# Resolute update comparison with EES (Xience/Promus)

Lessons from Korean Multicenter Registries (HOST-EXCELLENT & -RESOLUTE) &

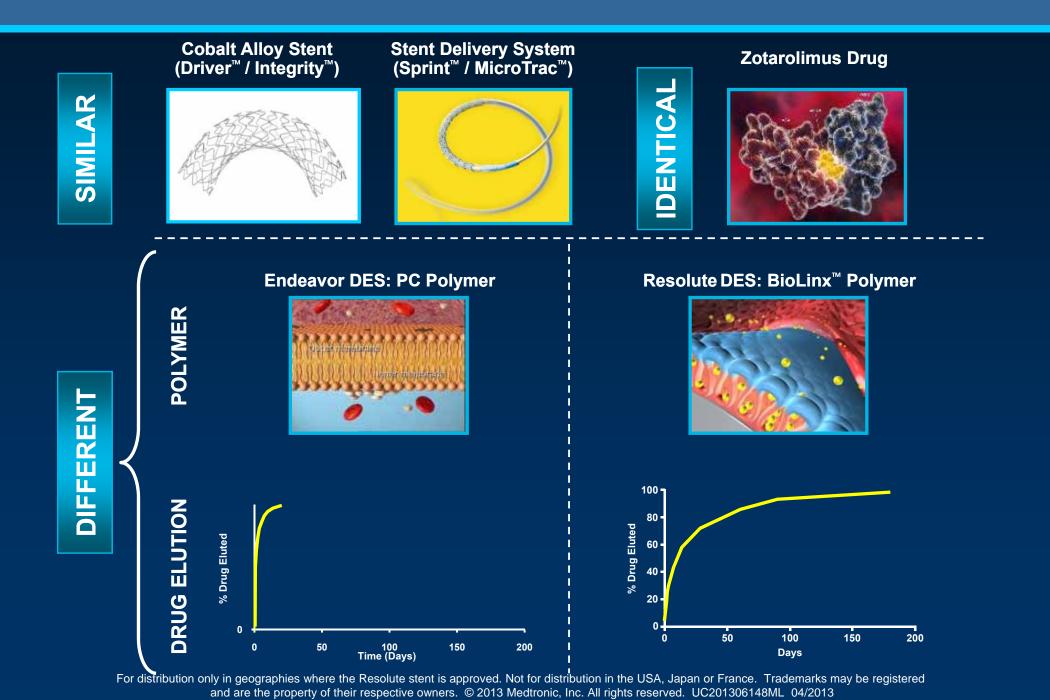
Two RCT's (Resolute AC & TWENTE)

Hyo-Soo Kim, MD/PhD/FAHA

Cardiovascular Center Seoul National University Hospital (SNUH)



# Evolution from Endeavor<sup>™</sup> to Resolute<sup>™</sup>



# Contemporary Newest DES Resolute (ZES) vs Xience/Promus (EES)

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AV					

#### Xience V ™/Promus™





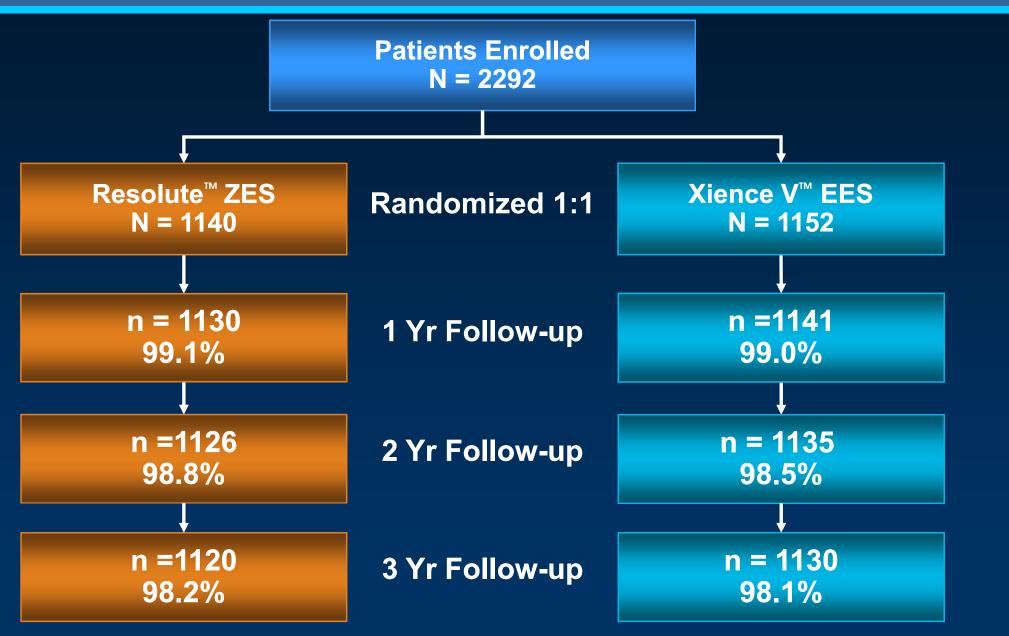
Strut Design	Modular, Round, Edgeless	Laser Cut, Rectangular
Stent Material	Cobalt Alloy	Cobalt Alloy
Strut Thickness	91 μm	81 μm
Cell Area (3.5 x 18 mm)	1.0mm <sup>2</sup>	3.7mm <sup>2</sup>
Nominal pressure	All diameters: 9 atm	2.5 – 2.75 mm: 8 atm 3.0 – 4.0 mm: 9 atm
Polymer	BioLinx <sup>™</sup> Polymer <i>Hydrophilic</i>	Fluoropolymer <i>Hydrophobic</i>
Polymer Thickness	5.6 μm	7.8 µm
Drug	Zotarolimus Complete elution by 180 days	Everolimus Complete elution by 120 days
Drug Density	1.6 µg/mm²	1.0 µg/mm²

# Comparison of ZES & EES

- Two Randomized Trials
  - -(Resolute AC & TWENTE)

- Korean Multicenter Registries
  - -(HOST-EXCELLENT & -RESOLUTE)

#### **Patient Flow Chart**



Windecker S. PCR 2012

#### **Patient Eligibility**

#### **Inclusion Criteria**

#### **Coronary artery disease**

- Stable angina
- Silent ischemia
- Acute coronary syndrome including UA, NSTEMI and STEMI

#### **Lesion characteristics**

Number of lesions : no limitation

Number of vessels : no limitation

Lesion length : no limitation

Written informed consent

#### **Exclusion Criteria**

#### **Known intolerance to**

Aspirin, clopidogrel, heparin, cobalt alloy, everolimus, zotarolimus, contrast material, polymer coating

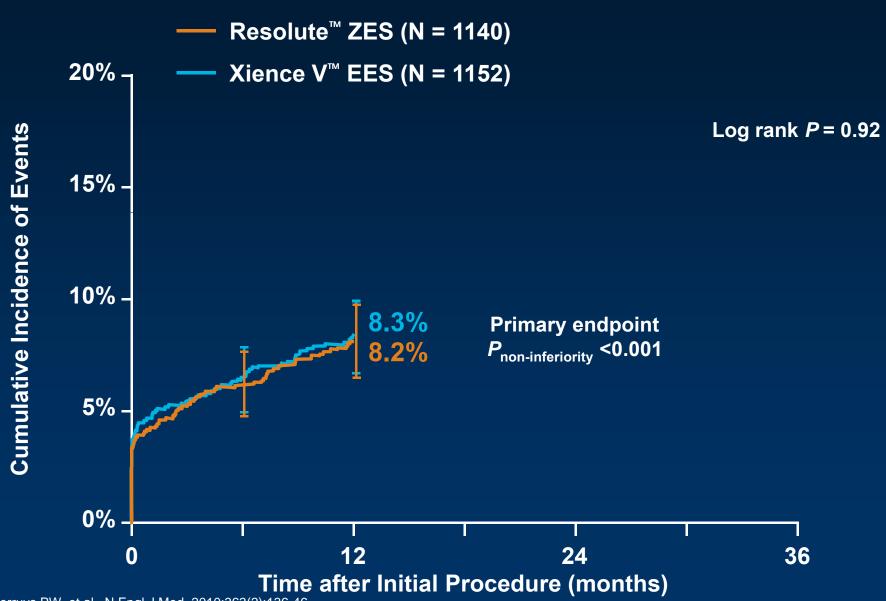
Planned, elective surgery within 6 months of PCI

Unless dual anti-platelet therapy could be maintained

**Pregnancy** 

Participation in another trial

#### Target Lesion Failure - Primary Endpoint



Serruys PW, et al., N Engl J Med. 2010;363(2):136-46.

Target Lesion Failure (TLF) is defined as cardiac death, TVMI, or clinically driven TLR.

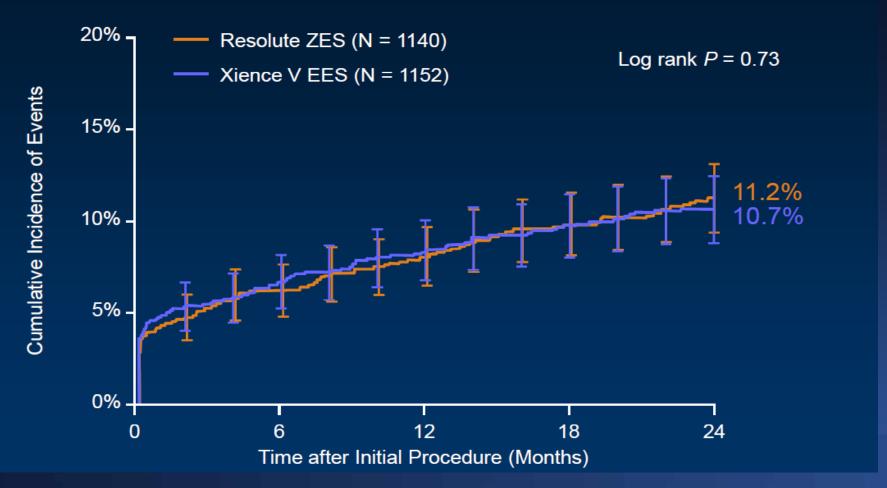
# **RESOLUTE ALL Comers Trial**

Patient: 2292 All comers (Minimum exclusion criteria)

**Intervention:** Resolute ZES **Comparison:** Xience V EES

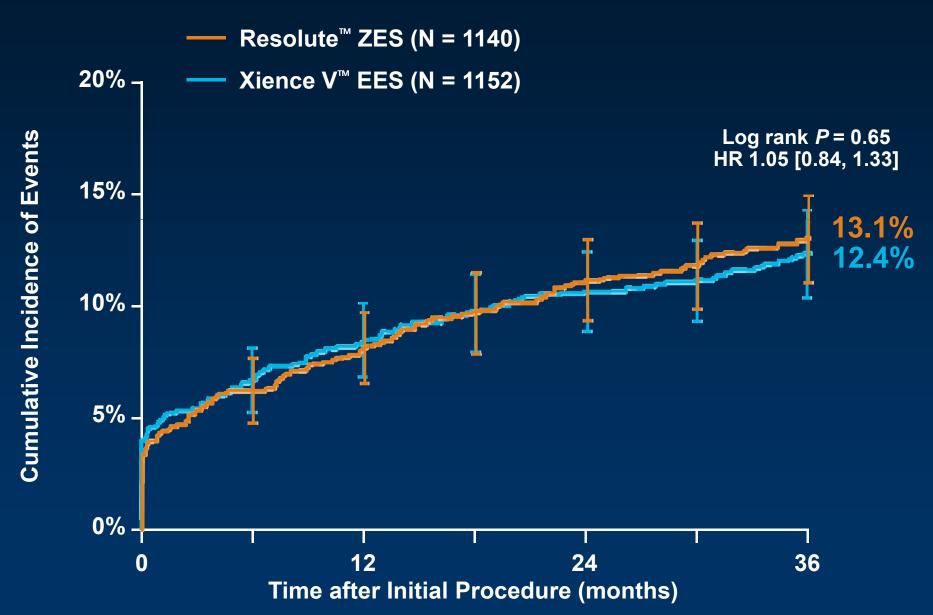
Outcomes: Target Lesion Failure up to 2Y

#### Target Lesion Failure to 2 Years (Cardiac Death, TV-MI, CD-TLR)





#### Target Lesion Failure to 3 Years

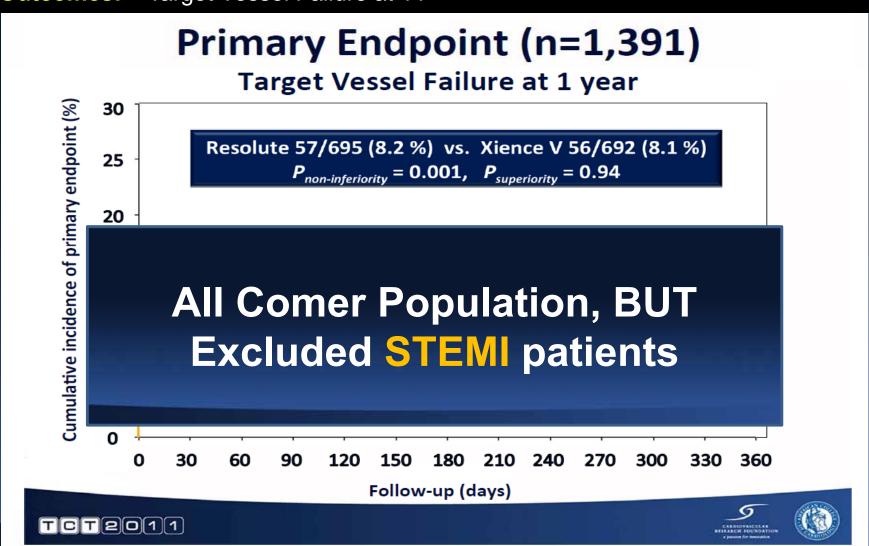


## **TWENTE Trial**

Patient: 1391 All comers (excluded STEMI patients)

**Intervention:** Resolute ZES **Comparison:** Xience V EES

Outcomes: Target Vessel Failure at 1Y

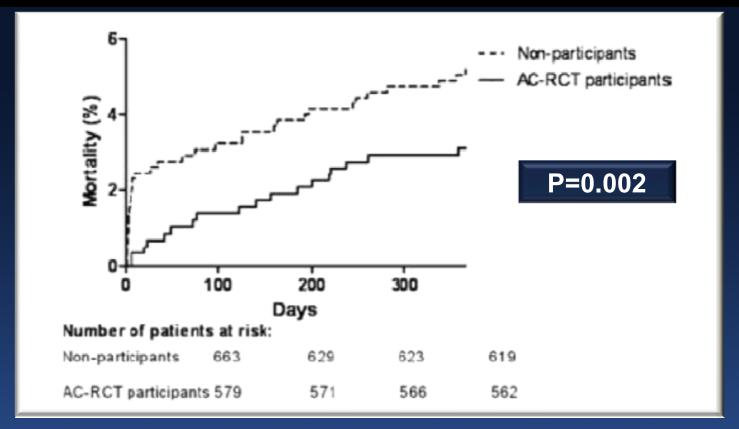


# All Comers RCTs = Real-world practice?

Patient: 1242 consecutive patients in Erasmus Medical Center

**Trials:** LEADERS, RESOLUTE ALL Comers trial **Comparison:** AC-RCTs Participants vs. Non-Participants

Outcomes: All-cause mortality at 1Y



Evenif they are "all-comers" in AC-RCT, the actually-enrolled patients were only 48% of consecutive patients and their prognosis was significantly better than non-participants to AC-RCT.



# Objective of Korean Registries

To assess clinical outcomes of Resolute ZES versus XienceV/Promus EES in the real world all-comers

- Primary Endpoint: Target Lesion Failure
   (Cardiac death, Target vessel MI, TLR)
- Secondary Endpoint: Patient-oriented
   composite outcome (All death, Any MI, Any Revascularization)



# HOST-registries in Korea

EXCELLENT

**RESOLUTE-Korea** 

**Devices** 

Xience V/Promus

**Endeavor Resolute** 

**Enrollment Periods** 

2008.04~2010.05

2009.01~2010.06

Inclusion

All-Comers who were treated with at least 1 EES or ZES-R

Participating Centers

29 Centers

25 Centers

Exclusion

Only exclusion criterion was rejection of patient

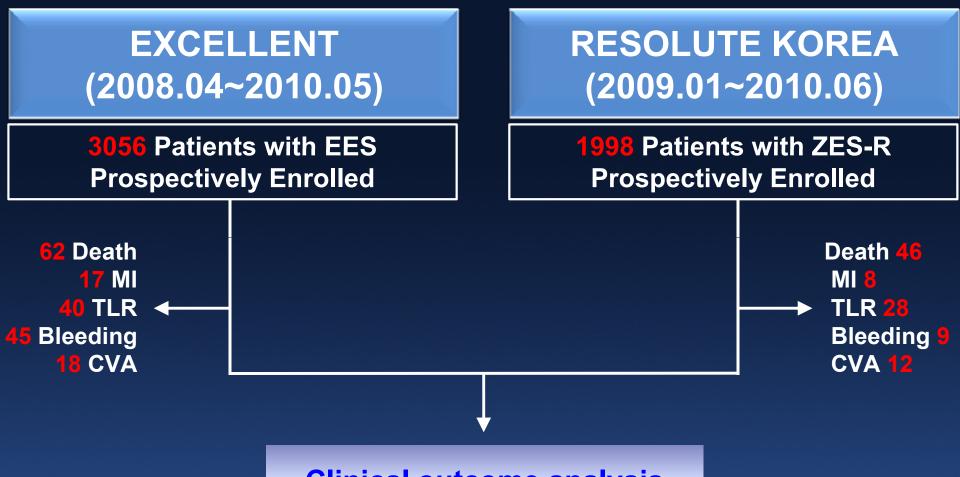
Complete Follow-up

98.2% †

98.4% †

† The vital status of 100% of the patients were cross-checked with the national system (mandatory national health insurance). Therefore, even in those lost to follow-up, the occurrence of death was confirmed.

# HOST-registries in Korea



#### **Clinical outcome analysis**

Primary Analysis Endpoint	Stent-oriented composite outcome	Target Lesion Failure
Major Secondary Analysis Endpoint	Patient-oriented composite outcome	Composite of Any death, Any revascularization, Any MI

## EES versus ZES in All Comers HOST-registries

#### **ARTICLE IN PRESS**

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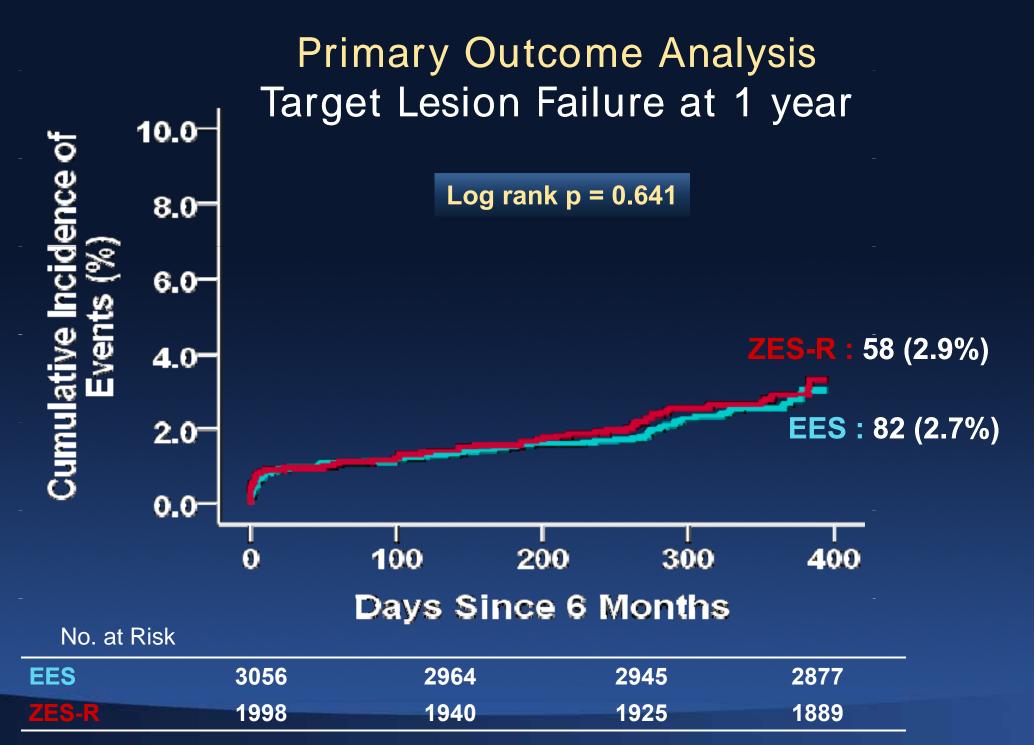
Vol. xx, No. x, 2013 ISSN 0735-1097/\$36.00 http://dx.doi.org/10.1016/j.jacc.2012.11.015

## Safety and Efficacy of Second-Generation Everolimus-Eluting Xience V Stents Versus Zotarolimus-Eluting Resolute Stents in Real-World Practice

Patient-Related and Stent-Related Outcomes from the Multicenter Prospective EXCELLENT and RESOLUTE-Korea Registries

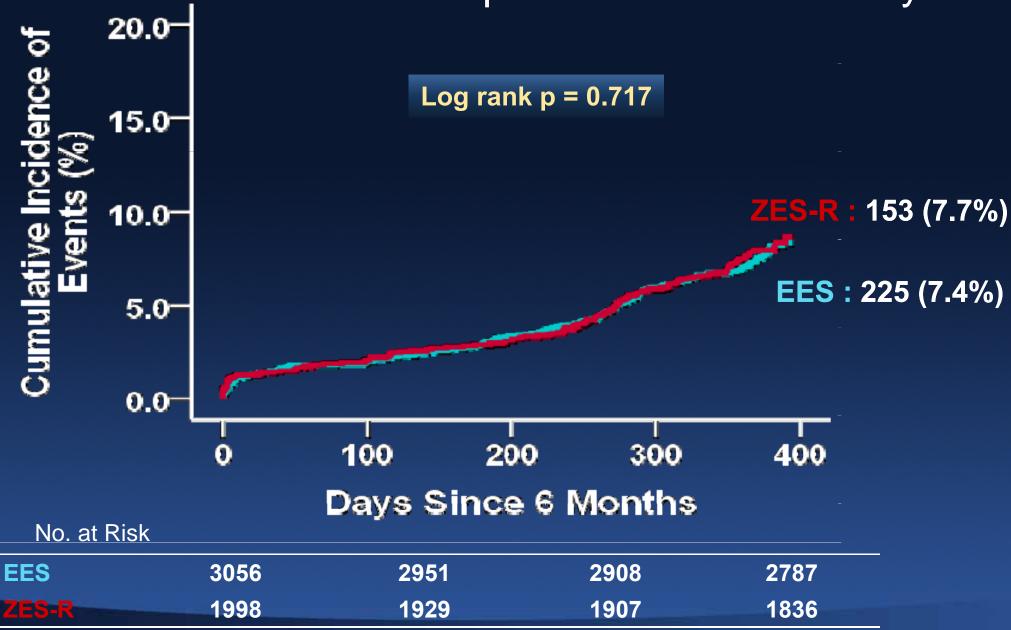
Kyung Woo Park, MD, PhD,\* Joo Myung Lee, MD,\* Si-Hyuck Kang, MD,\* Hyo-Suk Ahn, MD,\* Han-Mo Yang, MD, PhD,\* Hae-Young Lee, MD, PhD,\* Hyun-Jae Kang, MD, PhD,\* Bon-Kwon Koo, MD, PhD,\* Janghyun Cho, MD, PhD,† Hyeon-Cheol Gwon, MD, PhD,‡ Sung Yoon Lee, MD, PhD,\$ In-Ho Chae, MD, PhD,|| Tae-Jin Youn, MD, PhD,|| Jei Keon Chae, MD, PhD,¶ Kyoo-Rok Han, MD, PhD,# Cheol Woong Yu, MD, PhD,\*\* Hyo-Soo Kim, MD, PhD\*

Seoul, Suncheon, Koyang, Seongnam, Jeonju, and Bucheon, Korea



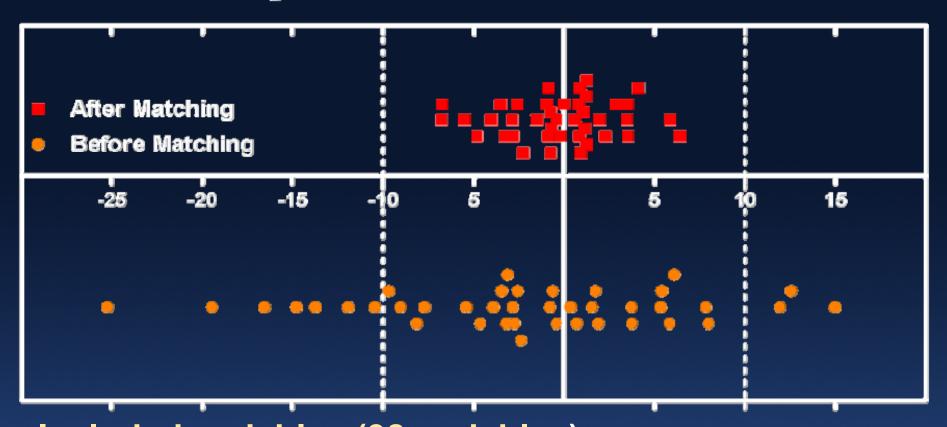
## Major Secondary Outcome Analysis

Patient-Oriented Composite Outcome at 1 year



# Propensity Score Matching

Percentage Standardized Difference of Variables

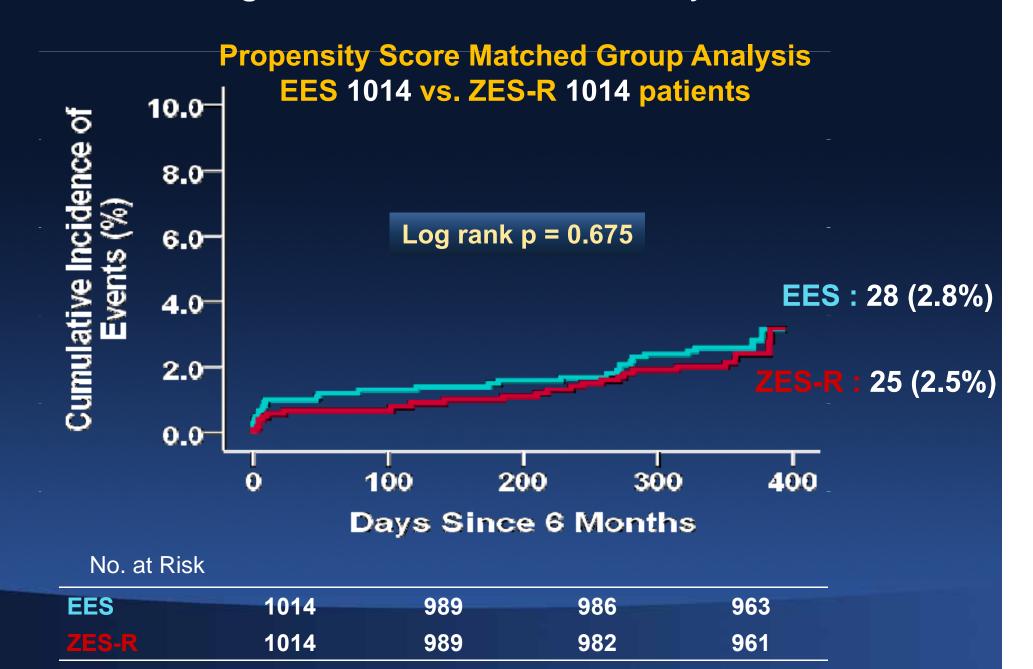


## Included variables (38 variables) : Age, Sex, Hypertension, Diabetes m

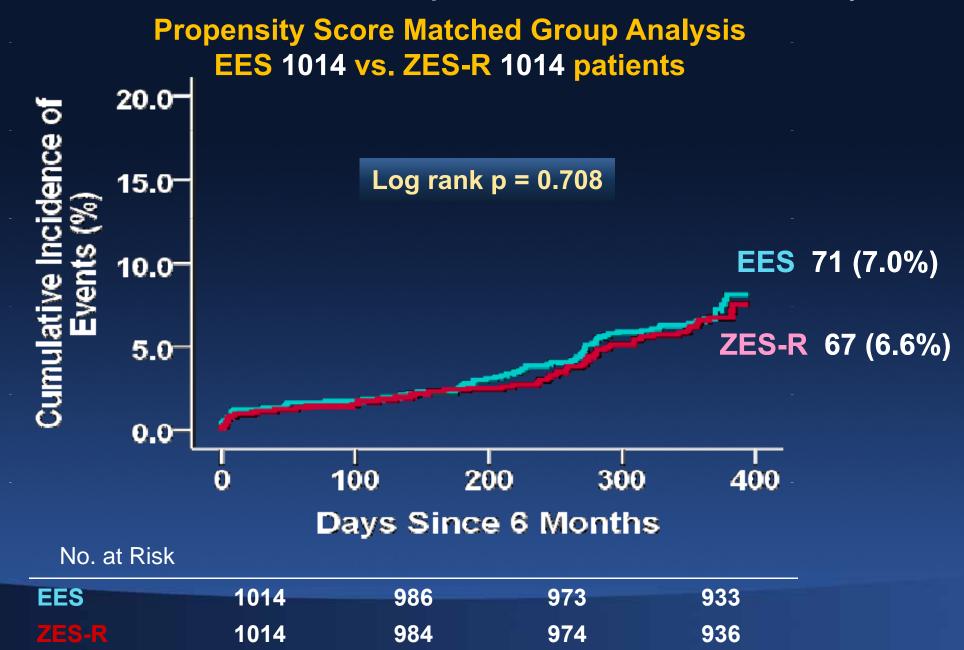
ellitus, Current smoking, Dyslipidemia, Chronic renal failure, Peripheral vascular disease, Family histor y of cardiovascular disease, LVEF, Serum Creatinine, Previous PCI, Previous coronary bypass surgery, Previous MI, Previous congestive heart failure, Previous cerebrovascular accident, Angiographic extent of disease (1 vessel disease [VD], 2VD, 3VD), Clinical indication of PCI (stable angina, unstable angina, non ST segment elevation MI [NSTEMI], ST segment elevation MI [STEMI], silent ischemia), Left main co ronary artery stenting, Bypass graft PCI, In-stent restenosis lesion, Bifurcation, The presence of thromb us which was induced thrombosuction, Long lesion (lesion length ≥ 28 mm), Small vessel treatment(ref erence diameter ≤ 2.75 mm), Off label indication, Baseline medications including insulin, and Multivess el procedure (2 or more vessel stenting) or not.



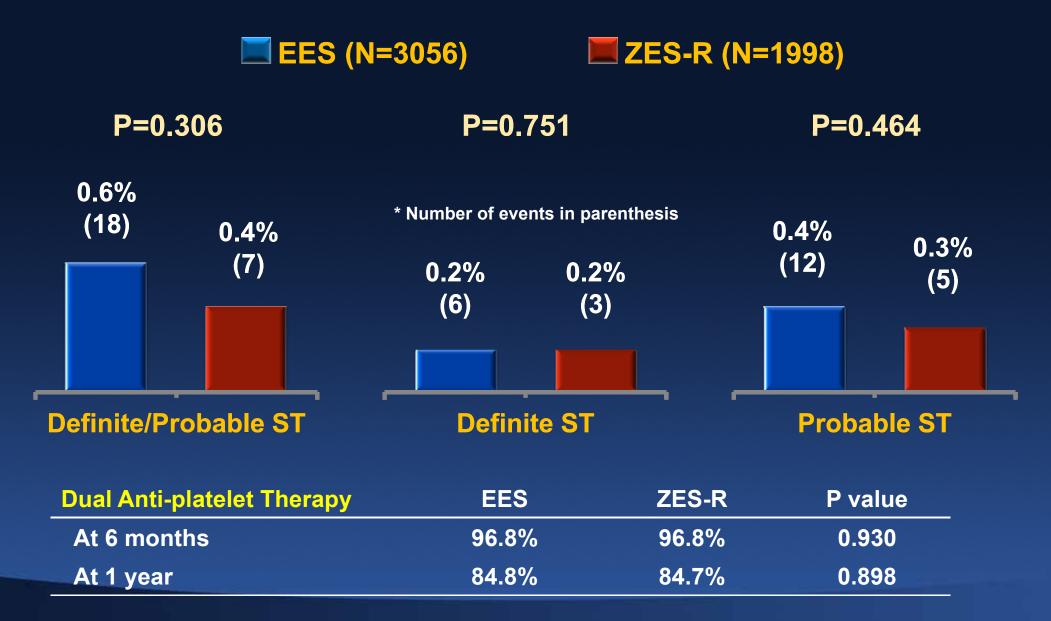
# Primary Outcome Analysis Target Lesion Failure at 1 year



# Major Secondary Outcome Analysis Patient-Oriented Composite Outcome at 1 year



# Stent Thrombosis at 1 year ARC defined Stent Thrombosis



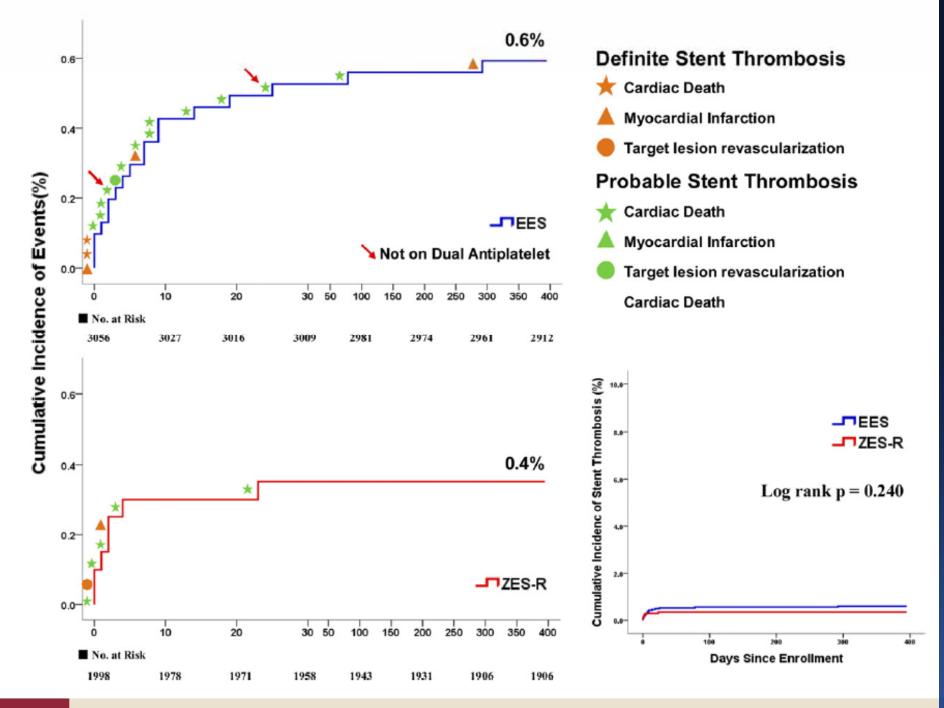


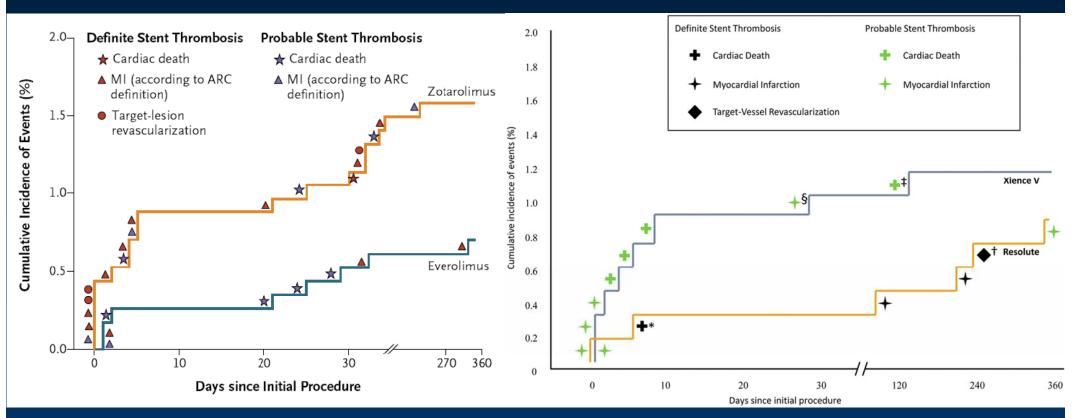
Figure 2 Survival Analysis: Definite or Probable ST

## **RESOLUTE All Comers vs. TWENTE**

Stent Thrombosis (Definite/Probable) to 1 Year

#### **RESOLUTE All Comers**

#### TWENTE



Serruys PW, et al. N Engl J Med. 2010;363(2):136-46

Von Birgelen C, et al. J Am Coll Cardiol. 2012;59:1350-61

Results from clinical trials are not directly comparable.

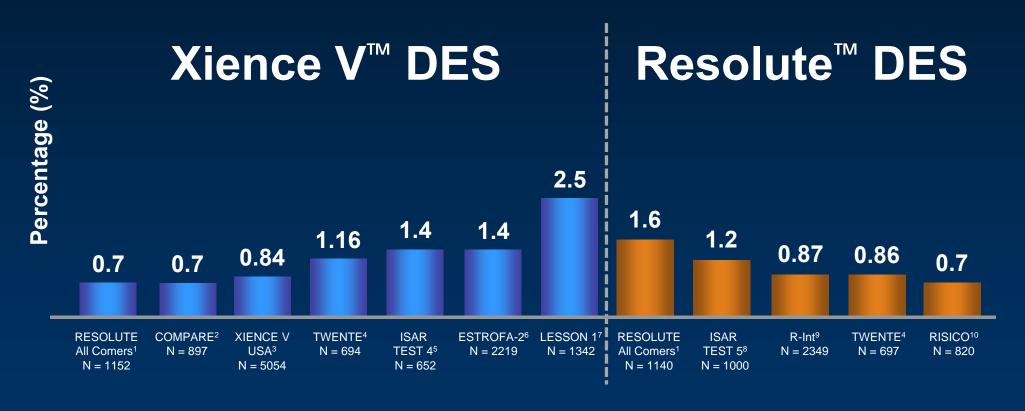
# Stent Thrombosis – Pooled Analysis with RESOLUTE ALL Comers, TWENTE trials

	EES	ZES-R		Odds Ratio	Odds Ratio		
Study or Subgroup	Events Total	<b>Events Total</b>	Weight	M-H. Random, 95% Cl	M-H. Random, 95% CI		
EXCELLENT vs RESOLUTE	18 3056	7 1998	33.6%	1.69 [0.70, 4.04]	<b>-†*</b> -		
RESOLUTE ALL COMER 2YR	11 1128	21 1121	38.4%	0.52 [0.25, 1.07]	<b>-</b> ■†		
TWENTE	8 692	6 695	28.0%	1.34 [0.46, 3.89]	-		
Total (95% CI)	4876	3814	100.0%	1.00 [0.46, 2.19]			
Total events	37	34					
Heterogeneity: Tau <sup>2</sup> = 0.27; Chi <sup>2</sup> = 4.71, df = 2 (P = 0.10); I <sup>2</sup> = 58%							
Test for overall effect Z = 0.01 (F					0.01 0.1 1 10 100 Favours EES Favours ZES-R		

Pooled OR for definite/probable ST : <u>1.00 (95% CI 0.46-2.19)</u>, p=0.99

# ST in Real World Trials Studies not powered for this low frequency ST event

#### **ARC Definite/Probable ST at 12 Months**



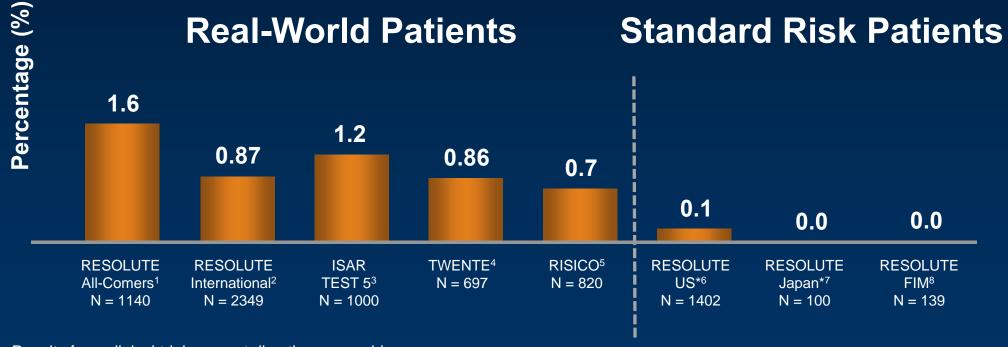
Results from clinical trials are not directly comparable. Real world data not yet available for Promus Element DES.

<sup>1</sup> Serruys PW, et al. *N Engl J Med.* 2010;363:136-46. <sup>2</sup> Kedhi E, et al, *Lancet.* 2010;375:201-9. <sup>3</sup> Krucoff MW, et al. *J Am Coll Cardiol Intv.* 2011;4:1298–309. <sup>4</sup> Von Birgelen C, et al. *J Am Coll Cardiol.* 2012;59:1350–61. <sup>5</sup> Kastrati A, TCT 2009. <sup>6</sup> De la Torre Hernàndez JM, et al. *J Am Coll Cardiol Intv.* 2010;3:911–9. <sup>7</sup> Räber L, et al. *J Am Coll Cardiol.* 2011;57:2143–51. <sup>8</sup> Massberg S, et al. *Circulation.* 2011;124:624-32. <sup>9</sup> Neumann FJ, et al. *EuroIntervention.* 2012;7(10):1181-8. <sup>10</sup> Romagnoli G, et al. *Catheter Cardiovasc Interv.* 2012;79:567–74.

## Stent Thrombosis depends on risk profiles

Results from the RESOLUTE Program and Independent Physician Initiated Trials

ARC Def/Prob Stent Thrombosis at 1 y



Results from clinical trials are not directly comparable.

<sup>\*</sup> Included dual vessel patients.

<sup>&</sup>lt;sup>1</sup> Serruys PW, et al. *N Engl J Med.* 2010;363:136-46. <sup>2</sup> Neumann FJ, et al. *EuroIntervention*. 2012;7(10):1181-8. <sup>3</sup> Massberg S, et al. *Circulation*. 2011;124:624-32. <sup>4</sup> Von Birgelen C, et al. *J Am Coll Cardiol*. 2012;59:1350–61. <sup>5</sup> Romagnoli G, et al. *Catheter Cardiovasc Interv*. 2012;79:567–74. <sup>6</sup> Yeung AC, et al. *J Am Coll Cardiol*. 2011;57:1778–83. <sup>7</sup> Saito S, CVIT 2011. <sup>8</sup> Meredith IT, et al. *J Am Coll Cardiol Intv*. 2009;2:977–85.

## Resolute vs XienceV/Promus

 After unrestricted use of 2<sup>nd</sup> generation DES in allcomers receiving PCI, <u>both stents showed</u> <u>comparable safety and efficacy at 1 year follow-up</u>, with very low event rates

• Overall incidences of target lesion failure and definite stent thrombosis were <u>low</u>, <u>even in</u> the patients with <u>off label indication</u>

• This is suggesting <u>excellent safety and efficacy</u> of both types of <u>second generation drug-eluting stents</u>.

# Everolimus-Eluting Xience V/Promus vs. Zotarolimus-Eluting Resolute Stents in Diabetics from the EXCELLENT vs. RESOLUTE-Korea Registries

HS Kim, MD, PhD
on behalf of the
EXCELLENT and Resolute-Korea Investigators

**Seoul National University Hospital** 





# **Study Flow**

EXCELLENT (2008.04~2010.05)

**3056** Patients with EES Prospectively Enrolled

RESOLUTE KOREA (2009.01~2010.06)

**1998** Patients with ZES-R Prospectively Enrolled

#### 1855 Diabetes with EES or ZES-R

Diabetes in EES N = 1149

Diabetes in ZES-R N = 706

**Clinical outcome analysis** 

#### 1593 Diabetes with Known DAPT Profile (86%)

6 M DAPT

N = 251

12 M DAPT

N = 1342

**Landmark Analysis at 6 months** 

SNUH

# **Baseline Characteristics in DM**

#### **Metabolic status**

Characteristic	EES (n = 1149)			ZES-R (n = 706)	
Diabetes Treatment					
No DM treatment	140	12.2%	69	9.8%	0.113
Life style modification only	50	4.4%	32	4.5%	0.907
Oral hypoglycemic agent	850	74.0%	500	70.8%	0.147
Insulin	140	12.2%	115	16.3%	0.015
HBA1C (%)	7.5 ± 1.5		7.6 ± 1.4		0.031
HBA1C < 7%	396	44.6%	192	38.2%	0.021
Total cholesterol (mg/dL)	166	.3 ± 44.3	163.0 ± 43.1		0.125
LDL cholesterol	98.9 ± 34.9		95.6 ± 33.8		0.066
LDL < 100 mg/dL	571	54.6%	339	59.1%	0.094
HDL cholesterol	41.5 ± 11.6		40.8	3 ± 10.8	0.212
Creatinine (mg/dL)	1.3 ± 1.6		1.4	1 ± 1.7	0.350

# **Baseline Characteristics in DM**

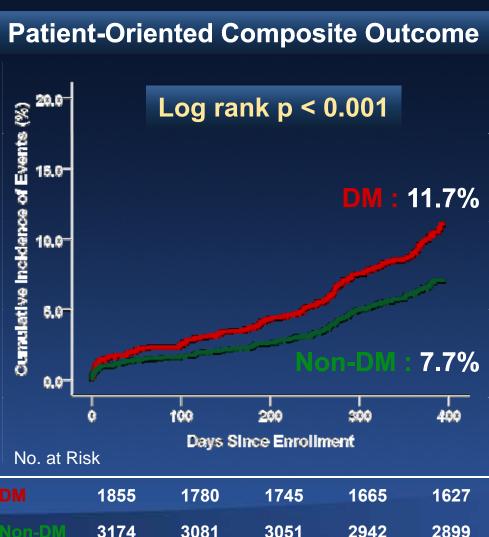
#### **Angiographic & Procedural Characteristics**

Characteristic	EES (n = 1149)		ZES-R (n = 706)		p-value
Angiographic disease extent					0.263
1-vessel disease	442	38.6%	245	34.9%	
2-vessel disease	360	31.5%	235	33.4%	
3-vessel disease	342	29.9%	223	31.7%	
No. of lesions treated/patient	1.53 ± 0.77		1.56 ± 0.85		0.436
No. of stents/patient	1.74 ± 1.00		1.74 ± 0.99		0.977
Total stent length/patient (mm)	39.80 ± 26.51		43.16 ± 26.80		0.008
In-stent restenosis	100	8.7%	50	7.1%	0.221
Bifurcation	158	13.8%	161	22.8%	<.001
Length ≥ 28 mm	501	43.6%	371	52.5%	<.001
Vessel diameter ≤ 2.75 mm	299	26.0%	172	24.4%	0.442
Left main PCI	66	5.7%	28	4.0%	0.090
GP IIb/IIIa inhibitor use	27	2.6%	24	3.4%	0.385
Use of IVUS or OCT	621	37.8%	367	37.8%	0.364
Off label indication	851	74.1%	581	82.3%	<.001

# Diabetes versus Non-diabetes Clinical outcomes at 1 year

Whole Patients of EXCELLENT (3056 patients) vs. RESOLUTE-Korea (1998 patients)





# **Stent Comparison in Diabetics**

EES vs. ZES-R

Primary Outcome in DM Target Lesion Failure at 1 year

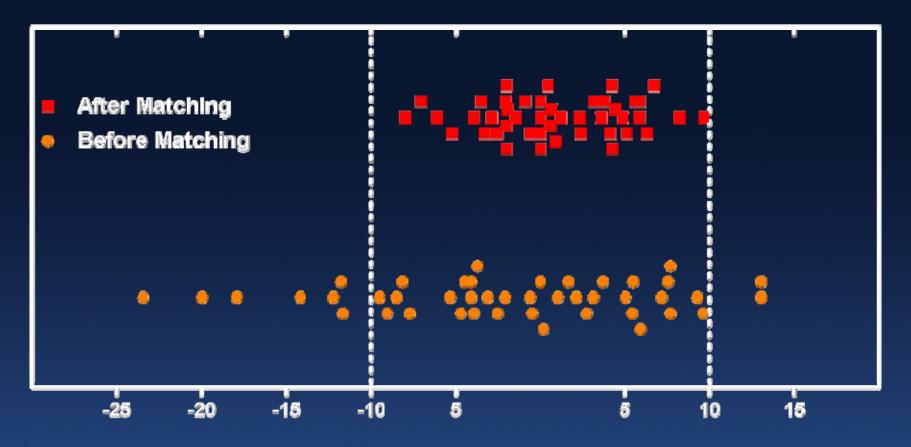


# Major Secondary Outcome in DM Patient-Oriented Composite Outcome at 1 year



# Propensity Score Matching in DM

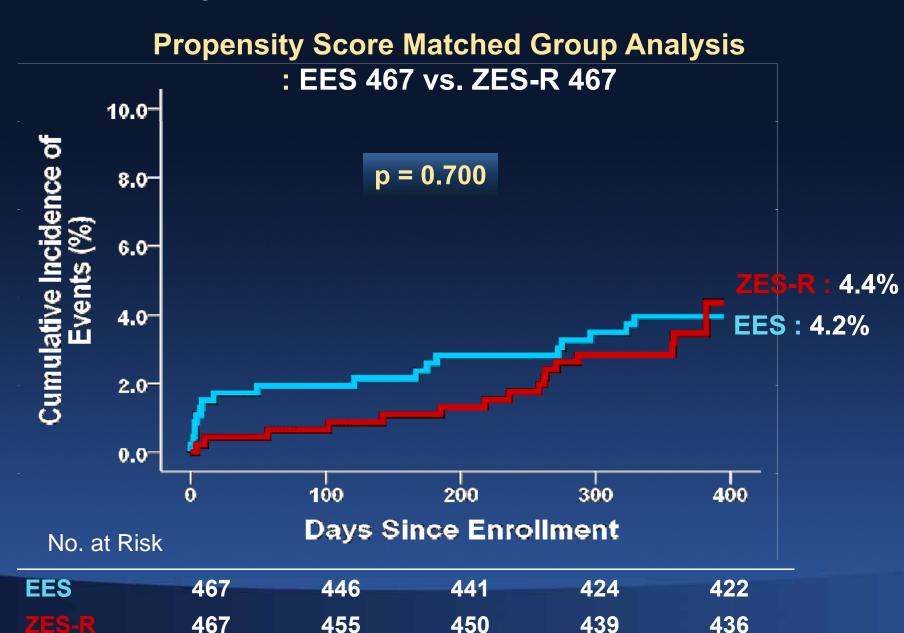
Percentage Standardized Difference of Variables



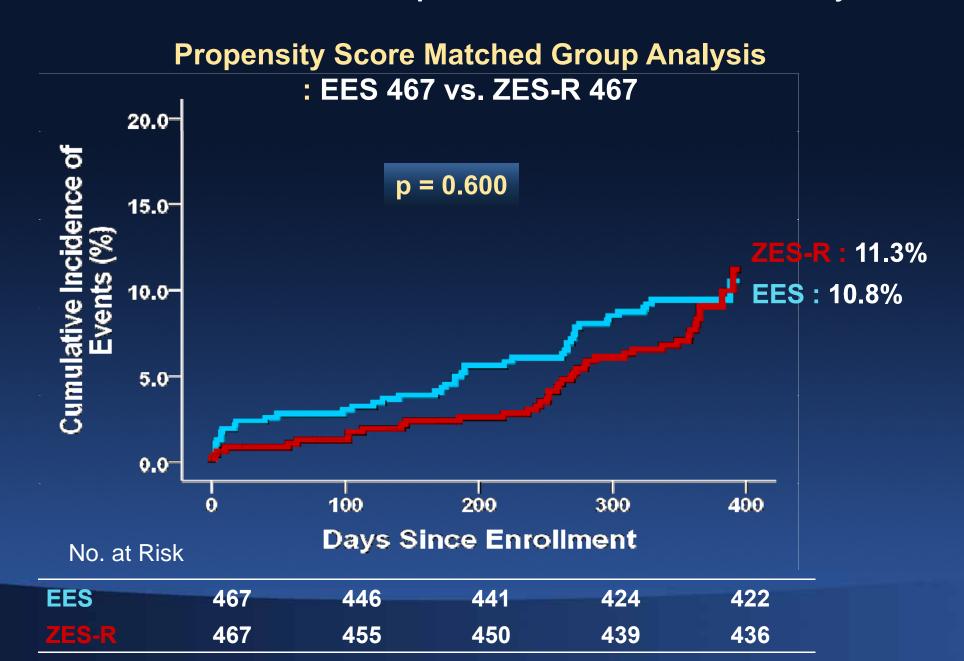
Included Variables (44 Variables): Age, BMI, EF, Creatinine, eGFR, Total treated lesi on number, HBA1C, Total cholesterol, LDL, Male, Previous PCI, Previous CABG, Previous MI, Previous CHF, CRF, Previous CVA, HTN, Peripheral vascular disease, Current Smoking, Dyslipidemia, Family hist ory of CAD, GPI Use, 1VD, 2VD, 3VD, In-stent restenosis, Bifurcation, Thrombotic total occlusion, Long I esion (≥ 28 mm), Small vessel (≤ 2.75 mm), Stable angina, Unstable Angina, NSTEMI, STEMI, Silent Isch emia, AMI, Off label indication, HBA1C < 7%, No treated DM, Therapeutic life style modification-DM, Oral hypoglycemic agent-DM, Insulin treated DM, LV dysfunction (LVEF < 30%), Multivessel PCI



# Primary Outcome in the Matched DM Target Lesion Failure at 1 year



# Major Secondary Outcome in the Matched DM Patient-Oriented Composite Outcome at 1 year



# 6M vs. 12M DAPT in Diabetics

6 Mo vs. 12 Mo

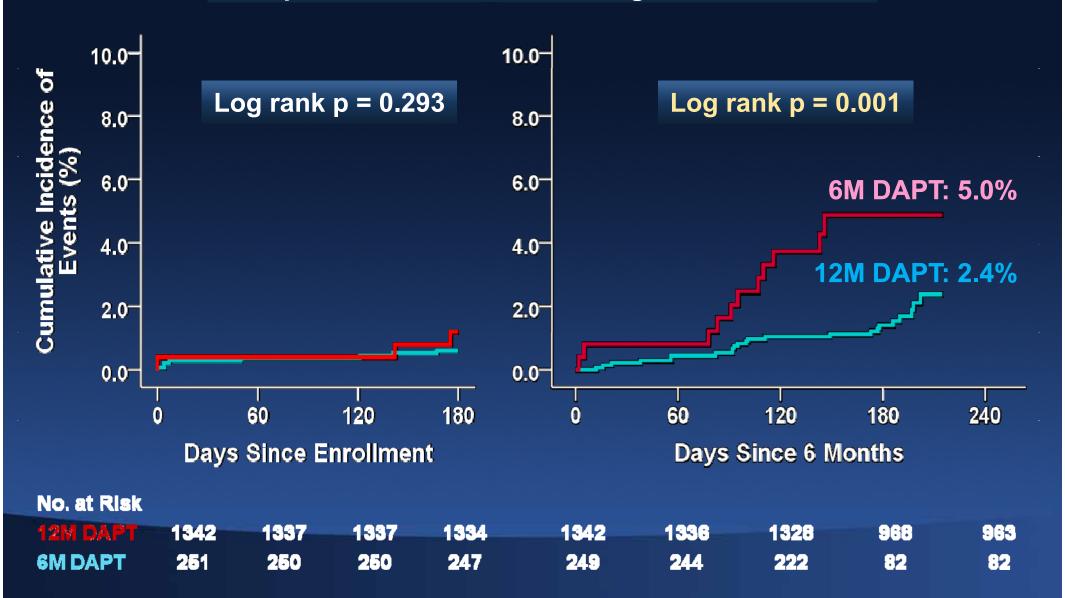
# **Baseline Characteristics**

**6M DAPT vs. 12M DAPT in Diabetics** 

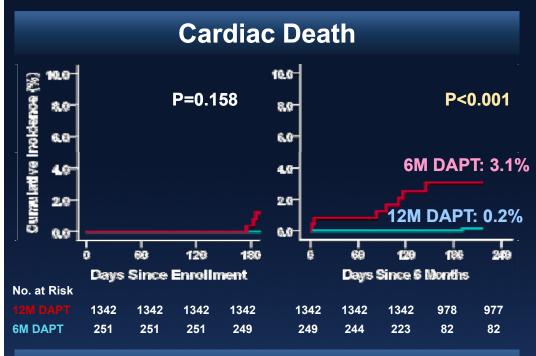
Characteristic	12M DAPT (n = 1342)		6M DAPT (n = 251)		p-value
Actual Duration of DAPT	369	.6 ± 17.1	298.3 ± 40.4		<.001
Used Drug-eluting stent					0.887
Xience V/Promus EES	836	62.3%	155	61.8%	
Resolute ZES	506	37.7%	96	38.2%	
Insulin treated Diabetes	174	13.0%	39	15.5%	0.312
LDL cholesterol (mg/dL)	98.65 ± 34.72		95.54 ± 34.22		0.223
eGFR (ml/min/1.73m²)	66.66 ± 28.02		67.88 ± 30.24		0.550
LV Ejection fraction	58.9 ± 11.5		57.6 ± 12.4		0.108
3-vessel disease	395	29.5%	79	31.7%	0.498
STEMI	154	11.5%	31	12.4%	0.747
In-stent restenosis	108	8.0%	17	6.8%	0.526
Bifurcation	236	17.6%	34	13.5%	0.120
Length ≥ 28 mm	629	46.9%	113	45.0%	0.630
Vessel diameter ≤ 2.75 mm	356	26.5%	55	21.9%	0.136
Off label indication	1028	76.6%	189	75.3%	0.686

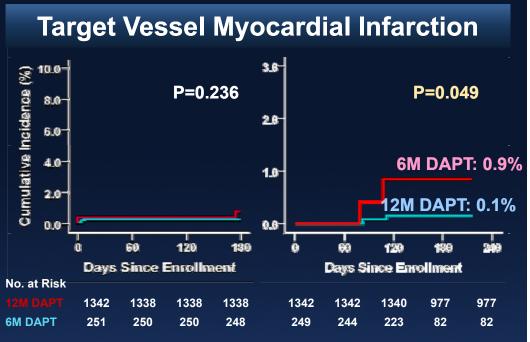
# Landmark Analysis of Target Lesion Failure at 6 Months

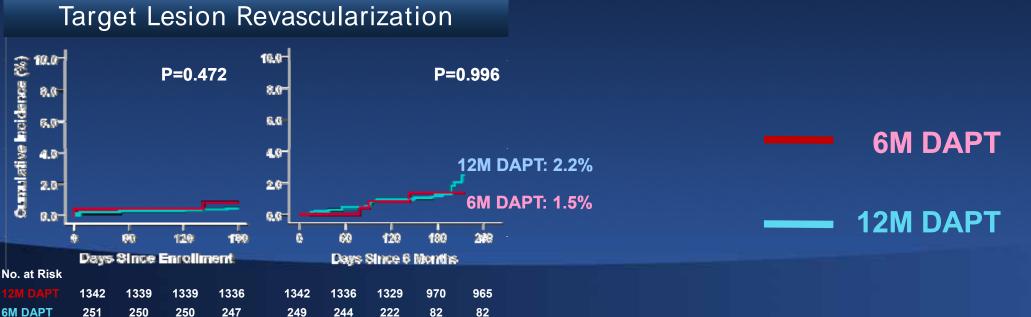
Composite of Cardiac death, Target vessel MI, TLR



# Landmark Analysis of Individual Components of Target Lesion Failure at 6 Months

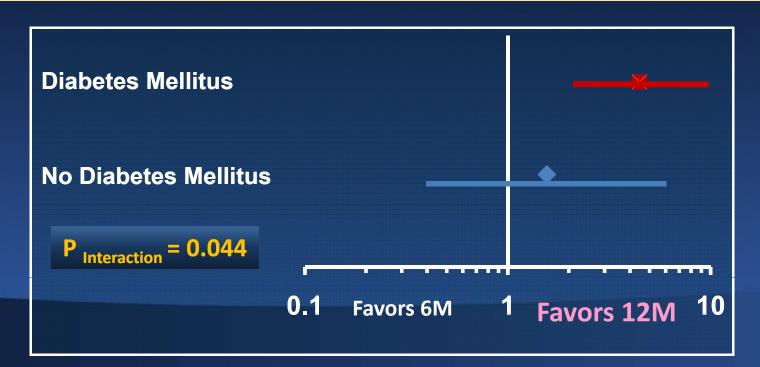






## Interaction between DM vs. duration of DAPT

	6M DAPT 12N		12M L	DAPT		
Subgroup	Events/ Patient	%	Events/ Patient	%	HR	p-value
Diabetes Mellitus	14/251	5.6%	31/ 1342	2.3%	4.459 (2.221-8.952)	<.001
No Diabetes Mellitus	5/337	1.5%	34/ 2382	1.4%	1.557 (0.589-4.117)	0.372





# **Independent Predictors of TLF in DM**

#### **Adjusted Hazard Ratio in Whole DM Population**

Factors	Hazard Ratio	95% C.I.	p-value
SAPT after 6 months	4.459	2.221 - 8.952	<.001
Chronic Renal Failure	4.393	1.913 – 10.087	<.001
In-stent restenosis	4.226	1.843 – 9.690	0.001
Left main PCI	4.082	1.561 – 10.674	0.004
Vessel diameter ≤ 2.75 mm	2.690	1.325 – 5.463	0.006
EES versus ZES-R ¶	0.922	0.475 – 1.788	0.810

#### **1** In Propensity Score Matched Group of Diabetes

EES versus ZES-R	1.237	0.595 – 2.571	0.570



## Resolute vs Xience: DM & DAPT duration

- After unrestricted use of 2<sup>nd</sup> generation DES in all-comers receiving PCI, <u>diabetics had significantly worse clinical outcomes</u> than non-diabetics.
- Within 2<sup>nd</sup> generation DES for DM,
  - → EES and ZES-R showed <u>similar outcomes</u> up to 1 year follow-up.
- In Diabetics → <u>shorter duration of DAPT</u> resulted in <u>significantly</u> worse <u>outcome</u> than prolonged duration of DAPT even with the use of 2<sup>nd</sup> generation DES.
- Our data support <u>longer-term DAPT</u> even with the use of 2<sup>nd</sup> generation DES <u>in diabetics</u>