Treatment of Obstructed BT Shunts: Stent Therapy



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Background

- PTFE (Gore-Tex) graft as an AO-PA shunt has been performed since 1970's
- Modified BT shunt (3.5 mm) is the most commonly used AO-PA shunt for Norwood Stage I and for other CHD requiring PBF
- BT shunt obstruction is rare but lethal, when present in SV



CHIF Data: BT shunt

- Dates: 2000- 2010
- Total= **295** patients
- Age: 1-60 days (m=8 days)
- Sex: Female=125 Male=169
- Size: 3.5 mm PTFE graft (3-4mm)



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BT Shunt Obstruction Requiring Intervention

- **Total : 19 patients (6.4%)**
- ** 18 patients had SV anatomy (10.8 %)
- Stent= 18 (balloon angioplasty=1)
- I patient underwent 2 BT stenting procedures (2 months apart for recurrent obstruction)
- Age : 9-131 days (m=46 days)
- **POD:** 5-119 days (m=25 days)
- Sex: Male=10 Female=9
- Wt: 2.6-6.2 kg (m=3.8 kg)
- ECMO = 3 patients (1 patient twice on ECMO)

Distal Shunt Stenosis (n=13)





Types Shunt Obstruction Complete (n=3)



Proximal Obstruction/Stenosis (n=2)



Mid Shunt Stenosis (n=1)



Technique

1. Diagnostic angiogram
a) ECMO
b) Retrograde
c)Antegrade

2. Fully Heparinized (100 u/kg)





Coronary Wire Placement

Lossy compression - not intended for diagnosis



Distal PA Patency

Lossy compression - not intended for diagnosis



Coronary Balloon Angioplasty/Thrombotomy



Post Balloon

Lossy Compression - not intended for diagnosis







Stent Position







Stent Deployment



Post Stent Implantation

Lossy Compression - not intended for diagnosis

Lossy Compression - not intended for diagnosis







Post





Pre

Post





Pre

Post





Vascular Approaches to Stent Deployment

<u>Retrograde (13):</u>

-most commonly utilized approach.

-More direct and less tortuous approach than antegrade.

-Less likely to cause arrhythmia

<u>Antegrade(1):</u>

-less vascular complication, but even 014 wire placement may cause significant TR and neoAI i.e. hemodynamic instability

<u>Carotid Cut down (4):</u> most direct pathway. Useful in extremely small infants.

<u>ECMO Cannula (1)</u>: if no vascular approach is available.

Post Stent Management

- 1. Heparinize overnight (50u/kg bolus with continuous infusion 15-20 u/kg/hr)
- 2. Continue with ASA in PO fed patients

In patients with thrombotic shunts, ASA + Plavix (0.2 mg/kg) or ASA + Lovenox

Complications

- 1. Retroperitoneal hematoma (1)
- 2. Femoral artery compromise requiring heparinization >24 hr (4)
- **3. PRBC** Transfusion during the procedure (9)
- 4. Arrhythmia requiring treatment (3)
- 5. No death during the procedure

Results

30 day Mortality: 0

Total PreGlenn Mortality: 4/19 (21%)

* Total Long-term Survivors: 15/19 (79%)

* Definition of *Long-term*: survival to Bidirectional Glenn stage

Conclusion

1. BT shunt stenting procedure is an effective palliation for shunt obstruction.

2. A bridge to Bidirectional Glenn (hemi-Fontan) in reducing overall first stage mortality

Incidence of Shunt Obstruction

