

# CT-guided PCI is coming to your cath-lab in the near future

**Carlos Collet, MD, PhD**

**Co-Director Catheterisation Laboratory**

**Cardiovascular Center Aalst, Belgium**

# Potential conflicts of interest

Within the past 12+ months, Carlos Collet has had a financial interest/arrangement or affiliation with the organization(s) listed here.

## **Institutional Support**

- Abbott Vascular
- HeartFlow Inc
- GE Healthcare
- ShockWave Medical
- Boston Scientific
- Insight Lifetech
- Pie Medical
- Medis Medical Imaging

## **Equity/stock options**

- Medyria
- Xenter

## **Consultancy fee**

- Abbott Vascular
- HeartFlow Inc
- GE Healthcare
- Boston Scientific
- Insight Lifetech
- Early Bird
- Pfizer
- Siemens

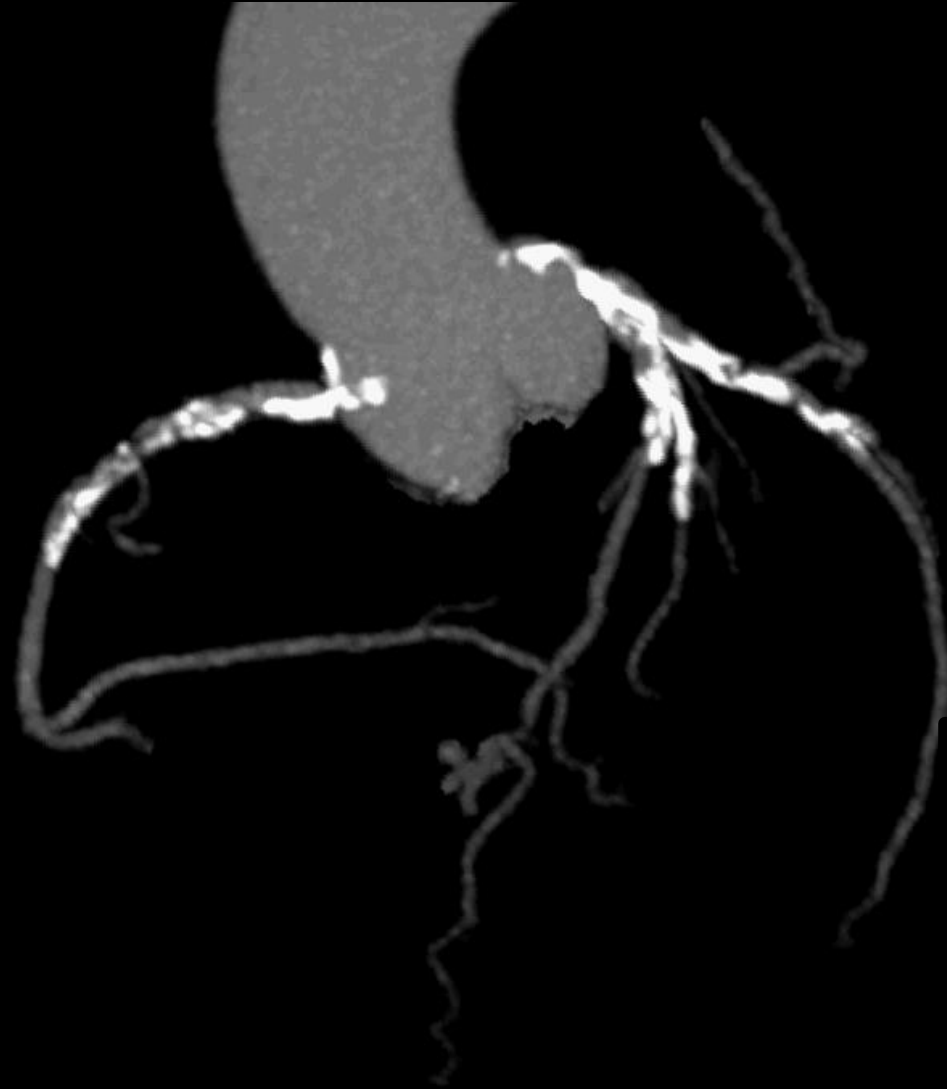
## **Others**

CoreAalst BV

Patents filed: US20220164950A1, US20220175260A1, WO2022136637A1 and WO2021224458A1

# One image, two interpretations

I cannot interpret  
lesion severity  
(blooming calcium)



Rota or IVL?  
(HeartTeam)



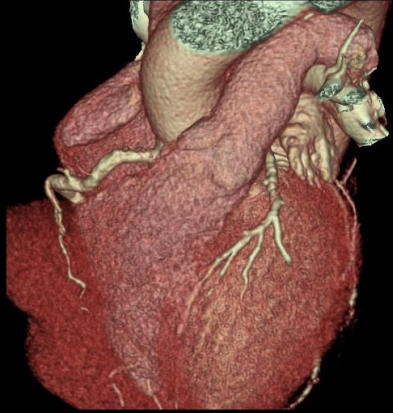
Imager



Interventional Cardiologist

# All the interventional cardiologists need to know about CT

## Volume rendering



Overview of the heart anatomy

Myocardial bridges

Non-coronary structures

## 3D MIP

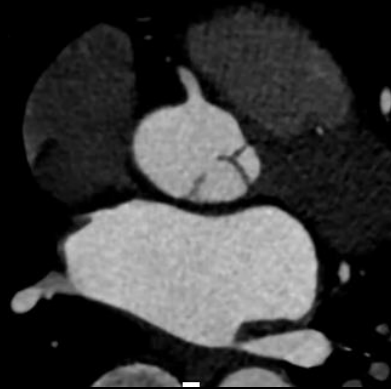


3D of the coronary tree

Distribution and severity of calcium

Location of stenosis

## Axial images



Ostium take-off

Dominance

Complete diagnostic evaluation

## Curved MPR

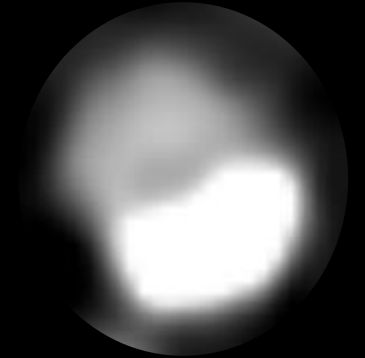


Stenosis and plaque assessment

Plaque composition

Myocardial bridges

## Cross-section



Plaque composition

Plaque burden

Calcium arc

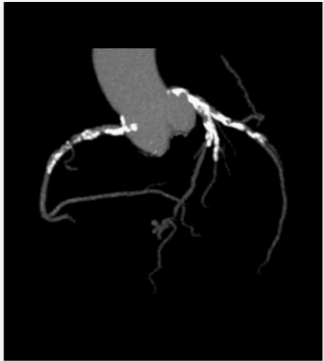
**1** Key pre-procedural planning questions

**2** What information is needed?

**3** How does this help?

## 1 Key pre-procedural planning questions

- How complex is the case?
- Who is best placed to perform the procedure?



## 2 What information is needed?

- 3D coronary anatomy
- Global distribution of calcium
- Tortuosity

## 3 How does this help?

- Anticipate case complexity
- Arterial access

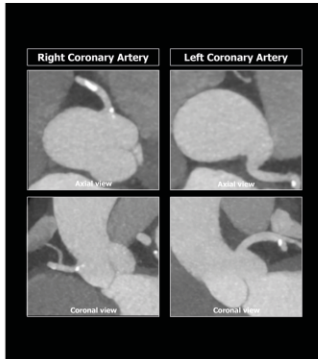
# 3D MIP



## 1 Key pre-procedural planning questions

- How complex is the case?
- Who is best placed to perform the procedure?

- What guiding catheter should be used?



## 2 What information is needed?

- 3D coronary anatomy
- Global distribution of calcium
- Tortuosity

- Position of the ostium

## 3 How does this help?

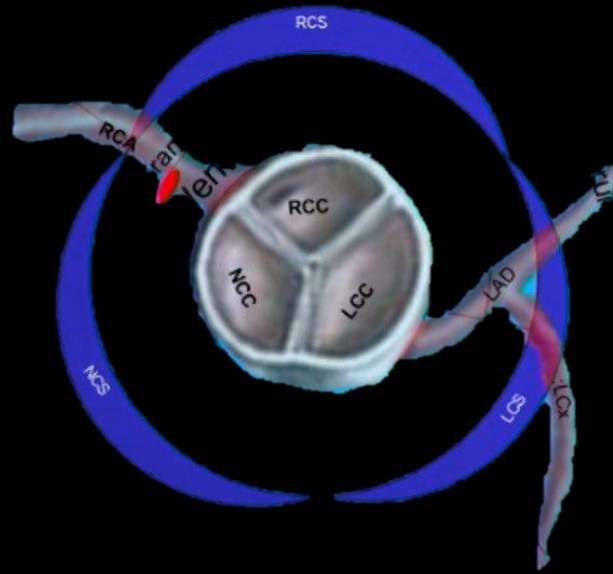
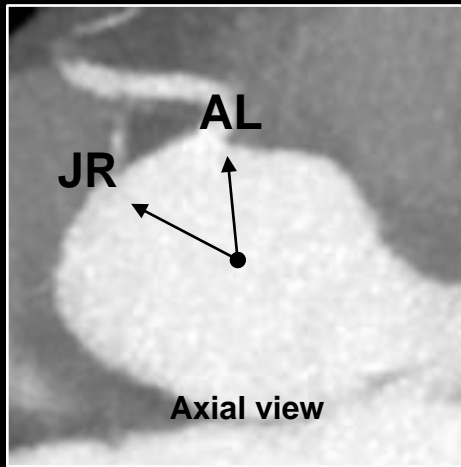
- Anticipate case complexity
- Arterial access

- Catheter selection
- Expected guiding support



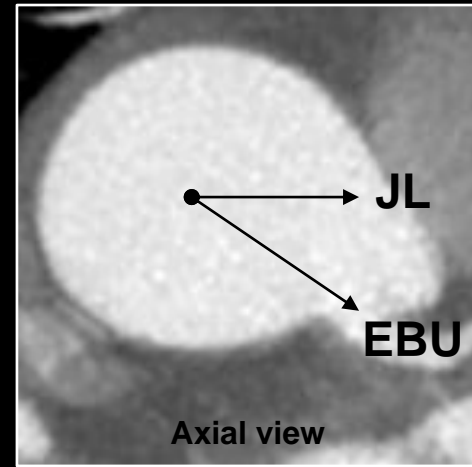
# Axials for catheter selection

Right coronary artery



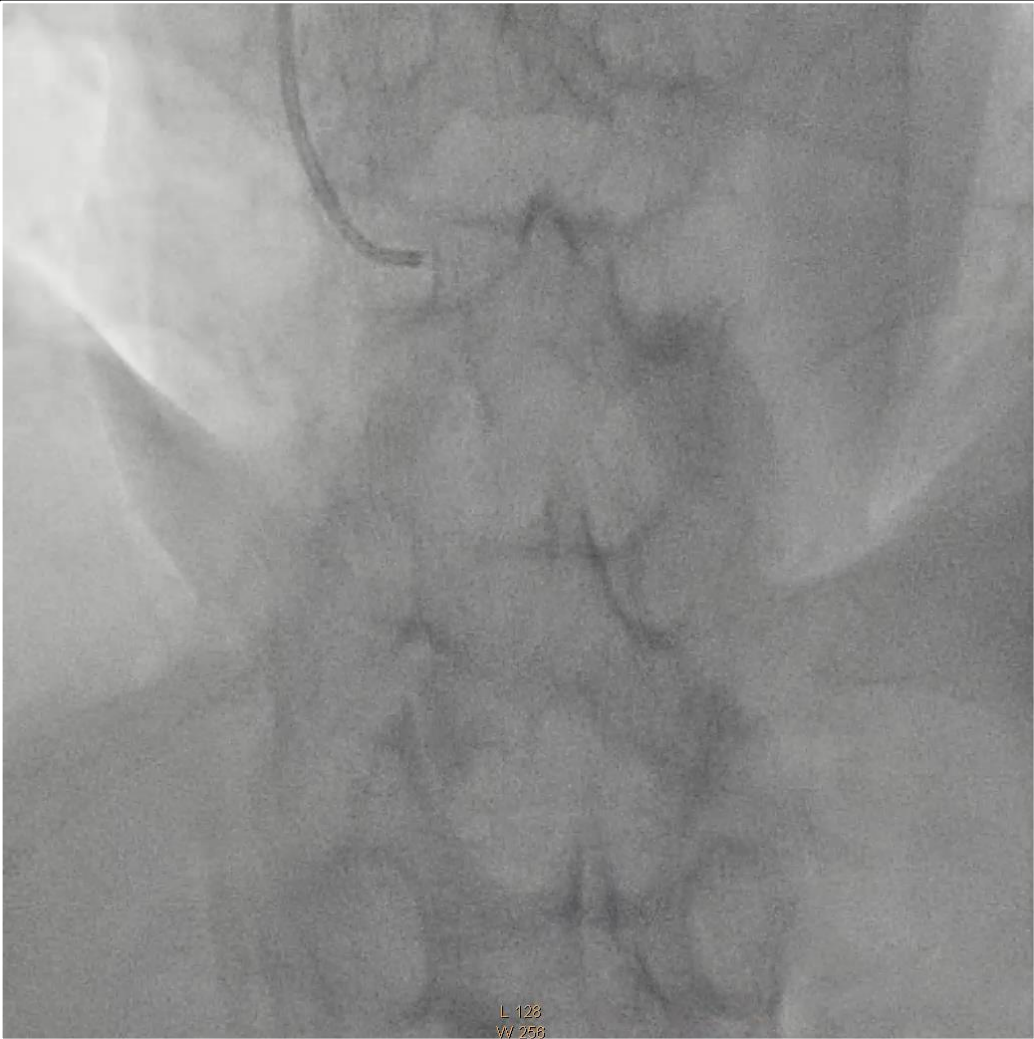
Normal ostia position

Left coronary artery



# Coronary ostia position

Right coronary artery

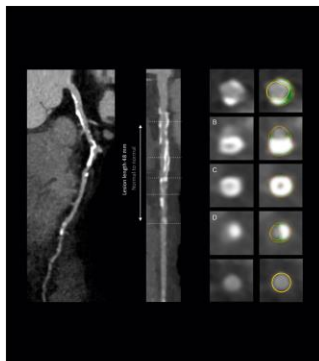


**1** Key pre-procedural planning questions

- How complex is the case?
- Who is best placed to perform the procedure?

- What guiding catheter should be used?

- What type of lesion is present?
- What tools do I need to effectively prepare the lesion?



**2** What information is needed?

- 3D coronary anatomy
- Global distribution of calcium
- Tortuosity

- Position of the ostium

- Lesion location
- Plaque composition
- Lesion length
- Calcium burden

**3** How does this help?

- Anticipate case complexity
- Arterial access

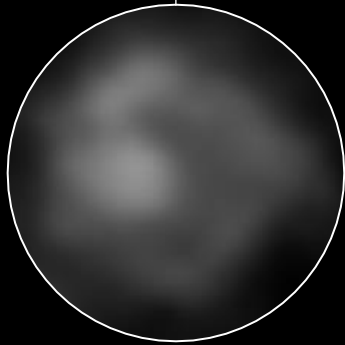
- Catheter selection
- Expected guiding support

- Lesion preparation (probability of stent under-expansion)
- Stent length

# Cross-sections

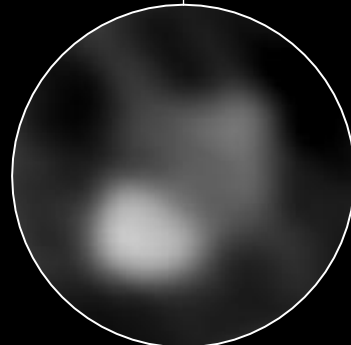
## CT plaque assessment

**Lipidic**



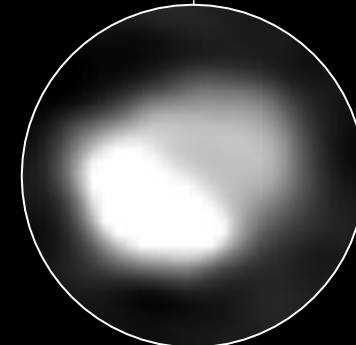
Low HU (<30-50) ± positive remodelling

**Fibrotic**



Intermediate HU intensity (50-180)

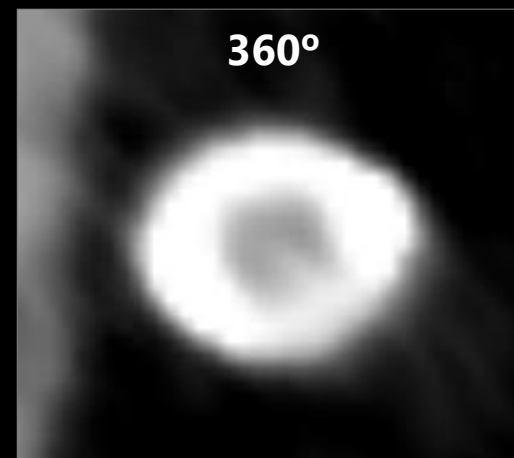
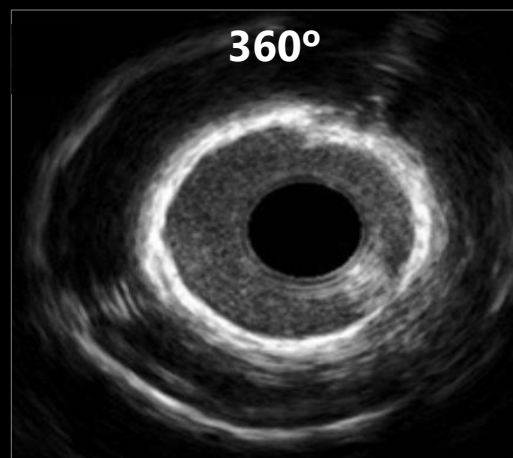
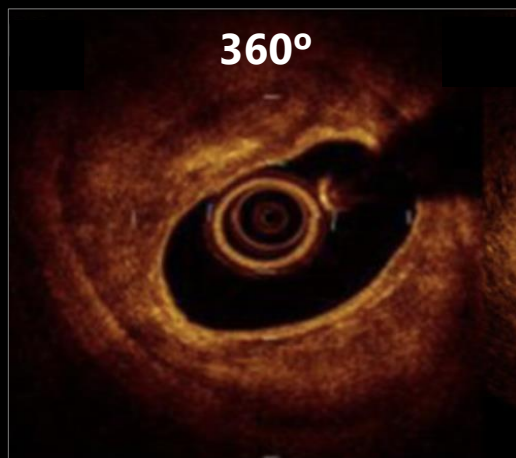
**Calcified**



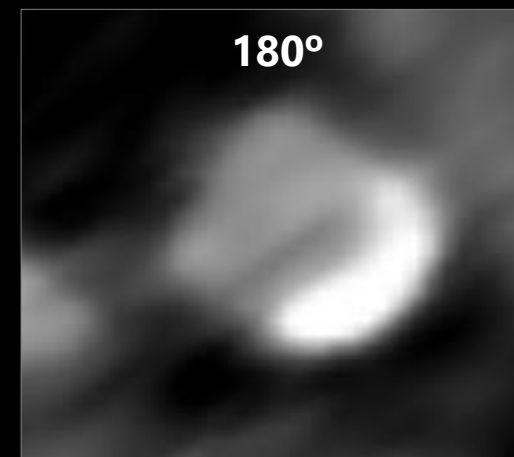
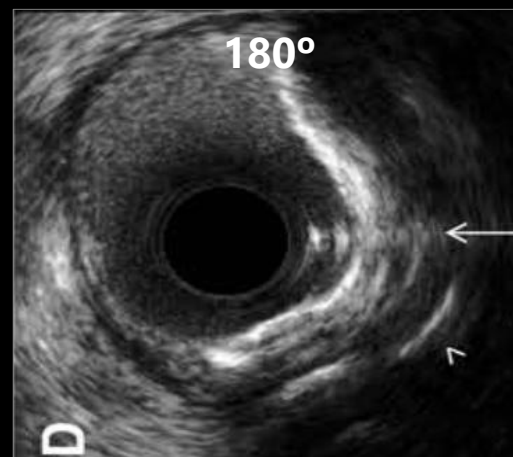
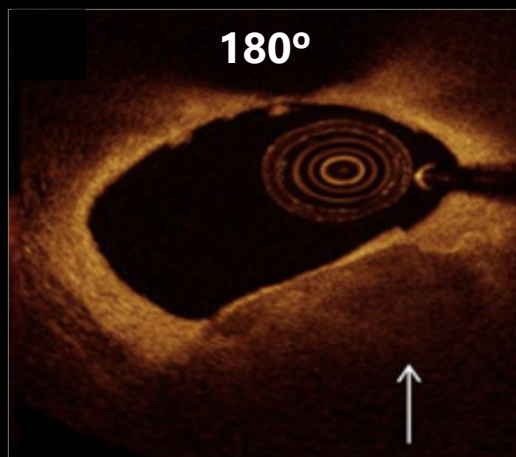
High HU intensity (>320)

# Calcific plaque quantification: calcium arc

Circumferential

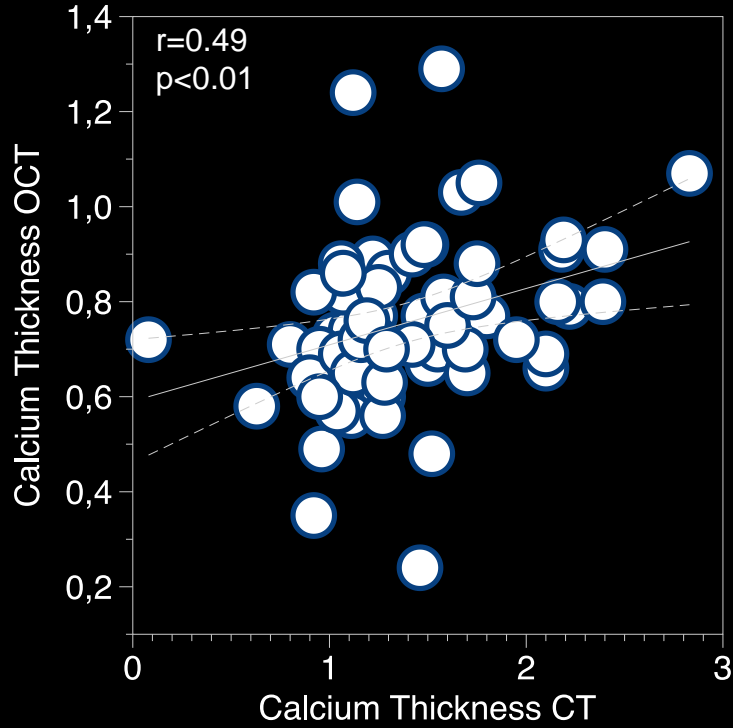


Not circumferential

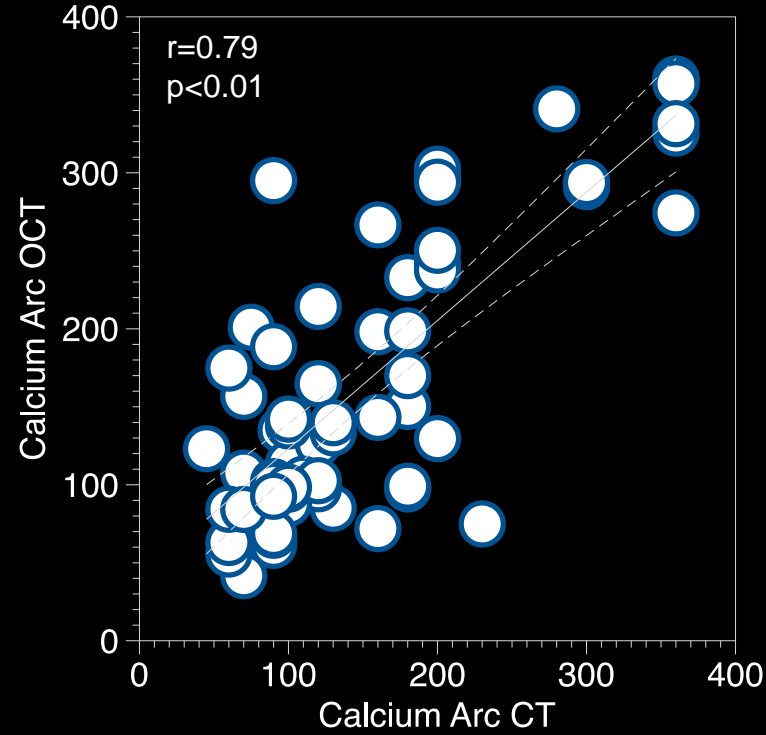


# Calcium: CTA versus OCT

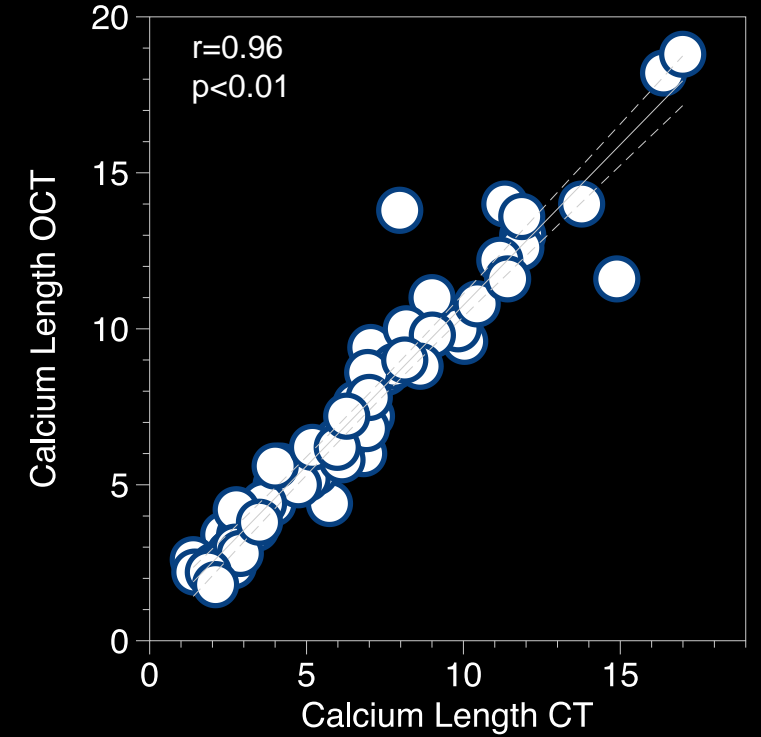
## Thickness



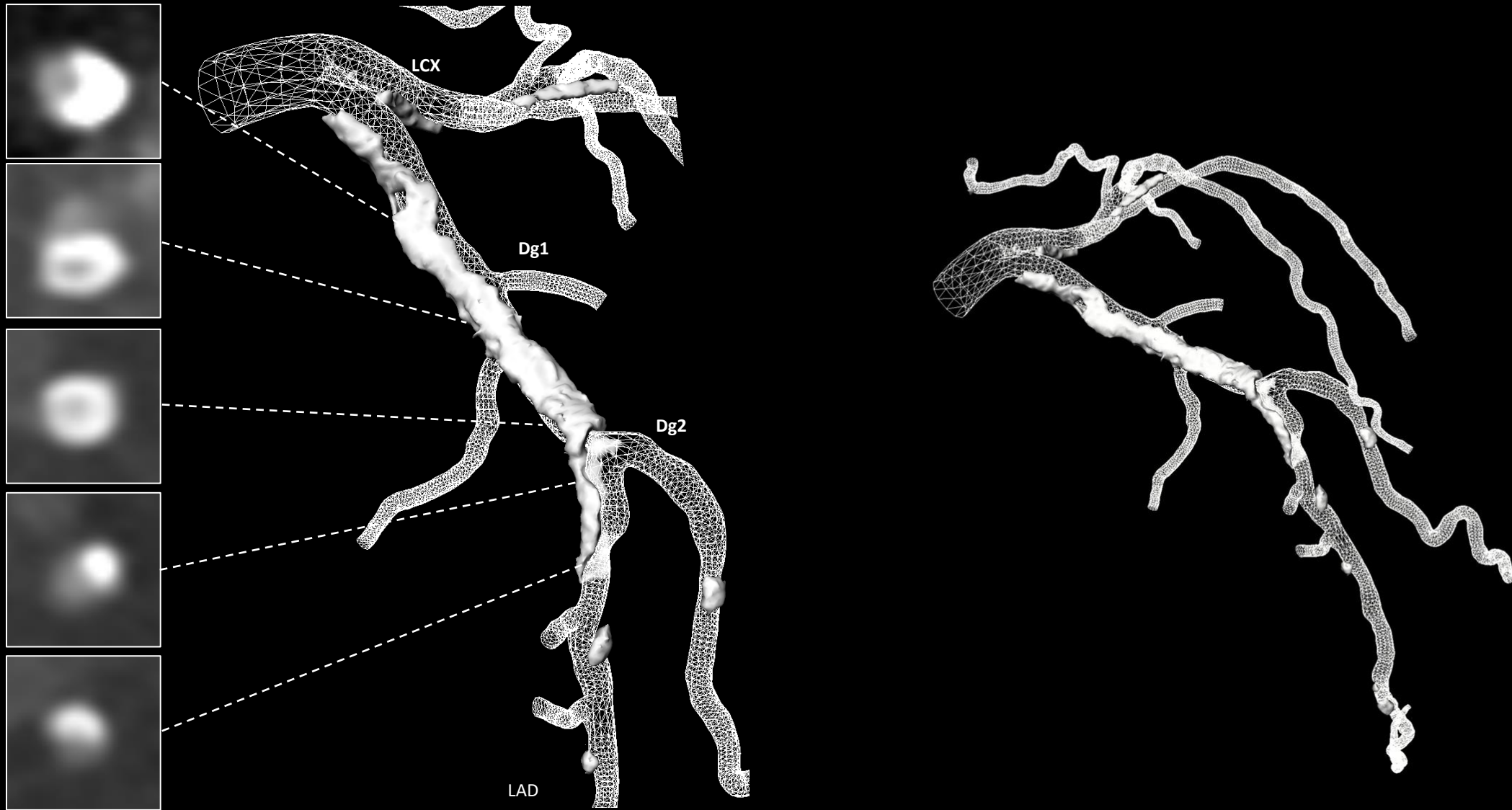
## Arc



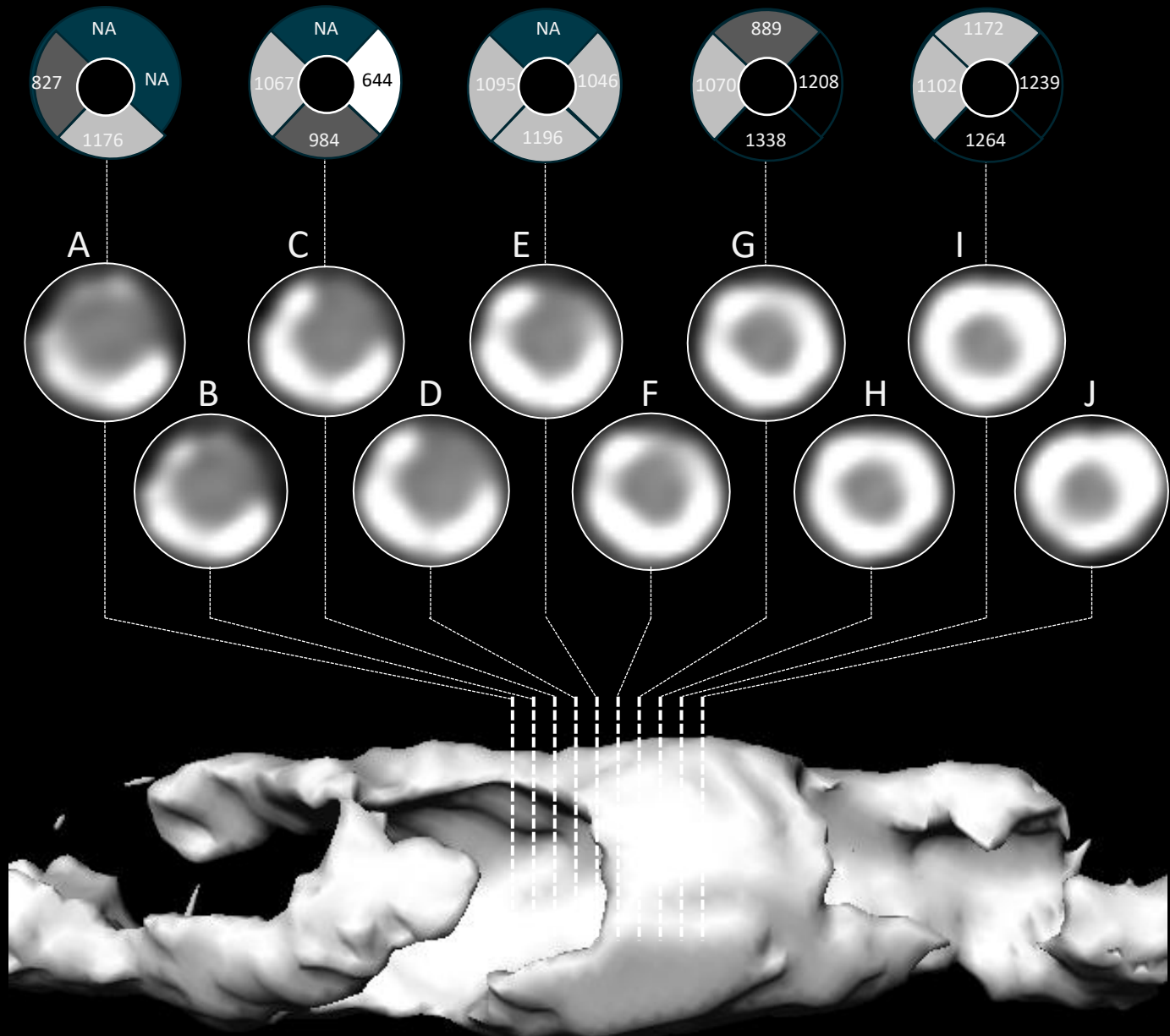
## Length



# 3D Calcium assessment by CTA



Calcium density  
(Hounsfield units)





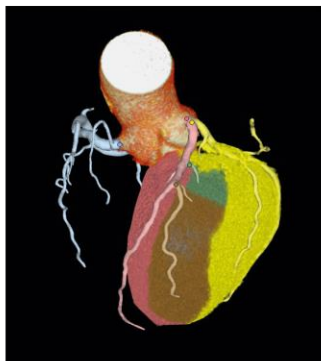
**1 Key pre-procedural planning questions**

- How complex is the case?
- Who is best placed to perform the procedure?

- What guiding catheter should be used?

- What type of lesion is present?
- What tools do I need to effectively prepare the lesion?

- What are the risks at hand?
- How big is the risk?
- How do I minimise risk and is this worth investing in?



**2 What information is needed?**

- 3D coronary anatomy
- Global distribution of calcium
- Tortuosity

- Position of the ostium

- Lesion location
- Plaque composition
- Lesion length
- Calcium burden

- Myocardial mass at risk
- Side branch at risk

**3 How does this help?**

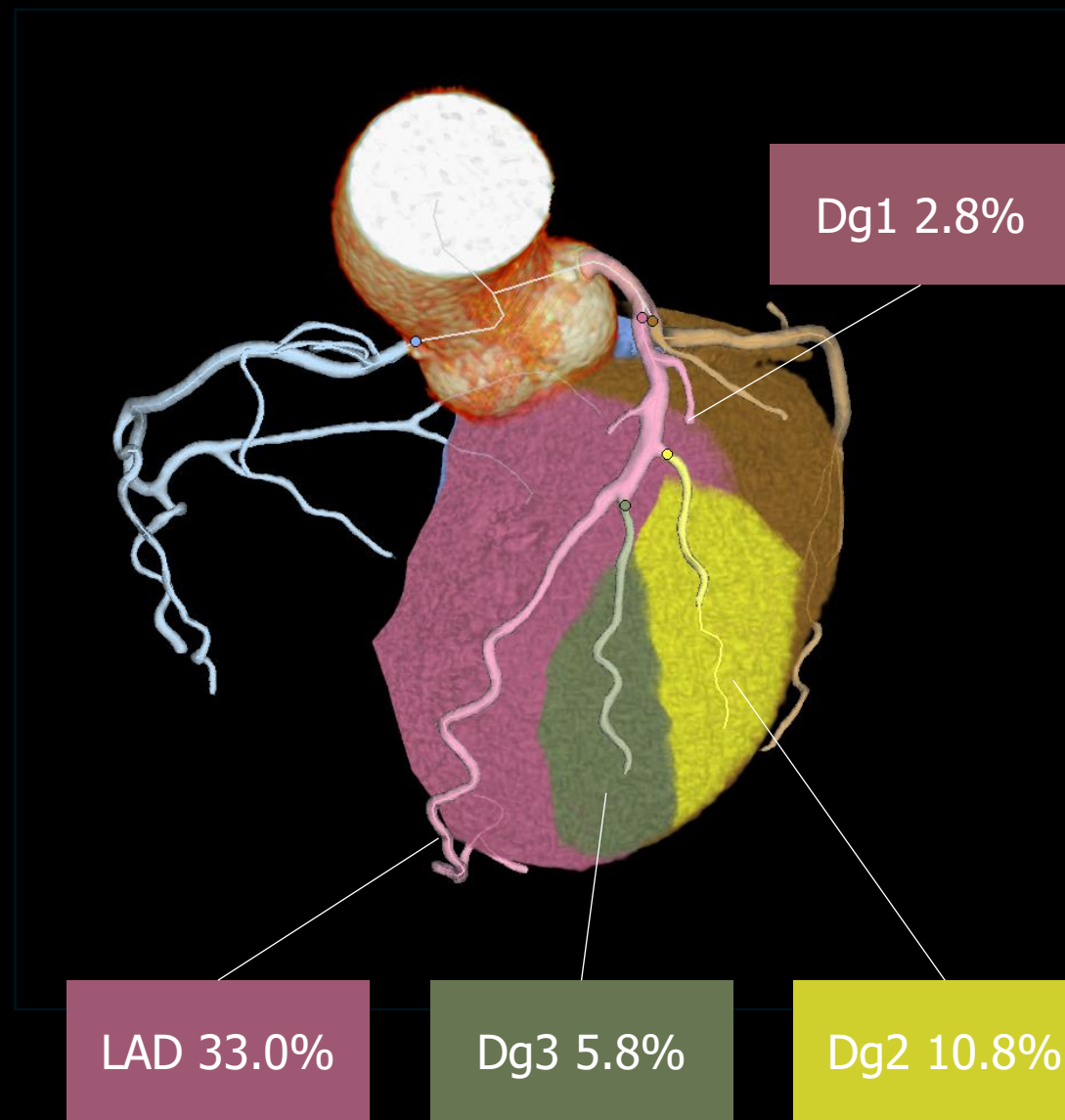
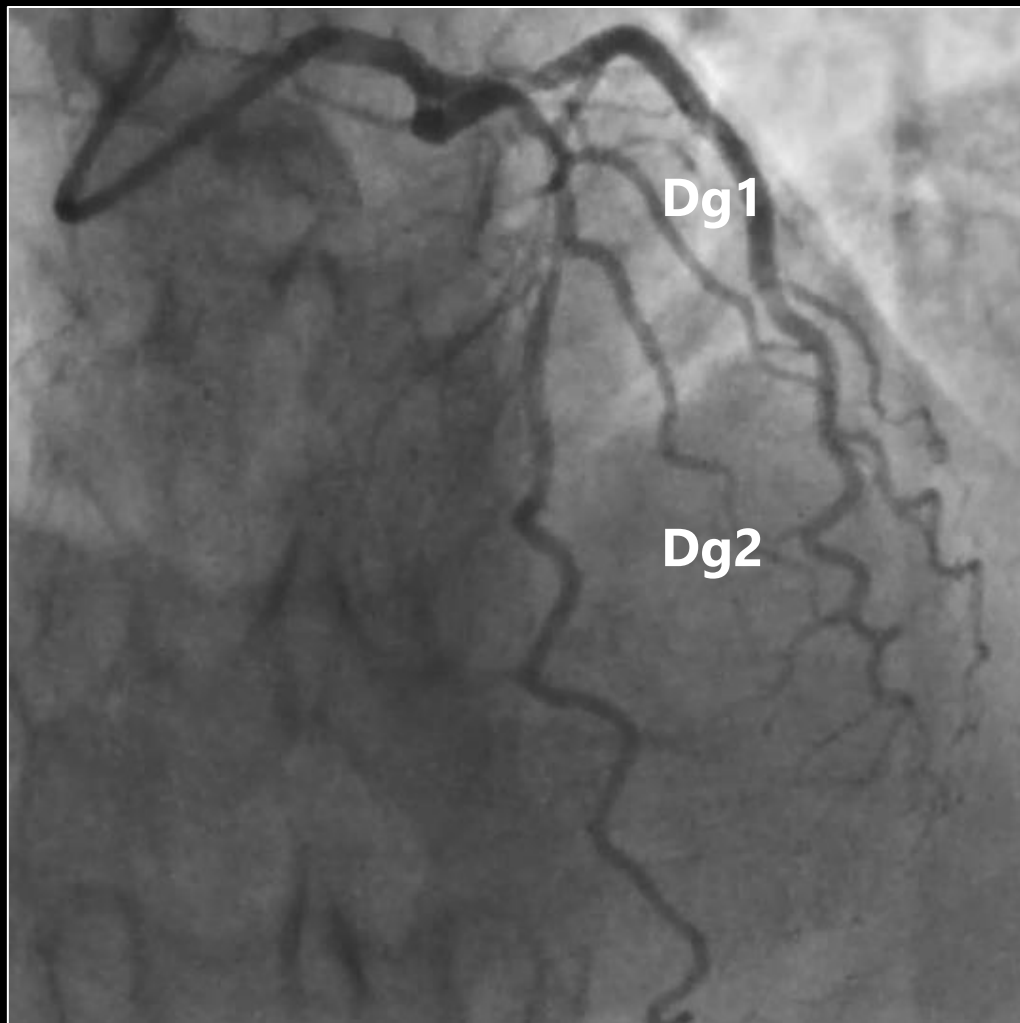
- Anticipate case complexity
- Arterial access

- Catheter selection
- Expected guiding support

- Lesion preparation (probability of stent under-expansion)
- Stent length

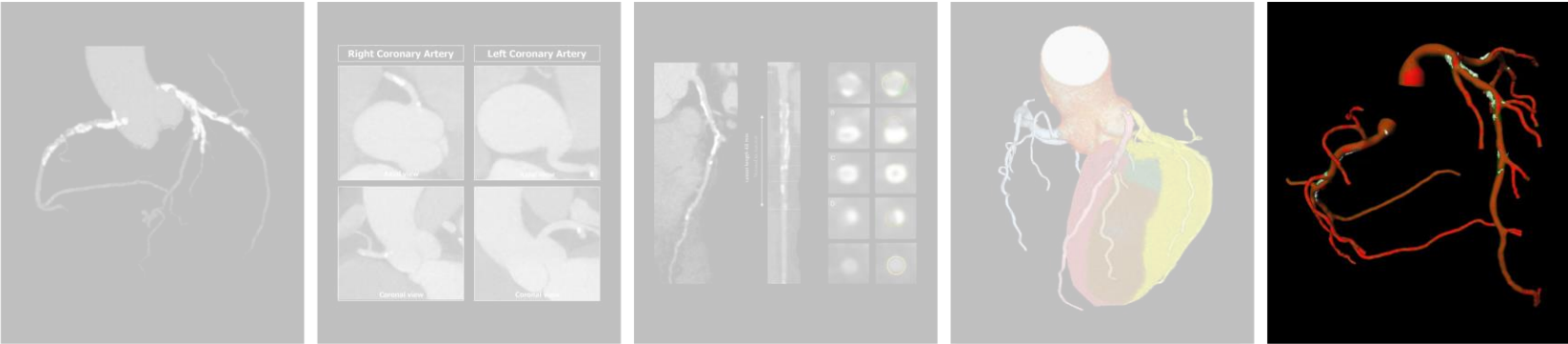
- SB wire protection or stenting

# LAD PCI: which diagonal to protect?



**1 Key pre-procedural planning questions**

- |  |   |  |   |   |
|--|---|--|---|---|
| <ul style="list-style-type: none"> <li>- How complex is the case?</li> <li>- Who is best placed to perform the procedure?</li> </ul> | <ul style="list-style-type: none"> <li>- What guiding catheter should be used?</li> </ul> | <ul style="list-style-type: none"> <li>- What type of lesion is present?</li> <li>- What tools do I need to effectively prepare the lesion?</li> </ul> | <ul style="list-style-type: none"> <li>- What are the risks at hand?</li> <li>- How big is the risk?</li> <li>- How do I minimise risk and is this worth investing in?</li> </ul> | <ul style="list-style-type: none"> <li>- How do I best visualise the vessel?</li> </ul> |
|--|---|--|---|---|



**2 What information is needed?**

- |   |  |  |  |  |
|---|--|--|--|--|
| <ul style="list-style-type: none"> <li>- 3D coronary anatomy</li> <li>- Global distribution of calcium</li> <li>- Tortuosity</li> </ul> | <ul style="list-style-type: none"> <li>- Position of the ostium</li> </ul> | <ul style="list-style-type: none"> <li>- Lesion location</li> <li>- Plaque composition</li> <li>- Lesion length</li> <li>- Calcium burden</li> </ul> | <ul style="list-style-type: none"> <li>- Myocardial mass at risk</li> <li>- Side branch at risk</li> </ul> | <ul style="list-style-type: none"> <li>- Best achievable projection</li> </ul> |
|---|--|--|--|--|

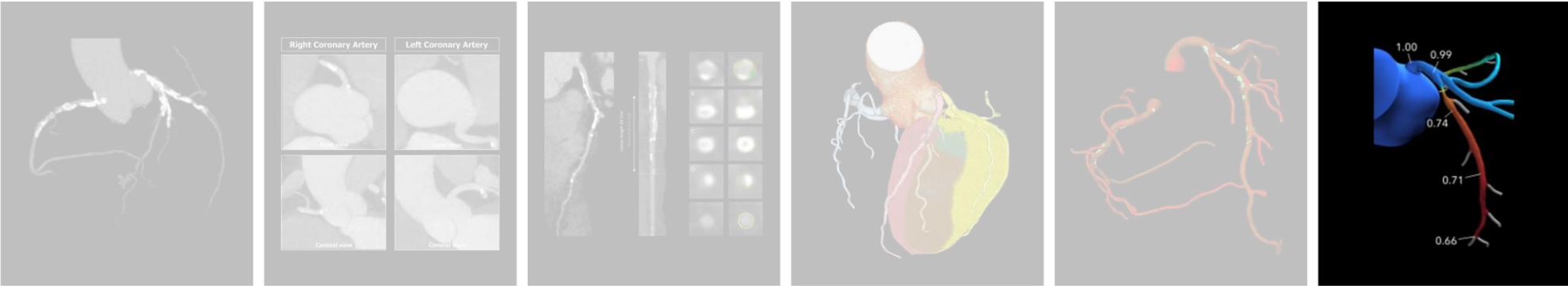
**3 How does this help?**

- |   |  |   |  |   |
|---|--|---|--|---|
| <ul style="list-style-type: none"> <li>- Anticipate case complexity</li> <li>- Arterial access</li> </ul> | <ul style="list-style-type: none"> <li>- Catheter selection</li> <li>- Expected guiding support</li> </ul> | <ul style="list-style-type: none"> <li>- Lesion preparation (probability of stent under-expansion)</li> <li>- Stent length</li> </ul> | <ul style="list-style-type: none"> <li>- SB wire protection or stenting</li> </ul> | <ul style="list-style-type: none"> <li>- C-arm angulation</li> <li>- Awareness of sub-optimal projection</li> </ul> |
|---|--|---|--|---|



**1 Key pre-procedural planning questions**

- |  |   |  |   |   |  |
|--|---|--|---|---|--|
| <ul style="list-style-type: none"> <li>- How complex is the case?</li> <li>- Who is best placed to perform the procedure?</li> </ul> | <ul style="list-style-type: none"> <li>- What guiding catheter should be used?</li> </ul> | <ul style="list-style-type: none"> <li>- What type of lesion is present?</li> <li>- What tools do I need to effectively prepare the lesion?</li> </ul> | <ul style="list-style-type: none"> <li>- What are the risks at hand?</li> <li>- How big is the risk?</li> <li>- How do I minimise risk and is this worth investing in?</li> </ul> | <ul style="list-style-type: none"> <li>- How do I best visualise the vessel?</li> </ul> | <ul style="list-style-type: none"> <li>- Does this lesion need to be treated?</li> <li>- Should this be treated with a stent?</li> </ul> |
|--|---|--|---|---|--|



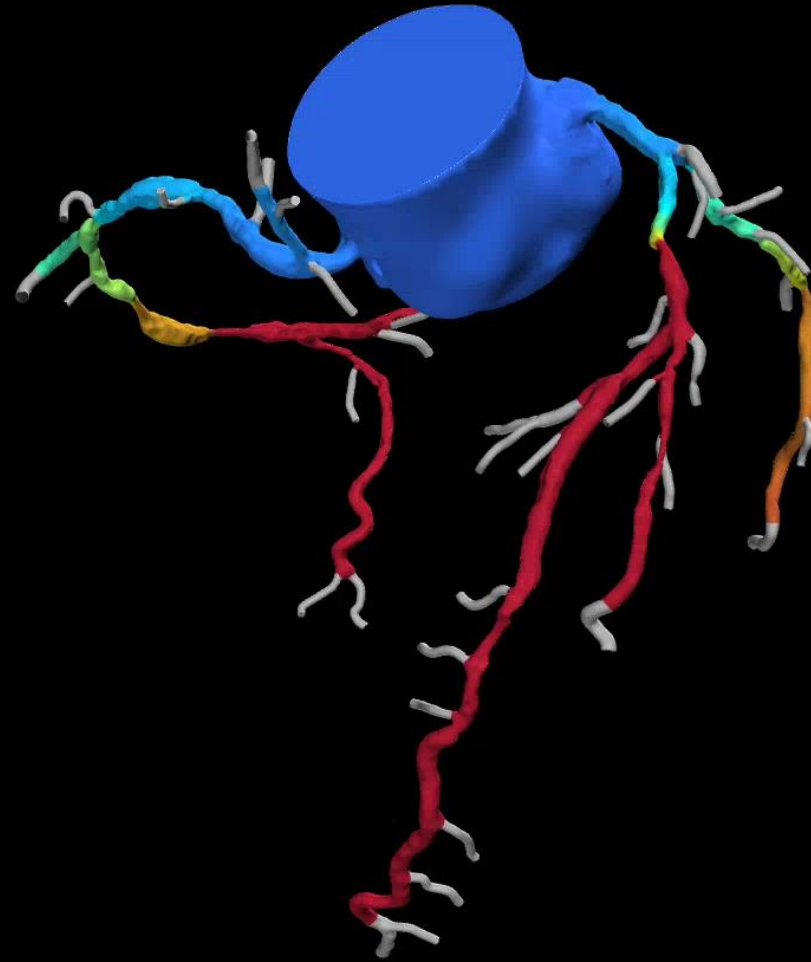
**2 What information is needed?**

- |   |  |  |  |  |  |
|---|--|--|--|--|--|
| <ul style="list-style-type: none"> <li>- 3D coronary anatomy</li> <li>- Global distribution of calcium</li> <li>- Tortuosity</li> </ul> | <ul style="list-style-type: none"> <li>- Position of the ostium</li> </ul> | <ul style="list-style-type: none"> <li>- Lesion location</li> <li>- Plaque composition</li> <li>- Lesion length</li> <li>- Calcium burden</li> </ul> | <ul style="list-style-type: none"> <li>- Myocardial mass at risk</li> <li>- Side branch at risk</li> </ul> | <ul style="list-style-type: none"> <li>- Best achievable projection</li> </ul> | <ul style="list-style-type: none"> <li>- Lesion significance</li> <li>- Pattern (focal vs diffuse) of CAD</li> </ul> |
|---|--|--|--|--|--|

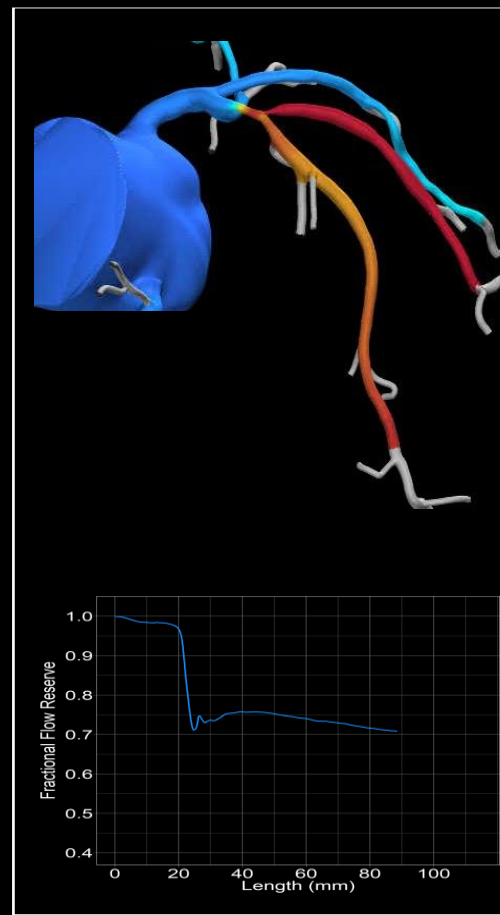
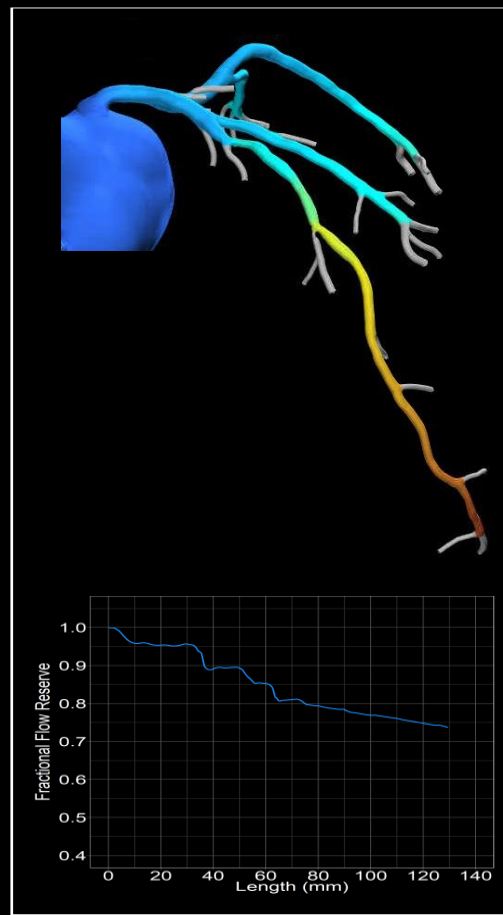
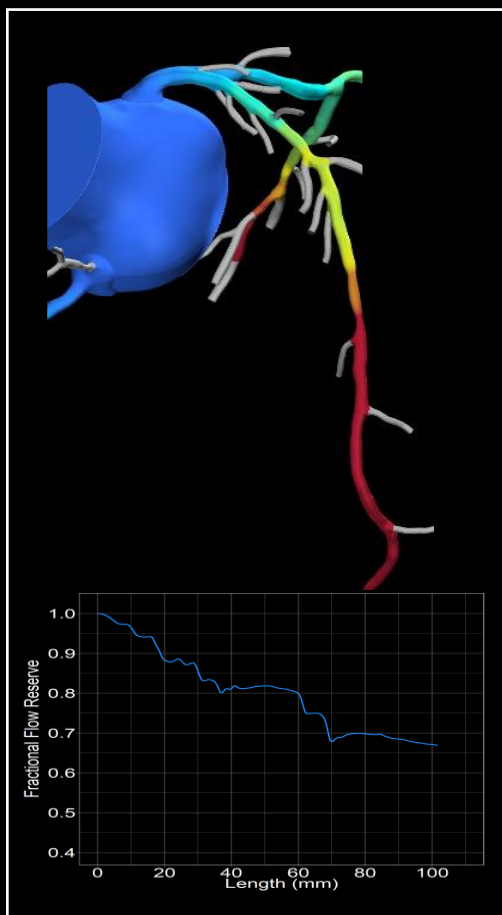
**3 How does this help?**

- |   |  |   |  |   |  |
|---|--|---|--|---|--|
| <ul style="list-style-type: none"> <li>- Anticipate case complexity</li> <li>- Arterial access</li> </ul> | <ul style="list-style-type: none"> <li>- Catheter selection</li> <li>- Expected guiding support</li> </ul> | <ul style="list-style-type: none"> <li>- Lesion preparation (probability of stent under-expansion)</li> <li>- Stent length</li> </ul> | <ul style="list-style-type: none"> <li>- SB wire protection or stenting</li> </ul> | <ul style="list-style-type: none"> <li>- C-arm angulation</li> <li>- Awareness of sub-optimal projection</li> </ul> | <ul style="list-style-type: none"> <li>- Appropriateness of PCI</li> <li>- Awareness of diffuse disease</li> </ul> |
|---|--|---|--|---|--|

# Physiology derived from CT



# Physiological CAD patterns derived from CT



Diffuse CAD

Focal CAD

0



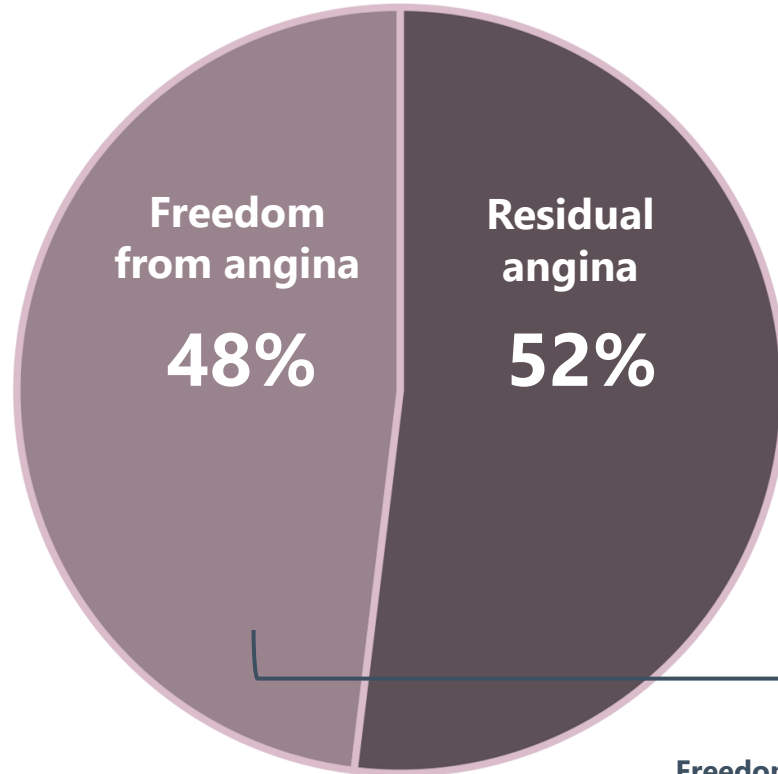
PPG



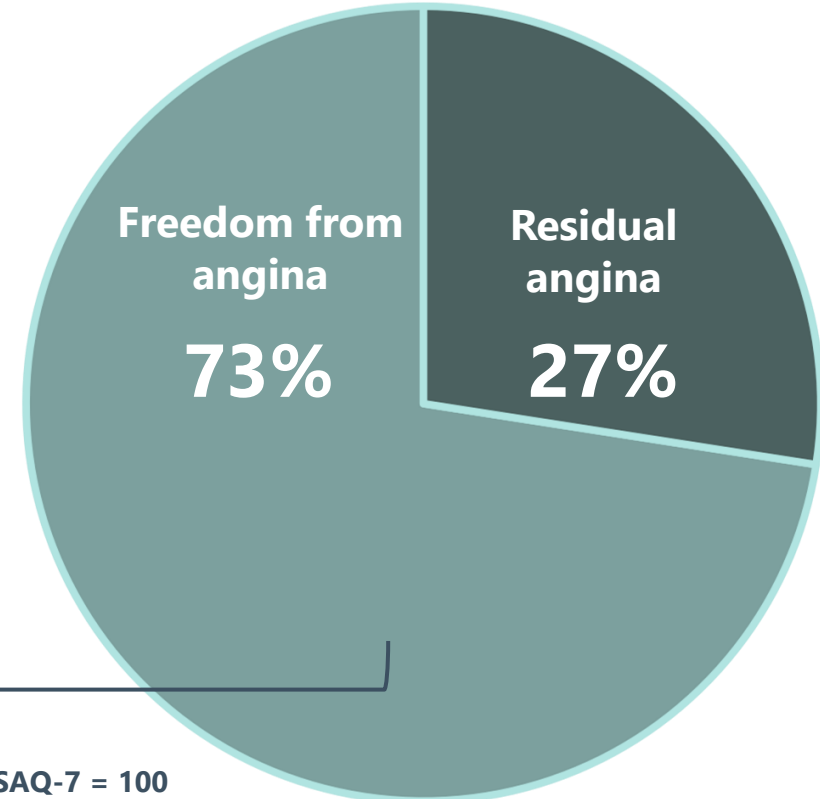
1

# PPG and patient-reported outcomes

**Diffuse CAD  
(Low PPG)**



**Focal CAD  
(High PPG)**



**P-value = 0.02**

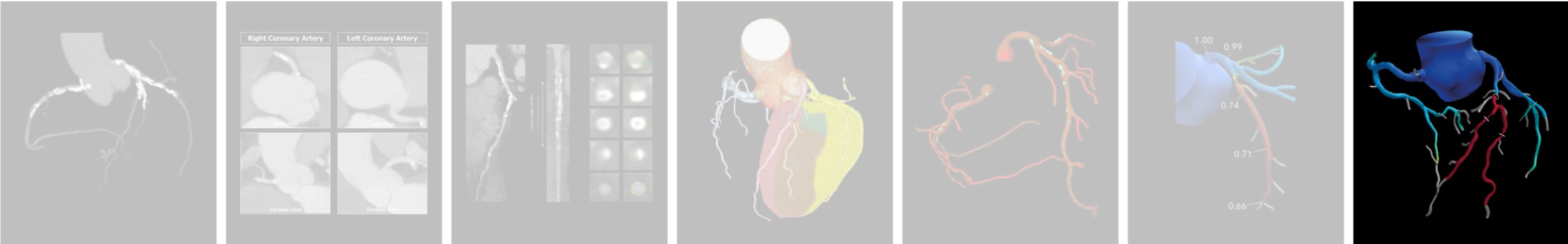
**Freedom from Angina is defined as SAQ-7 = 100**

Collet et al JACC Cardiovasc Interv. 2022 Dec 26;15(24):2506-2518.



**1 Key pre-procedural planning questions**

- |  |   |  |   |                                       |  |   |
|--|---|--|---|---------------------------------------|--|---|
| - How complex is the case?<br>- Who is best placed to perform the procedure? | - What guiding catheter should be used? | - What type of lesion is present?<br>- What tools do I need to effectively prepare the lesion? | - What are the risks at hand?<br>- How big is the risk?<br>- How do I minimise risk and is this worth investing in? | - How do I best visualise the vessel? | - Does this lesion need to be treated?<br>- Should this be treated with a stent? | - What is the best way to stent the lesion? |
|--|---|--|---|---------------------------------------|--|---|



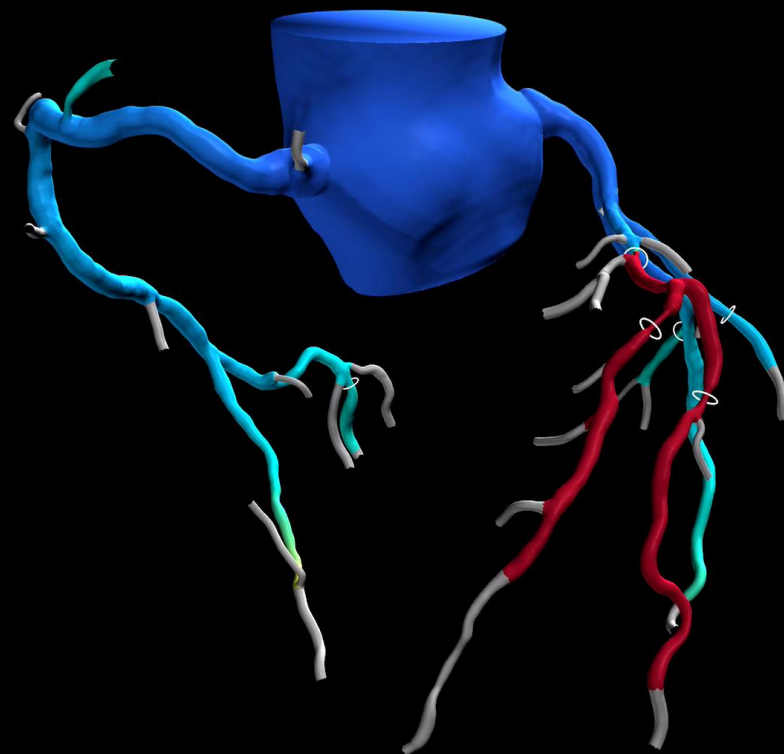
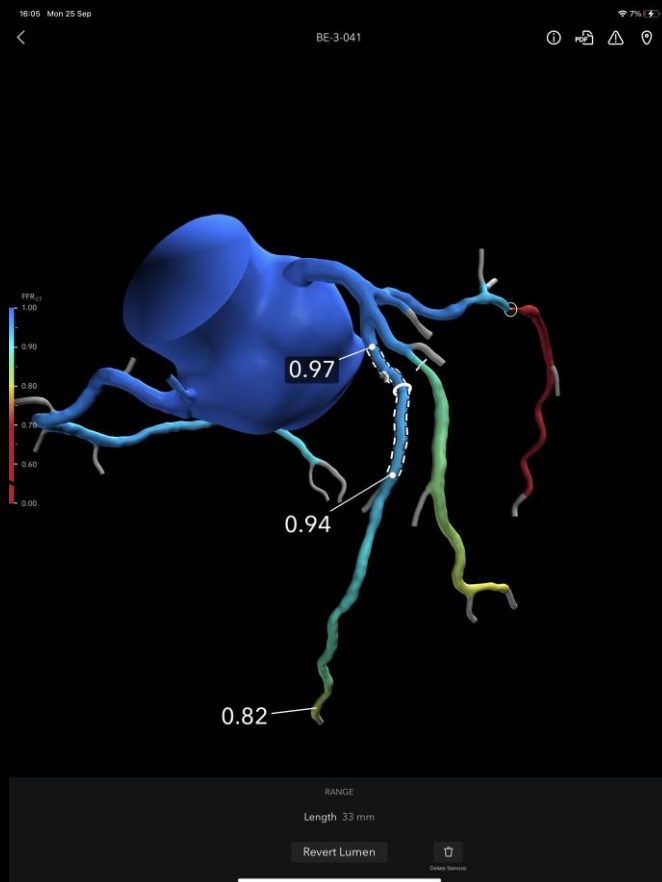
**2 What information is needed?**

- |   |                          |  |  |                              |  |                              |
|---|--------------------------|--|--|------------------------------|--|------------------------------|
| - 3D coronary anatomy<br>- Global distribution of calcium<br>- Tortuosity | - Position of the ostium | - Lesion location<br>- Plaque composition<br>- Lesion length<br>- Calcium burden | - Myocardial mass at risk<br>- Side branch at risk | - Best achievable projection | - Lesion significance<br>- Pattern (focal vs diffuse) of CAD | - Prediction of post-PCI FFR |
|---|--------------------------|--|--|------------------------------|--|------------------------------|

**3 How does this help?**

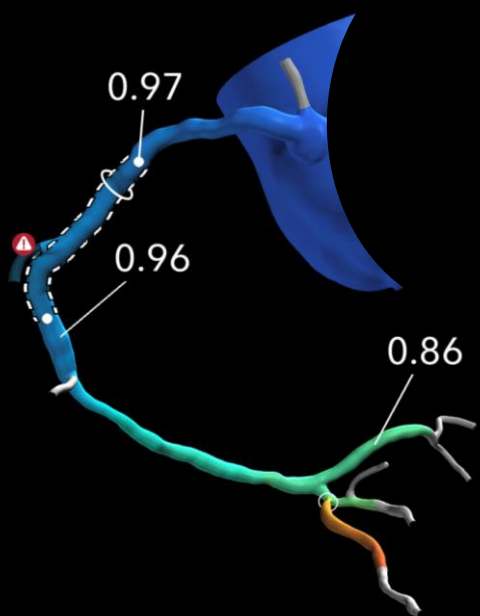
- |   |  |   |                                  |   |  |                |
|---|--|---|----------------------------------|---|--|----------------|
| - Anticipate case complexity<br>- Arterial access | - Catheter selection<br>- Expected guiding support | - Lesion preparation (probability of stent under-expansion)<br>- Stent length | - SB wire protection or stenting | - C-arm angulation<br>- Awareness of sub-optimal projection | - Appropriateness of PCI<br>- Awareness of diffuse disease | - PCI strategy |
|---|--|---|----------------------------------|---|--|----------------|

# FFR<sub>CT</sub> Planner



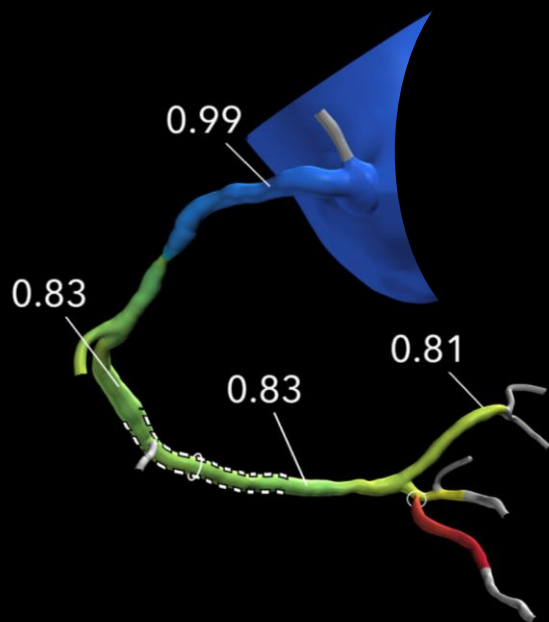
# FFR<sub>CT</sub> Planner in serial lesions

Strategy 1



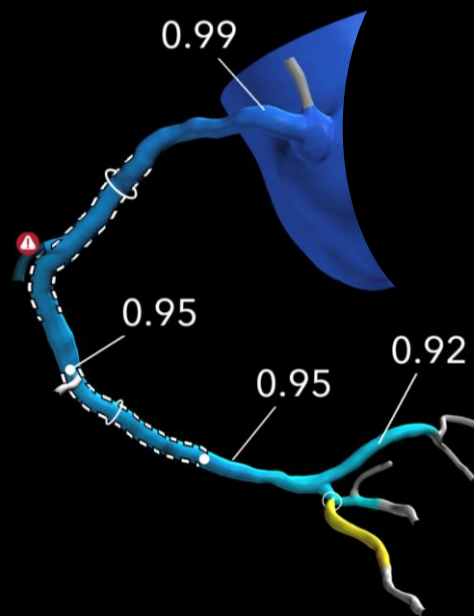
1 DES  
Proximal RCA 33mm

Strategy 2



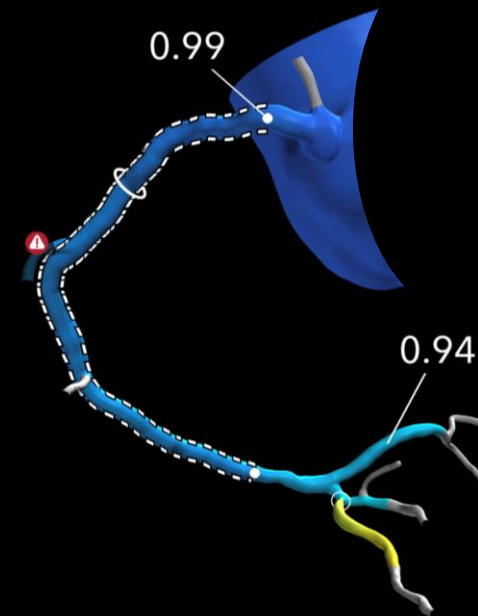
1 DES  
Distal RCA 33mm

Strategy 3



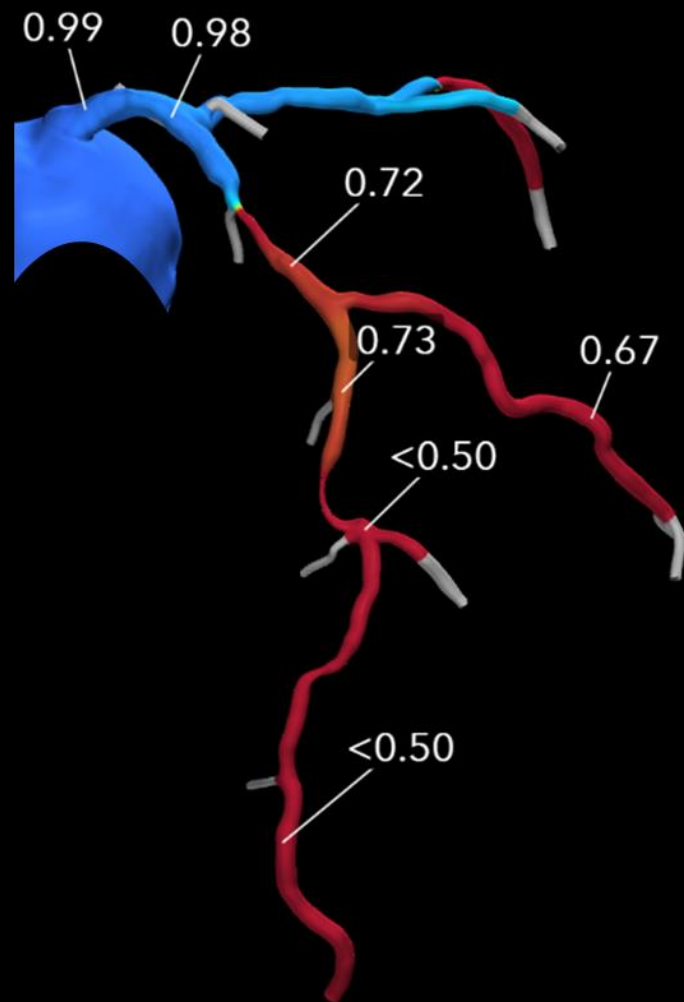
2 DES  
Proximal RCA 33mm  
Distal RCA 33mm

Strategy 4

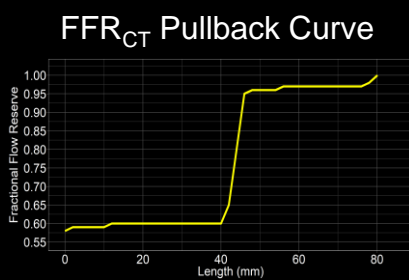
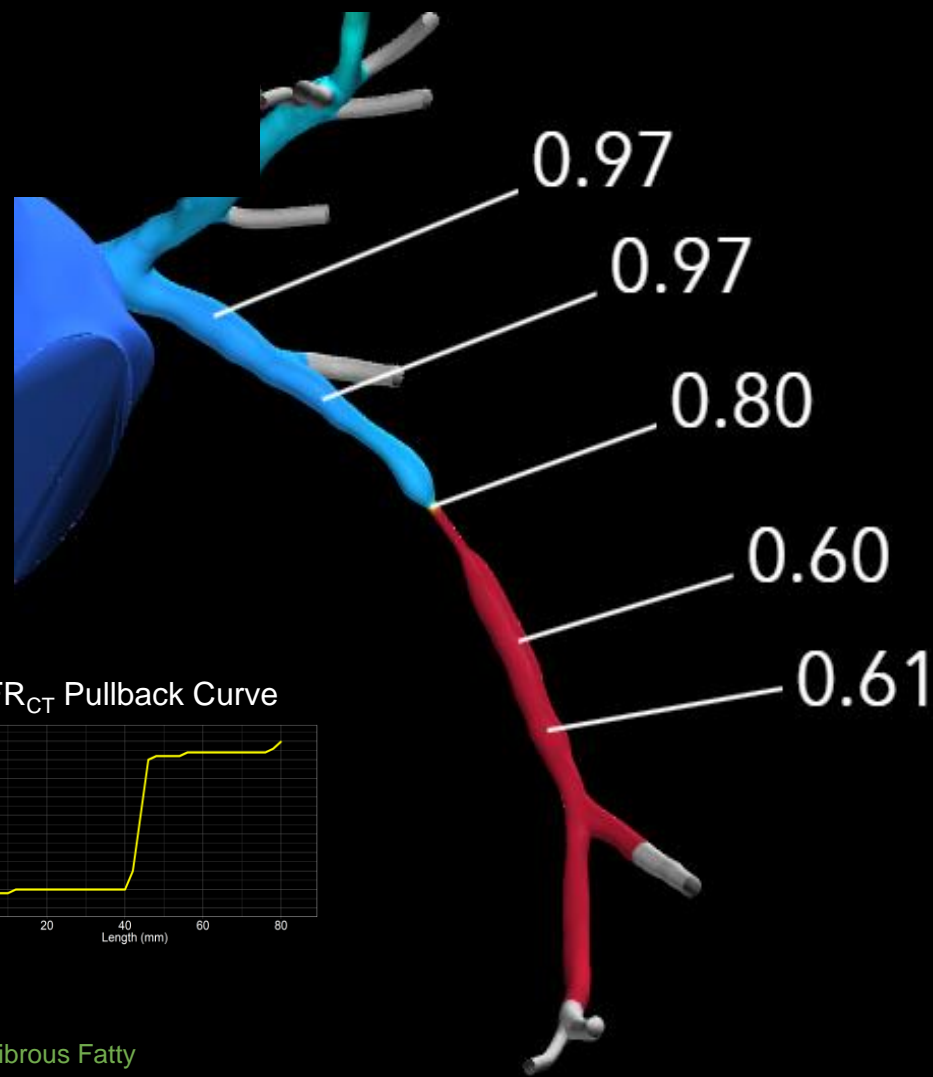
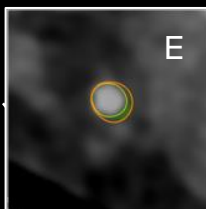
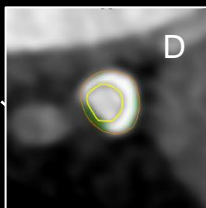
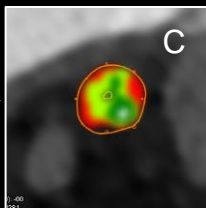
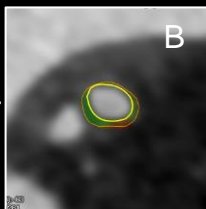
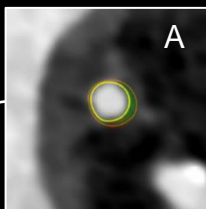
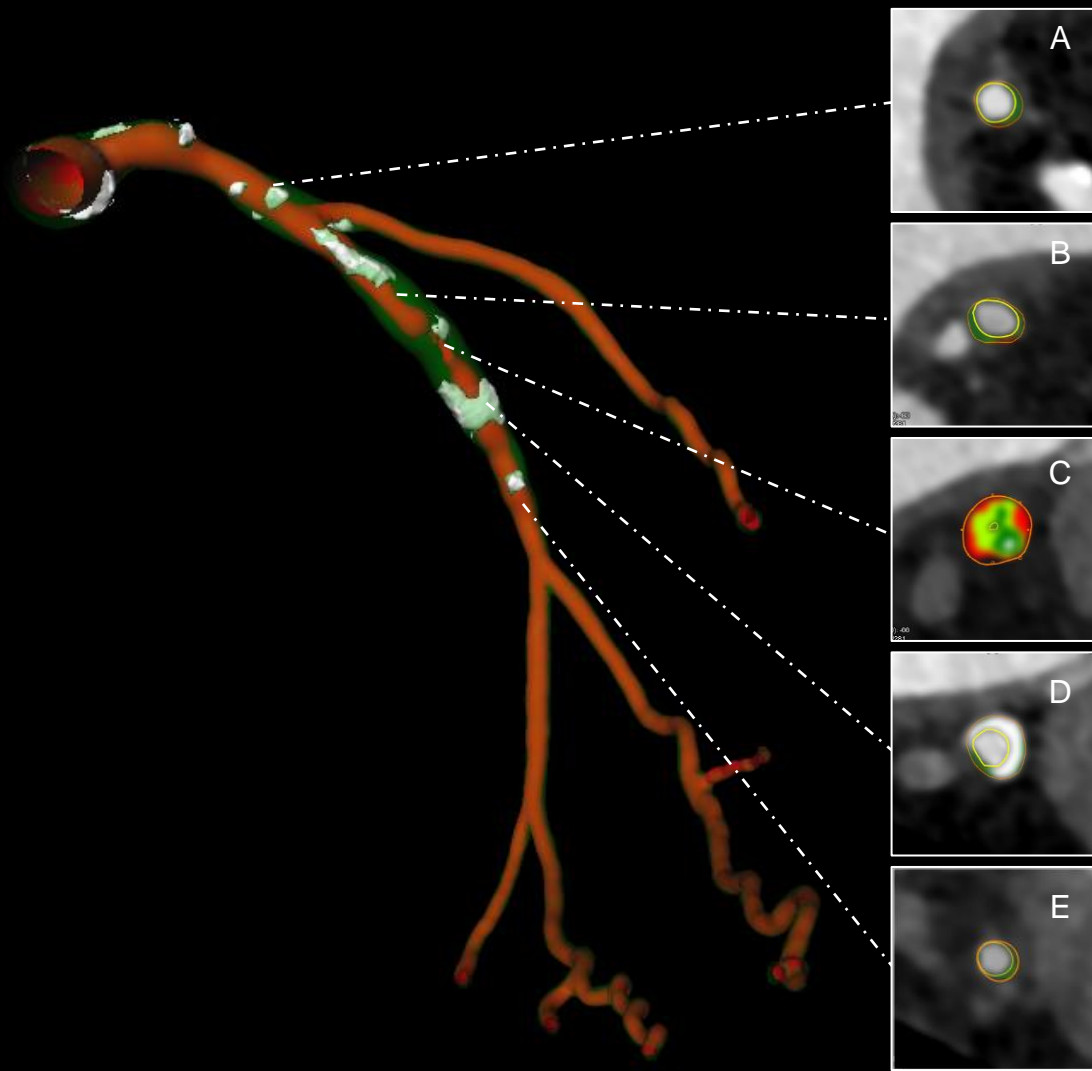


3 DES  
Total stent length 105mm

# FFR<sub>CT</sub> Planner in diffuse disease



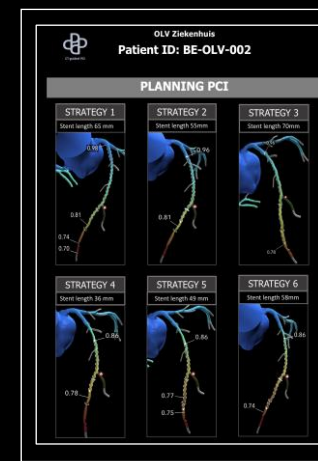
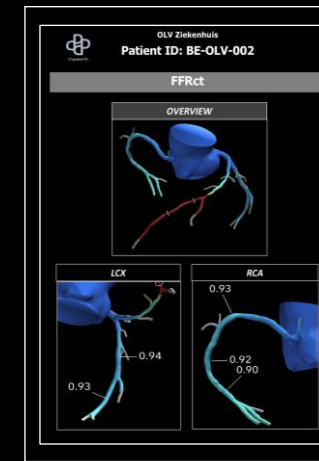
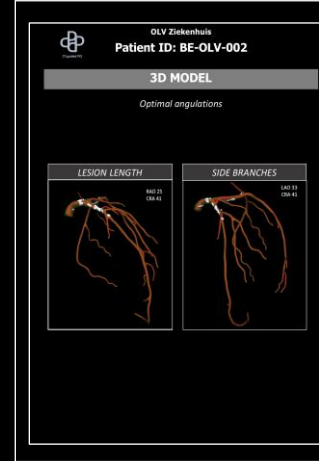
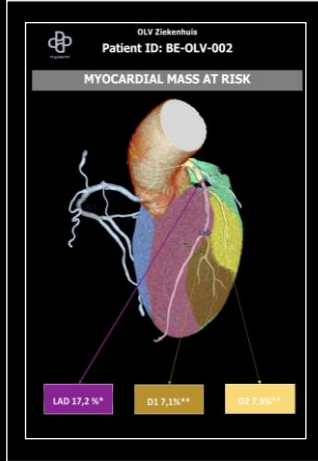
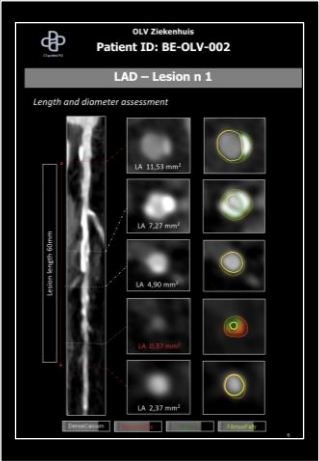
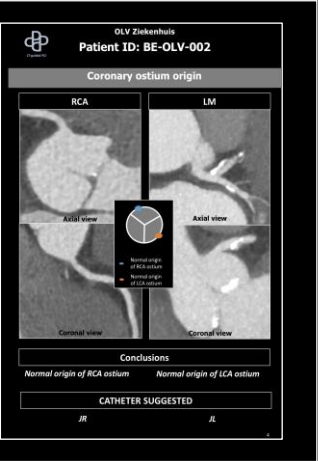
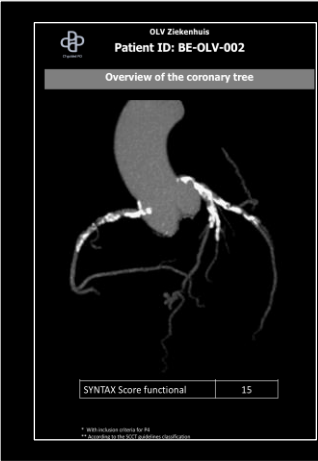
# CT Guided PCI: Planning



- Fibrous Fatty
- Fibrous
- Necrotic Core
- Calcium

# PLAN

# CT Based PCI Planning



3D coronary anatomy  
 Global distribution of calcium  
 Position of the ostium  
 Tortuosity ~ Calcium ~ Lesion location  
 Expected level of guiding support

Lesion location  
 Plaque composition  
 Lesion length

Myocardial mass at risk  
 Side branch protection

Best achievable projection

Lesion significance  
 Pattern of CAD

Prediction of post-PCI FFR

Catheter selection  
 Anticipate case complexity

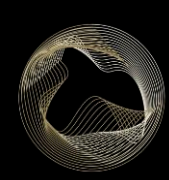
Lesion preparation  
 (Probability of stent under-expansion)  
 Stent length

SB wire protection or stenting

C-arm angulation  
 Awareness of sub-optimal projection

Appropriateness of PCI  
 Awareness of diffuse disease

PCI strategy



# P4 RCT



Patients with stable CAD\* (n=1000) with at least one lesion with diameter stenosis >70% and  $FFR_{CT} \leq 0.80$

\* or stabilized ACS

20 clinical sites in 6 countries (BE, IT, DK, UK, US and HU)

Centralize Core Laboratory Screening for Eligibility

Key Exclusion Criteria: LM stenosis, STEMI, eGFR <30 ml/Kg, previous PCI in target vessel or CABG, insufficient CTA quality.

PI: Carlos Collet & Daniele Andreini  
Chairman: Bernard De Bruyne  
Sponsor: CoreAalst BV  
Core Lab: CoreAalst BV  
CRO: QbD Consulting

**CT-guided PCI strategy**  
FFR<sub>CT</sub> Planner + Online CT guidance

**IVUS-guided PCI strategy**  
Mandatory pre and post PCI imaging

R

X

PCI at operator discretion  
Invasive physiology pre and post-PCI recommended

**Primary endpoint (non-inferiority)**  
MACE (cardiac death, target vessel MI and ischemia-driven TVR) between CT- vs. IVUS-guided PCI at 1-year follow-up.

**Key secondary endpoint**

Radiation dose and contrast volume between CT- and IVUS-guided PCI strategies.  
Post-PCI FFR measured immediately after PCI between CT- and IVUS-guided PCI strategies.  
SAQ-7 scores between CT and IVUS guided PCI strategies at 12 months.

**Hypothesis: A CT-guided PCI strategy is non-inferior to IVUS guided PCI with respect to MACE**