Endothelial Dysfunction Associated with DES: How Important?

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Conflict of Interest

Scientific Advisory Board to

- Abbott Vascular
- Boston Scientific Corpoaration
- Cordis
- Medtronic

Functional Endothelium



Biological Functions of Nitric Oxide



eNOS (Endothelial Nitric Oxide Synthase) is the protein that helps produce NO and is a marker of endothelial cell function

Reduced endothelial healing with DES

Clinical Pathology DES vs BMS



- DES consistently show less endothelialization compared with BMS regardless of time point.
- Even beyond 40 mo DES are not fully endothelialized, whereas BMS are completely covered by 6 to 7 mo

Joner et al. JACC 48:193;2006 Finn et al. Circulation 47;2007

Functional Endothelium Synthesize eNOS and Nitric Oxide (NO)

- Normal vessels <u>dilate</u> in response to exercise, pacing or acetylcholine (ACH) stress
 - This response is dependent on endothelial production of NO
- Atherosclerotic vessels are characterized by having endothelial dysfunction and <u>constrict</u> in response to exercise, pacing or ACH
 - This is explained by either a loss of endothelial cells or loss of eNOS expression, NO production or inactivation of NO by superoxides
 - Exercise and pacing leads to release of catecholamines (constrictors), ACH directly constrict the smooth muscle

Prognosis of Abnormal Endothelial Function in Native CAD or PAD

TABLE 2. Studies on the Prognostic Effect of Coronary and Peripheral Endothelial Dysfunction

	n	Population	Assessment of End Function	Mean Follow-Up, months	Cardiovascular Event Rate, %			End Dysfunction as
Study					Normal End Function	Mild End Dysfunction	Severe End Dysfunction	an independent Predictor of Events
Al Suwaidi et al ¹⁶	157	Pts without significant coronary stenoses	Coronary microvasculature	28	0	0	24	Not assessed
Schächinger et al ⁴⁷	147	Pts with various stages of CAD	Coronary macrovasculature	80				Yes
Halcox et al ¹⁷	308	Pts with/without CAD	Coronary micro-/macrovasculature	46				Yes
Perticone et al ⁵¹	225	Pts with untreated hypertension	Forearm microvasculature	32	5	11	23	Yes
Heitzer et al ⁵²	281	Pts with CAD	Forearm microvasculature	54				Yes
Gokce et al ¹⁸	187	Pts undergoing vascular surgery	Brachial artery	1	8	3	2	Yes

End indicates endothelial; Pts, patients.

Exercise-Induced Coronary Vasomotion and Balloon Angioplasty

Restoration of EC function measured early (4mo) or late (30mo) after PTCA



EC function after Cypher or Taxus Implants Clinical evaluation of ACH six months post-stenting



Kim, J. W. et al. J Am Coll Cardiol Intv 2008;1:65-71

Comparative DES Biocompatibility Study design

•Cypher, Taxus, Endeavor and Driver stents were implanted in porcine coronary arteries

•Harvest tissues 28 days after stenting

•Evaluate endothelial function

-Acetylcholine challenge just prior to euthanasia

•Evaluate inflammation and polymer biocompatibility —Real Time RT-PCR to evaluate local expression eNOS —Histological with immunohistochemistry for EC, eNOS, etc.

EC Function Assessed by ACH Challenge 28 Days After Stenting in Porcine Coronary Arteries



All vessels showed 100% endothelialization as determined by immunohistochemistry

Localization of eNOS Protein

Immunohistochemistry





eNOS protein was localized on the luminal surface of vessels proximal to Endeavor and Driver stents

Expression of eNOS mRNA

28 Days After Stenting by Quantitative Real Time PCR

eNOS, the protein that produces nitric oxide, is a marker of endothelial cell (EC) function



Both proximal and stented vessels have significantly more eNOS present with Endeavor stent than with either Cypher or Taxus

eNOS: endothelial nitric oxide synthase

Haraguchi et al., Transcatheter Cardivoascular Therapeutics; Washington DC; October 22-27, 2006.

Differences in EC Function Are these due to drug or polymer effects?

To attempt to answer this question we compared Endeavor Resolute to Xience stents 28 days after implantation in porcine coronary arteries

- Both are low profile stents
- Both utilize similar drugs with equal potency (zotarolimus and everolimus)
- Drug elution is similar for each stent at 28 days
- Both demonstrate 100% endothelialization at 28 days in the pig coronary artery model as determined by SEM or immunohistochemistry

The major difference is that Endeavor Resolute uses the hydrophilic BioLinx coating while Xience utilizes the hydrophobic fluoropolymer coating for drug delivery

Wilcox. *TCT*. 2007

EC Function Assessed by ACH Challenge 28 Days After Stenting in Porcine Coronary Arteries

Endeavor RESOLUTE (n=8)

Xience (n=8)



Acetylcholine challenge response Proximal to stents implanted in porcine coronary arteries

2.0

1.0

Baseline

Postacetylcholine Challenge

Vasodilation

Vasoconstriction

HYDROPHILIC



Endeavor and Endeavor Resolute stents show high eNOS levels, suggesting good NO production and a functional endothelium

Caution: Endeavor Resolute utilizing the BioLinx polymer is an investigational device, not approved for US sale or commercial use



HYDROPHOB IC



We hypothesize that inflammation exerts paracrine actions by releasing cytokines and ROS that affect the adjacent segments



Proximal Vasoconstriction creates areas of disturbed flow within the stent segment leading to further EC injury and platelet activation

Clinical: Vessel Function Methods

 Randomly treated with IVUS guided intervention using single stent to the mid segment of left anterior descending artery in patients with stable angina.

30 DES patients (15 SES, 15 ZES) versus 10 control patients (Driver[™])

- Endothelial function was prospectively estimated at pre- and post-intervention 6 months follow-up.
 - Incremental dose of acetylcholine into the left coronary ostium
 - 10, 20, 50, 100 µg over 1-min
 - each 5 min interval between doses
 - The infusion was stopped if > 90 % vasoconstriction was induced.
 - Maximum tolerable dose was followed by nitrate (200 µg/min)

JW Kim et al. ACC 2007

Endeavor Clinical: Vessel Function ACH Challenge Six Months Post-Stenting in Humans



JW Kim et al. ACC 2007 NTG=Nitroglcerine

Long-Term Coronary Endothelial Function After Endeavor Implantation

A 9 month comparison between Zotarolimus eluting and Sirolimus eluting stents

Dong II Shin et al International Heart Journal 2008; 49:639-652

Endothelium Dependent Vasomotion *Diameter Change in Response to ACH*



Shin, DI et al. Int Heart J 2008;49:639-652

Interference of Drug-Eluting Stents With Endothelium-Dependent Coronary Vasomotion

Evidence for Device Specific Responses

Hamilos, M. et al. Circulation Cardiovascular Interventions: 2008;1:193-200

Study Design Patient Flowchart

Figure 1. Flow chart of the study. Patients were excluded from the analysis because of in-stent restenosis (n=3), insufficient quality of the angiogram (n=4), or constriction of the reference segment (n=5)



Changes in Diameter From Baseline

Figure 2. Percent changes in mean diameter from baseline (mean±SEM) in all stent groups, at reference (A), proximal (B), and distal (C) segment



Reference segment

Hamilos, M. et al. Circ Cardiovasc Intervent. 2008;1:193-200

Changes in Diameter Proximal Segment

Figure 2. Percent changes in mean diameter from baseline (mean±SEM) in all stent groups, at reference (A), proximal (B), and distal (C) segment



Proximal segment

Hamilos, M. et al. Circ Cardiovasc Intervent. 2008;1:193-200

Changes in Diameter Distal Segment

Figure 2. Percent changes in mean diameter from baseline (mean±SEM) in all stent groups, at reference (A), proximal (B), and distal (C) segment



Distal segment

Vasomotion and Late Loss No Correlation Found

Figure 4. Scatterplots of in-segment late loss (A) and in-stent late loss (B) against vasomotion in the distal segment. There is no correlation between the variables



Hamilos, M. et al. Circ Cardiovasc Intervent. 2008;1:193-200

Relevance of Vasomotor Dysfunction to Late DES Thrombosis

