

# Need for Additional Emerging Targets?

## Ultimate Goal for Lipid Management

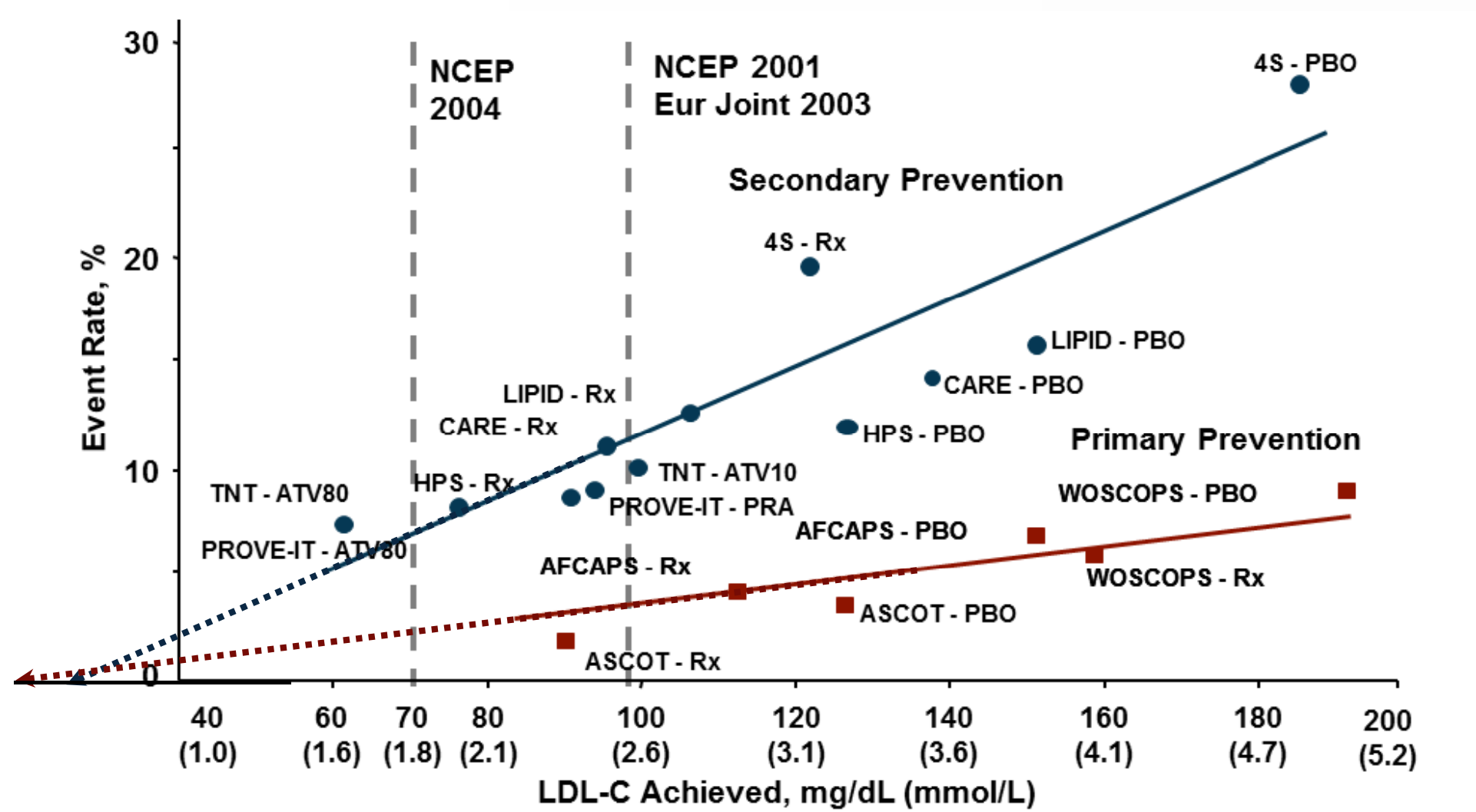


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Heart Center  
Yonsei University College of Medicine  
Seoul, Korea

**As you know, there are many  
concrete beneficial evidences  
of LDL-lowering statin  
therapy!!!**

# LDL-C Lowering & Benefit of Statins



Rosensen RS. *Exp Opin Emerg Drugs*. 2004;9:269-279.  
 LaRosa J, et al. *N Engl J Med*. 2005;352:1425-1435.



## CTT (Cholesterol Treatment Trialists' Collaboration)

170,000 patients in various trials (second cycle)

# CTT Meta-Analysis

	CTT 2005 <sup>1</sup>	CTT 2010 <sup>2</sup>	CTT 2012 <sup>3</sup>
Number of analyzed trials (Number of patients)	14 (90,056)	26 (169,138)	27 (174,149)
Comparison	Statin vs. Control	More vs. Less intensive statin Statin vs. Control Statin/More vs. Control/Less	Statin/More vs. Control/Less
<b>Classified based on 5-year major vascular event (MVE) risk at baseline</b>	No	No	Yes
Reduction of MVE risk per 1 mmol/L reduction of LDL-C* <small>*LDL-C: 1 mmol/L=38.6 mg/dL</small>	21%	More vs. Less intensive statin: 28% Statin vs. Control: 21% Statin/More vs. Control/Less: 22%	<b>Data according to 5-year MVE risk</b> (Next page) 1. <i>Lancet</i> 2005;366:1267-78 2. <i>Lancet</i> 2010;376:1670-81 3. <i>Lancet</i> 2010;380:581-90

# CTT Meta-Analysis from CTT 2012

## MVE at Difference Risk Levels

5-year MVE risk at baseline      Events (% per annum)      RR (CI) per 1.0 mmol/L reduction in LDL cholesterol      Trend test

Statin/more      Control/less

### Participants without vascular disease

5-year MVE risk at baseline	Statin/more	Control/less	RR (CI)	Trend test
<5%	148 (0.35)	229 (0.53)	0.61 (0.41-0.81)	
≥5% to <10%	487 (1.02)	716 (1.53)	0.77 (0.67-0.87)	
≥10% to <20%	854 (2.52)	1003 (2.98)	0.82 (0.72-0.92)	
≥20% to <30%	294 (4.40)	351 (5.28)	0.81 (0.62-1.01)	(p=0.003)
≥30%	121 (7.29)		0.83 (0.58-1.18)	
<b>Subtotal</b>	<b>1425 (1.74)</b>	<b>2425 (1.90)</b>	<b>0.75 (0.70-0.80)</b>	

### Participants with vascular disease

5-year MVE risk at baseline	Statin/more	Control/less	RR (CI)	Trend test
<5%	19 (0.87)	25 (1.18)	0.73 (0.33-1.63)	
≥5% to <10%	117 (1.54)	199 (2.59)	0.80 (0.63-0.97)	
≥10% to <20%	200 (3.13)	199 (3.71)	0.72 (0.72-0.85)	$\chi^2=0.01$
≥20% to <30%	184 (4.77)	4568 (5.85)	0.81 (0.76-0.86)	
≥30%	2666 (7.66)	3333 (9.99)	0.75 (0.67-0.83)	
<b>Subtotal</b>	<b>9375 (4.41)</b>	<b>11485 (5.44)</b>	<b>0.80 (0.77-0.82)</b>	<b>p&lt;0.0001</b>

### All participants

5-year MVE risk at baseline	Statin/more	Control/less	RR (CI)	Trend test
<5%	167 (0.50)	254 (0.50)	0.62 (0.47-0.81)	
≥5% to <10%	604 (1.10)	847 (1.57)	0.69 (0.60-0.79)	
≥10% to <20%	3614 (2.96)	4195 (3.50)	0.79 (0.74-0.85)	$\chi^2=4.29$
≥20% to <30%	4108 (4.74)	4919 (5.80)	0.81 (0.77-0.86)	(p=0.04)
≥30%	2787 (7.64)	3458 (9.82)	0.79 (0.74-0.84)	
<b>Overall</b>	<b>11280 (3.27)</b>	<b>13673 (4.04)</b>	<b>0.79 (0.77-0.81)</b>	<b>p&lt;0.0001</b>

Heterogeneity between participants without and with vascular disease:  $\chi^2=2.74$  (p=0.10)

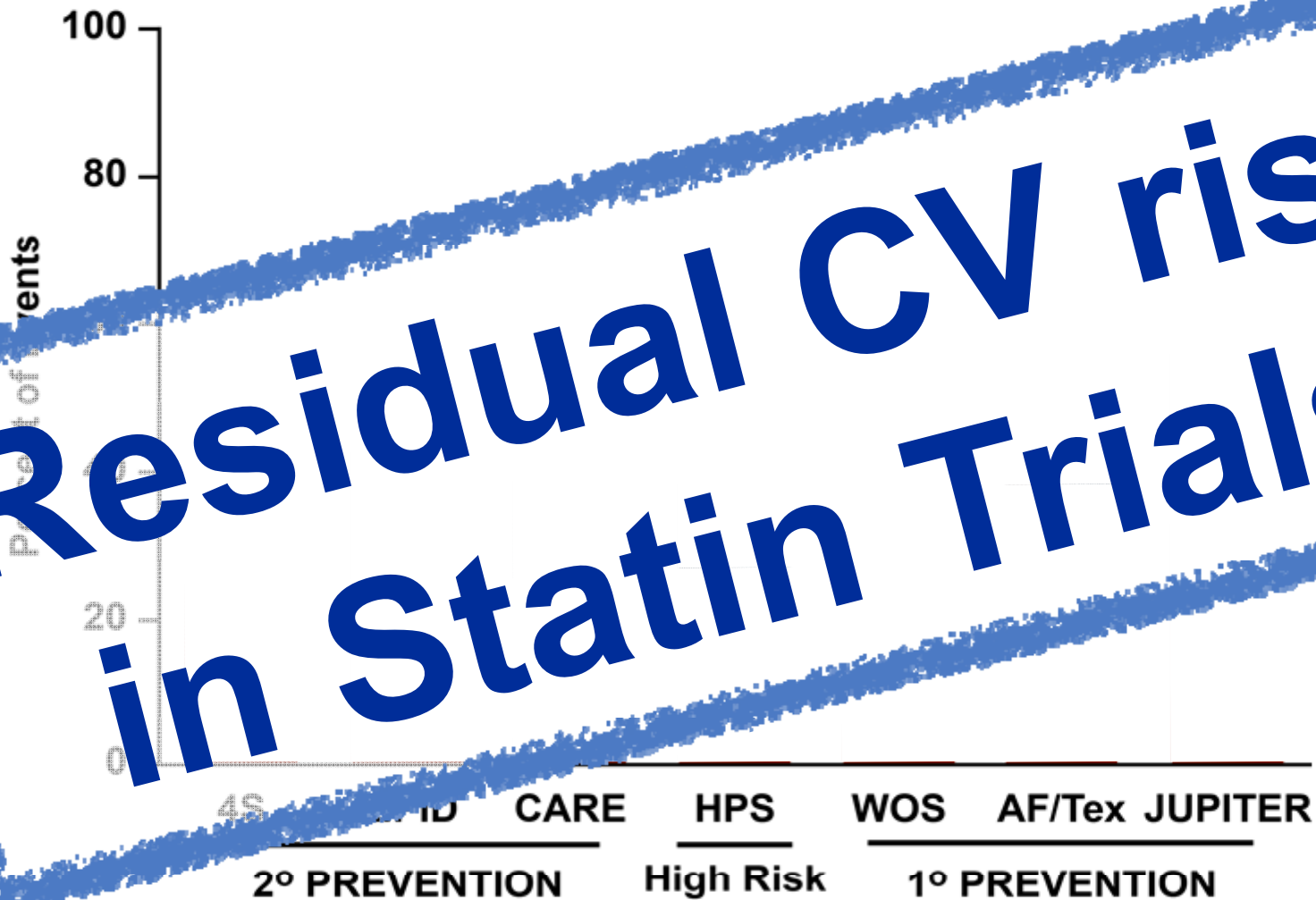
■ 99% limits      ◇ 95% limits

0.50    0.75    1    1.25    1.50  
Statin/more better      Control/less better

**Distinct benefit of LDL-lowering statin therapy in people at even low risk of vascular events!!!**

**However, there is still CV risk  
despite the use of aggressive  
statin therapy...**

# Residual CV risk in Statin Trials



Ballantyne CM, et al. *Circulation*. 1999;99:736-743; Scandinavian Simvastatin Survival Study Group. *Lancet*. 1995;345:1274-1275; The LIPID Study Group. *N Engl J Med*. 1998;339:1349-1357; Pfeffer MA, et al. *J Am Coll Cardiol*. 1999;33:125-130; Shepherd J, et al. *N Engl J Med*. 1995;333:1301-1307; Downs JR, et al. *JAMA*. 1998;279:1615-1622; Ridker PM, et al. *Lancet*. 2010;376:333-339.



# What Is Residual Cardiovascular Risk?

- Statin trials show many patients at LDL-C goal have high “residual” CHD risk<sup>1</sup>.
- Statins reduce risk by about 30% compared with controls, but **many patients still have events due to residual risk**<sup>2-4</sup>.
- More intensive treatment directed to other targets as well as LDL-C is needed in addition to statin monotherapy to reduce residual risk effectively.

1. Davidson MH. *Am J Cardiol.* 2005;96:3K-13K

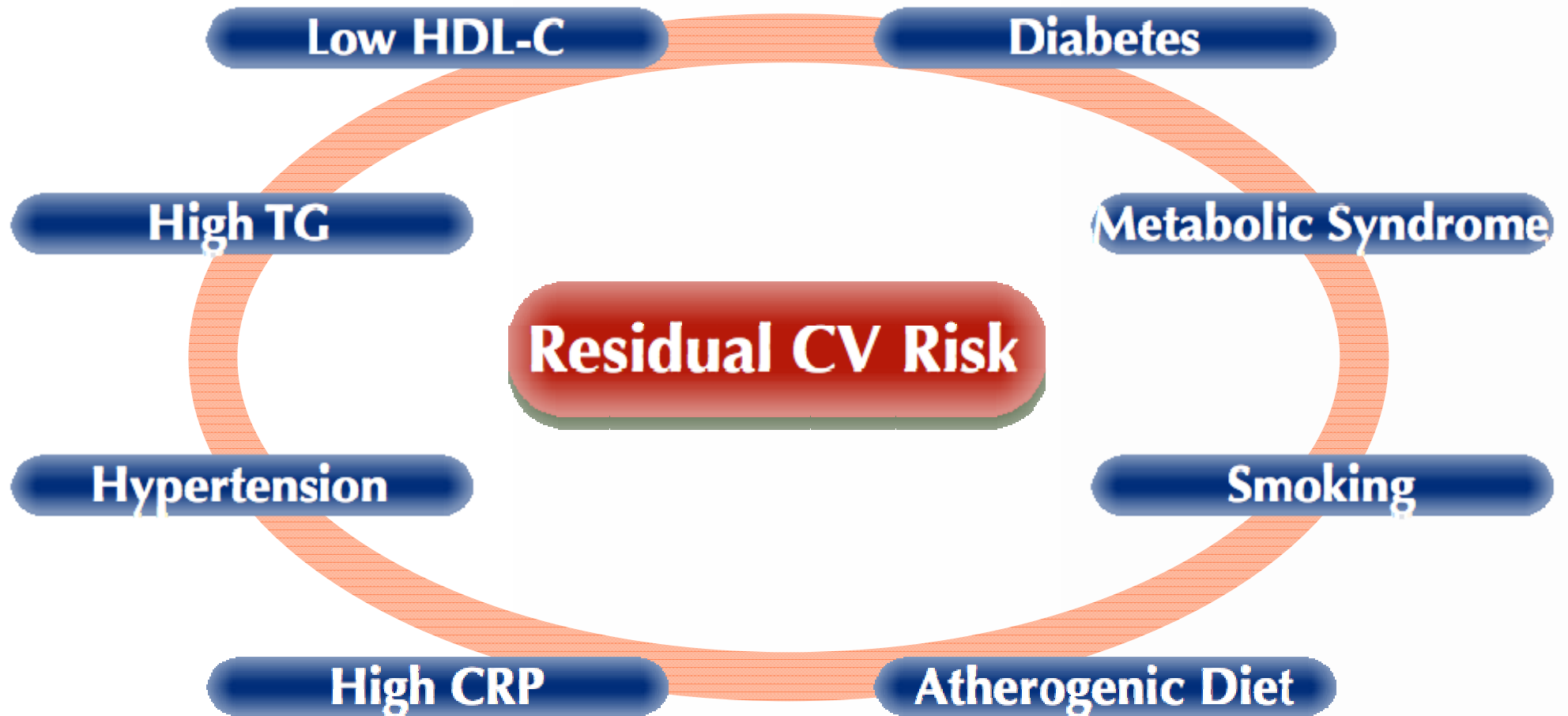
2. Pedersen TR, et al. *Diab Vasc Dis Res.* 2006;3:S1-S12

3. Baigent C, et al. *Lancet.* 2005;366:1267-1278

4. LaRosa JC, et al. *JAMA.* 1999;282:2340-2346.



# Patients with High Residual Risk





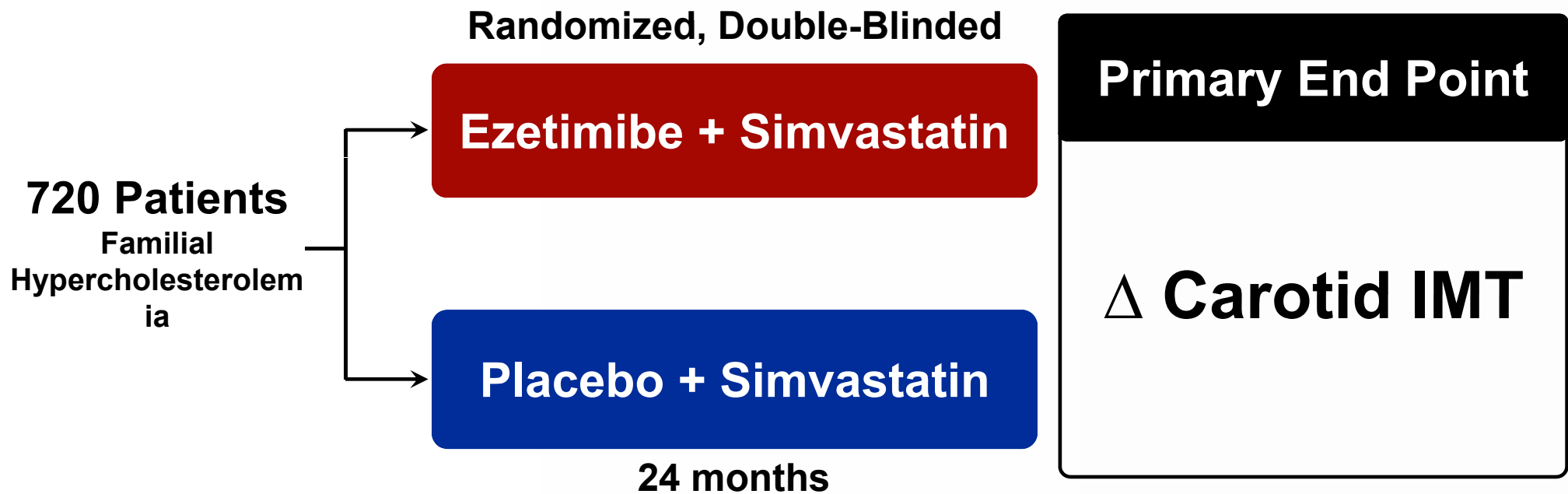
**Are you looking for  
something beyond statin?**



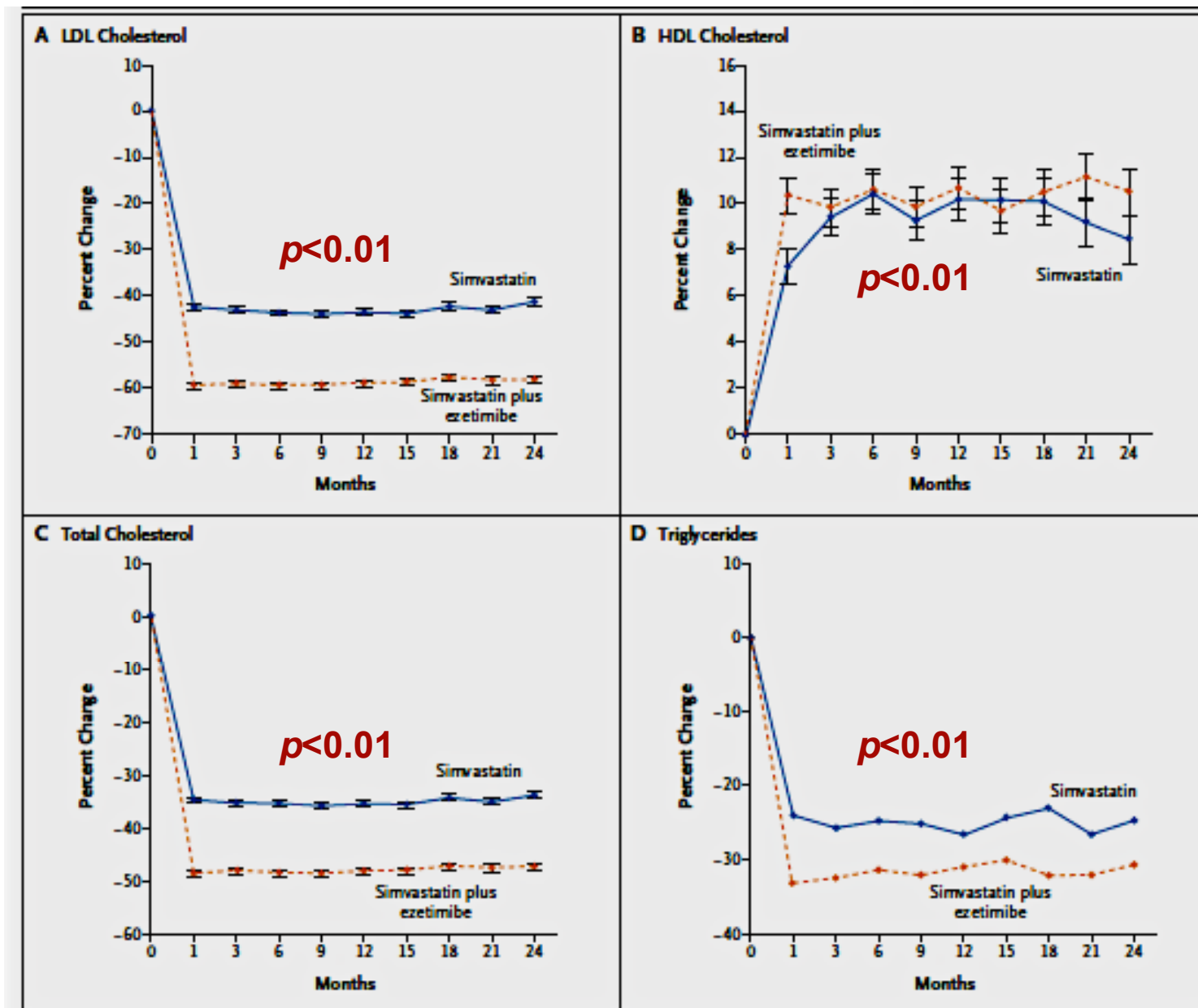
# **Add-On Therapy to Statin for Further CV risk Reduction**

- **Statin + Ezetimibe : ENHANCE, SHARP**
- **Statin + Niacin : AIM-HIGH, HPS2-THRIVE**
- **Statin + Fenofibrate : ACCORD Lipid**

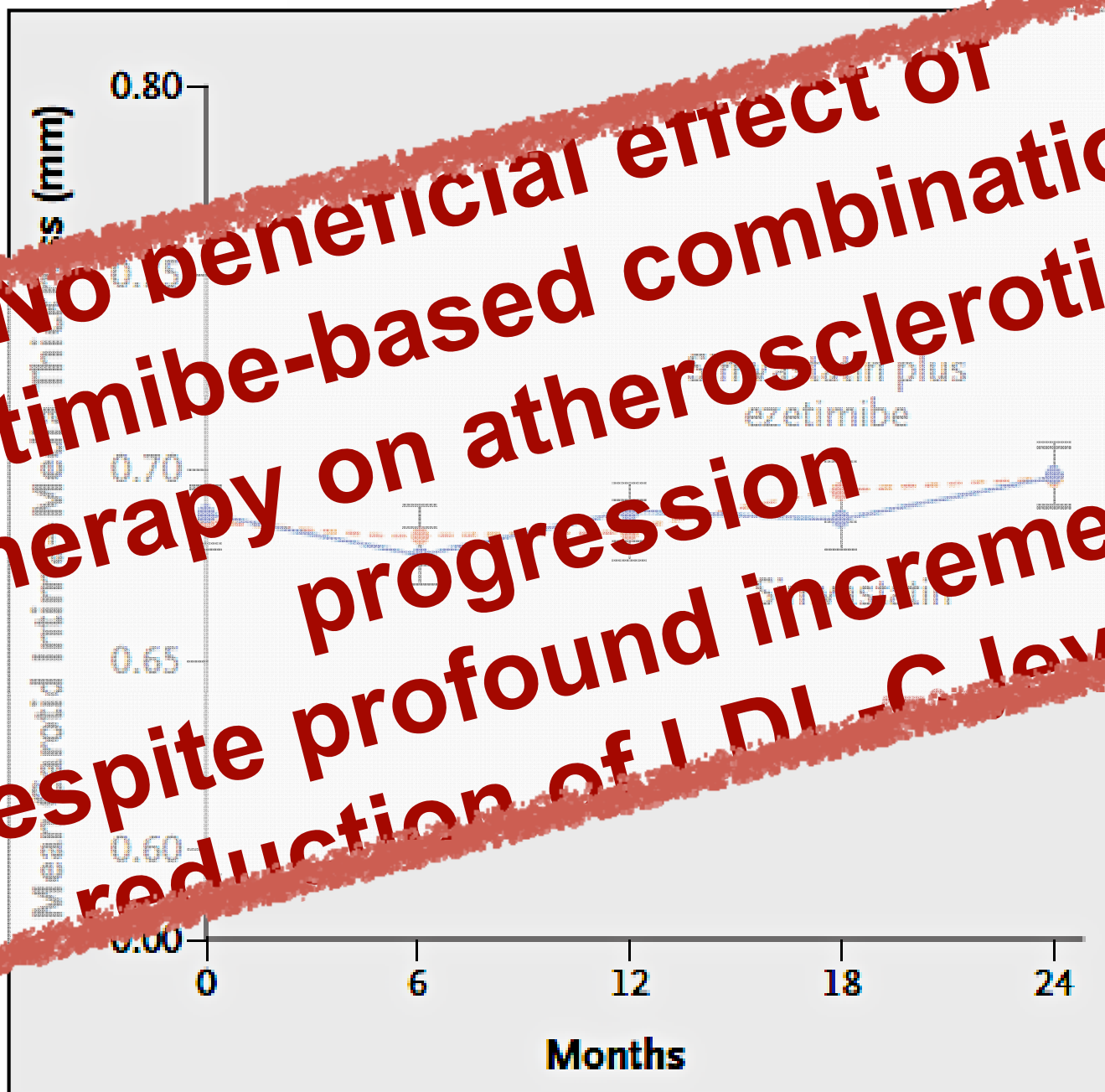
**ENHANCE Design** *N Engl J Med 2008;358:1431-43*



## ENHANCE Results *N Engl J Med 2008;358:1431-43*



# ENHANCE Results *N Engl J Med 2008;358:1431-43*

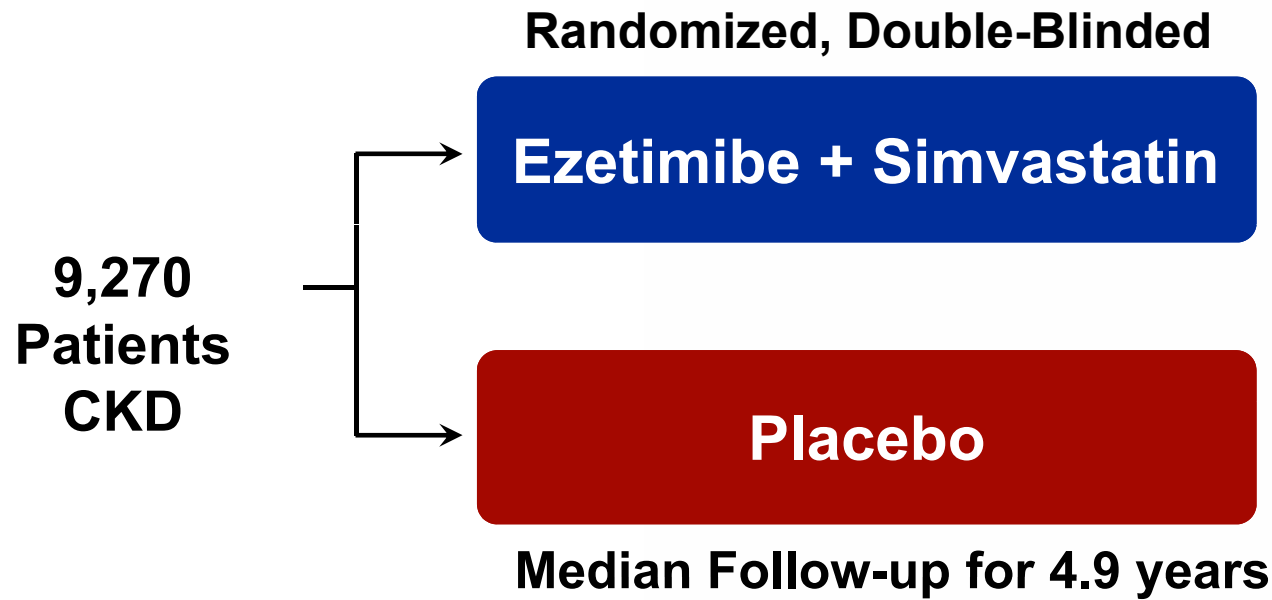


**No beneficial effect of ezetimibe-based combination therapy on atherosclerotic progression despite profound incremental reduction of LDL-C level**



# SHARP Design

*Lancet 2012;377:2181-92*



**Primary End Point**

**First major atherosclerotic event**

- # Coronary death or MI
- # Non-hemorrhagic stroke
- # Any revascularization

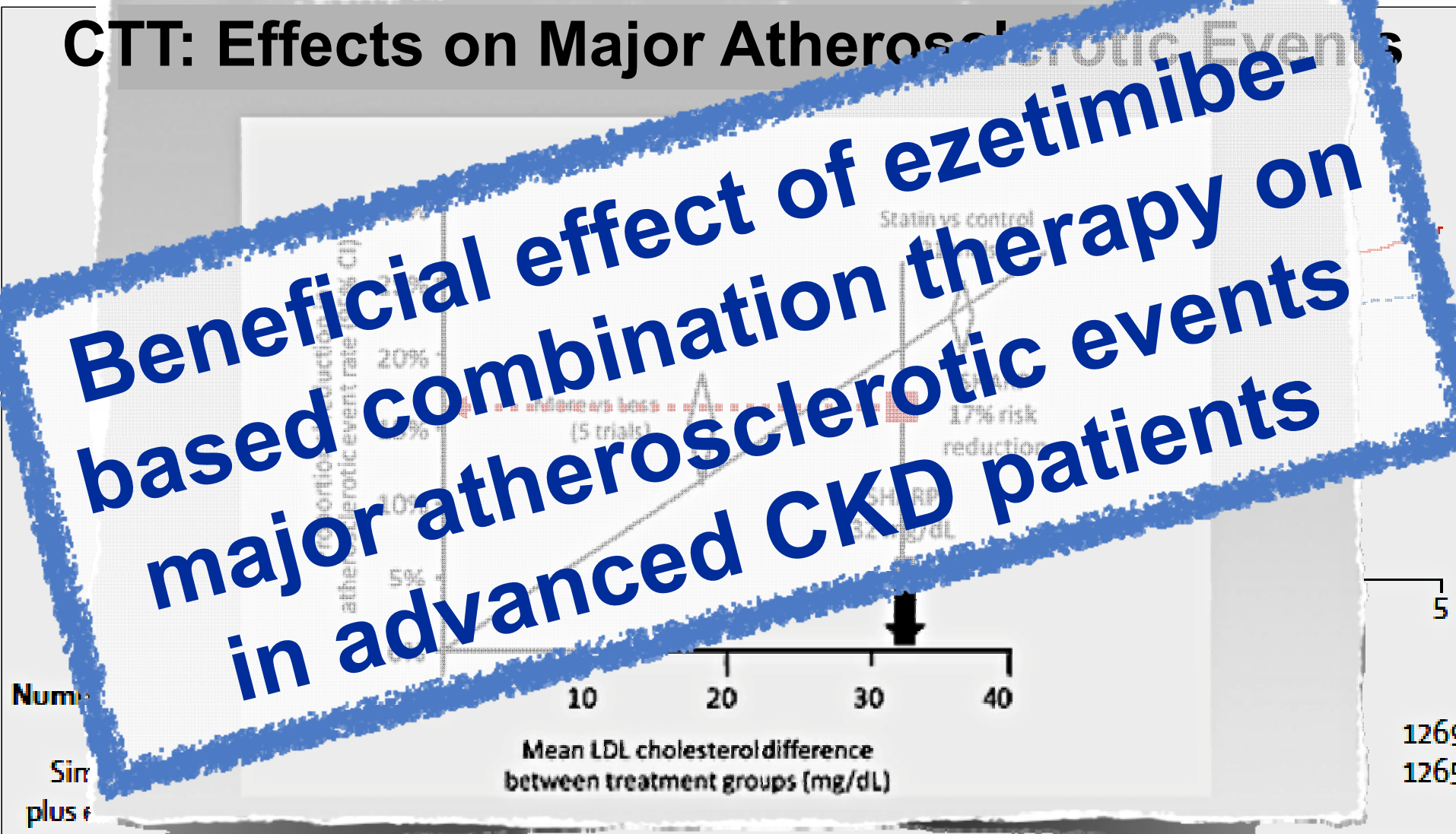


# SHARP Result

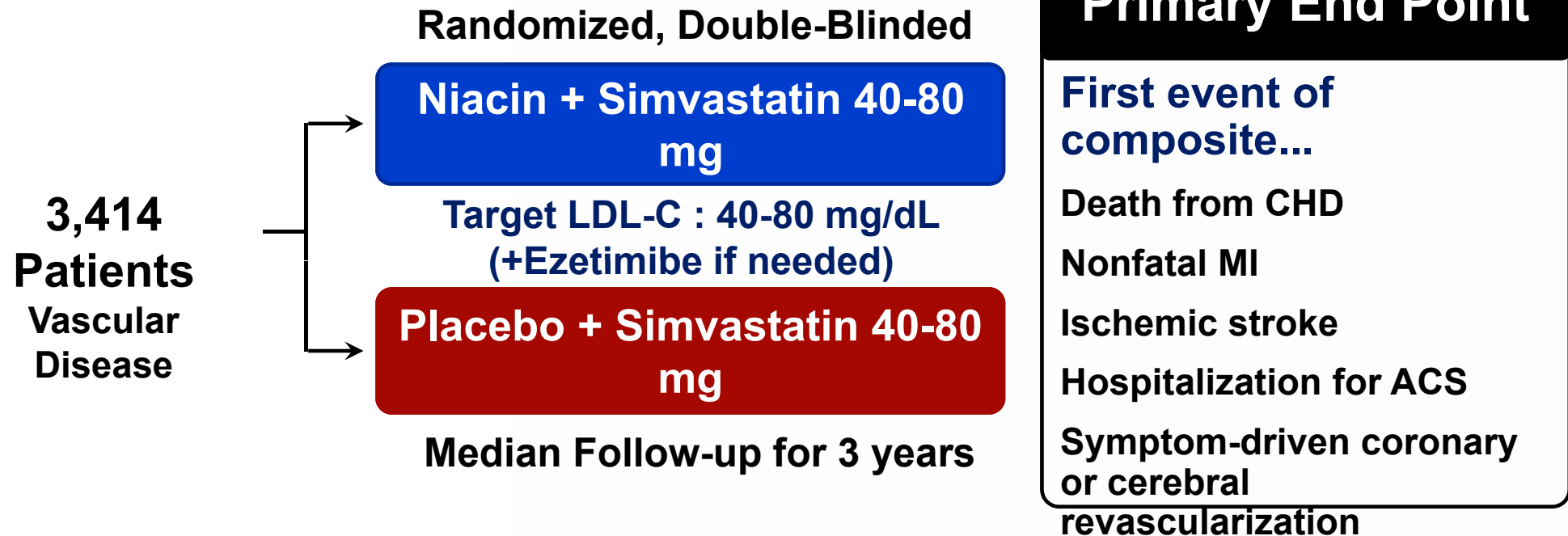
Lancet 2012;377:2181-92

## CTT: Effects on Major Atherosclerotic Events

**Beneficial effect of ezetimibe-based combination therapy on major atherosclerotic events in advanced CKD patients**



# AIM-HIGH Design *N Engl J Med 2011;365:2255-67*

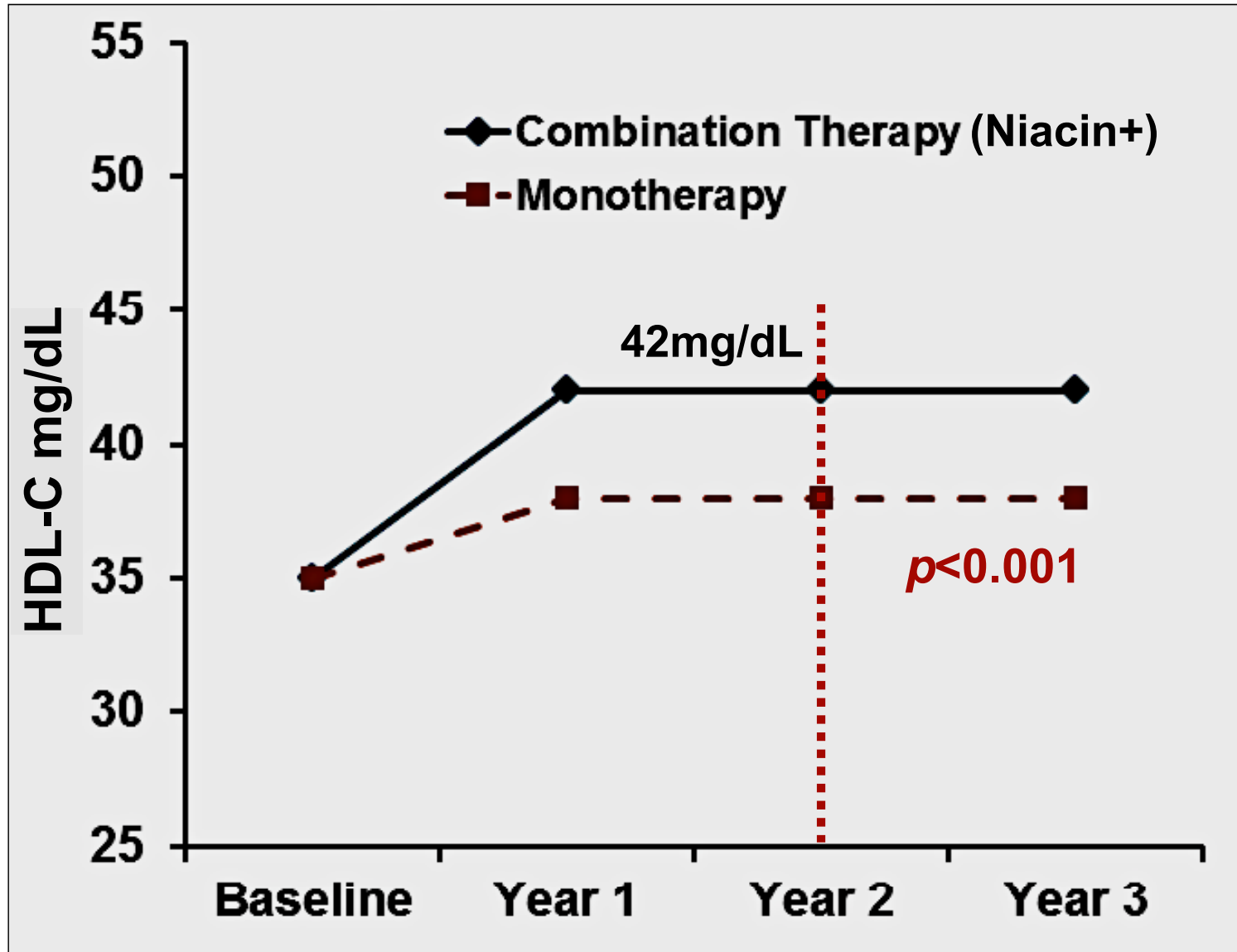


## Patient Characteristics

45 years of age or older  
**Established vascular disease**  
**Low HDL-C:** < 40 mg/dL (men) 50 mg/dL (women)  
TG: 150-400 mg /dL, LDL-C : <180 mg/dL

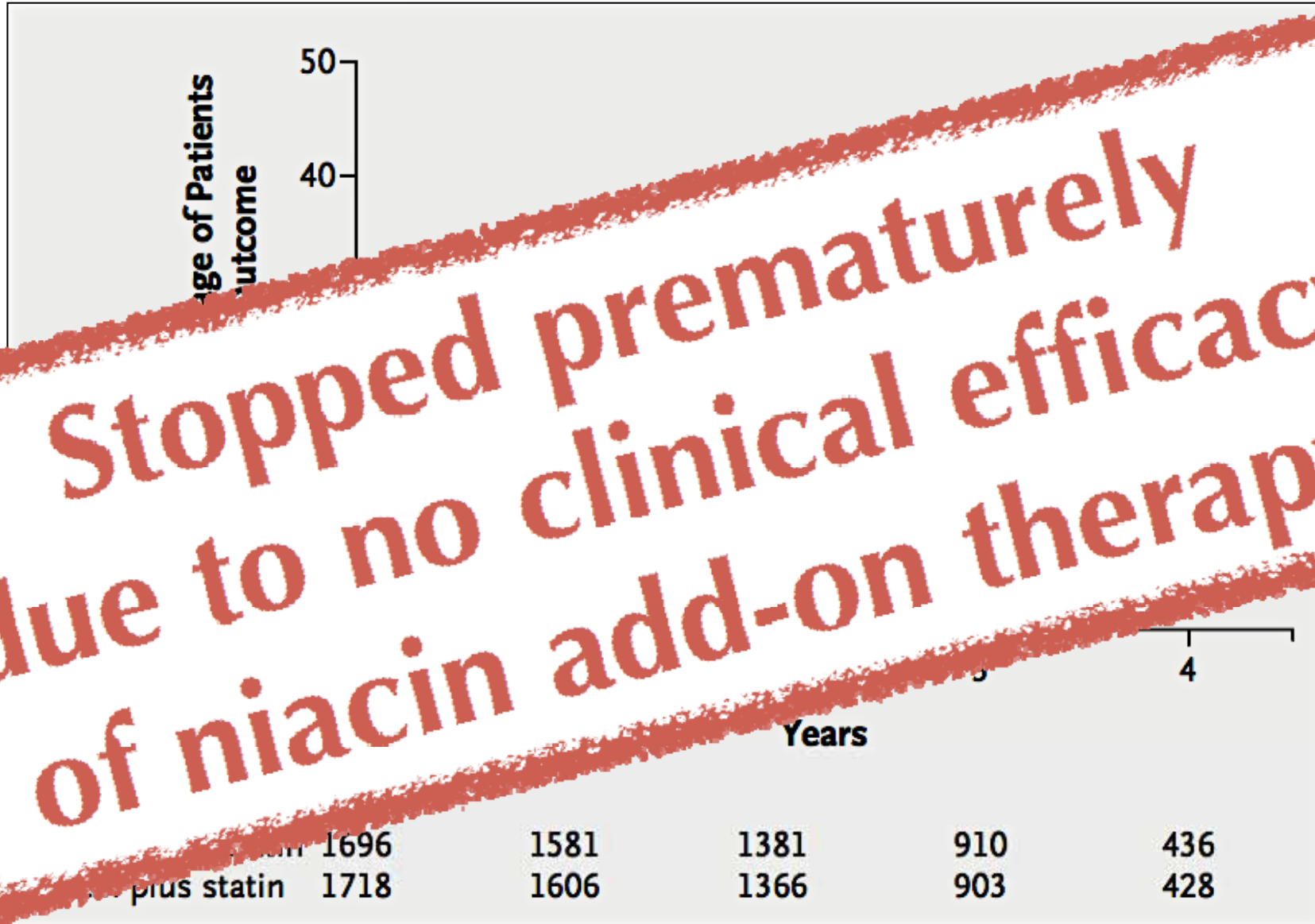
# AIM-HIGH Result

*N Engl J Med 2011;365:2255-67*



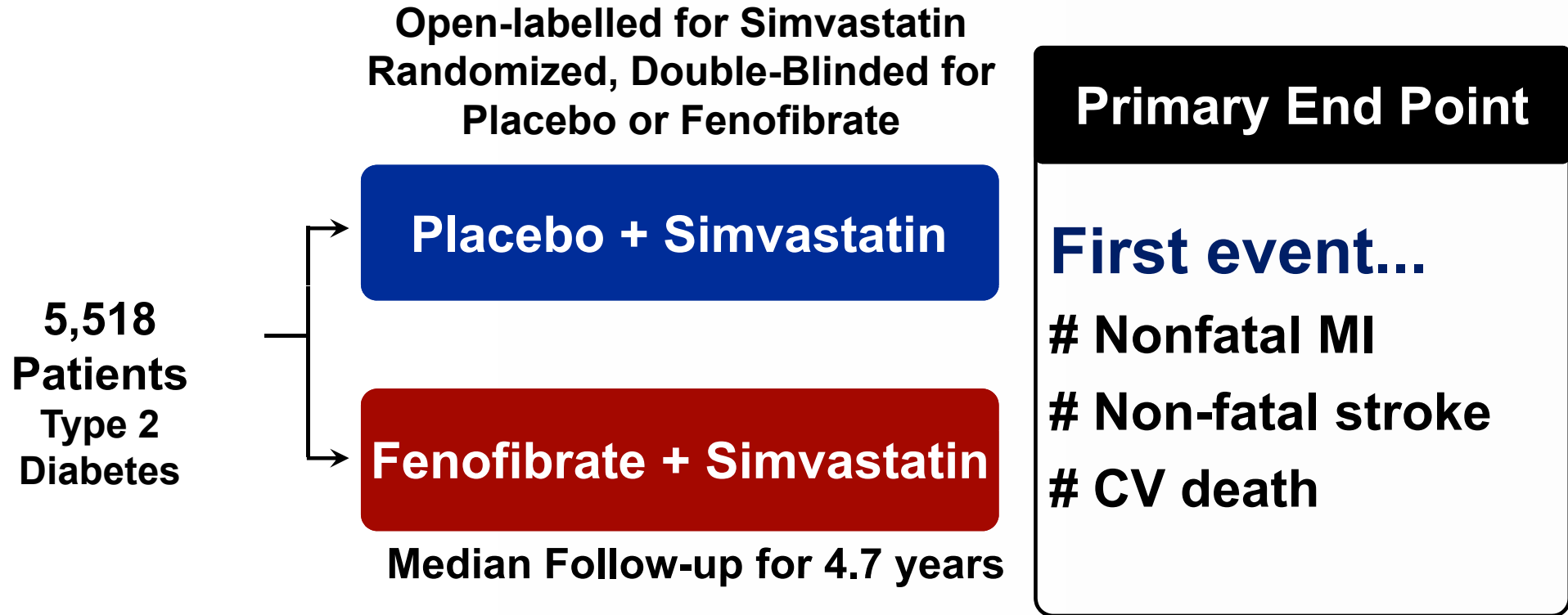
# AIM-HIGH Result

*N Engl J Med 2011;365:2255-67*



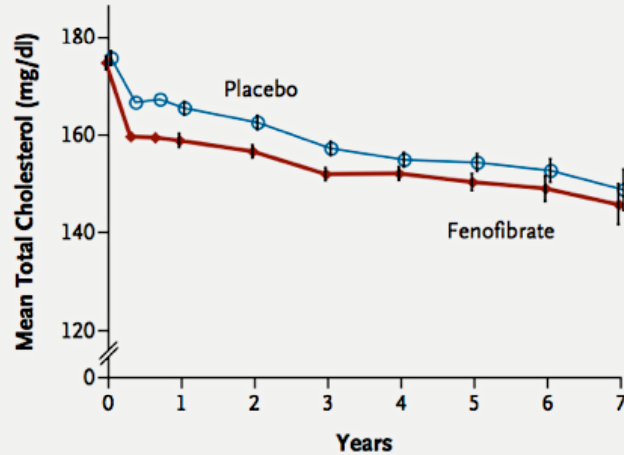
Stopped prematurely  
due to no clinical efficacy  
of niacin add-on therapy

# ACCORD Lipid Design *N Engl J Med 2010;362:1563-74*



# ACCORD Lipid Design

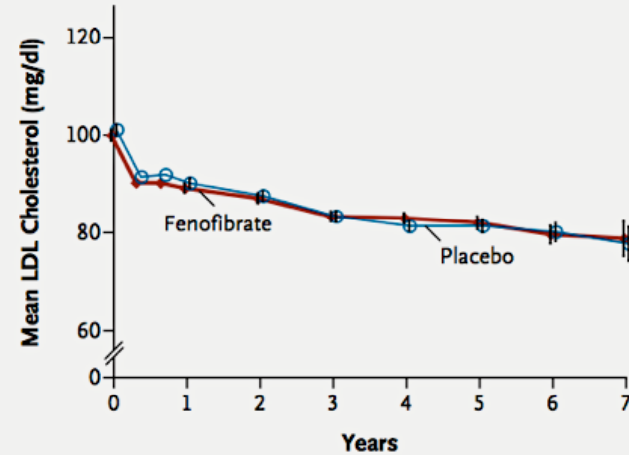
**A Total Cholesterol**



**No. of Patients**

Fenofibrate	2747	2593	2505	2417	2361	1478	796	248
Placebo	2735	2591	2484	2375	2364	1480	801	243

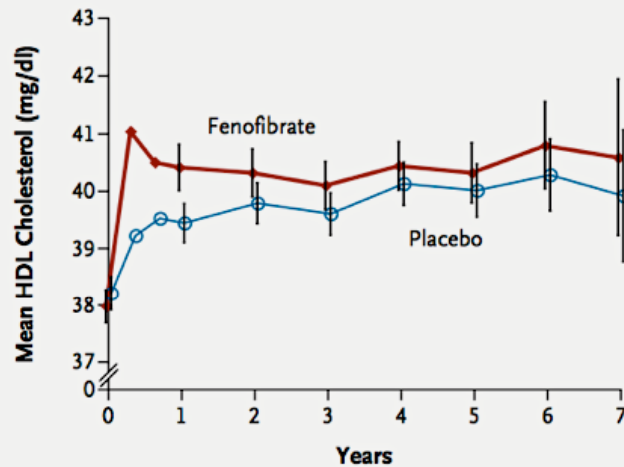
**B LDL Cholesterol**



**No. of Patients**

Fenofibrate	2747	2593	2505	2417	2361	1477	796	248
Placebo	2735	2591	2484	2375	2364	1480	801	243

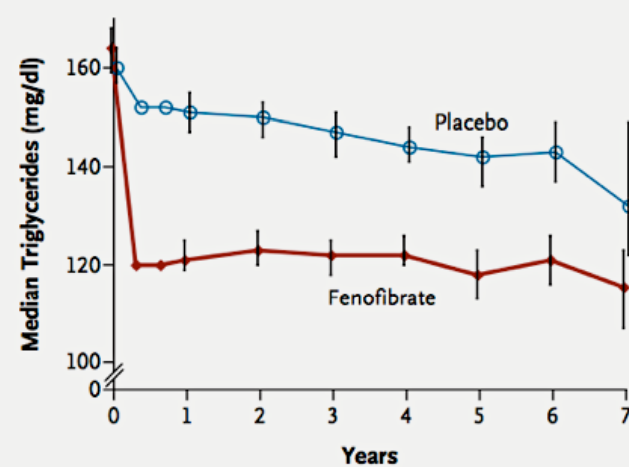
**C HDL Cholesterol**



**No. of Patients**

Fenofibrate	2747	2593	2505	2417	2361	1477	796	248
Placebo	2736	2591	2484	2375	2364	1480	801	243

**D Triglycerides**

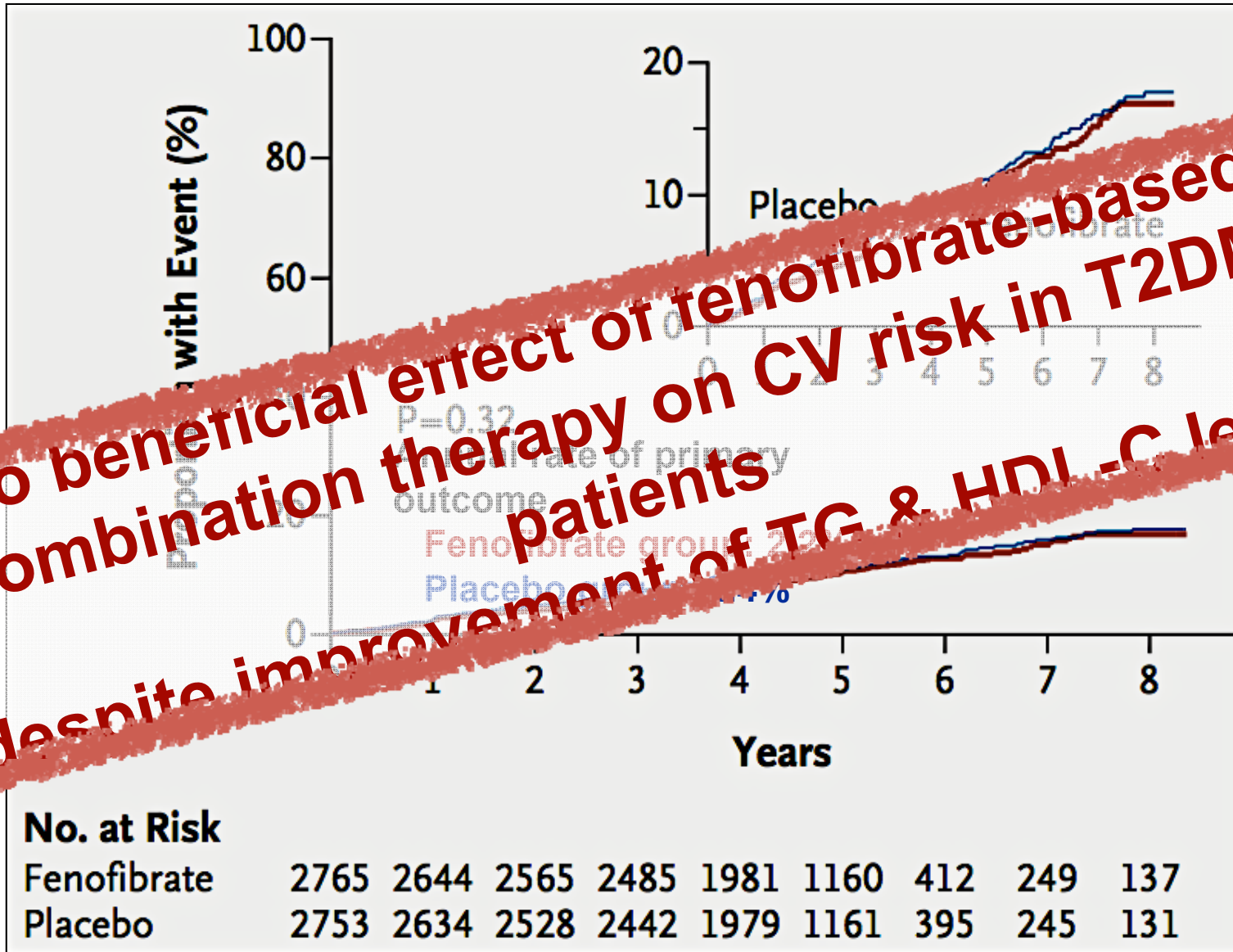


**No. of Patients**

Fenofibrate	2747	2593	2505	2417	2361	1478	796	248
Placebo	2735	2591	2484	2375	2364	1480	801	243



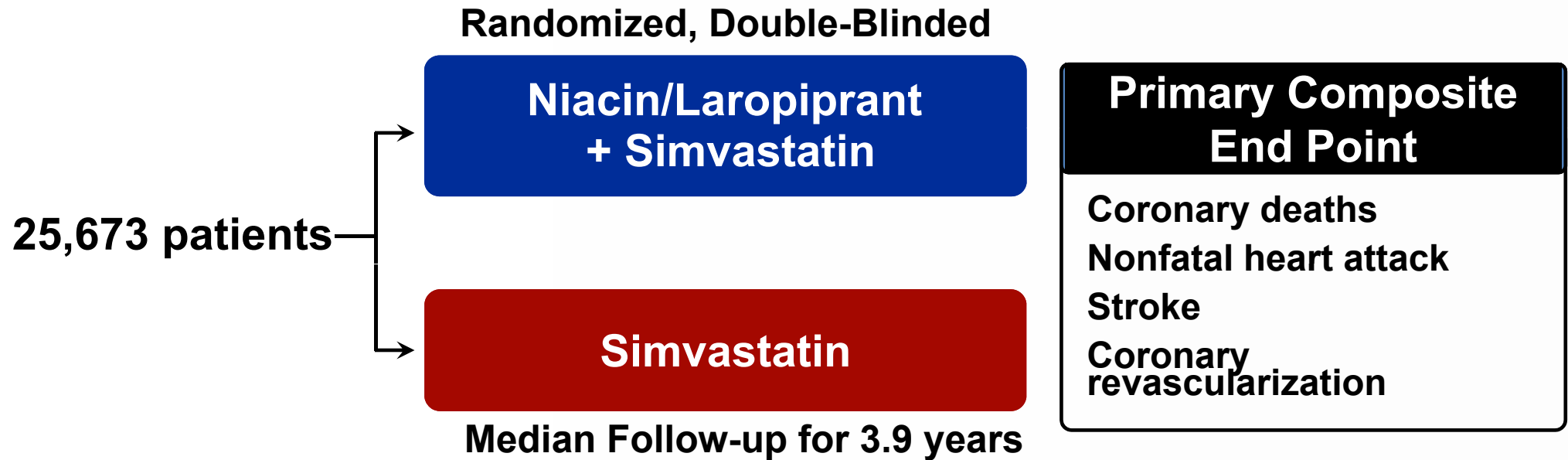
# ACCORD Lipid Result *N Engl J Med 2011;365:2255-67*





# HPS2-THRIVE Design

Late Breaking in ACC 2013



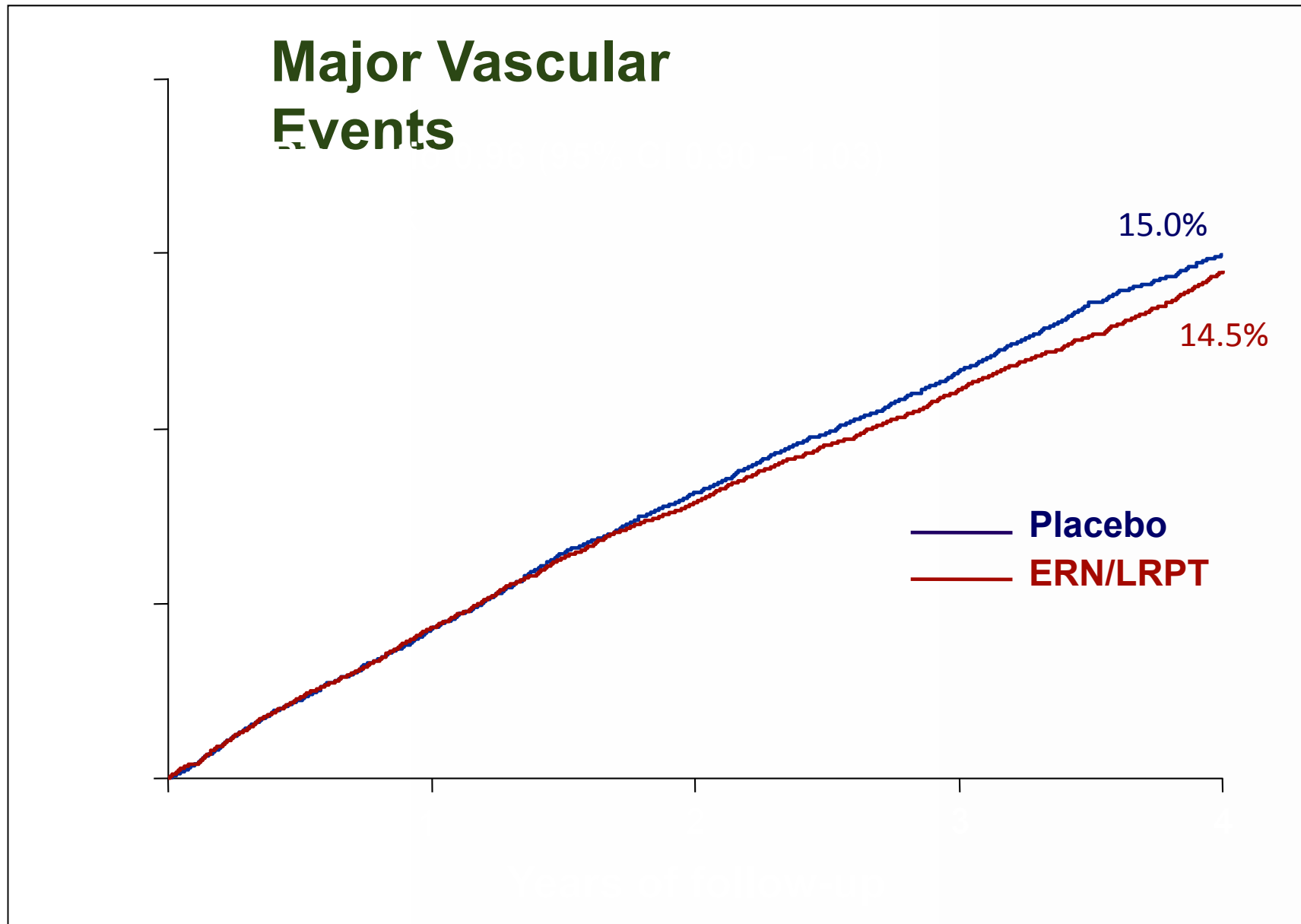
## Patient Characteristics

Age 50-80

History of MI, Cerebrovascular atherosclerotic disease, peripheral artery disease, or diabetes mellitus, with any of the above or with other evidence of symptomatic CHD

# HPS2-THRIVE **Result**

Late Breaking in ACC 2013



# HPS2-THRIVE Result

Late Breaking in ACC 2013

## Reasons for stopping study treatment

	ERN/LRPT (n=1835)	Placebo (n=1835)	Δ
Any medical	16.4%	7.9%	8.5%
Skin	5.4%	1.2%	4.2%
Gastrointestinal	3.9%	1.7%	2.1%
Musculoskeletal	1.8%	1.0%	0.8%
Diabetes-related	0.9%	0.4%	0.5%
Liver	0.4%	0.3%	0.1%
Other	1.1%	3.0%	0.8%
Any non-medical	8.1%	8.7%	0.3%
Any reason	25.4%	16.6%	8.7%

**May signal the end for niacin...?!..!**

Over 4 years, ER niacin/laropiprant caused SAEs in 31 patients/1,000.

**All Failed...**

**Oh, here are  
“New Emerging  
Therapies”!!!**

# Why CETP inhibitors?

- Unmet medical needs about treating and prevention for atherosclerosis
- Existing evidences regarding artheroprotective activity of HDL-C
- Increases in HDL level and reductions in LDL-C level with CETP inhibition



*The* NEW ENGLAND  
JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

NOVEMBER 22, 2007

VOL. 357 NO. 21

Effects of Torcetrapib in Patients at High Risk  
for Coronary Events

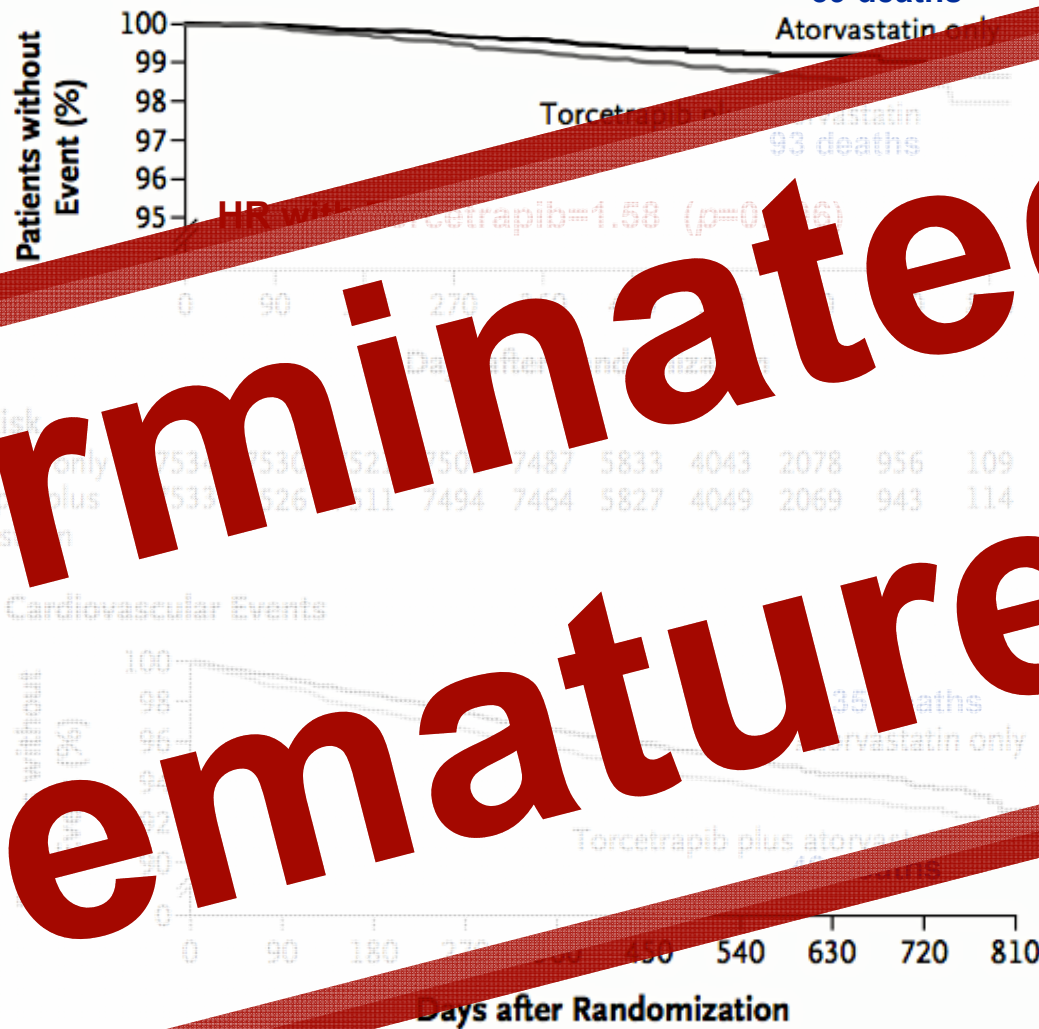
Philip J. Barter, M.D., Ph.D., Mark Caulfield, M.D., M.B., B.S., Mats Eriksson, M.D., Ph.D.,  
Scott M. Grundy, M.D., Ph.D., John J.P. Kastelein, M.D., Ph.D., Michel Komajda, M.D., Jose Lopez-Sendon, M.D., Ph.D.,  
Lori Mosca, M.D., M.P.H., Ph.D., Jean-Claude Tardif, M.D., David D. Waters, M.D., Charles L. Shear, Dr.P.H.,  
James H. Revkin, M.D., Kevin A. Buhr, Ph.D., Marian R. Fisher, Ph.D., Alan R. Tall, M.B., B.S.,  
and Bryan Brewer, M.D., Ph.D., for the ILLUMINATE Investigators\*



# ILLUMINATE Result

*N Engl J Med 2007;357:2109-22*

**A Death from Any Cause**



No. at Risk

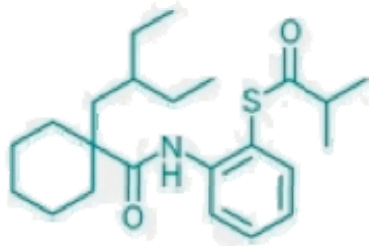
Atorvastatin only	7534	7530	7521	7507	7487	5833	4043	2078	956	109
Torcetrapib plus atorvastatin	7533	7526	7511	7494	7464	5827	4049	2069	943	114



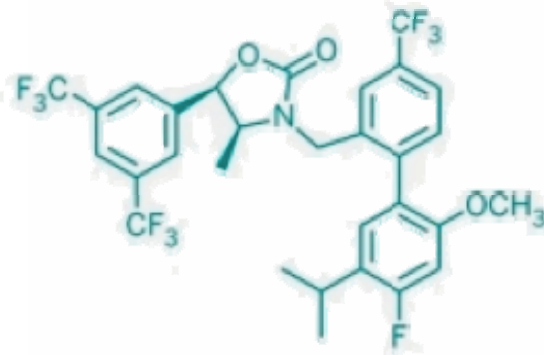
No. at Risk

Atorvastatin only	7534	7479	7406	7340	7255	5627	3872	1965	898	103
Torcetrapib plus atorvastatin	7533	7434	7345	7267	7177	5567	3838	1953	888	107

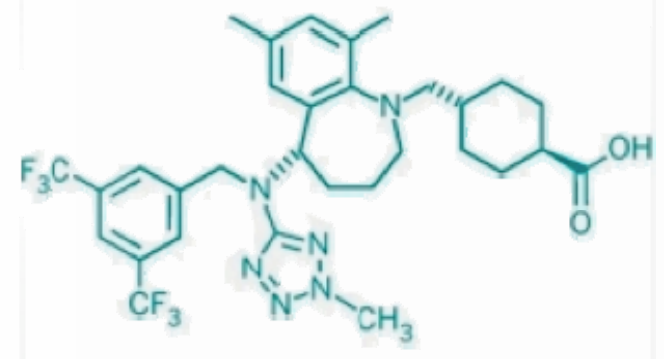
# Post-Torcetrapib...



**Dalcetrapib**



**Anacetrapib**



**Evacetrapib**

# dal-OUTCOME Result

*N Engl J Med 2012 DOI:  
10.1056/NEJMoa1206797*

15,600 stable CHD patients with recent ACS

## Primary End-Point

## All-Cause Mortality

10%

HR with Dalcetrapib=1.04  
(95% CI, 0.93-1.16,  $p=0.52$ )

8%

6%

4%

2%

**Stopped after interim analysis for lack of benefit**

HR with Dalcetrapib=0.99  
(95% CI, 0.88-1.11,  $p=0.90$ )

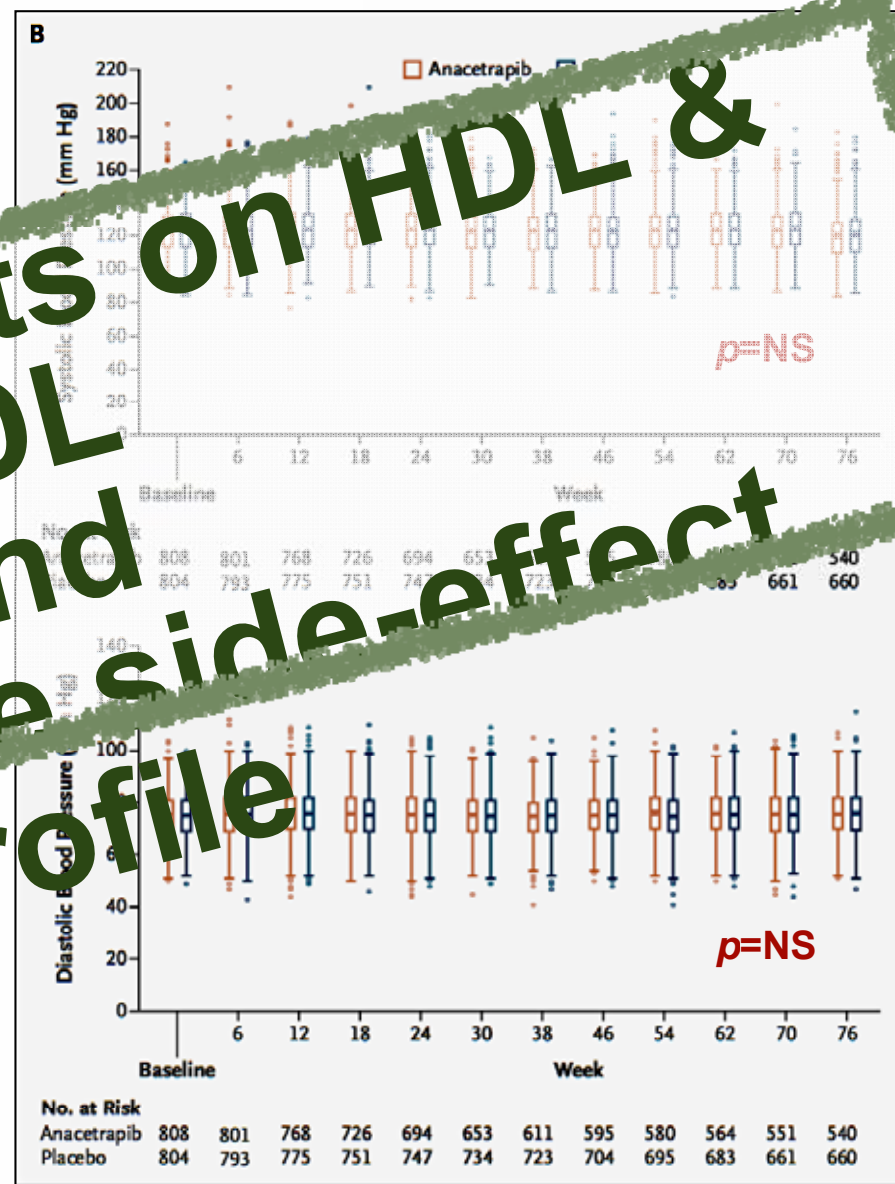
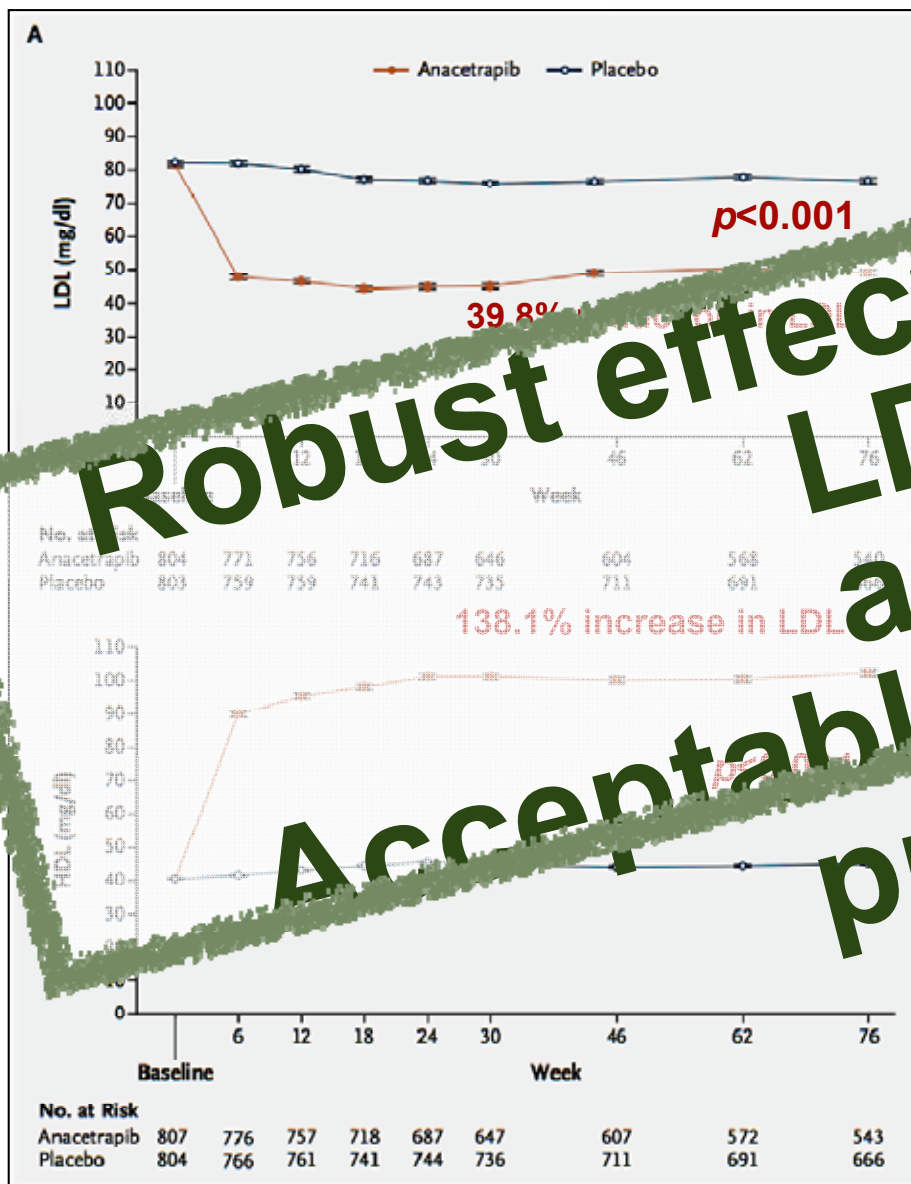
2.9%

2.8%

■ Placebo  
■ Dalcetrapib

# DEFINE Result

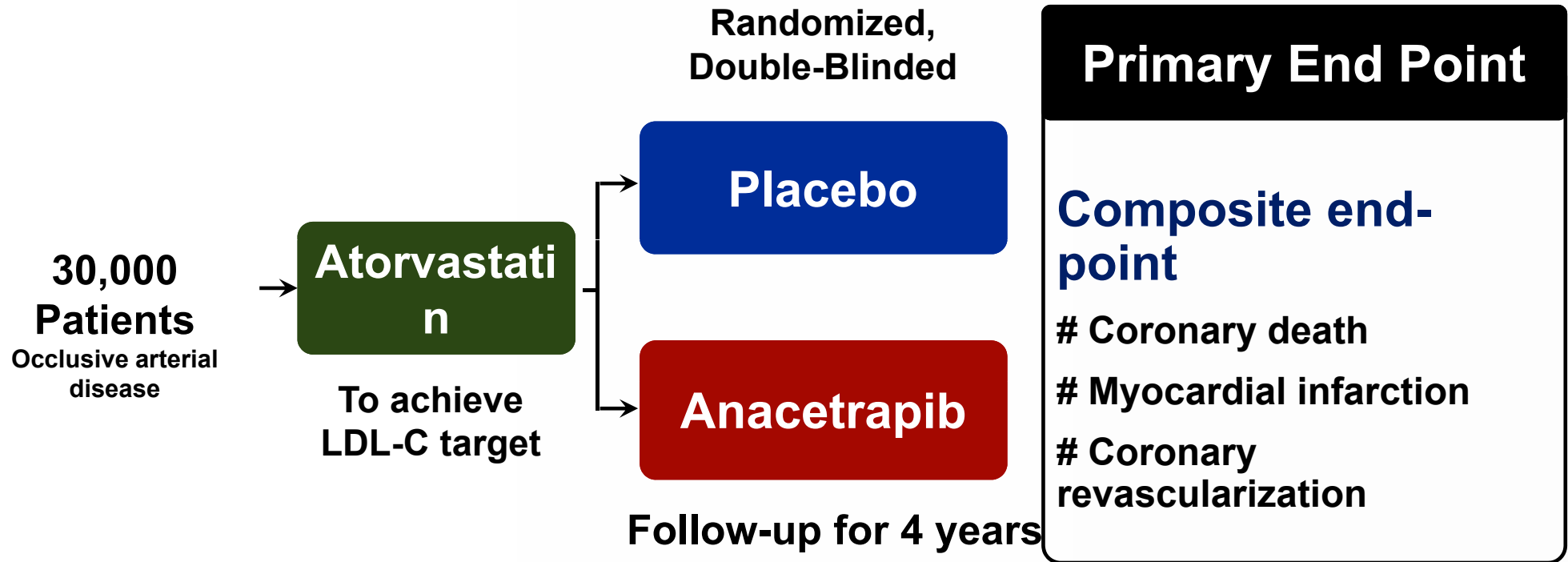
N Engl J Med 2010;363:2406-15



**Robust effects on HDL & LDL and acceptable side-effect profile**

# REVEAL Design

[www.revealtrial.org](http://www.revealtrial.org)



**Planned completion in 2017**



# Effects of the CETP Inhibitor Evacetrapib Administered as Monotherapy or in Combination With Statins on HDL and LDL Cholesterol

**ClinicalTrials.gov**

A service of the U.S. National Institutes of Health

## A Study of Evacetrapib in High-Risk Vascular Disease (ACCELERATE)

**This study is currently recruiting participants.**

*Verified March 2013 by Eli Lilly and Company*

**Sponsor:**

Eli Lilly and Company

**Collaborator:**

The Cleveland Clinic

**Information provided by (Responsible Party):**

Eli Lilly and Company

**ClinicalTrials.gov Identifier:**

**NCT01687998**

First received: September 12, 2012

Last updated: March 15, 2013

Last verified: March 2013

[History of Changes](#)

duced incidence of coronary heart disease,<sup>8</sup> it has been assumed that finding an appropriate therapy to increase HDL-C levels would yield substantial clinical benefit.

However, development of drugs that increase HDL-C levels has been challenging and fraught with failures, including the premature termination of

in greater reductions in LDL-C ( $P < .001$ ) but no greater increase in HDL-C ( $P = .39$ ). Although the study was underpowered, no adverse effects were observed.

**Conclusions** Compared with placebo or statin monotherapy, evacetrapib as monotherapy or in combination with statins increased HDL-C levels and decreased LDL-C levels. The effects on cardiovascular outcomes require further investigation.

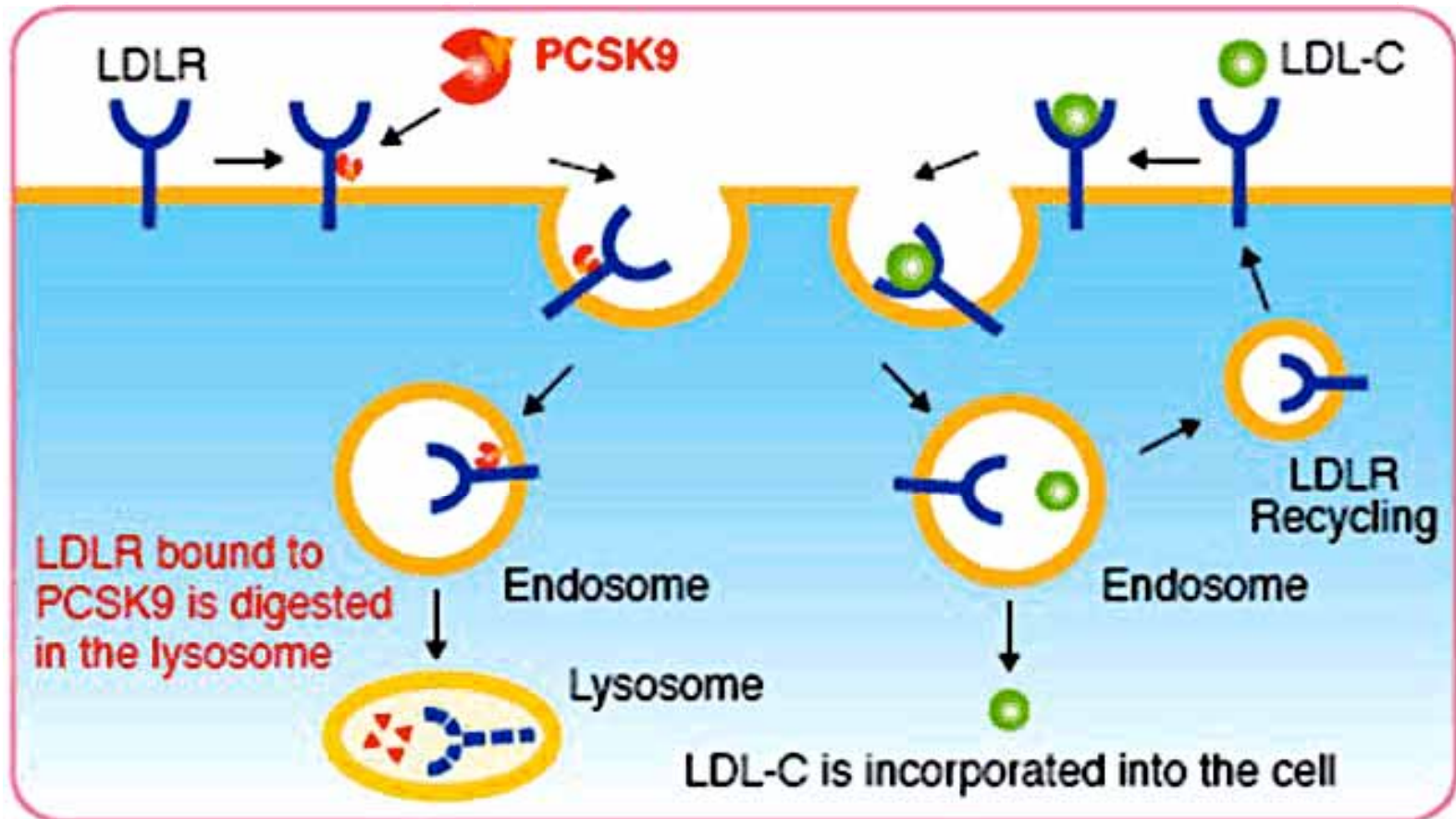
**Trial Registration** clinicaltrials.gov Identifier: NCT01105975

JAMA. 2011;306(19):2099-2109

www.jama.com

# PCSK9

## Proprotein convertase subtilisin/kexin type 9



Inhibition of PCSK9 will **prevent PCSK9-mediated down regulation of the LDL receptor** with improving LDL-C clearance & reducing LDL-C level.

# GAUSS Results

*JAMA 2012;308:2497-506*

Phase 2 study

Statin-intolerant patients (n=160)

Randomized to 5 groups

12-weeks treatment (SQ injection per 4 weeks)

Outcome	AMG-145 280mg	AMG-145 350mg	AMG-145 420mg	AMG-145 280mg + Ezetimibe	Ezetimibe alone
Δ in LDL from baseline (%)	-41	-43	-51	-63	-15
Patients reaching LDL goal of <100mg/dL (%)	47	53	61	90	7
Patients reaching LDL goal of <70mg/dL (%)	9	17	29	62	0



# RUTHERFORD **Results** *Circulation 2012;126:2408-17*

Phase 2 study

Heterozygous familial-hypercholesterolemia patients (n=168)

Randomized to 3 groups

12-weeks treatment (SQ injection per 4 weeks)

Outcome	AMG-145 350mg	AMG-145 420mg	Placebo
$\Delta$ in LDL from baseline (%)	-43	-55	+1
Patients reaching LDL goal of <100mg/dL (%)	70	89	2
Patients reaching LDL goal of <70mg/dL (%)	44	65	0

# RN-316 Results

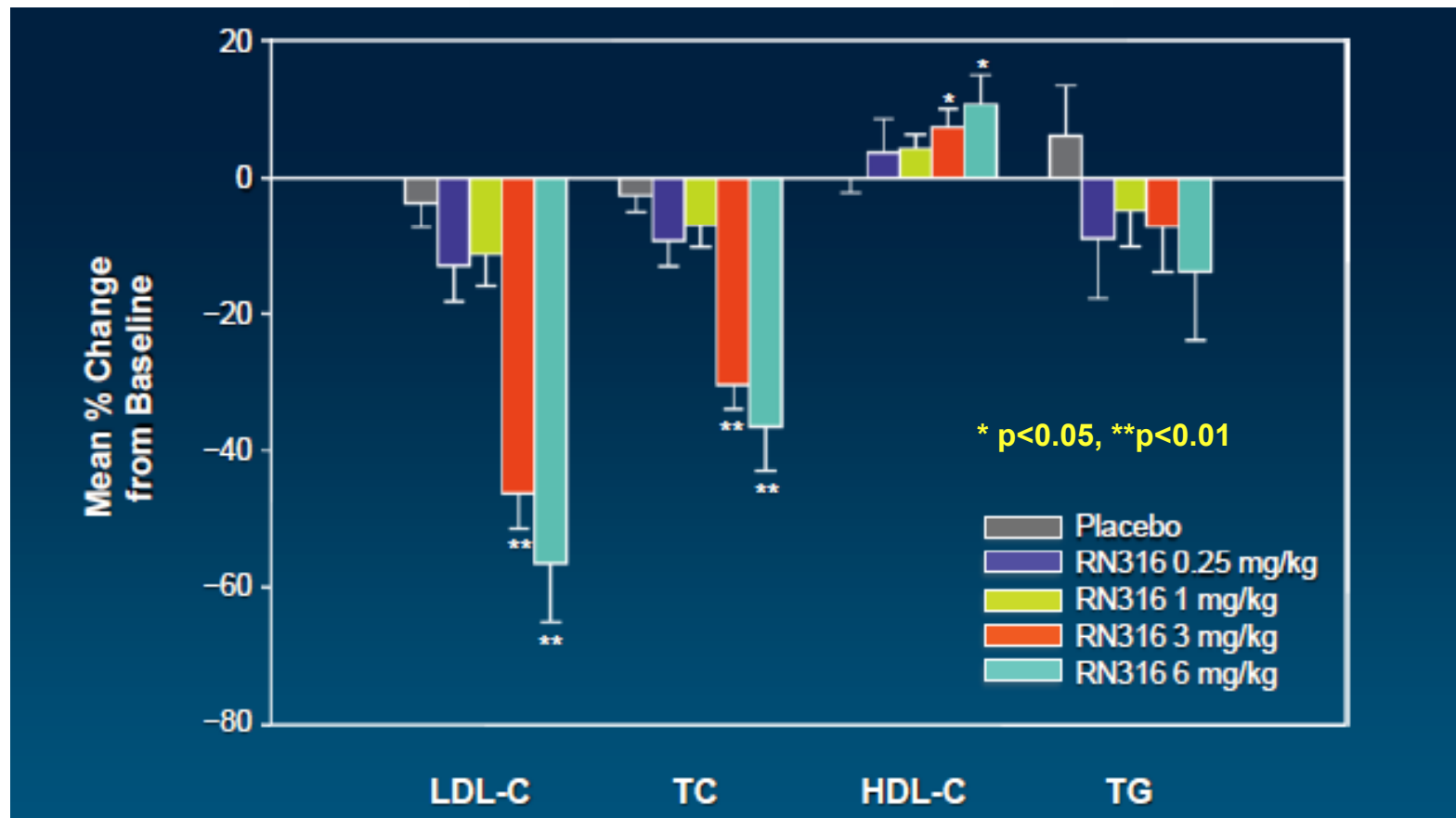
AHA Scientific Session, Los Angeles,  
2012

## Phase 2 study

Primary hypercholesterolemia patients on high or maximum dose of statins (n=136)

Randomized to 5 groups (Placebo and four-dose RN-316 groups)

12-weeks treatment (IV injection per 4 weeks)



# ODYSSEY OUTCOMES Design

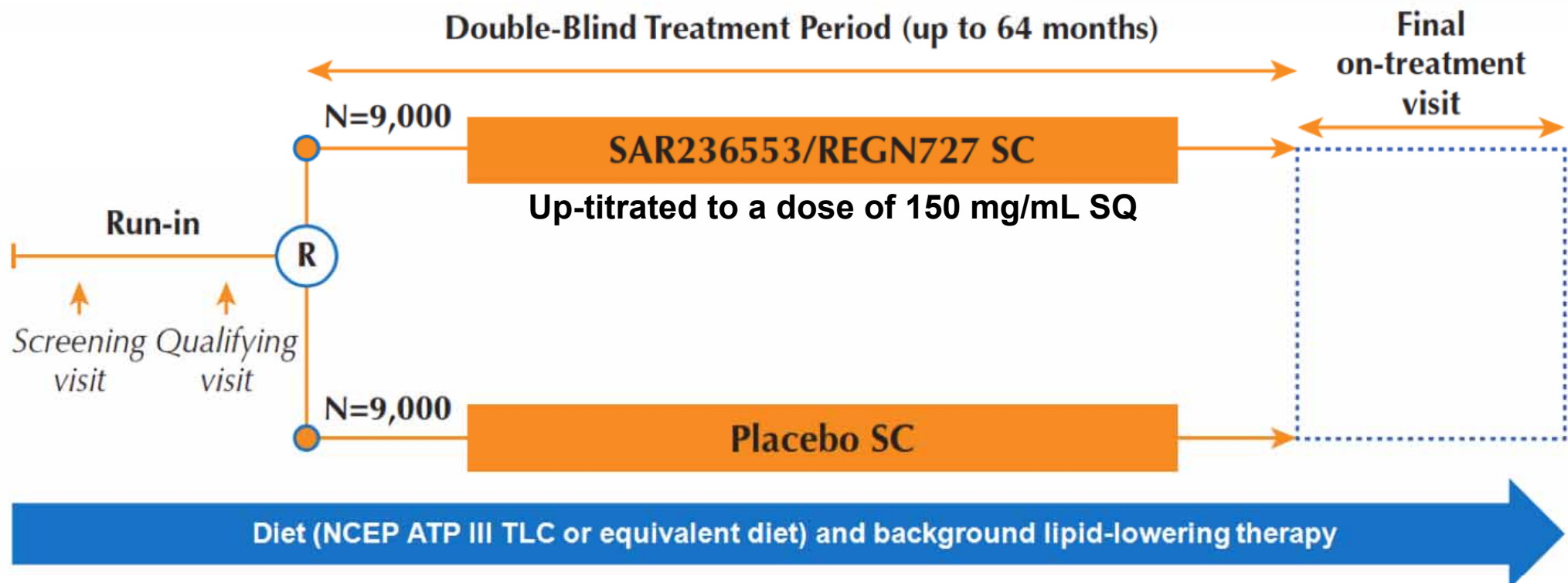
[www.clinicaltrials.gov/ct2/show/NCT01663402](http://www.clinicaltrials.gov/ct2/show/NCT01663402)












## Phase 3 study

Patients with a recent acute coronary event (n=18,000)

Double-blinded, randomized, placebo controlled, parallel-group (SQ injection per 2 weeks)

Testing SAR236553/REGN727 in reducing CV events



HeFH population	HC at high CV risk population	Additional populations
Add-on to max tolerated statin (± other LMT)	Add-on to max tolerated statin (± other LMT)	
 <p><b>ODYSSEY FH I</b> (EFC12492) N=471 LDL-C ≥ 70 mg/dL OR LDL-C ≥ 100mg/dL 18 months</p>	 <p><b>ODYSSEY COMBO I</b> (EFC11568) N=306 LDL-C ≥ 70 mg/dL OR LDL-C ≥ 100 mg/dL 12 months</p>	 <p><b>ODYSSEY MONO</b> (EFC11716) N=100 Patients on no background LMTs LDL-C ≥ 100 mg/dL 6 months</p>
 <p><b>ODYSSEY FH II</b> (CL1112) N=250 LDL-C ≥ 70 mg/dL OR LDL-C ≥ 100mg/dL 18 months</p>	 <p><b>ODYSSEY COMBO II</b> (EFC11569) N=660 LDL-C ≥ 70 mg/dL 24 months</p>	 <p><b>ODYSSEY ALTERNATIVE</b> (CL1119) N=250 Patients with defined statin intolerance LDL-C ≥ 70 mg/dL OR LDL-C ≥ 100 mg/dL 6 months</p>
 <p><b>ODYSSEY HIGH FH</b> (EFC12732) N=105 LDL-C ≥ 160 mg/dL 18 months</p>		 <p><b>ODYSSEY OPTIONS I</b> (CL1110) N=350 Patients not at goal on moderate dose atorvastatin LDL-C ≥ 70 mg/dL OR LDL-C ≥ 100 mg/dL 6 months</p>
 <p><b>ODYSSEY LONG TERM (LTS11717)</b> N=2,100 LDL-C ≥ 100 mg/dL 18 months</p>		 <p><b>ODYSSEY OPTIONS II</b> (CL1118) N=300 Patients not at goal on moderate dose rosuvastatin LDL-C ≥ 70 mg/dL OR LDL-C ≥ 100 mg/dL 6 months</p>
	 <p><b>ODYSSEY OUTCOMES</b> (EFC11570) N=18,000 LDL-C ≥ 70 mg/dL</p>	


**However, we have to wait for  
concrete beneficial  
evidences for CV outcome  
with safety!!!**

# Summary

- Based on the epidemiological relationship between CVD and LDL-C, and abundant data suggesting definite benefit of LDL-C reduction, **LDL-C has been defined as a primary target in management guidelines.**
- Statin use in patients at high risk for CVD has reduced incidence of major clinical events by 25% to 40%.
- However, there are still **high residual CV risks** in 2/3 of patients on statins.
- The combination therapy of statin with ezetimibe, niacin, or fibrate can be an option to reduce residual CV risk, however, almost all of these studies have been failed to show benefit.
- Many studies for emerging therapies are on the process. However, there are definite prerequisites for accepting them such as long-term efficacy & safety profiles, immune effects, and, most importantly, CV outcome efficacy.

**Need for Additional  
Emerging Targets?**





**Still it's too early to  
look for other  
targets...**

**BACK to  
BASICS**

**...and wait concrete evidences  
of long-term efficacy and  
safety in on-going and future  
trials.**

**...and focus on ultimate goal  
for lipid management!**

**Still  
STATIN!!!**



THANK YOU FOR YOUR  
ATTENTION!

 KEYWORD: LORD OF THE RINGS WWW.LORDOFTHERINGS.NET

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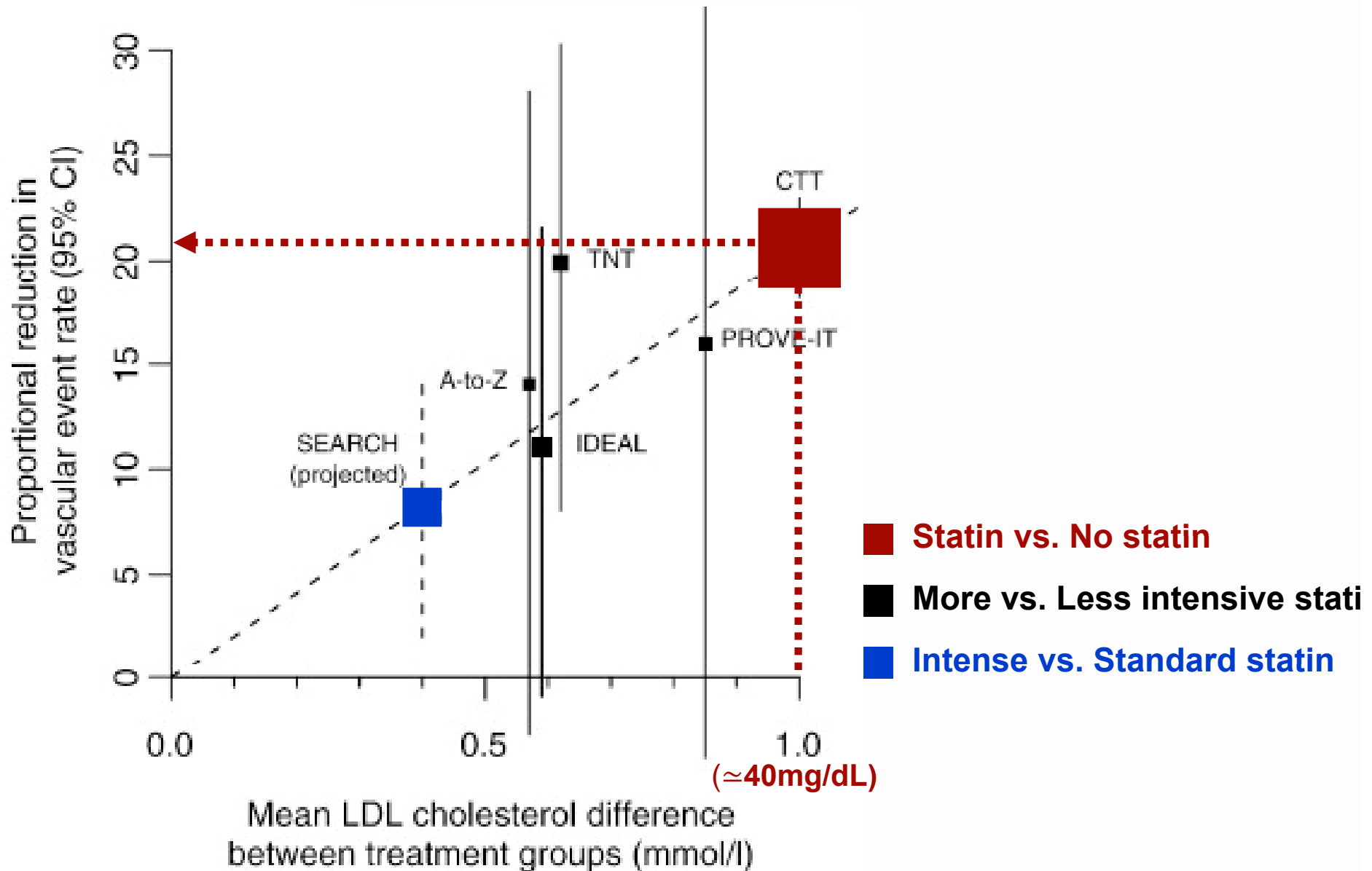
THE JOURNEY ENDS DECEMBER

17<sup>TH</sup>



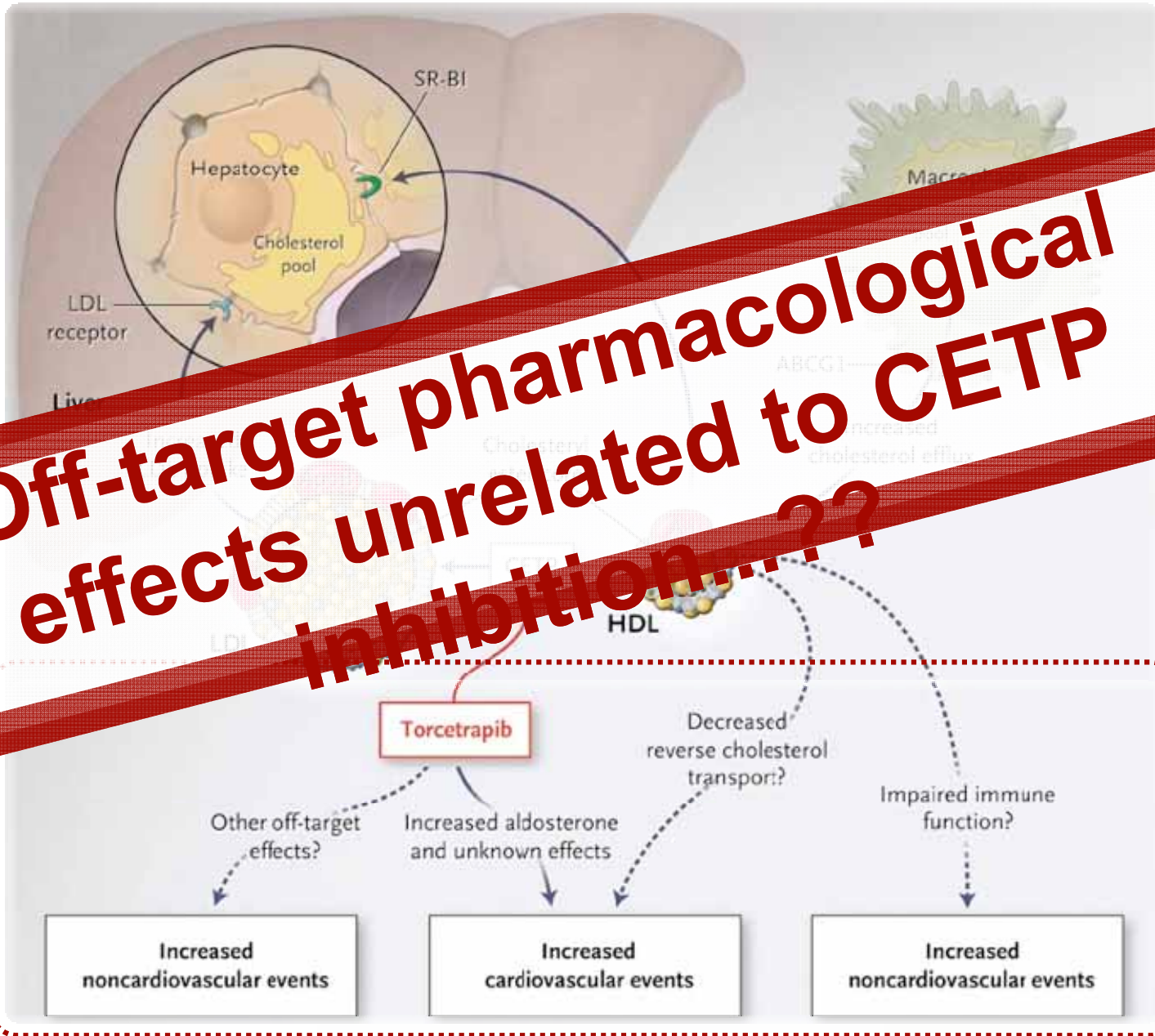
# Relation between Proportional Reduction in Vascular Event Rate & Mean Absolute LDL-C Difference

*Am Heart J 2007;154:815-23*



# ILLUMINATE

*N Engl J Med 2007;357:2109-22*



**Off-target pharmacological effects unrelated to CETP inhibition...??**