

# **Breakthrough Antiplatelets and Anticoagulants: Focus on brand new drugs**

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# My Conflicts of Interest Are:

## Company Name

AstraZeneca

Eli Lilly / Daiichi Sankyo

The Medicines Company

Merck

Novartis

Sanofi aventis / BMS

Eisai

Medscape

Accumetrics

Iroko

## Relationship

Research grant, honoraria,  
consultant

Research/educational grants,  
honoraria, consultant

Consultant

Research grant, consultant

Consultant

Consultant

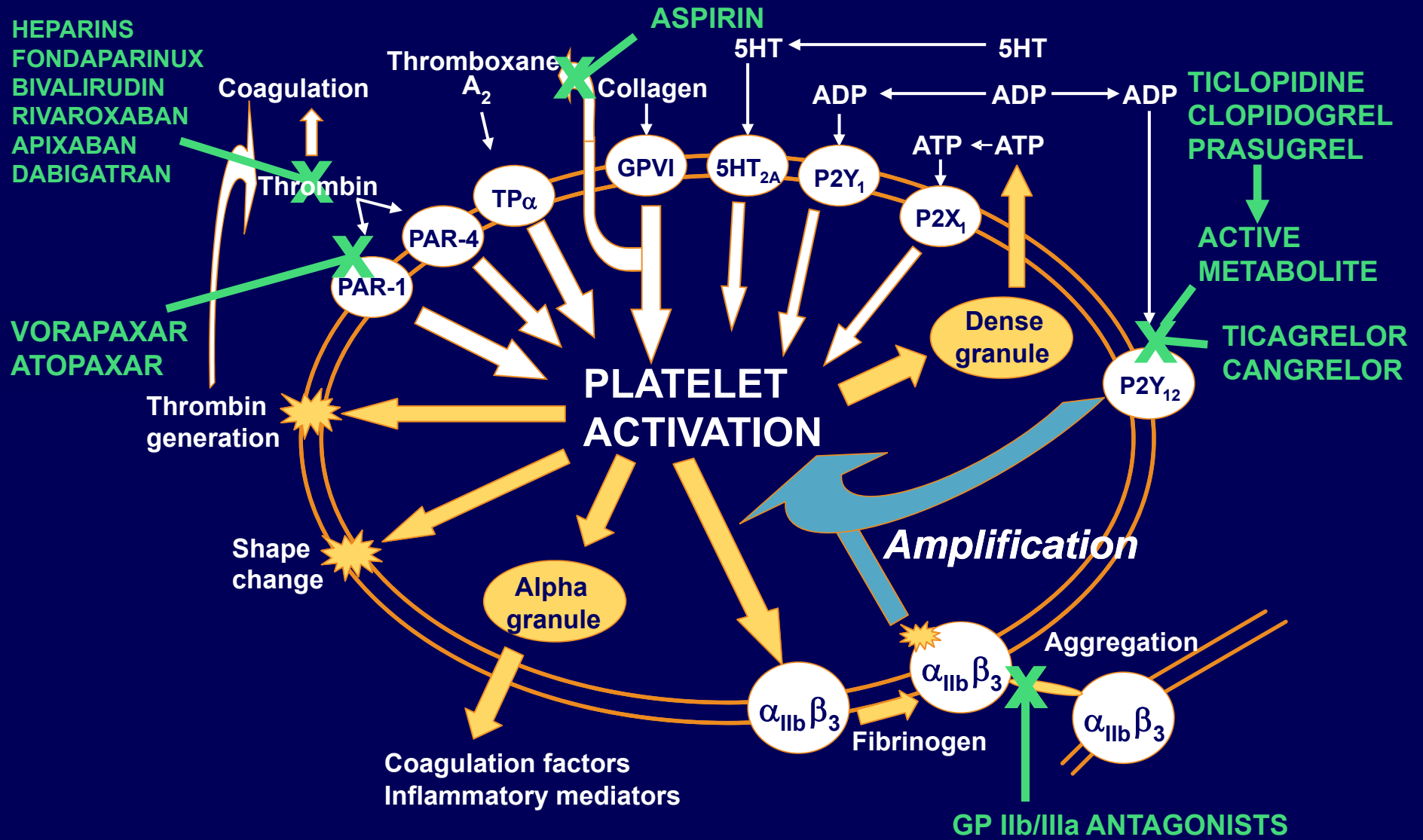
Consultant

Honoraria

Educational grant, research  
consumables, consultant

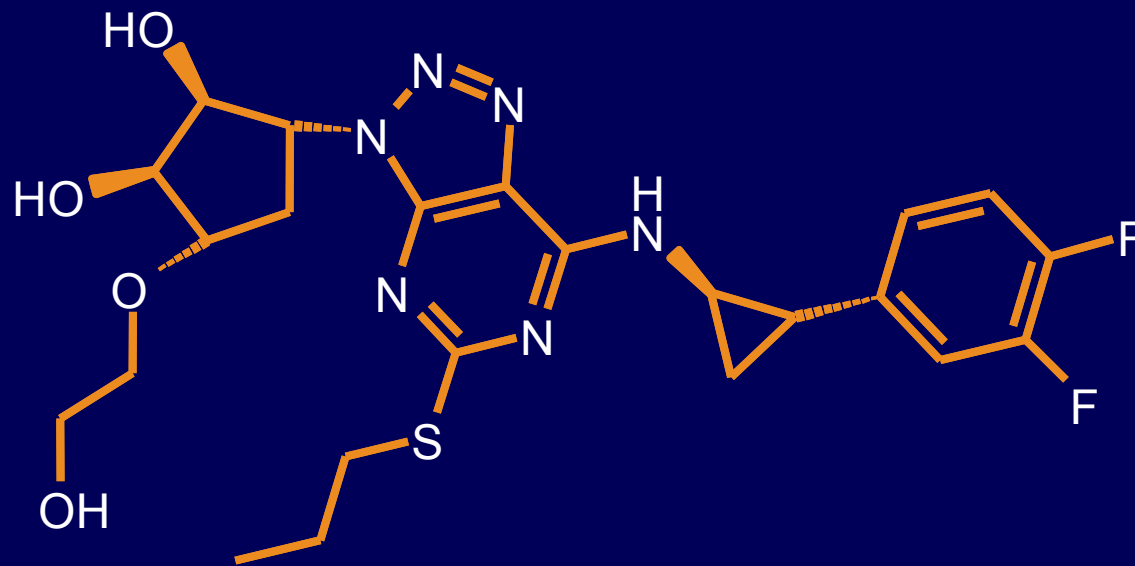
Honorarium

# Antithrombotic mechanisms

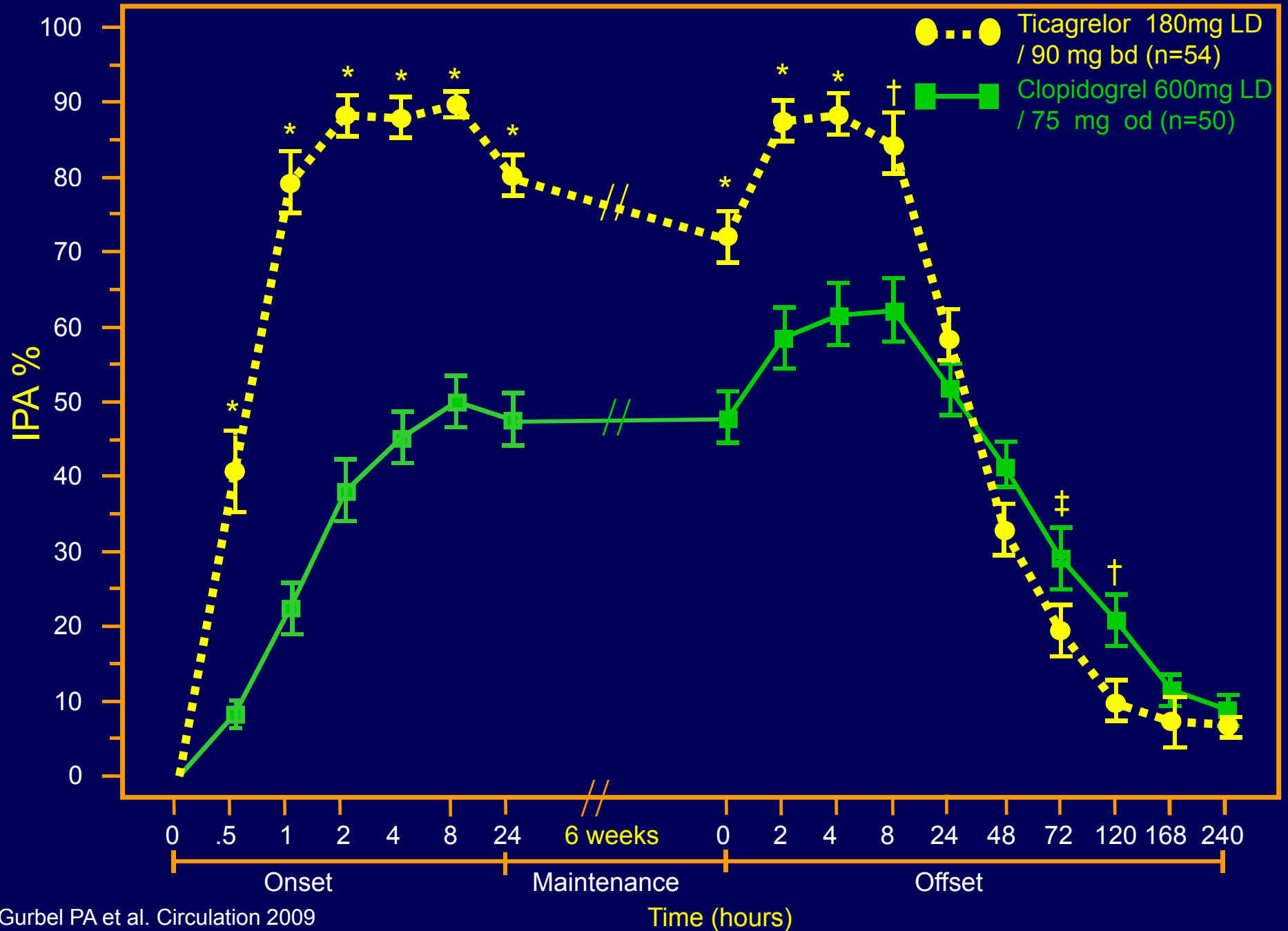


**Oral reversibly-binding  
P2Y<sub>12</sub> inhibition:  
PLATO study  
Ticagrelor vs clopidogrel**

# Ticagrelor: CPTP (Cyclo-Pentyl-Triazolo-Pyrimidine)

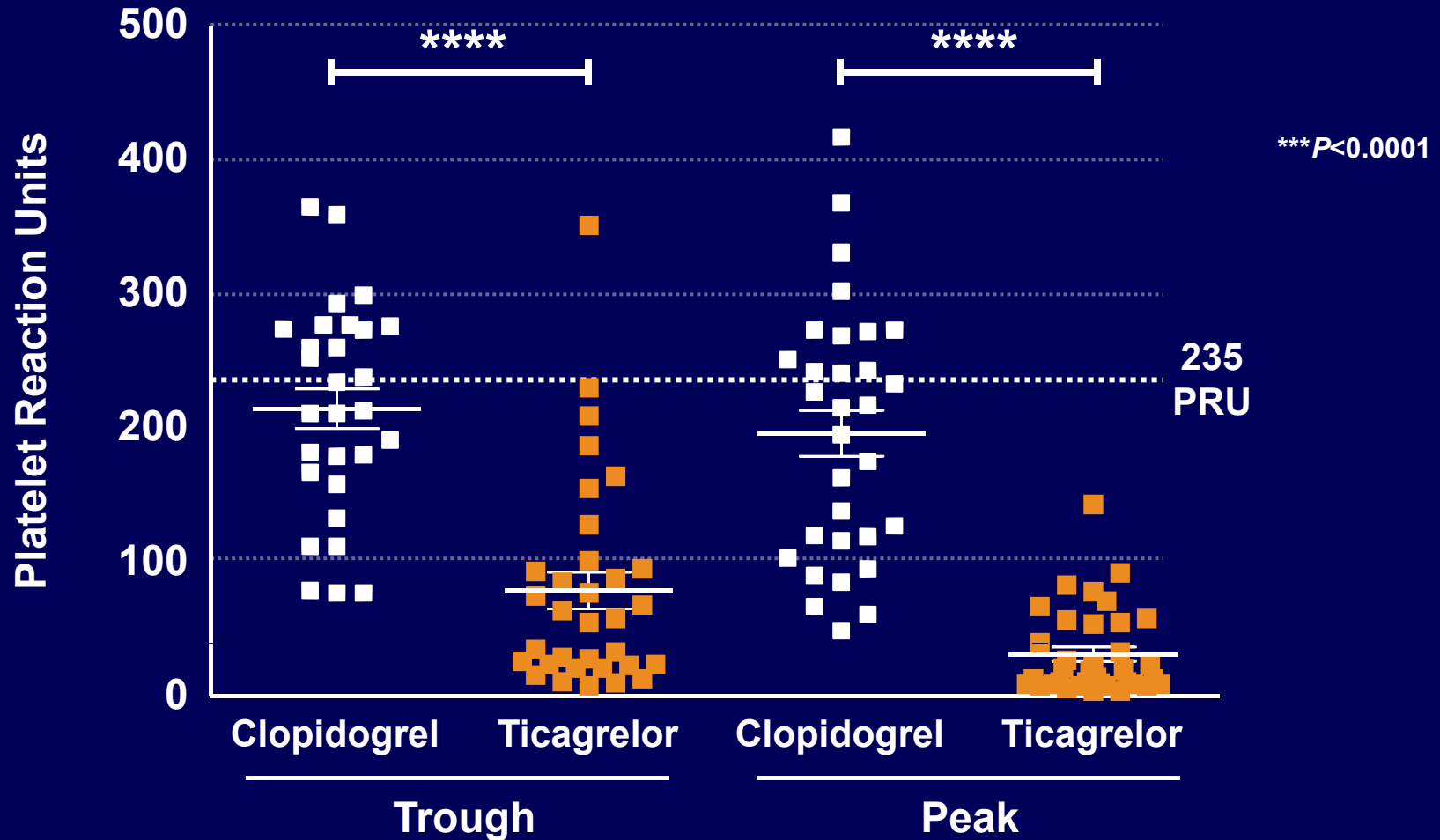


# ONSET/OFFSET Study IPA with ADP 5uM (final extent)



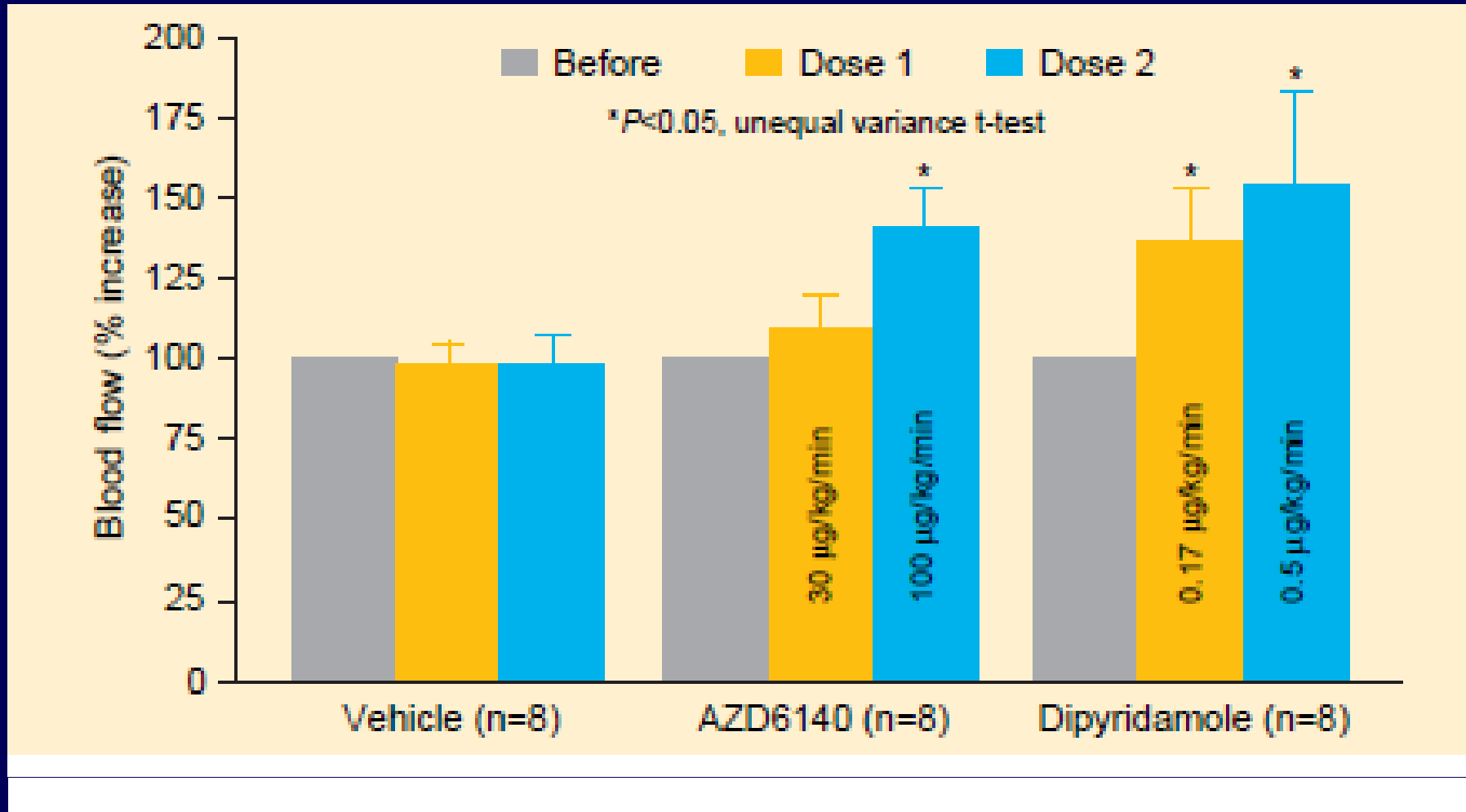
# PLATO PLATELET: VerifyNow P2Y<sub>12</sub> Assay

## Comparing Maintenance Therapy with Clopidogrel vs Ticagrelor



# Ticagrelor and adenosine uptake

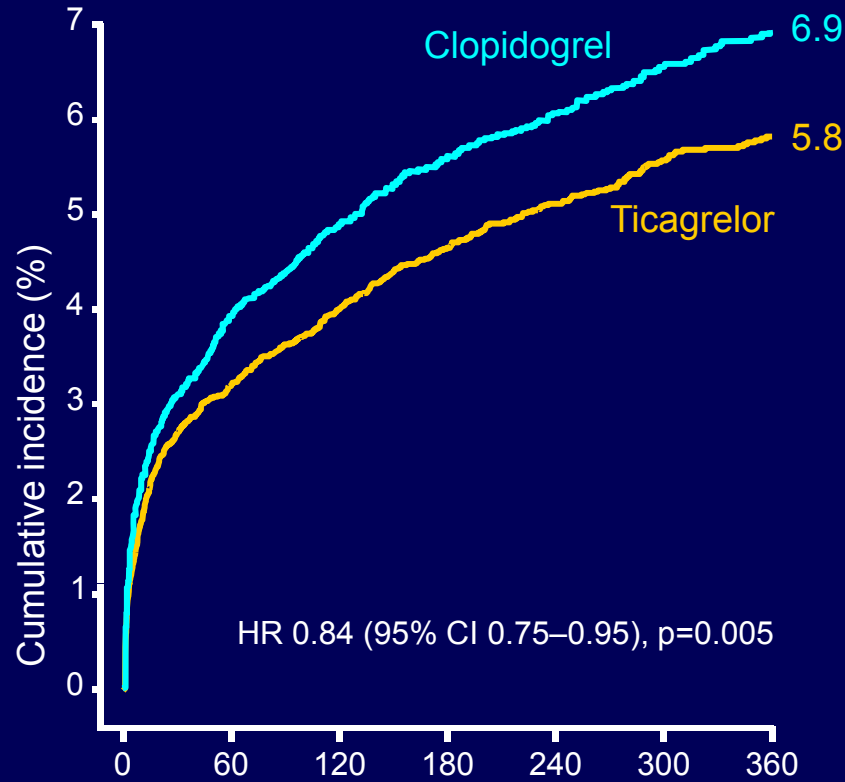
Coronary artery flow response to adenosine  
30  $\mu\text{g}/\text{min}$  intra-arterial infusion (mean  $\pm$  SEM)



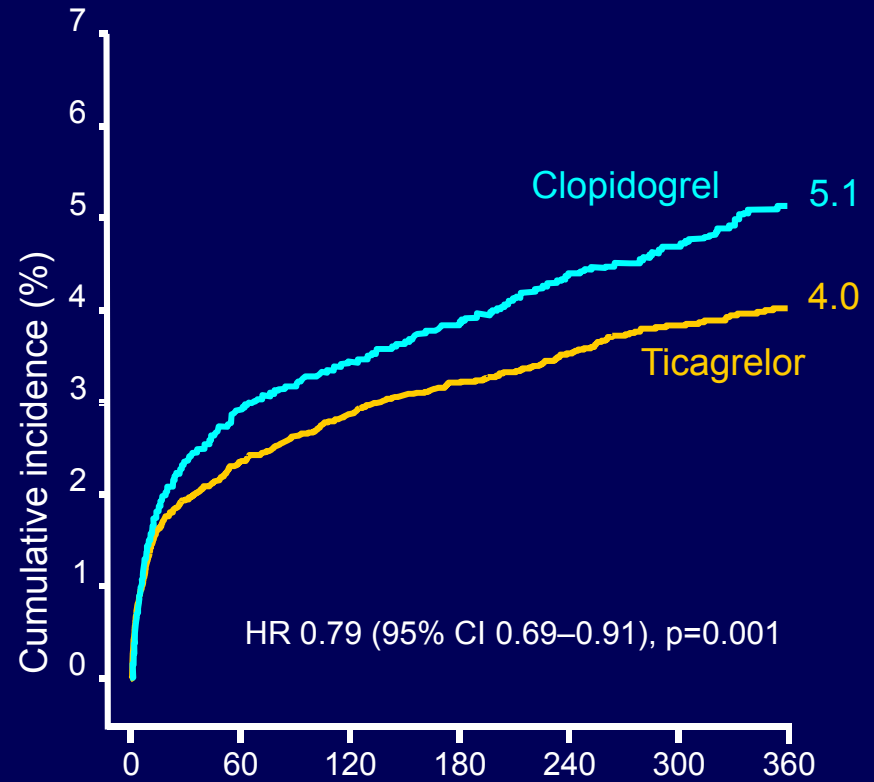


# Secondary efficacy endpoints over time

## Myocardial infarction



## Cardiovascular death

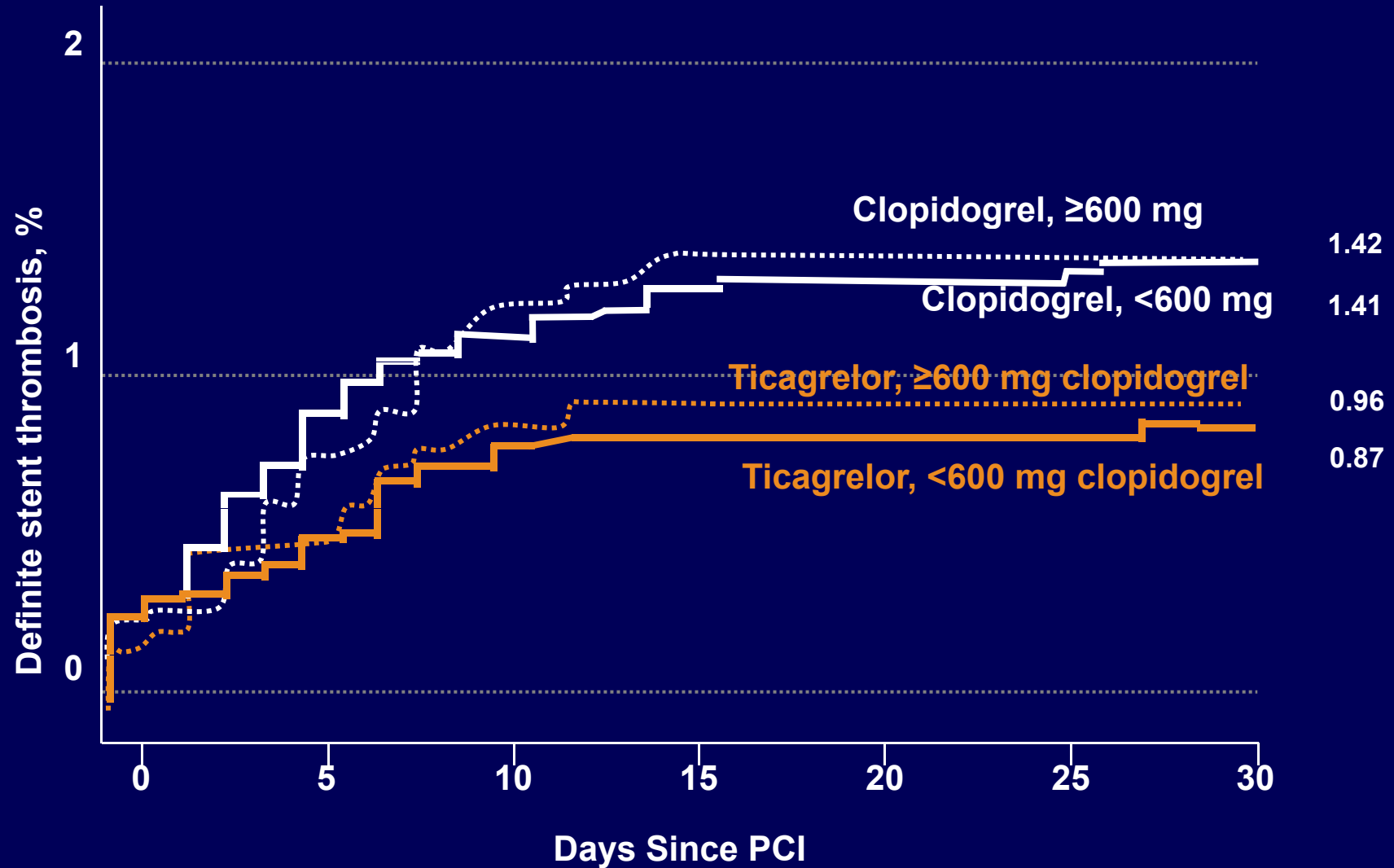


No. at risk	Days after randomisation						
	0	60	120	180	240	300	360
Ticagrelor	9,333	8,678	8,520	8,279	6,796	5,210	4,191
Clopidogrel	9,291	8,560	8,405	8,177	6,703	5,136	4,109

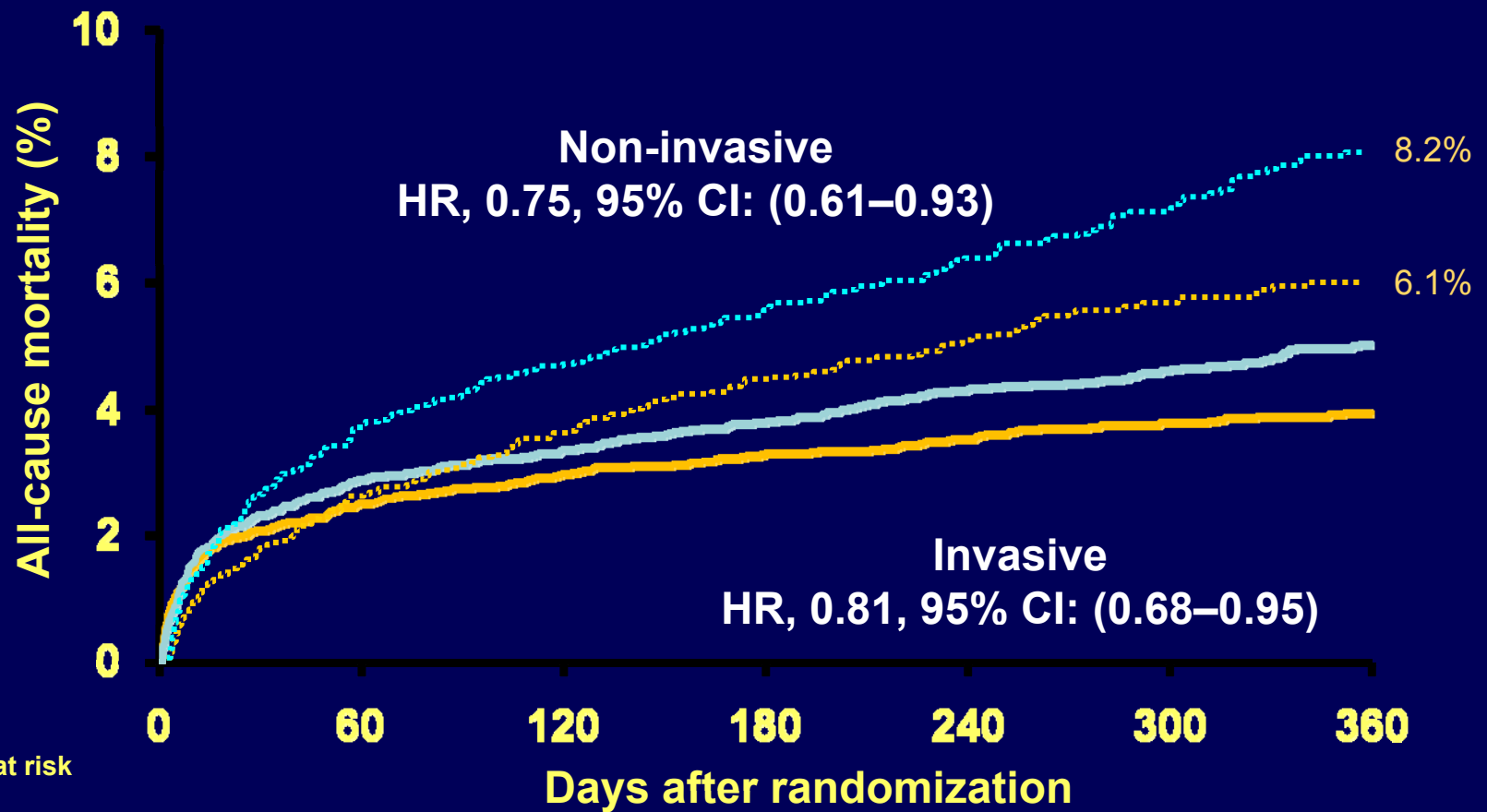
No. at risk	Days after randomisation						
	0	60	120	180	240	300	360
Ticagrelor	9,333	8,294	8,822	8,626	7,119	5,482	4,419
Clopidogrel	9,291	8,865	8,780	8,589	7,079	5,441	4,364

# PLATO Invasive

## Definite Stent Thrombosis

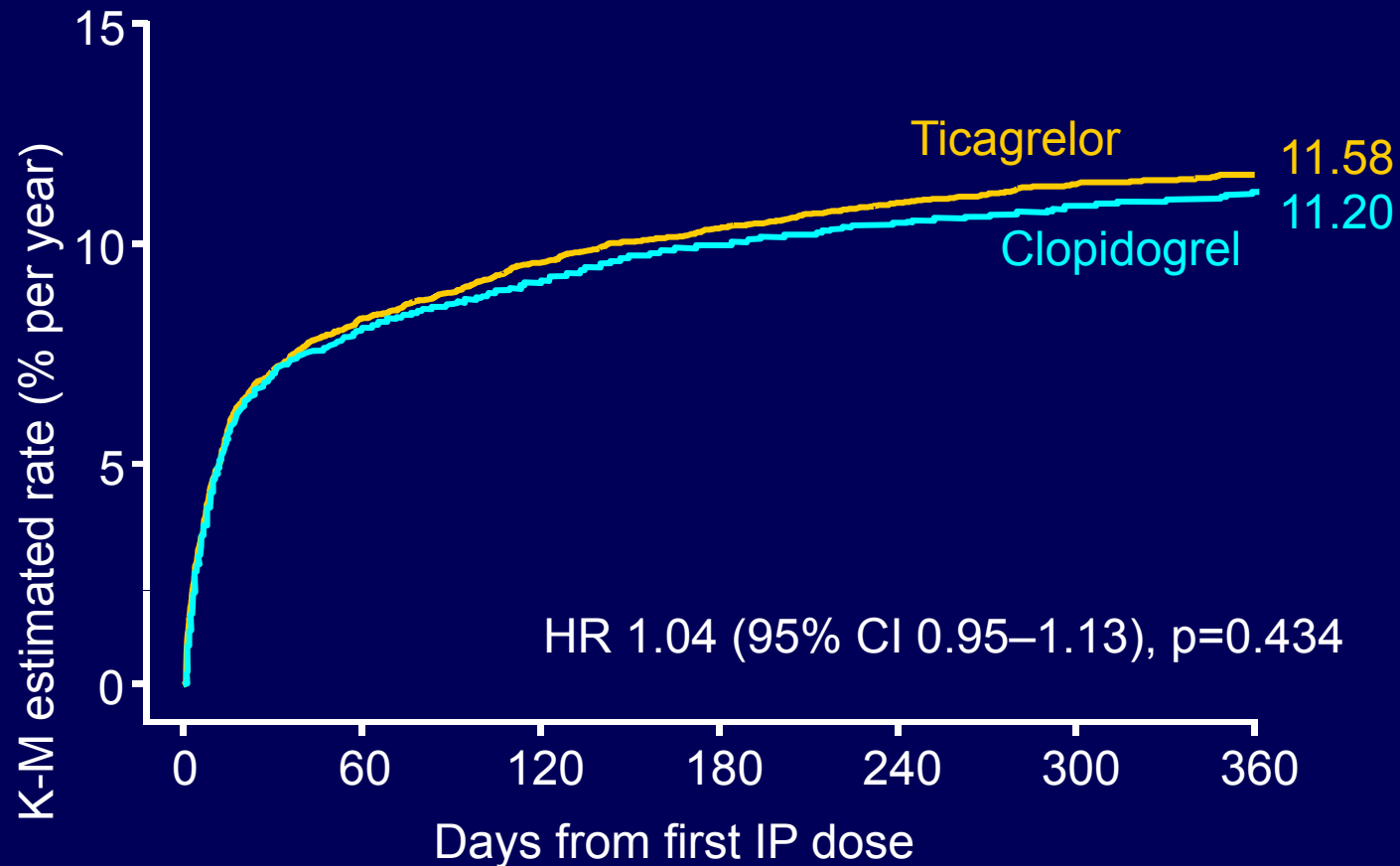


# PLATO All-cause mortality – planned invasive vs non-invasive strategy



Number at risk		0	60	120	180	240	300	360
<b>Invasive</b>								
—	Ticagrelor	6732	6439	6375	6241	5141	3951	3233
—	Clopidogrel	6676	6376	6331	6209	5114	3917	3164
<b>Non-invasive</b>								
.....	Ticagrelor	2601	2485	2447	2385	1978	1531	1186
.....	Clopidogrel	2615	2488	2448	2380	1965	1524	1200

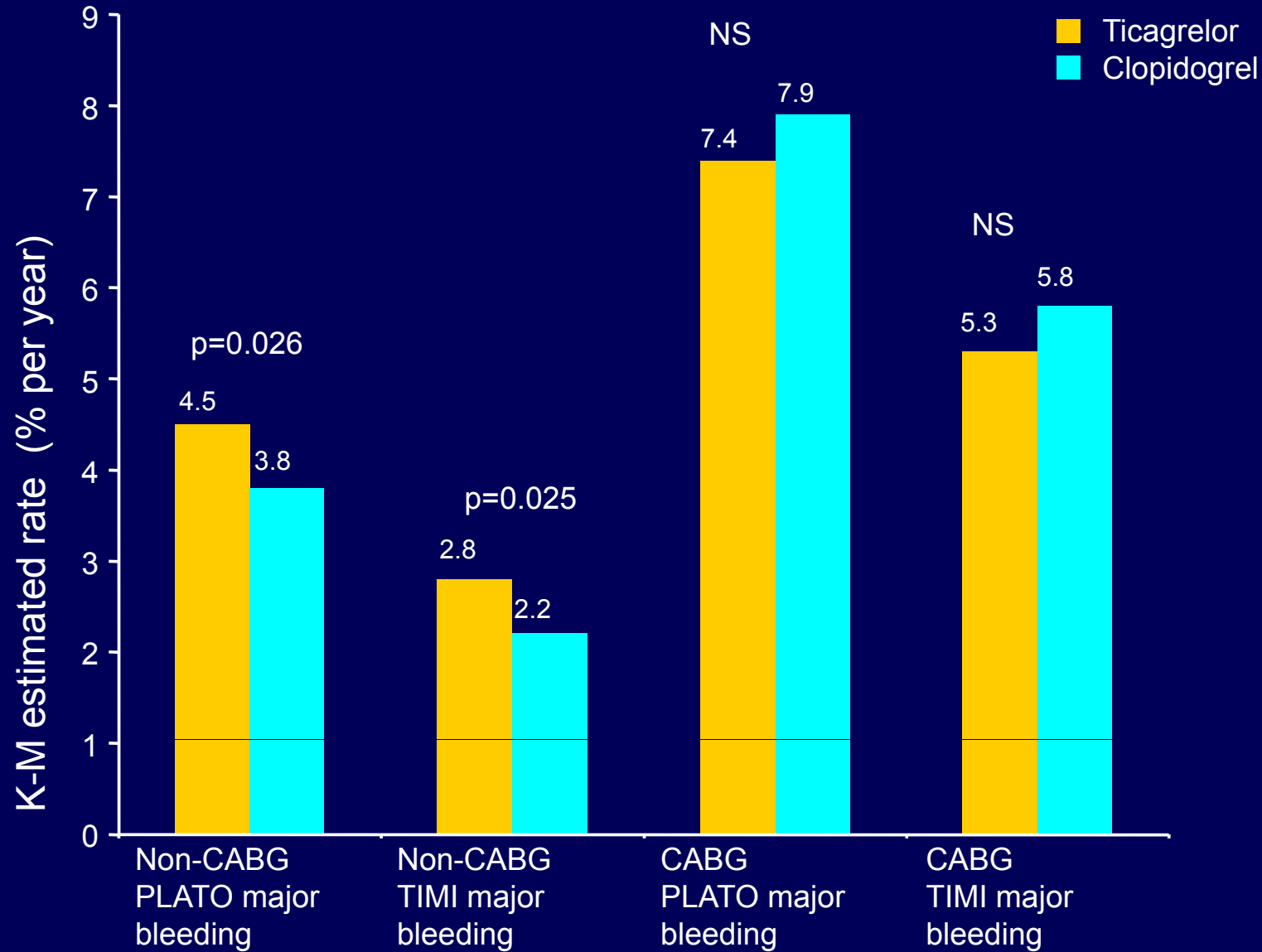
# Time to major bleeding – primary safety event



No. at risk	0	60	120	180	240	300	360
Ticagrelor	9,235	7,246	6,826	6,545	5,129	3,783	3,433
Clopidogrel	9,186	7,305	6,930	6,670	5,209	3,841	3,479

# PLATO

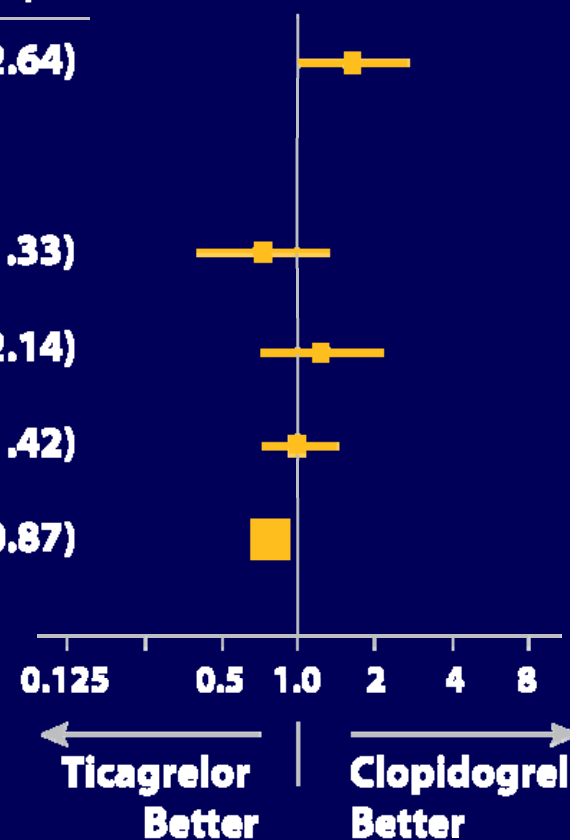
## Non-CABG and CABG-related major bleeding



# Primary Efficacy Outcome

## US and Non-US and by ASA Dose

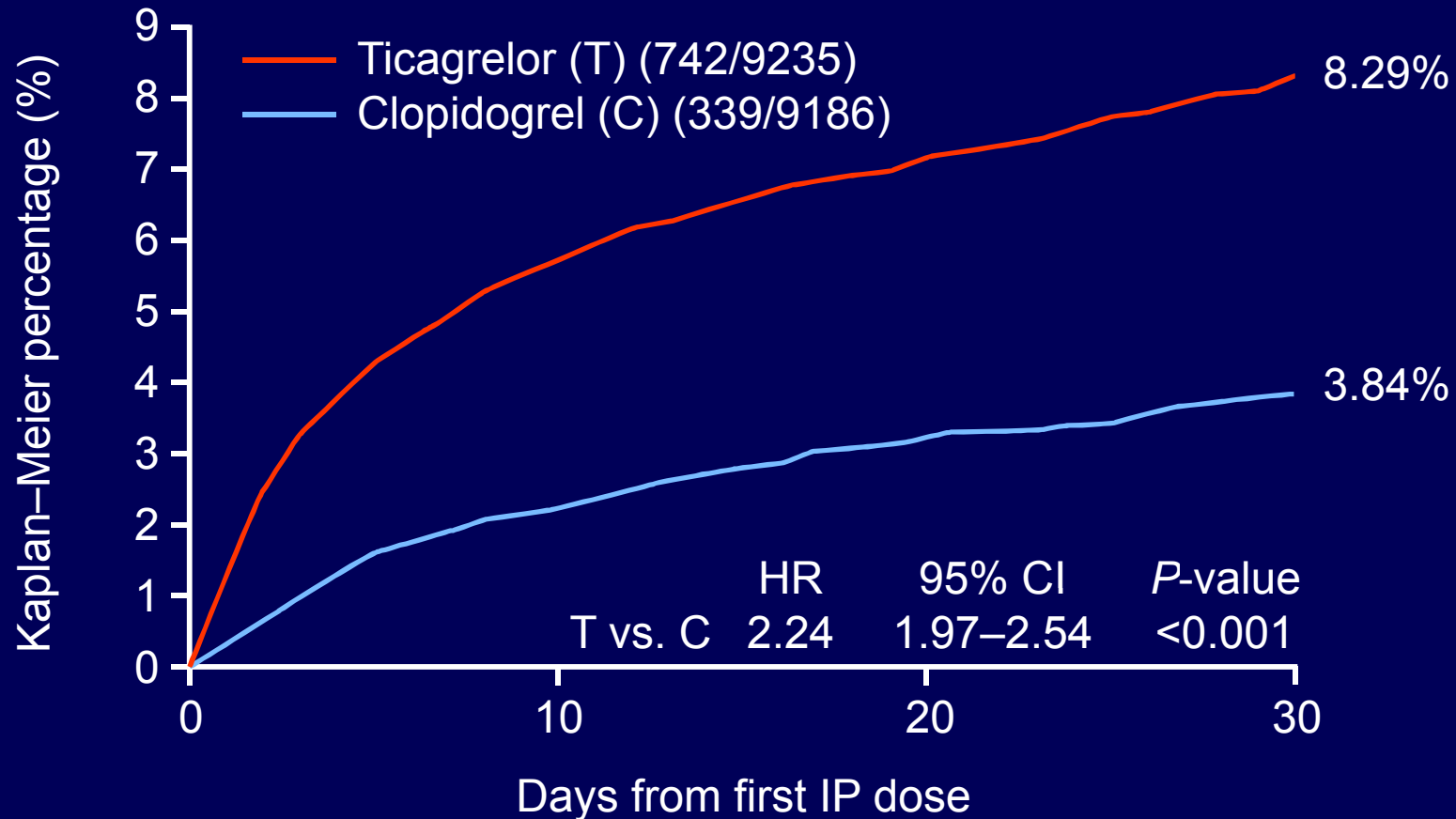
Region	ASA Dose (mg)	Ticagrelor		Clopidogrel		HR (95% CI)
		N	E	N	E	
US	≥300	324	40	352	27	1.62 (0.99, 2.64)
	>100–<300	22	2	16	2	*
	≤100	284	19	263	24	0.73 (0.40, 1.33)
Non-US	≥300	140	28	140	23	1.23 (0.71, 2.14)
	>100–<300	503	62	511	63	1.00 (0.71, 1.42)
	≤100	7449	546	7443	699	0.78 (0.69, 0.87)



\*Hazard ratio not calculated due to small number of events.

# PLATO: Any dyspnoea AE ( $\leq 30$ days)

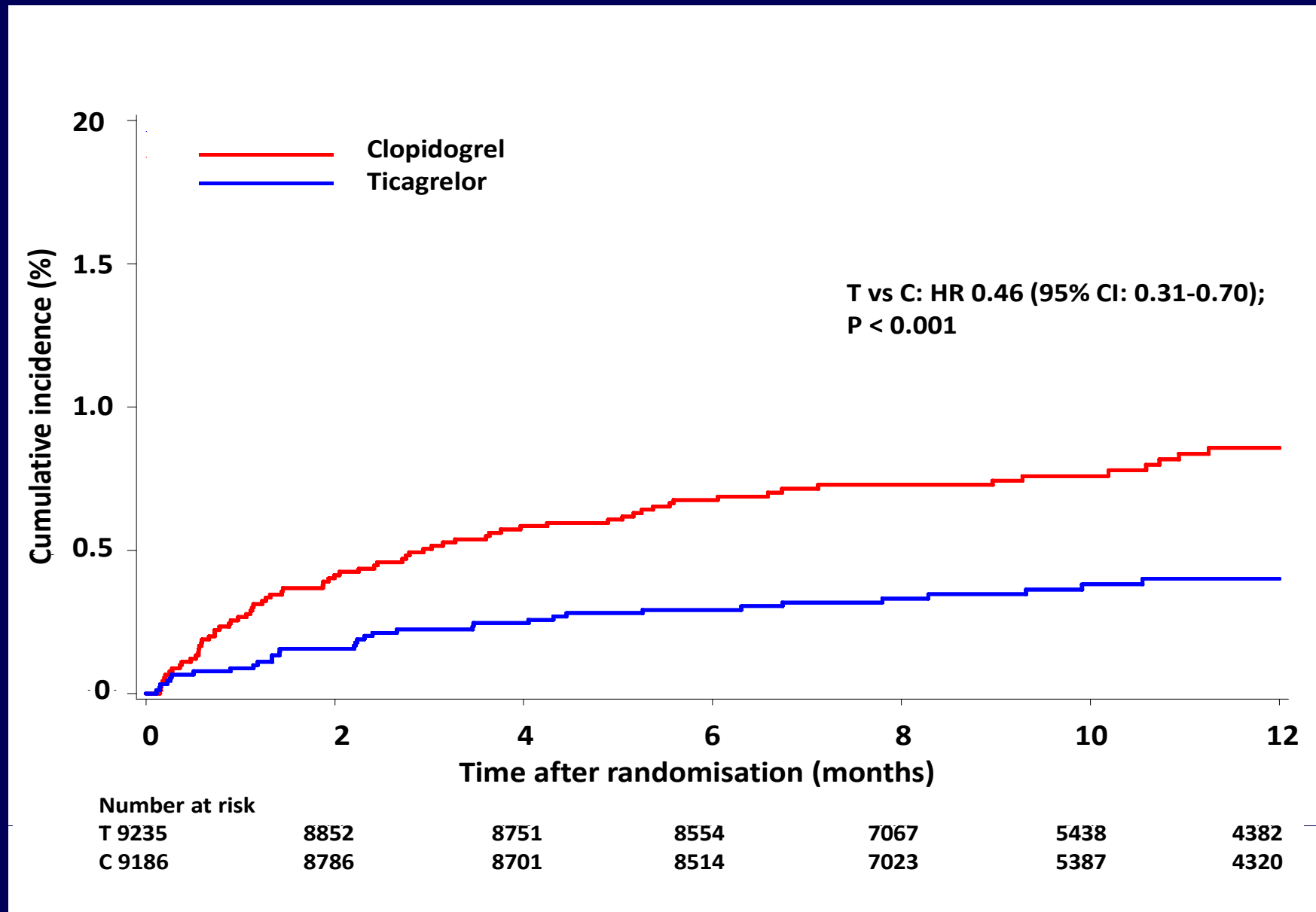
A



*n* at risk

T	9235	8380	7740	7470
C	9186	8644	8053	7844

# Death following on-treatment pulmonary AE

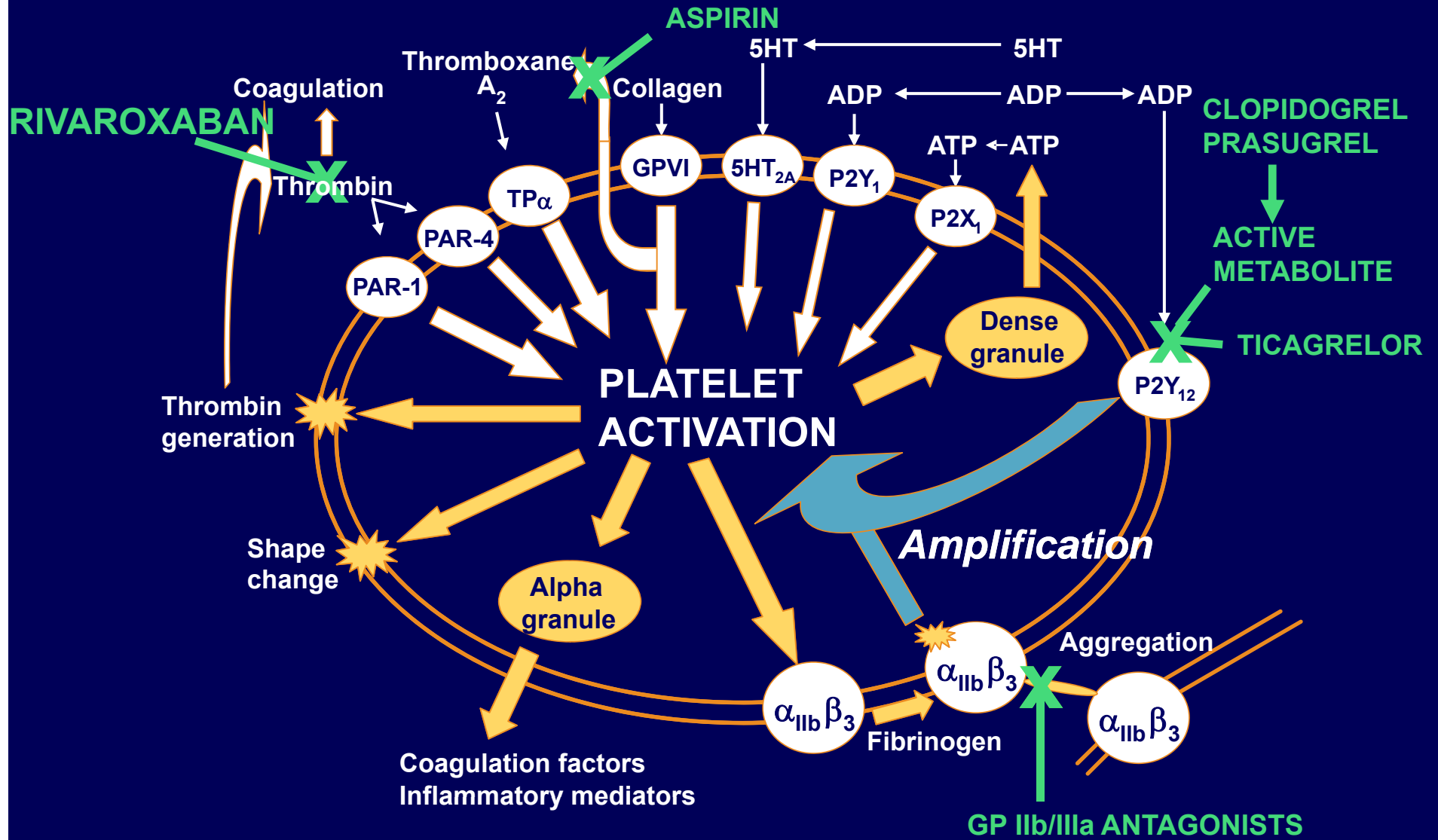




# **Factor Xa antagonism in ACS: ATLAS studies**

**Rivaroxaban vs placebo**

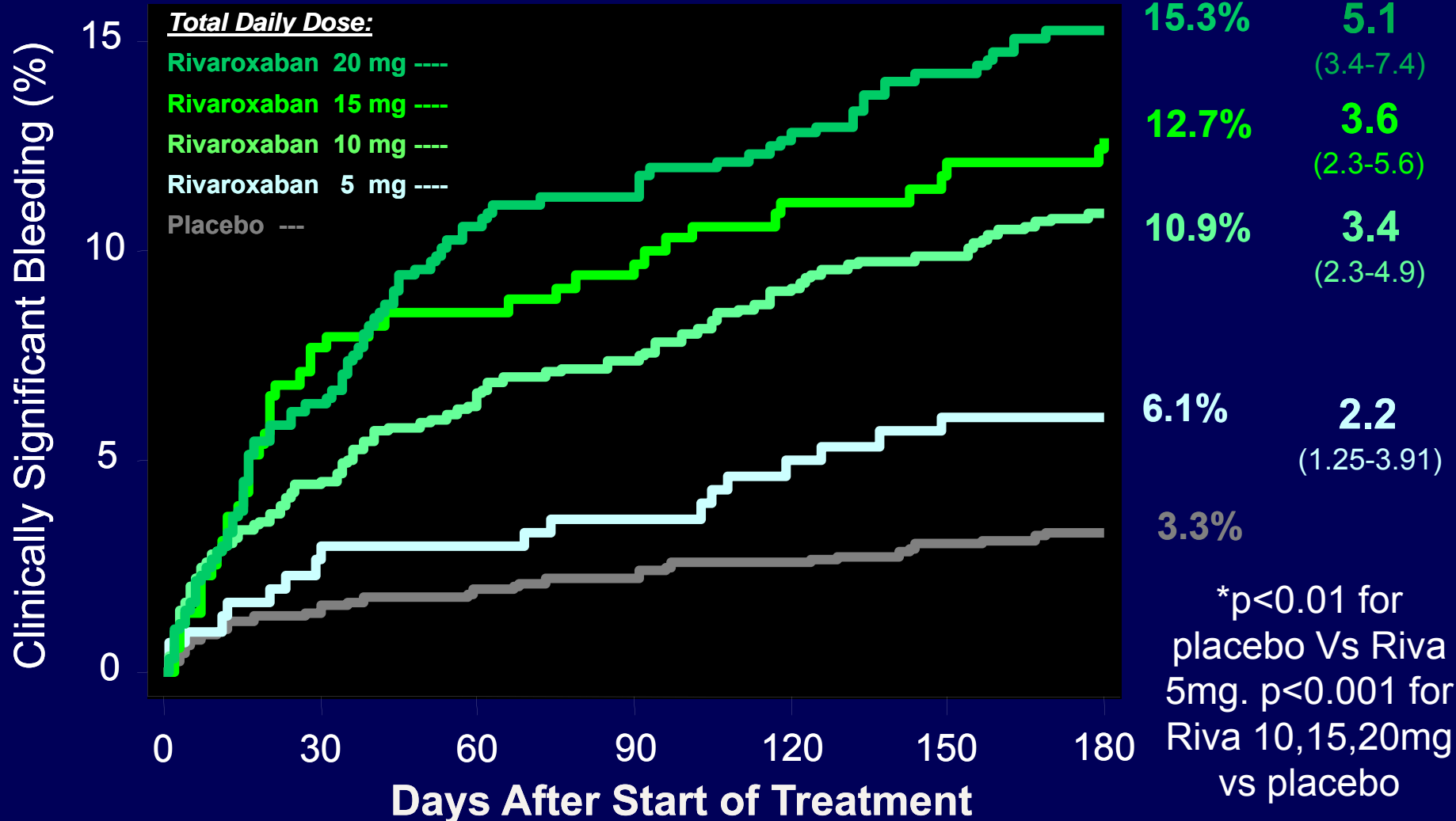
# Antithrombotic action of rivaroxaban





# PRIMARY SAFETY ENDPOINT: CLINICALLY SIGNIFICANT BLEEDING

(= TIMI Major, TIMI Minor, Bleed Req. Med. Attn.)



\*p<0.01 for placebo Vs Riva 5mg. p<0.001 for Riva 10,15,20mg vs placebo

Kaplan-Meier estimates for cumulative events, HR(CI), for bleeding rates during the 180 day period ; HR=Hazard Ratio; CI=Confidence Interval

Recent ACS: STEMI, NSTEMI, UA  
No increased bleeding risk, No warfarin, No ICH, No  
prior stroke if on ASA + Thienopyridine  
Stabilized 1-7 Days Post-Index Event

Stratified by Thienopyridine use at MD Discretion

+ ASA 75 to  
100 mg/day

**Placebo**  
N=5,176  
ASA + Thieno, n=4,821  
ASA, n=355

**RIVAROXABAN**  
2.5 mg BID  
n=5,174  
ASA + Thieno, n=4,825  
ASA, n=349

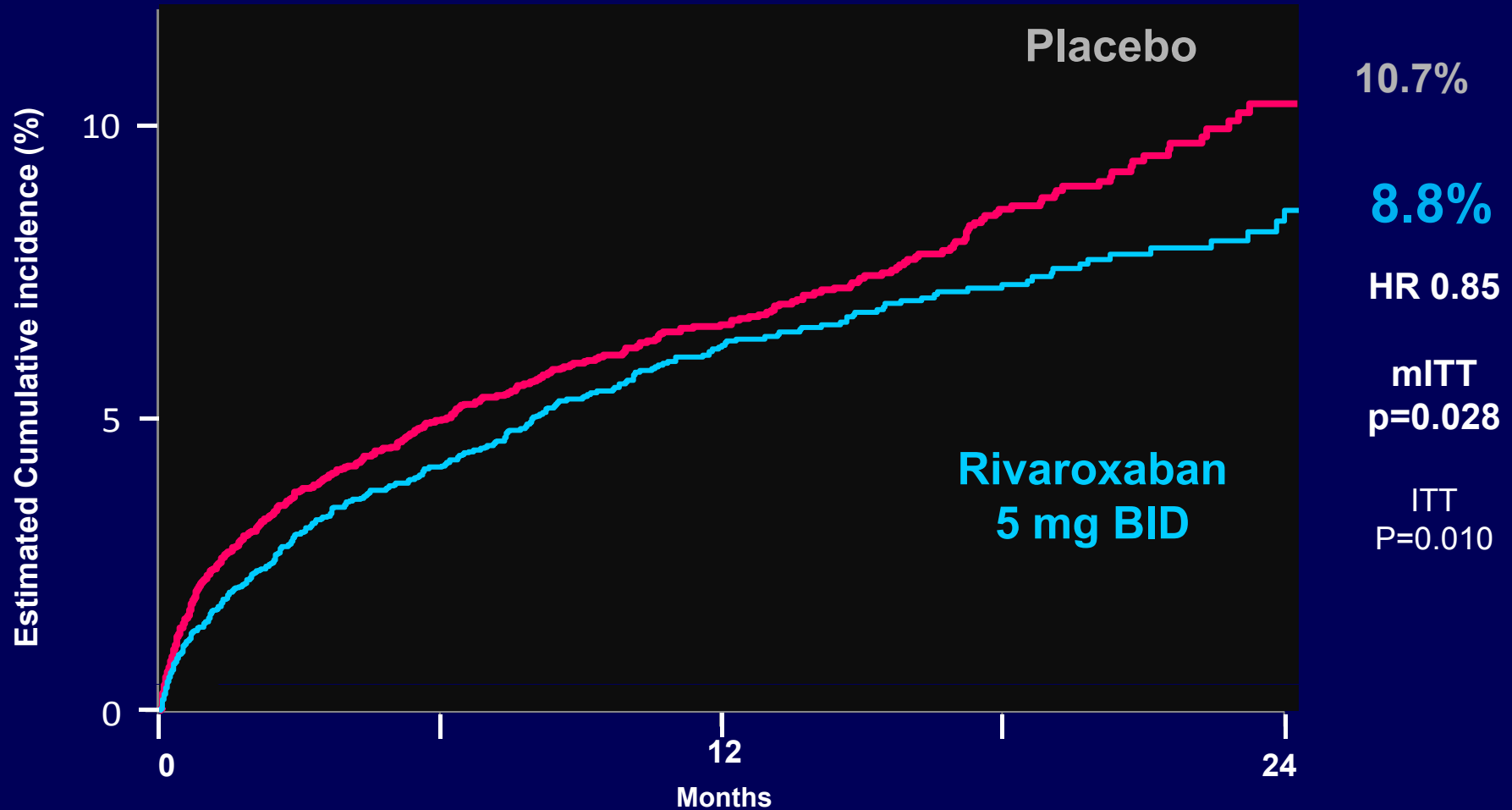
**RIVAROXABAN**  
5.0 mg BID  
N=5,176  
ASA + Thieno, n=4,827  
ASA, n=349

**PRIMARY ENDPOINT:**  
**EFFICACY: CV Death, MI, Stroke\* (Ischemic + Hemg.)**  
**SAFETY: TIMI major bleeding not associated with CABG**  
Event driven trial of 1,002 events in 15,342 patients\*\*

\* Stroke includes ischemic stroke, hemorrhagic stroke, and uncertain stroke  
\*\* 184 subjects were excluded from the efficacy analyses prior to unblinding



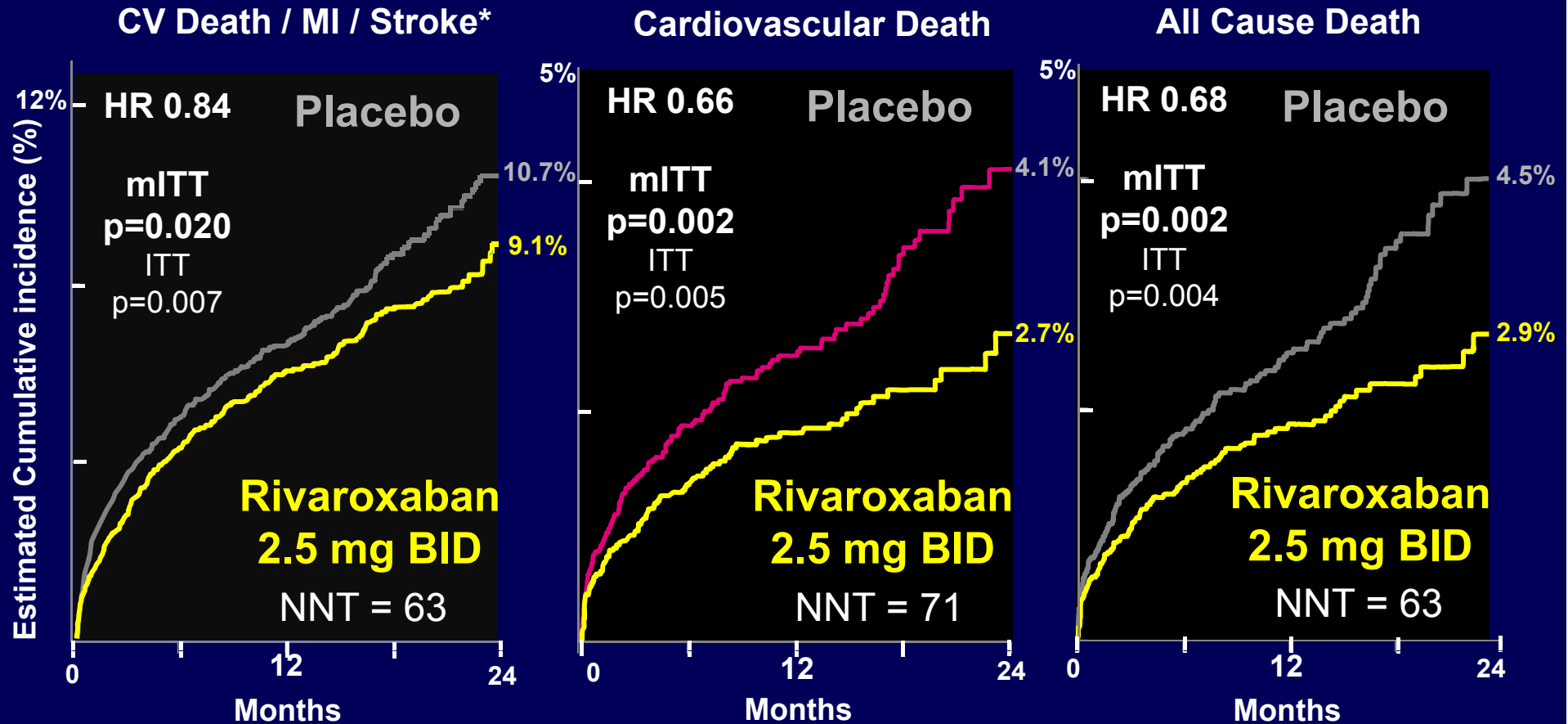
# PRIMARY EFFICACY ENDPOINT: RIVAROXABAN 5.0 mg BID CV Death / MI / Stroke\*



Rivaroxaban at 5 mg PO BID was associated with a numerical but not statistically significant reduction in mortality.

\* First occurrence of cardiovascular death, MI, stroke (ischemic, hemorrhagic, and uncertain) as adjudicated by the CEC  
Two year Kaplan-Meier estimates, HR and 95% confidence interval estimates from Cox model stratified by thienopyridine use are provided per mITT approach; Stratified log-rank p-values are provided for both mITT and ITT approaches.

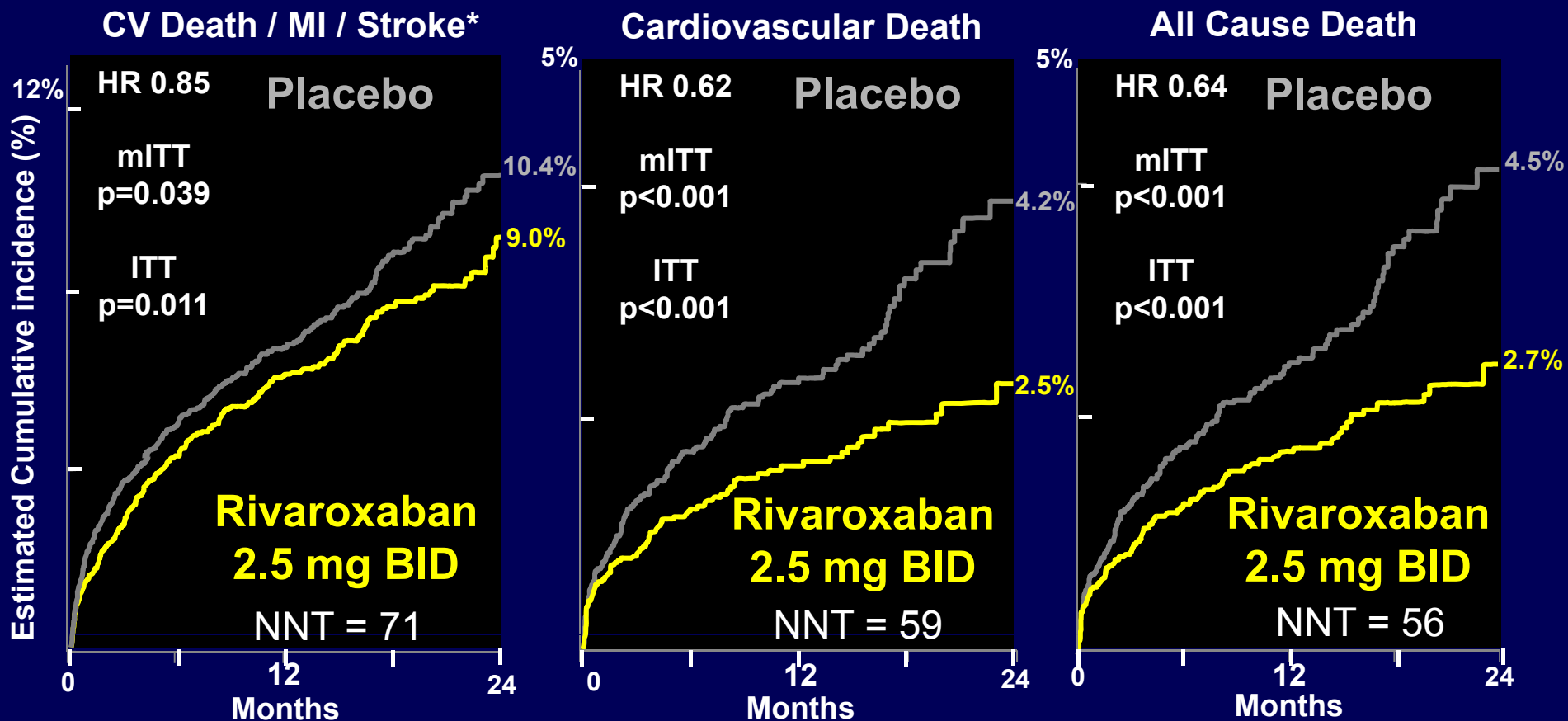
# EFFICACY ENDPOINTS: RIVAROXABAN 2.5 mg PO BID



\* First occurrence of cardiovascular death, MI, stroke (ischemic, hemorrhagic, and uncertain) as adjudicated by the CEC across thienopyridine use strata  
 Two year Kaplan-Meier estimates, HR and 95% confidence interval estimates from Cox model stratified by thienopyridine use are provided per mITT approach; Stratified log-rank p-values are provided for both mITT and ITT approaches; NNT=Number needed to treat.



# EFFICACY ENDPOINTS: RIVAROXABAN 2.5 mg PO BID In Patients Treated with ASA + Thienopyridine



\*: First occurrence of cardiovascular death, MI, stroke (ischemic, hemorrhagic, and uncertain) as adjudicated by the CEC  
Two year Kaplan-Meier estimates, HR and 95% confidence interval estimates from Cox model stratified by thienopyridine use are provided per mITT approach; Stratified log-rank p-values are provided for both mITT and ITT approaches; NNT=Number needed to treat.

# TIMI Major non-CABG bleeding

## Treatment-Emergent Non CABG TIMI Major Bleeding\*

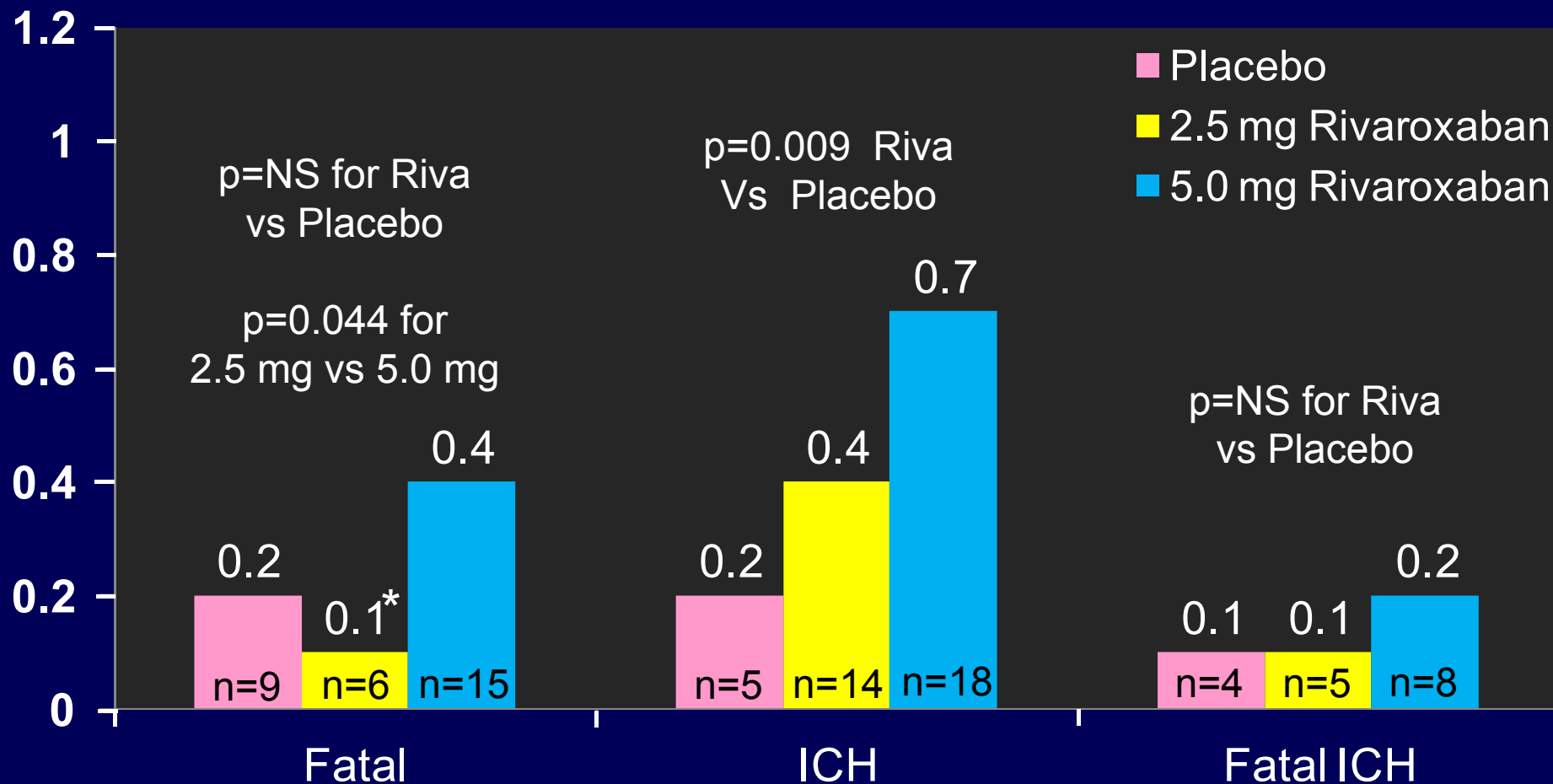
Analysis	Placebo	2.5 mg Rivaroxaban	5.0 mg Rivaroxaban
2 Yr KM Estimate	0.6%	1.8% HR 3.46	2.4% HR 4.47

p<0.001
p<0.001

\*: First occurrence of Non-CABG TIMI major bleeding events occurred between first dose to 2 days post last dose as adjudicated by the CEC across thienopyridine use strata; Two year Kaplan-Meier estimates, HR and 95% confidence interval estimates from Cox model stratified by thienopyridine are provided; Stratified log-rank p-values are provided; #: Raw percentage for CV death/MI/stroke (ischemic, hemorrhagic, uncertain) ; ##: Raw percentage of subjects with abnormal value measured between first dose to 2 days post last dose among subjects with normal baseline measurement.



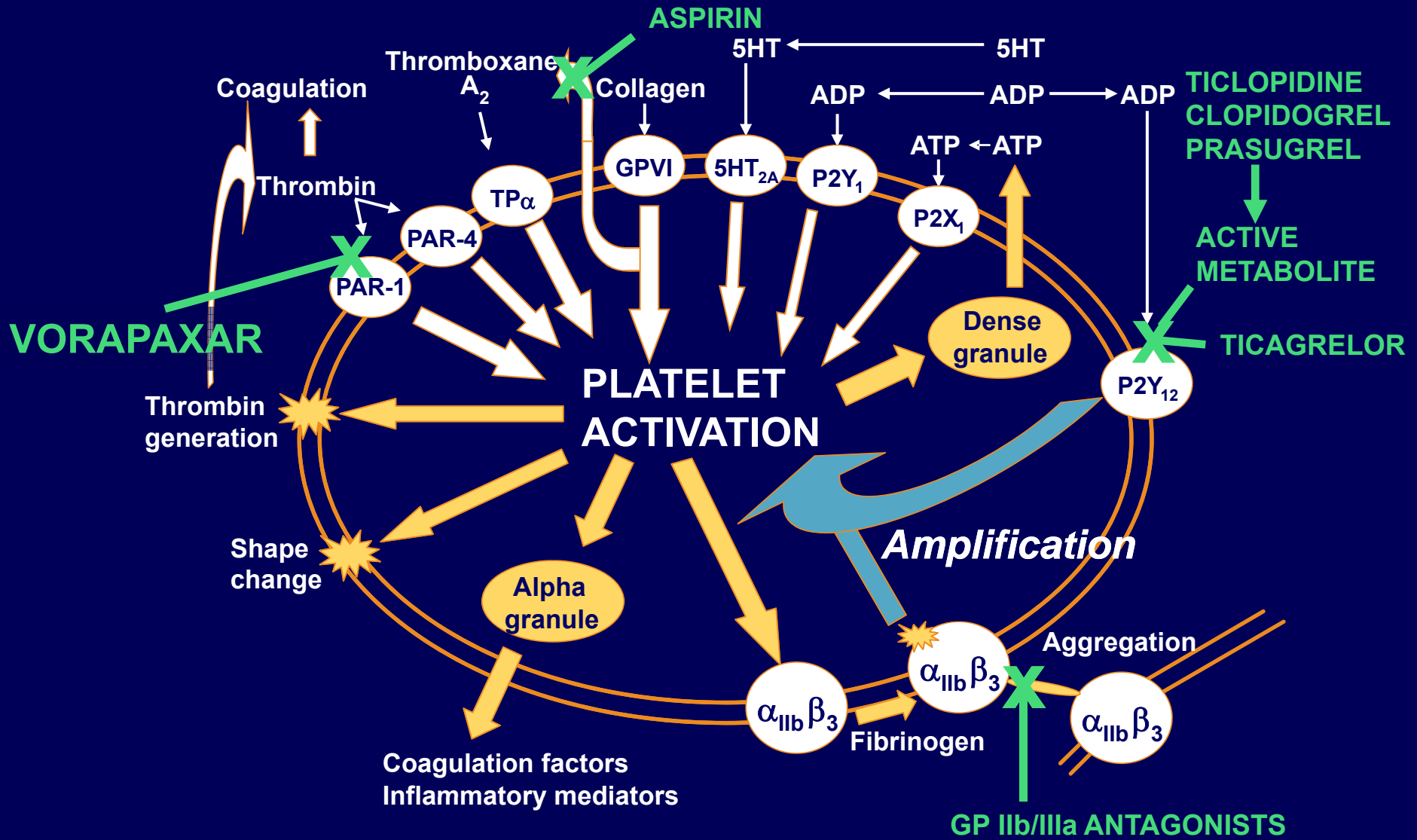
# TREATMENT-EMERGENT FATAL BLEEDS AND ICH



\*Among patients treated with aspirin + thienopyridine, there was an increase in fatal bleeding among patients treated with 5.0 mg of Rivaroxaban (15/5110) vs 2.5 mg of Rivaroxaban (5/5115) ( $p=0.02$ )

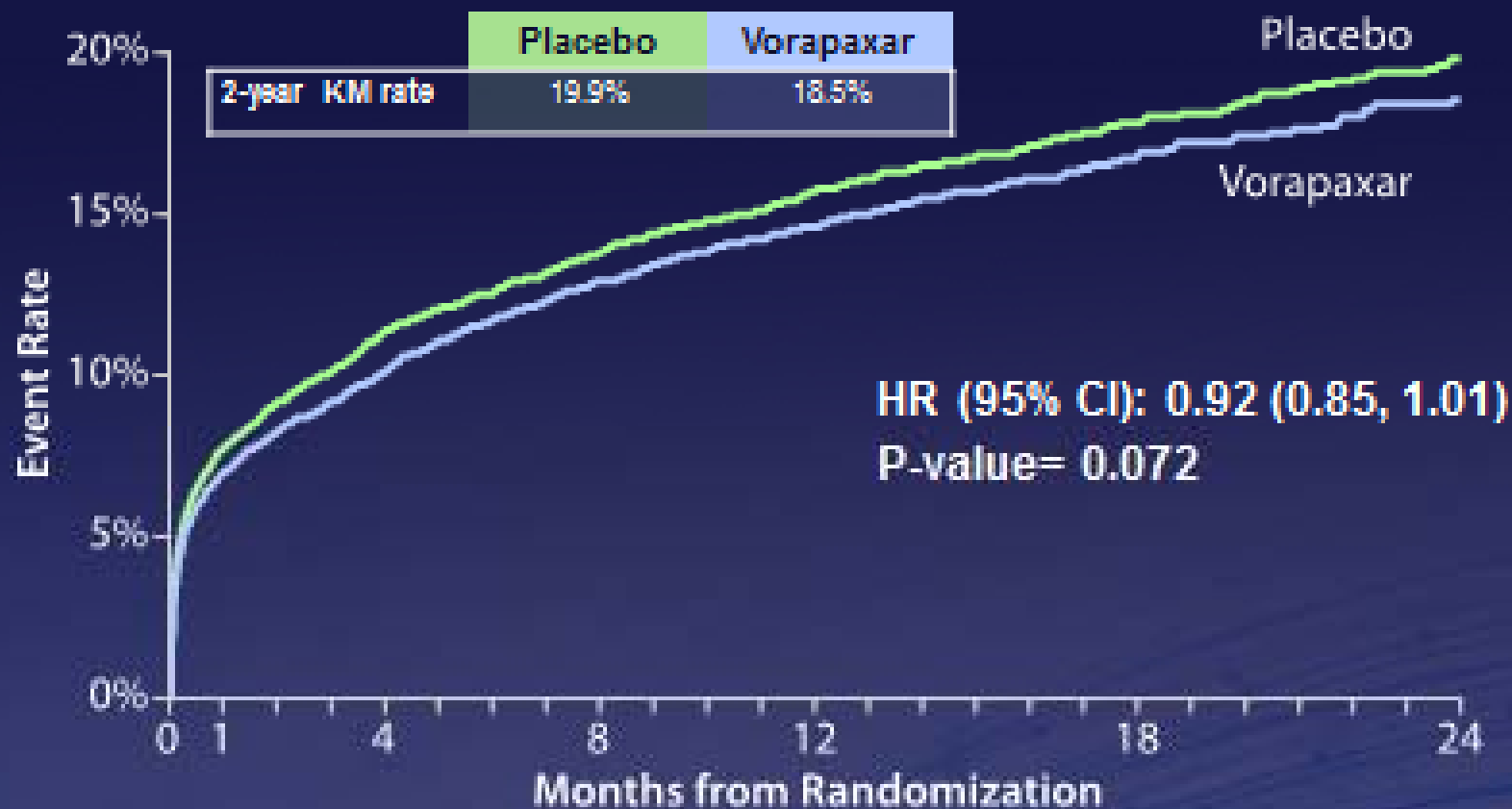
**Thrombin receptor  
antagonism in ACS:  
TRACER study  
Vorapaxar vs placebo**

# Antithrombotic action of vorapaxar



# Primary Endpoint

CV Death, MI, Stroke, Hospitalization for Ischemia, Urgent Revascularization

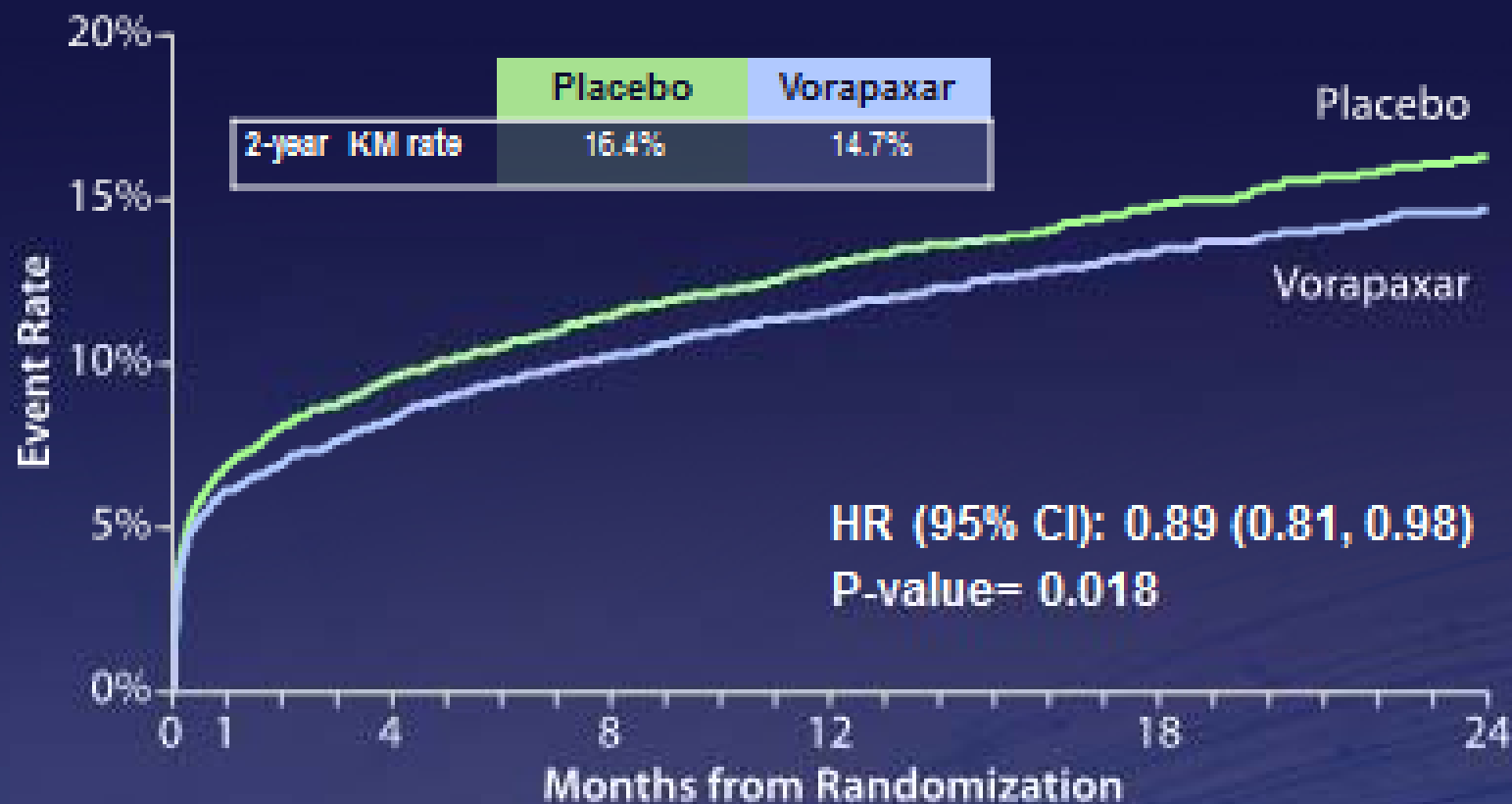


No. at risk

	0	1	4	8	12	18	24
Placebo	6471	5844	5468	5121	3794	2291	795
Vorapaxar	6473	5897	5570	5199	3881	2318	832

# Key Secondary Endpoint

CV Death, MI, Stroke



No. at risk

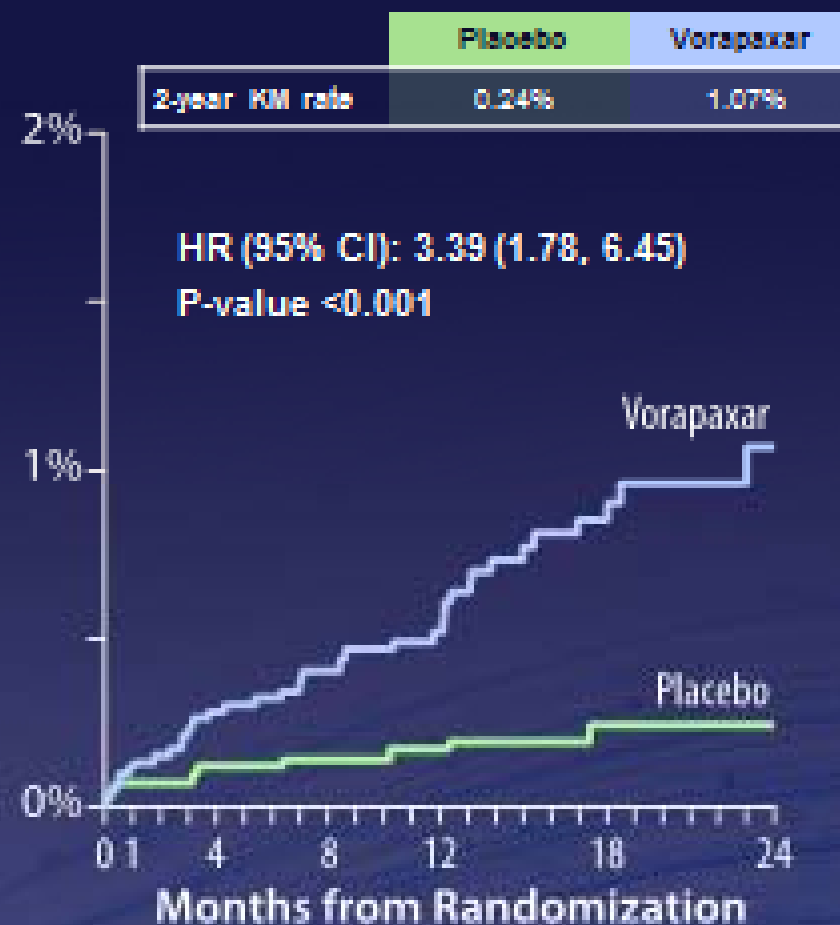
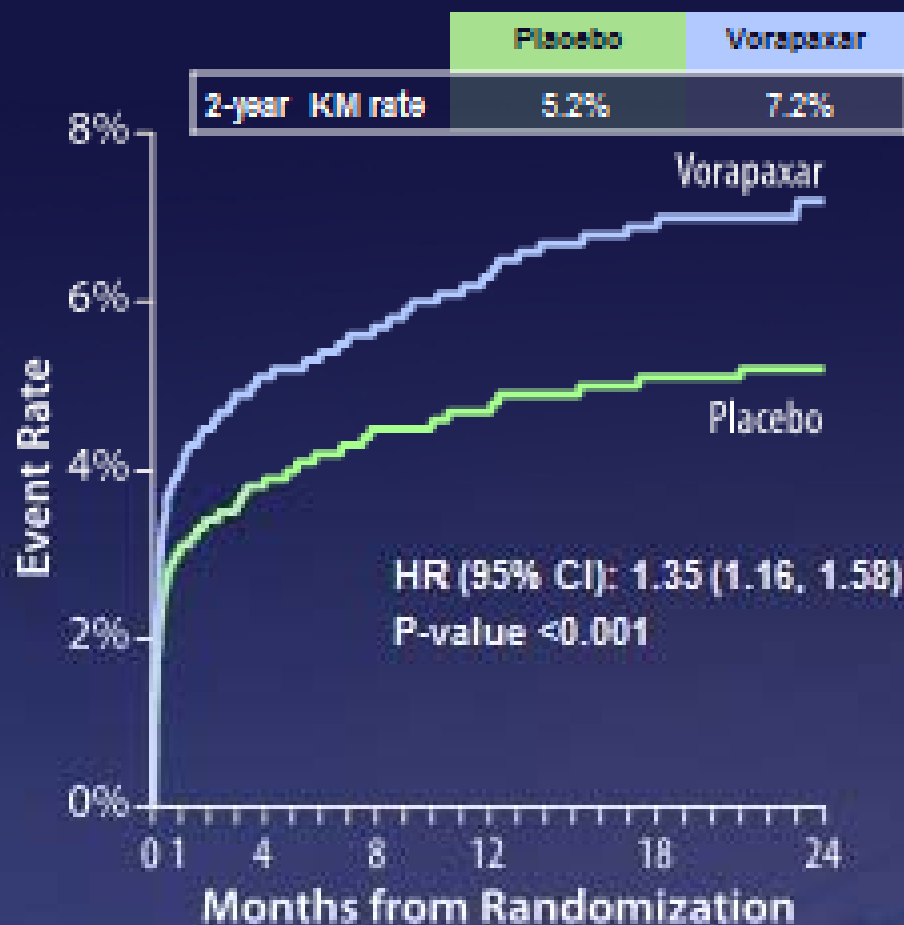
Placebo	6471	5895	5575	5263	3922	2383	830
Vorapaxar	6473	5949	5684	5356	4023	2427	868

# Bleeding Outcomes



## GUSTO Moderate/Severe

## ICH

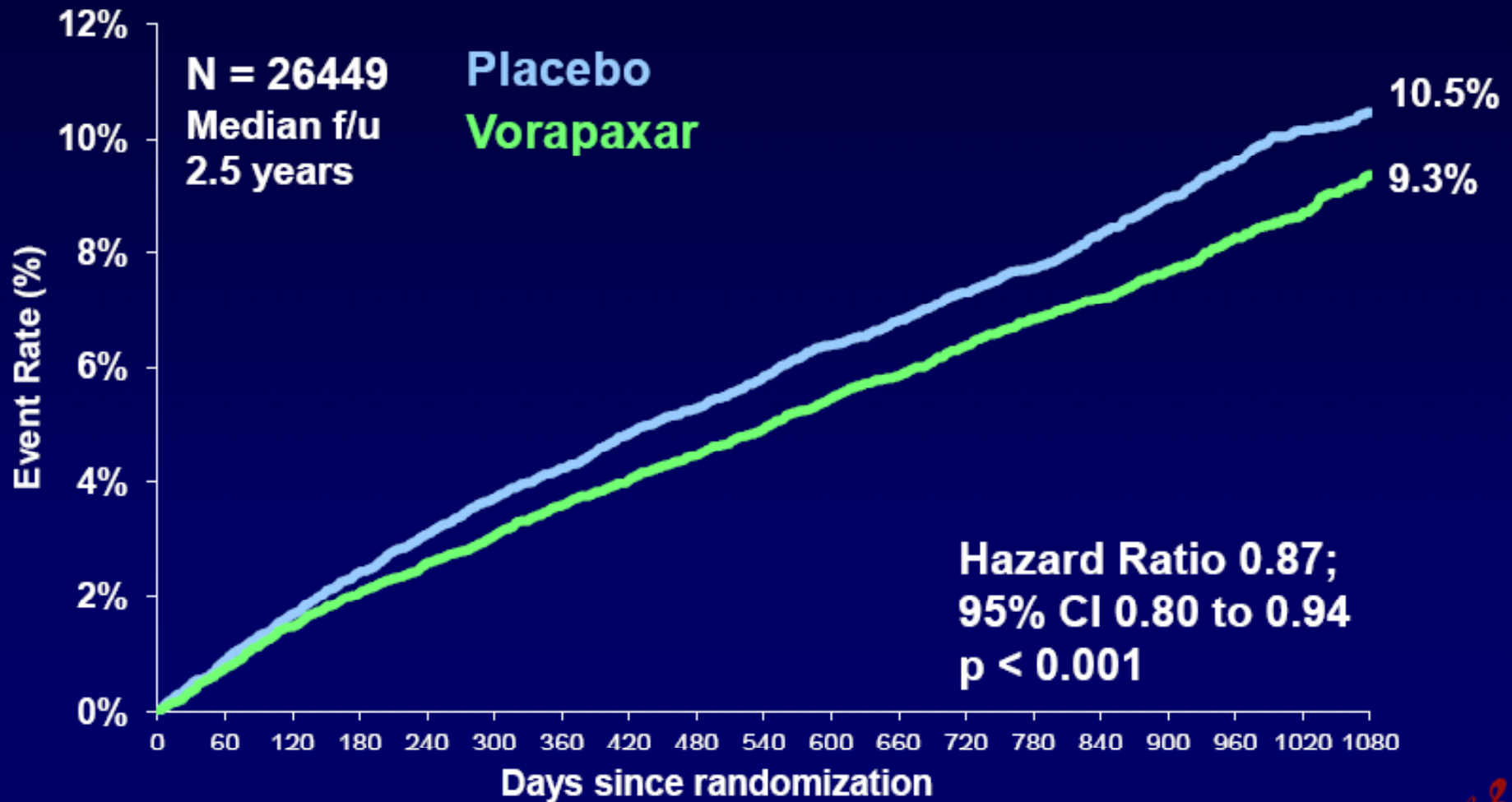


No. at risk						
6441	5536	5137	4674	3393	1972	650
6445	5529	5108	4598	3278	1883	625

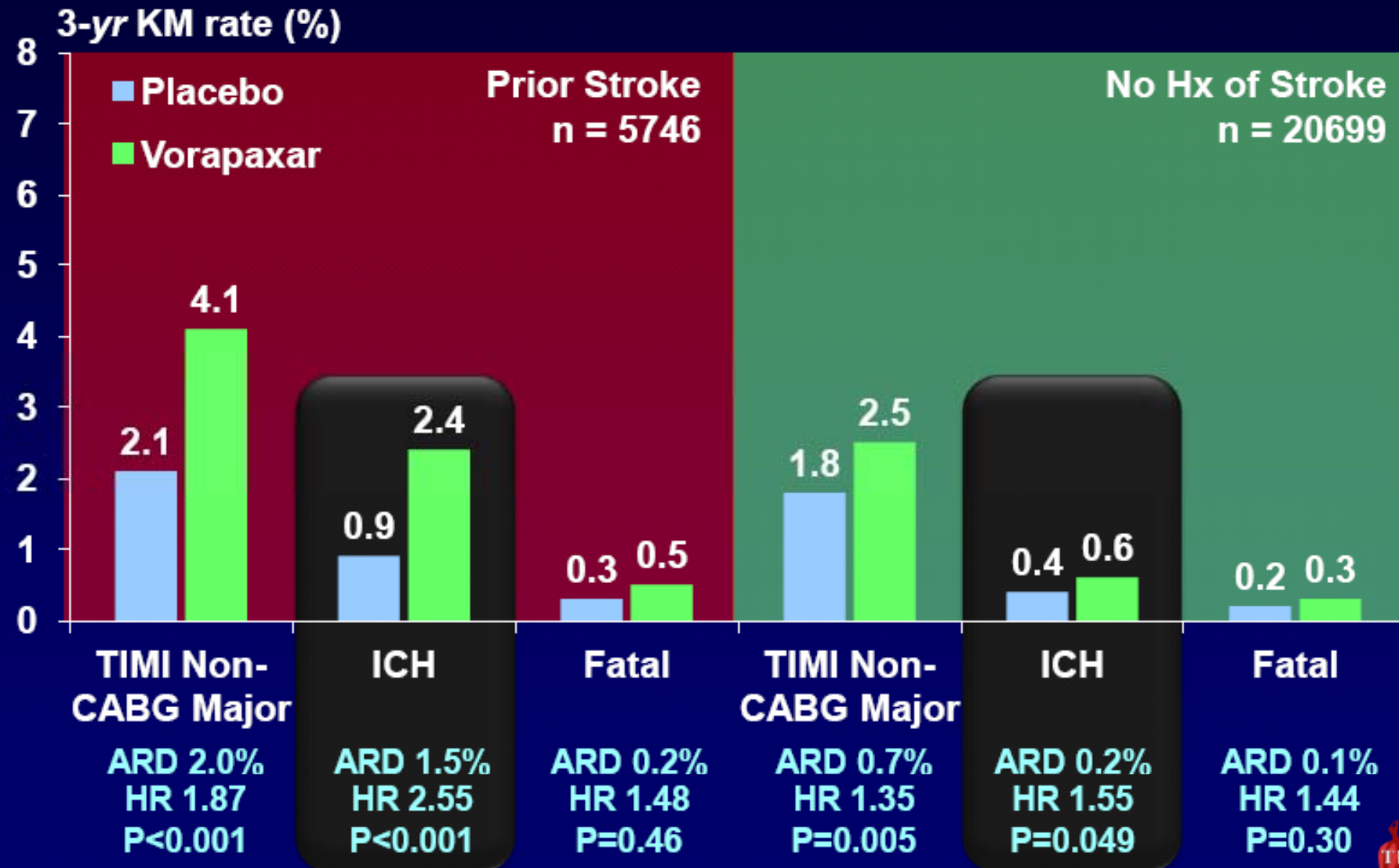
No. at risk						
6441	5673	5281	4823	3511	2038	678
6445	5694	5272	4760	3411	1965	657

# Primary Efficacy Evaluation

## CV Death, MI, or Stroke



# Major Bleeding Endpoints





# GUSTO Moderate or Severe Bleeding in Major Subgroups



# SUMMARY

- **Ticagrelor:** novel mechanism of P2Y<sub>12</sub> inhibition, also an adenosine reuptake inhibitor, progressive mortality reduction over 12 months in ACS patients at expense of more dyspnoea and spontaneous bleeding
- **Rivaroxaban:** oral factor Xa inhibitor, net clinical benefit with mortality reduction at very low dose at expense of increased major bleeding ? patient selection, safety in combination with ticagrelor unknown
- **Vorapaxar:** thrombin receptor (PAR-1) antagonist, missed primary endpoint in ACS study, evidence of reduced MI at expense of increased major bleeding / ICH ? secondary prevention role in low bleeding risk subgroups

***FUTURE STUDIES NEED TO ADDRESS IDEAL  
COMBINATIONS AND LONGTERM PROPHYLAXIS  
POST ACS***

# Thank you for listening!

