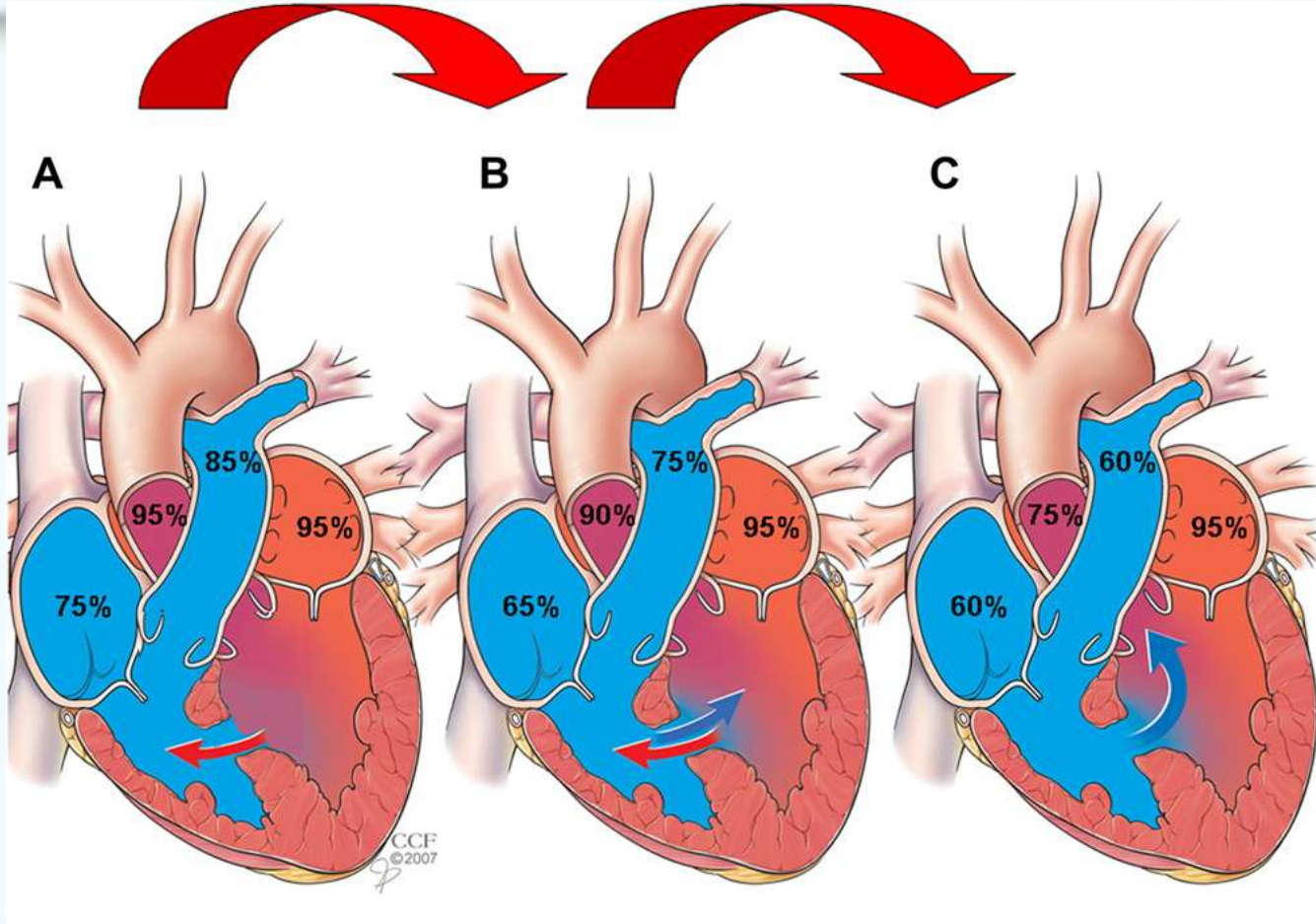


# A therapeutic strategy for ASD patients with pulmonary hypertension or masked restriction



Jou-Kou Wang, MD,  
Department of Pediatrics,  
National Taiwan University Hospital  
TCTAP 2015 April 30 7:20PM





# Masked LV restriction in ASD patients

- Pulmonary edema secondary to LV dysfunction & increase in LA pressure after closure above 25 mmHg
- Elderly patients: 2-3.6%
- Detection: balloon test occlusion >> check PCWP & Doppler echocardiography

Swan L, Int J Cradiol 2006;107:207, Schubert S, CCI 2005;64:333,  
Elshershari H J invasive Cardiol 2008;20:173  
Ewert P, CCI 2001;52:177, Choi JY KCJ;2013;

# ASD with LV failure

LV failure in ASD >> diastolic dysfunction most common,

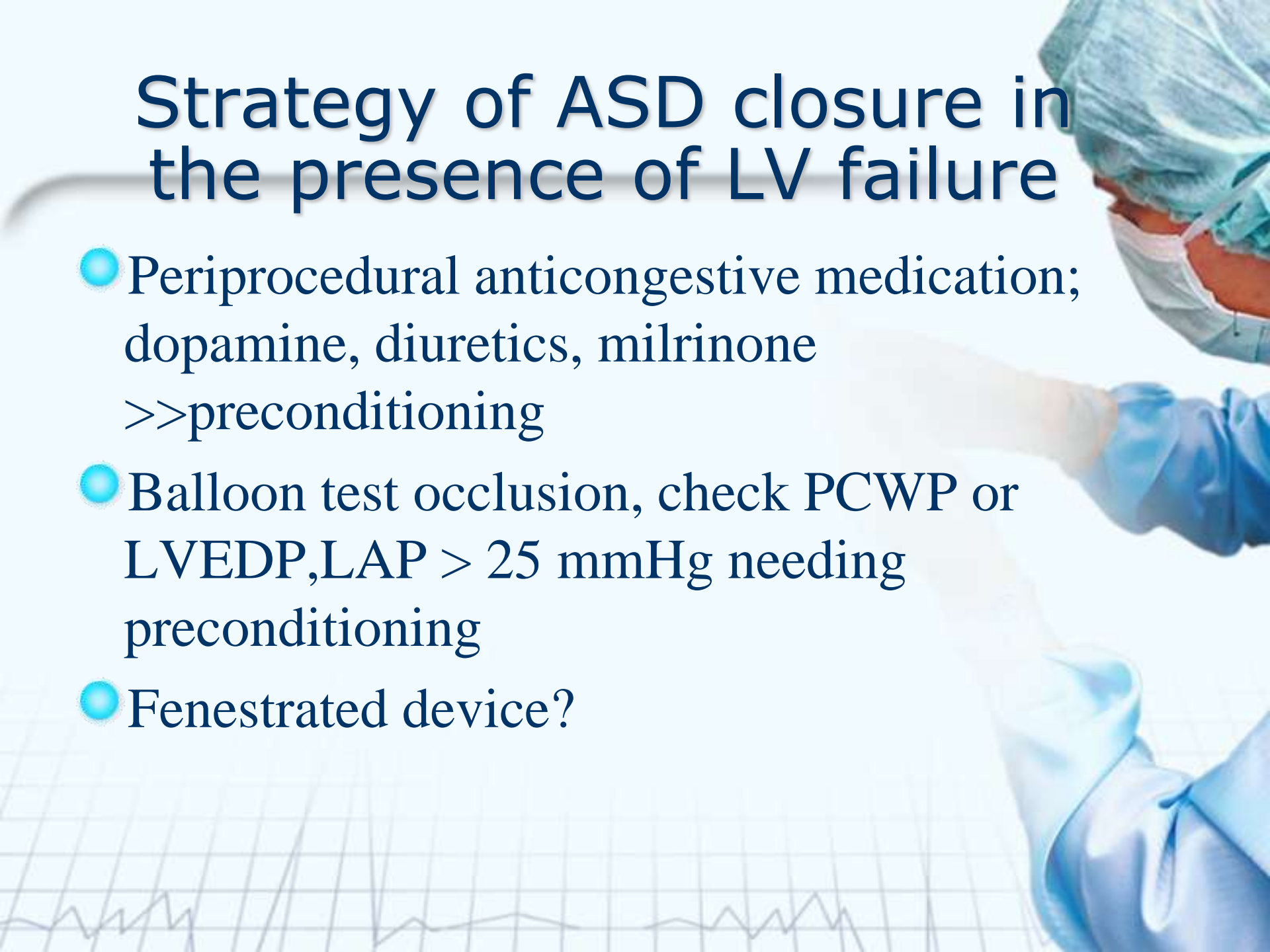
- age, hypertension, LV hypertrophy, CAD, arrhythmias

ASD closure in patients with LV failure

- increase in LV filling, LV dimension, after ASD closure >> heart failure, pulmonary edema

# Strategy of ASD closure in the presence of LV failure

- Periprocedural anticongestive medication; dopamine, diuretics, milrinone >>preconditioning
- Balloon test occlusion, check PCWP or LVEDP, LAP > 25 mmHg needing preconditioning
- Fenestrated device?



# Severe PAH vs. Eisenmenger

● Safe upper limit of closure?

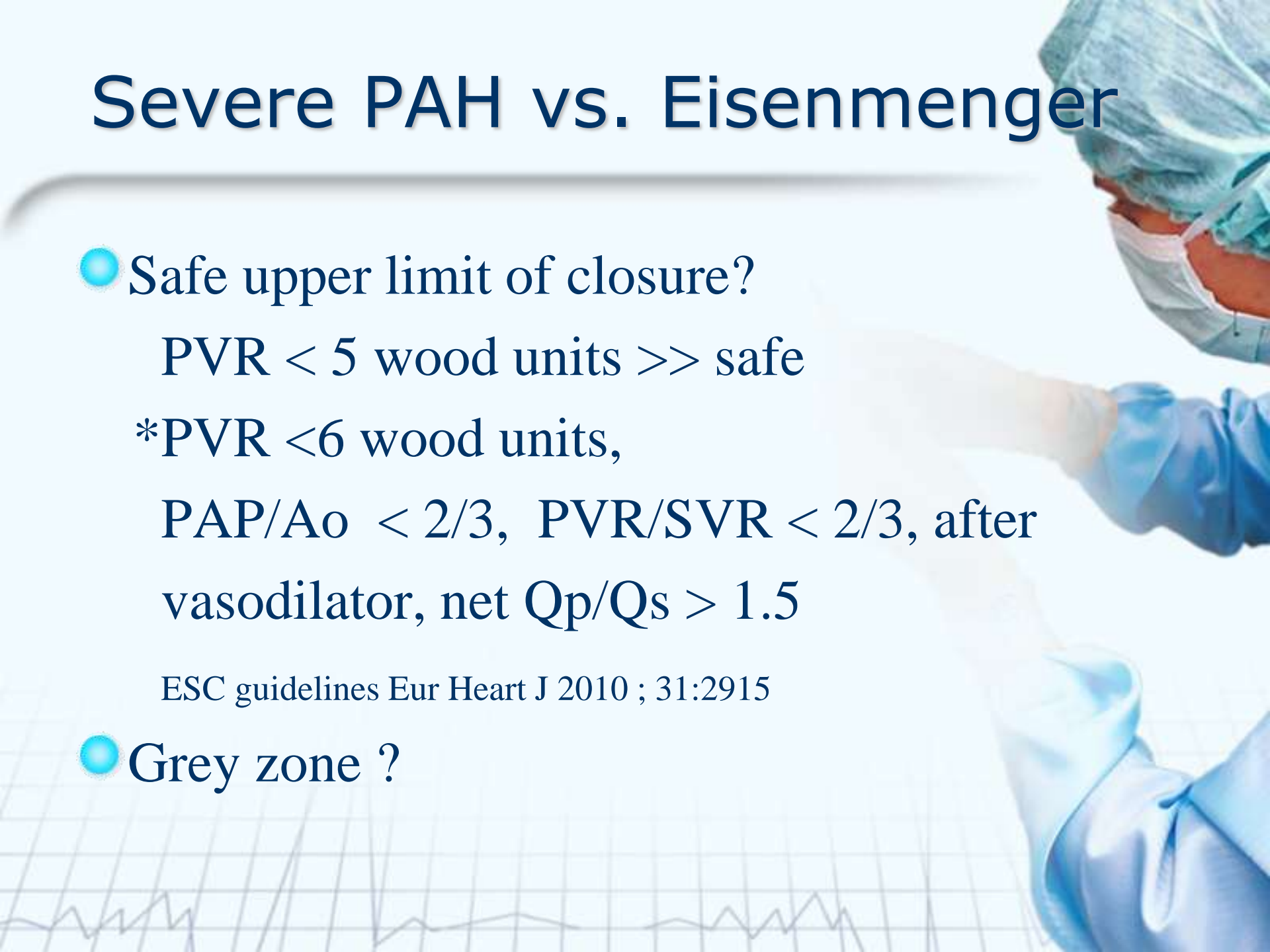
$PVR < 5$  wood units  $\gg$  safe

\* $PVR < 6$  wood units,

$PAP/Ao < 2/3$ ,  $PVR/SVR < 2/3$ , after  
vasodilator, net  $Qp/Qs > 1.5$

ESC guidelines Eur Heart J 2010 ; 31:2915

● Grey zone ?



Indications	Class <sup>a</sup>	Level <sup>b</sup>
Patients with significant shunt (signs of RV volume overload) and PVR <5 WU should undergo ASD closure regardless of symptoms	I	B <sup>26</sup>
Device closure is the method of choice for secundum ASD closure when applicable	I	C
All ASDs regardless of size in patients with suspicion of paradoxical embolism (exclusion of other causes) should be considered for intervention	IIa	C
Patients with PVR ≥5 WU but <2/3 SVR or PAP <2/3 systemic pressure (baseline or when challenged with vasodilators, preferably nitric oxide, or after targeted PAH therapy) and evidence of net L-R shunt (Qp:Qs >1.5) may be considered for intervention	IIb	C
ASD closure must be avoided in patients with Eisenmenger physiology	III	C



# Evaluation of operability in shunt lesions with severe PAH

- Echocardiography
- PVR
- Test occlusion
- Vasodilators to test vasoreactivity
- Pulmonary wedge angiogram
- Biopsy?
- Exercise test
- Pretreatment with targeted therapies







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International Journal of  
**Cardiology**

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[www.elsevier.com/locate/ijcard](http://www.elsevier.com/locate/ijcard)



**ELSEVIER**

International Journal of Cardiology 129 (2008) 163–171

Review

# Evaluating operability in adults with congenital heart disease and the role of pretreatment with targeted pulmonary arterial hypertension therapy

Konstantinos Dimopoulos\*, Ana Peset, Michael A. Gatzoulis

*Adult Congenital Heart Centre and Centre for Pulmonary Hypertension, Royal Brompton Hospital and National Heart & Lung Institute,  
Imperial College School of Medicine, London, United Kingdom*

Received 19 February 2008; accepted 22 February 2008

Available online 26 March 2008



Table 1

Evaluating operability of cardiac defects in adults with CHD and PAH

For	Against
<ul style="list-style-type: none"><li>- Abort right-to-left shunting</li></ul>	<ul style="list-style-type: none"><li>- Potential conversion of Eisenmenger physiology to iPAH physiology (and thus worse long-term outcome)</li></ul>
<ul style="list-style-type: none"><li>- ↓ Cerebrovascular events (stroke /abscess)</li></ul>	
<ul style="list-style-type: none"><li>- Prevent cyanosis<ul style="list-style-type: none"><li>↑ Exercise capacity</li><li>↓ Erythrocytosis</li><li>↓ Hemostatic problems</li></ul></li></ul>	<ul style="list-style-type: none"><li>- High perioperative risk</li></ul>
<ul style="list-style-type: none"><li>↓ Systemic organ failure</li></ul>	<ul style="list-style-type: none"><li>- Very limited experience and no long-term data available</li></ul>
<ul style="list-style-type: none"><li>- Protect pulmonary circulation</li></ul>	

CHD = Congenital heart disease, PAH = pulmonary arterial hypertension, iPAH = idiopathic pulmonary arterial hypertension.

# Optimal cut-off value for determining operability

- $R_p / R_s < 0.42$  with  $O_2$  alone
- $R_p / R_s < 0.27$  with  $O_2 + NO$

Dimopoulos et al. Int J Cardiol 2008;129:163

# Acute vasodilator testing

- $O_2$  100 % , NO, iloprost
- reduction of mean PAP by at least 10 mmHg to a value  $< 40$  mmHg with an increase or unchanged cardiac index
- iloprost: reduction PVR  $> 20$  % & PVR index  $< 11$  w.u.  $m^2$

Douwes JM, EHJ 2011;32:3137

Hill KD, CCI 2010;76:865

Gorenflo Cardiology 2010;116:10

# Balloon test occlusion

Lossy compression - not intended for diagnosis



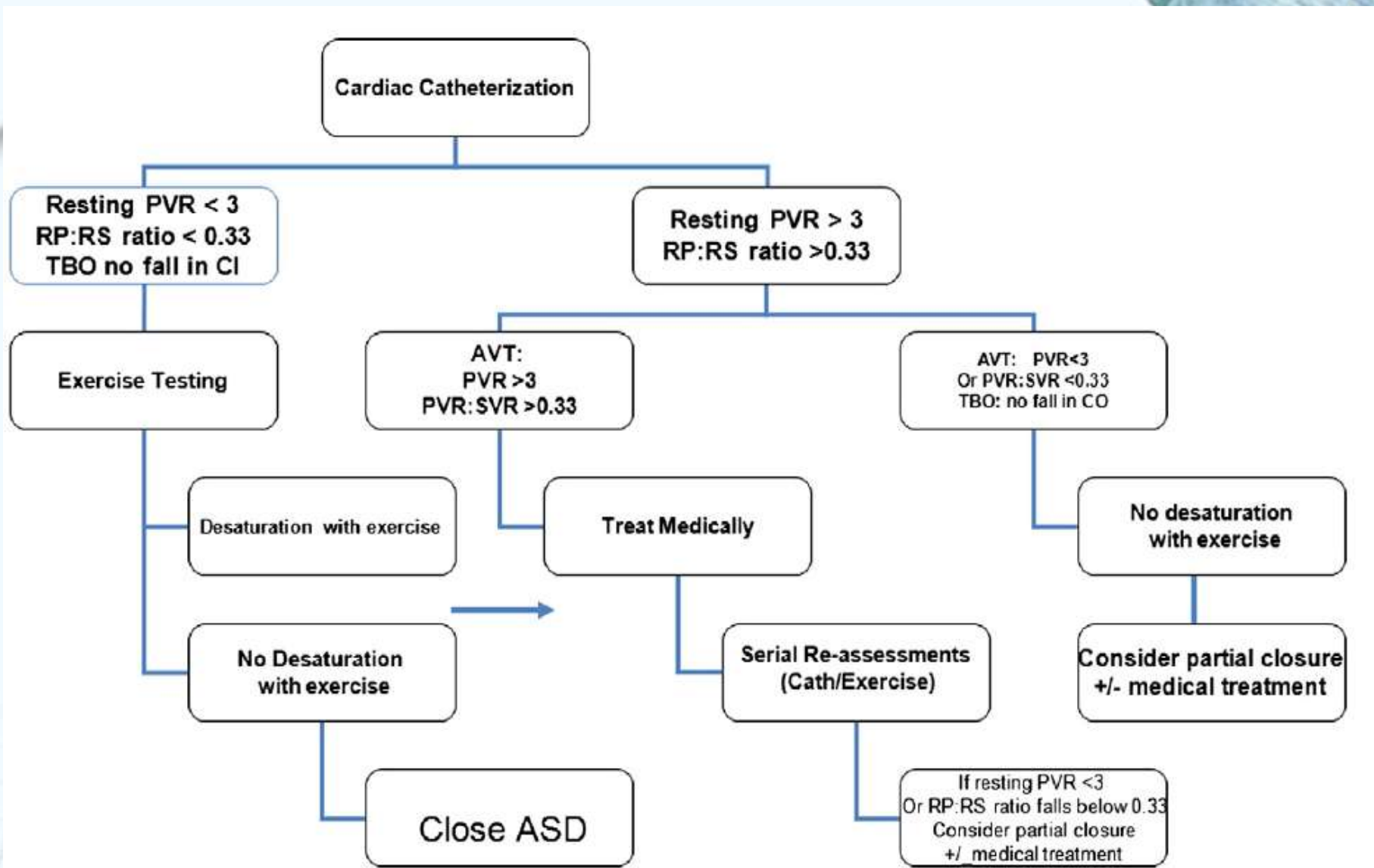
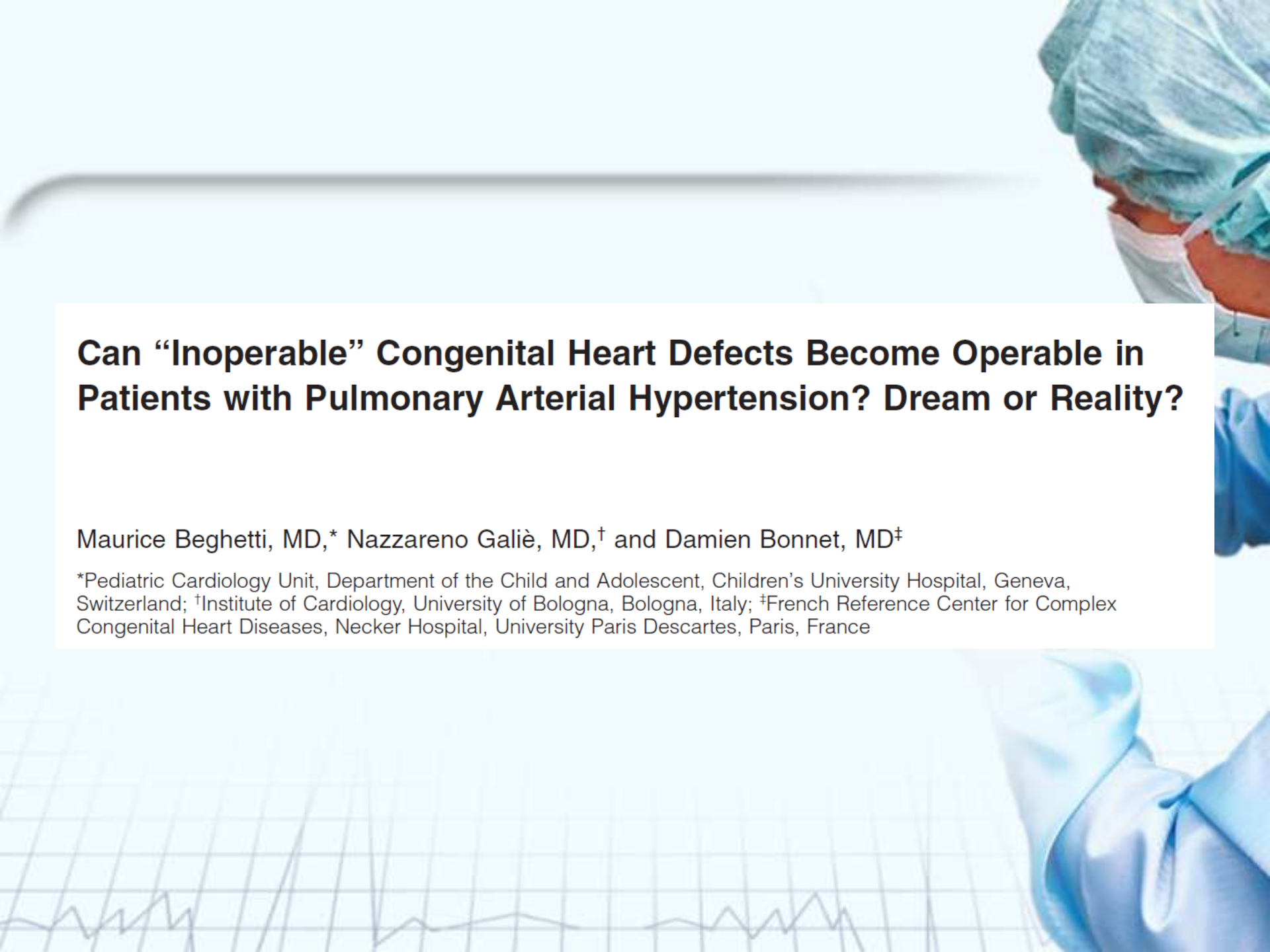


Fig. 1. CHD/PH (ASD) Clinical management algorithm: Individualized case approach.



## Can “Inoperable” Congenital Heart Defects Become Operable in Patients with Pulmonary Arterial Hypertension? Dream or Reality?

Maurice Beghetti, MD,\* Nazzareno Galiè, MD,<sup>†</sup> and Damien Bonnet, MD<sup>‡</sup>

\*Pediatric Cardiology Unit, Department of the Child and Adolescent, Children’s University Hospital, Geneva, Switzerland; <sup>†</sup>Institute of Cardiology, University of Bologna, Bologna, Italy; <sup>‡</sup>French Reference Center for Complex Congenital Heart Diseases, Necker Hospital, University Paris Descartes, Paris, France

# Strategy for closing ASDs with PAH

- **Treat-and-repair strategy**
- **partial repair using fenestrated device followed by targeted therapy**





# PA wedge angiogram





# Case 2 Hemodynamics



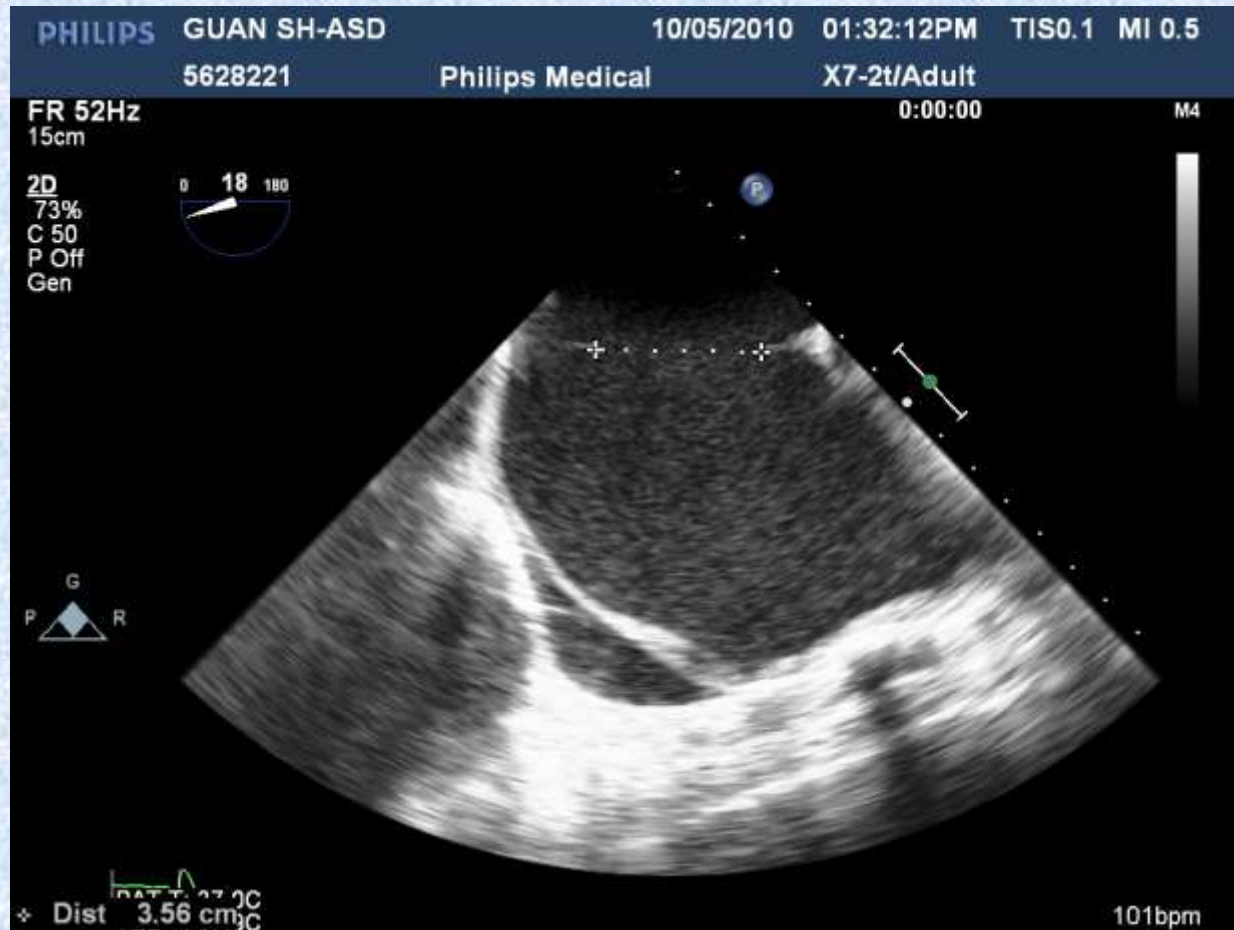
	$O_2$ saturation(%)	pressure (mmHg)
SVC	56	
RA	70	mean 11
IVC	66	
RV	65	104/12
MPA	65	105/31 mean 61
LA	83	mean 12
RPV	92	

$Q_p/Q_s = 1.28$  PVR 10.8 WOOD UNIT

67 y/o F, NYHA III-IV



a large defect measured 35.6mm



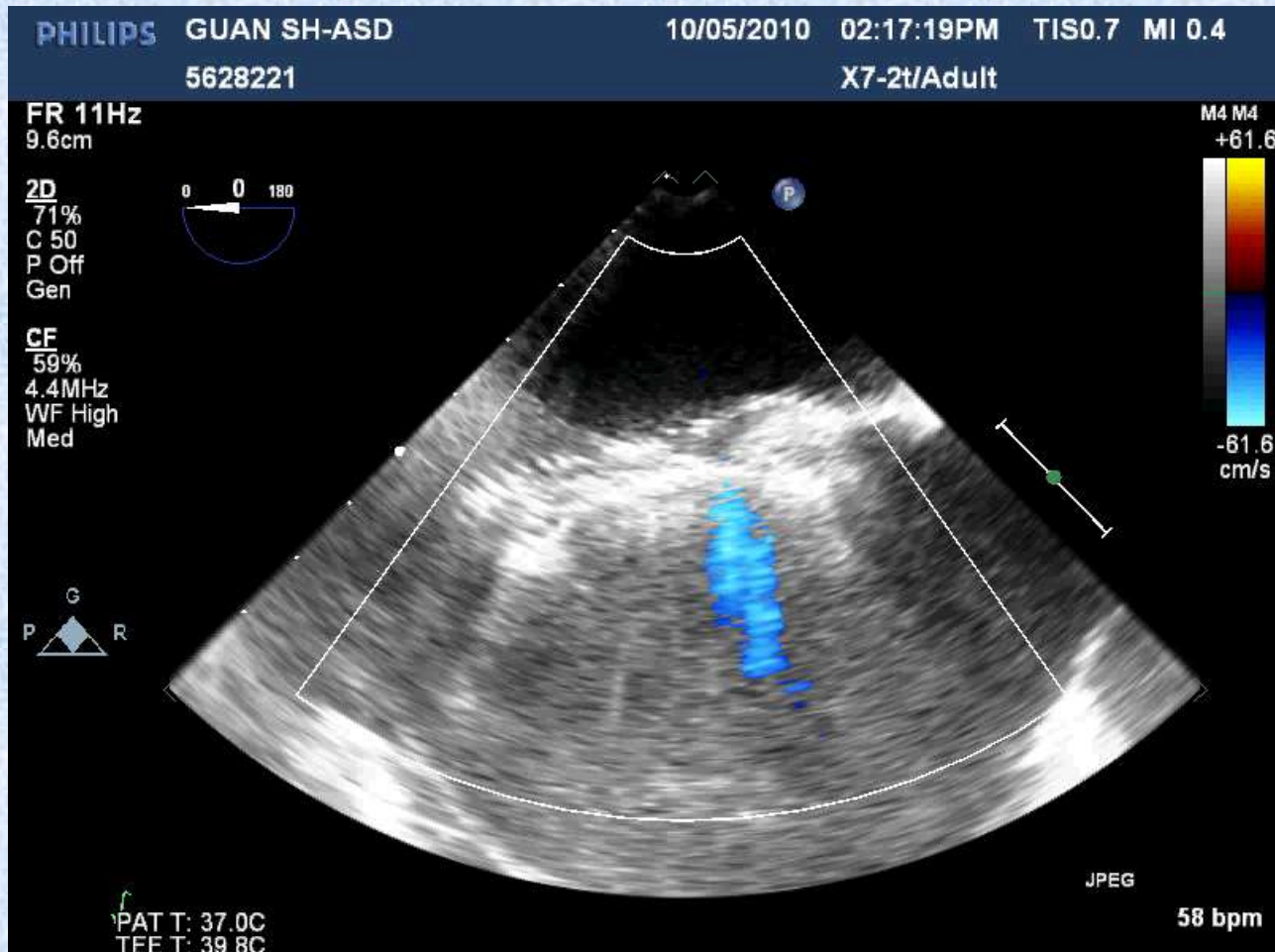
# Large ASD PAH



# PA angio

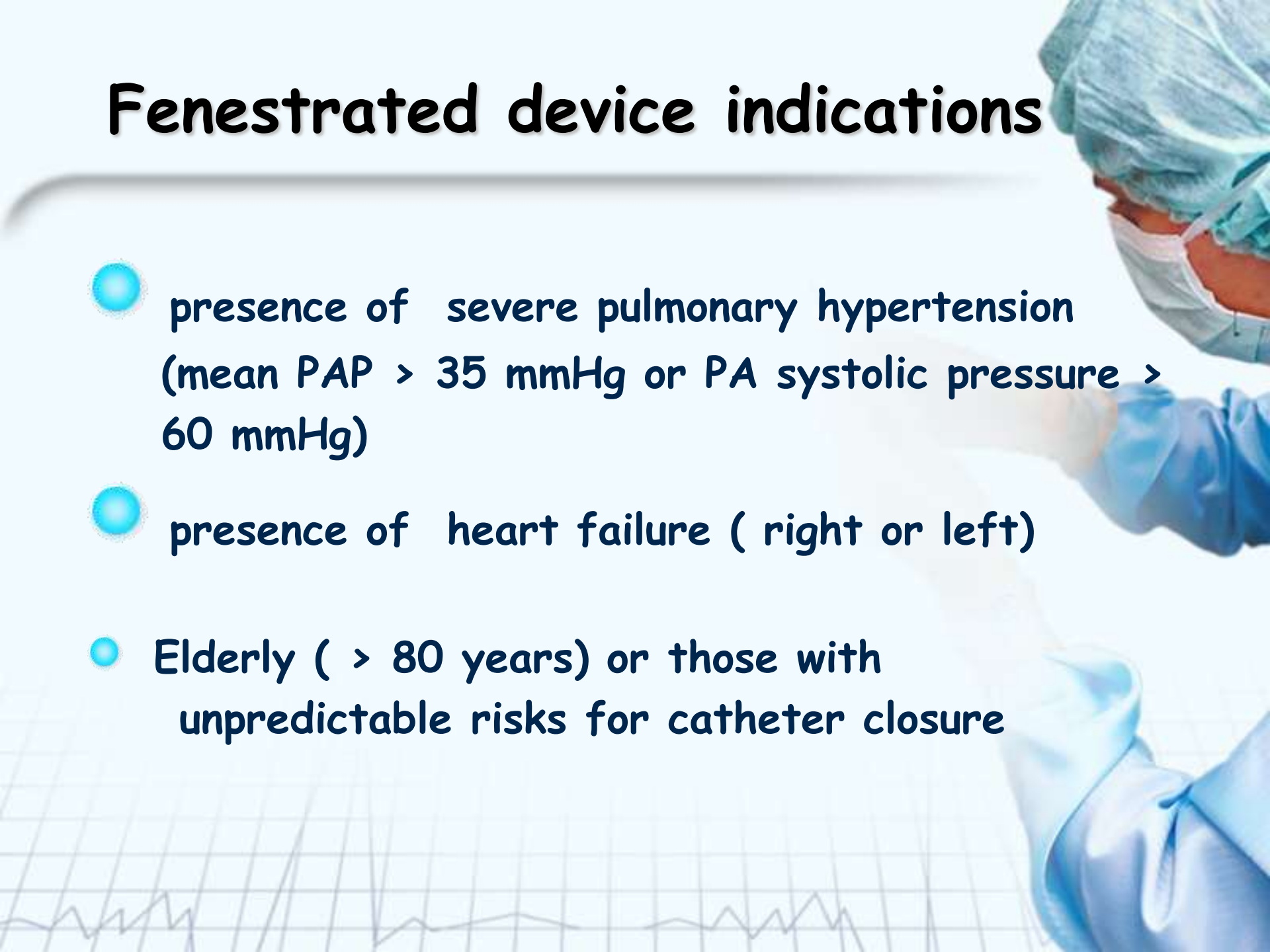


# Immediately after closure



# Fenestrated device indications

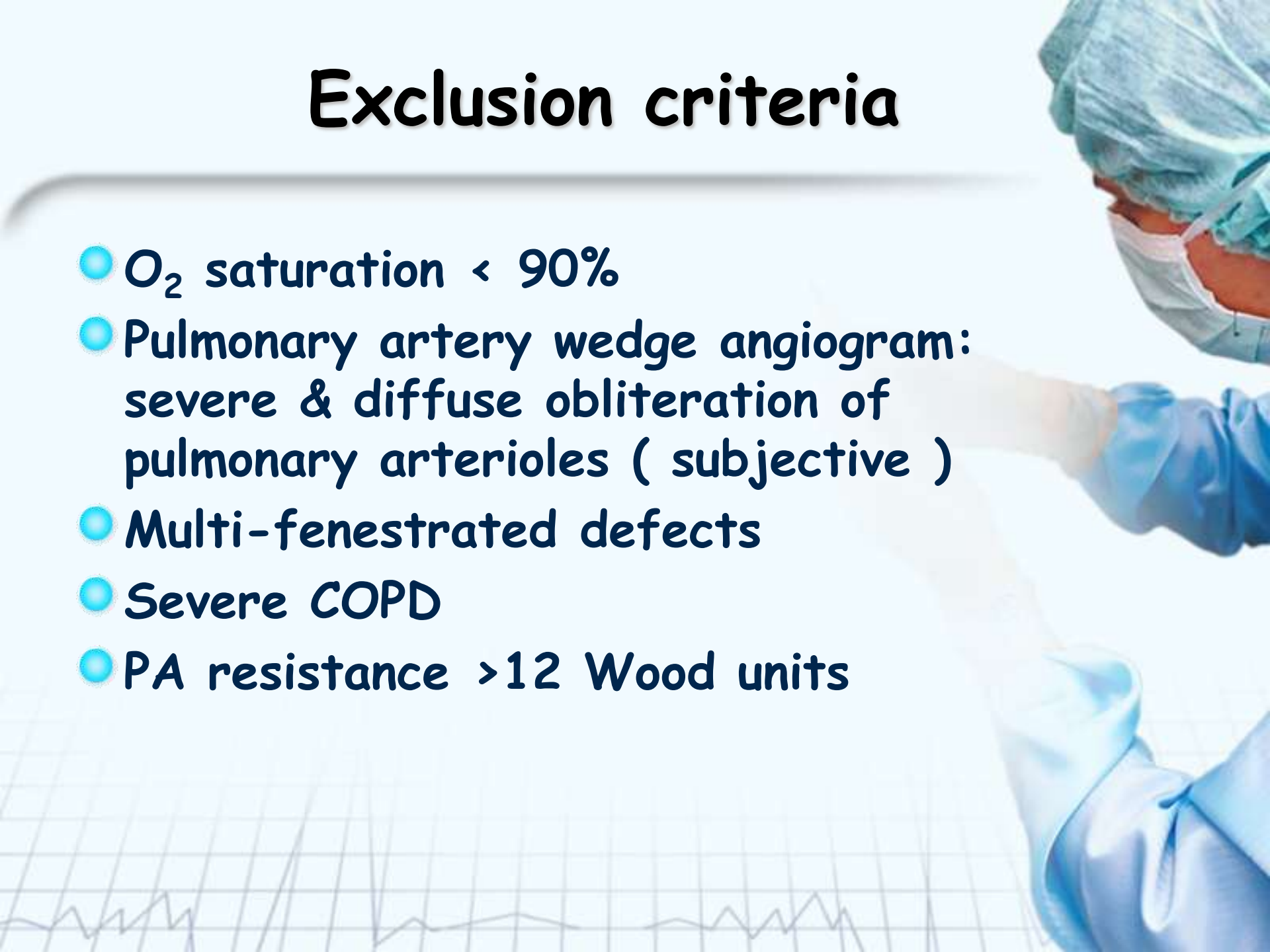
- presence of severe pulmonary hypertension (mean PAP > 35 mmHg or PA systolic pressure > 60 mmHg)
- presence of heart failure (right or left)
- Elderly (> 80 years) or those with unpredictable risks for catheter closure





# Exclusion criteria

- $O_2$  saturation < 90%
- Pulmonary artery wedge angiogram: severe & diffuse obliteration of pulmonary arterioles ( subjective )
- Multi-fenestrated defects
- Severe COPD
- PA resistance >12 Wood units

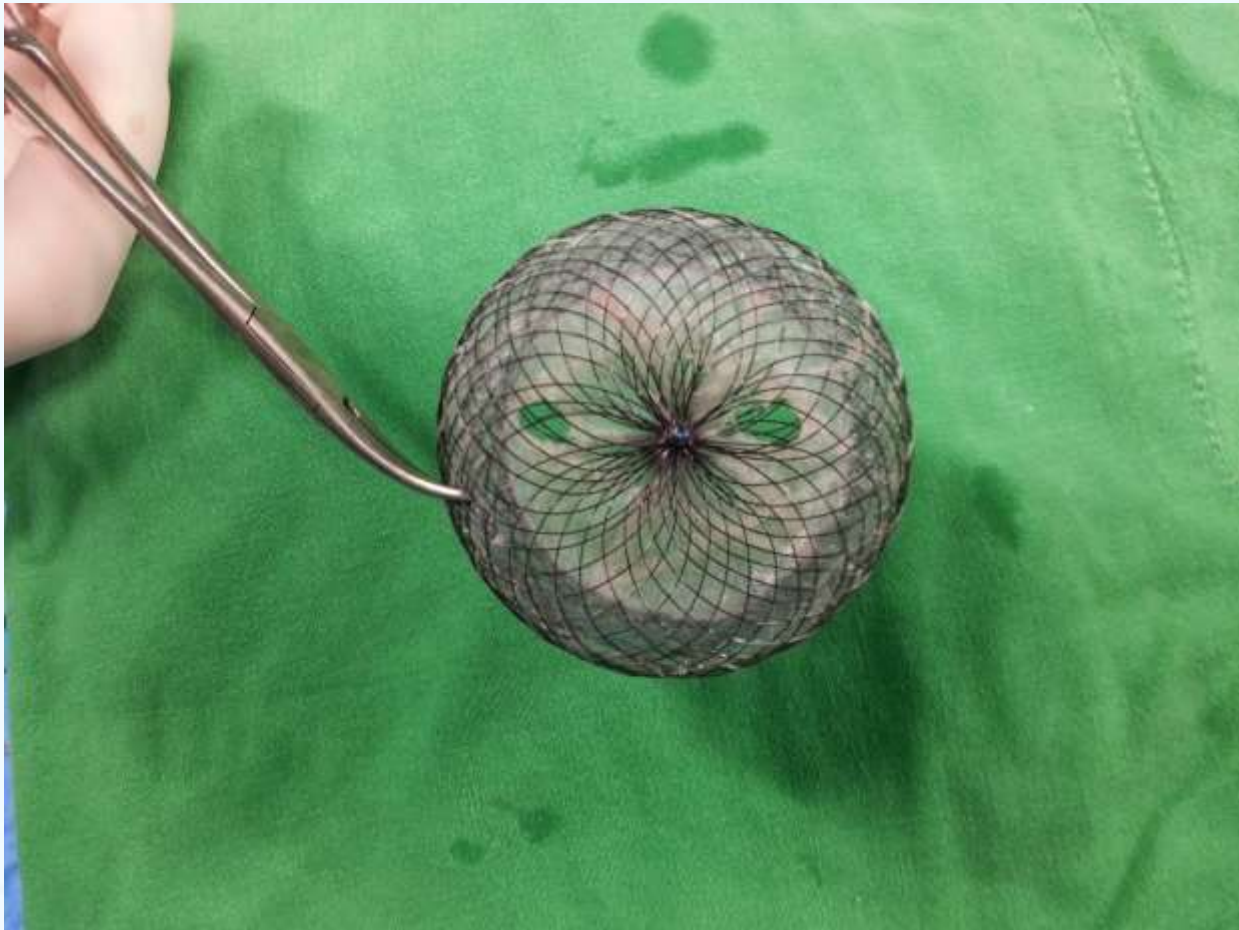


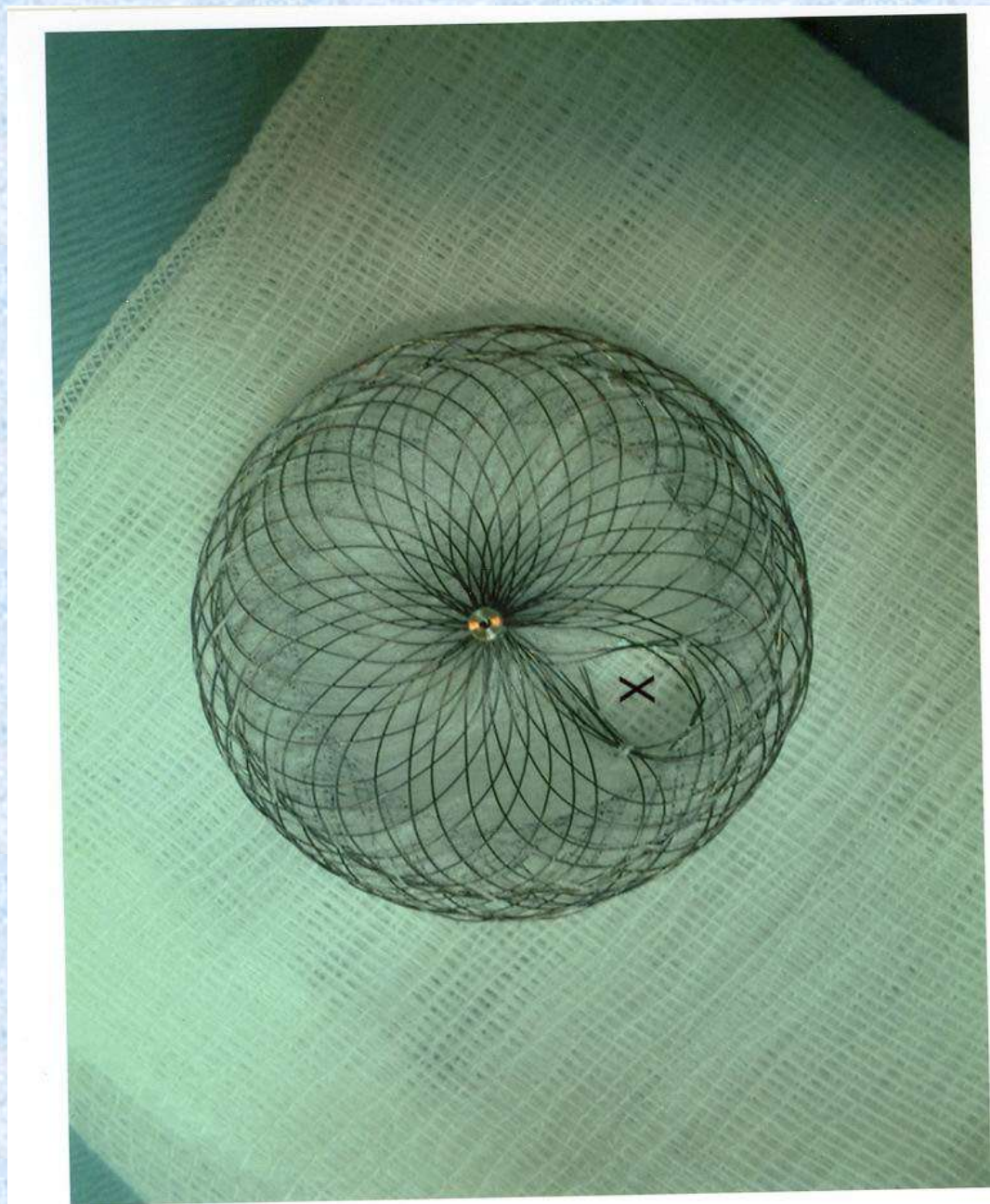
# Methods

- Test balloon occlusion was performed after hemodynamic study.
- A self-fabricated fenestration  $1/3$ -  $1/4$  of the diameter of Amplatzer septal occluder was created.
- In some occasions, two fenestrations were created.
- In 3 patients, a customized device from AGA was used.



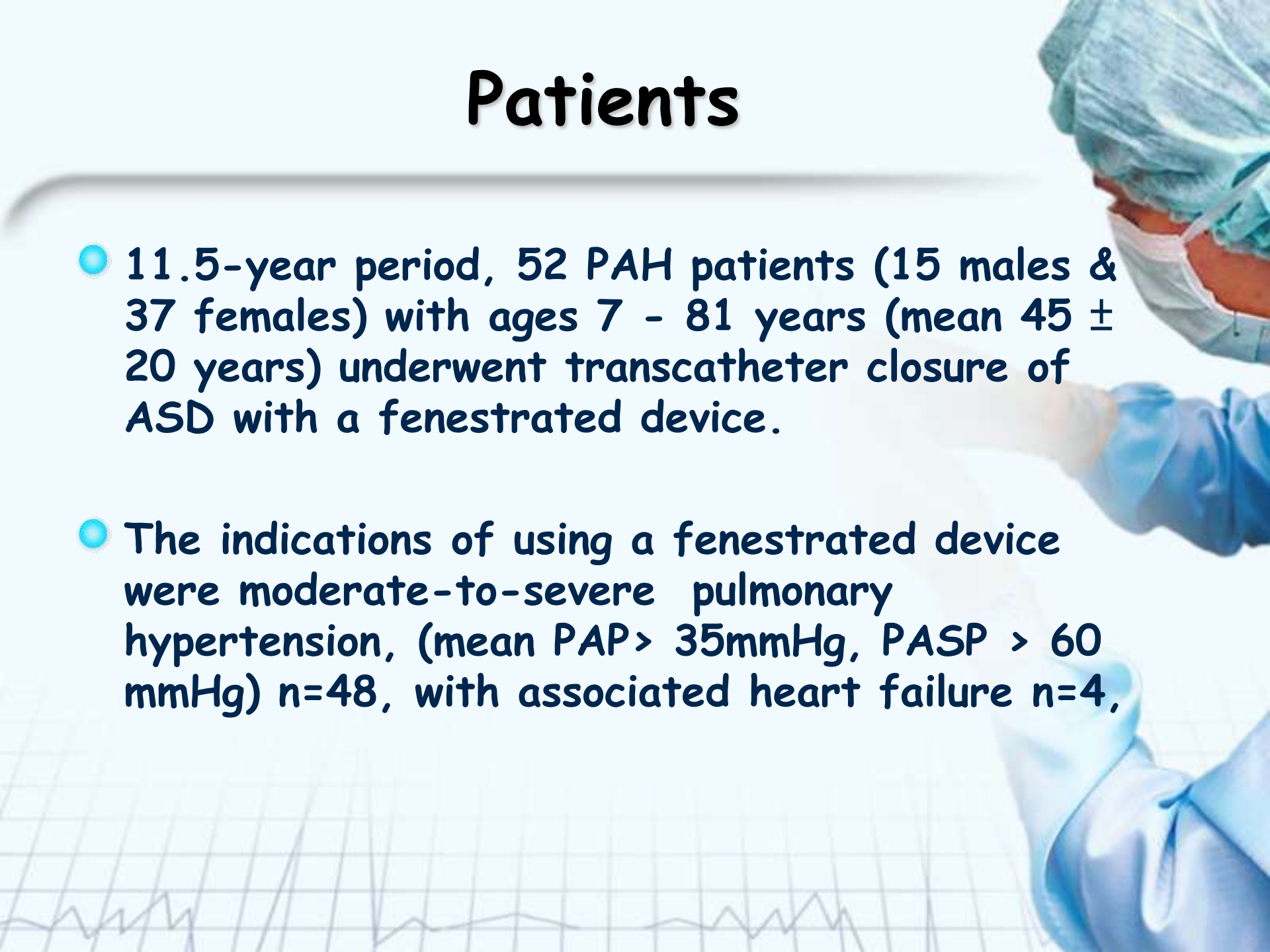
# Two fenestrations

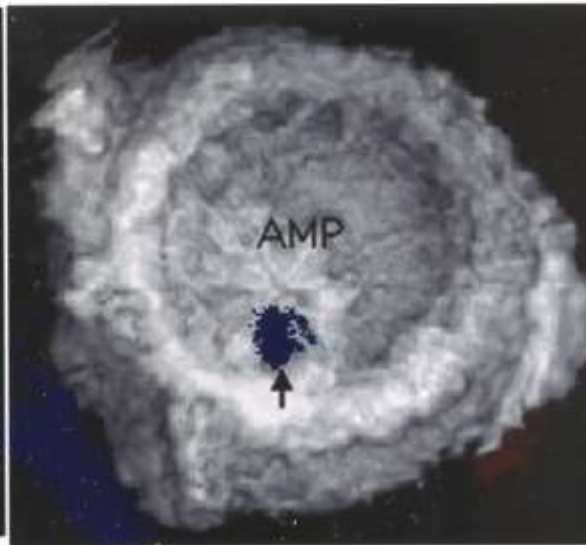
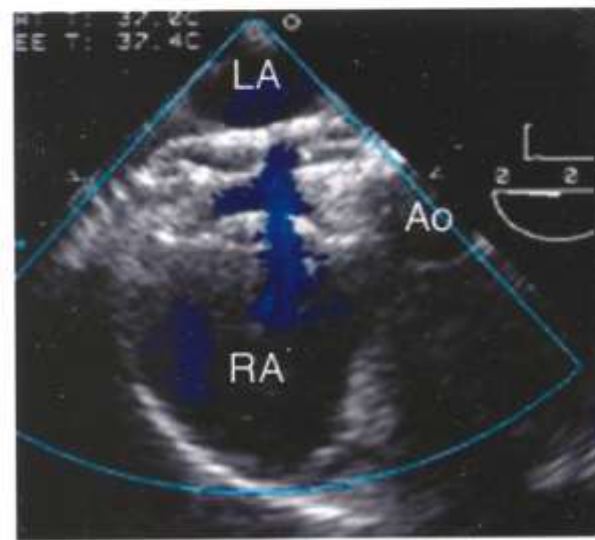
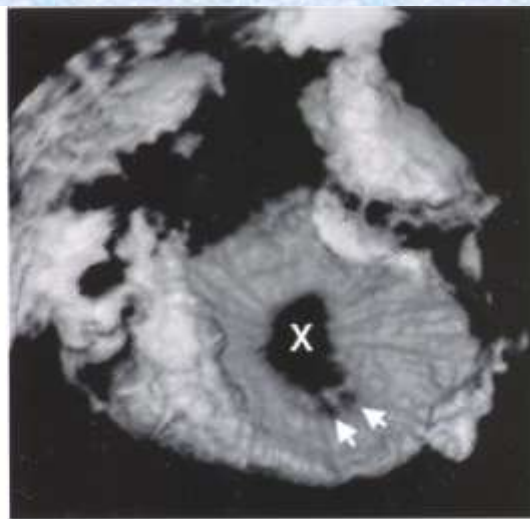
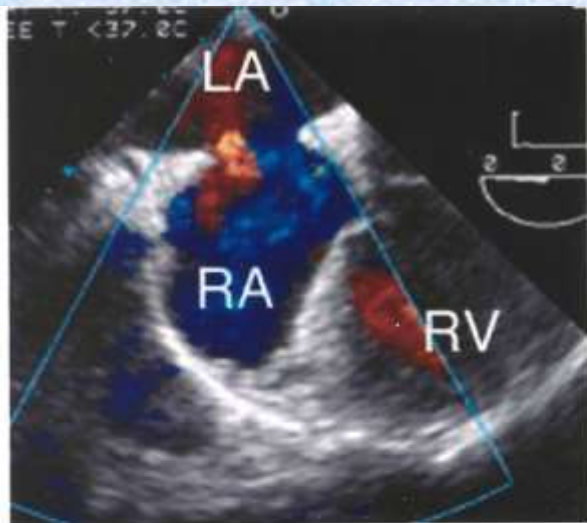




# Patients

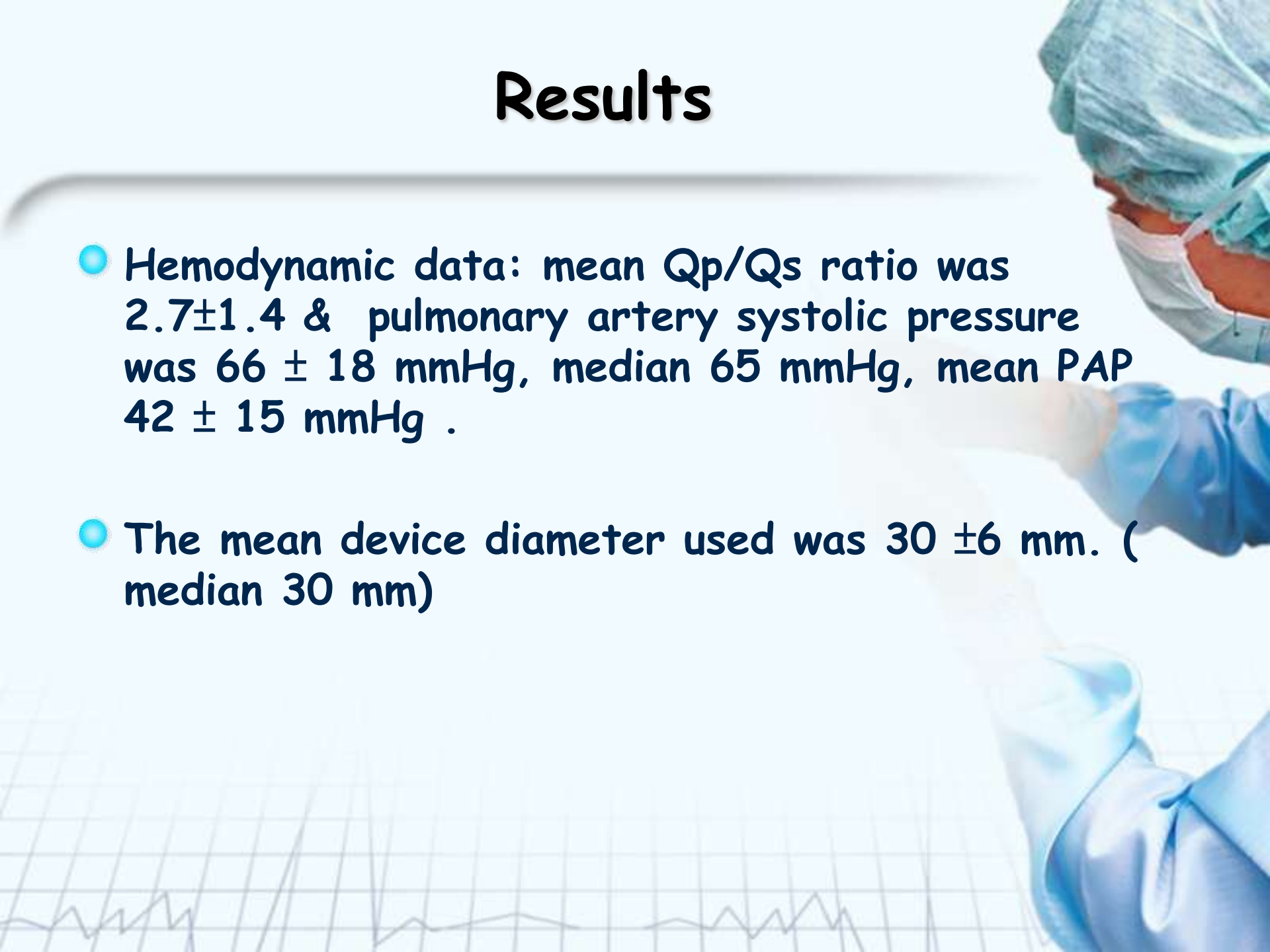
- 11.5-year period, 52 PAH patients (15 males & 37 females) with ages 7 - 81 years (mean  $45 \pm 20$  years) underwent transcatheter closure of ASD with a fenestrated device.
- The indications of using a fenestrated device were moderate-to-severe pulmonary hypertension, (mean PAP > 35mmHg, PASP > 60 mmHg) n=48, with associated heart failure n=4,





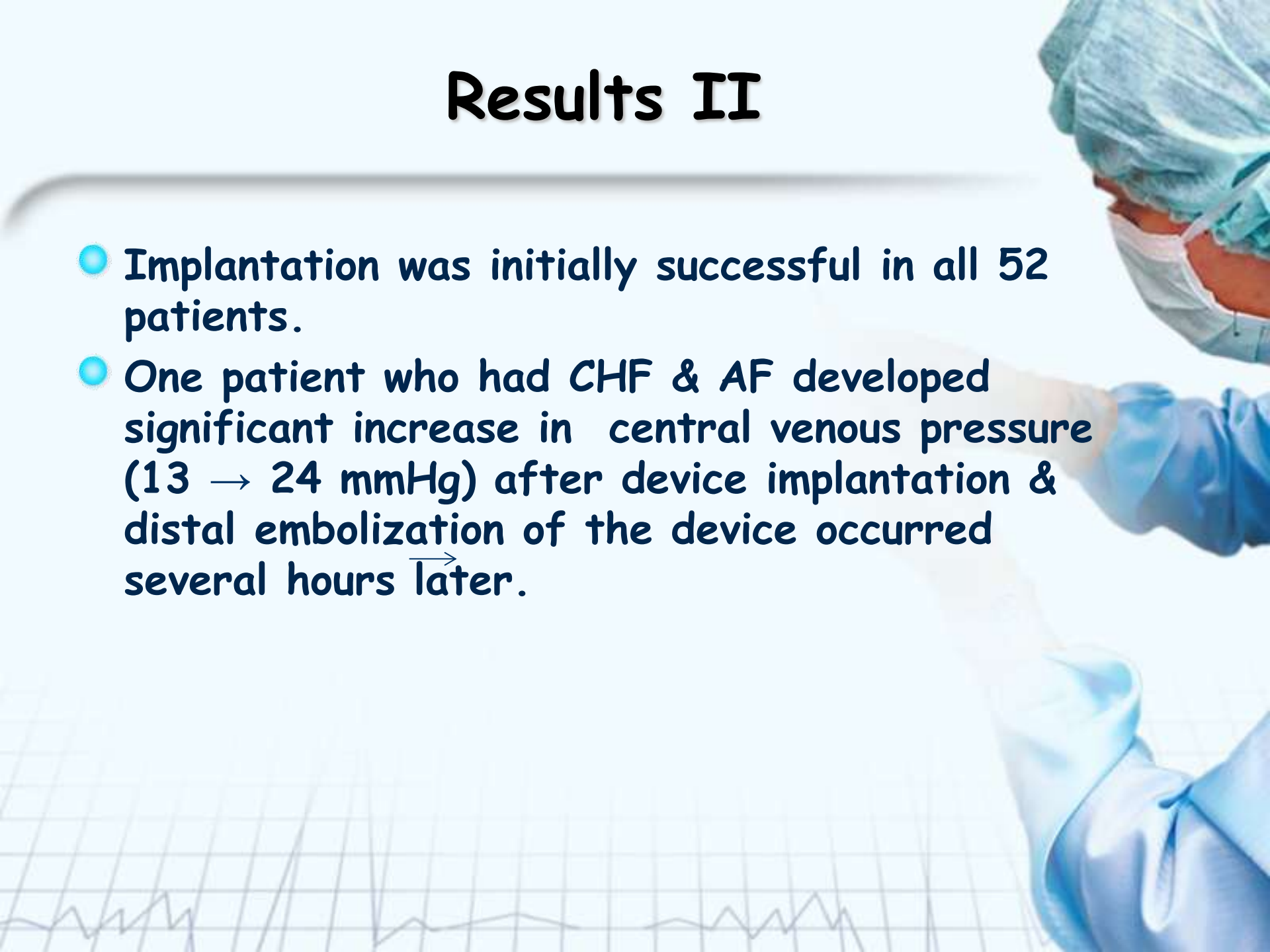
# Results

- Hemodynamic data: mean Qp/Qs ratio was  $2.7 \pm 1.4$  & pulmonary artery systolic pressure was  $66 \pm 18$  mmHg, median 65 mmHg, mean PAP  $42 \pm 15$  mmHg .
- The mean device diameter used was  $30 \pm 6$  mm. (median 30 mm)



# Results II

- Implantation was initially successful in all 52 patients.
- One patient who had CHF & AF developed significant increase in central venous pressure (13 → 24 mmHg) after device implantation & distal embolization of the device occurred several hours later.





# Follow up

- All except 1 received at least 6 months follow-up, mean f/u period  $46 \pm 22$  months.
- 31 took Sildenafil 20-25 mg bid or tid, 2 received Bosentan.
- 3 underwent a second procedure to close the fenestration because presence of significant shunt ( $Q_p/Q_s > 1.5$ ) & cardiomegaly
- The mean PASP estimated by echo was  $45 \pm 19$  mmHg at the latest F/U vs. preclosure measured by cath  $66 \pm 18$  mmHg ( $p < 0.01$ )

# Fate of the fenestration

- Spontaneous closure in majority of cases
- A second device was deployed in 3 cases because of  $Q_p/Q_s$  ratio  $> 1.5$ . All 3 patients received implantation with a custom-made fenestrated device (7 mm fenestration).
- persisted small shunt in 7 patients.

PHILIPS

10/23/2007

12:18:27

TIS1.4 MI 0.7

S7-2omni/Adult

FR 11Hz  
14cm

2D

70%

C 50

P Off

Gen

CF

70%

4.9MHz

WF High

Med

0 95 180



M3 M4  
+61.6



-81.6  
cm/s

P

JPEG

104 bpm

PHILIPS

PHILIPS

10/23/2007

12:57:37

TIS1.3

MI 0.7

S7-2omni/Adult

FR 16Hz  
10cm

2D

51%

C 50

P Off

Gen

CF

70%

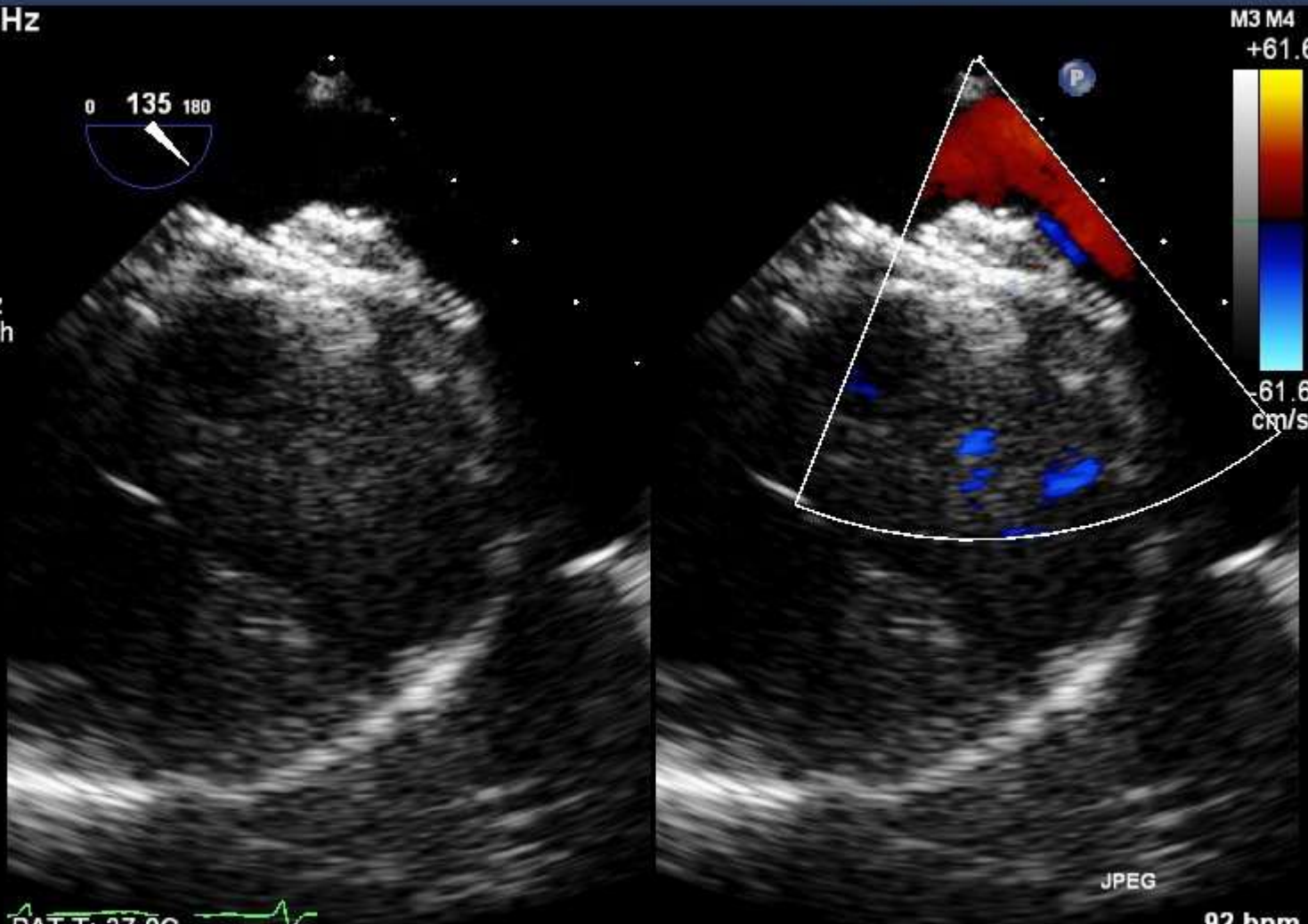
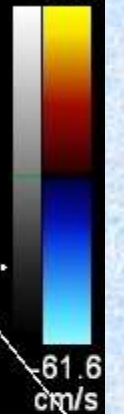
4.9MHz

WF High

Med



M3 M4  
+61.6



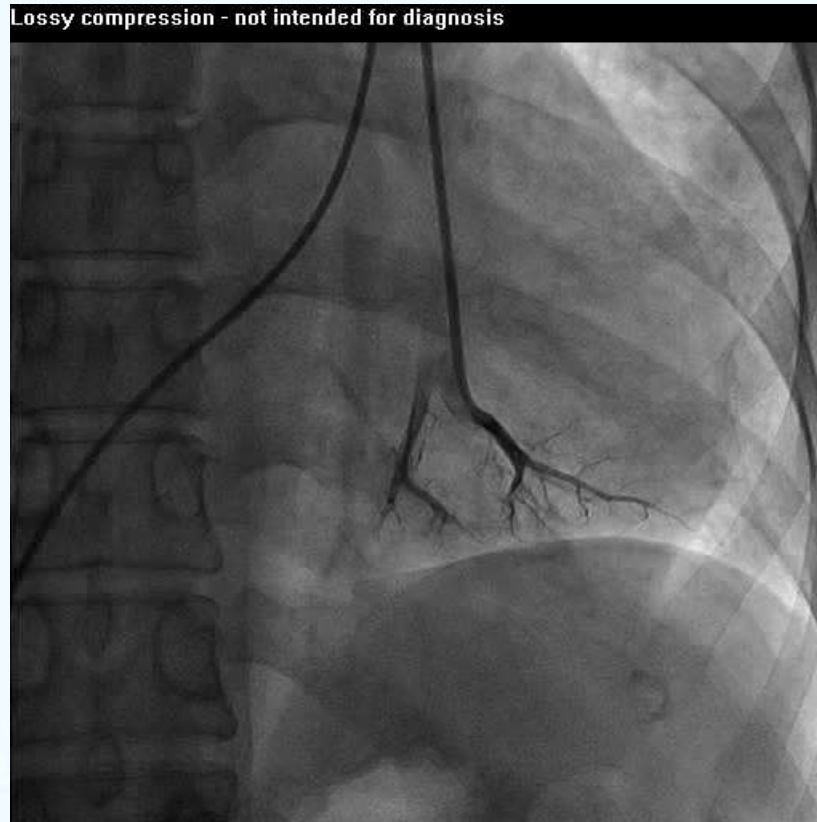
JPEG

92 bpm

PAT T: 37.0C  
TEE T: 38.5C

PHILIPS

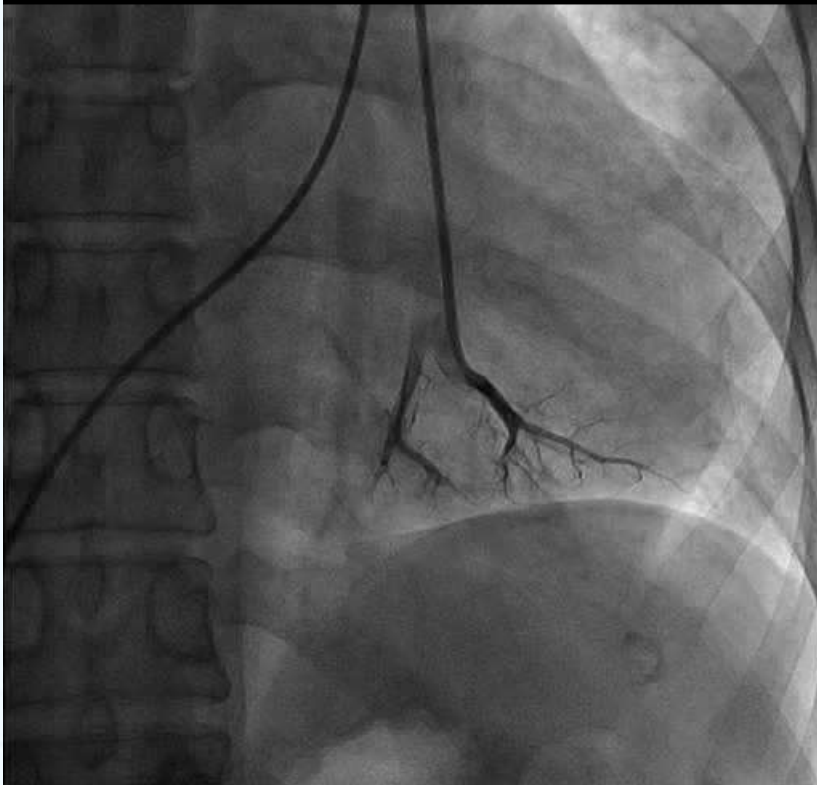
# Is PA wedge angiogram useful in predicting operability?



# Wedge angio useful?

**60/39 (39) PVR 3.79 WU**

Lossy compression - not intended for diagnosis



**97/33 (55) PVR 9.81 WU**

Lossy compression - not intended for diagnosis



# Advantages of creating fenestrations

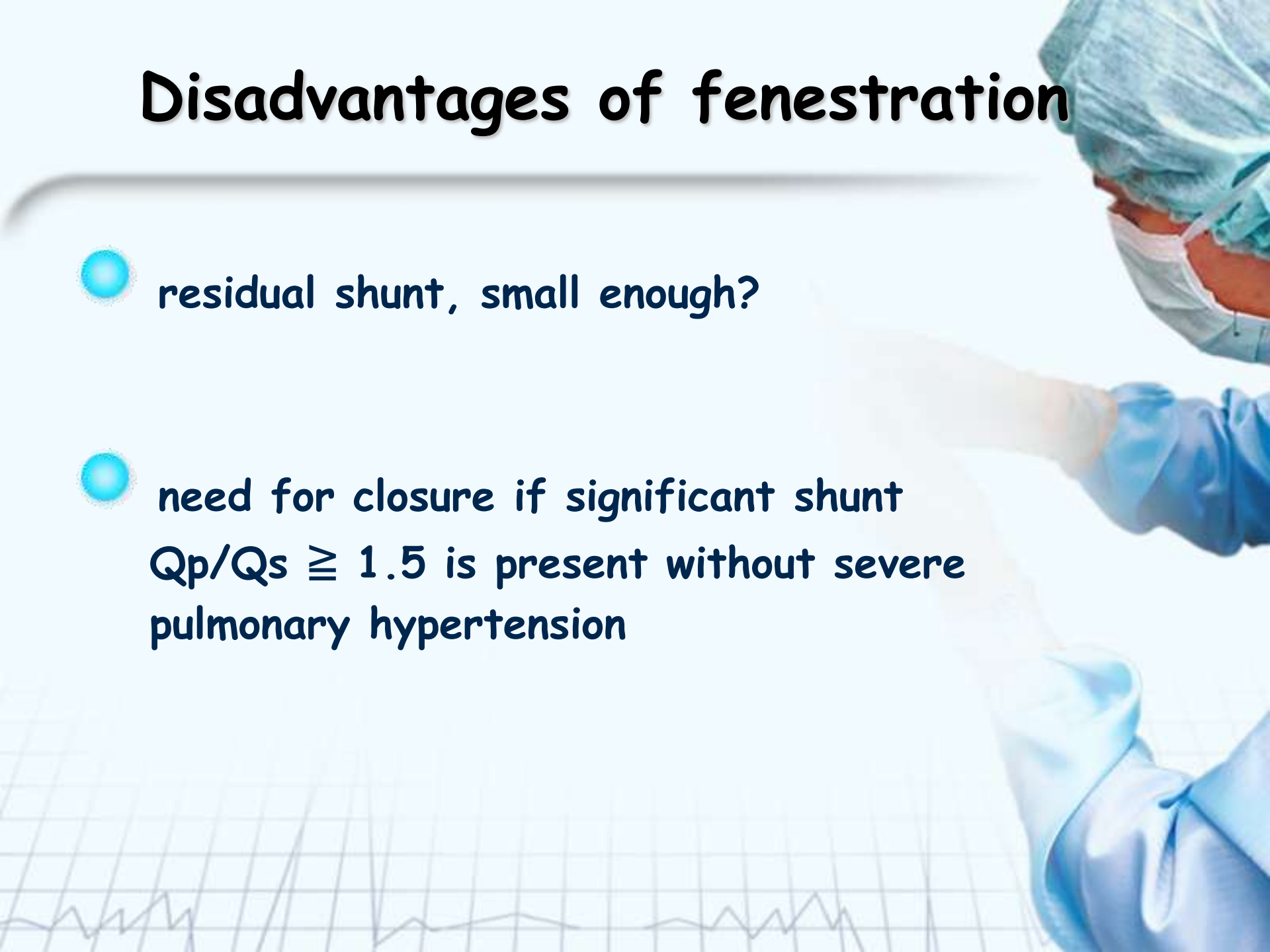
- allows for gradual reduction in left-to-right shunt
- avoids sudden changes in hemodynamics in compromised patients

Kretschmar et. Al. *CCI* 2010;76:564-71

Schneider et.at. *J Interv Cardiol* 2011;24:485-90

# Disadvantages of fenestration

- residual shunt, small enough?
- need for closure if significant shunt  
 $Q_p/Q_s \geq 1.5$  is present without severe pulmonary hypertension





# Discussions

- In patients with ASD with PAH, closure can be performed by using a fenestrated device after evaluations.
- Spontaneous closure of fenestrations occurred in majorities of patients at follow up.
- 3 patients underwent a second intervention to close the fenestration because persistence of significant shunt, too large fenestration ( 7 mm )?



# Conclusions

- Fenestrated device is an ideal device to use in ASD patients with severe pulmonary hypertension or heart failure. It is safe & beneficial in most cases, if the pulmonary vascular resistance is not too high. Balloon occlusion is helpful in unmasking restricted LV function.
- Targeted therapy is needed for those with persisted pulmonary hypertension.
- Long-term follow-up is mandatory.



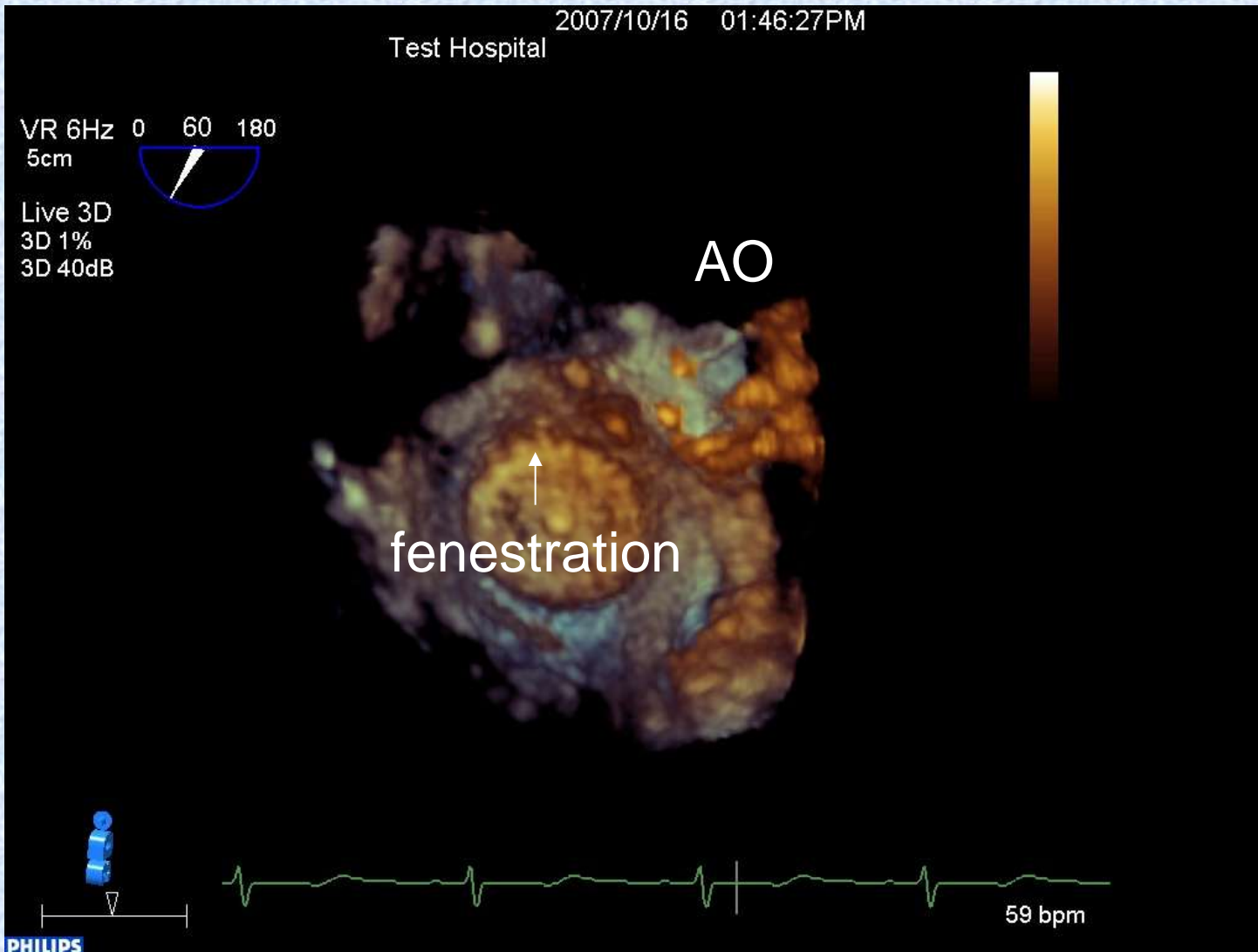


# Wedge angio 7.13WU, 37 y, F



# Home-made fenestration

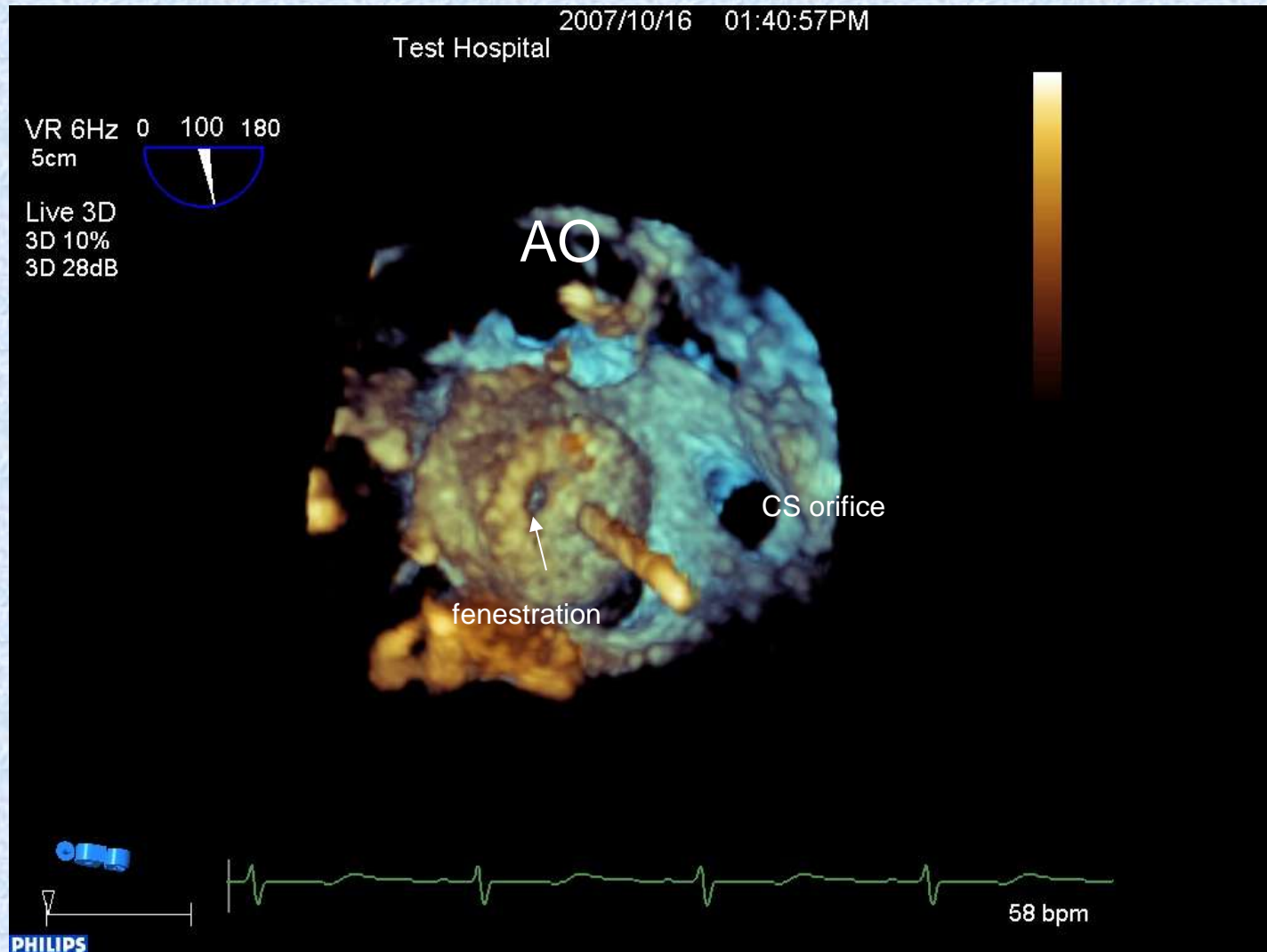
- create a defect around  $1/3$  -  $1/4$  of the diameter of device eg 7 mm fenestration in a 28 mm Amplatzer septal occluder
- create 2 smaller defects



3D image post detachment of occluder, RA side

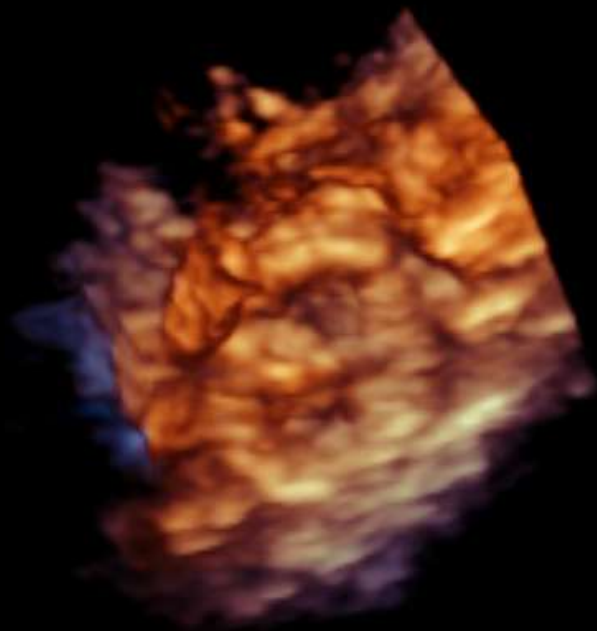


**28# Fenestrated Amplatzer**



Before detachment of 2nd occluder, view from RA side





PHILIPS

# Outcomes of closure in ASD patients with PAH

(ECHO)	PASP (mmHg)	Reduction $\geq 5$ mmHg	Normalization of PAP
No PAH	< 40	33.7 %	90.2 %
Mild	40-49	73.9 %	71.7 %
Moderate	50-59	79.2%	66.7 %
Severe	$\geq 60$	100 %	23.5 %

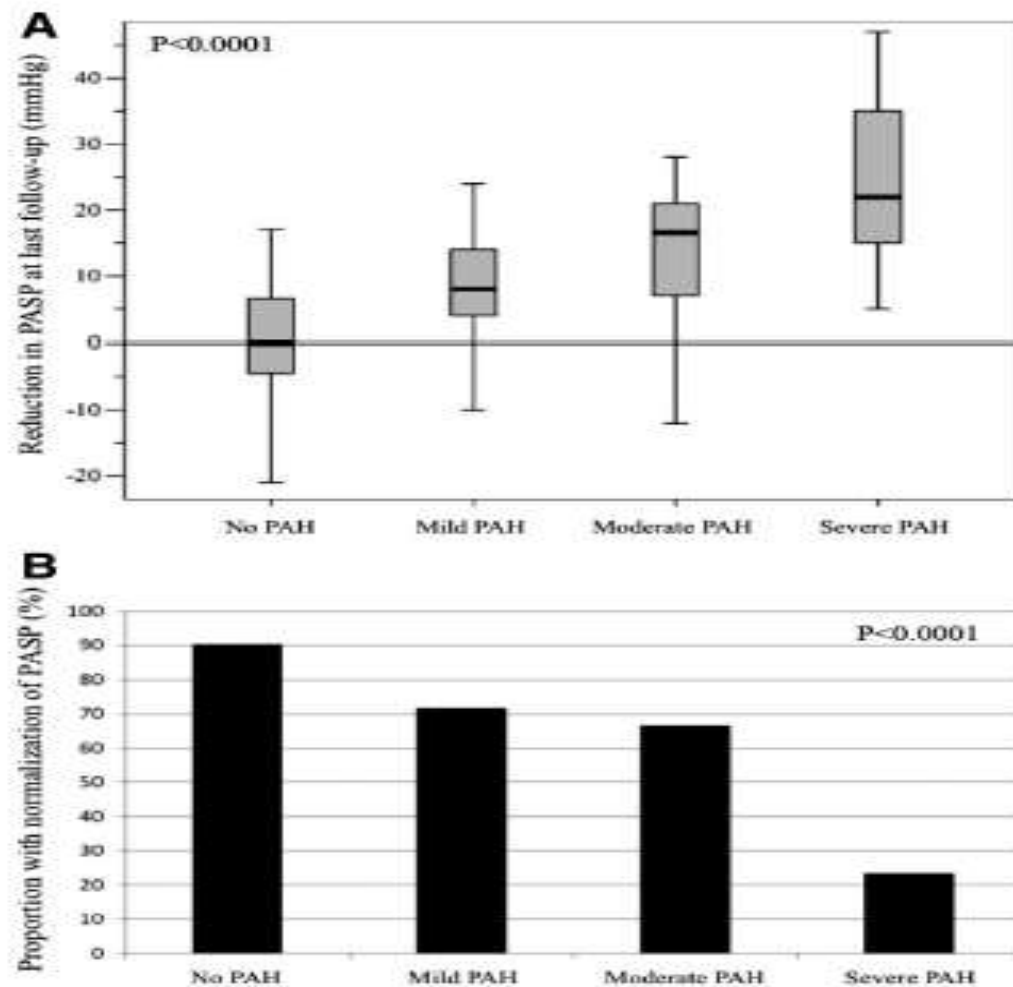
Yong et al.  
Cir Cardiovascular Intervent 2009;2:455

# PAH with systemic-to-pulmonary shunts: close or not to close

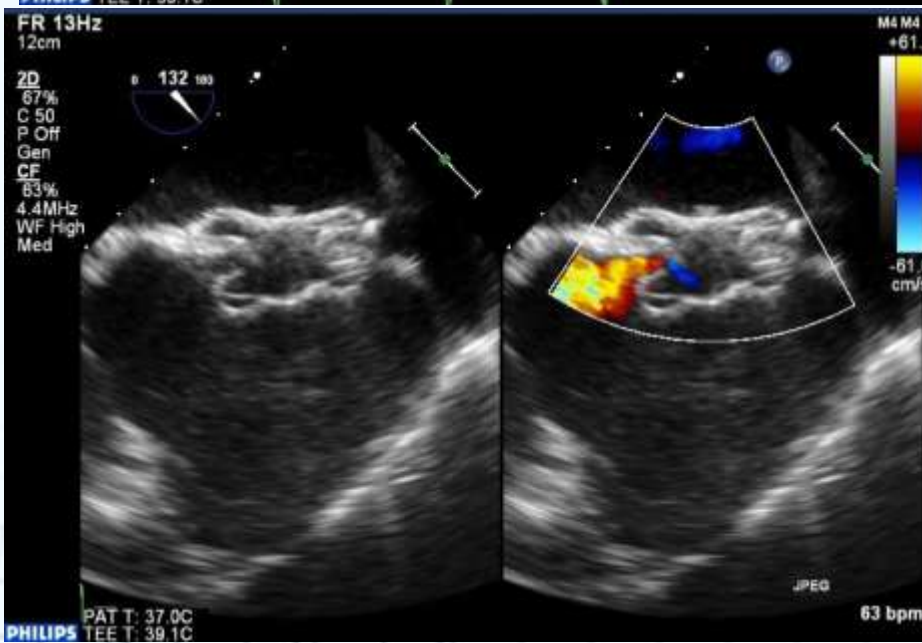
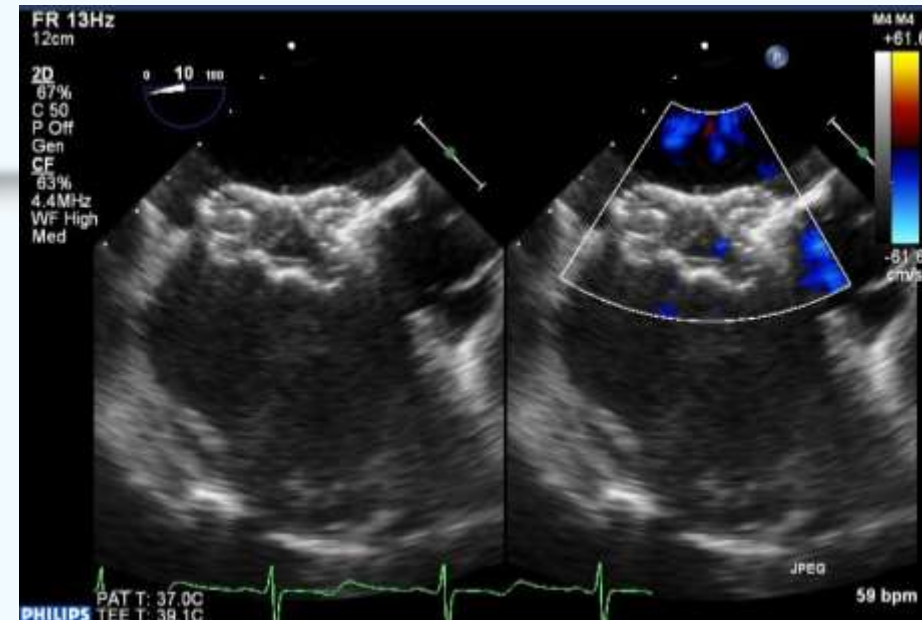
Kaplan-Meier survival estimates a 20 years

ES	87% (77-93%)	n = 90	ASD 11 %
PAH-shunt	86% (60-96 %)	n = 48	ASD 46 %
PAH after defect correction	36 % (12-72 %)	n = 44	ASD 27 %

Manes et al. Eur Heart J 2014;35:716-24



**Figure 2.** Reduction in PASP (A) and normalization of pressures (B) after transcatheter closure of ASD. A, Degree of reduction in PASP after transcatheter ASD closure according to whether patients had no, mild, moderate, or severe PAH at baseline. B, Proportion of patients with normalization of PASP (<40 mm Hg) after ASD closure, as stratified by the baseline degree of PAH.

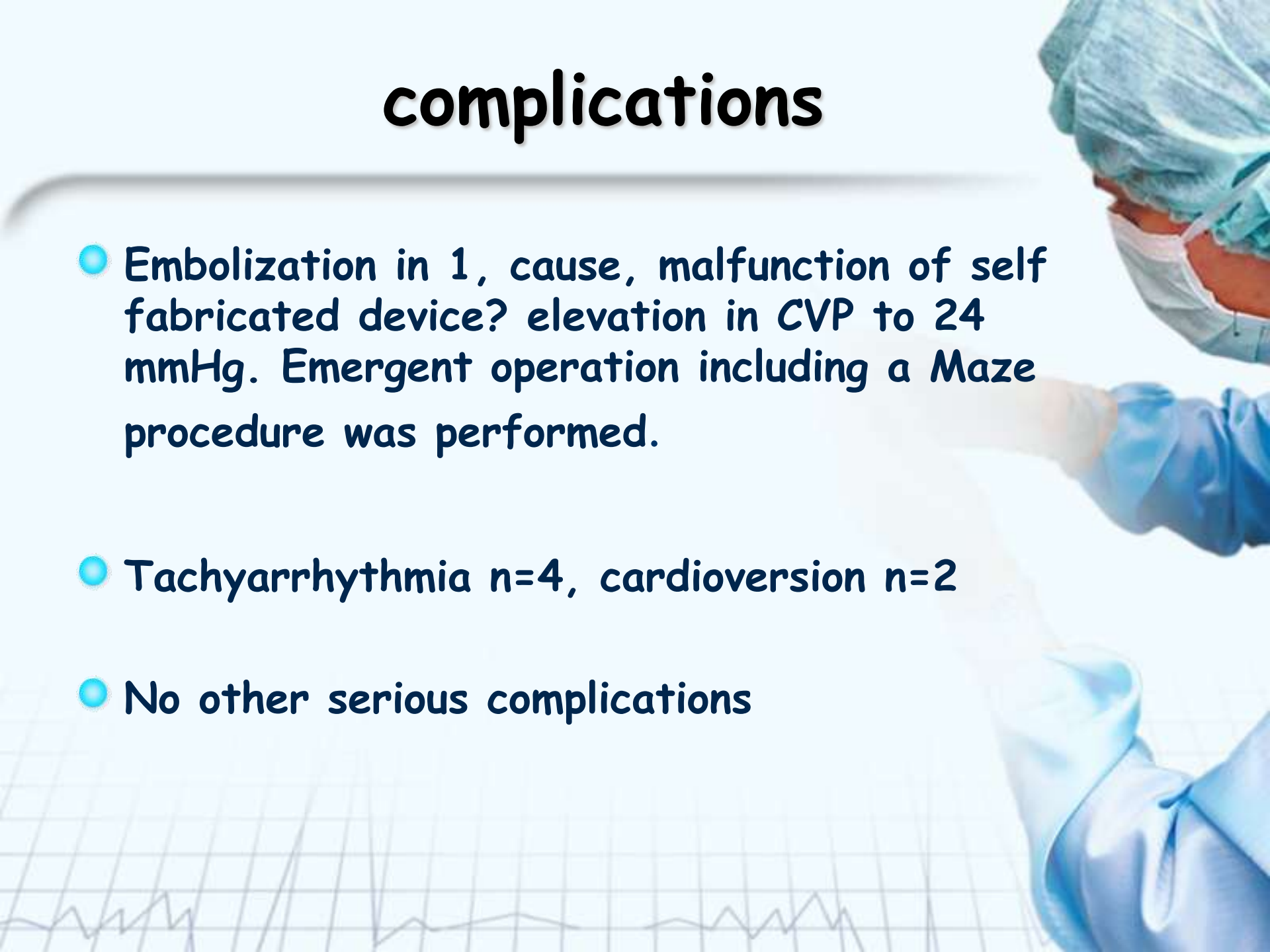


ASD post occlusion



# complications

- Embolization in 1, cause, malfunction of self fabricated device? elevation in CVP to 24 mmHg. Emergent operation including a Maze procedure was performed.
- Tachyarrhythmia n=4, cardioversion n=2
- No other serious complications

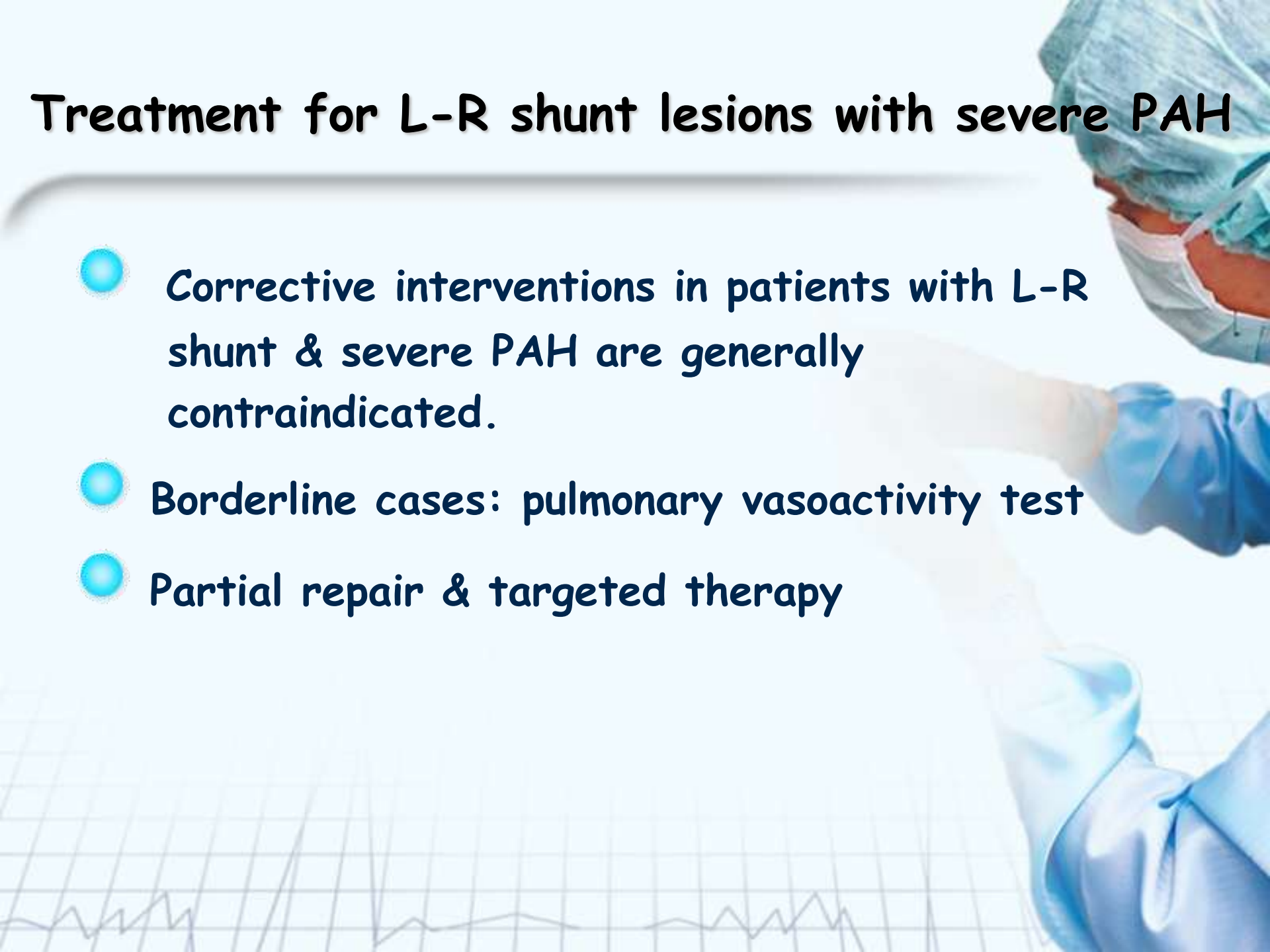




**28# Fenestrated Amplatzer**

# Treatment for L-R shunt lesions with severe PAH

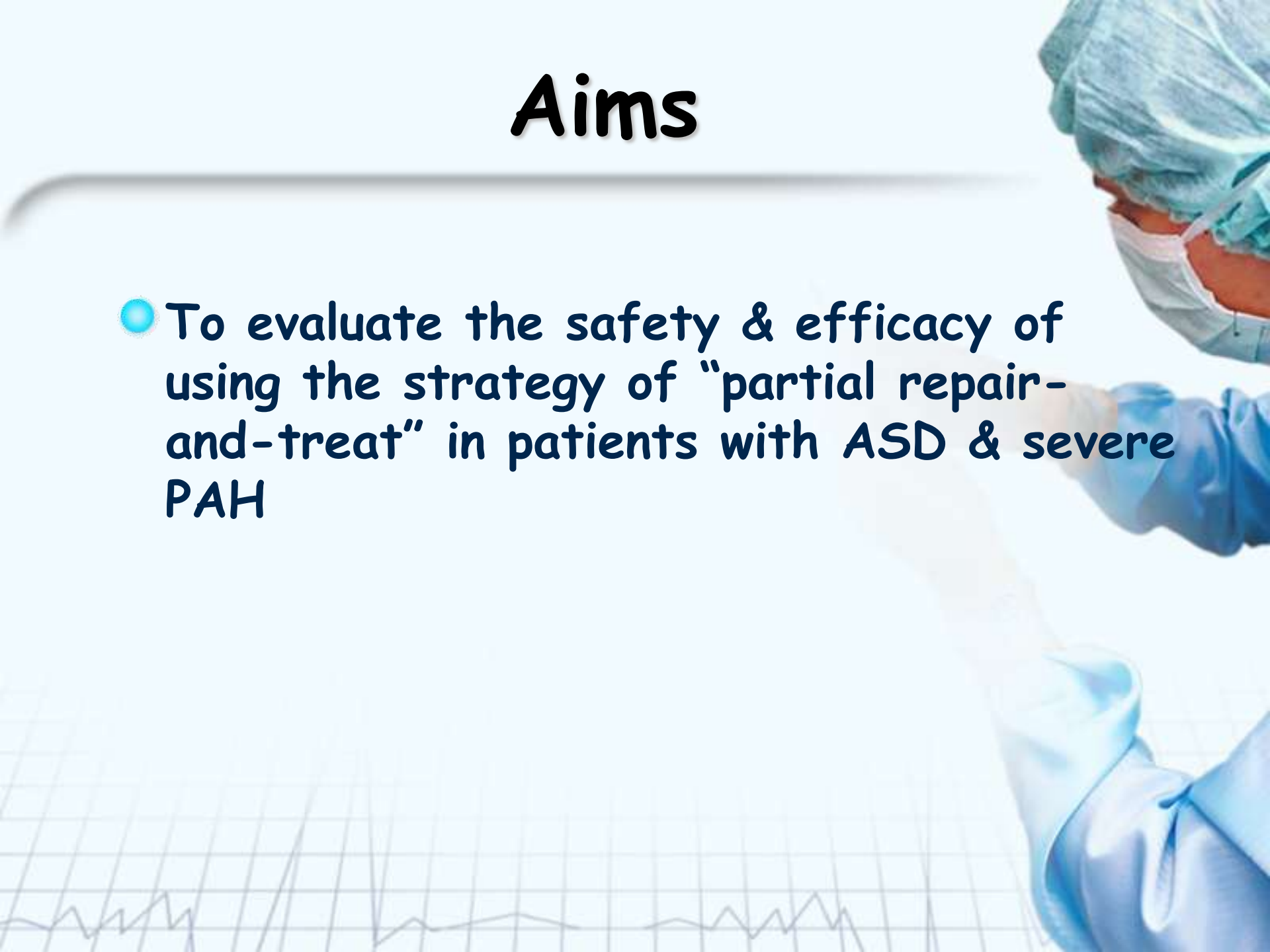
- Corrective interventions in patients with L-R shunt & severe PAH are generally contraindicated.
- Borderline cases: pulmonary vasoactivity test
- Partial repair & targeted therapy





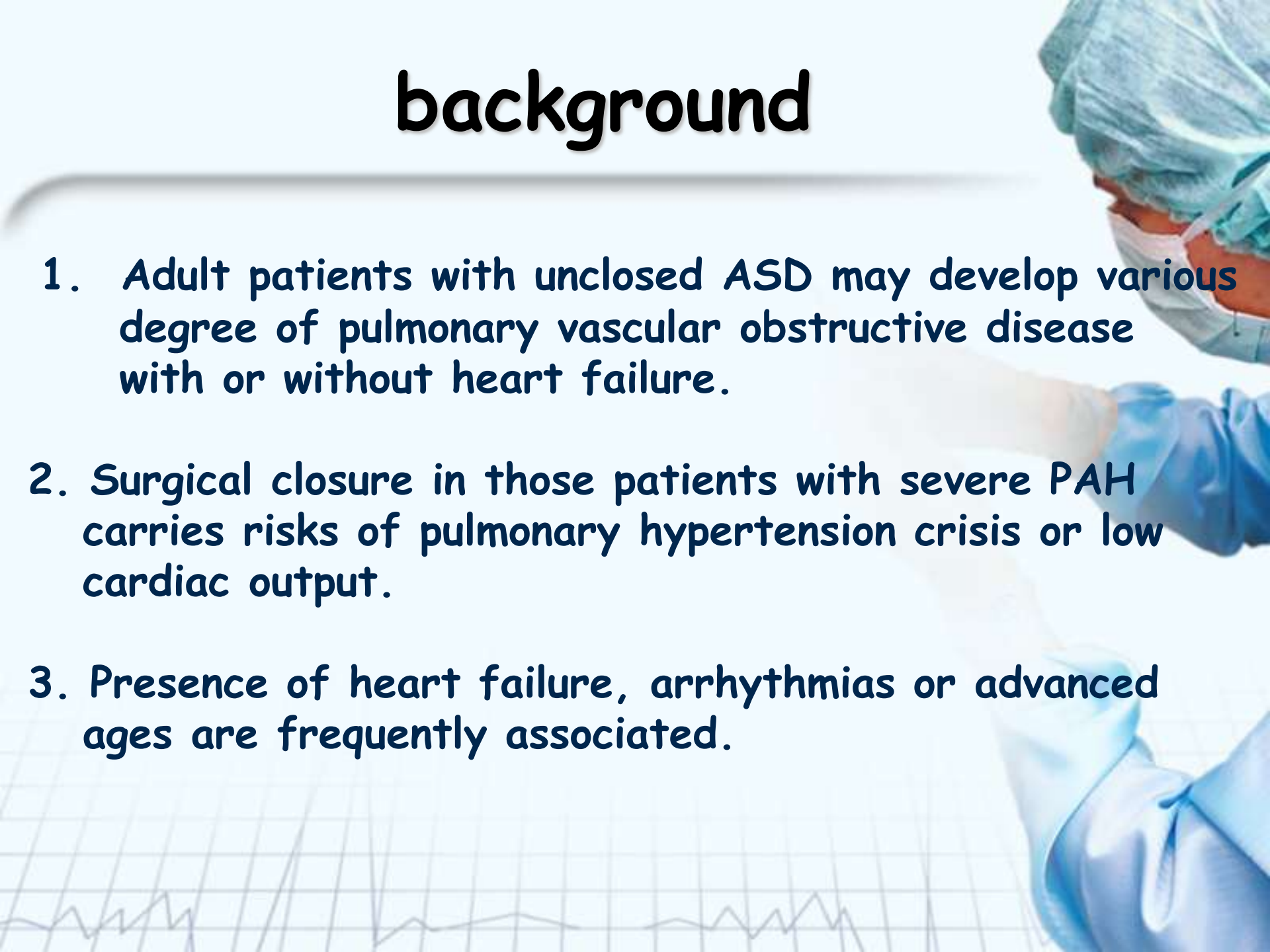
# Aims

- To evaluate the safety & efficacy of using the strategy of “partial repair-and-treat” in patients with ASD & severe PAH



# background

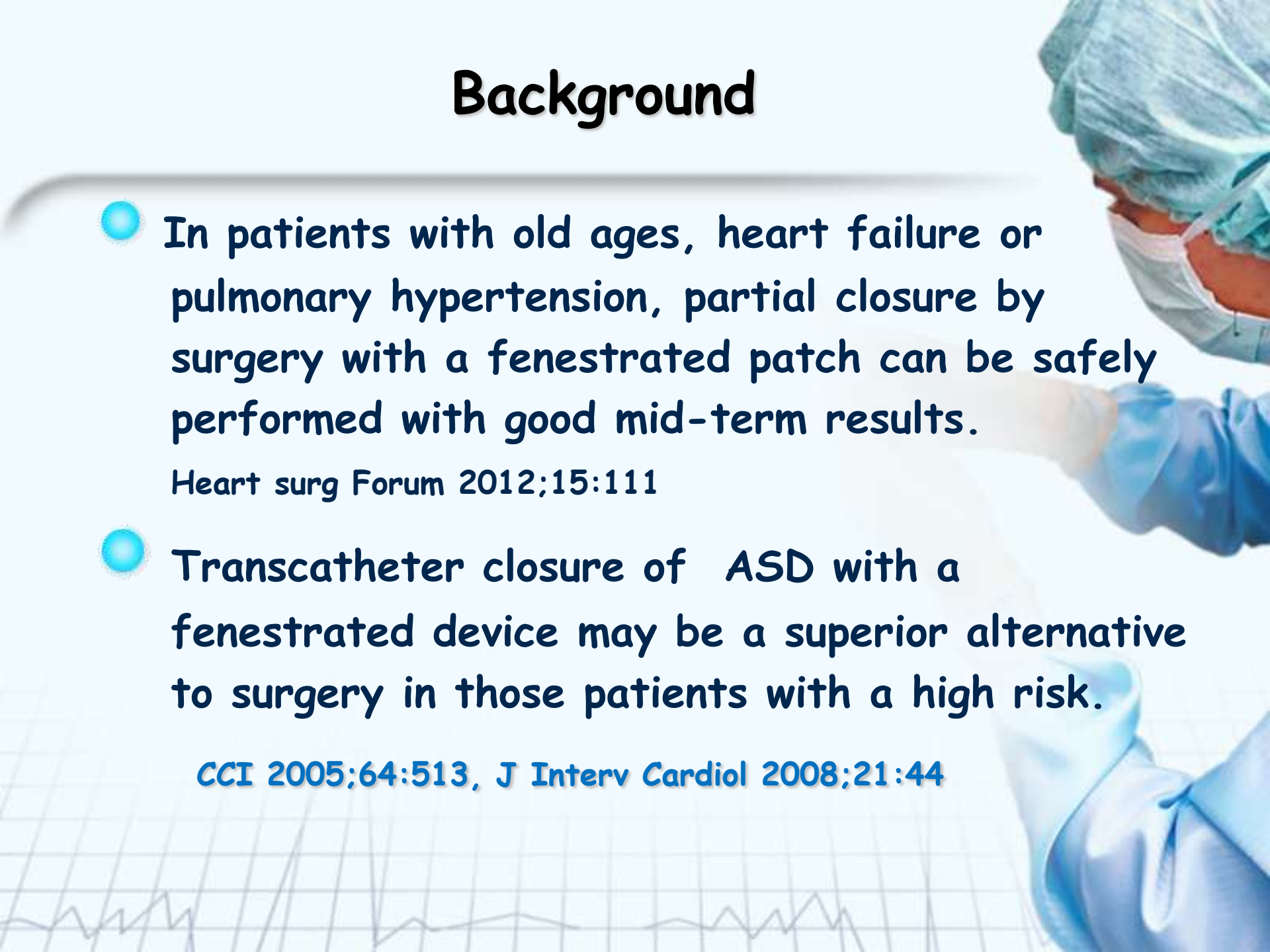
1. Adult patients with unclosed ASD may develop various degree of pulmonary vascular obstructive disease with or without heart failure.
2. Surgical closure in those patients with severe PAH carries risks of pulmonary hypertension crisis or low cardiac output.
3. Presence of heart failure, arrhythmias or advanced ages are frequently associated.



# Background

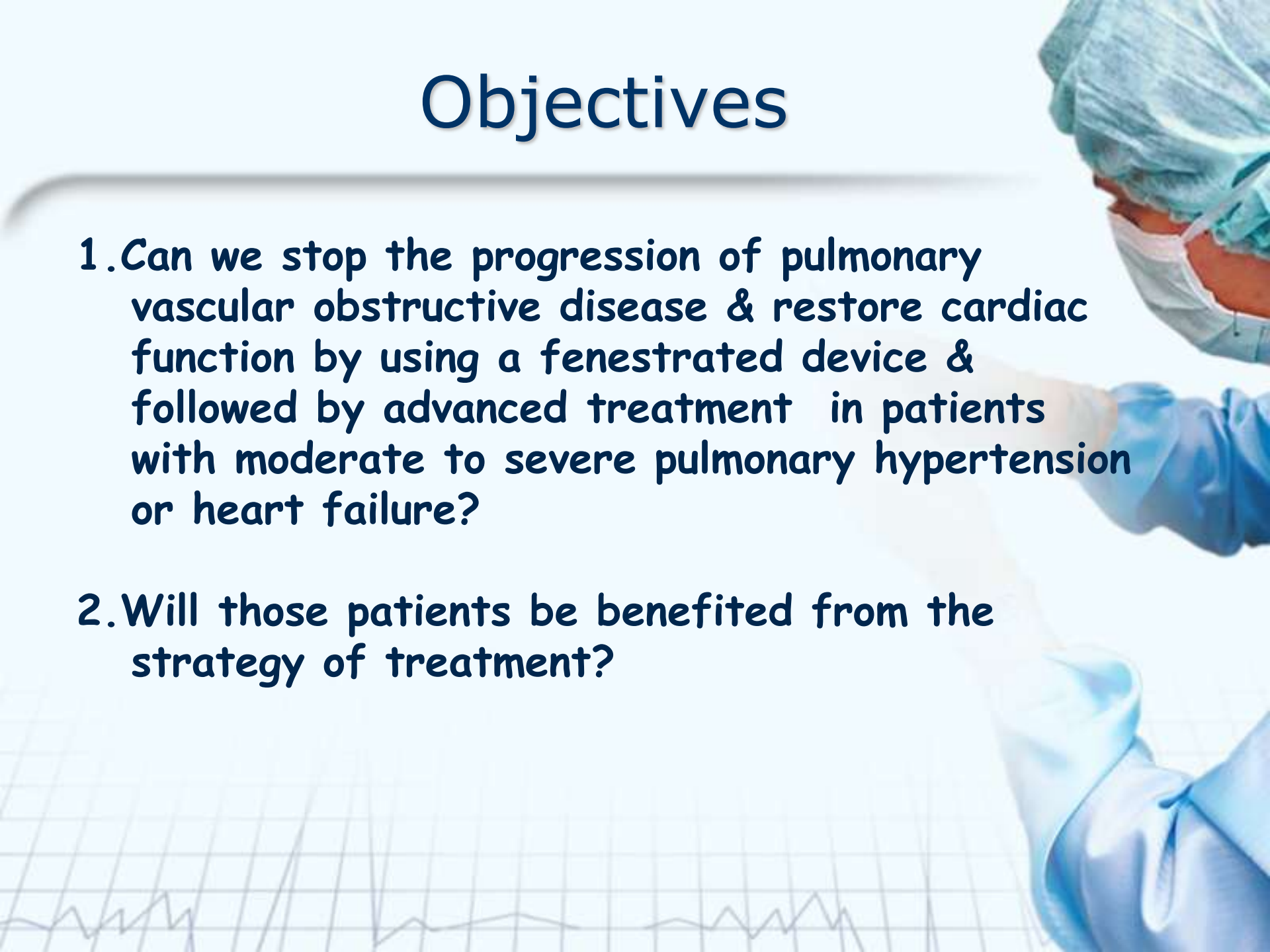
- In patients with old ages, heart failure or pulmonary hypertension, partial closure by surgery with a fenestrated patch can be safely performed with good mid-term results.  
Heart surg Forum 2012;15:111
- Transcatheter closure of ASD with a fenestrated device may be a superior alternative to surgery in those patients with a high risk.

CCI 2005;64:513, J Interv Cardiol 2008;21:44



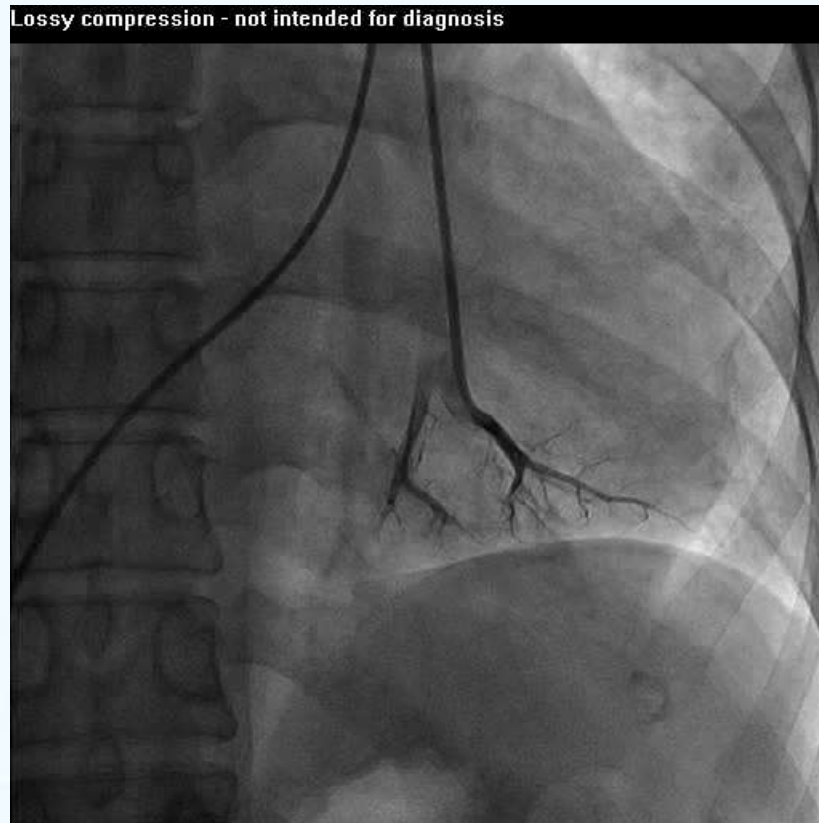
# Objectives

1. Can we stop the progression of pulmonary vascular obstructive disease & restore cardiac function by using a fenestrated device & followed by advanced treatment in patients with moderate to severe pulmonary hypertension or heart failure?
2. Will those patients be benefited from the strategy of treatment?

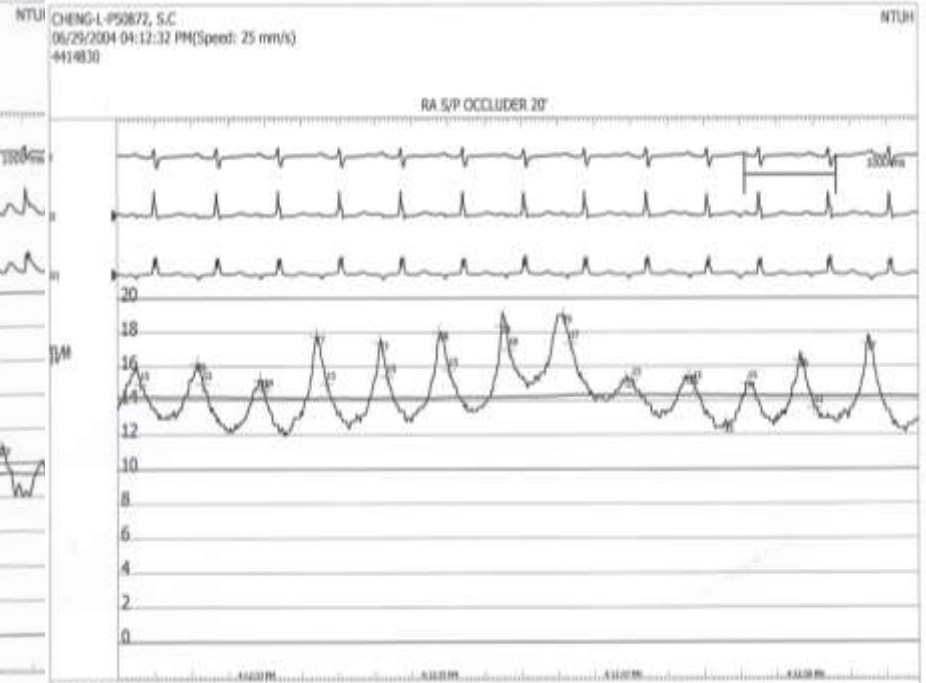
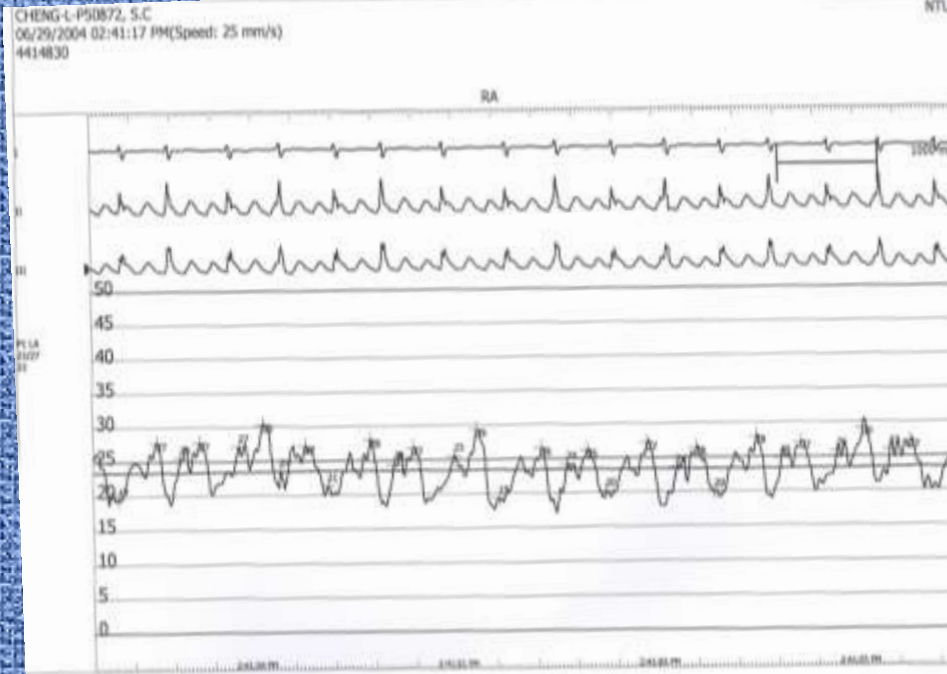




Wedge angio PAP 66/23  
PVR3.8WU



# Atrial flutter before closure



# Large ASD & severe PAH

pre



post







# PICS-AICS AP

Pediatric and Adult Interventional Cardiac Symposium, Asia-Pacific

# TAIPEI

April 1-4, 2015



PHILIPS GUAN SH-ASD

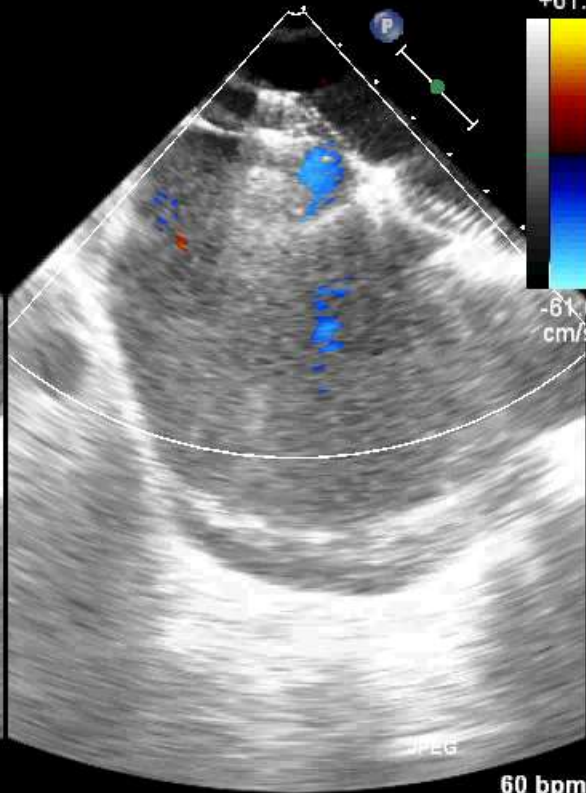
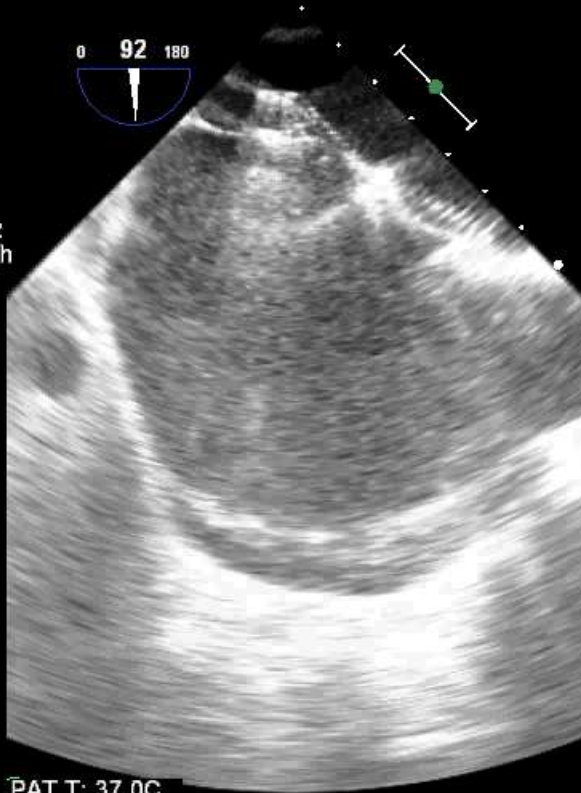
10/05/2010 02:01:03PM TIS0.7 MI 0.5

5628221

X7-2t/Adult

FR 10Hz  
15cm

2D  
79%  
C 50  
P Off  
Gen  
CF  
59%  
4.4MHz  
WF High  
Med



PAT T: 37.0C  
TEE T: 39.9C

60 bpm



**A 65-YEAR-OLD FEMALE  
ASD PAH SEVERE CHF  
REQUIRING INTUBATION**



PHILIPS

10/23/2007

12:34:48

TIS0.6 MI 1.1

X3-1/Adult

FR 12Hz  
14cm

Live 3D  
3D 0%  
3D 50dB  
HGen

M2



JPEG

100 bpm



PHILIPS

# Cardiac Catheterization

Resting PVR < 3  
RP:RS ratio < 0.33  
TBO no fall in CI

Resting PVR > 3  
RP:RS ratio > 0.33

Exercise Testing

AVT:  
PVR > 3  
PVR:SVR > 0.33

AVT: PVR < 3  
Or PVR:SVR < 0.33  
TBO: no fall in CO

Desaturation with exercise

Treat Medically

No desaturation  
with exercise

No Desaturation  
with exercise

Serial Re-assessments  
(Cath/Exercise)

Consider partial closure  
+/- medical treatment

Close ASD

If resting PVR < 3  
Or RP:RS ratio falls below 0.33  
Consider partial closure  
+/- medical treatment

PHILIPS

GUAN SH-ASD

10/05/2010

01:44:58PM

TIS0.1

MI 0.7

5628221

Philips Medical

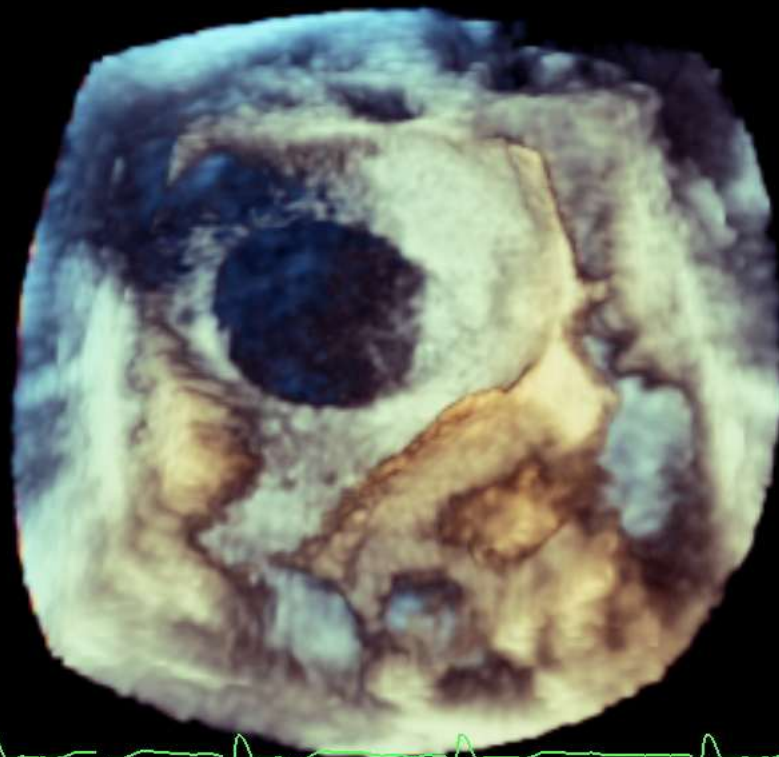
X7-2t/Adult

FR 5Hz  
8.9cm

0:00:00

M4

Live 3D  
3D 9%  
3D 40dB  
Gen



PAT T: 37.0C  
TEE T: 37.0C

72bpm