

# **PCI for Chronic Total Occlusions**

# Chronic Total Occlusions

Why should we open ?

# Medical Treatment

CTO in 891 pts over 24 years



*Puma JA, et al. JACC 1994;23:390A*

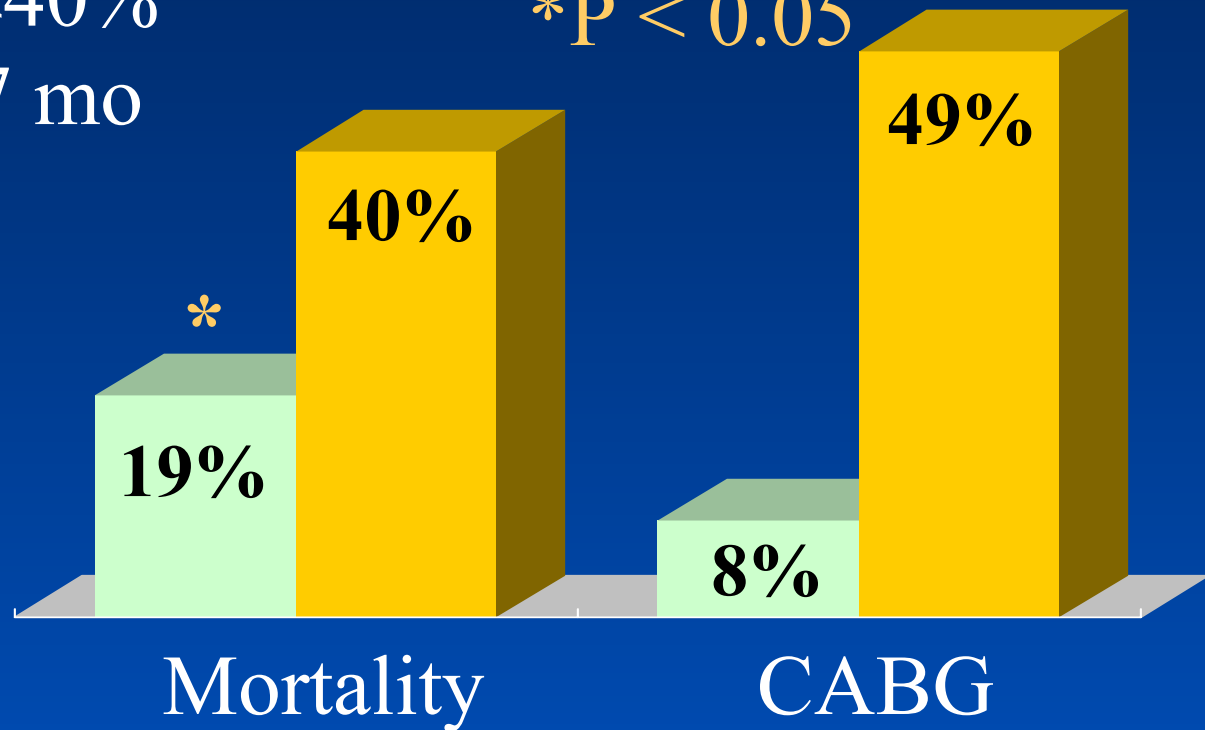
# Reopening of CTO

## Improves Survival

96 pts, EF < 40%  
F/U 40 ± 17 mo

\*P < 0.05

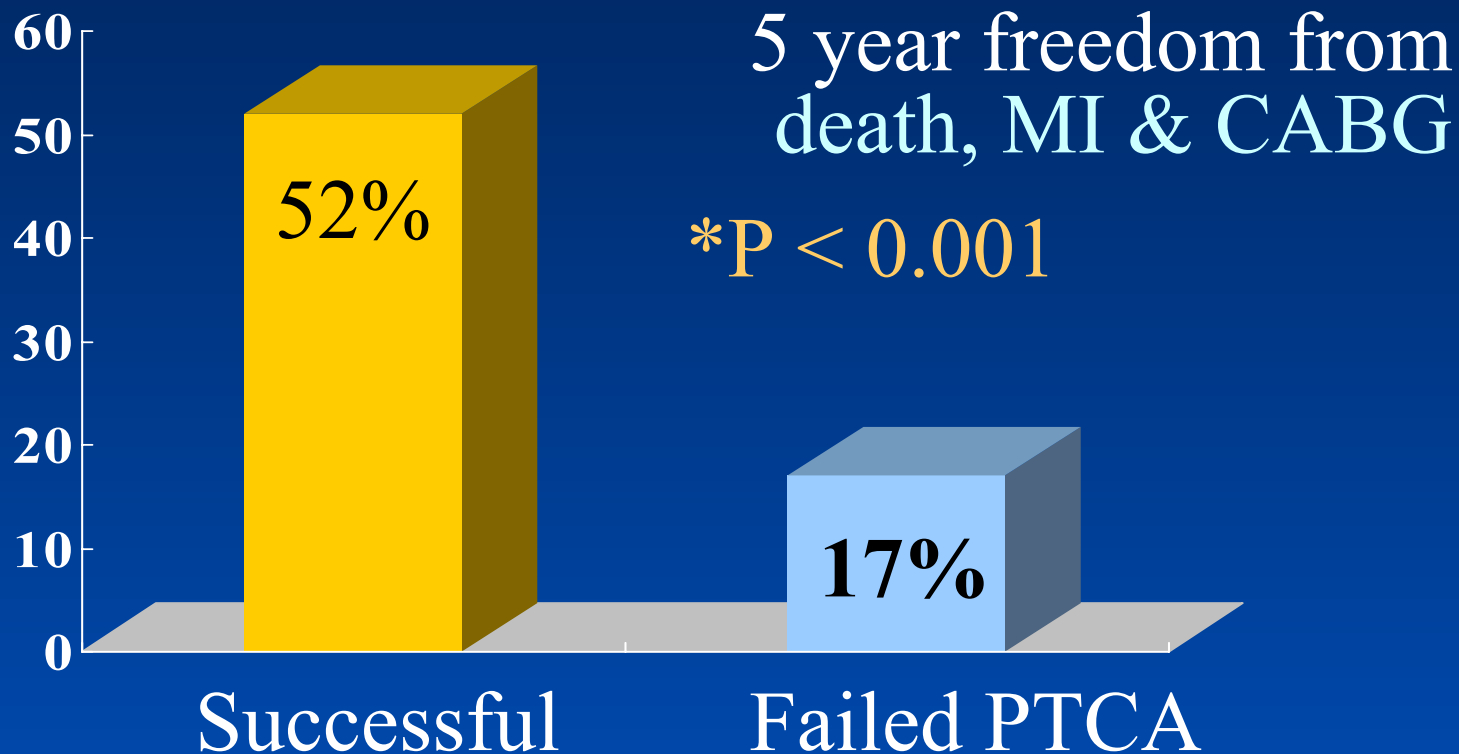
Successful  
Failed PTCA



*Schultze C, et al. Am J Cardiol 2002;90:148H*

# Reopening of CTO

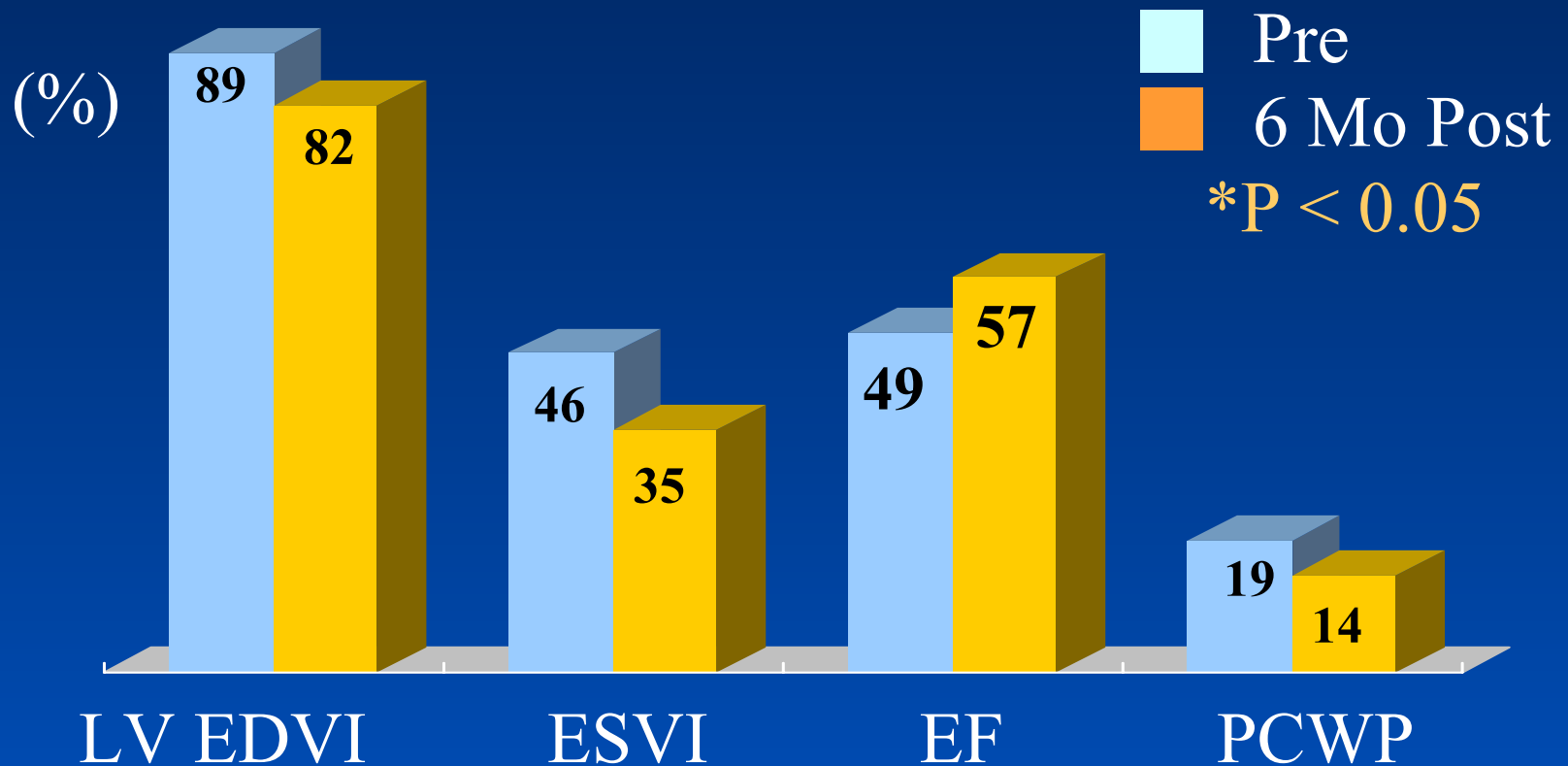
## Decrease MACE



*Bell MR, et al. Circ 1992;85:1033-11  
Clin Investig 1994;72:442-7*

# Reopening of CTO

## Improves LV Function



*Van Belle E, et al. AJC 1997;80:1150-1154*

# Chronic Total Occlusion

## Why PCI ?

- **To relieve symptom itself**
- **To improve LV function**
- **To improve late outcomes**

**Improved survival**

**Freedom from subsequent CABG**

# *Why challenging ?*

## **CTO Intervention**

- **Low Procedural Success**
- **High Restenosis Rate**



# Procedural Success

## Predictors

- **Duration of occlusion**
- **Length of occluded lesion**
- **Absence of antegrade flow**
- **Absence of stump**
- **Presence of bridging collateral**

# Procedural Success

## Favorable

## Unfavorable



**Tapered stump**



**Stump absent**



**Functional occlusion**



**Total occlusion**



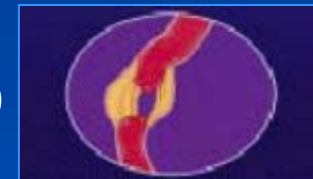
**Pre or post occlusion**



**Side branch(+)**



**Bridging collateral (-)**



**Bridging collateral (+)**

# Procedural Failure

## Multivariate analysis

<b>Variables</b>	<b><i>P</i> value</b>	<b>Odds ratio</b>
<b>Calcification</b>	<b>&lt; 0.01</b>	<b>2.56</b>
<b>Multivessel disease</b>	<b>&lt; 0.01</b>	<b>2.11</b>
<b>Lesion length &gt;20mm</b>	<b>&lt; 0.05</b>	<b>1.72</b>
<b>Duration of occlusion</b>	<b>0.96</b>	<b>1.21</b>

*Nouguchi et al, Cathet. Cardiovasc. Intervent 2000;49:258-64*

# Reopening of CTO

- **Conventional Guidewires**
- **New Generation Guidewires**
- **New Devices for crossing lesion**

**FrontRunner™ Catheter**

**OCR SafeSteer™ System**

**(Optical Coherence Reflectometry)**

**Flow Cardia Crosser™ System**

# Reopening of CTO

Conventional Guidewire

vs.

New Generation

# Conventional Wiring of CTO

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- **Success rate < 50%**
- **Age of occlusion is biggest determinant of failure**

# Ability to Cross CTO

## Hydrophilic-coated Guidewire

	Conventional (n=46)	Crosswire (n=42)	<i>P</i>
1 <sup>st</sup> GW success(%)	35	74	0.001
Crossover(%)	59	26	0.009
GW success after crossover(%)	37	0	<0.001
Total GW No.	1.7 ± 0.6	1.3 ± 0.5	<0.001
Procedure(min)	84 ± 33	42 ± 20	0.013

*Lefevre et al, Am J Cardiol 2000;85:1144-7*

# Ability to Cross CTO

## Laser Guidewire

<b>Procedural Success</b>	<b>50-59 %</b>
<b>Coronary Perforation</b>	<b>1-21 %</b>
<b>Restenosis at 18 weeks</b>	<b>20-31 %</b>
<b>Improved Angina Status</b>	<b>66%</b>
<b>Death / MI / CABG</b>	<b>0%</b>

*Hamburger JN, et al. AJC 1997;80:1419-1423*

*Hamburger, et al. JACC 1997;30:649-656*

*Schofer et al. JACC 1997;30:1722-1728*



# Guidewire in CTO PCI

**New generation guidewires may be effective in the treatment of CTO in case refractory to conventional guidewires.**

# **New Devices for CTO**

## **Crossing Lesion**

- **FrontRunner™ Catheter**
- **OCR SafeSteer™ System**  
**(Optical Coherence Reflectometry)**
- **Flow Cardia Crosser System**

# FrontRunner Catheter

## Intraluminal MicroDissection



- **Blunt controlled passage through occlusion**
- **Uses elastic properties of adventitia vs. inelastic fibrocalcific plaque**

# FrontRunner Catheter

## Advantages

- Torqueable
- Guide support
- Directable/Steerable
- Hydrophilic coating
- Blunt tip to avoid perforation
- Avoids side branches

## Disadvantages

- Difficult anatomy: tortuosity, small vessel, heavy calcium
- Expensive
- 8 Fr guiding for curved jaw
- Failure Modes

# FrontRunner Technique

- 6 or 8 Fr guiding catheter
- Collateral visualization
- Tip shapeable and steerable
- Engagement in CTO & Jaw opening
- Torque and advance / retract
- Intraluminal vs subintimal
- Replace with guidewire
- Dilate and stent

# FrontRunner Catheter

## Milan Experiences

50 pts with 50 CTO, Refractory to guidewire  
Mean occlusion length **38.3 ± 22 mm**

- Overall Device Success 50 % (25)
- Coronary perforation 17.3 % (9)
- Adverse events @ 30 days 15.7 % (8)  
7 non-Q wave MI, 1 sudden death

Relatively high risk of perforation !

*A Colombo et al, ACC 2004*

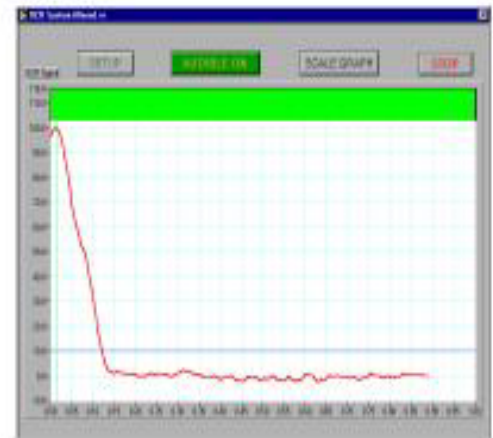
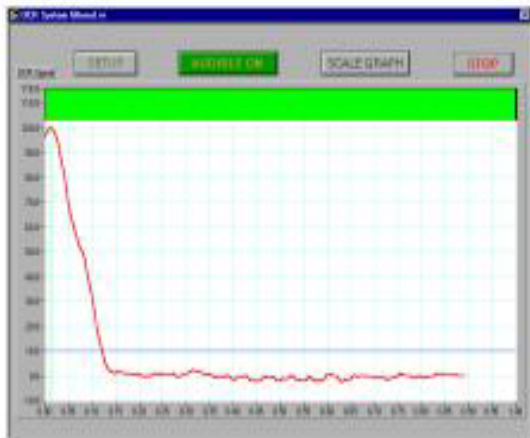
# OCR SafeSteer System

- Forward looking guidance system, using OCR to determine tissue types (plaque vs arterial wall).
- Designed to navigate through total occlusion.



# OCR SafeSteer System

## OCR Wavefore Displays





# OCR SafeSteer System

Conventional  
OCR Guide  
Wire



RF Ablation /  
OCR Guide  
Wire



# OCR SafeSteer System

## Pilot Study

	Safe-Cross (n=13)	Conventional wire (n=13)
Age (years)	70	60
Male	92 %	85 %
Occlusion length	40.2 mm	12 mm
Occlusion age	3.4 years	5 years
Success crossing	11 (85 %)	8 (62 %)

*Heuser RR et al, TCT 2002*

# The Crosser™ System

## New Devices for CTO

- **Generator**  
converts line power into high frequency current
- **Transducer**  
converts electric current into mechanical vibration
- **The Crosser catheter**



# The Crosser™ System

## Pilot Study

54 pts with 56 CTO, Refractory to guidewire  
Mean occlusion length **27 mm** (8~46 mm)

- Average time spent 2:43 min
- MACE (2 NQMI) 3.6 % (2/56)
- Clinical perforation 0 %

**High frequency mechanical  
recanalization is a promising technology.**

*G. Sutsch et al, JIM 2004*

# Role of New Devices

- FrontRunner™ Catheter
- OCR SafeSteer™ System
- The Safe Crosser™ System

**May be useful for specific CTO cases refractory to conventional system.**

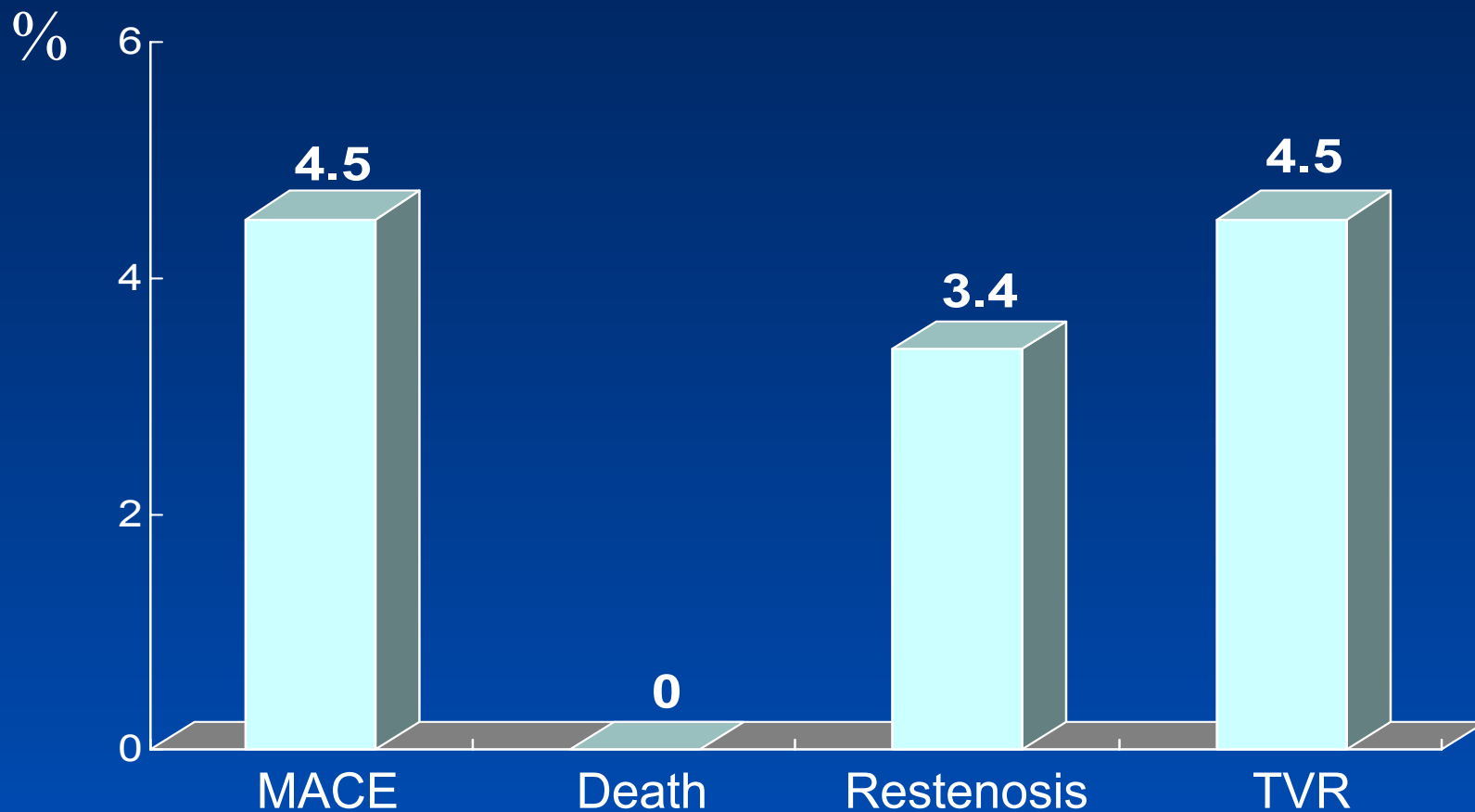
# High Restenosis Rate of CTO

Is not high anymore with the  
introduction of DES !

# Impact of DES on CTO Intervention

# CTO in 5 Asian Center

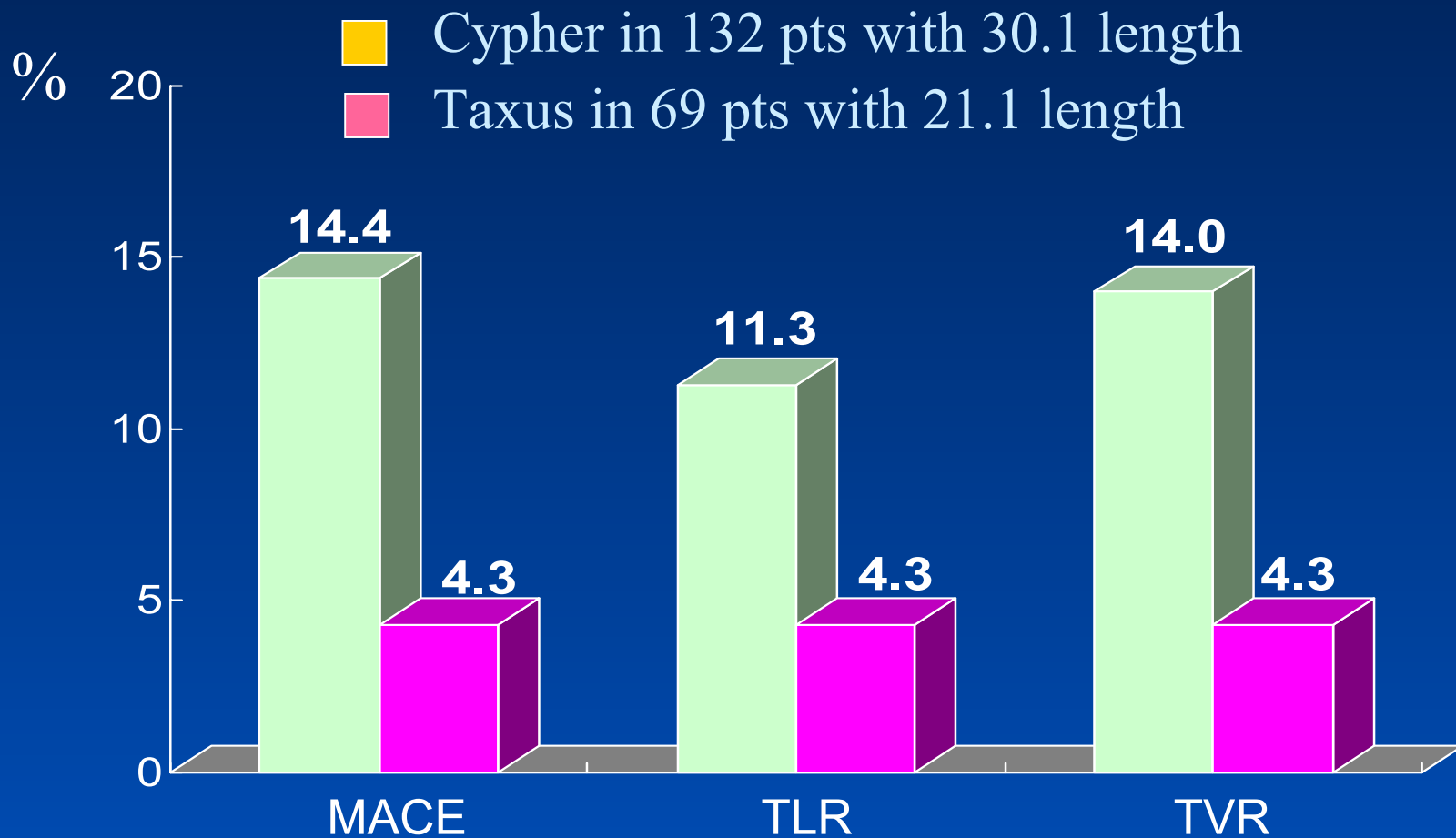
Total 88 pts with 102 CTOs treated with Cypher



*Nakamura et al, ACC 2004*



# CTO in Milan



*Colombo et al, ACC 2004*

# CTO from RESEARCH Registry

**CTO (>1 Mo), stented length 45 mm**

- **Restenosis @ 6 month** **9 %**
- **12 month Follow-up**
  - Death** **0 %**
  - AMI** **0 %**
  - TLR** **6.1 %**
  - MACE free survival** **96.4 %**

*Serruys et al, ACC 2004*

# CTO in AMC

## 6-Month QCA Analysis from 57 lesions with Cypher implantation

**6-month follow-up**

**25 / 32 eligible  
lesions (78%)**

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**Reference vessel (mm)**

**2.95 ± 0.57**

**MLD (mm)**

**2.58 ± 0.79**

**Late loss (mm)**

**0.30 ± 0.69**

**Diameter stenosis (%)**

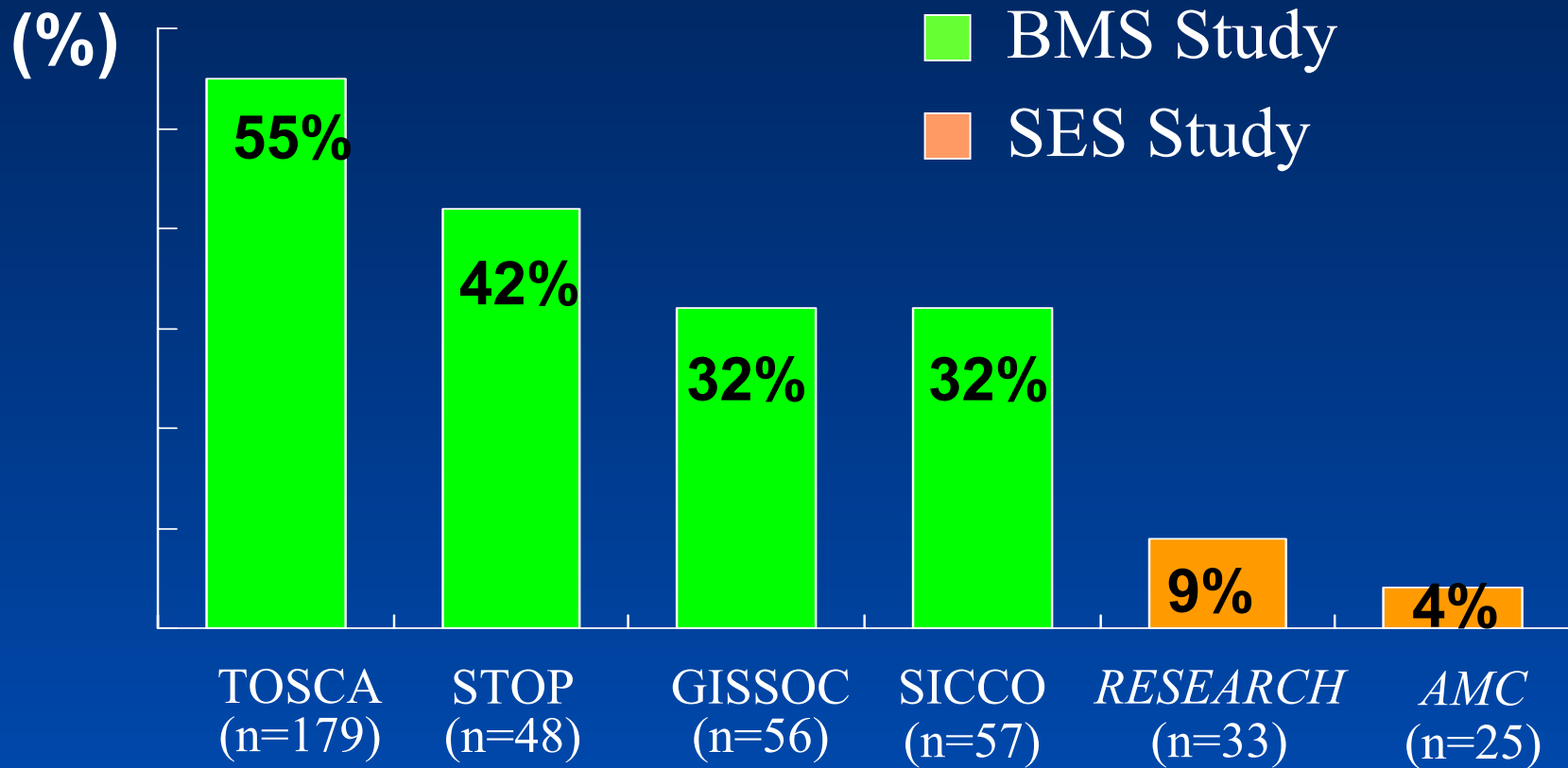
**12.2 ± 23.0**

**Binary restenosis (%)**

**1 (4%)**

# Historical Comparison

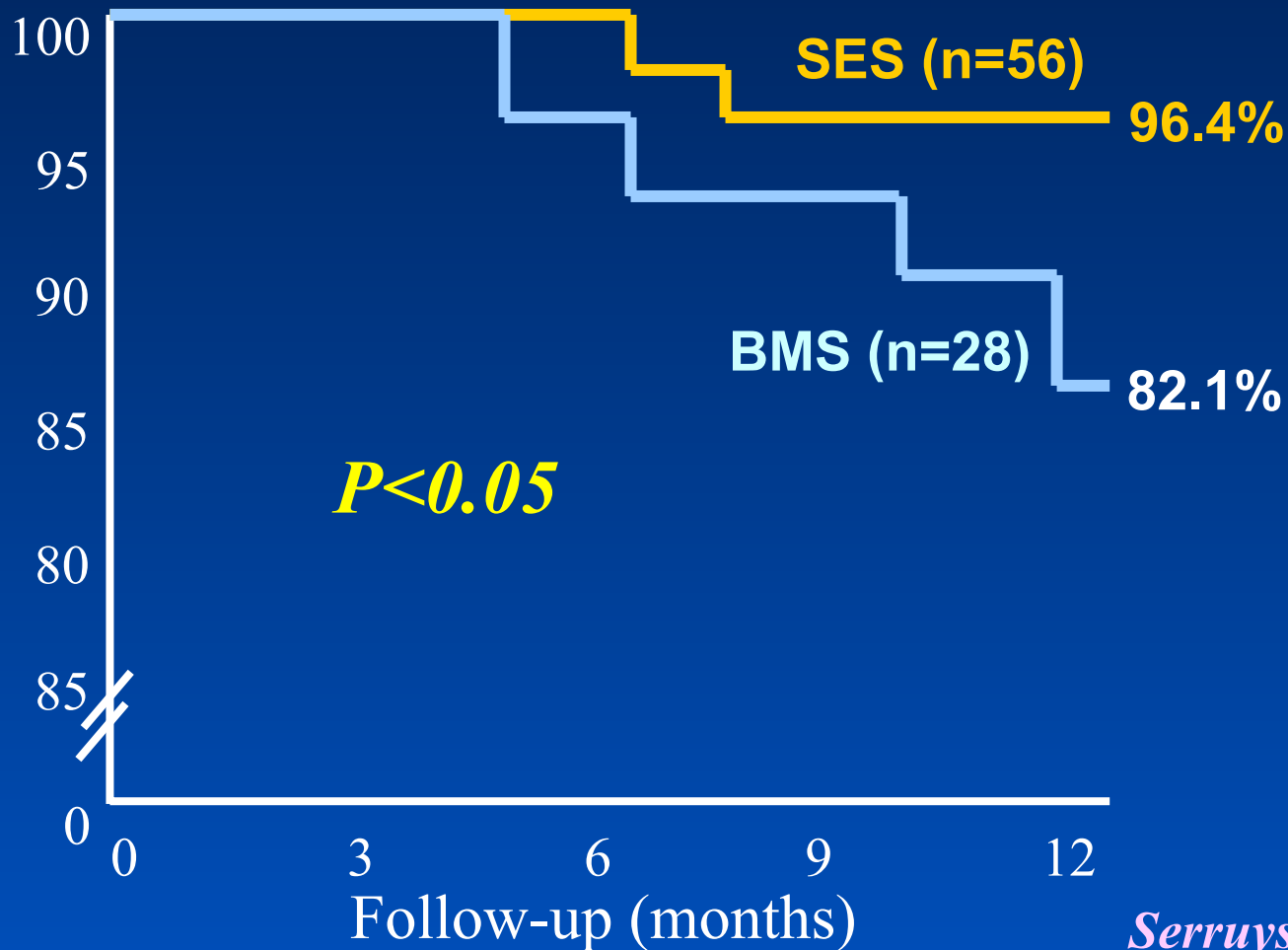
## 6 Month Restenosis Rate



*Serruys et al, ACC 2004*

# MACE Free Survival

## *RESEARCH Registry*



*Serruys, ACC 2004*

# CTO Intervention

- Reopening of total occlusion remains a challenging problem.
- New CTO device may be helpful to reopen the total occlusion.
- The efficacy of DES may be extended to the CTO lesion.