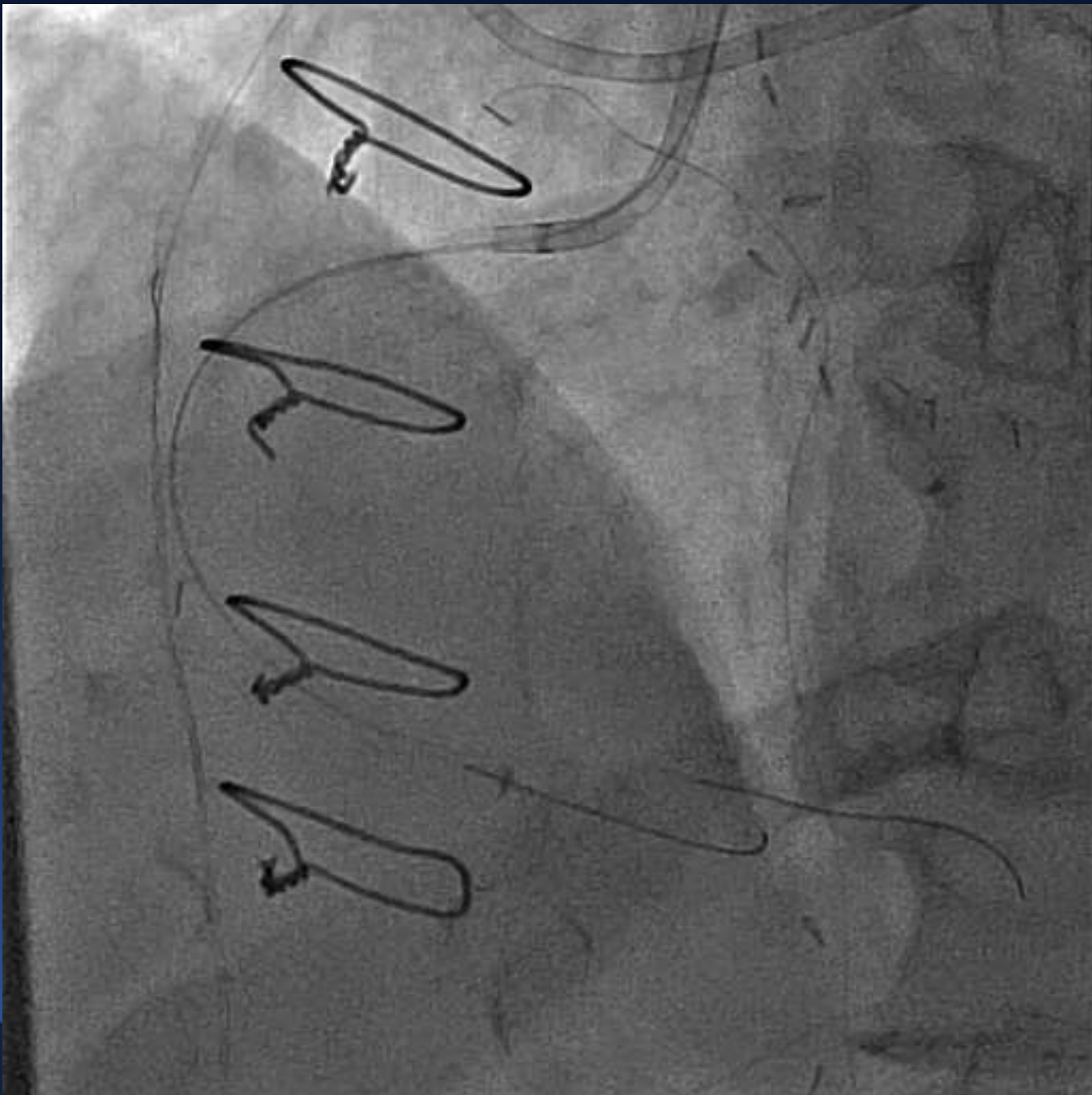


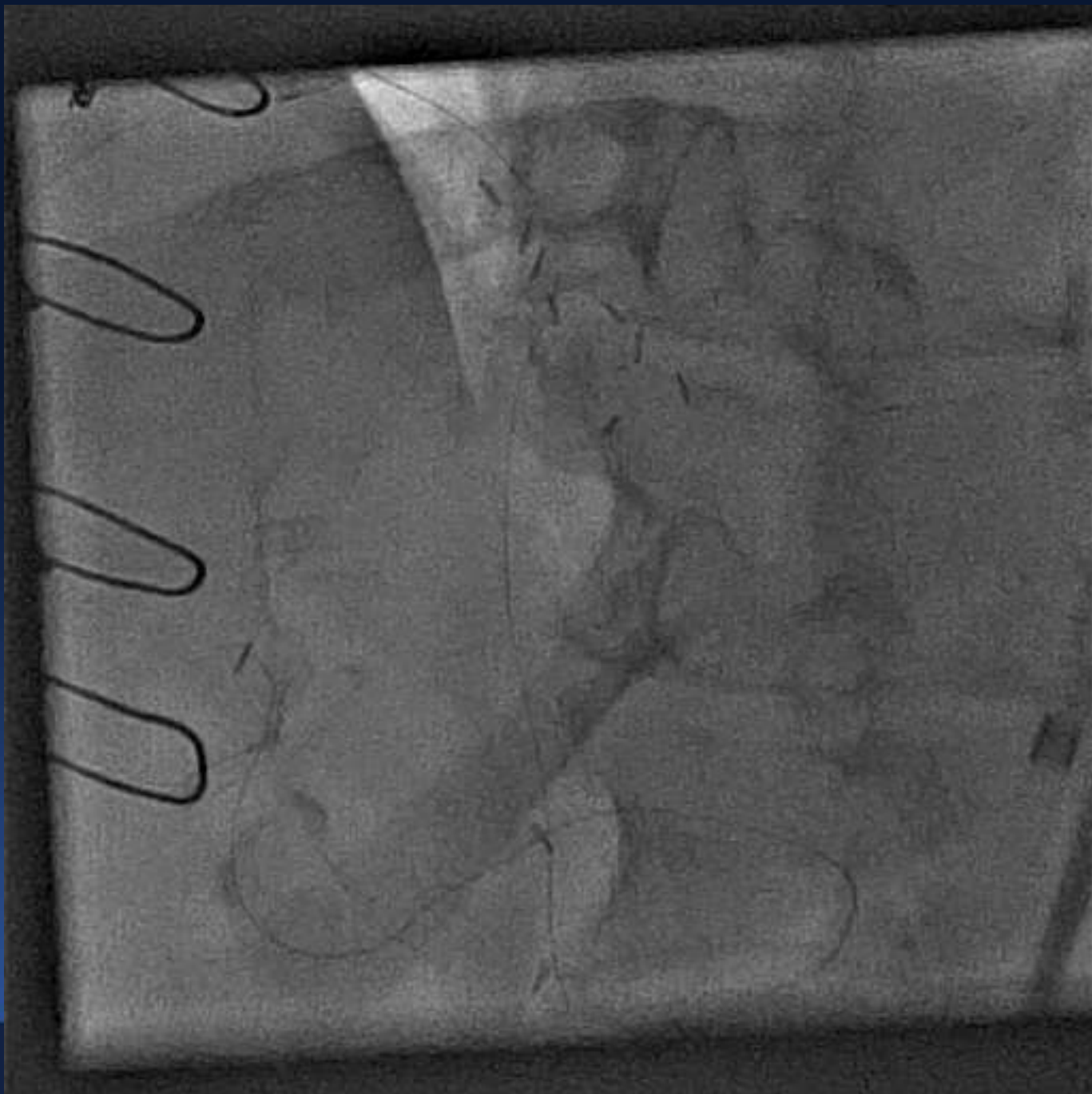






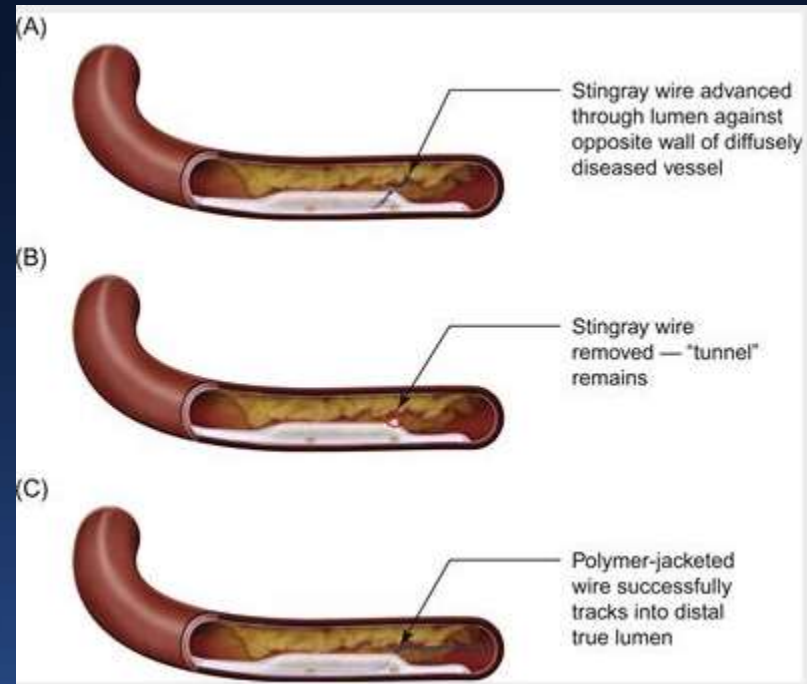






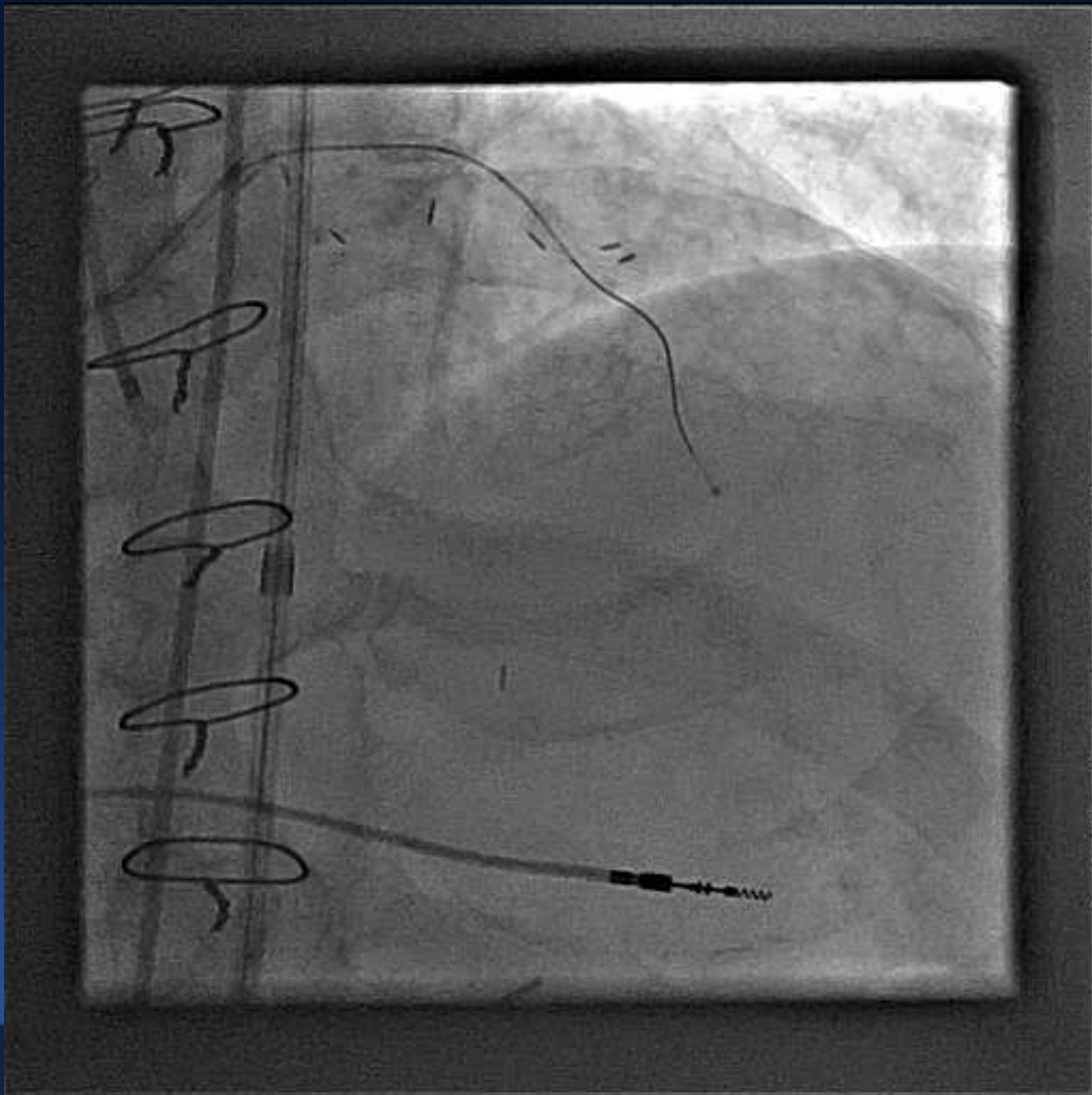
Stick and Swap

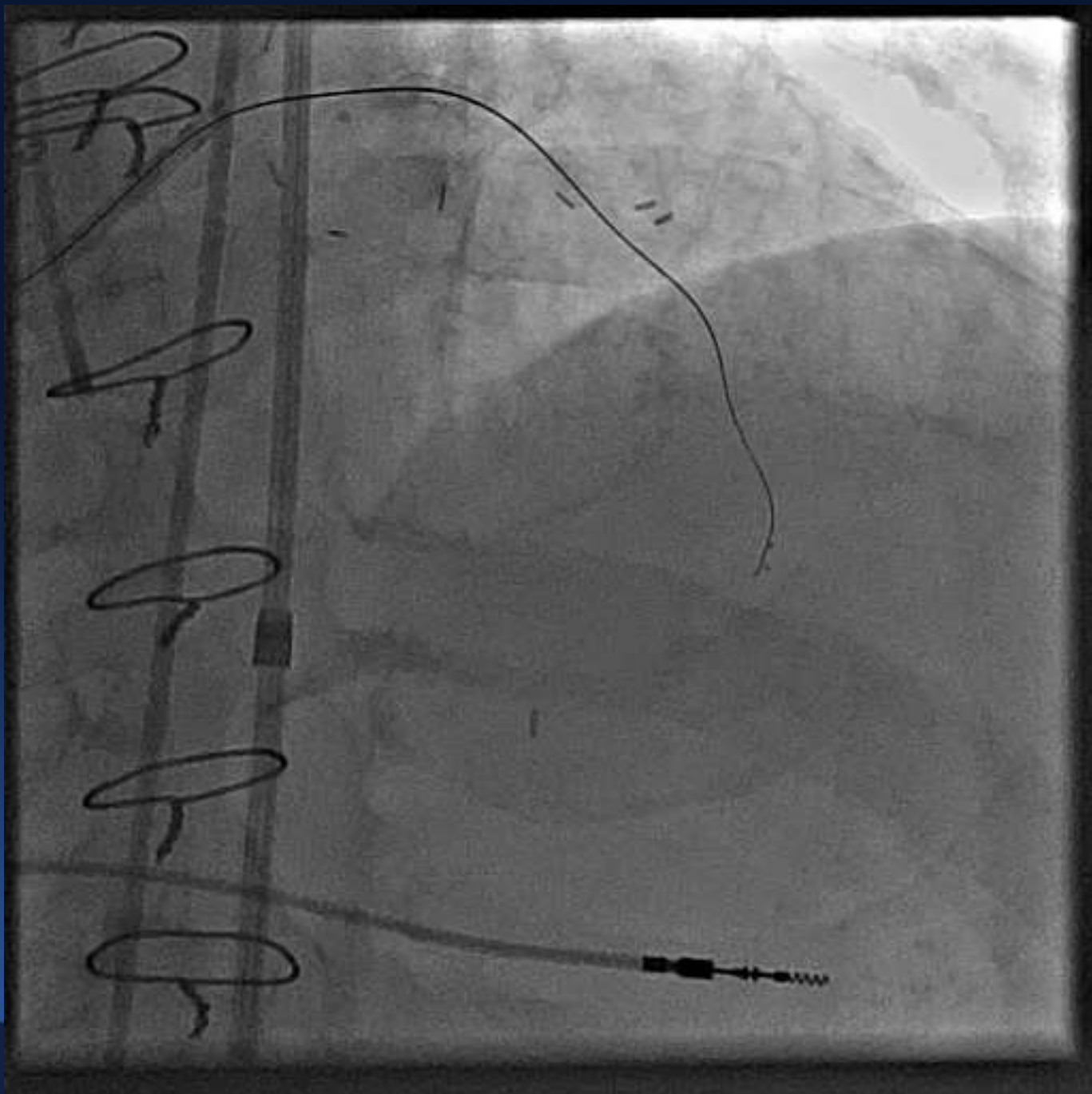
- Method of reentry in which an initial puncture into the true lumen from the Stingray balloon side-port is performed with the Stingray wire. This wire is removed and a Pilot 200 guidewire is advanced through the same tunnel created by the Stingray wire into the distal true lumen.

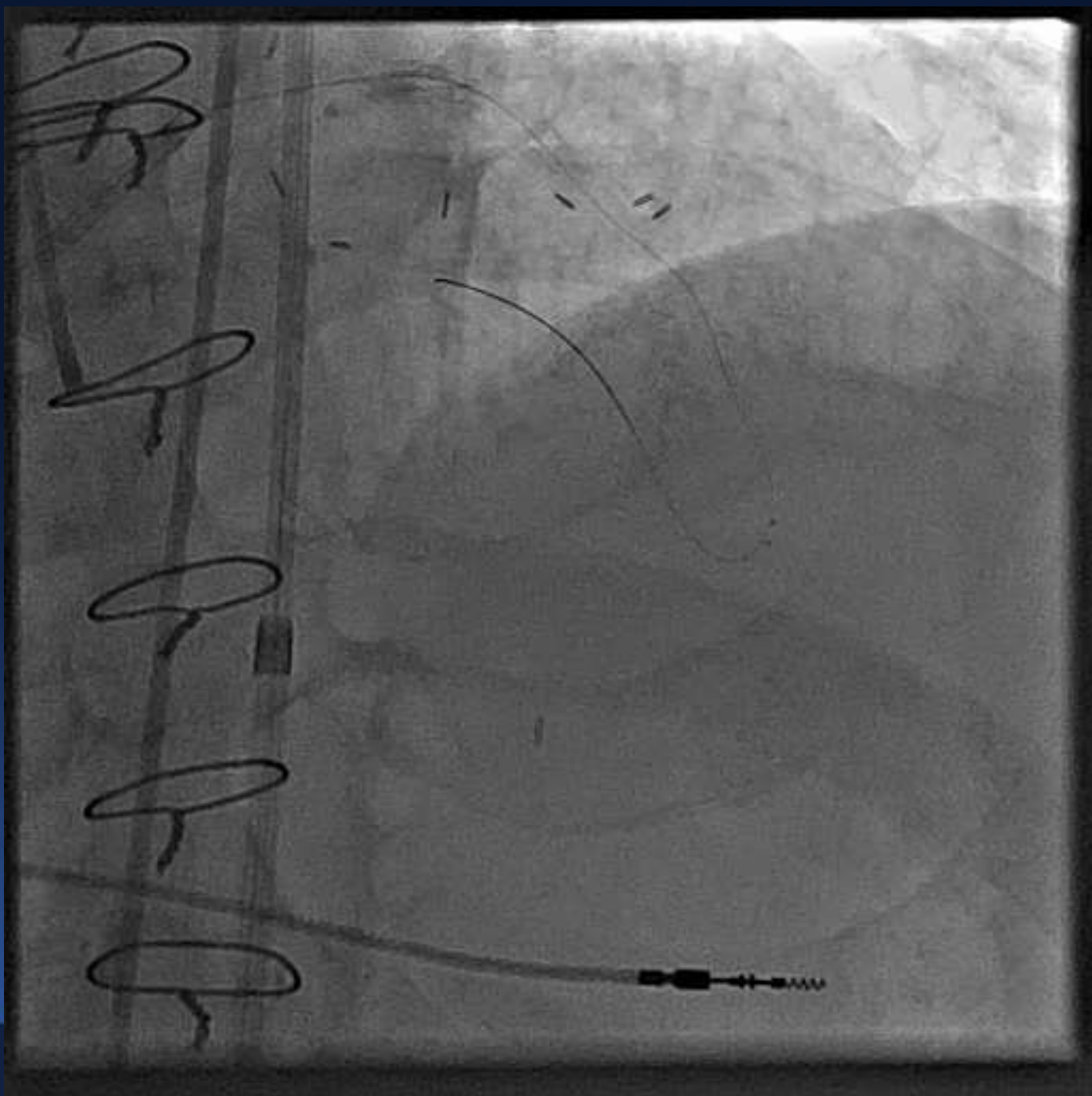






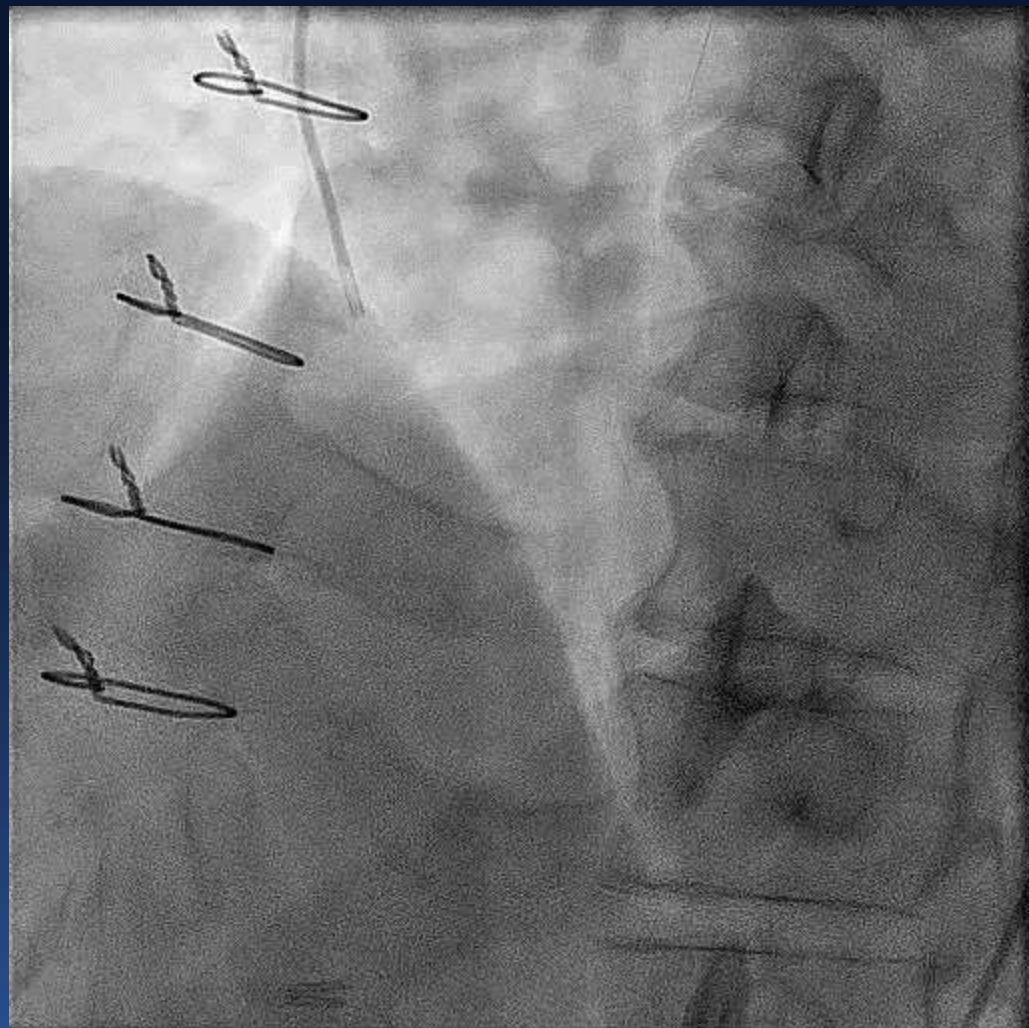


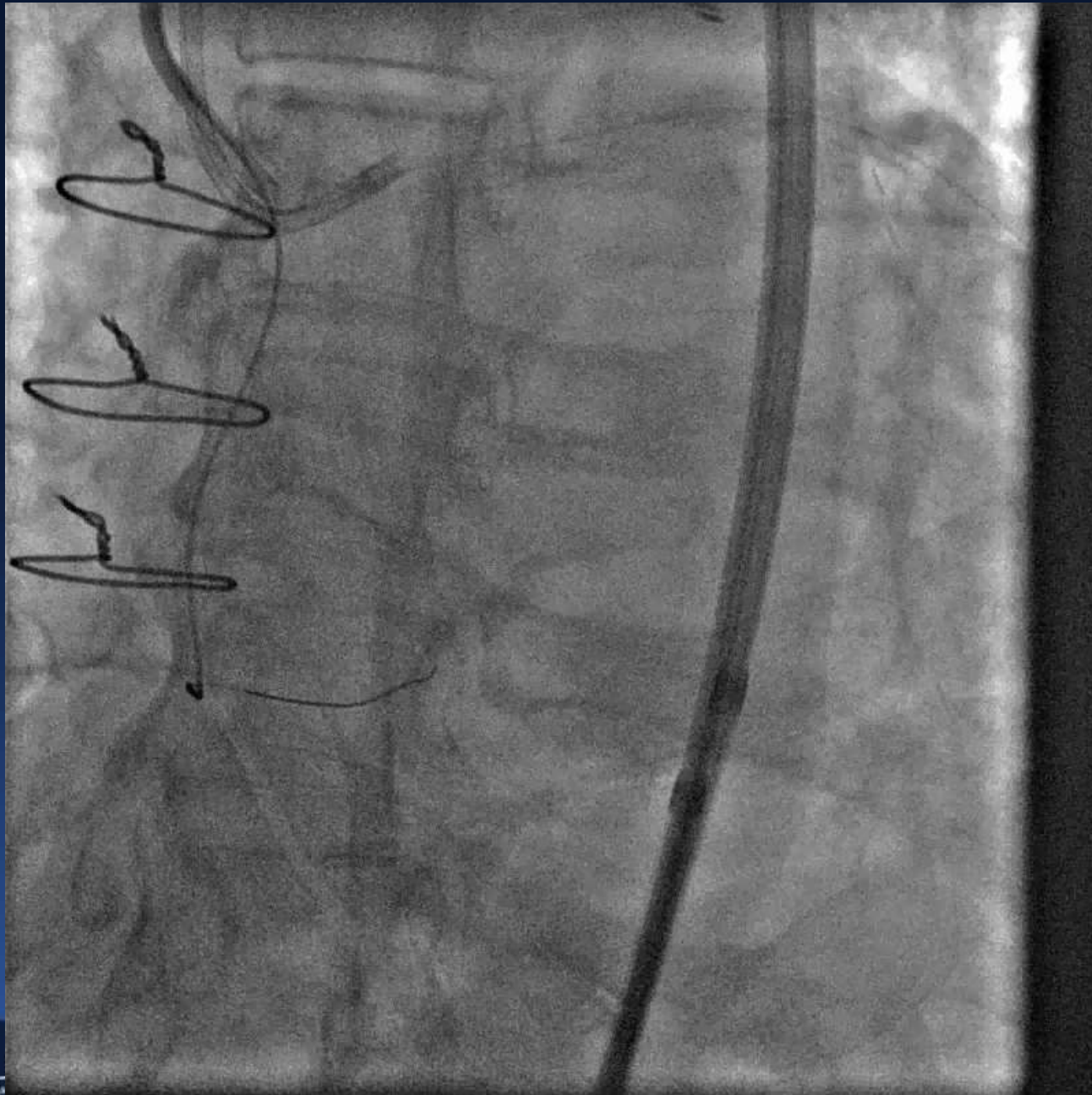




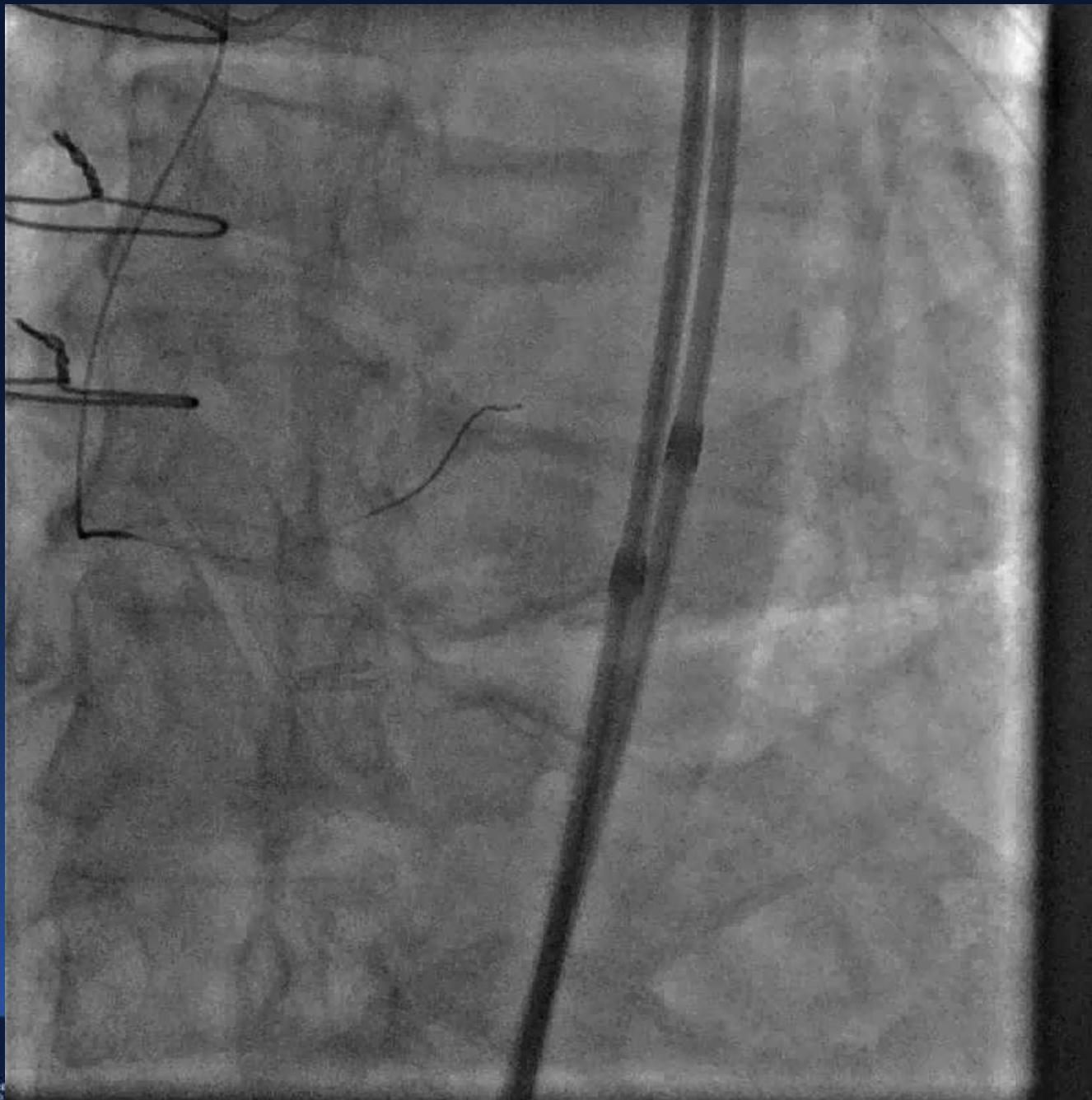


Skills/Skillsets

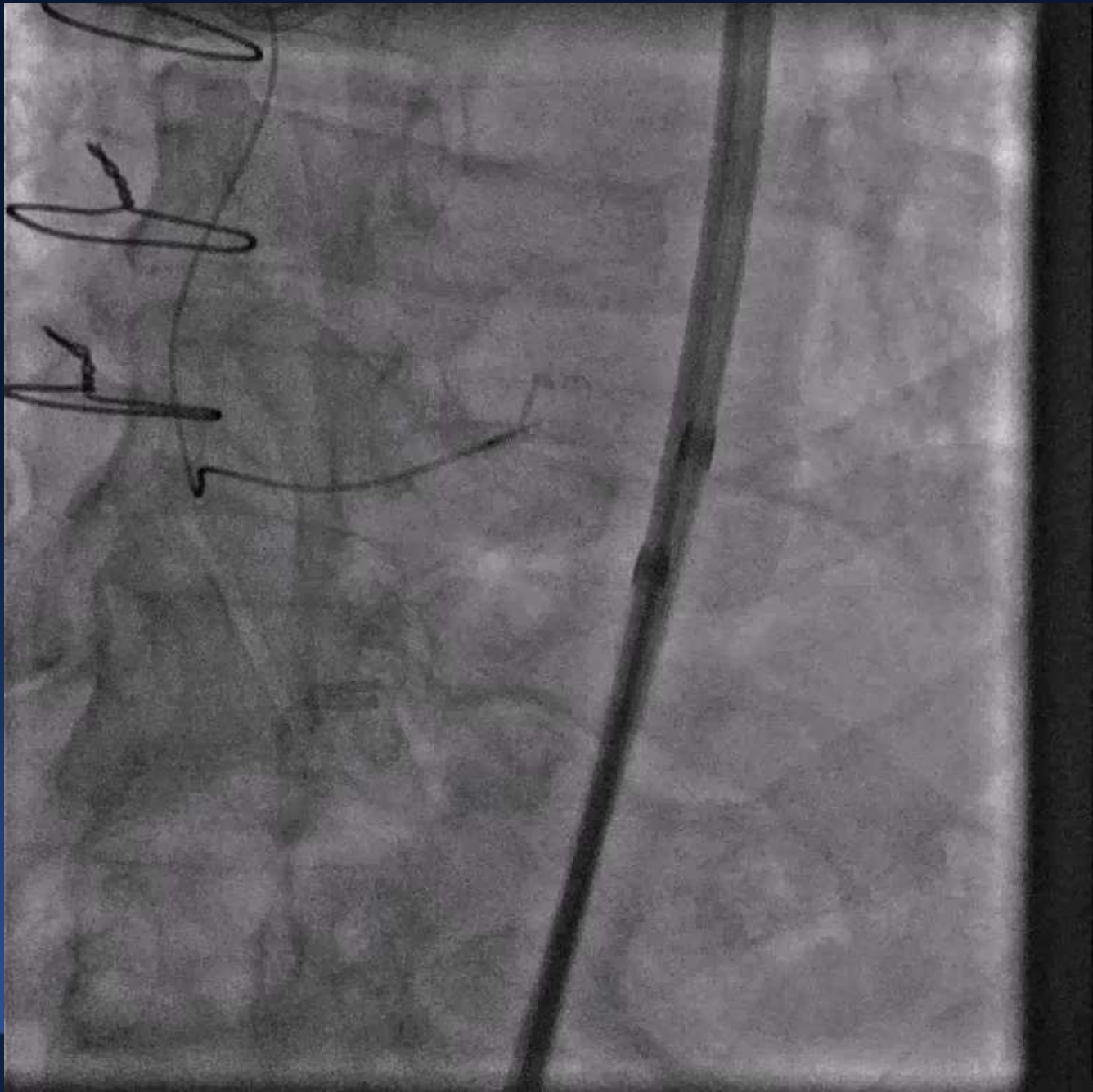


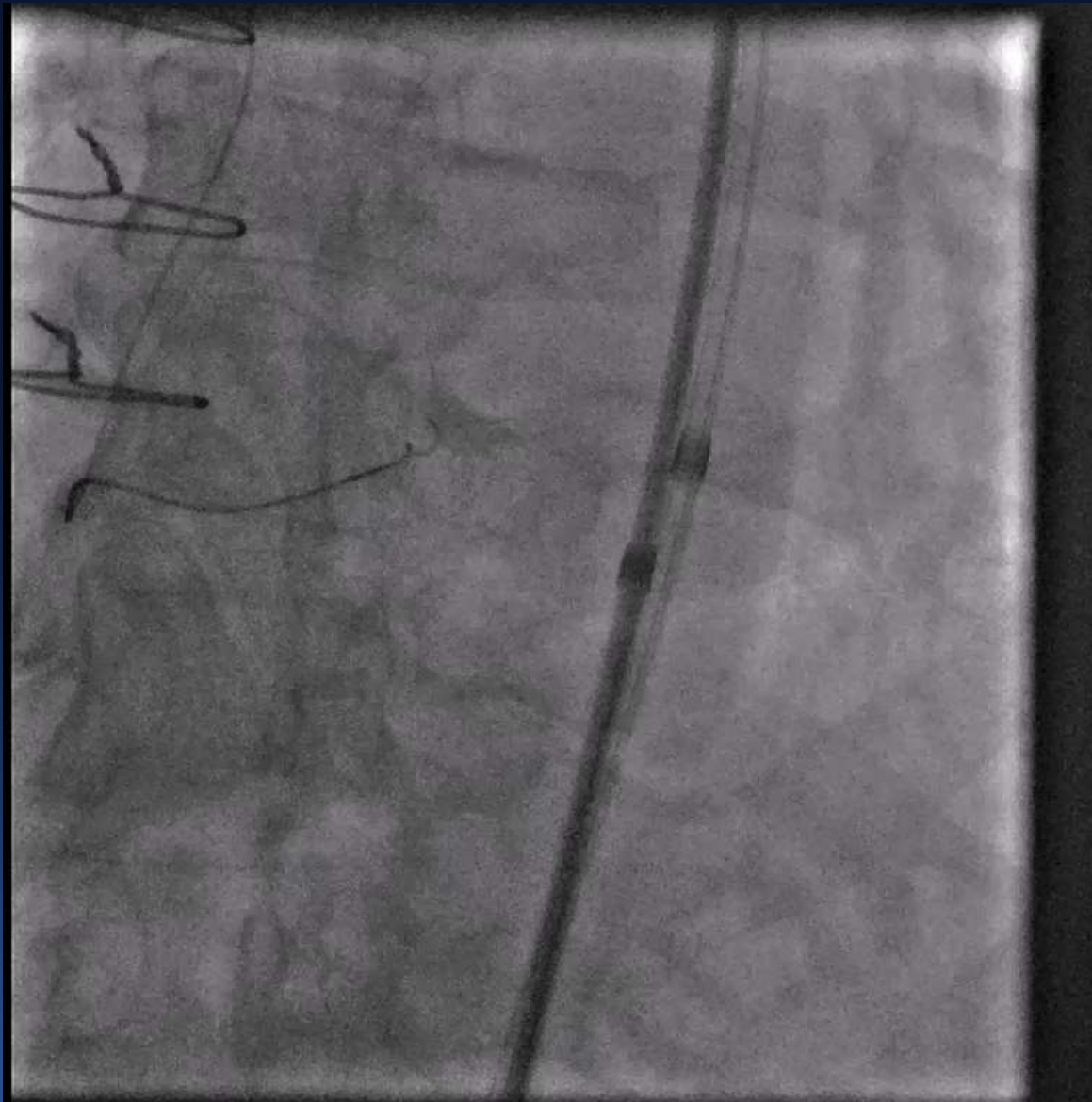


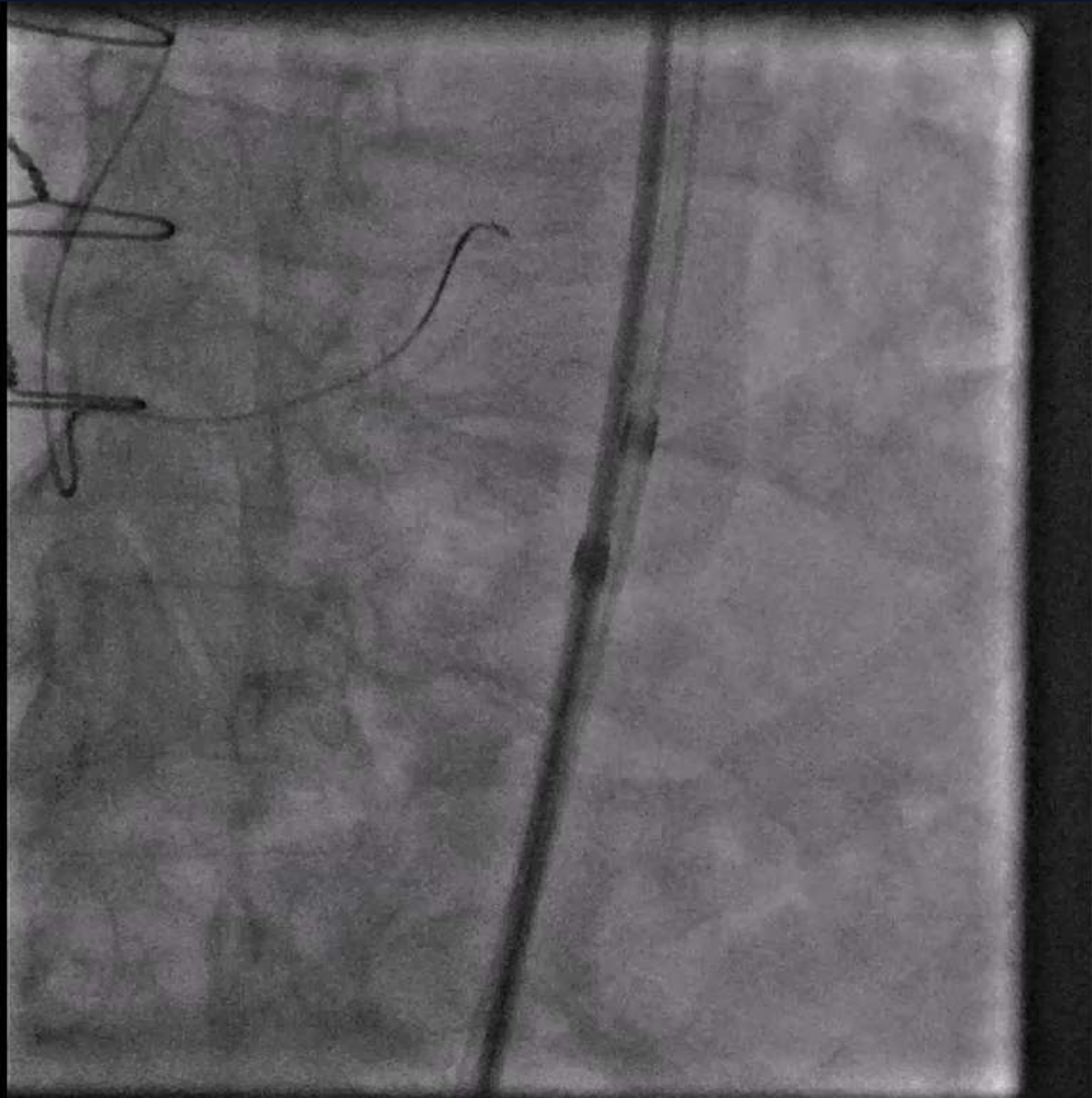
Corsair (long) Prowater Sion



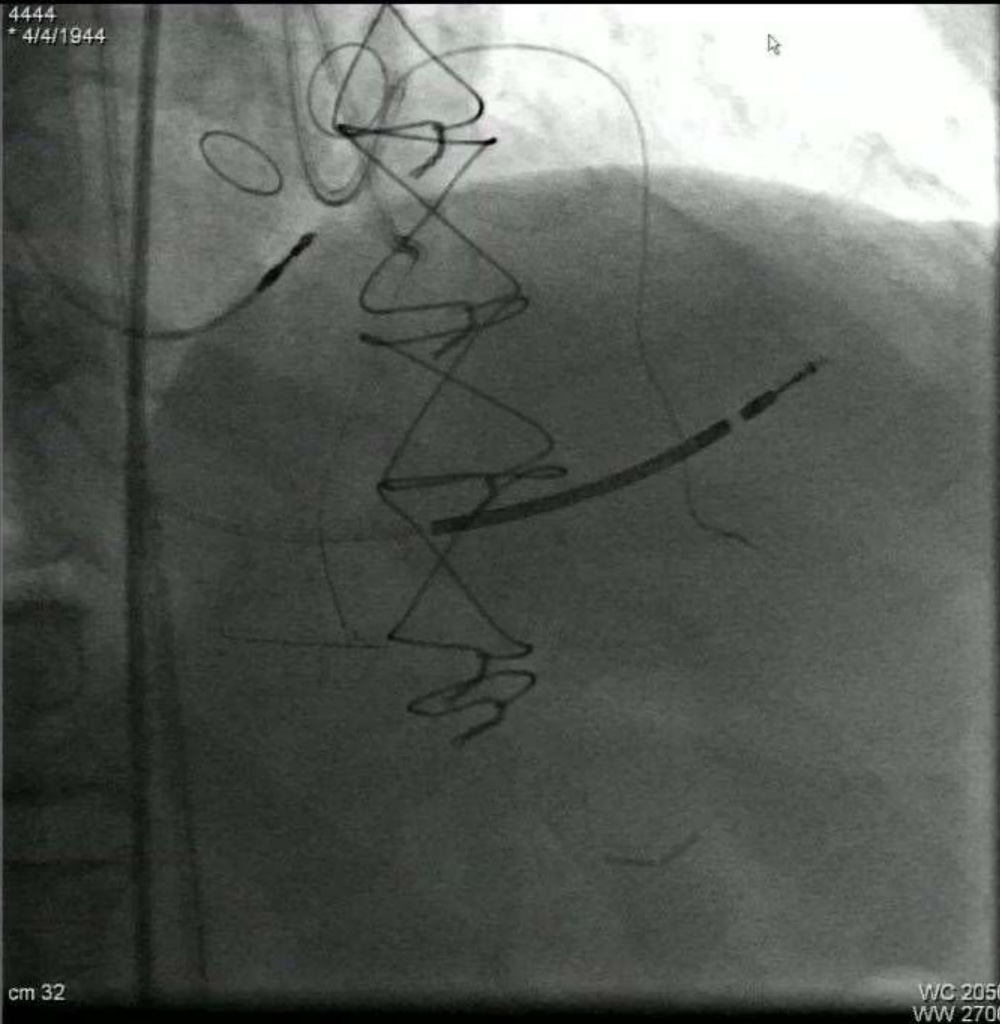
Corsair (long) Sion







4444
* 4/4/1944



cm 32

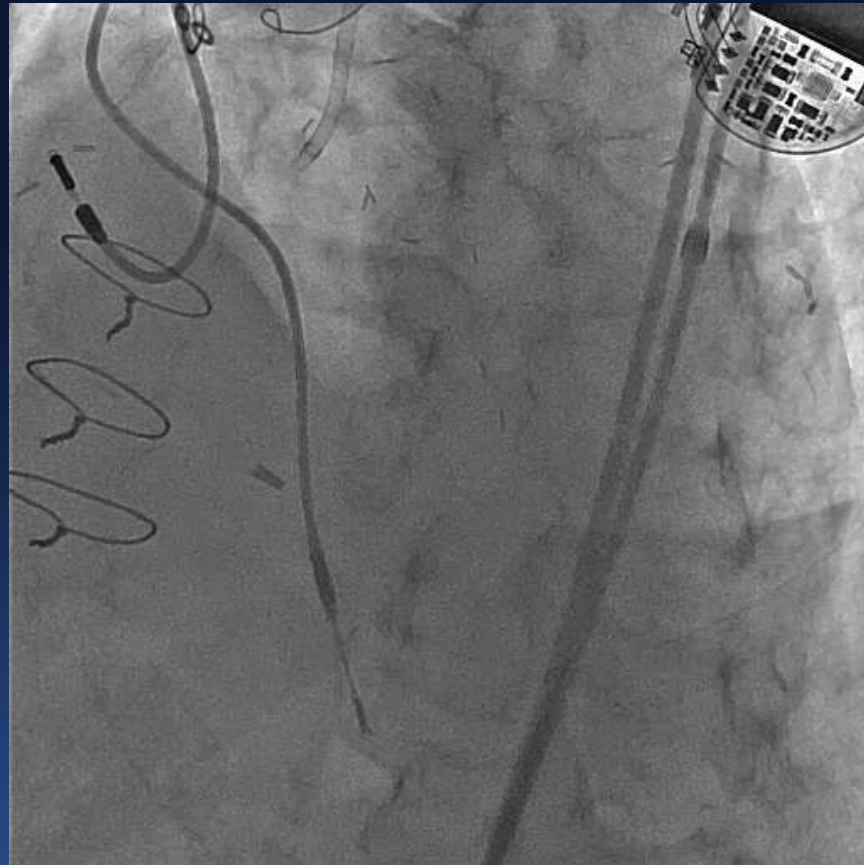
WG 2050
WW 2700

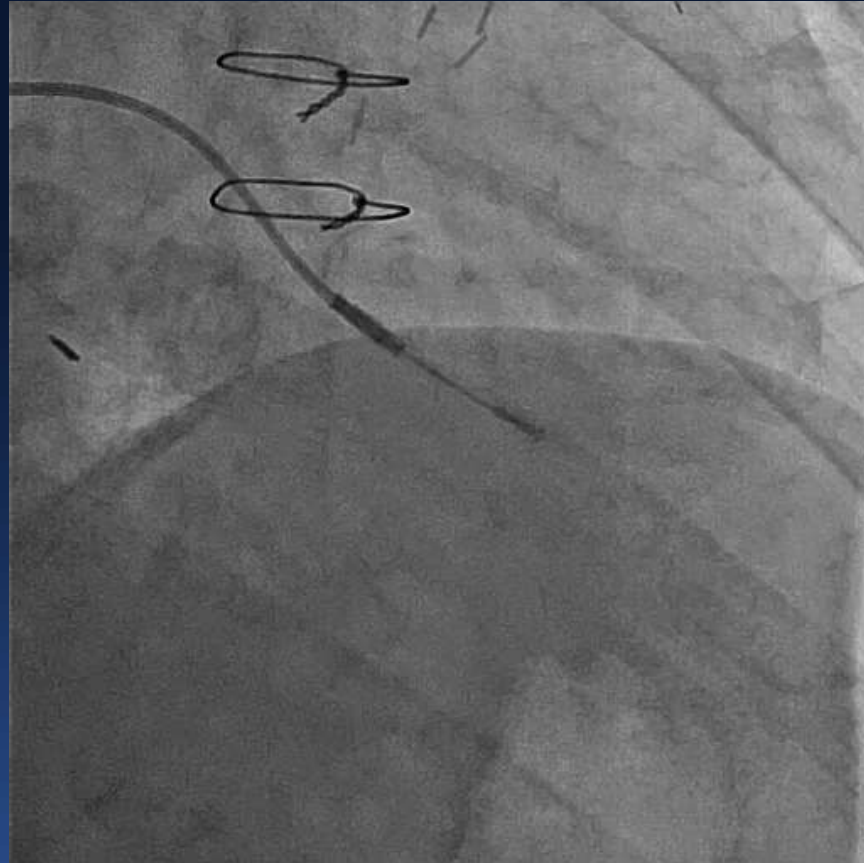


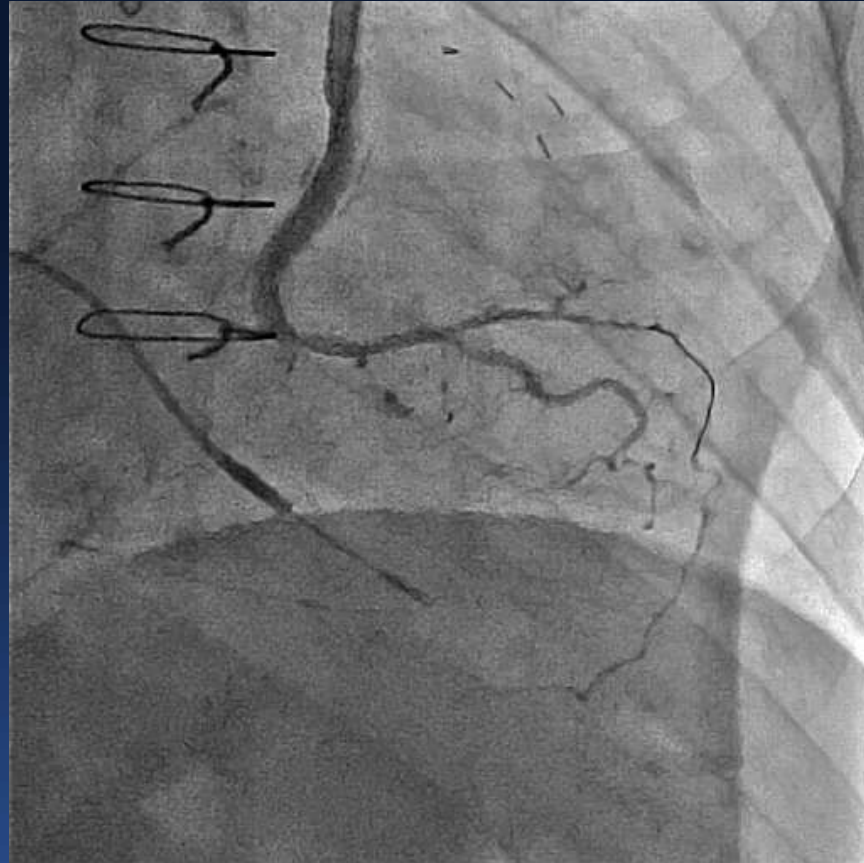
AO SP/EP/PM AO SP/EP/PM
103/48/71 103/56/75



Case Review 1







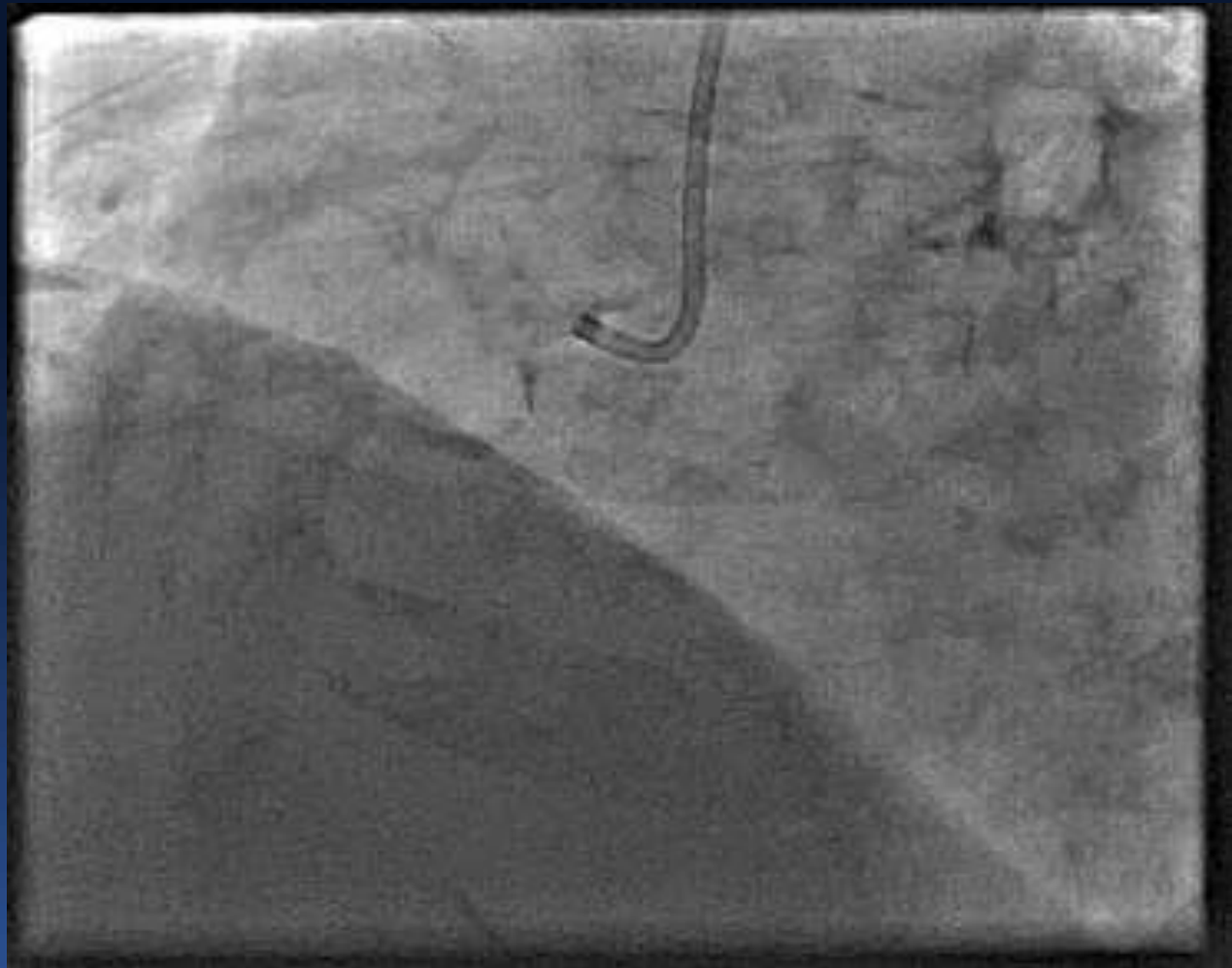




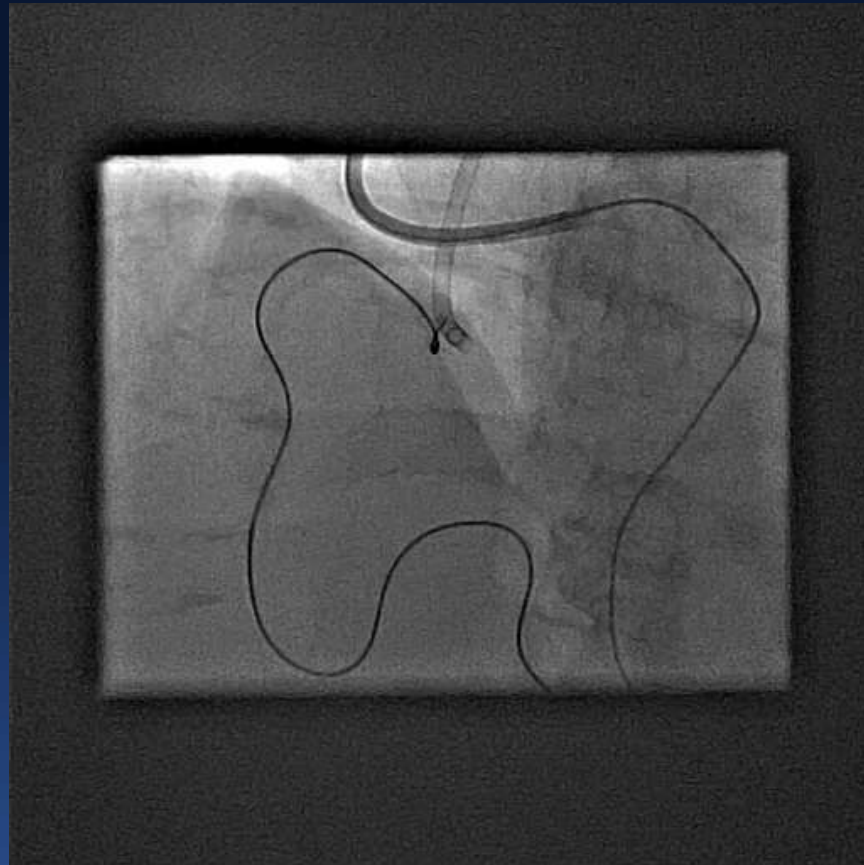


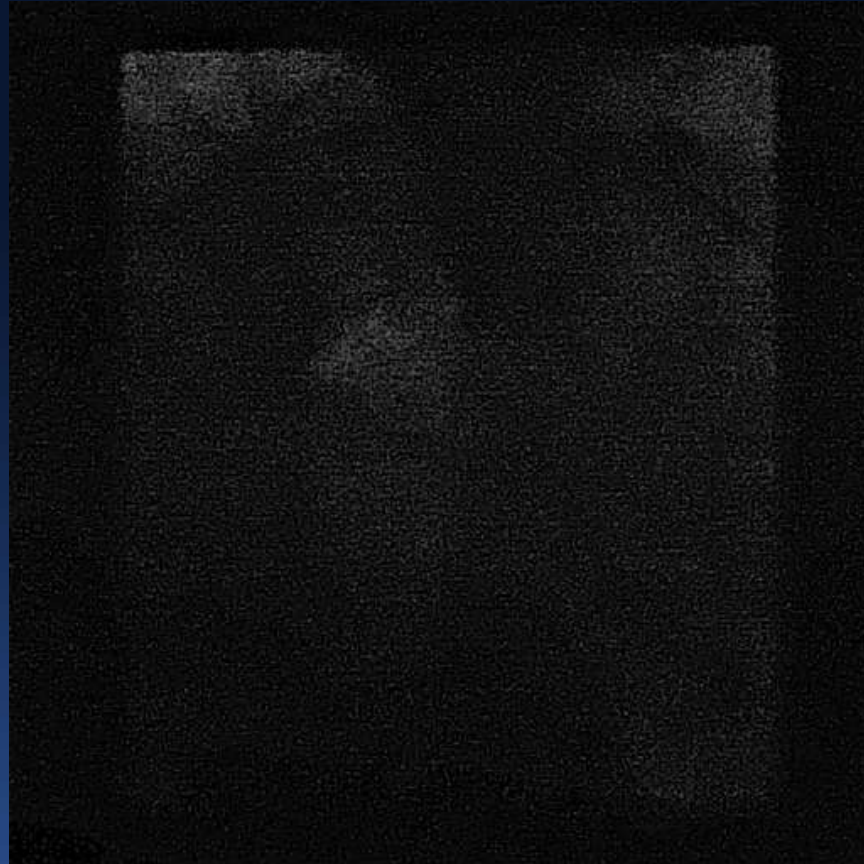


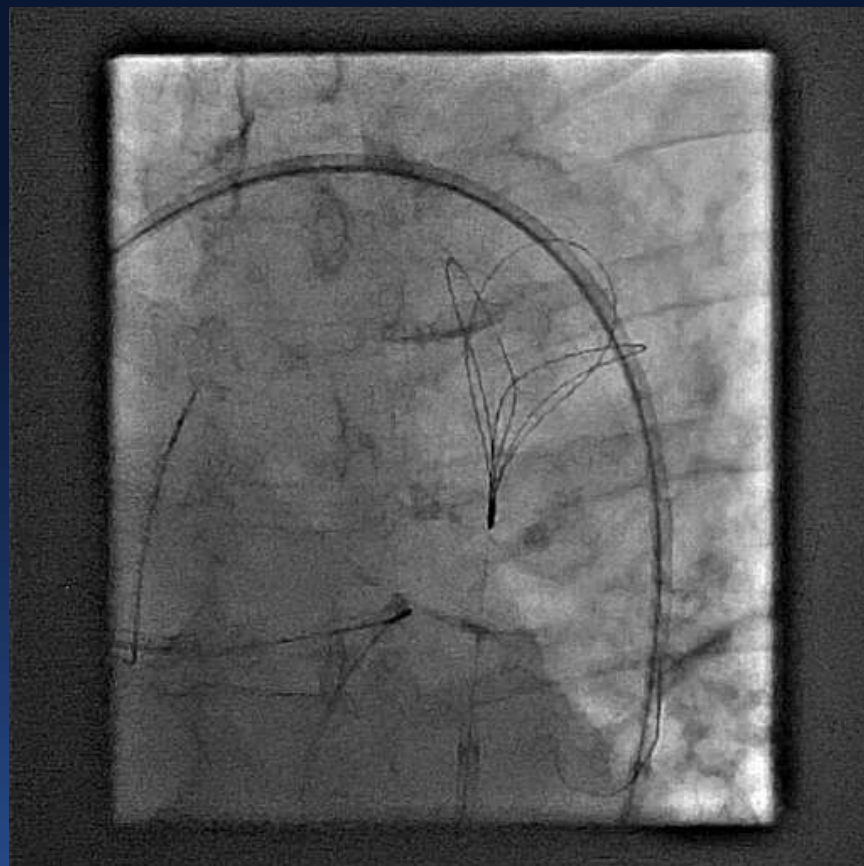
Case Review 2

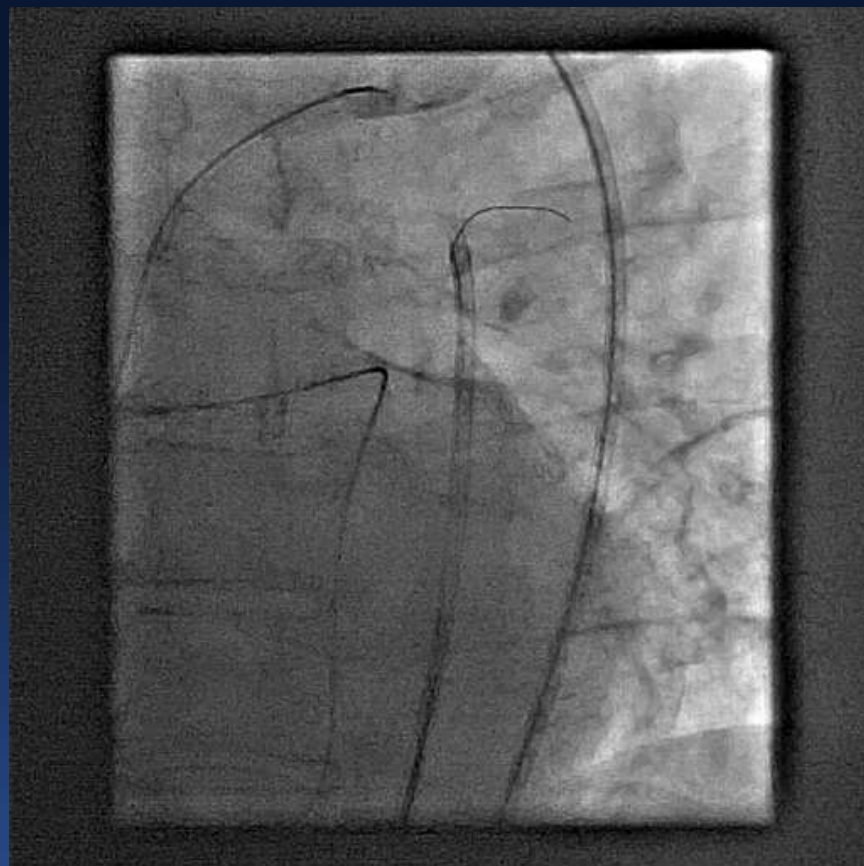


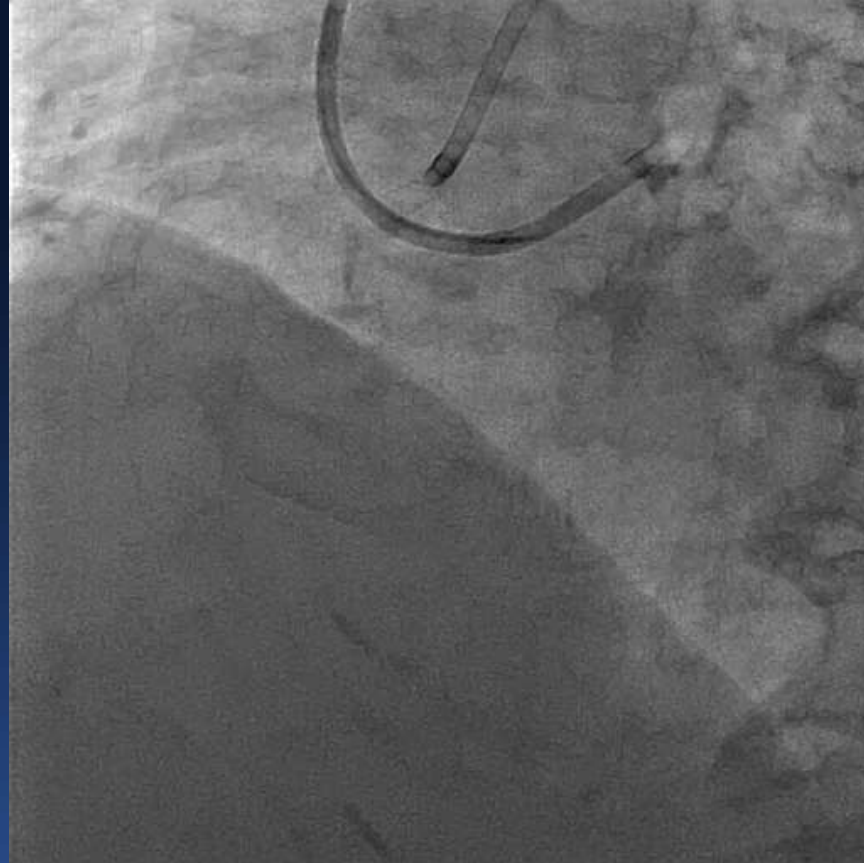




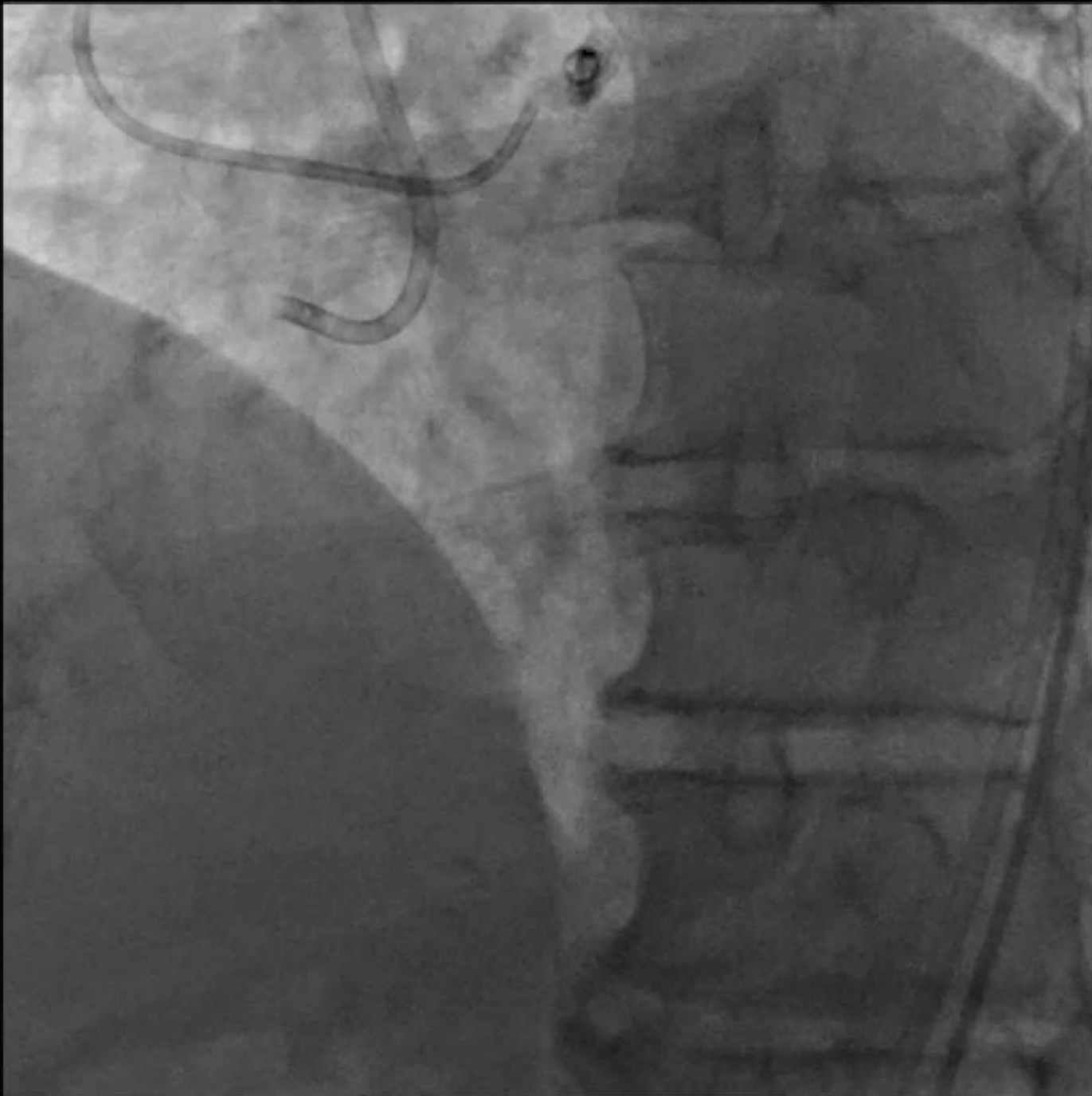


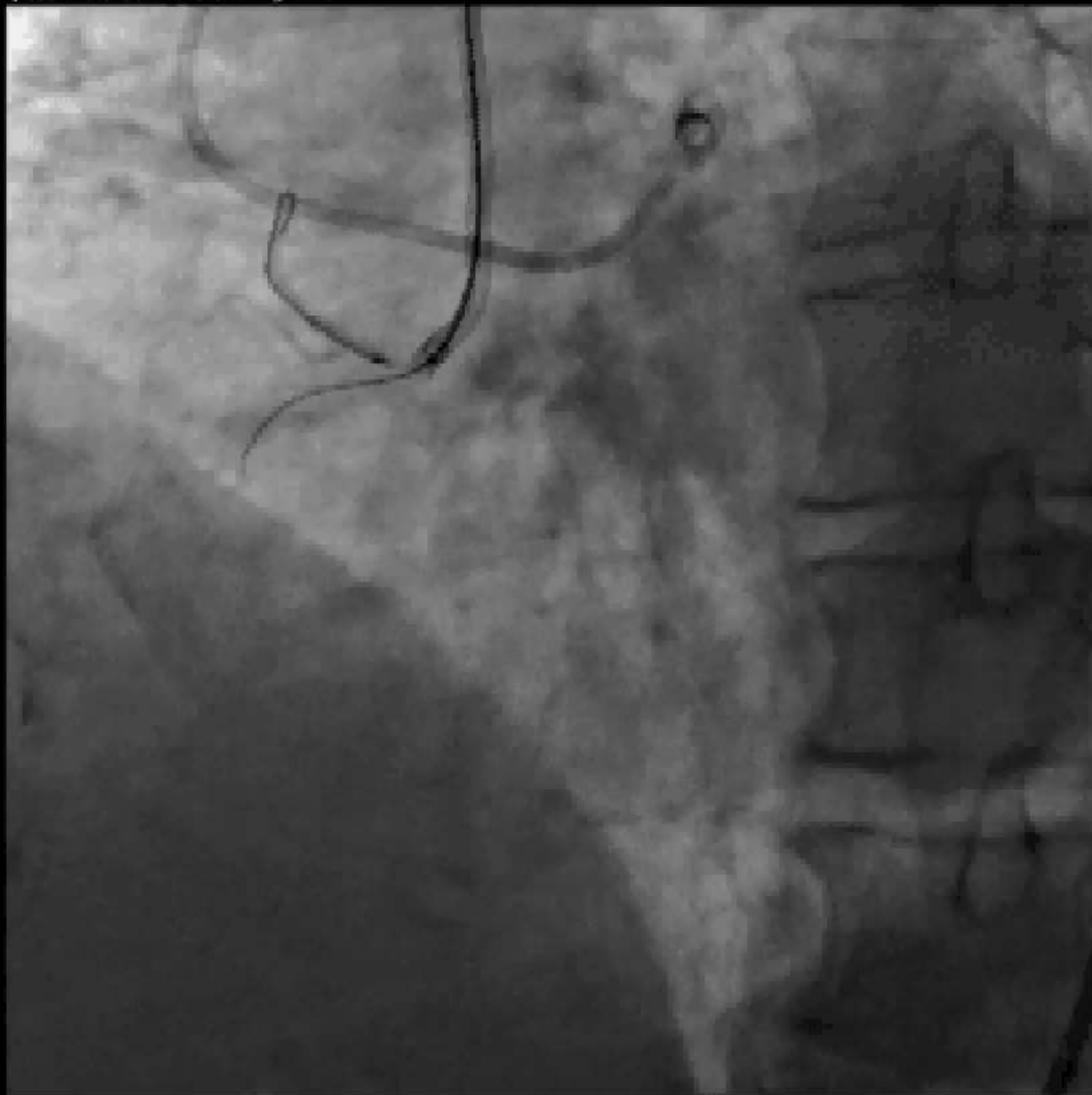


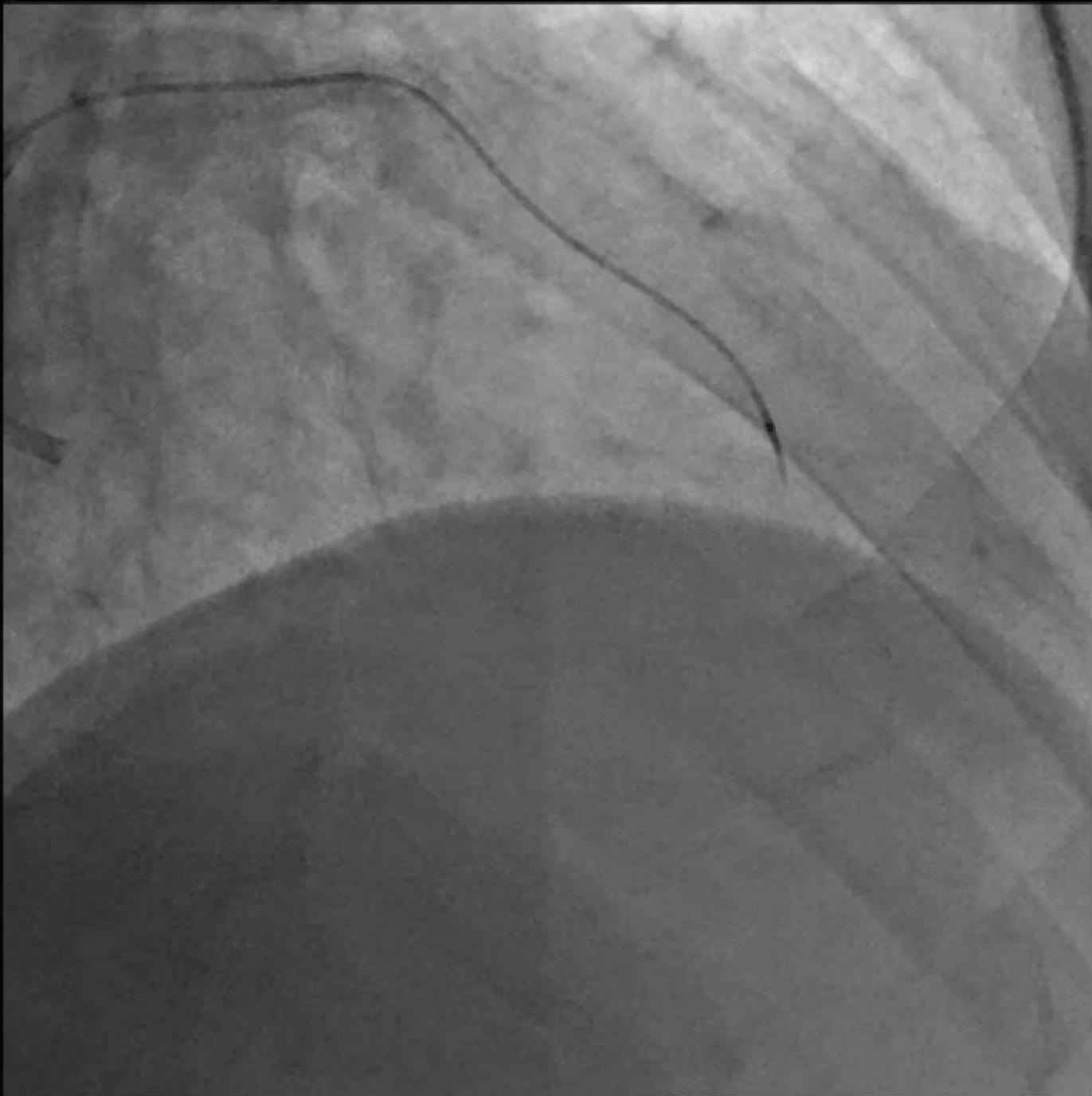


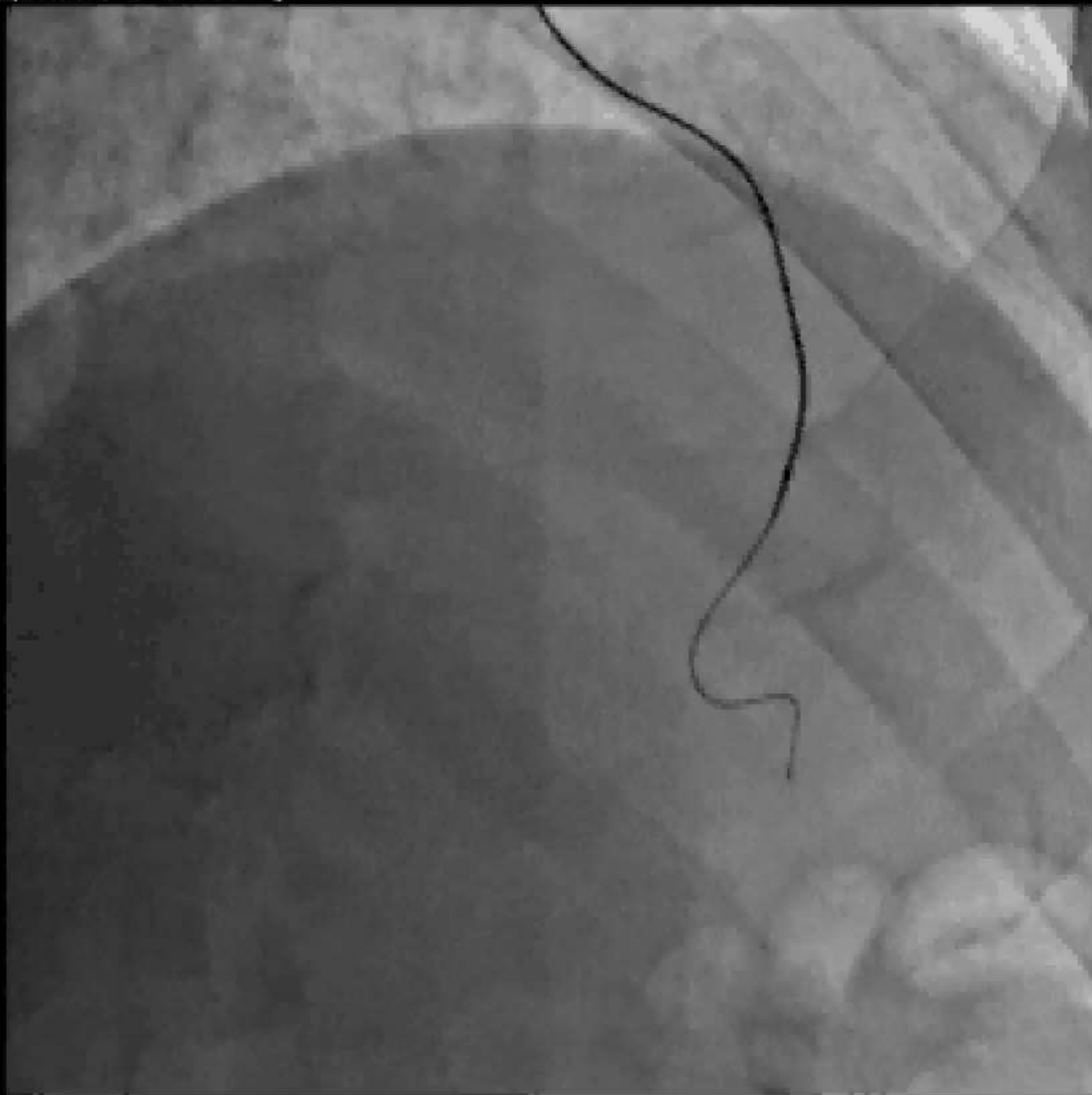


Putting it all together

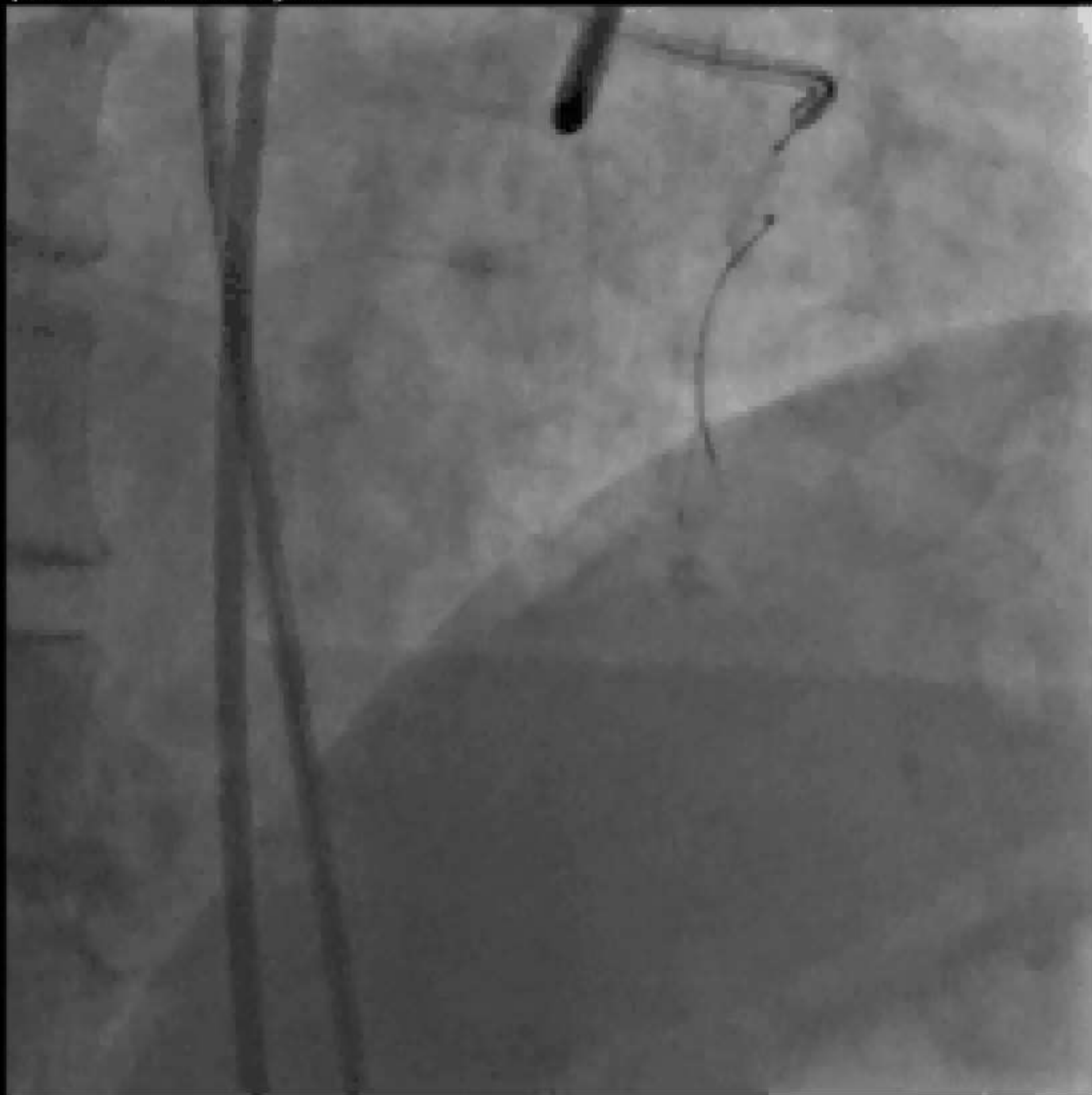






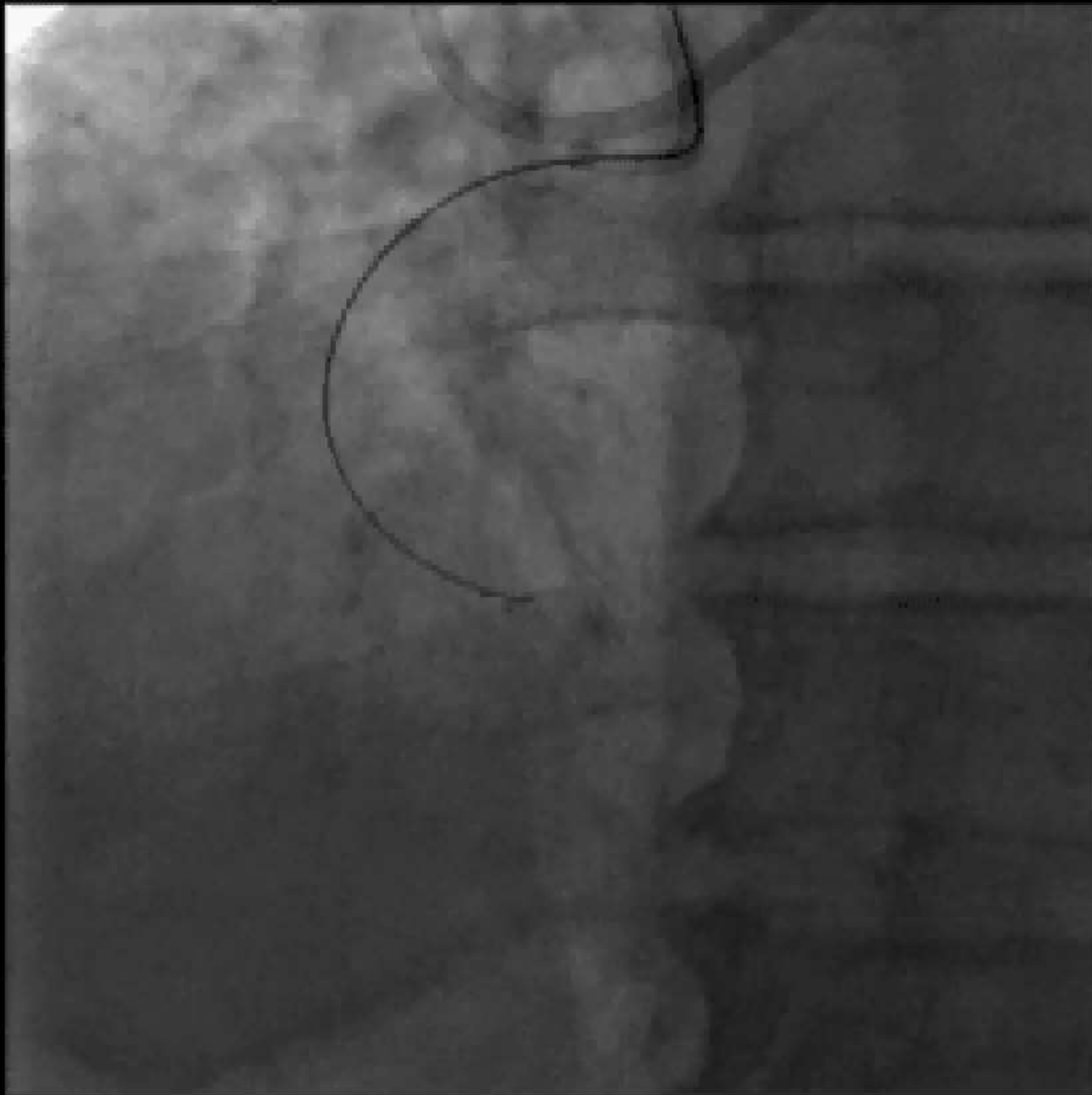


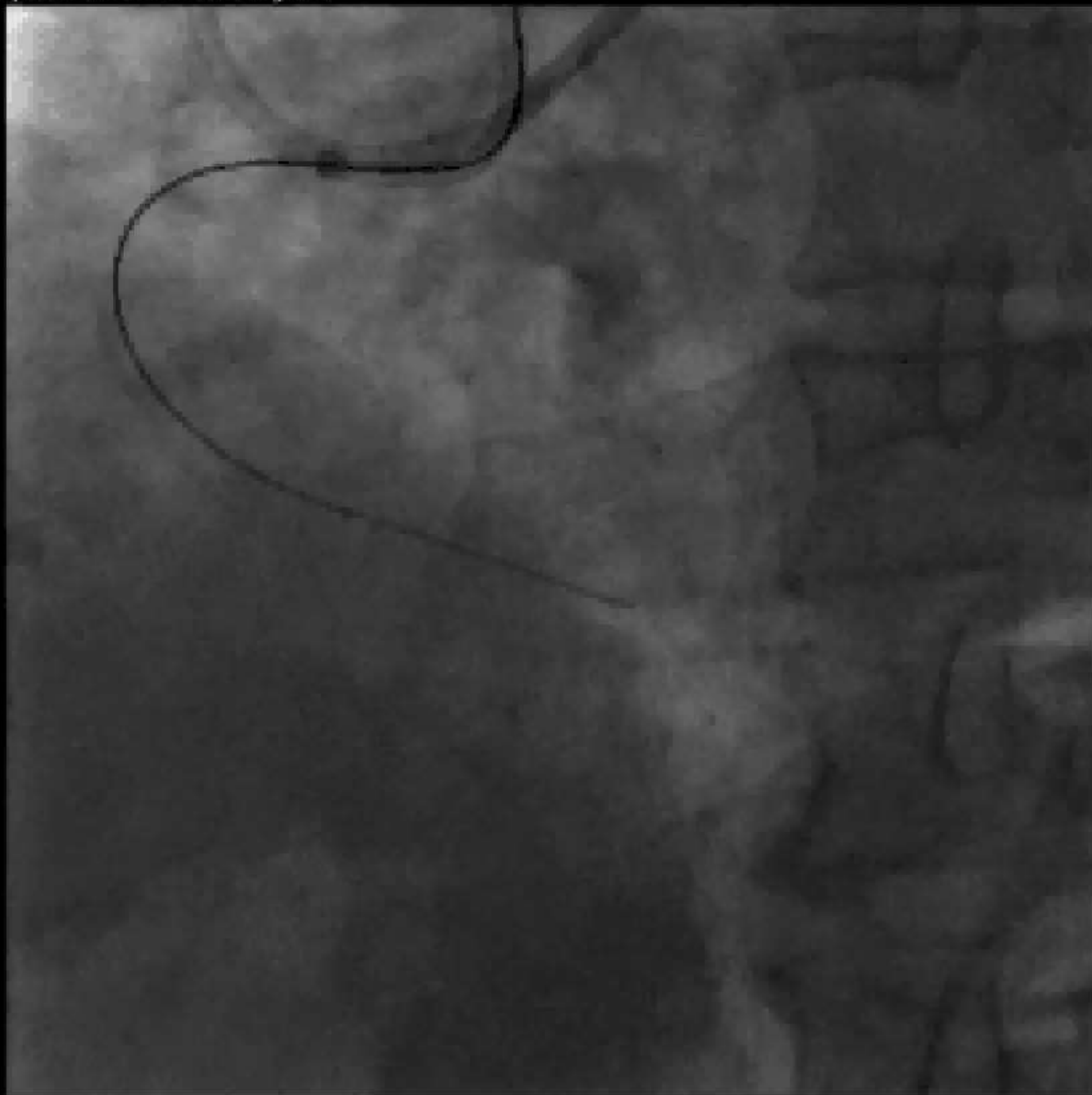




Lossy Compression - not intended for diagnosis









The CTO “Toolbox”: Review of Hardware Design and Purpose

Basic Principles

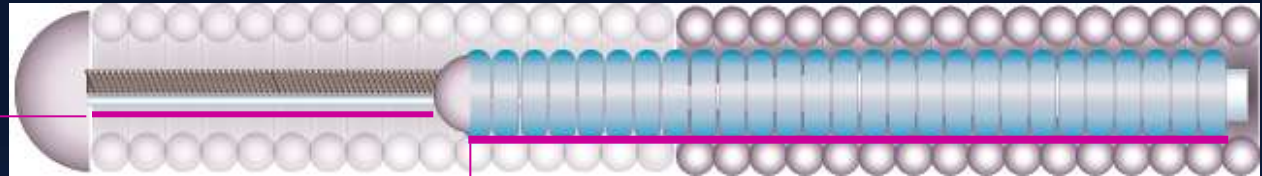
1. Deep Understanding of Equipment
2. Efficiency
3. Safety
4. Simplicity
5. Reproducibility
6. Reasonable Budget

- **Sheaths**
- **Guides**
- **Support Catheters**
- **Wires**
- **Crossing Catheters**
- **Guide Support Systems**
- **Snare**s

Wires

- **Fielder XT**
- **Fielder FC/Pilot 50**
- **Confianza Pro 12**
- **Pilot 200**
- **Sion**
- **Gaia**
- **Miracle Bro 12**
- **Externalization Wires**

Composite Core



ACT ONE benefits

1. Shape protection
2. Torque transmission

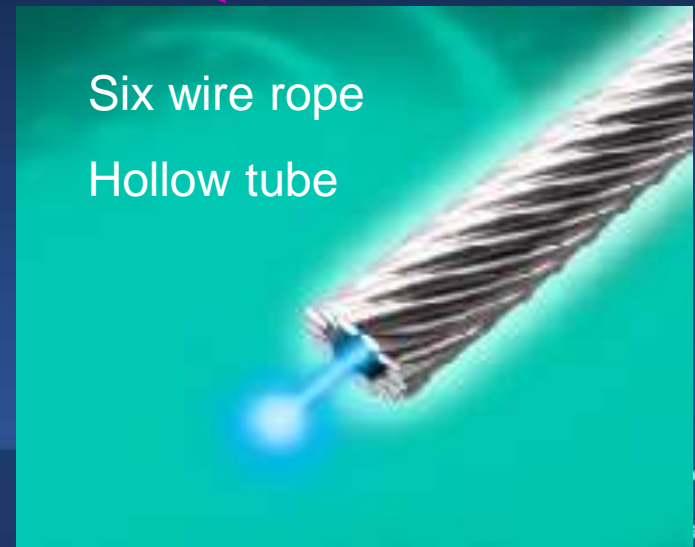
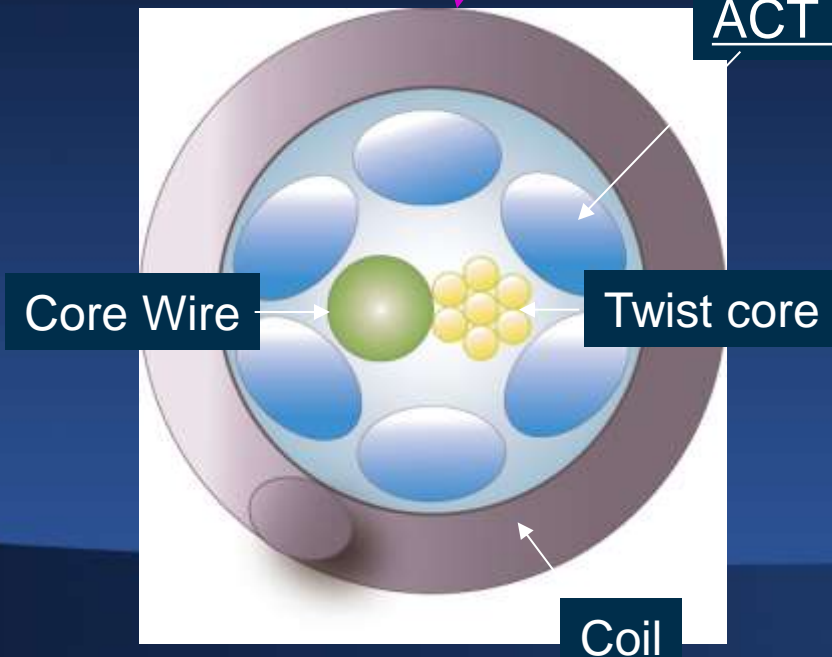


Twist core benefits

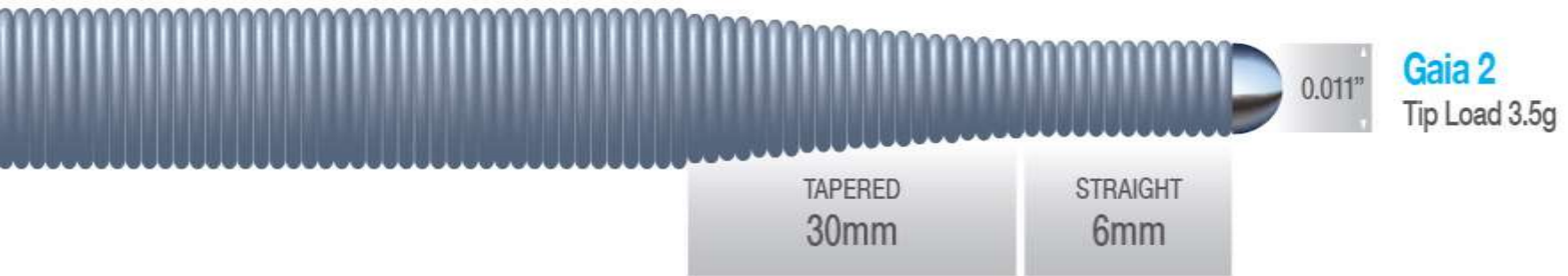
1. Stronger tip
2. Eliminates “whipping”
3. Composite Core allows for a smaller core wire diameter



Composite Core



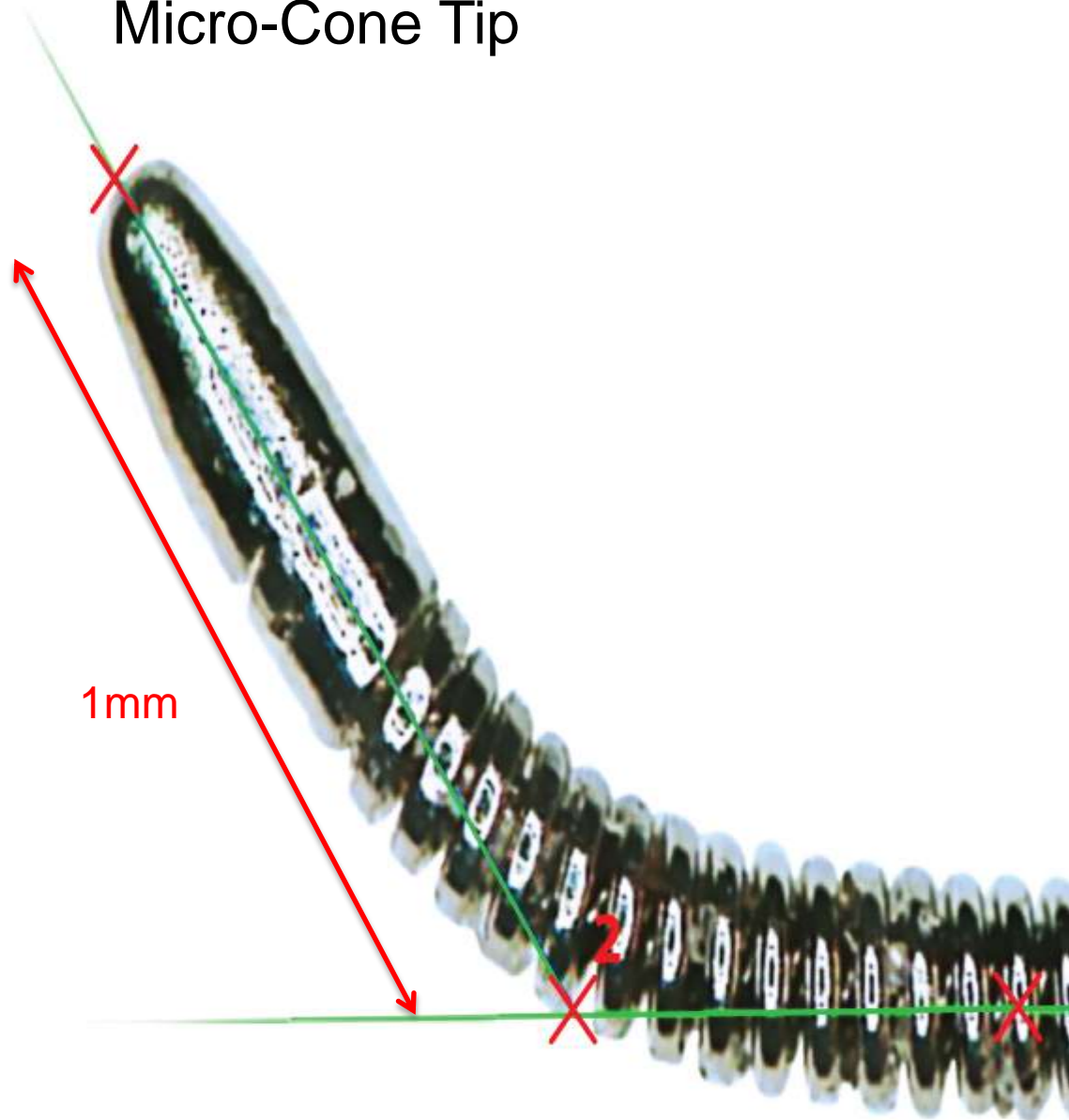
Gaia First / Second / Third



Conventional Guide Wire Tip



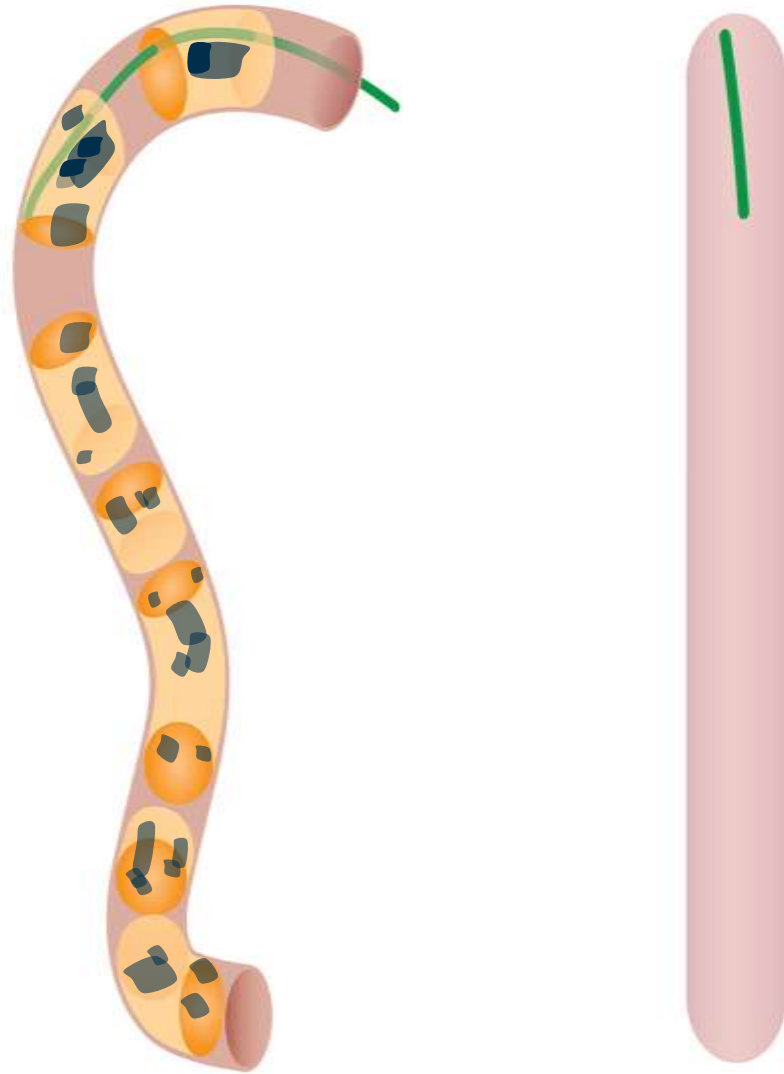
Gaia Wire: Micro-Cone Tip



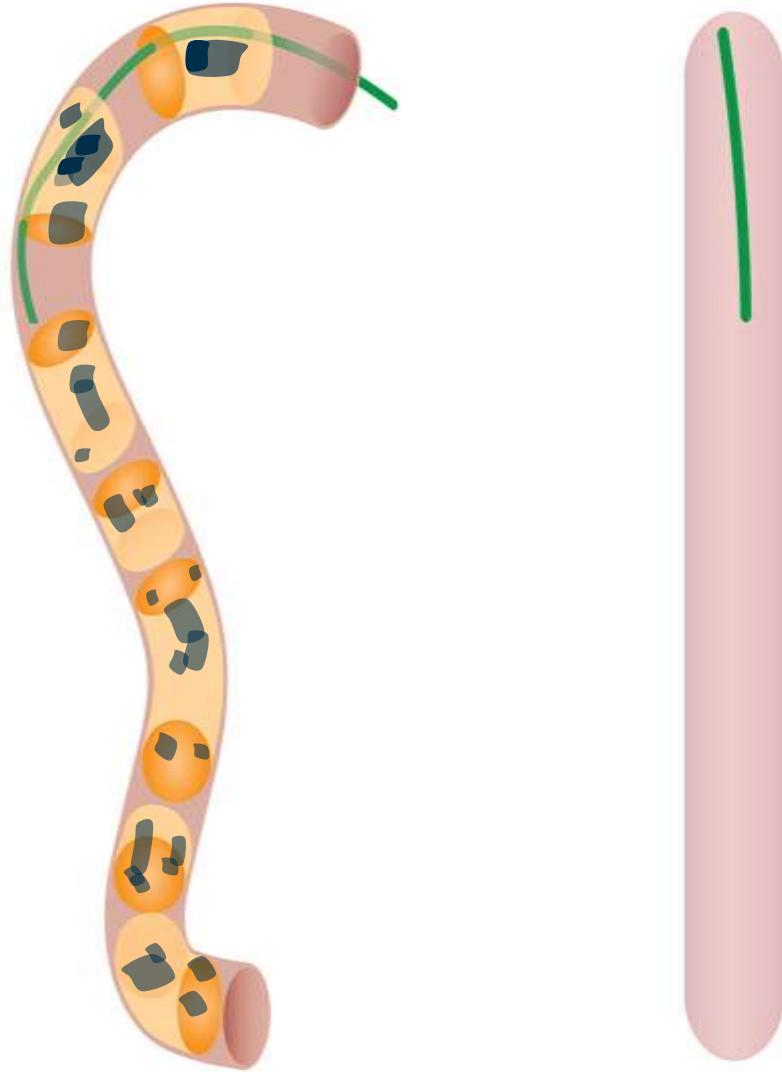
Angiographic views:



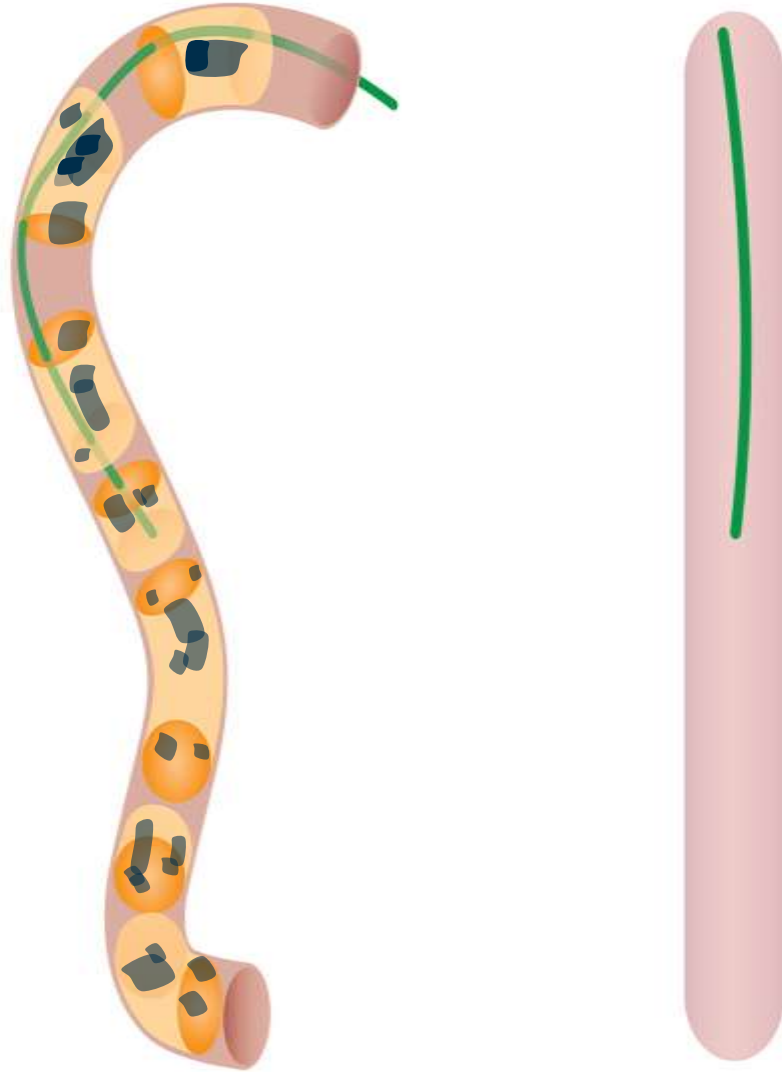
Negotiating intra-intimal plaque resistance



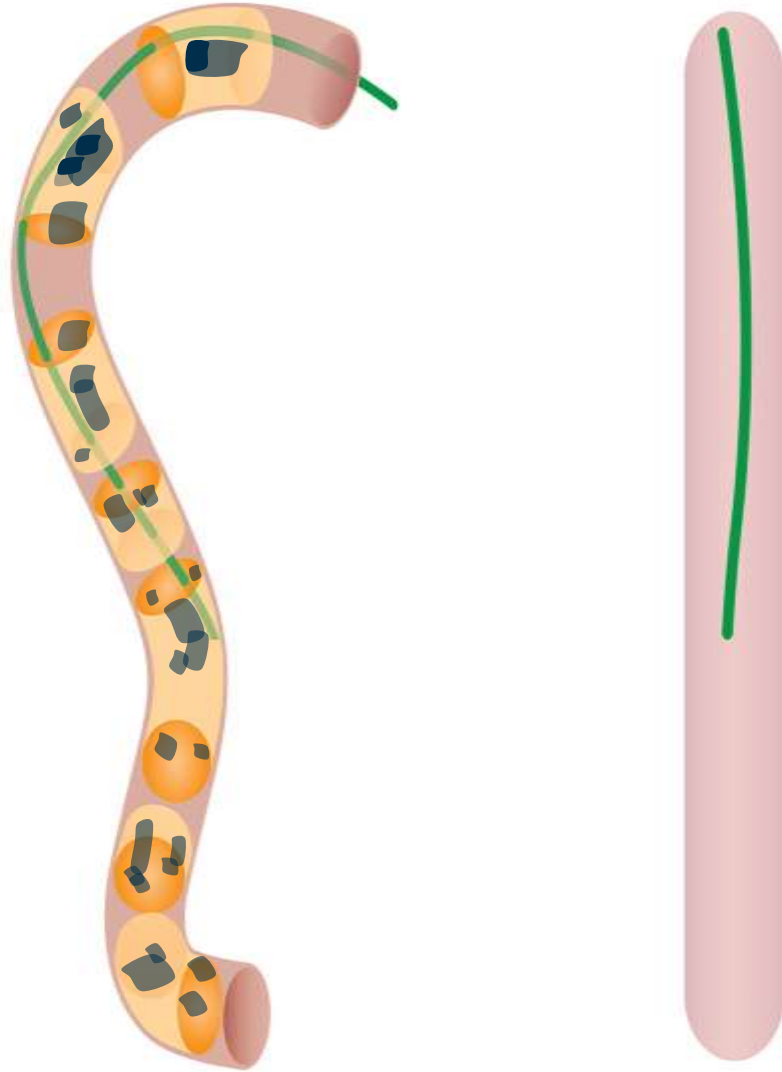
Negotiating intra-intimal plaque resistance



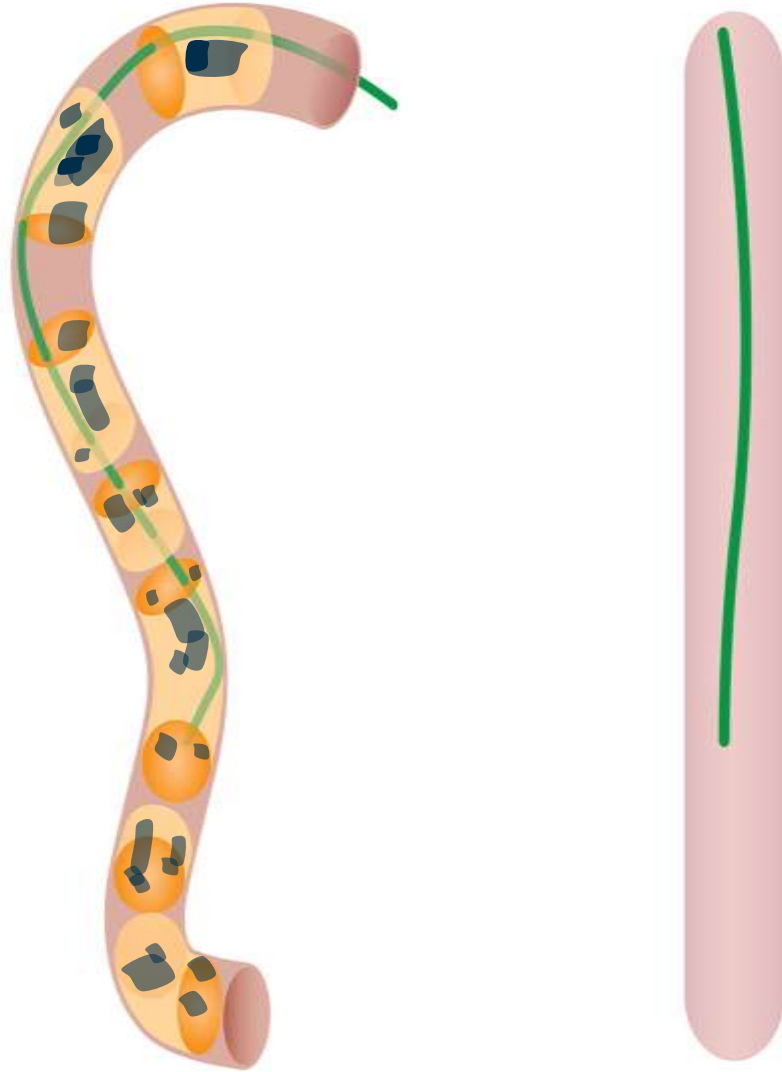
Negotiating intra-intimal plaque resistance



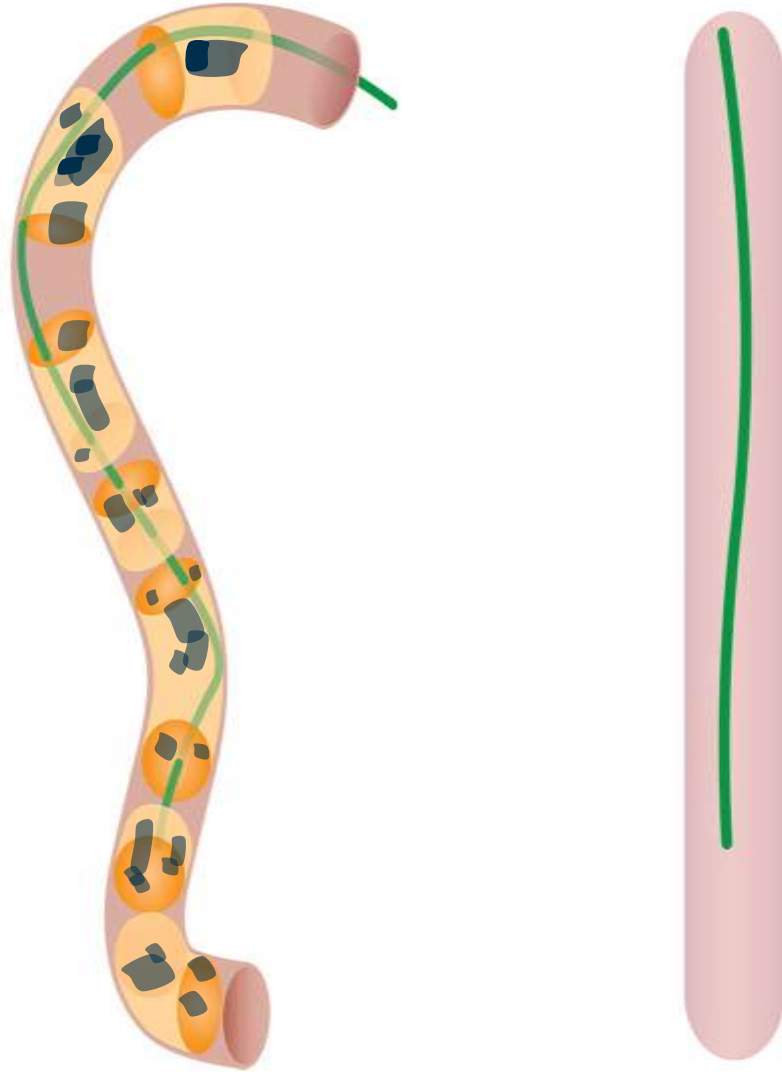
Negotiating intra-intimal plaque resistance



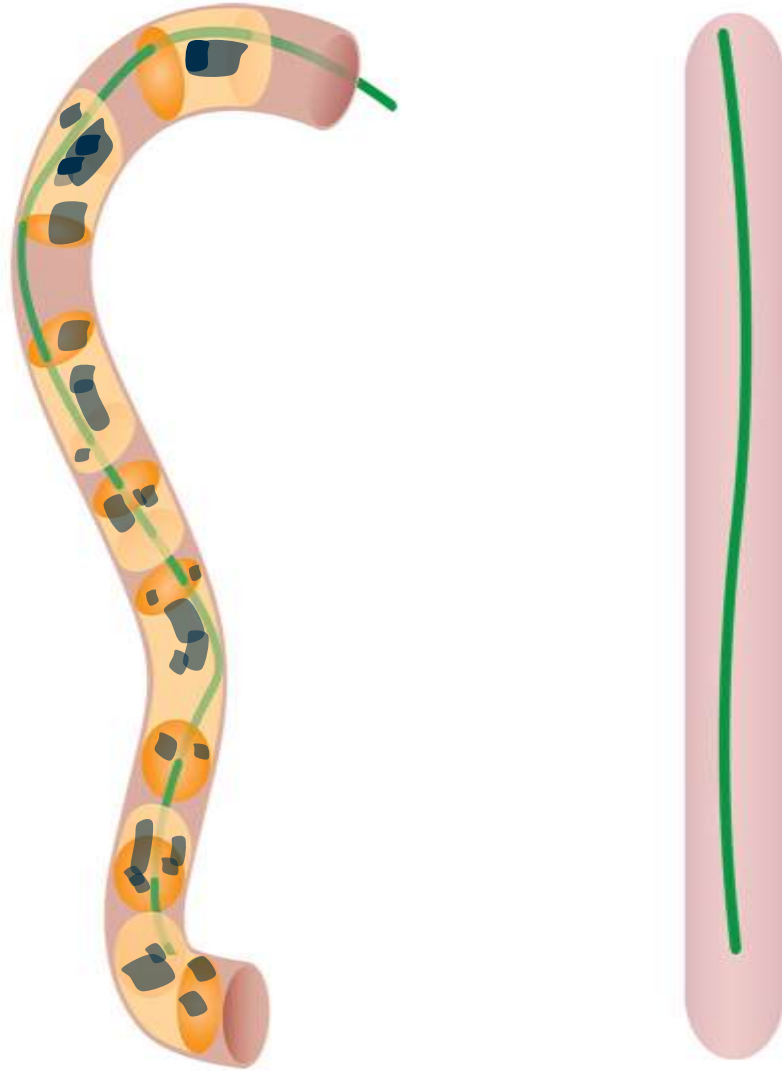
Negotiating intra-intimal plaque resistance



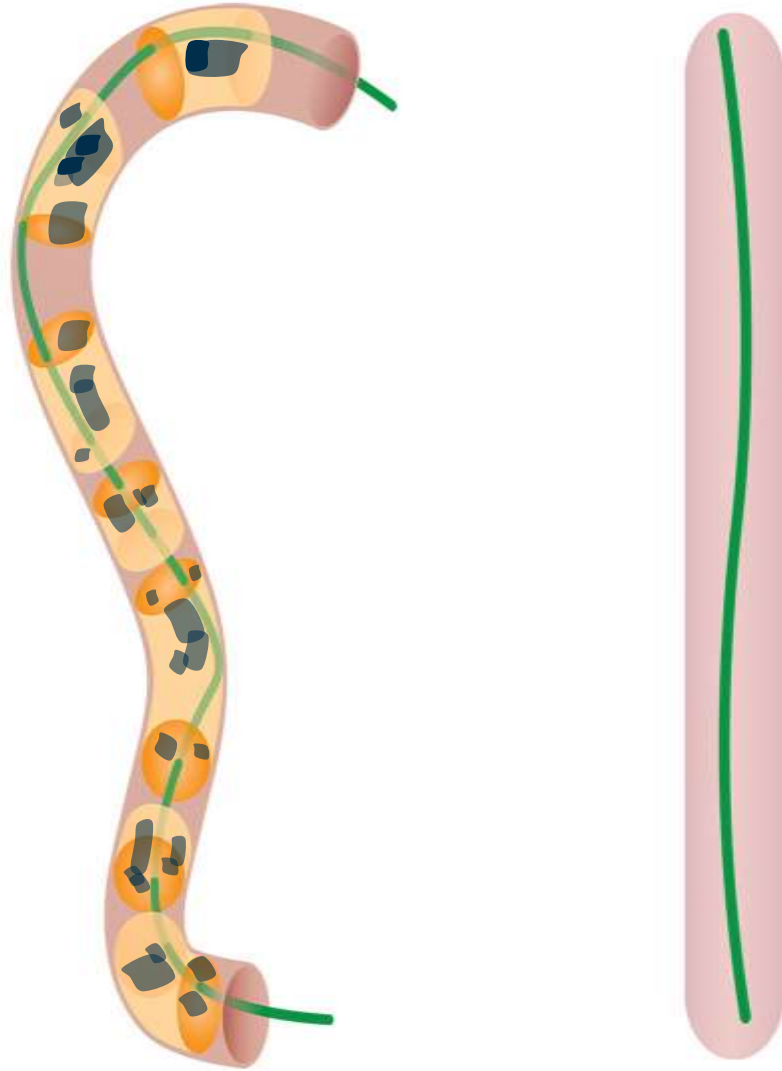
Negotiating intra-intimal plaque resistance



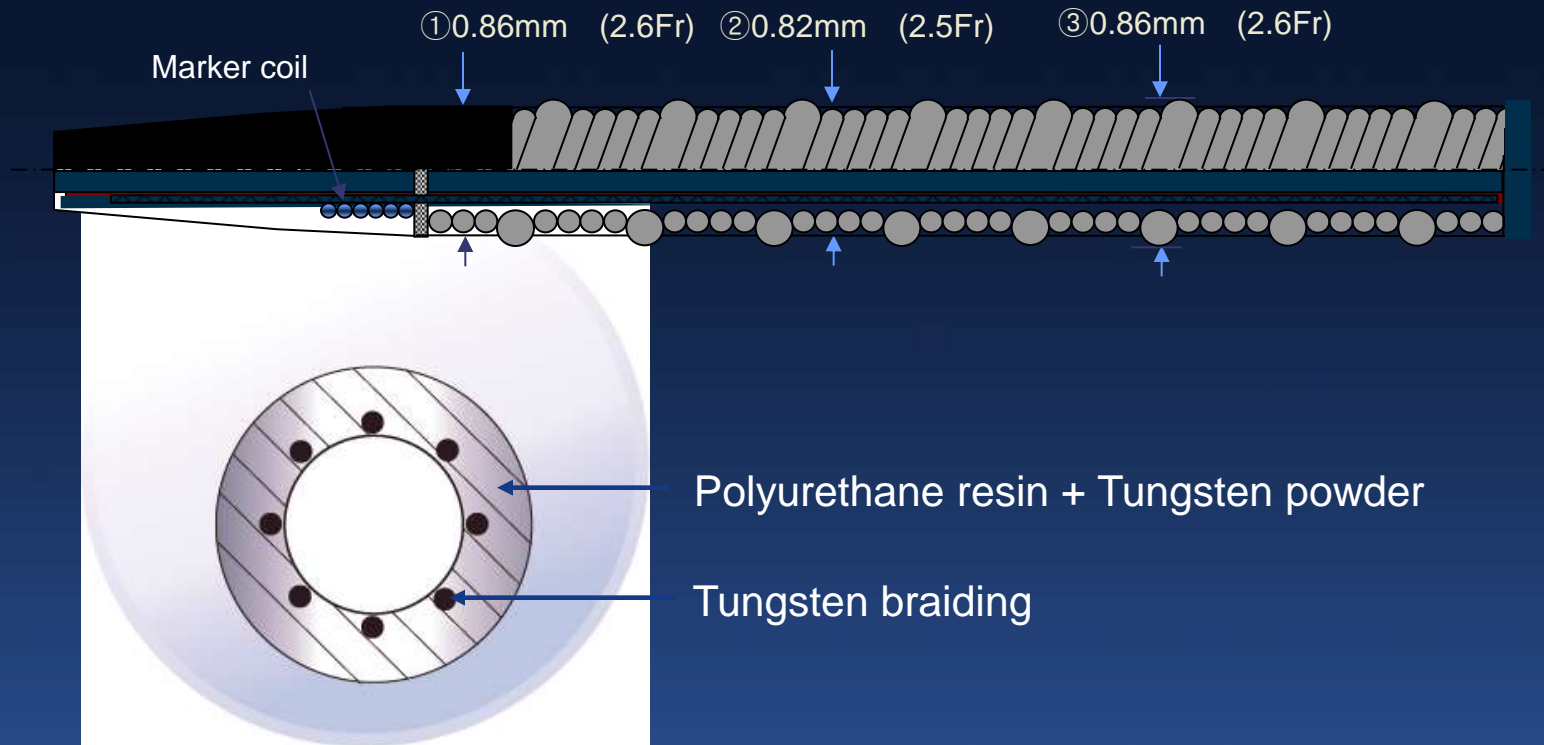
Negotiating intra-intimal plaque resistance



Negotiating intra-intimal plaque resistance



Corsair



Available in 135 mm (antegrade) and 150mm (retrograde) lengths.

"ASAHI", "Caravel" and "Corsair" are trademarks or registered trademarks of ASAHI INTECC CO., LTD. In Japan and other countries.



ASAHI[®] Caravel[®]

ASAHI Caravel ver. 1/AMC-K16206

Your dreams. Woven together.
ASAHI INTECC

"ASAHI", "Caravel", "Corsair", "SION", "and "ACT ONE" are trademarks or registered trademarks of ASAHI INTECC CO., LTD in Japan and other countries.

Complex PCI

Caravel is easy to advance, just push

Caravel has an excellent **crossing profile** 1.9Fr

Braided wires maintain lumen diameter and guidewire performance

Antegrade Cases

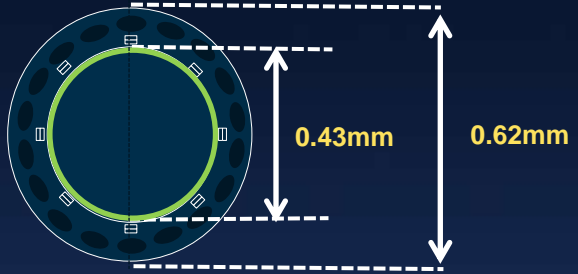
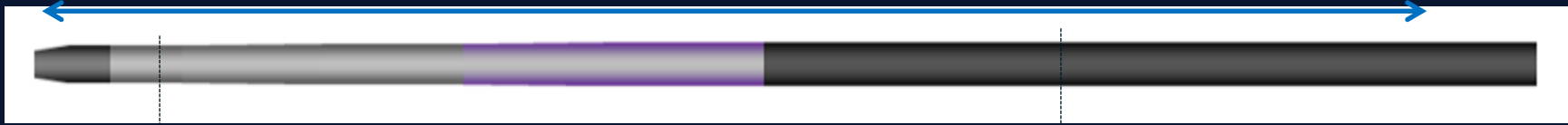
When a lower profile support catheter is needed

Retrograde Cases

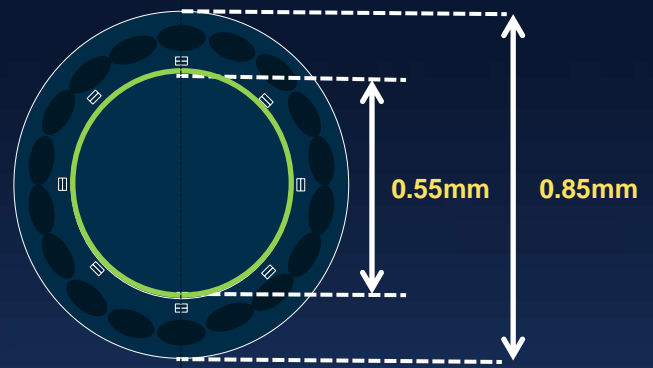
When you need to navigate very tortuous anatomy

Product structure

Hydrophilic coating : 70/85cm



Caravel Distal



Caravel Proximal

Products	O.D.			I.D.			Length	Coating Length
	Entry	Distal	Proximal	Entry	Distal	Proximal		
ASAHI Caravel 135cm	0.48 mm (1.4 Fr)	0.62 mm (1.9 Fr)	0.85 mm (2.6 Fr)	0.40 mm (0.016inch)	0.43 mm (0.017inch)	0.55 mm (0.022inch)	135cm	70cm
ASAHI Caravel 150cm	0.48 mm (1.4 Fr)	0.62 mm (1.9 Fr)	0.85 mm (2.6 Fr)	0.40 mm (0.016inch)	0.43 mm (0.017inch)	0.55 mm (0.022inch)	150cm	85cm

Low Profile

Tip tapers to 0.019"/ 1.4Fr

Excellent – 1.9Fr

Less Limitations on Device Selection

Excellent Tip Flexibility

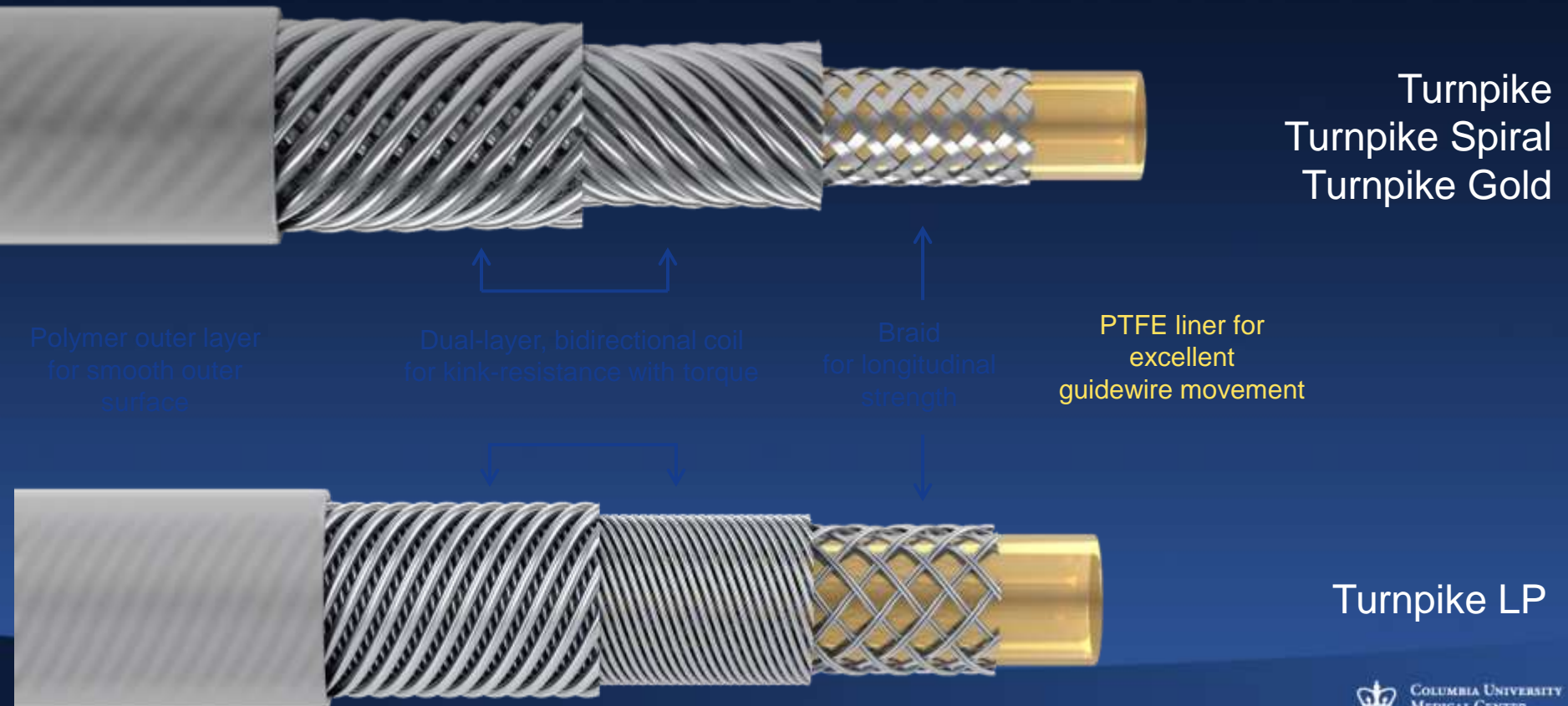
Improves Tracking

ACT ONE[®] Precision Braided Shaft

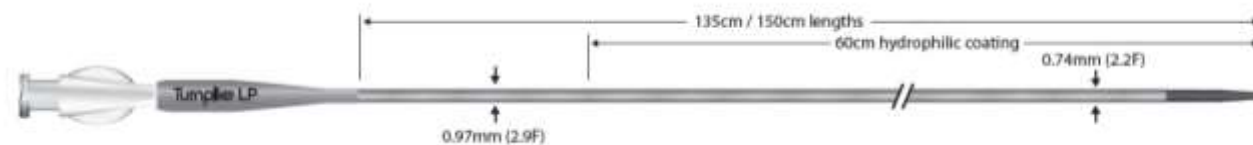
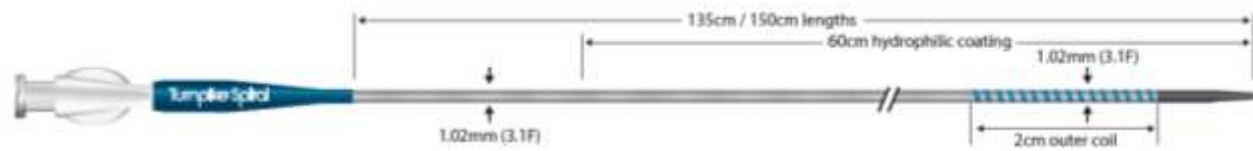
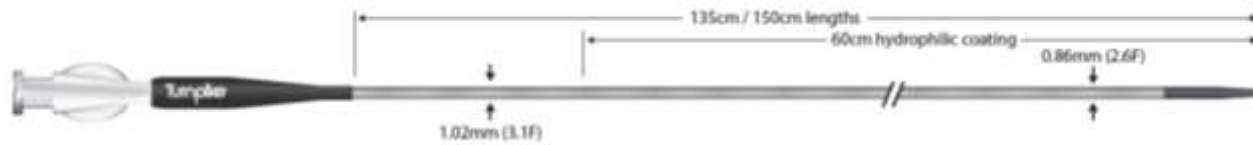
Unique Braiding Delivers Flexibility Without Compromising Inner Lumen

Maintains Optimal Guidewire Performance

Unique dual-layer, bidirectional coil over braid provides the ultimate combination of flexibility with torque response



OTW catheters with dual-layer coil + braid shaft design for superior flexibility and torque for delivery over a 0.014" wire

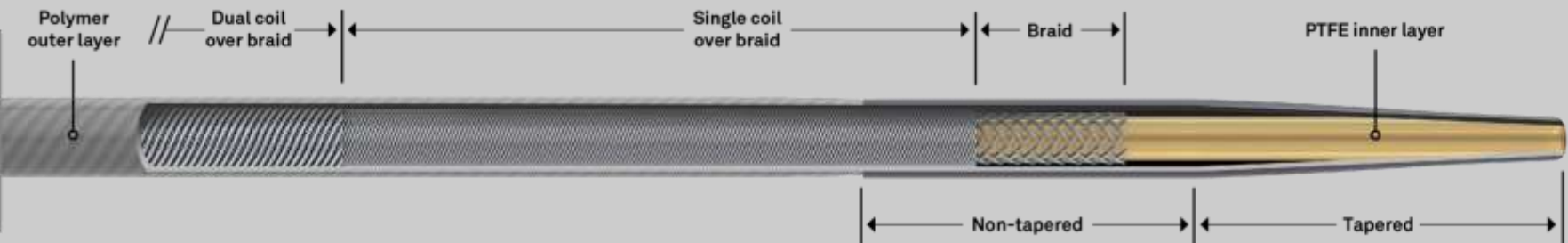


Four versions:

- **Turnpike for superior tracking in tortuous vessels**
- **Turnpike Spiral for additional rotational assistance**
- **Turnpike Gold for enhanced advancement through lesions**
- **Turnpike LP for lower profile with greater tip and distal shaft flexibility**



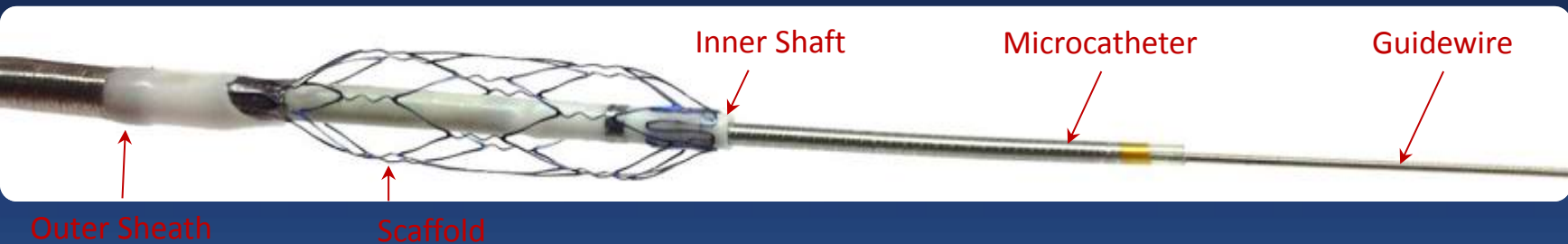
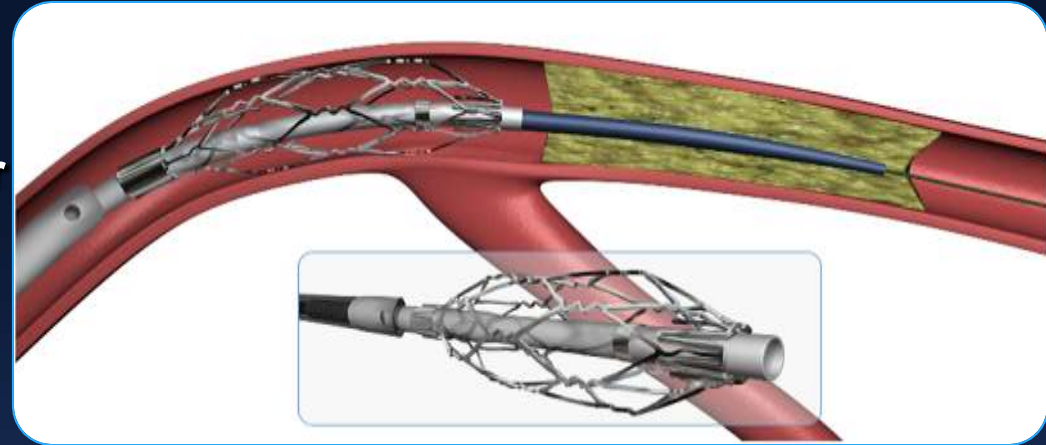
- Low-profile version provides greater tip and distal shaft flexibility for advancement through extreme tortuosity



Dual coil tapers down to single coil 21cm proximal to distal tip for increased flexibility

Amplified Support – Anchoring and Centering

- **CenterCross™**
 - Self-expanding anchor
 - Coaxial alignment
 - Central 3F lumen

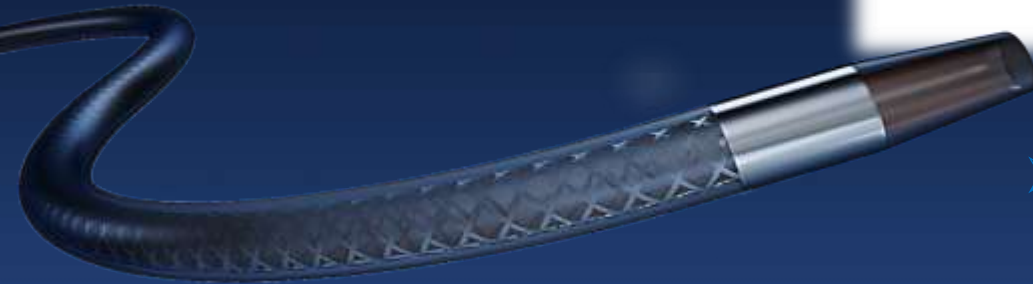
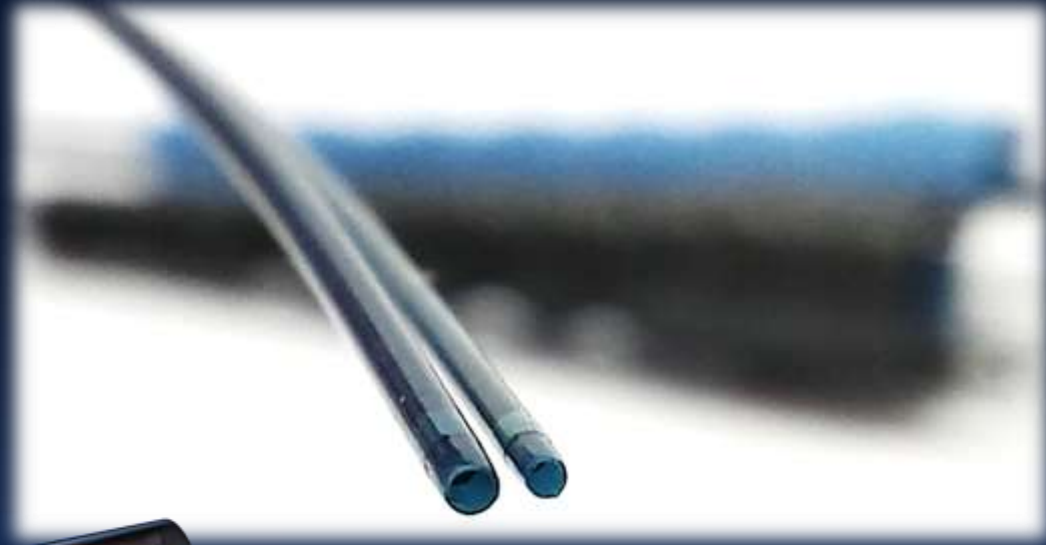


➡ **Simplified Luminal Crossing**

Roxwood Medical – Micro 14/18

➤ **Micro14**

- 1.6F tip, 2.5F body
- 155cm, 0.014" GW compatible
- Variable-pitch braided shaft
- Low profile + Torque



➤ **Micro18**

- 1.9F tip, 2.8F body
- 155cm , 0.018" GW compatible
- Variable-pitch braided shaft
- Low Profile + Torque

❖ *Ultra low-profile*

❖ *State-of-the-art Serene™ coating*

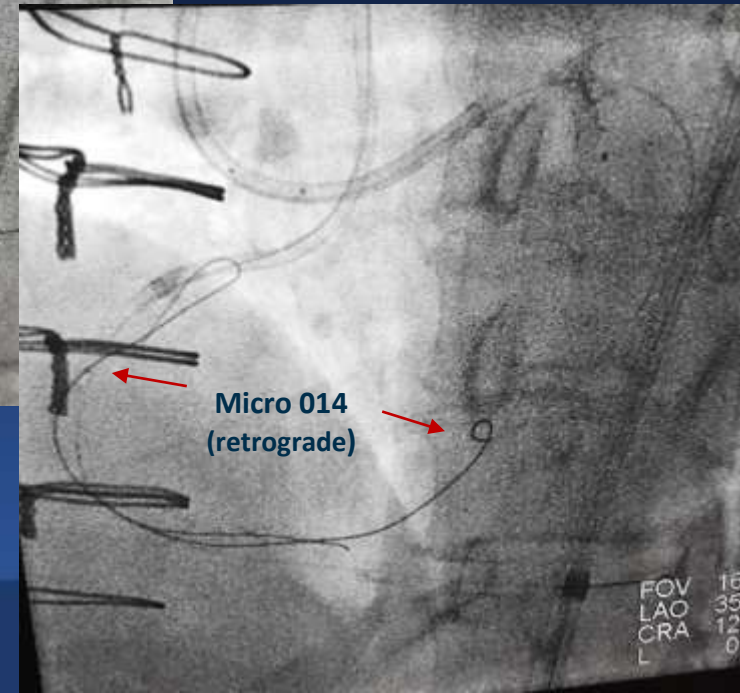
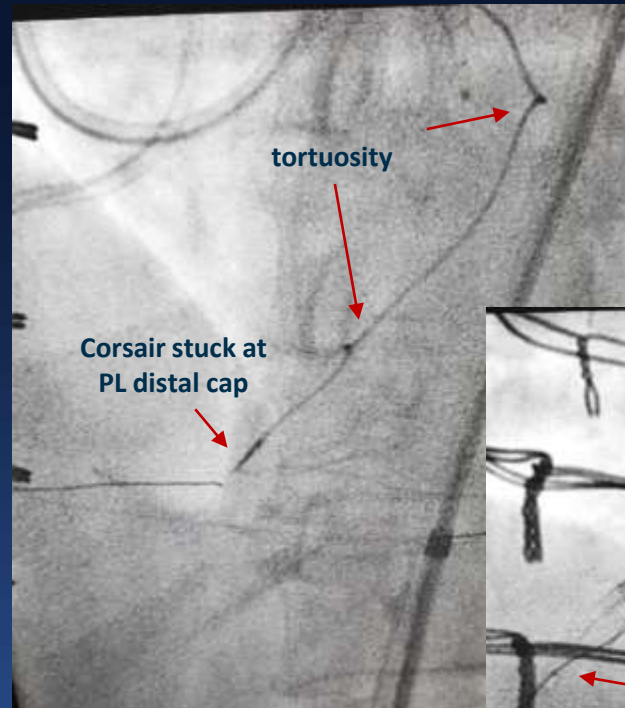
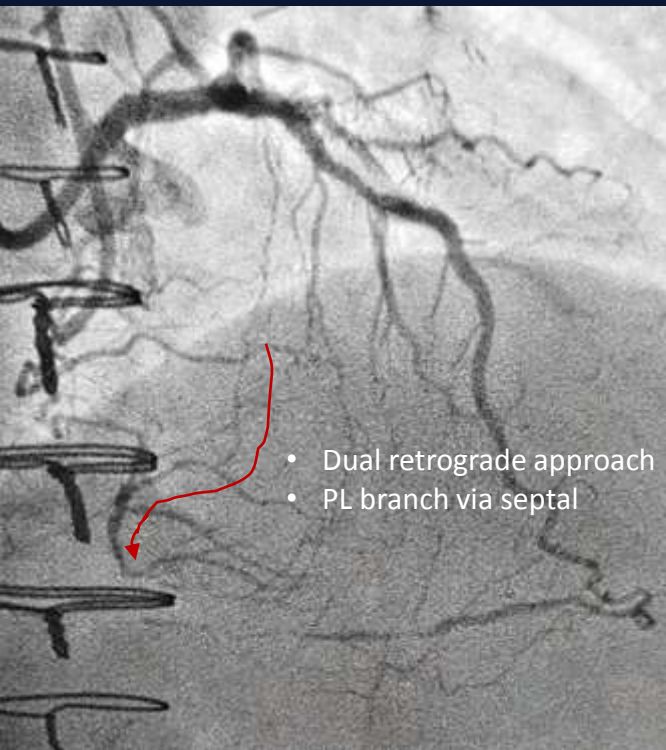
❖ *Ultimate trackability*

Micro14 – Trans-septal Retrograde

Target
RCA via PL (Retrograde)

Stenosis
Flush RCA Occlusion

Occlusion
80+mm



Twin-Pass
dual access catheters

Dual Access Catheters

Two lumens for distal access with rapid exchange convenience



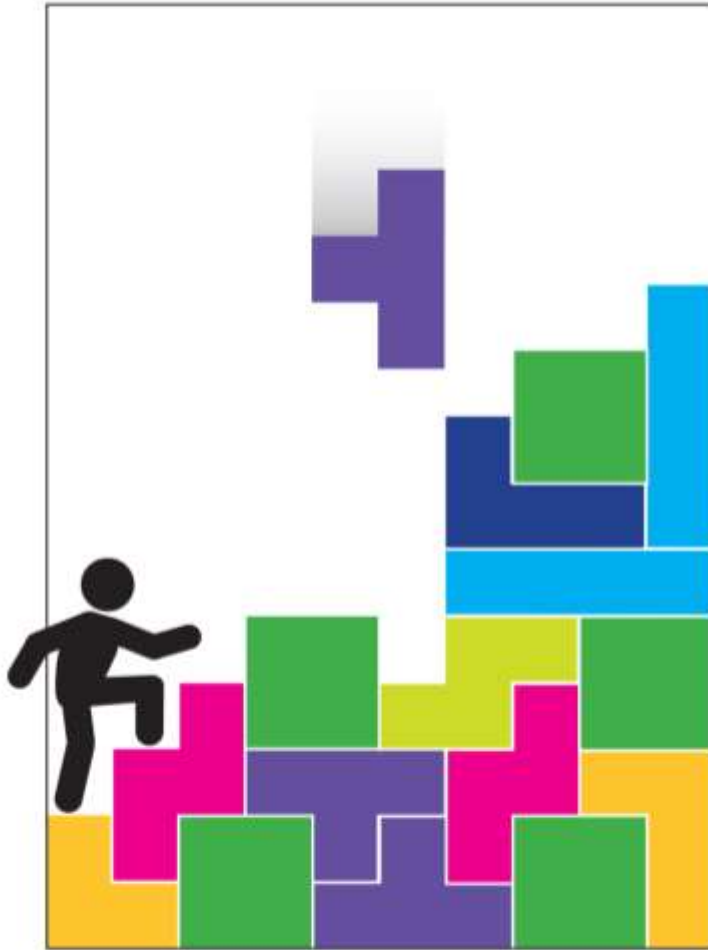
Rx ONLY

Be Prepared for BADNESS

- Coils
- Covered Stents
- Beads/Microspheres
- Thrombin
- Circulatory Support

REMEMBER

- **The BEST GEAR is YOUR BRAIN**
- **Always Show your Superior Judgment**
- **So that You DON'T HAVE TO SHOW YOUR SUPERIOR SKILLS**
- **Know WHEN TO QUIT and Return Another Day**



Meetings



Proctoring



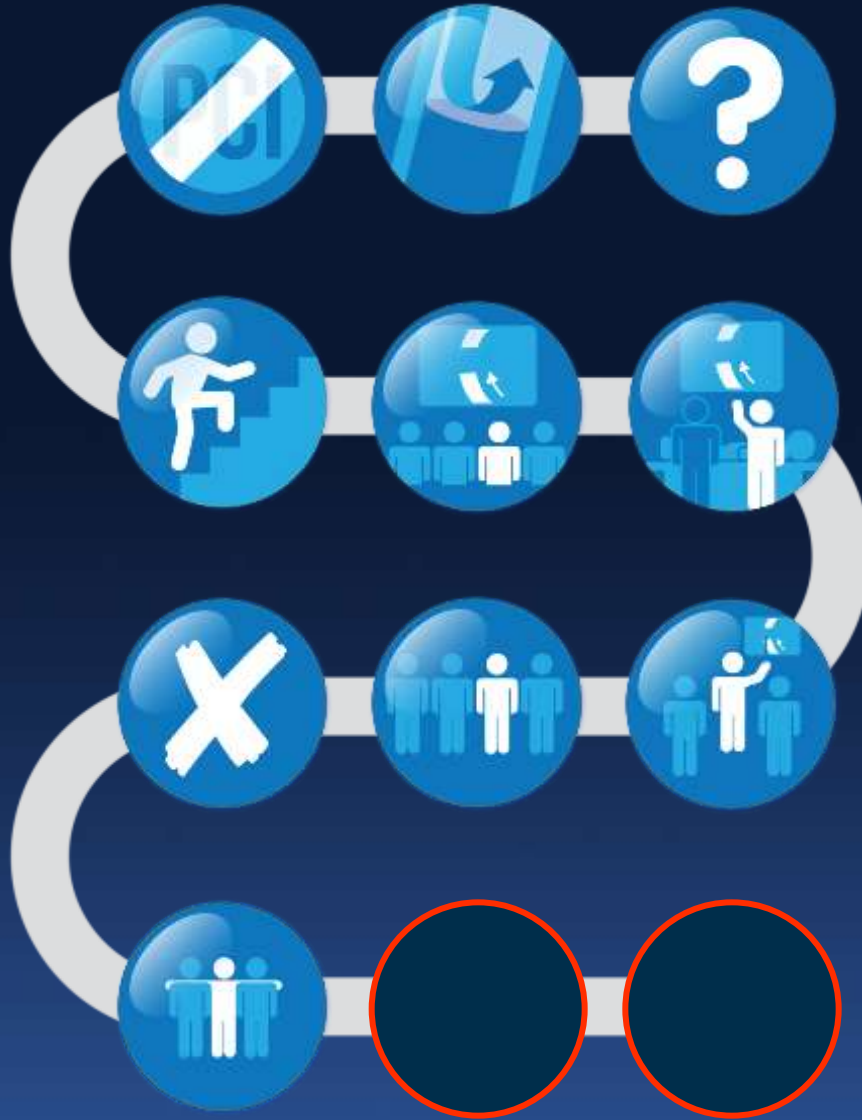
**Online
Education**



Workshops

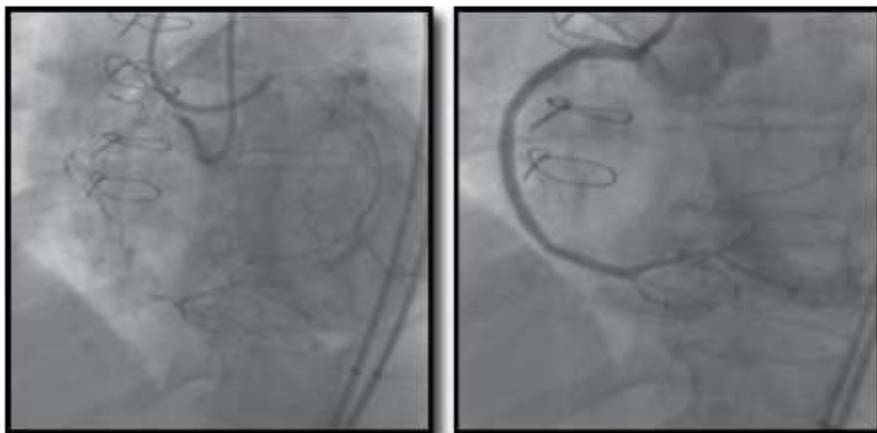


iBooks`



MANUAL OF CORONARY CHRONIC TOTAL OCCLUSION INTERVENTIONS

A STEP-BY-STEP APPROACH



EMMANOUIL BRILAKIS



Release: TCT 2013