Reducing Complications in CTO PCI



Scott Harding Department of Cardiology Wellington Hospital





Potential Conflicts of Interest

I have the following potential conflicts of interest to report:

Grant/Research Support: Asahi Intecc

Proctoring Fees/ Speakers Honoraria: Boston Scientific, Medtronic, Abbott Vascular,

Kaneka, Bio-Excel, Teleflex Medical

Global Consensus Recommendations on Improving the Safety of Chronic Total Occlusion Interventions

Dr Eugene B Wu, Dr Arun Kalyanasundaram, ES Brilakis, K Mashayekhi, E Tsuchikane.

147 authors from 139 centres in 52 countries developed12 sets of recommendations for the prevention, earlyrecognition, and treatment of CTO PCI complications

1. Set up for Safe CTO PCI

- Procedural check list and formal time out
- Access to appropriate equipment
- Careful reading of the angiogram
- Be familiar with complications that may occur and have an algorithmic approach to solving them
- Create a horizontal cath lab team
- Establish an emergency response team for the cath lab



2. Guide Catheter Associated Vessel Injury



Dissection or Equipment Related Donor Vessel Injury

Caution with:

- Extra backup guides deep seated for support
- Forceful contrast injections
 - Particularly if there is pressure damping
- Donor vessel disease
- Externalizing
 - Disengage and watch donor guide
 - Protect donor vessel collaterals with microcatheter

Management latrogenic Dissection

STOP INJECTING CONTRAST disconnect injector

STOP INJECTING CONTRAST

disconnect injector

latrogenic Aortic Dissection

- 1) STOP antegrade contrast injection
- 2) Fix the ostium with a stent (or even covered stent)
- 3) Echocardiogram
- 4) Reverse heparin (once gear is out of coronaries)
- 5) CT scan
- 6) Surgical consult
- 7) Blood pressure/heart rate control



Iatrogenic Aortocoronary Dissection During Percutaneous Coronary Intervention

Investigation and Management

John Hung, MBC_HB,^a Joel P. Giblett, MD, BM, BSc^{b,c} JACC: Case Reports 2021

Emerging evidence suggest that most iatrogenic aortic dissections can be managed conservatively in the absence of haemodynamic compromise

CT scan at baseline Following PCI



CT scan at 24 hours later





Major dissection of the donor artery



latrogenic coronary artery dissection



Major dissection of the donor artery





Importance of a Safety Wire in the Donor Vessel



4. Hemodynamic collapse during CTO PCI



Hemodynamic Collapse: Your Checklist

Differential Diagnosis



Treatment Based on Primary Etiology of Hemodynamic Collapse

5. Side Branch Occlusion.



Subintimal carina shift



Gutiérrez-Chico. Cardiol J. 2023; 30: 24-35.



The Danger of Direct Retrograde Wiring



Subintimal retrograde wire path with direct retrograde wiring



6. Perforations.



Main Vessel Perforations

Distal Perforations

Collateral Perforations

PROGRESS CTO Registry: Mortality

5/2012 to 12/2017

20 centers, 3,122 lesions in 3,055 patients

- MACE 3%
- Perforation 4%
- Equipment loss 0.2%
- Tamponade requiring pericardiocentesis 0.7%
- Vascular access complications 1.4%
- Bleeding 1%
- Dissection/thrombus of donor vessel 1%
- Aortocoronary dissection 0.1-0.2%

Definition: death, MI, recurrent symptoms requiring urgent revascularization with PCI or CABG, tamponade requiring either pericardiocentesis or surgery and stroke

PROGRESS CTO Registry: Mortality

Causes of death



- perforation/tamponade (6)
- cardiogenic shock (4)
- other cardiovascular (2)
- unspecified (2)
- MI (1)
- stroke (1)
- multiple ogan failure (1)
- hemorrhagic shock (1)
- respiratory failure (1)

Mortality (0.8%)

Most common cause of death is perforation/tamponade

Avoid High Penetration Force Wires in Ambiguous Anatomy





Avoid Use of High Risk Collaterals





Azzalini L et al. EuroIntervention 2019

Protamine is Your Friend

- UWMC 2014-2018
- 160 CTOs c/b perforation
- Protamine use: $0\% \rightarrow 78\%$
- Death: 22% → 2%
- No stent thrombosis



Kataruka et al. J Am Coll Cardiol. 2020 Mar, 75 (11_Supplement_1) 1293

Protamine is Your Friend

- How
 - Get all equipment out first!
 - 25 mg over 5 min (to avoid hypotension)
- Myths
 - Anaphylaxis: 0.19% incidence based on systematic review of ~18,000 patients¹
 - Stent thrombosis: No large volume high-quality data to support the association (in patients on DAPT and not having ACS!)

¹Levy JH. Anesth Analg 2008;106:392-403.

8. Vascular Access

- Biradial
- USS guided femoral access
- Micropuncture set
- Final cross over angiography
- USS to confirm closure



9. Contrast-induced acute kidney injury.

Reducing contrast toxicity:

- Hydration
- Discontinuation of nephrotoxic medications
- Avoid hypotension

Reducing contrast volume:

Keep contrast volume to <3x eGFR and ideally <2x eGFR

Contrast volume can be reduced by:

- Careful analysis of previous angiograms / CT
- Optimal timing of the antegrade contrast injection to coincide with maximal retrograde filling
- Microcatheter tip injections both antegrade and retrograde (through the most dominant collateral
- Use of the retrograde approach
- Use of biplane
- Use of IVUS.

10. Radiation Injury.

- A) Radiation injury in CTO PCI. <5 Gy
- B) Prevention.
- i) Reduce total radiation dose.
 - low magnification and collimation, using ≤7.5 frame per second fluoroscopy, avoiding steep angles, using the fluoroscopy store function instead of cine angiography, avoidance of panning. using the trapping technique for device exchanges, using a marker torquer on wires, Some X-ray systems stop imaging when the operator's eyes are not looking at the screen reducing unnecessary fluoroscopy radiation.
- ii) Reduce radiation concentration.
 - Some angiography machines software to display skin dosage information, Disposable radiation shields (such as the Radpad)
- C. Patient follow up.
 - Patient who receives high radiation dose (> 5 Gy) should receive patient information sheets, followed by clinical examination and photography after 30 days.

11 When to Stop

consider Investment procedure

nons erator experience **Operator fatigue**

12. Proctoring

Proctoring improves success and safety



Sharma V et al. Open Heart 2015;2:e000228.

Conclusions:

- Before	Know what can go wrong – what causes it – and how to fix it
	Study the angiogram and the patient
– During	Do not do risky things (unless potential benefit > risk) Early detection and Rx of complications Have an algorithmic approach to complications
– After	Reflect: What did I learn? How can we do better next time?