

**Very Long-term (>10 Years) Follow-up**

**After PCI and CABG:**

**Observations from CREDO-Kyoto  
PCI/CABG Registry Cohort-1 and -2**

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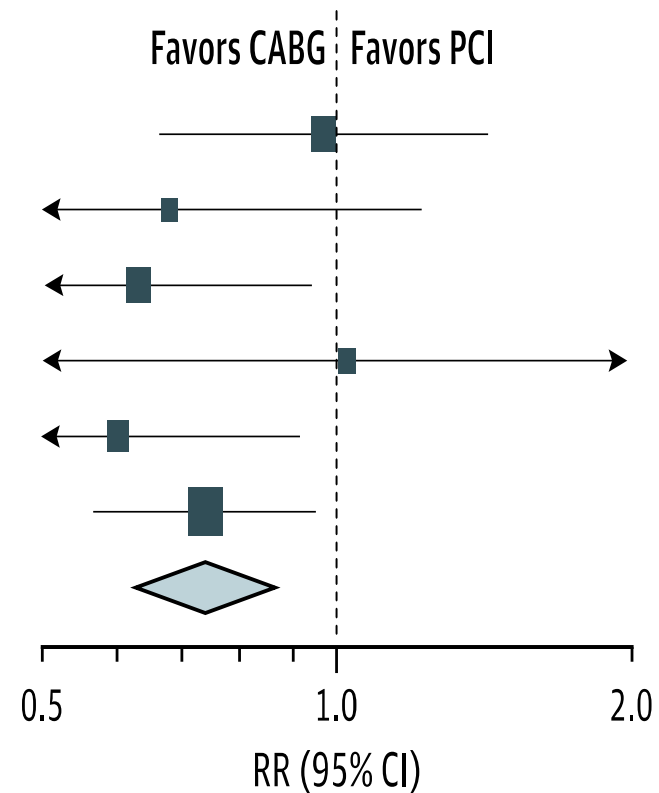
**Takeshi Kimura M.D.**

**Nothing to disclose.**

# Meta-analysis of RCTs comparing PCI versus CABG in Multivessel CAD: BMS/DES Era

## Mortality

| Source                             | Statistics for Each Study |         |         | Death/Total |          |
|------------------------------------|---------------------------|---------|---------|-------------|----------|
|                                    | RR (95% CI)               | Z Value | P Value | CABG        | PCI      |
| ARTS <sup>10,11</sup>              | 0.97 (0.66-1.43)          | -0.16   | .87     | 46/584      | 48/590   |
| MASS II <sup>6</sup>               | 0.67 (0.37-1.23)          | -1.29   | .20     | 16/203      | 24/205   |
| SoS <sup>2,15</sup>                | 0.63 (0.41-0.95)          | -2.23   | .03     | 34/500      | 53/488   |
| CARDia <sup>7</sup>                | 1.02 (0.39-2.69)          | 0.05    | .96     | 8/242       | 8/248    |
| SYNTAX multivessel <sup>9,12</sup> | 0.60 (0.39-0.92)          | -2.36   | .02     | 31/547      | 52/548   |
| FREEDOM <sup>16</sup>              | 0.73 (0.56-0.95)          | -2.31   | .02     | 86/947      | 118/953  |
| Meta-analysis                      | 0.73 (0.62-0.86)          | -3.69   | <.001   | 221/3023    | 303/3032 |



# RCT and Registry in Comparing PCI versus CABG

- RCT is the gold standard to compare the clinical outcomes after PCI and CABG.
- However, external validity of the findings from RCTs might be severely hampered by their exclusion criteria and the variations in ethnic, demographic, and procedural characteristics in the real clinical practice.
- Registry would be complementary to RCT in comparing PCI and CABG in the real world clinical practice.

# **CREDO-KYOTO PCI / CABG Registry**

**( Coronary REvascularization Demonstrating Outcome Study in Kyoto )**

**Multicenter registry enrolling consecutive patients with first coronary revascularization**

## **Cohort 1: 2000-2002 BMS Era (N=9877, 30 centers)**

**Excluding patients presenting with acute myocardial infarction**

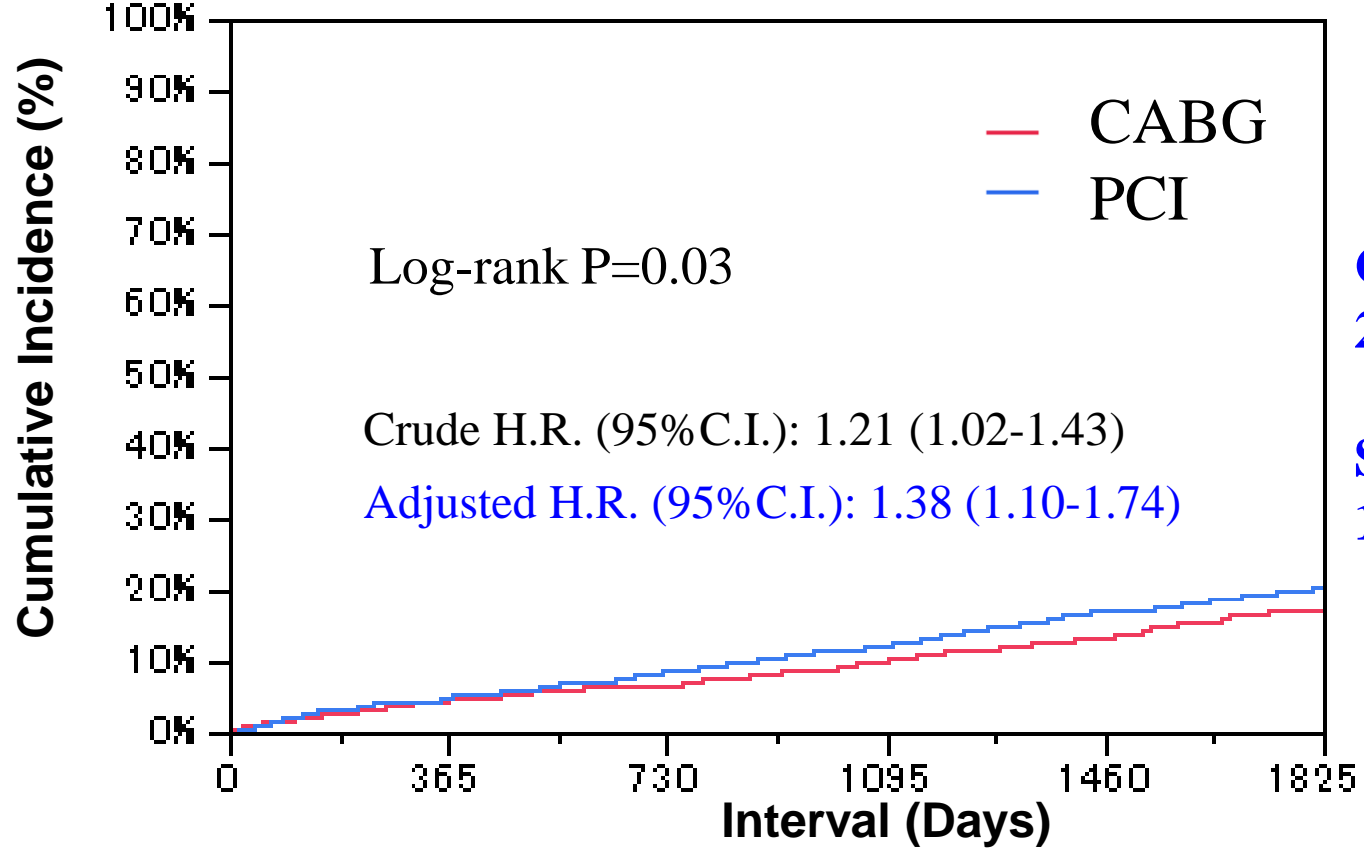
|  |                      |
|--|----------------------|
| <b>Isolated Coronary Revascularization</b> | <b>9393 patients</b> |
| <b>PCI</b>                                 | <b>6878 patients</b> |
| <b>Stent Use</b>                           | <b>82%</b>           |
| <b>Isolated CABG</b>                       | <b>2515 patients</b> |
| <b>IMA Use</b>                             | <b>94 %</b>          |

## **Cohort 2: 2005-2007 G-1 DES Era (N=15939, 26 centers)**

**Including presenting with acute myocardial infarction**

|  |                       |
|--|-----------------------|
| <b>Isolated Coronary Revascularization</b> | <b>15331 patients</b> |
| <b>PCI</b>                                 | <b>13058 patients</b> |
| <b>Stent Use</b>                           | <b>93%</b>            |
| <b>DES Use</b>                             | <b>53%</b>            |
| <b>Isolated CABG</b>                       | <b>2173 patients</b>  |
| <b>IMA Use</b>                             | <b>97 %</b>           |

# All-cause Death: 3VD Stratum



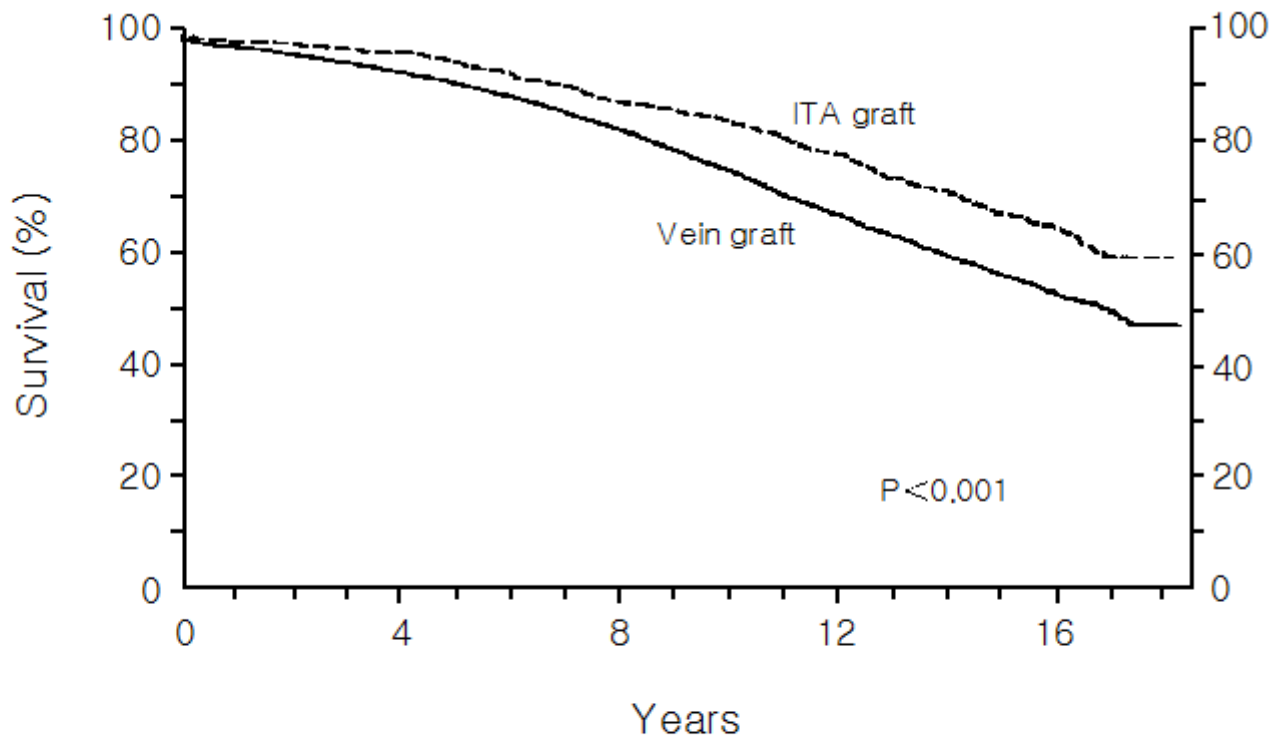
**CREDO**  
20.5% vs. 17.5%

**SYNTAX**  
14.6% vs. 9.2%

| Interval              | 0 day | 30 days | 1 year | 2 years | 3 years | 4 years | 5 years |
|-----------------------|-------|---------|--------|---------|---------|---------|---------|
| <b>CABG group</b>     |       |         |        |         |         |         |         |
| N of events           |       | 12      | 54     | 78      | 114     | 149     | 189     |
| N of patients at risk | 1154  | 1132    | 1064   | 1027    | 981     | 934     | 653     |
| Incidence             |       | 1.0%    | 4.8%   | 6.9%    | 10.2%   | 13.4%   | 17.5%   |
| <b>PCI group</b>      |       |         |        |         |         |         |         |
| N of events           |       | 13      | 94     | 156     | 222     | 302     | 353     |
| N of patients at risk | 1824  | 1804    | 1701   | 1623    | 1536    | 1435    | 932     |
| Incidence             |       | 0.7%    | 5.2%   | 8.7%    | 12.4%   | 17.0%   | 20.5%   |

# Fifteen Years Follow-up after CABG from the CASS Registry

## Internal Thoracic Artery Graft versus Saphenous Vein Grafts Only



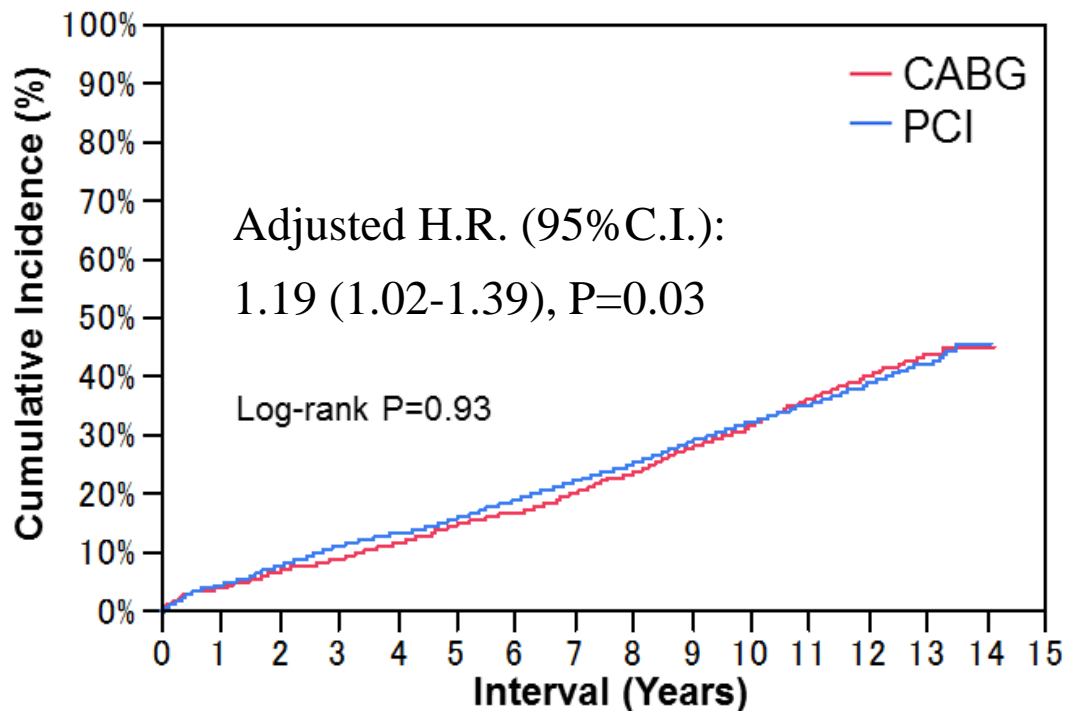
|            | No. (%) SURVIVING |           |           |           |           |
|------------|-------------------|-----------|-----------|-----------|-----------|
| Vein graft | 4888 (100)        | 4495 (92) | 3996 (82) | 3199 (67) | 1008 (53) |
| ITA graft  | 749 (100)         | 715 (95)  | 649 (87)  | 576 (77)  | 288 (64)  |

**Survival benefit of ITA grafts relative to SVG grafts become apparent beyond several years after CABG. Therefore, 5 years may be too short to demonstrate the true survival benefit of CABG over PCI. However, there is a paucity of data on very long-term follow-up beyond 5-year after PCI and CABG.**

# CREDO-Kyoto Cohort-1 Extended 10- to 14-Year FU

## PCI versus CABG for MVD excluding LMCA disease

### All cause death



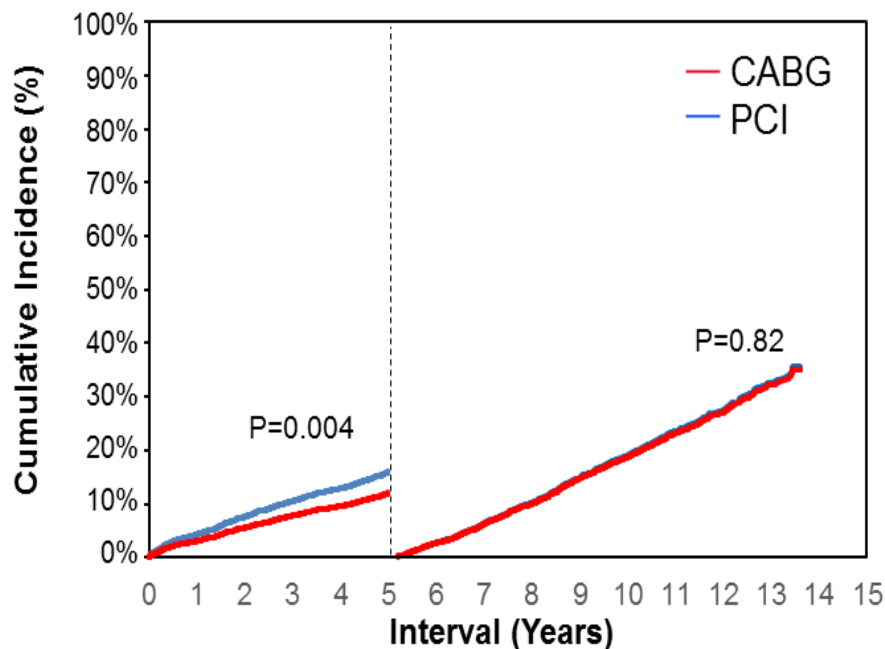
| Interval                            | 0 day | 30 days | 1 year | 3 years | 5 years | 7 years | 10 years | 12 years | 14 years |
|-------------------------------------|-------|---------|--------|---------|---------|---------|----------|----------|----------|
| <b>PCI</b>                          |       |         |        |         |         |         |          |          |          |
| N of patients with at least 1 event |       | 26      | 157    | 383     | 536     | 726     | 1019     | 1156     | 1189     |
| N of patients at risk               | 3490  | 3455    | 3288   | 2952    | 2656    | 2324    | 1925     | 717      | 4        |
| Cumulative incidence                |       | 0.8%    | 4.5%   | 11.2%   | 15.9%   | 22.1%   | 32.2%    | 38.7%    | 45.5%    |
| <b>CABG</b>                         |       |         |        |         |         |         |          |          |          |
| N of patients with at least 1 event |       | 18      | 66     | 147     | 234     | 314     | 475      | 562      | 578      |
| N of patients at risk               | 1662  | 1639    | 1578   | 1443    | 1271    | 1138    | 933      | 351      | 1        |
| Cumulative incidence                |       | 1.1%    | 4.0%   | 9.0%    | 14.6%   | 20.2%   | 31.7%    | 39.9%    | 44.9%    |



# CREDO-Kyoto Cohort-1 Extended 10- to 14-Year FU

## PCI versus CABG for MVD excluding LMCA disease

### Adjusted risk for death: Within 5-year and Beyond 5-Year

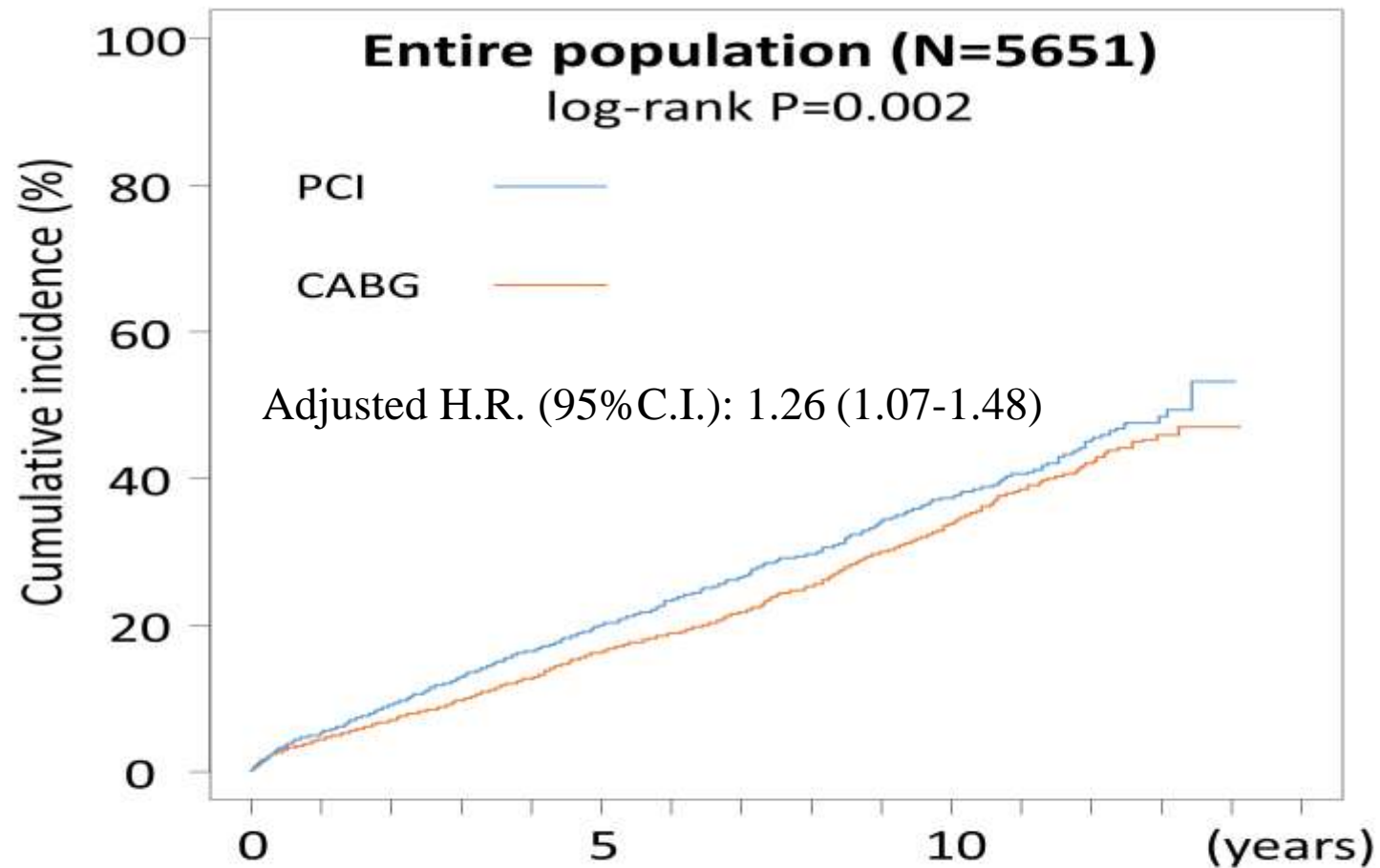


| Interval             | 0 day | 30 days | 1 year | 5 years | 6 years | 8 years | 10 years | 12 years |
|----------------------|-------|---------|--------|---------|---------|---------|----------|----------|
| PCI                  |       |         |        |         |         |         |          |          |
| Cumulative incidence |       | 0.9%    | 4.3%   | 16.0%   | 3.1%    | 10.8%   | 19.6%    | 28.4%    |
| CABG                 |       |         |        |         |         |         |          |          |
| Cumulative incidence |       | 0.6%    | 3.1%   | 12.0%   | 3.0%    | 10.5%   | 19.3%    | 27.9%    |

**We did not see any late survival benefit of CABG over PCI with extended follow-up beyond 5-year. Therefore, selection of revascularization strategies based on the 5-year clinical trial results may be appropriate even considering the longer-term outcomes.**

# Pooled Analysis of CREDO-Kyoto Cohort-1 and -2

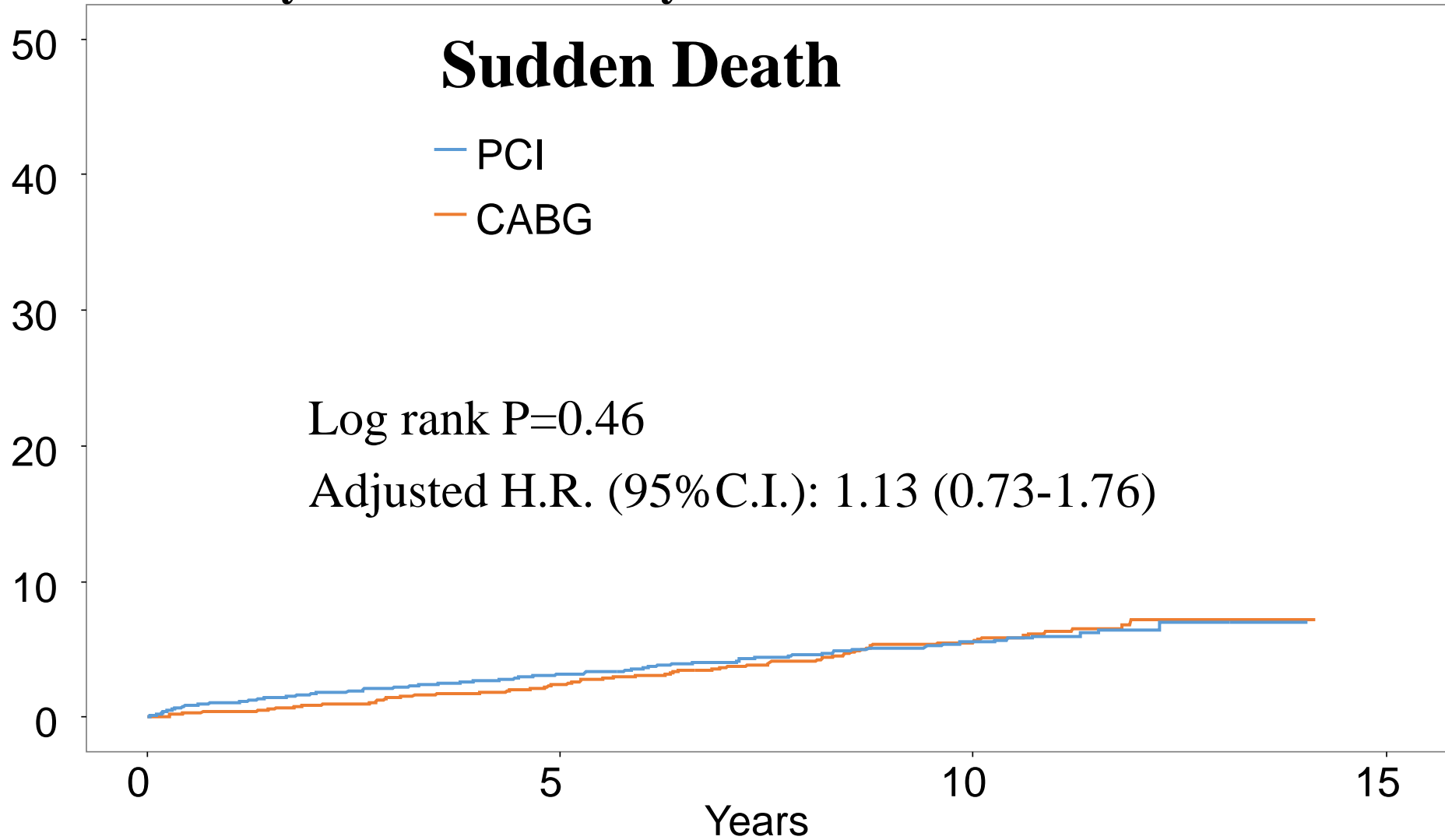
## Mortality risk of PCI relative to CABG in TVD



|      |          |           |           |                       |
|------|----------|-----------|-----------|-----------------------|
|      |          | 5 years   | 10 years  |                       |
| PCI  | 0 (0.0%) | 600 (20%) | 839 (37%) | N of death            |
|      | 3165     | 1908      | 692       | N of patients at risk |
| CABG | 0 (0.0%) | 383 (16%) | 606 (34%) | N of death            |
|      | 2486     | 1670      | 732       | N of patients at risk |

# Pooled Analysis of CREDO-Kyoto Cohort-1 and -2

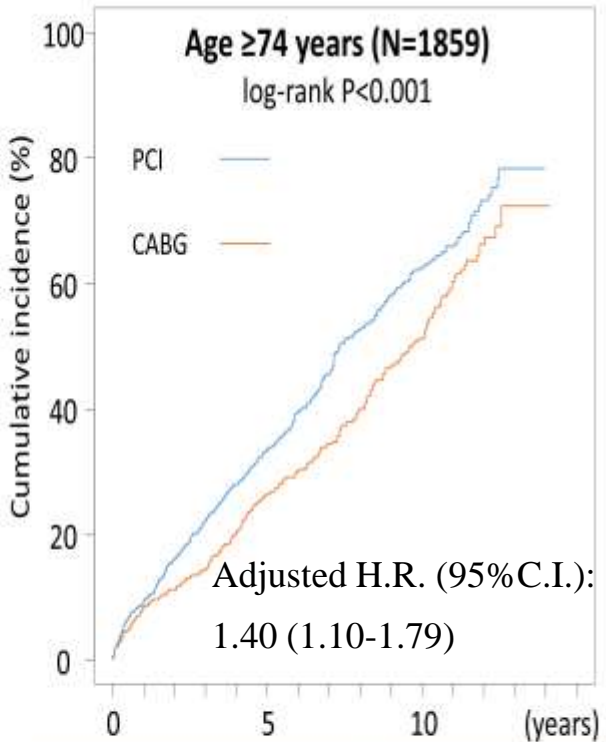
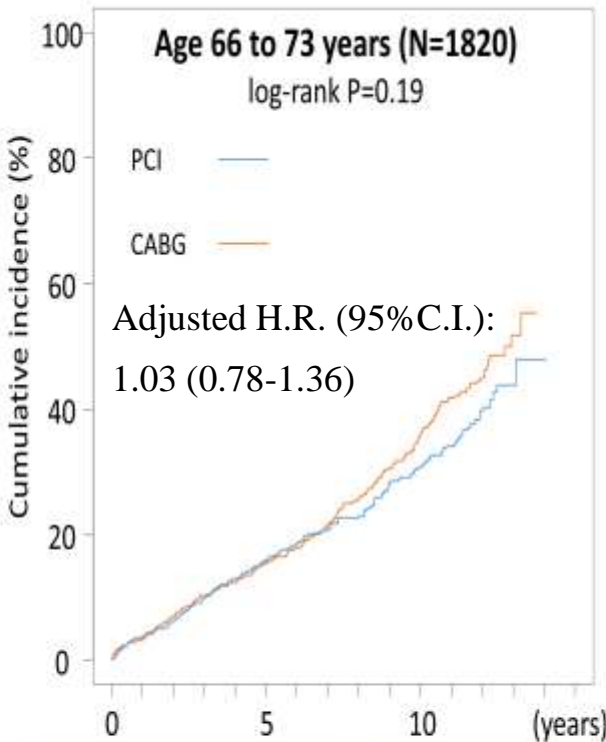
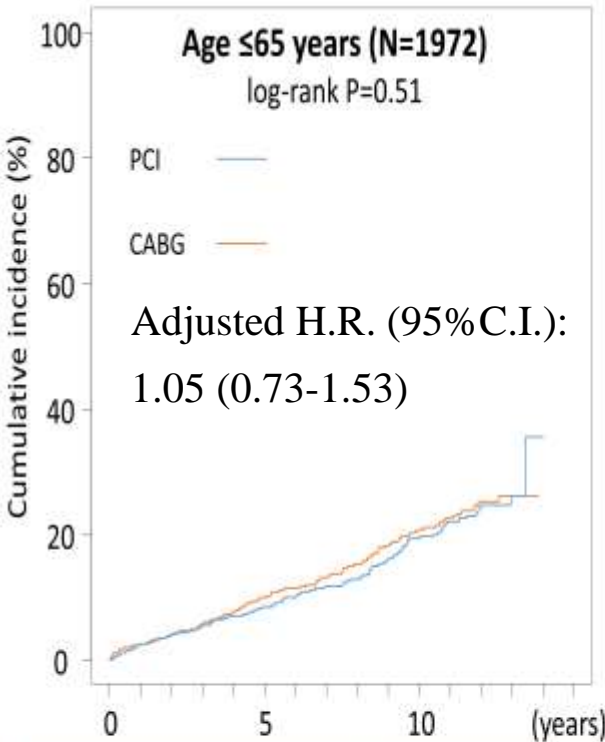
## Sudden Death



| Years | 0                | 5                 | 10                |                          |
|-------|------------------|-------------------|-------------------|--------------------------|
| PCI   | 0 (0.0%)<br>3165 | 89 (3.2%)<br>1908 | 114 (5.5%)<br>692 | N of events<br>N at risk |
| CABG  | 0 (0.0%)<br>2486 | 52 (2.4%)<br>1670 | 85 (5.5%)<br>732  | N of events<br>N at risk |

# Pooled Analysis of CREDO-Kyoto Cohort-1 and -2

## Mortality risk of PCI relative to CABG in TVD According to Age Categories



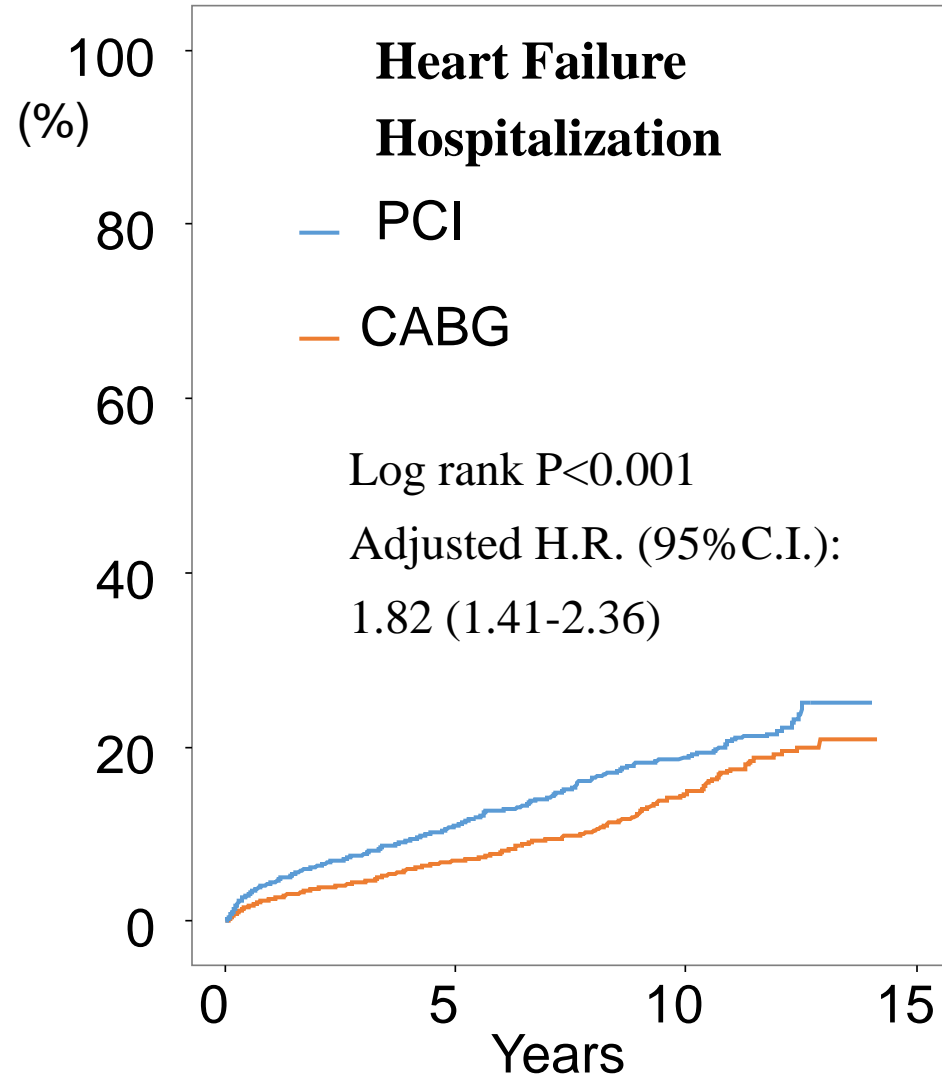
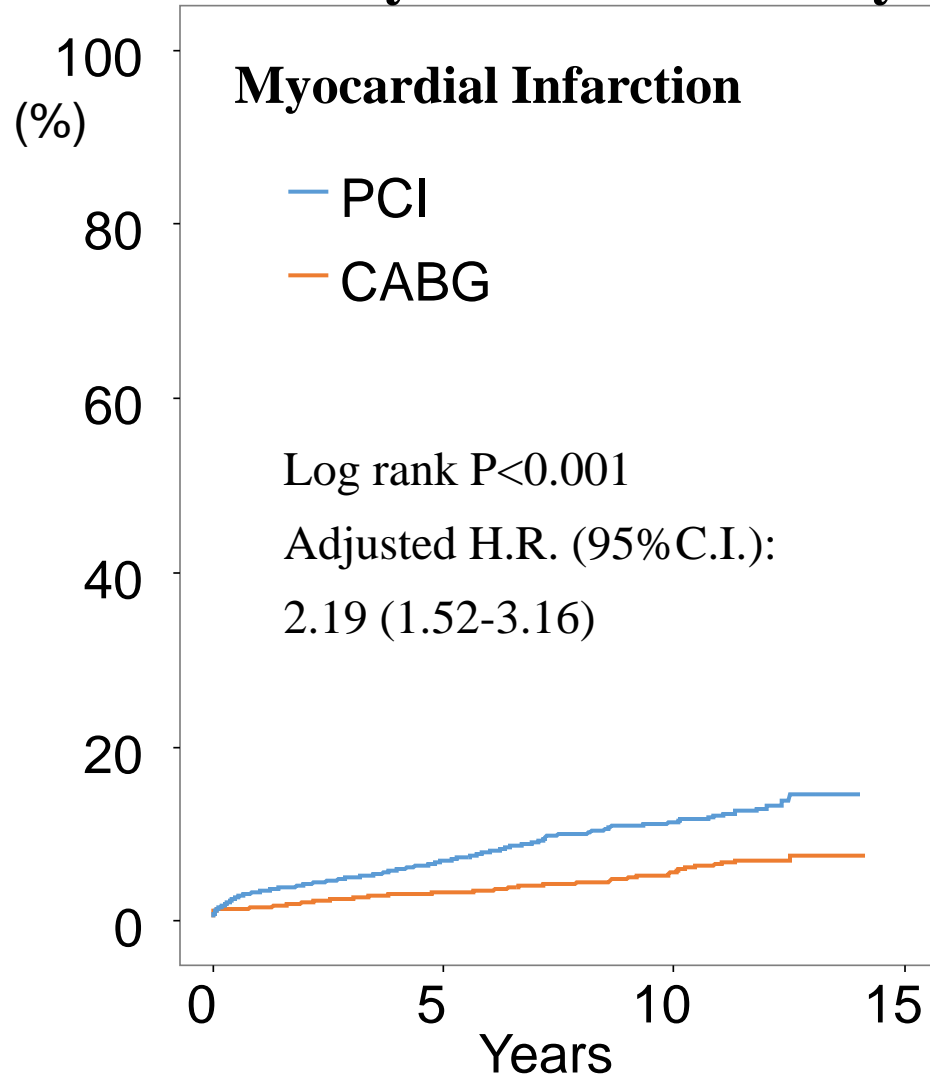
|      |                       | 5 years    | 10 years  |  |
|------|-----------------------|------------|-----------|--|
| PCI  | N of death            | 84 (8.6%)  | 133 (19%) |  |
|      | N of patients at risk | 715        | 312       |  |
| CABG | N of death            | 89 (10.0%) | 143 (21%) |  |
|      | N of patients at risk | 686        | 358       |  |

|      |                       | 5 years   | 10 years  |  |
|------|-----------------------|-----------|-----------|--|
| PCI  | N of death            | 147 (16%) | 214 (31%) |  |
|      | N of patients at risk | 637       | 266       |  |
| CABG | N of death            | 126 (15%) | 220 (36%) |  |
|      | N of patients at risk | 593       | 258       |  |

|      |                       | 5 years   | 10 years  |  |
|------|-----------------------|-----------|-----------|--|
| PCI  | N of death            | 369 (34%) | 492 (62%) |  |
|      | N of patients at risk | 556       | 114       |  |
| CABG | N of death            | 168 (26%) | 243 (51%) |  |
|      | N of patients at risk | 391       | 116       |  |

**The excess mortality risk of PCI relative to CABG was seen in patients aged  $\geq 74$  years, while the risk was neutral in patients aged  $< 74$  years.**

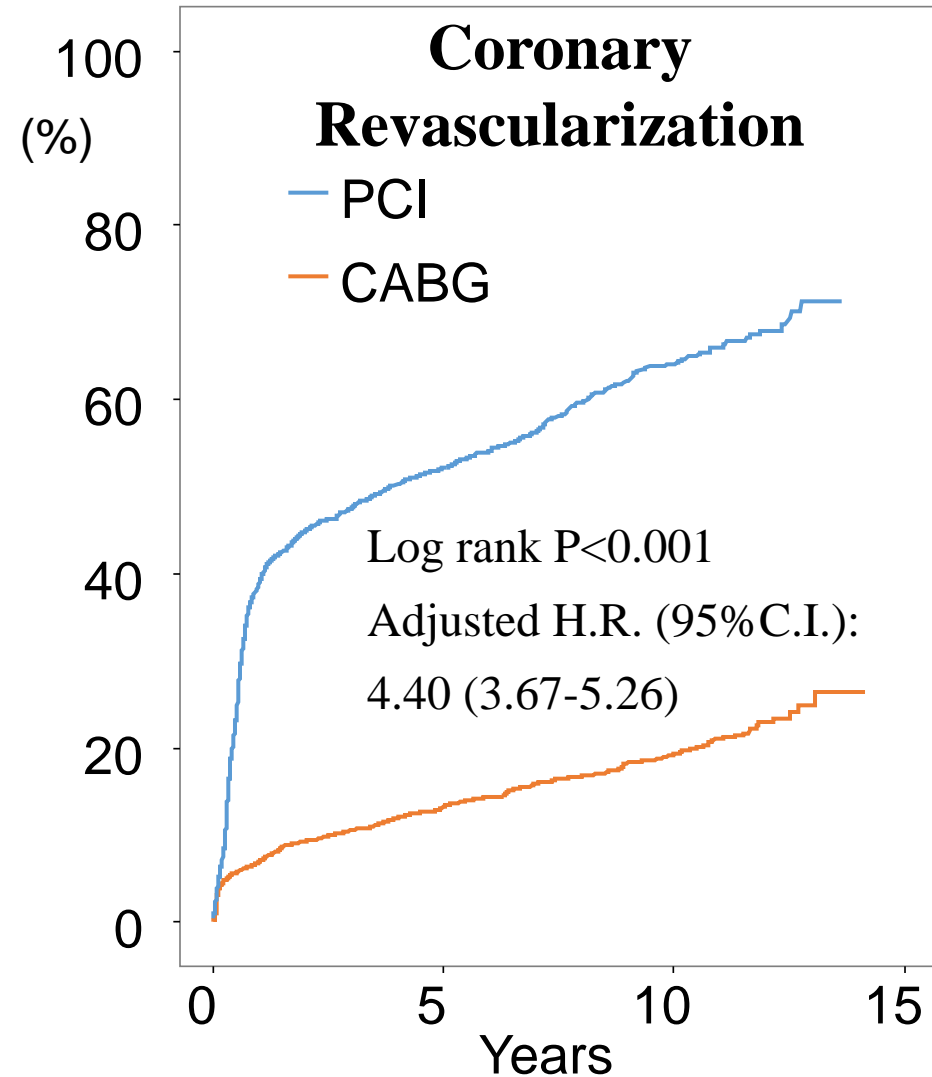
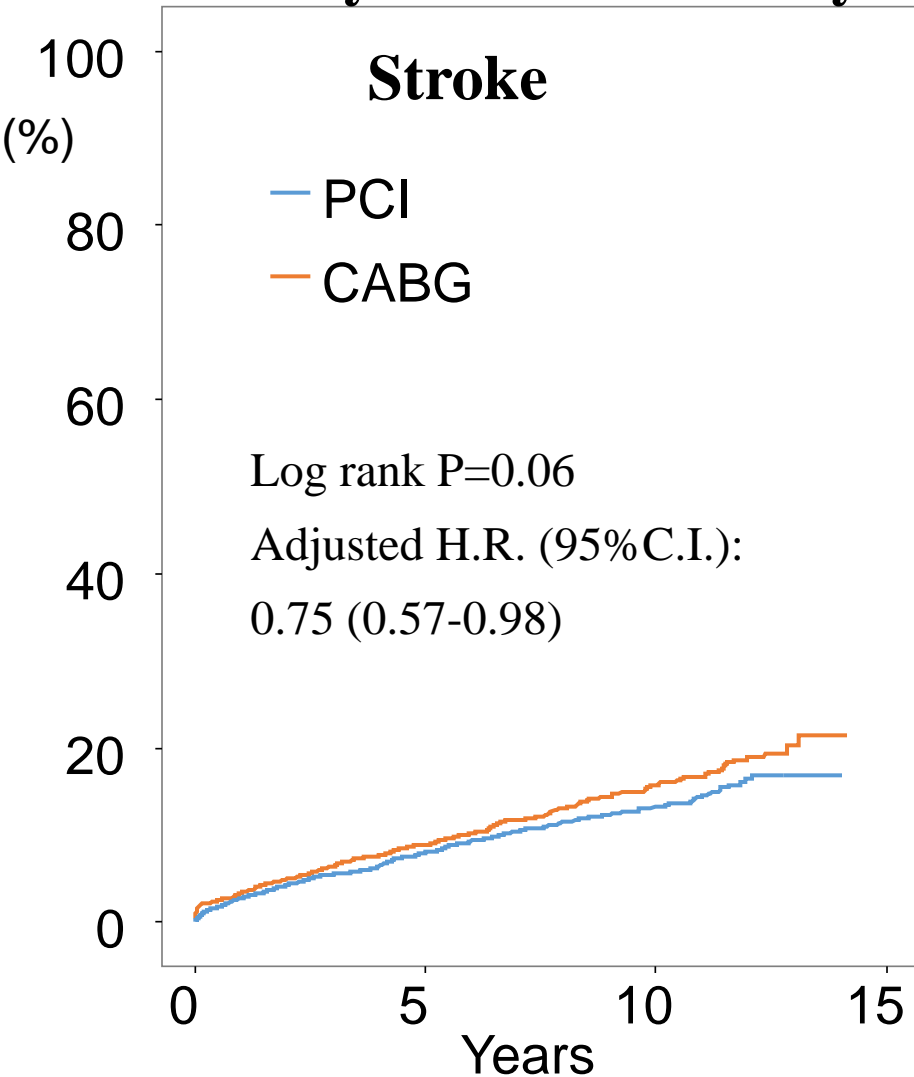
# Pooled Analysis of CREDO-Kyoto Cohort-1 and -2



| Years | 0                | 5                  | 10                 |                          |
|-------|------------------|--------------------|--------------------|--------------------------|
| PCI   | 0 (0.0%)<br>3165 | 197 (7.0%)<br>1808 | 245 (11.3%)<br>638 | N of events<br>N at risk |
| CABG  | 0 (0.0%)<br>2486 | 76 (3.3%)<br>1635  | 98 (5.6%)<br>706   | N of events<br>N at risk |

| Years | 0                | 5                   | 10                 |                          |
|-------|------------------|---------------------|--------------------|--------------------------|
| PCI   | 0 (0.0%)<br>3165 | 309 (10.9%)<br>1780 | 398 (18.8%)<br>642 | N of events<br>N at risk |
| CABG  | 0 (0.0%)<br>2486 | 154 (6.9%)<br>1587  | 230 (14.5%)<br>676 | N of events<br>N at risk |

# Pooled Analysis of CREDO-Kyoto Cohort-1 and -2



| Years | 0                | 5                  | 10                 |                          |
|-------|------------------|--------------------|--------------------|--------------------------|
| PCI   | 0 (0.0%)<br>3165 | 223 (8.0%)<br>1811 | 280 (13.1%)<br>640 | N of events<br>N at risk |
| CABG  | 0 (0.0%)<br>2486 | 201 (8.8%)<br>1573 | 275 (15.8%)<br>673 | N of events<br>N at risk |

| Years | 0                | 5                   | 10                  |                          |
|-------|------------------|---------------------|---------------------|--------------------------|
| PCI   | 0 (0.0%)<br>3165 | 1541 (52.1%)<br>871 | 1641 (64.1%)<br>198 | N of events<br>N at risk |
| CABG  | 0 (0.0%)<br>2486 | 303 (13.2%)<br>1445 | 363 (19.2%)<br>593  | N of events<br>N at risk |

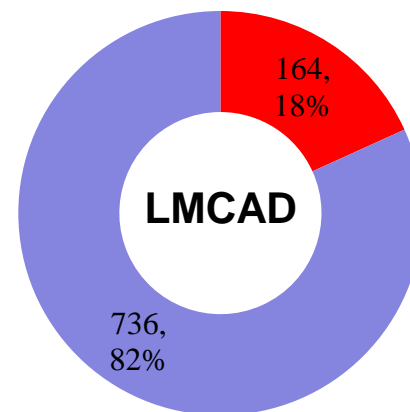
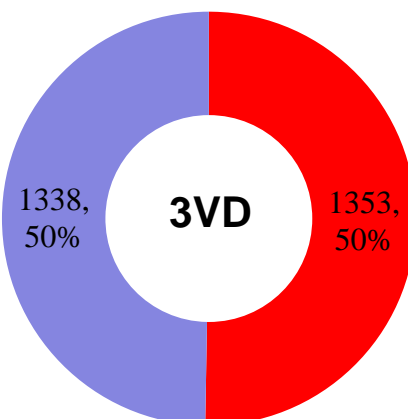
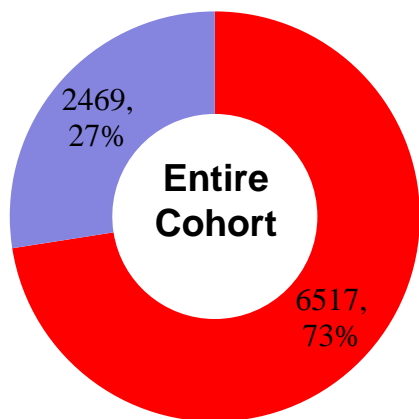
# Changes in Coronary Revascularization Strategies

Exclusion of patients with acute myocardial infarction.

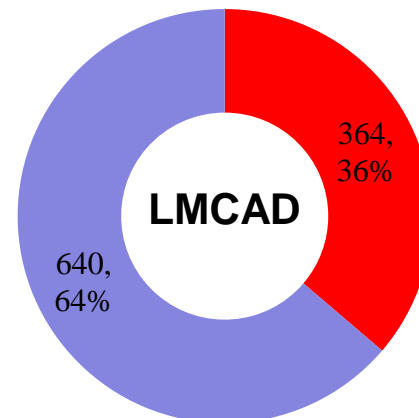
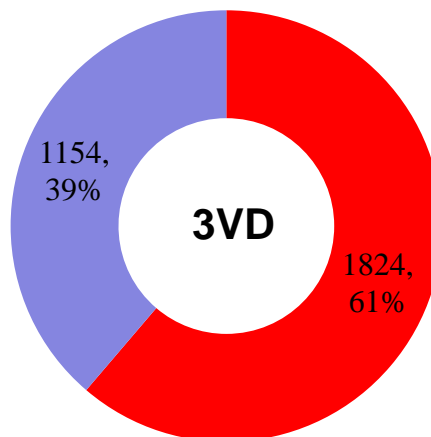
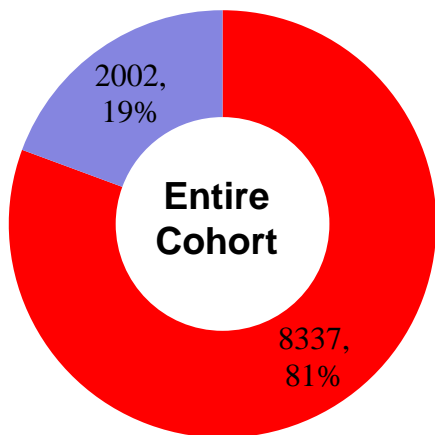
Inclusion of patients from 26 centers that participated in both cohort-1 and -2.



## CREDO-Kyoto Cohort 1: 2000-2002 BMS Era (N=8986)



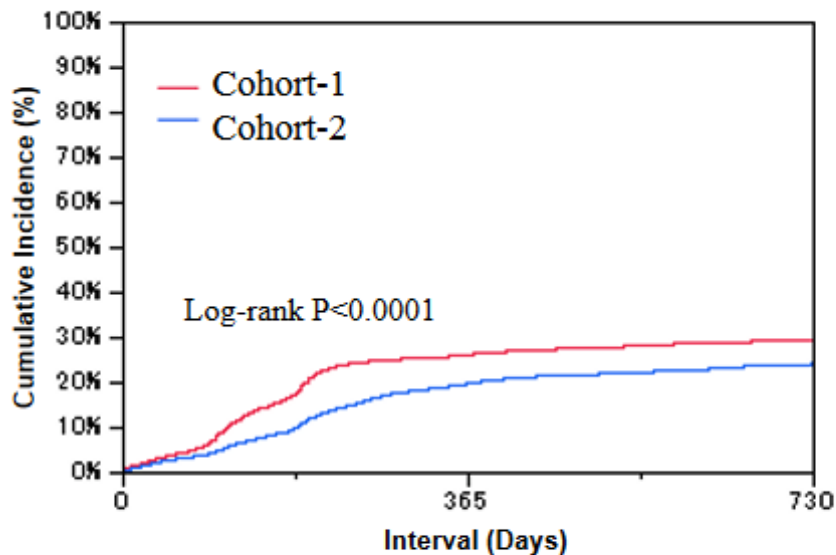
## CREDO-Kyoto Cohort 2: 2005-2007 G-1 DES Era (N=10339)



# Changes in Clinical Outcomes

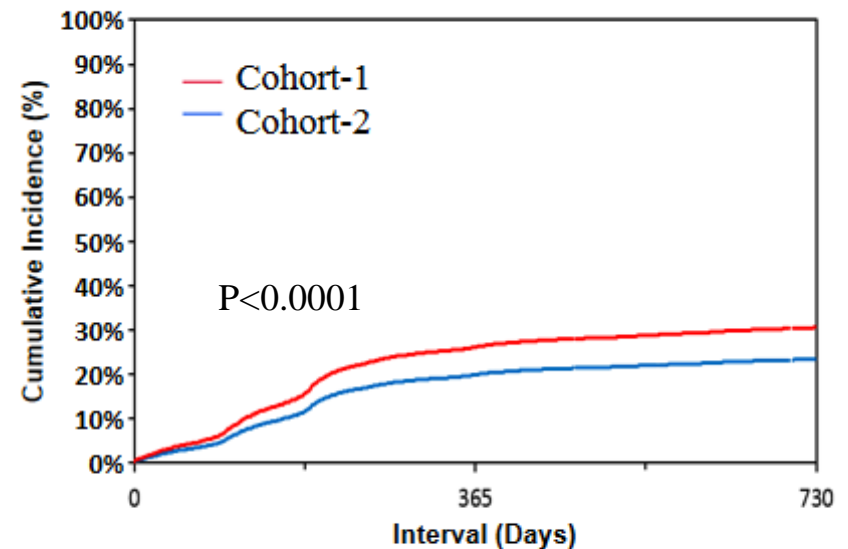
## Repeated coronary revascularization

### Crude



| Interval              | 0 day | 30 days | 1 year | 2 year |
|-----------------------|-------|---------|--------|--------|
| <b>Cohort-1 group</b> |       |         |        |        |
| N of events           |       | 263     | 2290   | 2572   |
| N of patients at risk | 8986  | 8593    | 6265   | 5682   |
| Incidence             |       | 3.0%    | 26.3%  | 29.7%  |
| <b>Cohort-2 group</b> |       |         |        |        |
| N of events           |       | 212     | 1991   | 2413   |
| N of patients at risk | 10339 | 10032   | 7865   | 7152   |
| Incidence             |       | 2.1%    | 19.8%  | 24.2%  |

### Adjusted



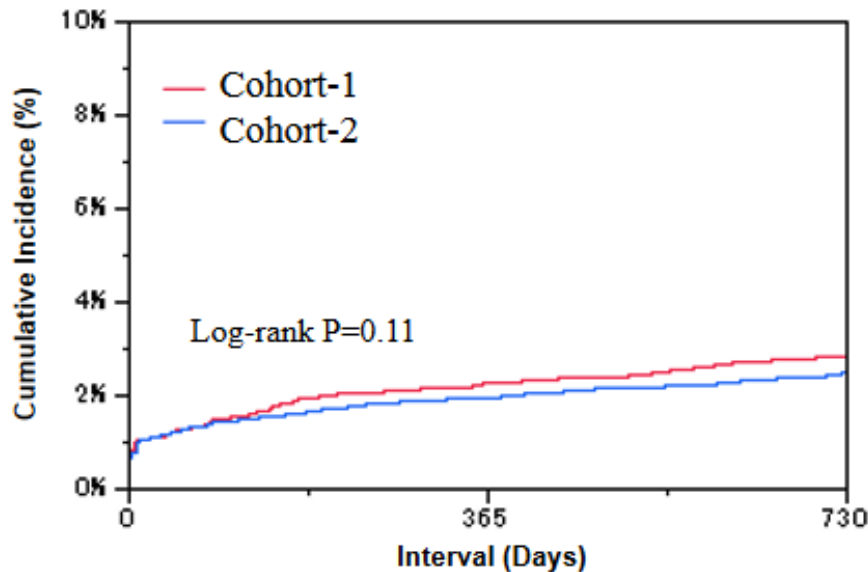
| Interval              | 0 day | 30 days | 1 year | 2 year |
|-----------------------|-------|---------|--------|--------|
| <b>Cohort-1 group</b> |       |         |        |        |
| Incidence             |       | 2.9%    | 26.2%  | 30.6%  |
| <b>Cohort-2 group</b> |       |         |        |        |
| Incidence             |       | 2.1%    | 20.9%  | 23.5%  |



# Changes in Clinical Outcomes

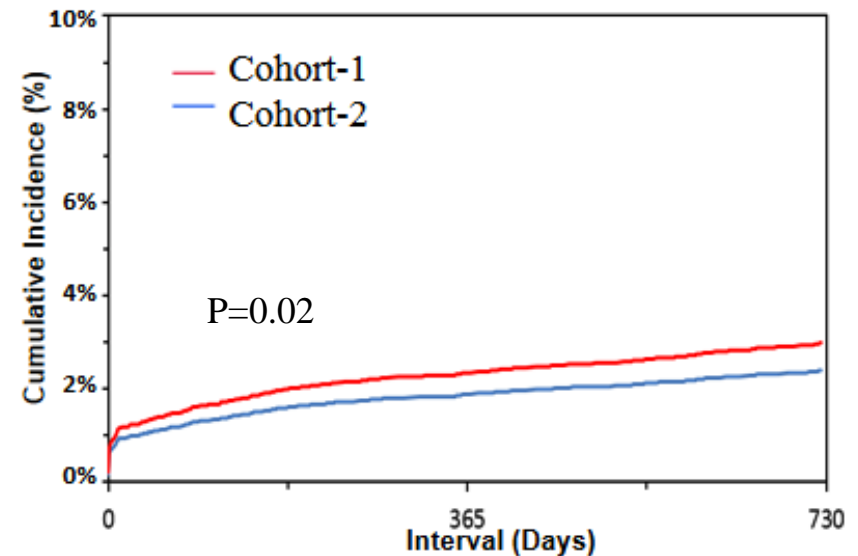
## Myocardial infarction

### Crude



| Interval              | 0 day | 30 days | 1 year | 2 year |
|-----------------------|-------|---------|--------|--------|
| <b>Cohort-1 group</b> |       |         |        |        |
| N of events           |       | 101     | 200    | 249    |
| N of patients at risk | 8986  | 8757    | 8327   | 7882   |
| Incidence             |       | 1.1%    | 2.3%   | 2.9%   |
| <b>Cohort-2 group</b> |       |         |        |        |
| N of events           |       | 115     | 200    | 250    |
| N of patients at risk | 10339 | 10129   | 9639   | 9242   |
| Incidence             |       | 1.1%    | 2.0%   | 2.5%   |

### Adjusted

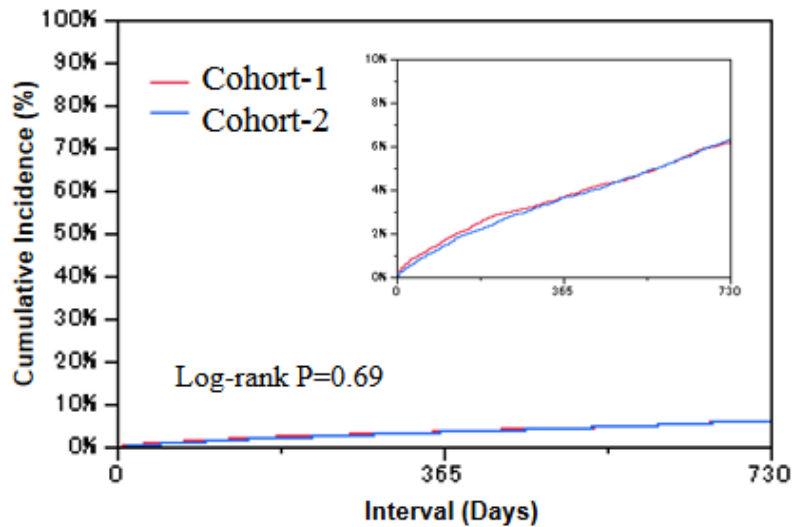


| Interval              | 0 day | 30 days | 1 year | 2 year |
|-----------------------|-------|---------|--------|--------|
| <b>Cohort-1 group</b> |       |         |        |        |
| Incidence             |       | 1.2%    | 2.3%   | 3.0%   |
| <b>Cohort-2 group</b> |       |         |        |        |
| Incidence             |       | 1.0%    | 1.9%   | 2.4%   |

# Changes in Clinical Outcomes

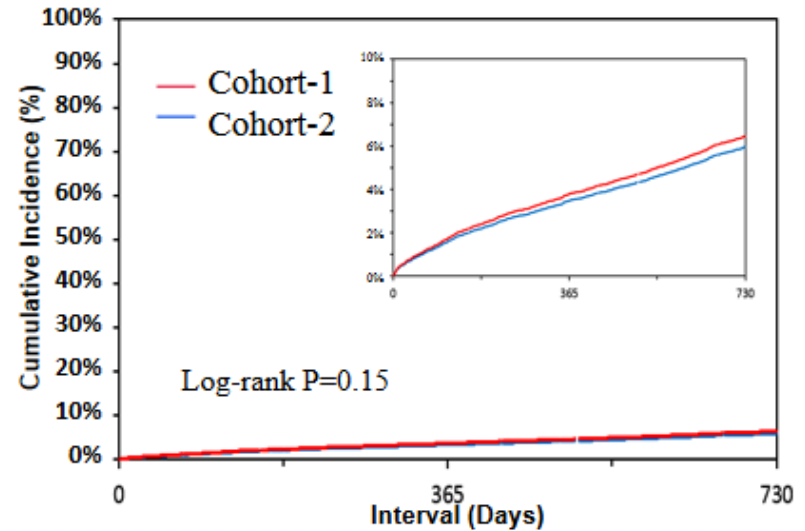
## All-cause death

### Crude



| Interval              | 0 day | 30 days | 1 year | 2 year |
|-----------------------|-------|---------|--------|--------|
| <b>Cohort-1 group</b> |       |         |        |        |
| N of events           |       | 75      | 329    | 547    |
| N of patients at risk | 8986  | 8841    | 8480   | 8064   |
| Incidence             |       | 0.8%    | 3.7%   | 6.2%   |
| <b>Cohort-2 group</b> |       |         |        |        |
| N of events           |       | 60      | 378    | 650    |
| N of patients at risk | 10339 | 10240   | 9810   | 9449   |
| Incidence             |       | 0.6%    | 3.7%   | 6.4%   |

### Adjusted



| Interval              | 0 day | 30 days | 1 year | 2 year |
|-----------------------|-------|---------|--------|--------|
| <b>Cohort-1 group</b> |       |         |        |        |
| Incidence             |       | 0.7%    | 3.8%   | 6.5%   |
| <b>Cohort-2 group</b> |       |         |        |        |
| Incidence             |       | 0.7%    | 3.5%   | 6.0%   |

**Despite the larger proportion of patients treated with PCI in the cohort-2 than in the cohort-1, there was no increased 2-year mortality risk in the entire cohort of first coronary revascularization.**

# **Very Long-term (>10 Years) Follow-up After PCI and CABG:**

## **Observations from CREDO-Kyoto PCI/CABG Registry Cohort-1 and -2**

### **Summary**

- During very long-term follow-up, CABG was associated with significantly lower mortality risk than PCI in the real clinical practice in Japan. However, the magnitude of survival benefit might be smaller than that reported in the meta-analysis of RCTs.
- We did not see any late survival benefit of CABG over PCI with extended follow-up beyond 5-year.
- The excess mortality risk of PCI relative to CABG was seen in patients aged  $\geq 74$  years, while the risk was neutral in patients aged  $< 74$  years.
- PCI was associated with higher risk for myocardial infarction, heart failure hospitalization, and any coronary revascularization, but lower risk for stroke.
- Despite the larger proportion of patients treated with PCI in the cohort-2 than in the cohort-1, there was no increased 2-year mortality risk in the entire cohort of first coronary revascularization.